

The background is a vibrant red color. On the left side, there are large, stylized yellow floral or leaf-like patterns that curve and flow down the page. In the upper right quadrant, the Suma logo is displayed in a white serif font. Below the logo, the text 'CO-OPERATIVE SINCE 1977' is written in a smaller, white, sans-serif font. At the bottom right, the words 'SPECIAL OFFERS' are written in a large, bold, white, sans-serif font, with 'May June 2025' written below it in a smaller, white, sans-serif font.

Suma

CO-OPERATIVE SINCE 1977

SPECIAL OFFERS



May June 2025

code	description	size	details	price	vat	rrp	BFGOSV
ACTI-VIT							
SOFT DRINKS							
<i>Sparkling Canned Drinks</i>							
❖ [] [] [] []	JU039	Blackcurrant,Apple,Raspberry	12 x 330ml With added vits and minerals	9.77	v ▼	1.49	GV
			<i>Special Offer Price</i>	8.30		1.29	
❖ [] [] [] []	JU040	Lemon, Lime and Orange	12 x 330ml With added vits and minerals	9.77	v ▼	1.49	GV
			<i>Special Offer Price</i>	8.30		1.29	
❖ [] [] [] []	JU042	Mango,Pineapple,Passion Fruit	12 x 330ml With added vits and minerals	9.77	v ▼	1.49	GV
			<i>Special Offer Price</i>	8.30		1.29	
ALARA							
CEREALS & MUESLIS							
[] [] [] []	MX047	Muesli Super Fruits	6 x 500g	21.39	▼	4.75	OV
			<i>Special Offer Price</i>	17.11		3.79	
ALOE PURA							
BODY CARE							
[] [] [] []	DY040	Aloe Vera Gel	6 x 200g Intensive Skin Care Treatment	26.79	v ▼	7.99	V
			<i>Special Offer Price</i>	22.77		6.79	
[] [] [] []	DY196	Aloe Vera Gel + Tea Tree	6 x 200ml cleansing & antiseptic	26.79	v ▼	7.99	V
			<i>Special Offer Price</i>	22.77		6.79	
[] [] [] []	DY199	Aloe Vera Gel + Vitamin A C E	6 x 200ml antioxidant	26.79	v ▼	7.99	V
			<i>Special Offer Price</i>	22.77		6.79	
[] [] [] []	DY200	Aloe Vera Skin Lotion	6 x 200ml with shea butter & vitamin E	26.79	v ▼	7.99	V
			<i>Special Offer Price</i>	22.77		6.79	
<i>Suncare</i>							
[] [] [] []	DY303	Aloe Vera After Sun Lotion	6 x 200ml	32.89	v ▼	9.49	V
			<i>Special Offer Price</i>	27.96		8.07	
ALTER/NATIVE BY SUMA							
BODY CARE							
<i>Haircare - Conditioner 400ml</i>							
[] [] [] []	DY031	Conditioner - Clear & Simple	6 x 400ml Sensitive/For all hair types	22.45	v ▼	6.99	V
			<i>Special Offer Price</i>	17.96		5.59	
[] [] [] []	DY041	Conditioner - Coconut & Argan	6 x 400ml Normal/dry hair	22.45	v ▼	6.99	V
			<i>Special Offer Price</i>	17.96		5.59	
[] [] [] []	DY037	Conditioner - Patchouli	6 x 400ml For all hair types	22.45	v ▼	6.99	V
			<i>Special Offer Price</i>	17.96		5.59	
[] [] [] []	DY043	Conditioner - Pink Grapefruit	6 x 400ml Normal/oily hair	22.45	v ▼	6.99	V
			<i>Special Offer Price</i>	17.96		5.59	
[] [] [] []	DY042	Conditioner - Rose & Geranium	6 x 400ml Damaged/coloured hair	22.45	v ▼	6.99	V
			<i>Special Offer Price</i>	17.96		5.59	
[] [] [] []	DY036	Conditioner - Tea Tree & Aloe	6 x 400ml Normal/oily hair	22.45	v ▼	6.99	V
			<i>Special Offer Price</i>	17.96		5.59	
[] [] [] []	DY039	Conditioner- Lavender&Geranium	6 x 400ml Normal/dry hair	22.45	v ▼	6.99	V
			<i>Special Offer Price</i>	17.96		5.59	
[] [] [] []	DY297	Conditioner-Lavender & Vetiver	6 x 400ml For all hair types	22.45	v ▼	6.99	V
			<i>Special Offer Price</i>	17.96		5.59	
<i>Haircare - Shampoo 400ml</i>							
[] [] [] []	DY001	Shampoo - Clear & Simple	6 x 400ml Sensitive/for all hair types	22.45	v ▼	6.99	V
			<i>Special Offer Price</i>	17.96		5.59	
[] [] [] []	DY017	Shampoo - Coconut & Argan Oil	6 x 400ml Normal/dry hair	22.45	v ▼	6.99	V
			<i>Special Offer Price</i>	17.96		5.59	
[] [] [] []	DY231	Shampoo - Lavender & Vetiver	6 x 400ml For all hair types	22.45	v ▼	6.99	V
			<i>Special Offer Price</i>	17.96		5.59	
[] [] [] []	DY009	Shampoo - Patchouli	6 x 400ml For all hair types	22.45	v ▼	6.99	V
			<i>Special Offer Price</i>	17.96		5.59	
[] [] [] []	DY021	Shampoo - Pink Grapefruit	6 x 400ml Normal/oily hair	22.45	v ▼	6.99	V
			<i>Special Offer Price</i>	17.96		5.59	
[] [] [] []	DY019	Shampoo - Rose & Geranium	6 x 400ml Damaged/coloured hair	22.45	v ▼	6.99	V
			<i>Special Offer Price</i>	17.96		5.59	
[] [] [] []	DY003	Shampoo - Tea Tree & Aloe	6 x 400ml Normal/oily hair	22.45	v ▼	6.99	V
			<i>Special Offer Price</i>	17.96		5.59	
<i>Hair-Shampoo Bars/Boxed/PF</i>							
[] [] [] []	DY992	Shampoo Bar - Rose & Geranium	6 x 95g	12.18	v ▼	3.25	V
			<i>Special Offer Price</i>	9.74		2.60	
[] [] [] []	DY991	Shampoo Bar-Lavender&Geranium	6 x 95g With tea tree	12.18	v ▼	3.25	V
			<i>Special Offer Price</i>	9.74		2.60	



code	description	size	details	price	vat	rrp	BFGOSV
AMISA							
❖ [] [] [] []	BT168		BREADS & BREAD MIXES Organic Seeded Bread Rolls	9 x 180g			
						23.90	▼ 3.55 GOSV
						<i>Special Offer Price</i>	19.12
❖ [] [] [] []	BT468		Sundried Tomato Ciabatta	<u>9 x 180g</u>		25.27	▼ 3.75 GOV
						<i>Special Offer Price</i>	20.22
							2.99
CEREALS & MUESLIS							
[] [] [] []	FX016		Organic Porridge Oats	6 x 325g		12.28	▼ 2.75 GOV
						<i>Special Offer Price</i>	9.82
ARCTIC POWER							
SUPERFOODS & SPORTS NUTRITION							
[] [] [] []	VM009		Blackcurrant Powder	6 x 70g	Great In Porridge & Smoothies	47.49	▼ 10.55 V
						<i>Special Offer Price</i>	40.34
[] [] [] []	VM012		Blueberry Powder	6 x 70g	Great In Porridge & Smoothies	53.49	▼ 11.89 V
						<i>Special Offer Price</i>	45.47
[] [] [] []	VM007		Cranberry Powder	6 x 70g	Great In Porridge & Smoothies	62.40	▼ 13.89 V
						<i>Special Offer Price</i>	53.04
[] [] [] []	VM015		Lingonberry Powder	6 x 70g	Great In Porridge & Smoothies	47.49	▼ 10.55 V
						<i>Special Offer Price</i>	40.37
[] [] [] []	VM042		Mixed Berry Powder	6 x 70g	Great In Porridge & Smoothies	47.49	▼ 10.55 V
						<i>Special Offer Price</i>	40.37
[] [] [] []	VM037		Sea Buckthorn Powder	6 x 70g	Great In Porridge & Smoothies	47.49	▼ 10.55 V
						<i>Special Offer Price</i>	40.37
[] [] [] []	VM039		Strawberry Powder	6 x 70g	Great In Porridge & Smoothies	47.49	▼ 10.55 V
						<i>Special Offer Price</i>	40.37
ASPALL							
VINEGARS							
[] [] [] []	KJ480		Apple Balsamic Vinegar	6 x 350ml		19.06	▼ 4.25 V
						<i>Special Offer Price</i>	15.25
[] [] [] []	KJ382		Balsamic Vinegar - og	5l		38.78	▼ 51.69 OV
						<i>Special Offer Price</i>	31.02
[] [] [] []	KJ478		Balsamic Vinegar - organic	6 x 350ml		19.94	▼ 4.45 OV
						<i>Special Offer Price</i>	15.95
[] [] [] []	KJ180		Cyder Vinegar	20l		37.67	▼ V
						<i>Special Offer Price</i>	30.14
[] [] [] []	KJ477		Cyder Vinegar	6 x 350ml		10.10	▼ 2.25 V
						<i>Special Offer Price</i>	8.08
[] [] [] []	KJ067		Cyder Vinegar	5l		12.69	▼ 16.89 V
						<i>Special Offer Price</i>	10.15
[] [] [] []	KJ252		Cyder Vinegar - og	<u>20l</u>		45.40	▼ OV
						<i>Special Offer Price</i>	36.32
[] [] [] []	KJ069		Cyder Vinegar - organic	6 x 500ml		13.33	▼ 2.95 OV
						<i>Special Offer Price</i>	10.66
[] [] [] []	KJ205		Cyder Vinegar - organic	5l		15.62	▼ 20.79 OV
						<i>Special Offer Price</i>	12.50
[] [] [] []	KJ481		Cyder Vinegar - organic	6 x 350ml		10.50	▼ 2.35 OV
						<i>Special Offer Price</i>	8.40
[] [] [] []	KJ321		Raw Unfiltered Cyder Vinegar	5l	With 'mother'	16.72	▼ 22.29 OV
						<i>Special Offer Price</i>	13.38
[] [] [] []	KJ395		Raw Unfiltered Cyder Vinegar	6 x 500ml	With 'Mother'	15.53	▼ 3.45 OV
						<i>Special Offer Price</i>	12.42
[] [] [] []	KJ353		Red Wine Vinegar	5l		12.69	▼ 16.89 V
						<i>Special Offer Price</i>	10.15
[] [] [] []	KJ479		Red Wine Vinegar	6 x 350ml		10.10	▼ 2.25 V
						<i>Special Offer Price</i>	8.08
[] [] [] []	KJ475		Red Wine Vinegar - organic	6 x 350ml		10.36	▼ 2.29 OV
						<i>Special Offer Price</i>	8.29
[] [] [] []	KJ356		White Wine Vinegar	5l		12.69	▼ 16.89 V
						<i>Special Offer Price</i>	10.15
[] [] [] []	KJ476		White Wine Vinegar	6 x 350ml		10.10	▼ 2.25 V
						<i>Special Offer Price</i>	8.08
[] [] [] []	KJ474		White Wine Vinegar - organic	6 x 350ml		10.36	▼ 2.29 OV
						<i>Special Offer Price</i>	8.29
❖ [] [] [] []	KJ120		White Wine Vinegar - organic	5l		16.80	▼ 22.39 OV
						<i>Special Offer Price</i>	13.44
BEAR							
BABY & CHILD FOOD							
[] [] [] []	ZX523		Paws- Raspberry & Blueberry	<u>18 x 20g</u>	See also Sweet Snacks (Yoyos)	8.80	▼ 0.65 GV
						<i>Special Offer Price</i>	7.04

code	description	size	details	price	vat	rrp	BFGOSV
 ZX520	Paws- Strawberry & Apple <i>Paws in multipacks</i>	<u>18 x 20g</u>		<i>Special Offer Price</i>	8.80 7.04	▼ 0.65 0.49	GV
 ZX189	Paws- Raspberry & Blueberry	<u>4 x 5 x 20g</u>		<i>Special Offer Price</i>	9.03 7.68	▼ 2.99 2.55	GV
 ZX245	Paws- Strawberry & Apple	<u>4 x 5 x 20g</u>		<i>Special Offer Price</i>	9.03 7.68	▼ 2.99 2.55	GV
CEREALS & MUESLIS							
 MX202	Alphabites Cereal - Cocoa	4 x 350g		<i>Special Offer Price</i>	8.36 7.11	▼ 2.79 2.39	V
 MX203	Alphabites Cereal - Multigrain	4 x 350g		<i>Special Offer Price</i>	8.36 7.11	▼ 2.79 2.39	V
SWEET SNACKS							
❖  ZX310	Fruit Splits Pineapple & Rasp	18 x 20g		<i>Special Offer Price</i>	12.06 9.65	▼ 0.89 0.71	GV
❖  ZX309	Fruit Splits Strawb & Apple	<u>18 x 20g</u>		<i>Special Offer Price</i>	12.06 9.65	▼ 0.89 0.71	GV
 ZX529	Yoyo Pure Fruit Rolls - Mango	18 x 20g		<i>Special Offer Price</i>	9.73 7.78	▼ 0.69 0.55	GV
 ZX555	Yoyo Pure Fruit Rolls - Strawb	18 x 20g		<i>Special Offer Price</i>	9.73 7.78	▼ 0.69 0.55	GV
 ZX525	Yoyo Pure Fruit Rolls-Blackcur	18 x 20g		<i>Special Offer Price</i>	9.73 7.78	▼ 0.69 0.55	GV
 ZX550	Yoyo Pure Fruit Rolls-Raspb'ry	18 x 20g		<i>Special Offer Price</i>	9.73 7.78	▼ 0.69 0.55	GV
<i>Bites</i>							
 ZX336	Blackcurrant and Beetroot	4 x 5 x 18g		<i>Special Offer Price</i>	9.66 8.21	▼ 3.19 2.69	GV
 ZX333	Strawberry and Butternut	4 x 5 x 18g		<i>Special Offer Price</i>	9.66 8.21	▼ 3.19 2.69	GV
<i>Fruit Splits</i>							
 ZX632	Splits Pineapple & Raspberry	8 x 100g		<i>Special Offer Price</i>	18.63 15.84	▼ 3.09 2.65	GV
 ZX623	Strawberry & Apple	8 x 100g		<i>Special Offer Price</i>	18.63 15.84	▼ 3.09 2.65	GV
<i>Fruit Treasures</i>							
 ZX649	Fruit Treasure's Berry	4 x 100g		<i>Special Offer Price</i>	9.03 7.22	▼ 2.99 2.39	GV
 ZX646	Fruit Treasure's Tropical	4 x 100g		<i>Special Offer Price</i>	9.03 7.22	▼ 2.99 2.39	GV
<i>Giant Yoyo</i>							
 ZX063	Giant Yoyo -Strawberry/Mango	6 x 5 x 20g		<i>Special Offer Price</i>	15.77 13.40	▼ 3.49 2.99	GV
 ZX067	Giant Yoyo-Apple/Blackcurrant	6 x 5 x 20g		<i>Special Offer Price</i>	15.77 13.40	▼ 3.49 2.99	GV
<i>Yoyos in multipacks</i>							
 ZX009	Yoyo-Blueberry&Banana Smoothie	6 x 5 x 20g	Multipack	<i>Special Offer Price</i>	13.97 11.18	▼ 3.09 2.49	FV
 ZX050	Yoyos - Apple Multipack	6 x 5 x 20g		<i>Special Offer Price</i>	13.97 11.87	▼ 3.09 2.65	FV
 ZX020	Yoyos - Blackcurrant Multipack	6 x 5 x 20g		<i>Special Offer Price</i>	13.97 11.87	▼ 3.09 2.65	GV
 ZX014	Yoyos - Mango Multipack	6 x 5 x 20g		<i>Special Offer Price</i>	13.97 11.87	▼ 3.09 2.65	GV
 ZX013	Yoyos - Raspberry Multipack	6 x 5 x 20g		<i>Special Offer Price</i>	13.97 11.87	▼ 3.09 2.65	GV
 ZX012	Yoyos - Strawberry Multipack	6 x 5 x 20g		<i>Special Offer Price</i>	13.97 11.87	▼ 3.09 2.65	GV

BETTER NATURE**TOFU & TEMPEH (CHILLED)**

 CV201	Organic Tempeh	6 x 200g		<i>Special Offer Price</i>	15.68 14.11	▼ 3.49 3.15	OV
 CV387	Smoky Tempeh	6 x 220g		<i>Special Offer Price</i>	16.58 14.92	▼ 3.69 3.30	GV

BETTER WITH**CRISPS & SNACKS***XMAS 2025*

❖  ZX172	Black Truffle Almonds	8 x 140g	doy packs	<i>Special Offer Price</i>	21.86 19.67	▼ 4.39 3.95	FGSV
❖  ZX162	Chilli Almonds	8 x 140g	doy packs	<i>Special Offer Price</i>	21.86 19.67	▼ 4.39 3.95	FGSV

code	description	size	details	price	vat	rrp	BFGOSV
❖ [] [] [] [] ZX166	Cinnamon & Coconut Almonds	8 x 140g	doy packs	21.86	v ▼	4.39	FGSV
				<i>Special Offer Price</i>		<i>19.67</i>	<i>3.95</i>
❖ [] [] [] [] ZX148	Honey & Sea Salt Almonds	8 x 140g	doy packs	21.86	v ▼	4.39	FGSV
				<i>Special Offer Price</i>		<i>19.67</i>	<i>3.95</i>
❖ [] [] [] [] ZX171	Oriental Spice Almonds	8 x 140g	doy packs	21.86	v ▼	4.39	FGSV
				<i>Special Offer Price</i>		<i>19.67</i>	<i>3.95</i>
❖ [] [] [] [] ZX174	Rosemary Almonds	8 x 140g	doy packs	21.86	v ▼	4.39	FGSV
				<i>Special Offer Price</i>		<i>19.67</i>	<i>3.95</i>
❖ [] [] [] [] ZX163	Salt & Pepper Almonds	8 x 140g	doy packs	21.86	v ▼	4.39	FGSV
				<i>Special Offer Price</i>		<i>19.67</i>	<i>3.95</i>

BETTER YOU

SUPPLEMENTS & REMEDIES

Vitamin & Mineral Sprays

[] [] [] [] VM117	B-Complete Oral Spray	6 x 25ml	Contains All 8 B-Vitamins	40.02	v ▼	11.95	V
				<i>Special Offer Price</i>		<i>32.02</i>	<i>9.56</i>
[] [] [] [] VM106	Iron Oral Spray	6 x 25ml	10mg Iron, Pomegranate flavour	50.80	v ▼	14.95	V
				<i>Special Offer Price</i>		<i>40.64</i>	<i>11.96</i>
[] [] [] [] VM282	Iron Oral Spray	6 x 25ml	5mg Iron, Pomegranate Flavour	33.79	v ▼	9.95	V
				<i>Special Offer Price</i>		<i>27.03</i>	<i>7.96</i>
[] [] [] [] VM172	Multivitamin Oral Spray	6 x 25ml	14 Essential Nutrients	33.80	v ▼	9.95	V
				<i>Special Offer Price</i>		<i>27.04</i>	<i>7.96</i>
[] [] [] [] VM072	Vitamin C Oral Spray	6 x 50ml	Cherry & Pomegranate Flavour	40.02	v ▼	11.95	V
				<i>Special Offer Price</i>		<i>32.02</i>	<i>9.56</i>
[] [] [] [] VM261	Vitamin D 3000IU Oral Spray	6 x 12ml	With 75ug Vitamin K2	39.42	v ▼	10.95	V
				<i>Special Offer Price</i>		<i>31.54</i>	<i>8.76</i>

BIO & ME

CEREALS & MUESLIS

[] [] [] [] MX077	Apple & Cinnamon Granola	5 x 360g		16.96	▼	4.49	V
				<i>Special Offer Price</i>		<i>14.42</i>	<i>3.79</i>
[] [] [] [] MX116	Burst Gluten Free Granola	5 x 350g		17.54	▼	4.69	GV
				<i>Special Offer Price</i>		<i>14.91</i>	<i>3.99</i>
[] [] [] [] MX117	Cashew & Almond GF Granola	5 x 350g		17.54	▼	4.69	GV
				<i>Special Offer Price</i>		<i>14.91</i>	<i>3.99</i>
[] [] [] [] MX013	Cocoa & Hazelnut Granola	5 x 360g	Gut Loving	16.96	▼	4.49	V
				<i>Special Offer Price</i>		<i>14.42</i>	<i>3.79</i>
[] [] [] [] MX075	Fruit & Nut Muesli	5 x 450g	gut loving	13.91	▼	3.69	V
				<i>Special Offer Price</i>		<i>11.82</i>	<i>3.15</i>
[] [] [] [] MX131	Golden Syrup Porridge Pot	8 x 65g		8.47	▼	1.39	V
				<i>Special Offer Price</i>		<i>7.20</i>	<i>1.19</i>
[] [] [] [] MX008	Low Sugar Granola	5 x 360g	Gut Loving	16.96	▼	4.49	V
				<i>Special Offer Price</i>		<i>14.42</i>	<i>3.79</i>
[] [] [] [] MX030	Super Berry Granola	5 x 360g	Gut Loving	16.96	▼	4.49	V
				<i>Special Offer Price</i>		<i>14.42</i>	<i>3.79</i>
[] [] [] [] MX071	Super Seedy & Nutty Granola	5 x 360g	Gut Loving	16.96	▼	4.49	V
				<i>Special Offer Price</i>		<i>14.42</i>	<i>3.79</i>
	<i>Porridge Pot</i>						
[] [] [] [] MX129	Porridge Pot - Nice & Nutty	8 x 58g		8.60	▼	1.45	GV
				<i>Special Offer Price</i>		<i>7.31</i>	<i>1.25</i>
[] [] [] [] MX122	Porridge Pot - Spiced Apple	8 x 58g		8.60	▼	1.45	GV
				<i>Special Offer Price</i>		<i>7.31</i>	<i>1.25</i>

SNACK BARS & FLAPJACKS

Gut - Loving Oat Bar

[] [] [] [] KB400	Cocoa & Hazelnut	<u>18 x 38g</u>		17.21	▼	1.29	GV
				<i>Special Offer Price</i>		<i>14.63</i>	<i>1.09</i>
[] [] [] [] KB399	Super Berry	<u>18 x 38g</u>		17.21	▼	1.29	GV
				<i>Special Offer Price</i>		<i>14.63</i>	<i>1.09</i>
[] [] [] [] KB396	Toffee Apple	<u>18 x 38g</u>		17.21	▼	1.29	GV
				<i>Special Offer Price</i>		<i>14.63</i>	<i>1.09</i>

BIONA

BISCUITS CRACKERS & CRISPREAD

[] [] [] [] BT005	Grisini Breadsticks - Quinoa	12 x 125g		24.56	▼	2.75	OV
				<i>Special Offer Price</i>		<i>20.88</i>	<i>2.35</i>
[] [] [] [] BT004	Grisini Breadsticks - Sesame	12 x 125g		22.73	▼	2.55	OV
				<i>Special Offer Price</i>		<i>19.32</i>	<i>2.19</i>
	BREADS & BREAD MIXES						
[] [] [] [] BT224	Power Protein Bread	8 x 375g		24.29	▼	4.05	OV
				<i>Special Offer Price</i>		<i>20.65</i>	<i>3.45</i>
[] [] [] [] BT073	Rye Bread - Chia & Flax	7 x 500g		15.39	▼	2.93	OV
				<i>Special Offer Price</i>		<i>13.08</i>	<i>2.49</i>

code	description	size	details	price	vat	rrp	BFGOSV
	BT207	Rye Bread - Pumpkin Seed	7 x 500g Wheat Free			15.39	▼ 2.95 OV
				<i>Special Offer Price</i>		13.08	2.49
	BT206	Rye Omega 3 Linseed Bread	7 x 500g golden linseed,wheat free			14.32	▼ 2.75 OV
				<i>Special Offer Price</i>		12.17	2.35
CONVENIENCE FOODS							
	VF250	Coconut Milk Green Curry	6 x 400ml			13.65	▼ 3.05 OSV
				<i>Special Offer Price</i>		11.60	2.59
FAR EASTERN FOOD							
	VF167	Coconut Cream	6 x 400ml			12.74	▼ 2.85 OV
				<i>Special Offer Price</i>		10.83	2.39
	VF775	Coconut Milk Organic	6 x 400ml			10.91	▼ 2.45 OV
				<i>Special Offer Price</i>		9.27	2.09
MAYONNAISE & SALAD DRESSINGS							
	KJ401	Mayo - Egg & Soya Free	6 x 230g Not batch tested GF.With agave			15.93	▼ 3.55 OV
				<i>Special Offer Price</i>		13.54	2.99
	KJ013	Original Squeezy Mayonnaise	6 x 270g			21.41	▼ 4.75 OS
				<i>Special Offer Price</i>		18.20	4.05
MEAT ALTERNATIVES (CHILLED)							
	CV184	Beetroot Burger	6 x 150g			20.95	▼ 4.70 OV
				<i>Special Offer Price</i>		17.81	4.00
	CV377	Black Bean & Cashew Nut Burger	8 x 160g			28.52	▼ 4.75 OV
				<i>Special Offer Price</i>		24.24	4.05
	CV441	Energy Tofu Mini Burgers	4 x 250g			14.25	▼ 4.75 OV
				<i>Special Offer Price</i>		12.11	4.05
	CV321	Mini Quinoa Burgers	6 x 195g Soya Free			21.40	▼ 4.75 OV
				<i>Special Offer Price</i>		18.19	4.05
	CV188	Mushroom Burger	6 x 150g			20.95	▼ 4.70 OV
				<i>Special Offer Price</i>		17.81	4.00
	CV372	Red Lentil Sun Seed Burger	8 x 160g			27.93	▼ 4.70 OV
				<i>Special Offer Price</i>		23.74	4.00
	CV745	Sweet Potato Buckwheat Burger	8 x 160g			28.52	▼ 4.75 OV
				<i>Special Offer Price</i>		24.24	4.05
OILS & FATS							
	GT025	Coconut Oil Cuisine Organic	6 x 875ml			41.04	▼ 9.09 OV
				<i>Special Offer Price</i>		34.88	7.75
	GT060	Mild / Odourless Coconut Oil	6 x 610ml			31.91	▼ 7.09 OV
				<i>Special Offer Price</i>		27.12	6.05
	GT061	Mild / Odourless Coconut Oil	6 x 470ml			26.89	▼ 5.99 OV
				<i>Special Offer Price</i>		22.86	5.09
	VF774	Virgin Coconut Oil Organic	6 x 400g			37.84	▼ 8.39 OV
				<i>Special Offer Price</i>		32.16	7.15
PICKLES, CHUTNEYS & MUSTARDS							
	KJ283	Biona Sauerkraut Golden Turner	6 x 350g			11.37	▼ 2.55 OSVB
				<i>Special Offer Price</i>		9.66	2.19
	KJ377	Org Cornichons (Mini Gherkins)	6 x 330g With dill and mustard seeds			20.96	▼ 4.65 OSV
				<i>Special Offer Price</i>		17.82	3.95
	KJ221	Organic French Dijon Mustard	6 x 200g			15.02	▼ 3.34 OV
				<i>Special Offer Price</i>		12.77	2.85
	KJ254	Organic Wholegrain Mustard	6 x 200g			15.93	▼ 3.54 OV
				<i>Special Offer Price</i>		13.54	2.99
	KJ036	Sauerkraut - Organic	6 x 360g Not tested for gluten levels			10.91	▼ 2.45 OVB
				<i>Special Offer Price</i>		9.27	2.09
SOFT DRINKS							
<i>Kombucha</i>							
	JU556	Kombucha Ginger Lime	6 x 330ml			12.51	v ▼ 3.35 OSV
				<i>Special Offer Price</i>		10.63	2.85
	JU523	Kombucha Original	6 x 330ml			12.51	v ▼ 3.35 OSV
				<i>Special Offer Price</i>		10.63	2.85
	JU551	Kombucha Sour Cherry Mint	6 x 330ml			12.51	v ▼ 3.35 OSV
				<i>Special Offer Price</i>		10.63	2.85
TABLE SAUCES							
	KJ225	BBQ Sauce Organic	6 x 250ml			15.93	▼ 3.55 OSV
				<i>Special Offer Price</i>		13.54	1.99
	KJ106	Classic Tomato Ketchup Squeezy	12 x 560g			39.16	▼ 4.35 GOSV
				<i>Special Offer Price</i>		33.29	3.69
	KJ226	Sweet Chilli Sauce Organic	6 x 250ml			15.93	▼ 3.55 OSV
				<i>Special Offer Price</i>		13.54	1.99
	KJ393	Tomato Ketchup No Added Sugar	9 x 470g Squeezy			25.27	▼ 3.75 OV
				<i>Special Offer Price</i>		21.48	3.19

code	description	size	details	price	vat	rrp	BFGOSV
BOOJA-BOOJA							
VEGAN DESSERTS							
	<i>465ml Tubs</i>						
XL263	Caramel Pecan Ice Cream	6 x 465ml		22.08	v ▼	5.90	GOSV
				<i>Special Offer Price</i>		18.77	4.99
XL013	Choc Fudge Brownie Ice Cream	6 x 465ml		22.08	v ▼	5.90	GOSV
				<i>Special Offer Price</i>		18.77	4.99
XL259	Choc Salted Caramel Ice Cream	6 x 465ml		22.08	v ▼	5.90	GOSV
				<i>Special Offer Price</i>		18.77	4.99
XL002	Cookie Dough Ice Cream	6 x 465ml		22.08	v ▼	5.90	GOSV
				<i>Special Offer Price</i>		18.77	4.99
XL033	Deeply Chocolate Ice Cream	6 x 465ml		22.08	v ▼	5.90	GOSV
				<i>Special Offer Price</i>		18.77	4.99
XL023	Mango & Raspberry Ice Cream	6 x 465ml		22.08	v ▼	5.90	GOSV
				<i>Special Offer Price</i>		18.77	4.99
XL038	Vanilla Ice Cream	6 x 465ml		22.08	v ▼	5.90	GOSV
				<i>Special Offer Price</i>		18.77	4.99
BOTTLE UP							
WATERS							
	<i>Re-Usable Sugar Cane Bottle</i>						
WA002	Still Spring Water	6 x 500ml	Dark Blue	11.25	v ▼	2.99	V
				<i>Special Offer Price</i>		9.56	2.55
WA004	Still Spring Water	6 x 500ml	Pink	11.25	v ▼	2.99	V
				<i>Special Offer Price</i>		9.56	2.55
BRITE							
SOFT DRINKS							
JU193	Lemon Lime Nootropic Drink	24 x 330ml		35.65	v ▼	1.99	V
				<i>Special Offer Price</i>		23.89	1.35
JU174	Pineapple Mango Nootropic Drink	24 x 330ml		35.65	v ▼	1.99	V
				<i>Special Offer Price</i>		23.89	1.35
JU190	Raspberry Mint Nootropic Drink	24 x 330ml		35.65	v ▼	1.99	V
				<i>Special Offer Price</i>		23.89	1.35
BROWN BAG CRISPS							
CRISPS & SNACKS							
	<i>Impulse</i>						
ZX266	Lightly Salted	<u>20 x 40g</u>		10.58	v ▼	0.89	GV
				<i>Special Offer Price</i>		8.46	0.71
ZX268	Oak Smoked Chilli	<u>20 x 40g</u>		10.58	v ▼	0.89	GSV
				<i>Special Offer Price</i>		8.46	0.71
ZX206	Rosemary & Sea Salt	<u>20 x 40g</u>		10.58	v ▼	0.89	GSV
				<i>Special Offer Price</i>		8.46	0.71
ZX267	Sea Salt and Vinegar	<u>20 x 40g</u>		10.58	v ▼	0.89	GS
				<i>Special Offer Price</i>		8.46	0.71
ZX265	West Country Cheddar & Onion	<u>20 x 40g</u>		10.58	v ▼	0.89	G
				<i>Special Offer Price</i>		8.46	0.71
	<i>Sharing</i>						
ZX270	Lightly Salted	<u>10 x 150g</u>		14.00	v ▼	2.69	GV
				<i>Special Offer Price</i>		11.20	2.15
ZX108	Rosemary & Sea Salt	<u>10 x 150g</u>		14.00	v ▼	2.69	GSV
				<i>Special Offer Price</i>		11.20	2.15
	<i>Vegetable Crisps</i>						
ZX833	Vegetable Chips - Hand Cooked	<u>15 x 40g</u>	Lightly Salted	14.57	▼	1.49	GV
				<i>Special Offer Price</i>		11.66	1.19
BUTTERMILK							
SWEET SNACKS							
	<i>Grab Bags</i>						
❖ ZX242	Banoffee Pie Fudge	16 x 175g		34.11	v ▼	3.49	GS
				<i>Special Offer Price</i>		27.29	2.79
❖ ZX252	Caramel Sea Salt Fudge	16 x 175g		34.11	v ▼	3.49	GS
				<i>Special Offer Price</i>		27.29	2.79
ZX682	Clotted Cream Fudge	<u>16 x 175g</u>		34.11	v ▼	3.49	GS
				<i>Special Offer Price</i>		27.29	2.79
❖ ZX250	Cookies & Cream Fudge	16 x 175g		34.11	v ▼	3.49	GS
				<i>Special Offer Price</i>		27.29	2.79
ZX683	Double Chocolate Fudge	<u>16 x 175g</u>		34.11	v ▼	3.49	GS
				<i>Special Offer Price</i>		27.29	2.79

code	description	size	details	price	vat	rrp	BFGOSV
BZEST							
FRUIT & VEGETABLE JUICES							
<i>Health Shots - PET Bottles</i>							
	JU768	Calm & Comfort Shot	12 x 60ml	12mg CBD, blue spirulina	18.46	▼	2.05 GV
				<i>Special Offer Price</i>	15.69		1.75
	JU771	Fire & Fortify Shot	12 x 60ml	12mg CBD, ginger, turmeric	18.46	▼	2.05 GV
				<i>Special Offer Price</i>	15.69		1.75
CALIFIA FARMS							
DRINKS (CHILLED)							
	CV826	Cold Brew Mocha	6 x 750ml		13.45	▼	2.99 GSV
				<i>Special Offer Price</i>	10.76		2.39
	CV686	Extra Creamy Almond Milk	6 x 750ml		13.01	▼	2.89 V
				<i>Special Offer Price</i>	10.41		2.30
	CV685	Extra Creamy Oat Milk	6 x 750ml		13.01	▼	2.89 V
				<i>Special Offer Price</i>	10.41		2.30
	CV822	Mocha Cold Brew Almond Drink	8 x 250ml		12.00	▼	1.99 SV
				<i>Special Offer Price</i>	9.60		1.59
	CV702	Simple & Organic Almond Milk	6 x 750ml		13.01	▼	2.89 OV
				<i>Special Offer Price</i>	10.41		2.30
	CV693	Simple & Organic Oat Milk	6 x 750ml		13.03	▼	2.89 OV
				<i>Special Offer Price</i>	10.42		2.30
	CV823	Unsweetened Almond Milk	6 x 750ml		11.28	▼	2.50 GSV
				<i>Special Offer Price</i>	9.02		2.00
VEGAN & OAT MILK							
	SY145	Almond Barista Blend	6 x 1l		10.40	▼	2.35 V
				<i>Special Offer Price</i>	8.32		1.89
	SY226	Oat Barista Blend	6 x 1l		8.95	▼	1.99 V
				<i>Special Offer Price</i>	7.16		1.59
	SY076	Oat Barista Blend - Organic	6 x 1l		10.40	▼	2.35 OV
				<i>Special Offer Price</i>	8.32		1.89
CANDY KITTENS							
SWEET SNACKS							
❖	ZX200	Disco Dreams	10 x 140g	5 Flavours in one pack	19.57	v ▼	3.15 GSV
				<i>Special Offer Price</i>	16.65		2.69
	ZX178	Sour Shox	10 x 140g		19.57	v ▼	3.15 VB
				<i>Special Offer Price</i>	16.65		2.69
	ZX897	Sour Shox Blackcurrent Lime	10 x 140g		19.57	v ▼	3.15 GV
				<i>Special Offer Price</i>	16.65		2.69
<i>140g Bags</i>							
	ZX594	Eton Mess	10 x 140g		19.57	v ▼	3.15 SV
				<i>Special Offer Price</i>	16.65		2.69
	ZX598	Love Candy	10 x 140g		19.57	v ▼	3.15 SV
				<i>Special Offer Price</i>	16.65		2.69
	ZX599	Sour Watermelon	10 x 140g		19.57	v ▼	3.15 SV
				<i>Special Offer Price</i>	16.65		2.69
	ZX113	Very Cherry	10 x 140g		19.57	v ▼	3.15 SV
				<i>Special Offer Price</i>	16.65		2.69
	ZX633	Wanderlust	10 x 140g		19.57	v ▼	3.15 SV
				<i>Special Offer Price</i>	16.65		2.69
	ZX622	Wild Strawberry	10 x 140g		19.57	v ▼	3.15 SV
				<i>Special Offer Price</i>	16.65		2.69
CANO WATER							
WATERS							
	WA003	Sparkling Spring Water	24 x 330ml	Resealable no longer available	13.52	v ▼	0.99 V
				<i>Special Offer Price</i>	10.82		0.79
	WA008	Still Water	24 x 330ml	With resealable closure	15.60	v ▼	1.05 V
				<i>Special Offer Price</i>	12.48		0.85
CARAVAN COFFEE ROASTERS							
COFFEE							
<i>Roast & Ground Coffees</i>							
❖	TE119	Daily Blend Coffee Ground	6 x 200g	smooth balanced classic blend	45.00	▼	9.99 V
				<i>Special Offer Price</i>	38.25		8.49
❖	TE147	Decaffeinated Coffee Ground	6 x 200g	100% Arabica Coffee	47.15	▼	10.49 V
				<i>Special Offer Price</i>	40.09		8.95
❖	TE125	Market Blend Coffee Ground	6 x 200g	100% Arabica Coffee	45.68	▼	10.15 V
				<i>Special Offer Price</i>	38.83		8.65

code	description	size	details	price	vat	rrp	BFGOSV
❖ [] [] [] [] TE142	No Boundaries Coffee Ground	6 x 200g	100% Arabica Coffee	46.35	▼	10.29 V	
	<i>Roast Wholebean Coffees</i>		<i>Special Offer Price</i>	39.40		8.75	
❖ [] [] [] [] TE115	Daily Blend Coffee Beans	6 x 200g	smooth balanced classic blend	45.00	▼	9.99 V	
			<i>Special Offer Price</i>	38.25		8.49	
❖ [] [] [] [] TE144	Decaffeinated Coffee Beans	6 x 200g	100% Arabica Coffee	47.15	▼	10.49 V	
			<i>Special Offer Price</i>	40.09		8.95	
❖ [] [] [] [] TE123	Market Blend Coffee Beans	6 x 200g	100% Arabica Coffee	45.68	▼	10.15 V	
			<i>Special Offer Price</i>	38.83		8.65	
❖ [] [] [] [] TE141	No Boundaries Coffee Beans	6 x 200g	100% Arabica Coffee	46.35	▼	10.29 V	
			<i>Special Offer Price</i>	39.40		8.75	

CHOLULA

TABLE SAUCES

[] [] [] [] KJ150	Hot Sauce Chili Garlic	12 x 150ml		28.14	▼	3.15 V	
			<i>Special Offer Price</i>	22.51		2.52	
❖ [] [] [] [] KJ234	Hot Sauce Chipotle	6 x 150ml		14.08	▼	3.15 GOV	
			<i>Special Offer Price</i>	11.26		2.52	
[] [] [] [] KJ014	Hot Sauce Original	12 x 150ml		28.14	▼	3.15 V	
			<i>Special Offer Price</i>	22.51		2.52	

CLEARSPRING

FAR EASTERN FOOD

[] [] [] [] JP161	Furikake Sprinkle	8 x 50g		29.94	▼	4.99 OV	
			<i>Special Offer Price</i>	25.45		4.24	
[] [] [] [] JP153	Pad Thai Sauce	6 x 150ml		25.16	▼	5.59 GOV	
			<i>Special Offer Price</i>	21.39		4.75	
[] [] [] [] JP149	<i>Condiments</i> Shichimi Togarashi	8 x 50g		30.59	▼	5.09 OV	
			<i>Special Offer Price</i>	26.00		4.33	
[] [] [] [] JP152	<i>Noodles</i> Black Rice Noodles	10 x 200g	gluten free	29.93	▼	3.99 GOV	
			<i>Special Offer Price</i>	25.44		3.39	
[] [] [] [] JP053	Brown Rice Noodles - GF	10 x 200g		29.93	▼	3.99 GOV	
			<i>Special Offer Price</i>	25.44		3.39	
[] [] [] [] JP151	Brown Rice Vermicelli Noodles	8 x 180g	gluten free	23.94	▼	3.99 GOV	
			<i>Special Offer Price</i>	20.35		2.88	
[] [] [] [] JP054	Brown Rice Wide Noodles - GF	5 x 200g		14.96	▼	3.99 GOV	
			<i>Special Offer Price</i>	12.72		3.39	
[] [] [] [] JP145	<i>Savoury Sesame Condiments</i> Gomashio Black Sesame Sea Salt	6 x 100g		18.34	▼	4.09 OV	
			<i>Special Offer Price</i>	15.59		3.48	
[] [] [] [] JP144	Gomashio Whole Sesame Sea Salt	6 x 100g		18.34	▼	4.09 OV	
			<i>Special Offer Price</i>	15.59		3.48	
[] [] [] [] JP147	Irigoma Toasted Black Sesame	6 x 100g		18.34	▼	4.09 OV	
			<i>Special Offer Price</i>	15.59		3.48	
[] [] [] [] JP146	Irigoma Toasted Whole Sesame	6 x 100g		18.34	▼	4.09 OV	
			<i>Special Offer Price</i>	15.59		3.48	

CLIVE'S

READY MEALS (FROZEN)

❖ [] [] [] [] XL029	Cauliflower Wholemeal Pie	6 x 235g		19.98	▼	4.45 SV	
			<i>Special Offer Price</i>	16.98		3.79	
❖ [] [] [] [] XL035	Cheesy Broccoli Quiche	4 x 380g	shortcrust pastry	19.27	▼	6.40 SV	
			<i>Special Offer Price</i>	16.38		5.45	
[] [] [] [] XL022	Creamy Mushroom Puff Pie	6 x 235g	chestnut, porcini & shiitake	20.69	▼	4.60 V	
			<i>Special Offer Price</i>	17.59		3.90	
[] [] [] [] XL114	Gluten Free Mushroom Leek Pie	6 x 235g		20.69	▼	4.60 GV	
			<i>Special Offer Price</i>	17.59		3.90	
[] [] [] [] XL308	Gluten Free Saag Aloo Pie	6 x 235g		20.69	▼	4.60 GV	
			<i>Special Offer Price</i>	17.59		3.90	
[] [] [] [] XL025	Mushroom Pie	6 x 235g		19.98	▼	4.45 SV	
			<i>Special Offer Price</i>	16.98		3.79	
[] [] [] [] XL057	Red Pepper & Harissa Quiche	4 x 380g		17.54	▼	5.85 OV	
			<i>Special Offer Price</i>	14.91		4.95	
[] [] [] [] XL050	Rustic Tart	4 x 380g	mushroom & shallot	16.28	▼	5.45 V	
			<i>Special Offer Price</i>	13.84		4.65	
[] [] [] [] XL336	Tomato & Olive Tart	6 x 150g		19.26	▼	4.30 GV	
			<i>Special Offer Price</i>	16.37		3.65	
[] [] [] [] XL049	Vegan Sausagey Rolls	4 x 160g		12.84	▼	4.30 OV	
			<i>Special Offer Price</i>	10.91		3.65	

code	description	size	details	price	vat	rrp	BFGOSV
XL338	<i>Nut Roasts</i> Organic Nut Roast	6 x 280g		31.40		6.99	GSV
				<i>Special Offer Price</i>	26.69	5.95	
XL044	Organic Sharing Nut Roast	4 x 600g		41.98		14.05	GOV
				<i>Special Offer Price</i>	35.68	11.95	
CNDY							
SWEET SNACKS							
❖ ZX212	Berry Sugar Free Sweets	7 x 40g		9.90	v ▼	2.49	V
				<i>Special Offer Price</i>	8.42	1.95	
❖ ZX209	Lemon Sugar Free Sweets	7 x 40g		9.90	v ▼	2.49	V
				<i>Special Offer Price</i>	8.42	1.95	
❖ ZX201	Mint Sugar Free Sweets	7 x 40g		9.90	v ▼	2.49	V
				<i>Special Offer Price</i>	8.42	1.95	
DALSTON'S							
SOFT DRINKS							
<i>Cans</i>							
JU162	Ginger Beer	24 x 330ml		17.39	v ▼	1.19	GV
				<i>Special Offer Price</i>	13.91	0.95	
JU163	Sparkling Cherry	24 x 330ml		17.39	v ▼	1.19	GV
				<i>Special Offer Price</i>	13.91	0.95	
JU166	Sparkling Elderflower	24 x 330ml		17.39	v ▼	1.19	GV
				<i>Special Offer Price</i>	13.91	0.95	
JU069	Sparkling Lemon	24 x 330ml		17.39	v ▼	1.19	V
				<i>Special Offer Price</i>	13.91	0.95	
JU012	Sparkling Peach	24 x 330ml		17.39	v ▼	1.19	V
				<i>Special Offer Price</i>	13.91	0.95	
JU155	Sparkling Pineapple	24 x 330ml		17.39	v ▼	1.19	GV
				<i>Special Offer Price</i>	13.91	0.95	
JU772	Sparkling Rhubarb	24 x 330ml		17.39	v ▼	1.19	GV
				<i>Special Offer Price</i>	13.91	0.95	
DENZEL'S							
PET FOODS & PET CARE							
PF034	Dog Bites - Soft 'n' Squishy	10 x 100g	Vegan Dog Bites	15.58	v ▼	2.99	V
				<i>Special Offer Price</i>	13.24	2.55	
<i>Dental Care Treats</i>							
PF014	Daily Dentals - For Large Dogs	10 x 120g	Peanut Butter, Peppermint	20.29	v ▼	3.50	V
				<i>Special Offer Price</i>	17.25	2.99	
PF005	Daily Dentals -For Medium Dogs	10 x 100g	Peanut Butter, Peppermint	17.15	v ▼	3.00	V
				<i>Special Offer Price</i>	14.58	2.55	
DILLON ORGANIC							
BREADS & BREAD MIXES							
BT449	Beetroot Flax Keto Bread	6 x 250g		22.46	▼	4.99	GOV
				<i>Special Offer Price</i>	17.97	3.99	
BT463	Chia Flax Keto Bread	6 x 250g		22.46	▼	4.99	GOV
				<i>Special Offer Price</i>	17.97	3.99	
BT447	Original Flax Keto Bread	6 x 250g		22.46	▼	4.99	GOV
				<i>Special Offer Price</i>	17.97	3.99	
BT079	Sliced Gluten Free Olive Bread	4 x 275g		14.97	▼	4.99	GOV
				<i>Special Offer Price</i>	11.98	3.99	
BT084	Sliced Gluten Free Seeded Brea	4 x 275g		14.97	▼	4.99	GOV
				<i>Special Offer Price</i>	11.98	3.99	
SUGARS & SYRUPS							
LJ214	Chicory Fibre Syrup	6 x 230g		35.96	▼	7.99	V
				<i>Special Offer Price</i>	28.77	6.39	
DOVES FARM							
BAKING SUNDRIES							
LJ206	Baking Powder	5 x 130g		7.25	▼	1.95	GV
				<i>Special Offer Price</i>	6.16	1.65	
LJ202	Bicarbonate of Soda	5 x 200g		6.62	▼	1.79	GV
				<i>Special Offer Price</i>	5.63	1.49	
LJ203	Cornflour	5 x 110g		8.60	▼	2.29	GV
				<i>Special Offer Price</i>	7.31	1.95	
FLOURS & BREAD MIXES							
FG039	GF Buckwheat Flour	5 x 1kg		19.69	▼	5.25	GV
				<i>Special Offer Price</i>	16.74	4.45	

code	description	size	details	price	vat	rrp	BFGOSV
<u> </u> <u> </u> <u> </u> <u> </u>	FG522	Gluten Free Brown Bread Flour	<u>5 x 1kg</u>	Wheat Free, Orange Logo <i>Special Offer Price</i>	12.36 10.51	▼	3.29 GV 2.79
<u> </u> <u> </u> <u> </u> <u> </u>	FG700	Gluten Free Plain White Flour	<u>5 x 1kg</u>	Wheat Free - Plum Logo <i>Special Offer Price</i>	11.73 9.97	▼	3.15 GV 2.69
<u> </u> <u> </u> <u> </u> <u> </u>	FG520	Gluten Free White Bread Flour	<u>5 x 1kg</u>	Wheat Free, Purple Logo <i>Special Offer Price</i>	11.73 9.97	▼	3.15 GV 2.69
<u> </u> <u> </u> <u> </u> <u> </u>	FG117	Rice Flour	<u>5 x 1kg</u>	Beige Bag Brown Logo <i>Special Offer Price</i>	9.59 8.15	▼	2.55 GV 2.19
<u> </u> <u> </u> <u> </u> <u> </u>	FG116	Stoneground Gram Flour	<u>5 x 1kg</u>	Chickpea Flour, Brown Logo <i>Special Offer Price</i>	11.89 10.11	▼	3.19 GV 2.69
<u> </u> <u> </u> <u> </u> <u> </u>	FG701	White Self Raising Flour GF	<u>5 x 1kg</u>	White Bag Blue Logo <i>Special Offer Price</i>	11.73 9.97	▼	3.15 GV 2.69

DR VEGAN

<i>Buy 3, Get 1 Free</i>							
<u> </u> <u> </u> <u> </u> <u> </u>	VM342	Gut Works	1 x 30 capsules	50 Billion Live Cultures	16.19	v	26.99 GV
<u> </u> <u> </u> <u> </u> <u> </u>	VM339	Ashwagandha KSM-66	1 x 30 capsules	500mg Per Capsule	7.66	v	12.99 GOV
<u> </u> <u> </u> <u> </u> <u> </u>	VM343	Magnesium	1 x 60 capsules	400mg Citrate Per Capsule	5.40	v	8.99 GV
<u> </u> <u> </u> <u> </u> <u> </u>	VM341	Vegan Omega 3	1 x 60 capsules	300mg DHA, 150mg EPA	13.19	v	21.99 GV
<u> </u> <u> </u> <u> </u> <u> </u>	VM340	MenoFriend	1 x 60 capsules	Menopause Support	12.99	v	21.99 GV
<u> </u> <u> </u> <u> </u> <u> </u>	VM049	Daily Multi-Vitamin	1 x 60 capsules	Advanced Formula	11.80	v	19.99 GV
<u> </u> <u> </u> <u> </u> <u> </u>	VM347	Debloat & Detox	1 x 60 capsules	Liver & Digestive Health	11.21	v	18.99 GV
<u> </u> <u> </u> <u> </u> <u> </u>	VM345	Curcumin & Turmeric	1 x 30 capsules	With Ginger & Black Pepper	7.07	v	11.99 GOV
<u> </u> <u> </u> <u> </u> <u> </u>	VM081	PeriMenoFriend	1 x 30 capsules	Perimenopause Support	12.99	v	21.99 GV
<u> </u> <u> </u> <u> </u> <u> </u>	VM373	pH Hero	1 x 30 capsules	Vaginal & Urinary Tract Health	17.40	v	29.99 GV

EAT REAL




CRISPS & SNACKS

<u> </u> <u> </u> <u> </u> <u> </u>	ZX198	<i>Hummus Chips - Impulse</i> Hummus Sour Cream Chips	<u>18 x 45g</u>		12.21 <i>Special Offer Price</i> 10.38	▼	0.89 GSV 0.76
<u> </u> <u> </u> <u> </u> <u> </u>	ZX161	Salted, Hummus Chips	<u>18 x 45g</u>		12.21 <i>Special Offer Price</i> 10.38	▼	0.89 GV 0.76
<u> </u> <u> </u> <u> </u> <u> </u>	ZX160	Tomato & Basil, Hummus Chips	<u>18 x 45g</u>		12.21 <i>Special Offer Price</i> 10.38	▼	0.89 GSV 0.76
❖ <u> </u> <u> </u> <u> </u> <u> </u>	ZX290	<i>Hummus Chips - Sharing</i> Caramelised Onion & Blk Pepper	<u>18 x 45g</u>		12.21 <i>Special Offer Price</i> 8.14	▼	1.09 GSV 0.73
❖ <u> </u> <u> </u> <u> </u> <u> </u>	ZX264	Caramelised Onion & Vinegar	<u>10 x 110g</u>	Hummus Chips	16.51 <i>Special Offer Price</i> 11.01	▼	2.19 GSV 1.46
❖ <u> </u> <u> </u> <u> </u> <u> </u>	ZX275	Chilli, Lime & Sea Salt	<u>10 x 110g</u>		16.51 <i>Special Offer Price</i> 11.01	▼	2.19 GSV 1.46
<u> </u> <u> </u> <u> </u> <u> </u>	ZX326	Hummus Sour Cream & Chive Chip	<u>10 x 110g</u>		16.51 <i>Special Offer Price</i> 14.03	▼	2.19 GSV 1.86
❖ <u> </u> <u> </u> <u> </u> <u> </u>	ZX274	Italian Cheese & Black Pepper	<u>10 x 110g</u>		16.51 <i>Special Offer Price</i> 11.01	▼	2.19 GSV 1.46
❖ <u> </u> <u> </u> <u> </u> <u> </u>	ZX295	Italian Cheese & Blk Pepper	<u>18 x 45g</u>		12.21 <i>Special Offer Price</i> 8.14	▼	1.09 GSV 0.73
<u> </u> <u> </u> <u> </u> <u> </u>	ZX125	Lemon & Chilli Hummus Chips	<u>10 x 110g</u>		16.51 <i>Special Offer Price</i> 14.03	▼	2.19 GV 1.86
<u> </u> <u> </u> <u> </u> <u> </u>	ZX124	Salted Hummus Chips	<u>10 x 110g</u>		16.51 <i>Special Offer Price</i> 14.03	▼	2.19 GV 1.86
<u> </u> <u> </u> <u> </u> <u> </u>	ZX423	Sea Salt & Balsamic Vinegar	<u>10 x 110g</u>		16.51 <i>Special Offer Price</i> 14.03	▼	2.30 FSV 1.96
<u> </u> <u> </u> <u> </u> <u> </u>	ZX121	Tomato & Basil, Hummus Chips	<u>10 x 110g</u>		16.51 <i>Special Offer Price</i> 14.03	▼	2.19 GSV 1.86
<u> </u> <u> </u> <u> </u> <u> </u>	ZX246	<i>Kids</i> Kids Veggie straws	<u>24 x 20g</u>		12.12 <i>Special Offer Price</i> 10.30	v ▼	0.69 GSV 0.59
<u> </u> <u> </u> <u> </u> <u> </u>	ZX169	<i>Lentil Chips - Impulse</i> Lentil Chilli & Lemon Chips	<u>18 x 40g</u>		12.21 <i>Special Offer Price</i> 10.38	▼	0.89 GSV 0.76
<u> </u> <u> </u> <u> </u> <u> </u>	ZX170	Lentil Creamy Dill Chips	<u>18 x 40g</u>		12.21 <i>Special Offer Price</i> 10.38	▼	0.89 GSV 0.76
<u> </u> <u> </u> <u> </u> <u> </u>	ZX165	Lentil Sea Salted Chips	<u>18 x 40g</u>		12.21 <i>Special Offer Price</i> 10.38	▼	0.89 GV 0.76
❖ <u> </u> <u> </u> <u> </u> <u> </u>	ZX276	<i>Lentil Chips - Sharing</i> Chargrilled Red Pepper	<u>10 x 95g</u>		16.51 <i>Special Offer Price</i> 11.01	▼	2.19 GSV 1.46
❖ <u> </u> <u> </u> <u> </u> <u> </u>	ZX282	Greek Cheese Tomato & Herb	<u>10 x 95g</u>		16.51 <i>Special Offer Price</i> 11.01	▼	2.19 GSV 1.46
<u> </u> <u> </u> <u> </u> <u> </u>	ZX135	Lentil Chips Chilli Lemon	<u>10 x 95g</u>		16.51 <i>Special Offer Price</i> 14.03	▼	2.19 GV 1.86

code	description	size	details	price	vat	rrp	BFGOSV
 ZX883	Lentil Chips Creamy Dill	<u>10 x 95g</u>		16.51	▼	2.19	GSV
			<i>Special Offer Price</i>	14.03		1.86	
 ZX737	Lentil Chips Mango & Mint	<u>10 x 95g</u>		16.51	▼	2.19	GSV
			<i>Special Offer Price</i>	14.03		1.86	
 ZX128	Lentil Chips Sea Salt	<u>10 x 95g</u>		16.51	▼	2.19	GV
			<i>Special Offer Price</i>	14.03		1.86	
	<i>Multi Pack</i>						
 ZX027	Hummus, Lentil, Quinoa Multi	<u>8 x 98g</u>	Eat Real Multi Pack	19.03	▼	3.19	GV
			<i>Special Offer Price</i>	16.18		2.71	
	<i>Quinoa Chips - Impulse</i>						
 ZX007	Quinoa Cream & Chive Chips	<u>18 x 40g</u>		12.21	▼	0.89	GSV
			<i>Special Offer Price</i>	10.38		0.76	
	<i>Quinoa Chips - Sharing</i>						
 ZX315	Quinoa Chips Cream & Chives	<u>10 x 90g</u>		16.51	▼	2.19	GSV
			<i>Special Offer Price</i>	14.03		1.86	
 ZX314	Quinoa Chips Tomato & Garlic	<u>10 x 90g</u>		16.51	▼	2.19	GSV
			<i>Special Offer Price</i>	14.03		1.86	
	<i>Veggie Straws - Impulse</i>						
 ZX107	Veggie Straws with Sea Salt	<u>18 x 45g</u>		12.21	▼	0.89	GSV
			<i>Special Offer Price</i>	10.38		0.76	
	<i>Veggie Straws - Sharing</i>						
 ZX095	Veggie Straws Black Pepper	<u>10 x 110g</u>	with sea salt	16.51	▼	2.19	GSV
			<i>Special Offer Price</i>	14.03		1.86	
 ZX106	Veggie Straws Paprika & Chilli	<u>10 x 110g</u>		16.51	▼	2.19	GSV
			<i>Special Offer Price</i>	14.03		1.86	
 ZX090	Veggie Straws with Sea Salt	<u>10 x 110g</u>		16.51	▼	2.19	GSV
			<i>Special Offer Price</i>	14.03		1.86	

ECOEGG

HOUSEHOLD CLEANING PRODUCTS

 HJ142	Laundry Egg	5 x 1 egg	70 Washes, Fresh Linen	35.94	v ▼	11.49	V
			<i>Special Offer Price</i>	17.97		5.75	
 HJ155	Laundry Egg	5 x 1 egg	70 Washes, Spring Blossom	35.94	v ▼	11.49	V
			<i>Special Offer Price</i>	17.97		5.75	
 HJ388	Laundry Egg Whites 50s	5 x 1egg	50 Washes	35.94	v ▼	11.49	V
			<i>Special Offer Price</i>	17.97		5.75	

ECOLEAF BY SUMA

HOUSEHOLD CLEANING PRODUCTS

5 Litres Bulk

 HJ259	Bathroom Cleaner Lavender	5l	Lavender & Sweet Orange	9.99	v ▼	15.99	V
			<i>Special Offer Price</i>	8.49		13.59	
 HJ371	Fabric Conditioner- Bamboo	5l	Bamboo & Lotus 125 washes	8.55	v ▼	13.69	V
			<i>Special Offer Price</i>	7.27		11.65	
 HJ372	Fabric Conditioner- Jasmine	5l	Jasmine 125 washes	8.55	v ▼	13.69	V
			<i>Special Offer Price</i>	7.27		11.65	
 HJ292	Hard Floor Cleaner- Rose & Oud	5l	Concentrated formula	12.67	v ▼	20.25	V
			<i>Special Offer Price</i>	10.77		17.20	
 HJ370	Laundry Liquid - Jasmine	5l	Non Bio - 125 washes	14.99	v ▼	23.99	V
			<i>Special Offer Price</i>	12.74		20.39	
 HJ368	Laundry Liquid-Bamboo & Lotus	5l	Non Bio - 125 washes	14.99	v ▼	23.99	V
			<i>Special Offer Price</i>	12.74		20.39	
 HJ174	Laundry Liquid-Fragrance-Free	5l	Non Bio - 125 washes	14.59	v ▼	23.35	V
			<i>Special Offer Price</i>	12.40		19.85	
 HJ380	Liquid Hand Soap-Coconut	5l	Coconut Water & Hibiscus	13.77	v ▼	21.99	V
			<i>Special Offer Price</i>	11.70		18.69	
 HJ124	Liquid Hand Soap-Grapefruit	5l	Grapefruit & Mandarin	13.77	v ▼	21.99	V
			<i>Special Offer Price</i>	11.70		18.69	
 HJ379	Liquid Hand Soap-Pomegranate	5l	Pomegranate & Goji Berry	13.77	v ▼	21.99	V
			<i>Special Offer Price</i>	11.70		18.69	
 HJ381	Liquid Hand Soap-Rose&Magnolia	5l	Rose & Magnolia	13.77	v ▼	21.99	V
			<i>Special Offer Price</i>	11.70		18.69	
 HJ252	Multi Surface Cleaner -AntiBac	5l	Orange Blossom & Petitgrain	9.99	v ▼	15.99	V
			<i>Special Offer Price</i>	8.49		13.59	
 HJ072	Toilet Cleaner - Fresh Green	5l	Fresh Citrus scent	8.17	v ▼	12.99	V
			<i>Special Offer Price</i>	6.94		11.05	
 HJ067	Washing Up Liquid-Citrus Fruit	5l	Fragrance - Citrus Fruits	8.99	v ▼	14.39	V
			<i>Special Offer Price</i>	7.64		12.20	
 HJ073	Washing Up Liquid-Orange Bloss	5l	Fragrance - Orange Blossom	8.99	v ▼	14.39	V
			<i>Special Offer Price</i>	7.64		12.20	

code	description	size	details	price	vat	rrp	BFGOSV
ECOVER							
HOUSEHOLD CLEANING PRODUCTS							
	HJ509	Washing Up Liquid	8 x 450ml	Lemon & Aloe Vera	11.35	v ▼	2.25 V
				<i>Special Offer Price</i>	9.08		1.80
	HJ888	Washing Up Liquid	8 x 950ml	Lemon & Aloe Vera	20.59	v ▼	4.10 V
				<i>Special Offer Price</i>	16.47		3.29
	HJ041	Washing Up Liquid	8 x 450ml	Camomile & Clementine	11.35	v ▼	2.25 V
				<i>Special Offer Price</i>	9.08		1.80
		<i>5 Litres Bulk</i>					
	HJ045	Washing Up Liquid	5l	Lemon & Aloe Vera	11.39	v ▼	18.19 V
				<i>Special Offer Price</i>	9.11		14.55
	HJ033	Washing Up Liquid	5l	Chamomile & Clementine	11.39	v ▼	18.19 V
				<i>Special Offer Price</i>	9.11		14.55
		<i>Bag in Box Range</i>					
	HJ037	Washing Up Liquid	15l	Chamomile & Clementine	29.17	v ▼	V
				<i>Special Offer Price</i>	23.34		
ECOZONE							
HOUSEHOLD CLEANING PRODUCTS							
		<i>Dishwashing</i>					
	HJ146	Dishwasher Tablets Classic 72	6 x 72 tablets	All In One. 72 Tablets	59.49	v ▼	16.95 V
				<i>Special Offer Price</i>	53.54		15.25
	HJ020	Rinse Aid	12 x 500ml		33.77	v ▼	4.80 V
				<i>Special Offer Price</i>	27.80		3.95
ELLA'S KITCHEN							
BABY & CHILD FOOD							
		<i>Breakfast</i>					
	BB109	Baby Brekkie - Banana	6 x 100g	from 6 months	7.87	▼	1.75 O
				<i>Special Offer Price</i>	6.69		1.49
	BB199	Baby Brekkie - Blueberry/Pear	6 x 100g		7.87	▼	1.75 O
				<i>Special Offer Price</i>	6.69		1.49
		<i>Stage 1</i>					
	BB196	Apple & Pear Baby Rice	7 x 120g		8.69	▼	1.65 OV
				<i>Special Offer Price</i>	7.39		1.40
	BB001	Apples & Bananas	7 x 120g	from 4 months	8.69	▼	1.65 OV
				<i>Special Offer Price</i>	7.39		1.40
	BB198	Banana & Apricot Baby Rice	7 x 120g		8.69	▼	1.65 OV
				<i>Special Offer Price</i>	7.39		1.40
	BB003	Broccoli, Pear & Peas	7 x 120g	from 4 months	8.69	▼	1.65 OV
				<i>Special Offer Price</i>	7.39		1.40
	BB049	Butternut Squash, Carrot	7 x 120g	Apples & Prunes	8.69	▼	1.65 OV
				<i>Special Offer Price</i>	7.39		1.40
	BB006	Carrot, Apple & Parsnip	7 x 120g	from 4 months	8.69	▼	1.65 OV
				<i>Special Offer Price</i>	7.39		1.40
	BB233	First Taste Mango Mango Mango	7 x 70g		7.50	▼	1.29 OV
				<i>Special Offer Price</i>	6.38		1.10
	BB231	First Taste Pears Pears Pears	7 x 70g		7.50	▼	1.29 OV
				<i>Special Offer Price</i>	6.38		1.10
	BB012	First Taste Prunes Prunes	7 x 70g		7.50	▼	1.29 OV
				<i>Special Offer Price</i>	6.38		1.10
	BB095	Peaches & Bananas	7 x 120g		8.69	▼	1.65 OV
				<i>Special Offer Price</i>	7.39		1.40
	BB078	Strawberries & Apples	7 x 120g	from 4 months	8.69	▼	1.65 OV
				<i>Special Offer Price</i>	7.39		1.40
	BB126	Sweet Potato,Broccoli,Carrot	7 x 120g	from 4 months	8.54	▼	1.65 OV
				<i>Special Offer Price</i>	7.26		1.40
		<i>Stage 2</i>					
	BB229	Big Smiles Cheesy Pie	6 x 130g	from 7 months	10.24	▼	2.29 O
				<i>Special Offer Price</i>	8.70		1.95
	BB058	Kitchen Vegetable Bake	6 x 130g	from 7 months	10.24	▼	2.29 OV
				<i>Special Offer Price</i>	8.70		1.95
FAITH IN NATURE							
BODY CARE							
		<i>5 Litres Bulk - Body Wash</i>					
	DY877	Body Wash - Aloe Vera	5l	Rejuvenating	30.00	v ▼	50.00 V
				<i>Special Offer Price</i>	20.00		33.34
	DY883	Body Wash - Coconut	5l	Hydrating	30.00	v ▼	50.00 V
				<i>Special Offer Price</i>	20.00		33.34
	DY430	Body Wash - Dragon Fruit	5l	Revitalising	30.00	v ▼	50.00 V
				<i>Special Offer Price</i>	20.00		33.34

code	description	size	details	price	vat	rrp	BFGOSV
	DY427 Body Wash - Fragrance Free		5l Sensitive			30.00	v ▼ 50.00 V
				<i>Special Offer Price</i>		20.00	33.34
	DY459 Body Wash - Wild Rose		5l Restoring			30.00	v ▼ 50.00 V
				<i>Special Offer Price</i>		20.00	33.34
	DY266 Body Wash-Grapefruit & Orange		5l Energising			30.00	v ▼ 50.00 V
				<i>Special Offer Price</i>		20.00	33.34
	DY870 Body Wash-Lavender & Geranium		5l Relaxing			30.00	v ▼ 50.00 V
				<i>Special Offer Price</i>		20.00	33.34
	<i>5 Litres Bulk - Conditioner</i>						
	DY874 Conditioner - Aloe Vera		5l Rejuvenating. Normal/dry hair			36.50	v ▼ 59.99 V
				<i>Special Offer Price</i>		24.33	40.00
	DY879 Conditioner - Coconut		5l Hydrating. Normal/dry hair			36.50	v ▼ 59.99 V
				<i>Special Offer Price</i>		24.33	40.00
	DY315 Conditioner - Shea & Argan		5l Ideal for dry and curly hair			36.50	v ▼ 59.99 V
				<i>Special Offer Price</i>		24.33	40.00
	DY442 Conditioner - Wild Rose		5l Restoring. Normal/Dry Hair			36.50	v ▼ 59.99 V
				<i>Special Offer Price</i>		24.33	40.00
	DY437 Conditioner-Grapefruit & Orange		5l Invigorating. Normal/oily hair			36.50	v ▼ 59.99 V
				<i>Special Offer Price</i>		24.33	40.00
	DY867 Conditioner-Lavender&Geranium		5l Nourishing. Normal/dry hair			36.50	v ▼ 59.99 V
				<i>Special Offer Price</i>		24.33	40.00
	<i>5 Litres Bulk - Hand Wash</i>						
	DY473 Hand Wash - Wild Rose		5l			30.00	v ▼ 50.00 V
				<i>Special Offer Price</i>		20.00	33.34
	DY270 Hand Wash-Lavender & Geranium		5l			30.00	v ▼ 50.00 V
				<i>Special Offer Price</i>		20.00	33.34
	<i>5 Litres Bulk - Shampoo</i>						
	DY871 Shampoo - Aloe Vera		5l Rejuvenating. Normal/dry hair			36.50	v ▼ 59.99 V
				<i>Special Offer Price</i>		24.33	40.00
	DY881 Shampoo - Coconut		5l Hydrating. Normal/dry hair			36.50	v ▼ 59.99 V
				<i>Special Offer Price</i>		24.33	40.00
	DY436 Shampoo - Grapefruit & Orange		5l Invigorating. Normal/oily hair			36.50	v ▼ 59.99 V
				<i>Special Offer Price</i>		24.33	40.00
	DY188 Shampoo - Jojoba		5l Smoothing. Normal/dry Hair			36.50	v ▼ 59.99 V
				<i>Special Offer Price</i>		24.33	40.00
	DY868 Shampoo - Lavender & Geranium		5l Nourishing. Normal/dry hair			36.50	v ▼ 59.99 V
				<i>Special Offer Price</i>		24.33	40.00
	DY135 Shampoo - Seaweed & Citrus		5l Detoxifying. All hair types			36.50	v ▼ 59.99 V
				<i>Special Offer Price</i>		24.33	40.00
	DY314 Shampoo - Shea & Argan		5l Ideal for dry and curly hair			36.50	v ▼ 59.99 V
				<i>Special Offer Price</i>		24.33	40.00
	DY441 Shampoo - Wild Rose		5l Restoring. Normal/Dry Hair			36.50	v ▼ 59.99 V
				<i>Special Offer Price</i>		24.33	40.00
	<i>5L Bulk - Hand and Body Lotion</i>						
	DY614 Hand & Body Lotion - Coconut		5l			39.29	v ▼ 65.00 V
				<i>Special Offer Price</i>		26.19	43.34
	DY612 Lotion - Lavender & Geranium		5l			39.29	v ▼ 65.00 V
				<i>Special Offer Price</i>		26.19	43.34

HOUSEHOLD CLEANING PRODUCTS

5 Litres Bulk - Household

	HJ021 Laundry Liquid		5l Aloe&Rosemary, Concentrated			19.12	v ▼ 32.99 V
				<i>Special Offer Price</i>		12.75	21.99
	HJ028 Washing Up Liquid		5l Lemon, Super Concentrated			18.72	v ▼ 32.99 V
				<i>Special Offer Price</i>		12.48	21.99

GENIE

SOFT DRINKS

Kombucha - Cans

	JU301 Blueberry & Raspberry Kombucha	12 x 330ml				15.09	v ▼ 2.05 SV
				<i>Special Offer Price</i>		12.07	1.65
	JU157 Dry Apple Kombucha	12 x 330ml				15.09	v ▼ 2.05 SV
				<i>Special Offer Price</i>		12.07	1.65
	JU150 Fiery Ginger Kombucha	12 x 330ml				15.09	v ▼ 2.05 SV
				<i>Special Offer Price</i>		12.07	1.65

HIGHER NATURE

SUPPLEMENTS & REMEDIES

❖		VM034 Atlantic Marine Magnesium	1 x 30 capsules	From Pure Filtered Sea Water		5.56	v ▼ 9.95 GV
					<i>Special Offer Price</i>	4.73	8.46
❖		VM041 Atlantic Marine Magnesium	1 x 60 capsules	From Pure Filtered Sea Water		12.81	v ▼ 22.95 GV
					<i>Special Offer Price</i>	10.89	19.51

code	description	size	details	price	vat	rrp	BFGOSV
HIP POP							
SOFT DRINKS							
	<i>CBD Kombucha</i>						
	JU098 CBD Cherry & Blackberry	12 x 330ml	All vegan natural ingredients	17.14	v ▼	2.29	GSV
			<i>Special Offer Price</i>	13.71		1.85	
	JU094 CBD Passionfruit Guava	12 x 330ml		17.14	v ▼	2.29	GSV
			<i>Special Offer Price</i>	13.71		1.85	
	<i>Craft Brewed Kombucha</i>						
	JU364 Apple Elderflower Kombucha	12 x 330ml		13.37	v ▼	1.79	V
			<i>Special Offer Price</i>	10.70		1.45	
	JU360 Blueberry Ginger Kombucha	12 x 330ml		13.37	v ▼	1.79	V
			<i>Special Offer Price</i>	10.70		1.45	
	JU363 Ginger Yuzu Kombucha	12 x 330ml		13.37	v ▼	1.79	V
			<i>Special Offer Price</i>	10.70		1.45	
	JU365 Strawberry Pineapple Kombucha	12 x 330ml		13.37	v ▼	1.79	V
			<i>Special Offer Price</i>	10.70		1.45	
	<i>Living Sodas - With ACV</i>						
	JU232 Ginger and Turmeric	12 x 330ml	Deliciously warm and zingy	13.37	v ▼	1.79	V
			<i>Special Offer Price</i>	10.70		1.45	
	JU257 Pink Grapefruit	12 x 330ml	Deliciously fruity	13.37	v ▼	1.79	V
			<i>Special Offer Price</i>	10.70		1.45	
	JU255 Tropical Peach	12 x 330ml	Deliciously fruity & tropical	13.37	v ▼	1.79	V
			<i>Special Offer Price</i>	10.70		1.45	
HOLOS							
DRINKS (CHILLED)							
	CV217 Basil & Mint Kombucha	12 x 330ml		22.44	v ▼	2.99	OV
			<i>Special Offer Price</i>	19.07		2.55	
	CV222 Citra Hops Kombucha	12 x 330ml		22.44	v ▼	2.99	OV
			<i>Special Offer Price</i>	19.07		2.55	
	CV216 Ginger & Hibiscus Kombucha	12 x 330ml		22.44	v ▼	2.99	OV
			<i>Special Offer Price</i>	19.07		2.55	
	CV200 Rasp. & Elderflower Kombucha	12 x 330ml		22.44	v ▼	2.99	OV
			<i>Special Offer Price</i>	19.07		2.55	
HONESTLY TASTY							
VEGAN CHEESE							
	CV171 Blue Style Cheese	6 x 140g		20.48	▼	4.55	SV
			<i>Special Offer Price</i>	16.38		3.65	
	CV189 Garlic & Herb Style Cheese	6 x 130g		15.17	▼	3.39	SV
			<i>Special Offer Price</i>	12.13		2.70	
	CV195 Shamambert Style Cheese	6 x 160g		23.57	▼	5.25	SV
			<i>Special Offer Price</i>	18.85		4.20	
HUNTER AND GATHER							
SUPERFOODS & SPORTS NUTRITION							
	<i>Restore V2</i>						
❖	VM075 Electrolytes v2 - Lemon & Lime	1 x 30	New & Improved Formula	22.50	v ▼	34.99	GV
			<i>Special Offer Price</i>	20.25		31.50	
❖	VM062 Electrolytes v2 - Mixed Berry	1 x 30	New & Improved Formula	22.50	v ▼	34.99	GV
			<i>Special Offer Price</i>	20.25		31.50	
❖	VM103 Electrolytes v2 - Unflavoured	1 x 30	New & Improved Formula	22.50	v ▼	34.99	GV
			<i>Special Offer Price</i>	20.25		31.50	
❖	VM084 Electrolytes v2 - Variety Box	1 x 30	New & Improved Formula	22.50	v ▼	34.99	GV
			<i>Special Offer Price</i>	20.25		31.50	
JEALOUS SWEETS							
SWEET SNACKS							
	<i>40g Bags</i>						
	ZX238 Grizzly Bears	10 x 40g		9.22	v ▼	1.49	GSV
			<i>Special Offer Price</i>	7.38		1.20	
	ZX675 Love Bears	10 x 40g	Sugar Free	9.22	v ▼	1.49	GV
			<i>Special Offer Price</i>	7.38		1.20	
	ZX229 Tangy Worms	10 x 40g		9.22	v ▼	1.49	GSV
			<i>Special Offer Price</i>	7.38		1.20	
	<i>Share Bags</i>						
	ZX005 Fizzy Lips Share Bag	10 x 125g		18.57	v ▼	2.99	GSV
			<i>Special Offer Price</i>	14.86		2.39	
	ZX466 Grizzly Bears Share Bags	10 x 125g		18.57	v ▼	2.99	GSV
			<i>Special Offer Price</i>	14.86		2.39	

code	description	size	details	price	vat	rrp	BFGOSV
[] [] [] [] ZX472	Tangy Worms Share Bags	10 x 125g			18.57	v ▼	2.99 GSV
				Special Offer Price	14.86		2.39
[] [] [] [] ZX004	Tropical Wonder Share Bag	10 x 125g			18.57	v ▼	2.99 GSV
				Special Offer Price	14.86		2.39
	<i>Shot Bags</i>						
[] [] [] [] ZX948	Grizzly Bear Shot Bags	<u>20 x 24g</u>			12.29	v ▼	0.99 GSV
				Special Offer Price	9.83		0.79
[] [] [] [] ZX955	Love Bears Shot Bags	<u>20 x 24g</u>			12.29	v ▼	0.99 GV
				Special Offer Price	9.83		0.79
[] [] [] [] ZX949	Tangy Worms Shot Bags	<u>20 x 24g</u>			12.29	v ▼	0.99 GSV
				Special Offer Price	9.83		0.79

JUST WHOLEFOODS

BAKING SUNDRIES

❖ [] [] [] [] LJ162	Vegeteset - setting agent	10 x 25g	For sweet and savoury products	20.93		▼	2.79 V
				Special Offer Price	17.79		2.37

DESSERTS

[] [] [] [] VF065	Custard Powder	12 x 100g			17.72	▼	1.99 V
				Special Offer Price	15.06		1.69
[] [] [] [] VF067	Jelly, Lemon, Vegan	12 x 85g	Jelly crystals		17.72	▼	1.99 SV
				Special Offer Price	15.06		1.69
[] [] [] [] VF176	Jelly, Raspberry, Vegan	12 x 85g	Jelly crystals		17.72	▼	1.99 SV
				Special Offer Price	15.06		1.69
[] [] [] [] VF068	Jelly, Strawberry, Vegan	12 x 85g	Jelly crystals		17.72	▼	1.99 SV
				Special Offer Price	15.06		1.69
[] [] [] [] VF066	Jelly, Tropical, Vegan	12 x 85g	Jelly crystals		17.72	▼	1.99 SV
				Special Offer Price	15.06		1.69

KARMA

DRINKS (CHILLED)

❖ [] [] [] [] CV012	Probiotic Lemonade	6 x 750ml			16.28	v ▼	4.35 FGOSV
				Special Offer Price	13.84		3.70
	<i>Kombucha</i>						
[] [] [] [] CV425	Ginger Kombucha	6 x 500ml			13.49	v ▼	3.65 OVB
				Special Offer Price	11.47		3.10
[] [] [] [] CV060	Ginger Trilogy Kombucha	6 x 500ml			14.21	v ▼	3.85 FOVB
				Special Offer Price	12.08		3.25
[] [] [] [] CV245	Mango Kombucha	6 x 500ml			14.21	v ▼	3.85 FOVB
				Special Offer Price	12.08		3.25
[] [] [] [] CV426	Pomegranate Kombucha	6 x 500ml			13.49	v ▼	3.65 OVB
				Special Offer Price	11.47		3.10
[] [] [] [] CV435	Raspberry Kombucha	6 x 500ml			14.21	v ▼	3.85 OVB
				Special Offer Price	12.08		3.25

KIKKOMAN

FAR EASTERN FOOD

[] [] [] [] JP065	Less Salt Soy Sauce	6 x 150ml			15.50	▼	3.49 V
				Special Offer Price	11.63		2.62
[] [] [] [] JP051	Organic Soy Sauce	6 x 250ml			22.57	▼	4.99 OV
				Special Offer Price	16.93		3.74
[] [] [] [] JP137	Poke Sauce	6 x 250ml			16.86	▼	3.75 SV
				Special Offer Price	12.65		2.81
[] [] [] [] JP062	Soy Sauce	6 x 150ml			15.50	▼	3.49 V
				Special Offer Price	11.63		2.62
[] [] [] [] JP067	Tamari Gluten Free Soy Sauce	6 x 150ml			16.13	▼	3.59 GV
				Special Offer Price	12.10		2.69
[] [] [] [] JP136	Teriyaki Marinade	6 x 250ml	gluten free		18.36	▼	3.99 GSV
				Special Offer Price	13.77		2.99
[] [] [] [] JP133	Teriyaki Marinade	6 x 250ml			16.86	▼	3.75 SV
				Special Offer Price	12.65		2.81

LAZY DAY

BISCUITS CRACKERS & CRISP BREAD

[] [] [] [] BT320	Belgian Dark Chocolate Tiffin	8 x 150g	gluten & dairy free		23.43	▼	3.89 SV
				Special Offer Price	21.09		3.50
[] [] [] [] BT019	Chocolate Tiffin	12 x 50g	gluten & dairy free		18.00	▼	1.99 GSV
				Special Offer Price	16.20		1.79
[] [] [] [] BT017	Millionaire Shortbread	12 x 50g	gluten & dairy free		18.00	▼	1.99 GSV
				Special Offer Price	16.20		1.79
[] [] [] [] BT316	Millionaires Shortbread	8 x 150g	gluten & dairy free		23.43	▼	3.89 GSV
				Special Offer Price	21.09		3.50

code	description	size	details	price	vat	rrp	BFGOSV
<u> </u> BT032	Orange Tiffin	12 x 50g	gluten & dairy free <i>Special Offer Price</i>	18.00 <i>16.20</i>	▼	1.99	GSV <i>1.79</i>
<u> </u> BT436	Orange Tiffin	8 x 150g	gluten & dairy free <i>Special Offer Price</i>	23.43 <i>21.09</i>	▼	3.89	GSV <i>3.53</i>
<u> </u> BT023	Rocky Road	12 x 50g	gluten & dairy free <i>Special Offer Price</i>	18.00 <i>16.20</i>	▼	1.99	GSV <i>1.79</i>
<u> </u> BT437	Rocky Road	8 x 150g	suitable for coeliacs & vegans <i>Special Offer Price</i>	23.43 <i>21.09</i>	▼	3.89	GSV <i>3.50</i>
<u> </u> BT443	Salted Caramel Crispie	8 x 150g	gluten & dairy free <i>Special Offer Price</i>	23.43 <i>21.09</i>	▼	3.89	GSV <i>3.50</i>
<u> </u> BT041	Scottish Shortbread	12 x 50g	gluten & dairy free <i>Special Offer Price</i>	18.00 <i>16.20</i>	▼	1.99	GSV <i>1.79</i>

LE PAIN DES FLEURS

BISCUITS CRACKERS & CRISPBREAD

<u> </u> BT094	Buckwheat Crispbread	6 x 150g	<i>Special Offer Price</i>	18.94 <i>16.10</i>	▼	4.19	GOV <i>3.56</i>
<u> </u> BT189	Buckwheat Crispbread no Salt	6 x 150g	<i>Special Offer Price</i>	18.94 <i>16.10</i>	▼	4.19	GOV <i>3.56</i>
<u> </u> BT095	Chestnut Crispbread	6 x 150g	<i>Special Offer Price</i>	20.74 <i>17.63</i>	▼	4.59	GOV <i>3.90</i>
<u> </u> BT093	Quinoa Crispbread	6 x 150g	<i>Special Offer Price</i>	20.74 <i>17.63</i>	▼	4.59	GOV <i>3.90</i>

LICKALIX

VEGAN DESSERTS

Multipacks

❖ <u> </u> XL041	Chocolate Ice Lollies	10 x 3 x 75m	<i>Special Offer Price</i>	30.00 <i>25.50</i>	v ▼	4.80	GOSV <i>4.09</i>
❖ <u> </u> XL037	Mango Raspberry Ice Lollies	10 x 3 x 75m	<i>Special Offer Price</i>	30.00 <i>25.50</i>	v ▼	4.80	GOSV <i>4.09</i>
❖ <u> </u> XL042	Strawberry Lemon Ice Lollies	10 x 3 x 75m	<i>Special Offer Price</i>	30.00 <i>25.50</i>	v ▼	4.80	GOSV <i>4.09</i>

LONDON NOOTROPICS

COFFEE

<u> </u> TE186	Coffee Selection Box - all 3	1 x 12 sachet	Zen/Mojo/Flow x 4 in gift box <i>Multibuy offer - see page 122</i>	9.64		15.00	V
<u> </u> TE120	Flow Coffee w/Lion's Mane	1 x 12 sachet	12 sachets in gifting box <i>Multibuy offer - see page 122</i>	9.64		15.00	V
<u> </u> TE175	Mojo Coffee-Cordyceps & Ginseng	1 x 12 sachet	12 sachets in gifting box <i>Multibuy offer - see page 122</i>	9.64		15.00	V
<u> </u> TE128	Zen Coffee With Ashwagandha	1 x 12 sachet	12 sachets in gifting box <i>Multibuy offer - see page 122</i>	9.64		15.00	V

LOVE CORN




CRISPS & SNACKS

<u> </u> ZX849	Crunchy Corn - BBQ	<u>6 x 115g</u>	<i>Special Offer Price</i>	10.44 <i>8.35</i>	▼	2.29	GV <i>1.83</i>
<u> </u> ZX957	Crunchy Corn - Cheese & Onion	<u>6 x 115g</u>	<i>Special Offer Price</i>	10.44 <i>8.35</i>	▼	2.29	GV <i>1.83</i>
<u> </u> ZX607	Crunchy Corn - Habanero	<u>6 x 115g</u>	<i>Special Offer Price</i>	10.44 <i>8.35</i>	▼	2.29	GV <i>1.83</i>
<u> </u> ZX852	Crunchy Corn - Salt & Vinegar	<u>6 x 115g</u>	<i>Special Offer Price</i>	10.44 <i>8.35</i>	▼	2.29	GV <i>1.83</i>
<u> </u> ZX608	Sea Salt	<u>6 x 115g</u>	<i>Special Offer Price</i>	10.44 <i>8.35</i>	▼	2.29	GV <i>1.83</i>
<u> </u> ZX621	Sour Cream & Chive	<u>6 x 115g</u>	<i>Special Offer Price</i>	10.44 <i>8.35</i>	▼	2.29	GV <i>1.83</i>

MA BAKER

SNACK BARS & FLAPJACKS

<u> </u> KB446	Chocolate Smoothie Bars	<u>20 x 100g</u>	Mixed case <i>Special Offer Price</i>	17.91 <i>15.22</i>	▼	1.19	S <i>0.99</i>
<u> </u> KB679	Giant Berry Bar - Wheat Free	<u>20 x 90g</u>	Straw,Rasp,Cran & Blueberries <i>Special Offer Price</i>	14.62 <i>12.43</i>	▼	0.99	SV <i>0.85</i>
<u> </u> KB322	Giant Fruit Bar - Wheat Free	<u>20 x 90g</u>	Apple, apricot, banana, cherry <i>Special Offer Price</i>	14.62 <i>12.43</i>	▼	0.99	SV <i>0.85</i>
<u> </u> KB906	Nut Mixed Case	<u>20 x 90g</u>	Almond,Hazelnut,Peanut,Walnut <i>Special Offer Price</i>	14.62 <i>12.43</i>	▼	0.99	SV <i>0.85</i>
<u> </u> KB580	Smoothie Bar - Wheat Free	<u>20 x 100g</u>	Cherry,Banana,Tropical & Berry <i>Special Offer Price</i>	17.91 <i>15.22</i>	▼	1.19	S <i>0.99</i>

code	description	size	details	price	vat	rrp	BFGOSV
 KB293	<i>Sugar'd Out Flapjack</i> Blueberry	16 x 50g		11.94	▼	0.99 V	
			<i>Special Offer Price</i>	10.15		0.85	
 KB262	Raspberry	16 x 50g		11.94	▼	0.99 V	
			<i>Special Offer Price</i>	10.15		0.85	
 KB472	<i>Superfood Snack Bar</i> Chia, blueberries & pumpkin	16 x 45g	With crunchy protein crisps	11.97	v ▼	1.19 V	
			<i>Special Offer Price</i>	10.17		0.99	

MERCHANT GOURMET








CONVENIENCE FOODS

Pouches

 QS056	Brown, Red & Wild Rice	6 x 250g		10.80	▼	2.40 V	
			<i>Special Offer Price</i>	9.18		2.04	
 PU002	Puy Lentils	6 x 250g		12.90	▼	2.85 V	
			<i>Special Offer Price</i>	10.97		2.42	
 QS019	Red & White Quinoa	6 x 250g		12.90	▼	2.85 V	
			<i>Special Offer Price</i>	10.97		2.42	
 QS015	Spanish Style Grains	6 x 250g		12.90	▼	2.85 V	
			<i>Special Offer Price</i>	10.97		2.42	
 QS060	Sunblush Tomato & Basil Rice	6 x 250g		10.80	▼	2.40 V	
			<i>Special Offer Price</i>	9.18		2.04	
 PU005	Tomatoey French Lentils	6 x 250g		12.90	▼	2.85 V	
			<i>Special Offer Price</i>	10.97		2.42	
❖  QS009	Tricolour Jasmine Rice	6 x 250g		10.80	▼	2.40 V	
			<i>Special Offer Price</i>	9.18		2.04	






MERIDIAN

NUT & SEED BUTTERS

 GH070	100% Crunchy Peanut Butter	6 x 470g		21.17	▼	4.70 V	
			<i>Special Offer Price</i>	17.99		3.99	
 GH099	100% Smooth Almond Butter	6 x 470g		38.23	▼	8.50 V	
			<i>Special Offer Price</i>	32.50		7.25	
 GH093	100% Smooth Peanut Butter	6 x 470g		21.17	▼	4.70 V	
			<i>Special Offer Price</i>	17.99		3.99	
	<i>100% Nuts</i>						
 GH063	Peanut Butter Crunchy	6 x 280g	No added salt, organic	15.25	▼	3.39 OV	
			<i>Special Offer Price</i>	12.96		2.89	
 GH066	Peanut Butter Crunchy	6 x 280g	No added salt	14.17	▼	3.15 V	
			<i>Special Offer Price</i>	12.04		2.69	
 GH067	Peanut Butter Smooth	6 x 280g	No added salt	14.17	▼	3.15 V	
			<i>Special Offer Price</i>	12.04		2.69	
 GH110	Peanut Butter Smooth	6 x 280g	No added salt, organic	15.25	▼	3.39 OV	
			<i>Special Offer Price</i>	12.96		2.89	







METHOD

HOUSEHOLD CLEANING PRODUCTS

 HJ098	Floor Cleaner - Good for Wood	6 x 739ml	Almond	18.36	v ▼	4.89 V	
			<i>Special Offer Price</i>	14.69		3.90	
 HJ253	Floor Cleaner - Lemon	6 x 739ml	Suitable for all floors	18.36	v ▼	4.89 V	
			<i>Special Offer Price</i>	14.69		3.90	
 HJ359	Floor Cleaner - Rhubarb	6 x 739ml	Suitable for all floors	18.36	v ▼	4.89 V	
			<i>Special Offer Price</i>	14.69		3.90	
 HJ330	Washing Up Liquid	6 x 532ml	Peach & Pink Pepper	15.26	v ▼	4.09 V	
			<i>Special Offer Price</i>	12.21		3.25	
 HJ331	Washing Up Liquid	6 x 532ml	Coconut Water	15.26	v ▼	4.09 V	
			<i>Special Offer Price</i>	12.21		3.25	

MINOR FIGURES

VEGAN & OAT MILK

 SY091	Bag in Box Barista Oat M*lk	1 x 10l	Bulk Barista Oat M*lk	20.74	▼	V	
			<i>Special Offer Price</i>	17.63			
 SY228	Everyday Oat - Regular	6 x 1l		10.32	▼	2.29 V	
			<i>Special Offer Price</i>	8.77		1.95	
❖  SY028	Hyper Oat - Berry	6 x 750ml	Oat m*lk w/maca, guarana	17.14	▼	3.79 V	
			<i>Special Offer Price</i>	14.57		3.25	
❖  SY024	Hyper Oat - Mango	6 x 750ml	Oat m*lk w/green mate, vits	17.14	▼	3.79 V	
			<i>Special Offer Price</i>	14.57		3.25	
❖  SY010	Hyper Oat - Matcha	6 x 750ml	Oat m*lk w/ginseng, spirulina	17.14	▼	3.79 V	
			<i>Special Offer Price</i>	14.57		3.25	
❖  SY011	Hyper Oat - Turmeric & Ginger	6 x 750ml	Oat m*lk w/vitamins, iodine	17.14	▼	3.79 V	
			<i>Special Offer Price</i>	14.57		3.25	

code	description	size	details	price	vat	rrp	BFGOSV
[] [] [] [] SY172	Masala Chai Organic	6 x 1l	3:1 Concentrate	27.17	▼	6.05	OSV
			<i>Special Offer Price</i>	23.09		5.15	
[] [] [] [] SY171	Oat M*lk - Barista	6 x 1l	Foamable, for use in coffee	10.30	▼	2.29	V
			<i>Special Offer Price</i>	8.76		1.95	
[] [] [] [] SY196	Organic Barista Oat Drink	6 x 1l	Formulated for Coffee	11.00	▼	2.45	OV
			<i>Special Offer Price</i>	9.35		2.09	

MR ORGANIC

PASTA							
[] [] [] [] WT029	Tortellini / Porcini Mushrooms	10 x 250g	Egg Free	30.75	▼	4.09	OV
			<i>Special Offer Price</i>	26.14		3.49	
[] [] [] [] WT031	Tortellini with Vegetables	10 x 250g	Egg Free	30.75	▼	4.09	OV
			<i>Special Offer Price</i>	26.14		3.49	
[] [] [] [] WT068	Vegan Formaggio & Leek Ravioli	10 x 250g		30.75	▼	4.09	OV
			<i>Special Offer Price</i>	26.14		3.49	
PASTA SAUCES & PESTOS							
[] [] [] [] KJ044	Aubergine Pesto	6 x 130g	no added sugar	14.81	▼	3.29	OV
			<i>Special Offer Price</i>	12.59		2.79	
[] [] [] [] VF277	Aubergine Ragu Pasta Sauce	6 x 350g		14.82	▼	3.29	OV
			<i>Special Offer Price</i>	12.60		2.79	
[] [] [] [] KJ060	Basil & Chilli Pesto	6 x 130g	no added sugar	14.81	▼	3.29	OV
			<i>Special Offer Price</i>	12.59		2.79	
[] [] [] [] VF282	Basilico Pasta Sauce - Smooth	6 x 350g		13.92	▼	3.09	OV
			<i>Special Offer Price</i>	11.84		2.65	
[] [] [] [] KJ046	Basilico Sauce	6 x 350g	Healthier Choice	13.92	▼	3.09	GOV
			<i>Special Offer Price</i>	11.84		2.65	
[] [] [] [] VF283	Bolognese Sauce - Smooth	6 x 350g		13.92	▼	3.09	OV
			<i>Special Offer Price</i>	11.84		2.65	
[] [] [] [] VF276	Cherry Tomatoes Pasta Sauce	6 x 350g		13.92	▼	3.09	OV
			<i>Special Offer Price</i>	11.84		2.65	
[] [] [] [] KJ328	Chilli & Garlic Pesto	6 x 130g		14.81	▼	3.29	GOV
			<i>Special Offer Price</i>	12.59		2.79	
[] [] [] [] KJ074	Grilled Pepper Pesto	6 x 130g	no added sugar	14.81	▼	3.29	OV
			<i>Special Offer Price</i>	12.59		2.79	
[] [] [] [] KJ359	Lentil Ragu	6 x 350g		14.82	▼	3.29	OV
			<i>Special Offer Price</i>	12.59		2.89	
[] [] [] [] VF280	Olives & Capers Pasta Sauce	6 x 350g	Puttanesca Pasta Sauce	13.92	▼	3.09	OV
			<i>Special Offer Price</i>	11.84		2.65	
[] [] [] [] VF278	Roasted Garlic Pasta Sauce	6 x 350g	Marinara Pasta Sauce	13.92	▼	3.09	OV
			<i>Special Offer Price</i>	11.84		2.65	
[] [] [] [] KJ215	Seitan Pasta Sauce	6 x 350g	Crushed Garlic & S/D Tomatoes	14.81	▼	3.29	OSV
			<i>Special Offer Price</i>	12.59		2.79	
[] [] [] [] KJ214	Tofu Pasta Sauce	6 x 350g	Red Peppers & Sun Dried Tomato	14.81	▼	3.29	OSV
			<i>Special Offer Price</i>	12.59		2.79	
[] [] [] [] KJ075	Tomato & Olive Pesto	6 x 130g	no added sugar	14.81	▼	3.29	OV
			<i>Special Offer Price</i>	12.59		2.79	
[] [] [] [] KJ357	<i>Kid's Pasta Sauce</i> Kid's Vegetable Pasta Sauce	6 x 200g	carrot, sweet potato, courgett	10.76	▼	2.39	OV
			<i>Special Offer Price</i>	9.15		1.99	

NAIRN'S

BISCUITS CRACKERS & CRISPREAD							
[] [] [] [] BT149	Caramelised Onion Flatbreads	6 x 150g		10.76	▼	2.39	GS
			<i>Special Offer Price</i>	8.61		1.91	
[] [] [] [] ZX338	Original Flatbread	6 x 150g		10.76	▼	2.39	GSV
			<i>Special Offer Price</i>	8.61		1.91	
[] [] [] [] BT027	Sourdough Flatbreads	6 x 125g		10.76	▼	2.39	GSV
			<i>Special Offer Price</i>	8.61		1.91	
[] [] [] [] BT108	<i>Gluten Free</i> GF Biscuit Breaks Oat & Fruit	12 x 160g		25.79	▼	2.89	GSV
			<i>Special Offer Price</i>	20.63		2.31	
[] [] [] [] BT267	GF Biscuit Breaks Stem Ginger	12 x 160g		25.79	▼	2.89	GSV
			<i>Special Offer Price</i>	20.63		2.31	
[] [] [] [] BT571	GF Blue&Rasp Chunky Biscuits	6 x 160g		12.90	▼	2.89	GSV
			<i>Special Offer Price</i>	10.32		2.31	
[] [] [] [] BT549	GF Super Seeded Oatcake	8 x 180g		15.49	▼	2.59	GV
			<i>Special Offer Price</i>	12.39		2.07	
[] [] [] [] BT420	Gluten Free Oatcakes	8 x 213g		15.49	▼	2.59	GV
			<i>Special Offer Price</i>	12.39		2.07	
[] [] [] [] BT424	Gluten Free Oatcakes - Cheese	8 x 180g		15.49	▼	2.59	G
			<i>Special Offer Price</i>	12.39		2.07	
[] [] [] [] BT559	W/Grain Super Seeded Cracker	8 x 137g		14.36	▼	2.39	GS
			<i>Special Offer Price</i>	11.49		1.91	

code	description	size	details	price	vat	rrp	BFGOSV
	BT557 Wholegrain Cracker	8 x 160g		14.36	▼	2.39	GSV
				Special Offer Price		11.49	1.91
CRISPS & SNACKS							
	ZX631 Mini Cheese Bakes	14 x 45g		12.01	▼	1.15	GS
				Special Offer Price		9.61	0.92
	ZX335 Sea Salt & Rosemary Flatbread	6 x 150g		10.76	▼	2.39	GS
				Special Offer Price		8.61	1.91

NAKD

SNACK BARS & FLAPJACKS

<i>Fruit & Fibre</i>							
	KB395 Strawberry & Raspberry	16 x 44g		14.00	v ▼	1.39	GV
				Special Offer Price		8.40	0.85
<i>Fruit & Fibre</i>							
	KB378 Apple & Cinnamon	16 x 44g		14.00	v ▼	1.39	GV
				Special Offer Price		8.40	0.85
<i>Multi Packs</i>							
	KB029 Berry Delight Multipack	12 x 4 x 35g		27.91	v ▼	3.49	GV
				Special Offer Price		22.33	2.79
	KB779 Blueberry Muffin Multipack	12 x 4 x 35g		27.91	v ▼	3.69	GV
				Special Offer Price		22.33	2.95
	KB931 Cashew Cookie Multipack	12 x 4 x 35g		27.91	v ▼	3.69	GV
				Special Offer Price		22.33	2.95
	KB031 Cocoa Delight Multipack	12 x 4 x 35g		27.91	v ▼	3.69	GV
				Special Offer Price		22.33	2.95
	KB003 Cocoa Orange Multipack	12 x 4 x 35g		27.91	v ▼	3.69	GV
				Special Offer Price		22.33	2.95
	KB771 Salted Caramel Multipack	12 x 4 x 35g		27.91	v ▼	3.69	GV
				Special Offer Price		22.33	2.95
<i>Nudie Bars</i>							
	KB877 Bakewell Tart Bar	18 x 35g		11.99	v ▼	1.05	GV
				Special Offer Price		9.59	0.85
	KB756 Berry Delight Bar	18 x 35g		11.99	v ▼	1.05	GV
				Special Offer Price		9.59	0.85
	KB532 Blueberry Muffin	18 x 35g		11.99	v ▼	1.05	GV
				Special Offer Price		9.59	0.85
	KB554 Cashew Cookie Bar	18 x 35g		11.99	v ▼	1.05	GV
				Special Offer Price		9.59	0.85
	KB757 Cocoa Delight Bar	18 x 35g		11.99	v ▼	1.05	GV
				Special Offer Price		9.59	0.85
	KB556 Cocoa Orange Bar	18 x 35g		11.99	v ▼	1.05	GV
				Special Offer Price		9.59	0.85
	KB163 Lemon Drizzle Bar	18 x 35g		11.99	v ▼	1.05	GV
				Special Offer Price		9.59	0.85
	WS021 Peanut Delight	18 x 35g		11.99	v ▼	1.05	GV
				Special Offer Price		9.59	0.85
	ZX609 Salted Caramel	18 x 35g		11.99	v ▼	1.05	GV
				Special Offer Price		9.59	0.85
<i>Protein</i>							
	KB719 Protein Caramel	16 x 45g		14.00	v ▼	1.39	GV
				Special Offer Price		8.40	0.85
	KB708 Protein Cocoa Hazelnut	16 x 45g		14.00	v ▼	1.39	GV
				Special Offer Price		8.40	0.85
	KB707 Protein Peanut Butter	16 x 45g		14.00	v ▼	1.39	GV
				Special Offer Price		8.40	0.85

NATURAL COOL

FRUIT (FROZEN)							
	XL142 Organic Berry Mix	10 x 300g		43.23	▼	5.75	GOV
				Special Offer Price		36.75	4.89
	XL034 Organic Blackberries	10 x 300g		37.24	▼	4.99	OV
				Special Offer Price		31.65	4.25
	XL145 Organic Blueberries	10 x 300g		39.51	▼	5.25	GOV
				Special Offer Price		33.58	4.45
	XL179 Organic Raspberries	10 x 300g		53.77	▼	7.20	GOV
				Special Offer Price		45.70	6.10
	XL182 Organic Sour Cherries	10 x 300g		43.23	▼	5.75	GOV
				Special Offer Price		36.75	4.89
	XL180 Organic Strawberries	10 x 300g		43.23	▼	5.75	GOV
				Special Offer Price		36.75	4.89
	XL036 Organic Tropical Fruit Mix	10 x 300g		37.24	▼	4.99	OV
				Special Offer Price		31.65	4.25

code	description	size	details	price	vat	rrp	BFGOSV
NATURLI'							
	VEGAN & OAT MILK Do Not Call Me M_lk	8 x 1l	Soy, Rice, Oat, Almond Blend	15.45 <i>Special Offer Price</i> 13.13	▼	2.59 V 2.19	
NATURYA							
SUPERFOODS & SPORTS NUTRITION							
	Organic Acai Powder	6 x 125g	For Nourished Skin & Immunity	85.71 <i>Special Offer Price</i> 68.57	▼	19.99 GOV 16.00	
❖	Organic Cacao Powder	6 x 250g		38.57 <i>Special Offer Price</i> 30.86	▼	9.00 FGOV 7.71	
	Organic Chia Seeds	6 x 300g	Balance Cholesterol Levels	25.71 <i>Special Offer Price</i> 20.57	▼	5.99 GOV 4.80	
	Organic Chlorella Powder	6 x 200g	Helps The Body Fight Fatigue	55.71 <i>Special Offer Price</i> 44.57	▼	12.49 GOV 10.40	
	Organic Green Superblend	6 x 250g	Spirulina, Chlorella & Hemp	64.29 <i>Special Offer Price</i> 51.43	▼	14.99 FGOV 12.00	
	Organic Hemp Protein Powder	6 x 300g	Strengthen The Body	42.86 <i>Special Offer Price</i> 34.29	▼	9.99 GOV 8.00	
	Organic Maca Powder	6 x 300g	Improve Cognitive Function	30.00 <i>Special Offer Price</i> 24.00	▼	6.99 OV 6.40	
	Organic Spirulina Powder	6 x 200g	Protection For The Whole Body	38.57 <i>Special Offer Price</i> 30.86	▼	8.99 GOV 7.20	
	Organic Wheatgrass Powder	6 x 200g	Supports Energy & Skin Health	34.29 <i>Special Offer Price</i> 27.43	▼	7.99 GOV 6.40	
	<i>Collagen Support</i> Beautiful Berry	8 x 140g	Raspberry, Blueberry, Acai	51.43 <i>Special Offer Price</i> 41.14	▼	8.99 V 7.20	
NUDIE SNACKS							
CRISPS & SNACKS							
	<i>Cauliflower Crisps</i> Cheese & Caramelised Onion	<u>12 x 80g</u>		22.62 <i>Special Offer Price</i> 18.10	▼	2.49 GSV 1.99	
	Katsu Curry	<u>12 x 80g</u>		22.62 <i>Special Offer Price</i> 18.10	▼	2.49 GSV 1.99	
	Sea Salt	<u>12 x 80g</u>		22.62 <i>Special Offer Price</i> 18.10	▼	2.49 GV 1.99	
ORGRAN							
PASTA							
	Buckwheat Pasta Spirals	5 x 350g		14.96 <i>Special Offer Price</i> 12.72	▼	3.99 GV 3.39	
	Garden Veggies Spirals	5 x 350g		14.96 <i>Special Offer Price</i> 12.72	▼	3.99 GV 3.39	
	Pasta Roma Penne	8 x 350g	rice, corn & yellow pea pasta	25.50 <i>Special Offer Price</i> 21.68	▼	4.25 GV 3.59	
	Pasta Roma Rigatoni	8 x 350g	rice, corn & yellow pea pasta	25.50 <i>Special Offer Price</i> 21.68	▼	4.25 GV 3.59	
	Pasta Roma Spirals	8 x 350g	rice, corn & yellow pea pasta	25.50 <i>Special Offer Price</i> 21.68	▼	4.25 GV 3.59	
	Rice & Corn Macaroni	5 x 350g		14.96 <i>Special Offer Price</i> 12.72	▼	3.99 GV 3.39	
	Vegetable Rice Spirals	5 x 350g		14.96 <i>Special Offer Price</i> 12.72	▼	3.99 GV 3.39	
PITTAPATTA							
BABY CARE							
	Chest Stick for Coughs & Colds	10 x 45ml	Infused with essential oils	43.80 <i>Special Offer Price</i> 37.23	v ▼	7.49 OV 6.37	
	Organic Baby bubble bath	10 x 250ml	with organic aloe vera	35.00 <i>Special Offer Price</i> 29.75	v ▼	5.99 OV 5.09	
	Organic Baby Shampoo & Wash	10 x 250ml	with organic aloe vera	35.00 <i>Special Offer Price</i> 29.75	v ▼	5.99 OV 5.09	
	Organic Moisturising Lotion	10 x 200ml	Calm & Content	35.00 <i>Special Offer Price</i> 29.75	v ▼	5.99 OV 5.09	

code	description	size	details	price	vat	rrp	BFGOSV
PLENISH							
[] [] [] [] SY204	VEGAN & OAT MILK Almond Barista - Organic	6 x 1l		13.40	▼	2.99	OSV
			<i>Special Offer Price</i>	11.39		2.55	
[] [] [] [] SY119	Almond M*lk - Organic	8 x 1l		17.50	▼	2.95	OV
			<i>Special Offer Price</i>	14.00		2.35	
[] [] [] [] SY120	Cashew M*lk	8 x 1l		17.50	▼	2.95	OV
			<i>Special Offer Price</i>	14.00		2.35	
[] [] [] [] SY118	Coconut M*lk	8 x 1l		17.50	▼	2.95	OV
			<i>Special Offer Price</i>	14.00		2.35	
[] [] [] [] SY206	Oat Barista - Organic	6 x 1l		11.80	▼	2.65	GOV
			<i>Special Offer Price</i>	10.03		2.25	
[] [] [] [] SY170	Oat M*lk - Gluten Free	8 x 1l		15.44	▼	2.59	GOV
			<i>Special Offer Price</i>	12.35		2.09	
[] [] [] [] SY182	Soya Barista - Organic	6 x 1l		11.80	▼	2.65	OSV
			<i>Special Offer Price</i>	10.03		2.25	
[] [] [] [] SY191	Soya M*lk	8 x 1l		15.44	▼	2.59	OV
			<i>Special Offer Price</i>	12.35		2.09	
PROPERCHIPS							
❖ [] [] [] [] ZX255	CRISPS & SNACKS Lentil Chips - All the Cheese	8 x 85g		13.87	▼	2.29	GS
			<i>Special Offer Price</i>	11.10		1.83	
[] [] [] [] ZX572	<i>Sharing Bag</i> Ghost Chillli Chickpea Chips	8 x 85g	chilli & Yuzu	13.87	▼	2.31	GSV
			<i>Special Offer Price</i>	11.10		1.85	
[] [] [] [] ZX578	Jerk Sauce Chickpea Chips	8 x 85g		13.87	▼	2.31	GSV
			<i>Special Offer Price</i>	11.10		1.85	
[] [] [] [] ZX596	Katsu Curry Chickpea Chips	8 x 85g		13.87	▼	2.31	GSV
			<i>Special Offer Price</i>	11.10		1.85	
PROPERCORN							
CRISPS & SNACKS							
[] [] [] [] ZX861	<i>Sharing Bag</i> Popcorn - Lightly Sea Salted	8 x 70g		9.79	v ▼	1.99	GV
			<i>Special Offer Price</i>	7.83		1.59	
❖ [] [] [] [] ZX262	Popcorn - Mature Cheddar	8 x 70g		9.79	v ▼	1.99	GS
			<i>Special Offer Price</i>	7.83		1.59	
[] [] [] [] ZX862	Popcorn - Salted Caramel	8 x 90g		9.50	v ▼	1.95	GSV
			<i>Special Offer Price</i>	7.60		1.56	
[] [] [] [] ZX431	Popcorn - Sweet	8 x 90g		9.78	v ▼	1.99	GSV
			<i>Special Offer Price</i>	7.82		1.59	
[] [] [] [] ZX860	Popcorn - Sweet & Salty	8 x 90g		9.50	v ▼	1.95	GSV
			<i>Special Offer Price</i>	7.60		1.56	
PULSIN'							
SNACK BARS & FLAPJACKS							
[] [] [] [] KB414	Almond Salted Caramel Keto Bar	18 x 50g	4g Net Carbs Per Bar	22.39	v ▼	1.99	GV
			<i>Special Offer Price</i>	19.03		1.69	
[] [] [] [] KB727	Caramel Choc & Peanut Bar	18 x 50g	13g Protein Per Bar	22.39	v ▼	1.99	GV
			<i>Special Offer Price</i>	19.03		1.69	
[] [] [] [] KB784	Choc Fudge & Peanut Keto Bar	18 x 50g	4g Net Carbs Per Bar	26.87	▼	1.99	GV
			<i>Special Offer Price</i>	22.84		1.69	
[] [] [] [] KB110	Choc Fudge Protein Bar	12 x 57g	15g Protein Per Bar	18.69	v ▼	2.49	V
			<i>Special Offer Price</i>	15.89		2.12	
[] [] [] [] KB483	Choc Mint & Peanut Keto Bar	18 x 50g	4g Net Carbs Per Bar	26.88	▼	1.99	GV
			<i>Special Offer Price</i>	22.85		1.69	
[] [] [] [] KB490	Choc Orange & Peanut Keto Bar	18 x 50g	4g Net Carbs Per Bar	26.87	▼	1.99	GV
			<i>Special Offer Price</i>	22.85		1.69	
[] [] [] [] KB109	Cookie Dough Protein Bar	12 x 57g	15g Protein Per Bar	18.69	v ▼	2.49	V
			<i>Special Offer Price</i>	15.89		2.12	
[] [] [] [] KB090	Maple & Peanut Protein Bar	18 x 50g	13g Protein Per Bar	22.39	v ▼	1.99	GV
			<i>Special Offer Price</i>	19.03		1.69	
[] [] [] [] WS056	Peanut Choc Chip Brownie	18 x 35g	Raw Chocolate Brownie	14.99	v ▼	1.19	GSV
			<i>Special Offer Price</i>	12.74		0.84	
[] [] [] [] KB148	Peanut Choc Protein Bar	18 x 50g	12g Protein Per Bar	22.39	v ▼	1.99	GV
			<i>Special Offer Price</i>	19.03		1.69	
[] [] [] [] KB404	Raspberry Choc Chip Keto Bar	18 x 50g	4g Net Carbs Per Bar	22.39	v ▼	1.99	GV
			<i>Special Offer Price</i>	19.03		1.69	
[] [] [] [] KB706	Vanilla Choc & Almond Bar	18 x 50g	13g Protein Per Bar	22.39	v ▼	1.99	GV
			<i>Special Offer Price</i>	19.03		1.69	

	code	description	size	details	price	vat	rrp	BFGOSV
❖	[] [] [] []	<i>Keto Bars</i> KB120 Almond & Caramel Keto Multi	12 x 3 x 30g		26.16	v ▼	3.49	GV
				<i>Special Offer Price</i>	22.24		2.97	
❖	[] [] [] []	KB119 Choc Fudge & Peanut Keto Multi	12 x 3 x 30g		26.16	v ▼	3.49	GV
				<i>Special Offer Price</i>	22.94		2.97	
❖	[] [] [] []	KB130 Raspberry Choc Chip Keto Multi	12 x 3 x 30g		26.16	v ▼	3.49	GV
				<i>Special Offer Price</i>	22.24		2.97	
SUPERFOODS & SPORTS NUTRITION								
[] [] [] []	VM258	Chocolate Protein Powder Blend	6 x 280g	20g Protein Per Serving	52.44	v ▼	14.99	GV
				<i>Special Offer Price</i>	44.57		11.04	
[] [] [] []	VM332	Hazelnut Protein Powder Blend	6 x 280g	20g Protein Per Serving	45.47	v ▼	12.49	GV
				<i>Special Offer Price</i>	38.65		11.04	
[] [] [] []	VM092	Pea Protein Powder	6 x 250g	Unflavoured, 80% Protein	37.68	▼	8.39	GV
				<i>Special Offer Price</i>	32.03		7.64	
[] [] [] []	VM027	Pea Protein Powder	1kg	Unflavoured, 80% Protein	20.99	▼	28.15	GV
				<i>Special Offer Price</i>	17.84		25.49	
[] [] [] []	VM024	Rice Protein Powder	6 x 250g	Unflavoured, 81% Protein	41.96	▼	9.99	GV
				<i>Special Offer Price</i>	35.67		8.49	
[] [] [] []	VM095	Soya Protein Powder	6 x 250g	Unflavoured, 90% Protein	37.76	▼	8.45	GV
				<i>Special Offer Price</i>	32.10		7.64	
[] [] [] []	VM090	Vanilla Keto Protein Powder	6 x 252g	9.2g Protein Per Serving	89.95	▼	19.99	GV
				<i>Special Offer Price</i>	76.46		16.99	
[] [] [] []	VM155	Vanilla Protein Powder Blend	6 x 270g	20g Protein Per Serving	45.48	v ▼	12.99	GV
				<i>Special Offer Price</i>	38.66		11.04	
<i>Supershakes</i>								
[] [] [] []	VM304	Cacao & Maca Energy Supershake	6 x 300g		65.67	v ▼	17.59	GV
				<i>Special Offer Price</i>	55.82		14.87	
RAW HALO								
CHOCOLATE								
<i>70g Bars</i>								
[] [] [] []	KB002	Dark 76%	10 x 70g		20.57	v ▼	3.30	GOSV
				<i>Special Offer Price</i>	16.46		2.65	
[] [] [] []	KB055	Dark 85%	10 x 70g		20.57	v ▼	3.30	GOSV
				<i>Special Offer Price</i>	16.46		2.65	
[] [] [] []	KB047	Dark Salted Caramel	10 x 70g		20.57	v ▼	3.30	GOSV
				<i>Special Offer Price</i>	16.46		2.65	
[] [] [] []	KB020	Mylk & Pink Himalayan Salt	10 x 70g		20.57	v ▼	3.30	GOSV
				<i>Special Offer Price</i>	16.46		2.65	
[] [] [] []	KB007	Mylk & Vanilla	10 x 70g		20.57	v ▼	3.30	GOSV
				<i>Special Offer Price</i>	16.46		2.65	
RAW HEALTH								
VINEGARS								
[] [] [] []	KJ008	ACV Infusion Turmeric Ginger	12 x 500ml	Unfiltered	33.68	▼	3.75	OV
				<i>Special Offer Price</i>	28.63		3.19	
[] [] [] []	KJ489	Apple Cider Vinegar	12 x 1l	With Mother - Unfiltered	43.73	▼	4.85	OV
				<i>Special Offer Price</i>	37.17		4.09	
[] [] [] []	KJ129	Raw Organic Cider vinegar	6 x 500ml	Unfiltered, contains 'mother'	15.02	▼	3.35	OV
				<i>Special Offer Price</i>	12.77		2.85	
RUDE HEALTH FOODS								
CEREALS & MUESLIS								
[] [] [] []	MX110	Chocolate Crunch Granola	6 x 400g		22.43	▼	4.99	SV
				<i>Special Offer Price</i>	19.07		4.25	
[] [] [] []	MX067	<i>Granola</i> Crunchy Almond Granola	6 x 400g		18.00	▼	3.99	SV
				<i>Special Offer Price</i>	15.30		3.39	
[] [] [] []	MX108	Crunchy Berry Granola	6 x 400g	Granola	22.43	▼	4.99	OSV
				<i>Special Offer Price</i>	19.07		4.25	
[] [] [] []	MX135	Ultimate Granola	6 x 400g		22.43	▼	4.99	OS
				<i>Special Offer Price</i>	19.07		4.25	
[] [] [] []	MX060	<i>Muesli</i> Ultimate Muesli	6 x 400g		22.43	▼	4.99	OSV
				<i>Special Offer Price</i>	19.07		4.25	
[] [] [] []	MX120	<i>Puffs</i> Puffed Brown Rice	4 x 225g		7.19	▼	2.39	GV
				<i>Special Offer Price</i>	6.11		2.05	
[] [] [] []	SY129	VEGAN & OAT MILK Almond Drink - Organic	6 x 1l		12.13	▼	2.69	GOV
				<i>Special Offer Price</i>	10.31		2.29	

code	description	size	details	price	vat	rrp	BFGOSV
[] [] [] [] SY085	Cashew Drink - Organic		6 x 1l			15.71	▼ 3.50 GOV
				<i>Special Offer Price</i>		13.35	2.99
[] [] [] [] SY044	Coconut Drink Organic		6 x 1l			13.46	▼ 2.99 GOV
				<i>Special Offer Price</i>		11.44	2.55
[] [] [] [] SY148	Hazelnut Drink - Organic		6 x 1l			13.46	▼ 2.99 GOV
				<i>Special Offer Price</i>		11.44	2.55
[] [] [] [] SY037	Oat Drink - Organic		6 x 1l			11.24	▼ 2.49 GOV
				<i>Special Offer Price</i>		9.55	2.15
[] [] [] [] SY194	Organic Soya Drink		6 x 1l			10.40	▼ 2.29 GOV
				<i>Special Offer Price</i>		8.84	1.95
[] [] [] [] SY159	Ultimate Almond Milk - Organic		6 x 1l			17.31	▼ 3.85 GOV
				<i>Special Offer Price</i>		14.71	3.29

SAVVY SWEETS

SWEET SNACKS

[] [] [] [] ZX879	Berry Bears	<u>12 x 50g</u>	with Prebiotic Fibre			15.00	v ▼ 1.99 GV
				<i>Special Offer Price</i>		12.76	1.70
[] [] [] [] ZX885	Fruits & Cream Bears	<u>12 x 50g</u>	With Prebiotic Fibre			15.00	v ▼ 1.99 GV
				<i>Special Offer Price</i>		12.76	1.70
[] [] [] [] ZX881	Raspberry/Blueberry Sour Bears	<u>12 x 50g</u>	With Prebiotic Fibre			15.00	v ▼ 1.99 GV
				<i>Special Offer Price</i>		12.76	1.70
[] [] [] [] ZX880	Sour Cola Bears	<u>12 x 50g</u>	with Prebiotic Fibre			15.00	v ▼ 1.99 GV
				<i>Special Offer Price</i>		12.76	1.70

SHORE

CRISPS & SNACKS

[] [] [] [] ZX984	Peking Duck Seaweed Chips	<u>12 x 80g</u>				19.38	▼ 2.19 SV
				<i>Special Offer Price</i>		16.47	1.86
[] [] [] [] ZX989	Salt & Balsamic Seaweed Chips	<u>12 x 80g</u>				19.38	▼ 2.19 SV
				<i>Special Offer Price</i>		16.47	1.86
[] [] [] [] ZX940	Salted Seaweed Chips	<u>12 x 80g</u>				19.38	▼ 2.19 V
				<i>Special Offer Price</i>		16.47	1.86
[] [] [] [] ZX969	Sriracha Seaweed Chips	<u>12 x 80g</u>				19.38	▼ 2.19 SV
				<i>Special Offer Price</i>		16.47	1.86

SIMPLY GENTLE

BODY CARE

[] [] [] [] DY790	Organic Baby water wipes	20 x 52	Biodegradable & compostable			40.75	v ▼ 2.59 OV
				<i>Special Offer Price</i>		34.64	2.20
[] [] [] [] DY789	Organic Gentle Cotton Cloths	12 x 50	Disposable cotton cloths			28.00	v ▼ 2.99 OV
				<i>Special Offer Price</i>		23.80	2.54

ST LAWRENCE GOLD

SUGARS & SYRUPS

[] [] [] [] HY009	Maple Syrup Grade A Amber	12 x 250ml	rich taste			71.91	▼ 7.99 V
				<i>Special Offer Price</i>		57.53	6.39
[] [] [] [] HY053	Og Maple Syrup Grade A Amber	12 x 250ml	rich taste			76.47	▼ 8.54 OV
				<i>Special Offer Price</i>		61.18	6.83
[] [] [] [] HY056	Og Maple Syrup Grade a Amber	6 x 1l	rich taste			135.54	▼ 29.99 OV
				<i>Special Offer Price</i>		108.43	23.99
[] [] [] [] HY042	Og Maple Syrup Grade A Dark	12 x 250ml	robust taste			76.47	▼ 8.54 OV
				<i>Special Offer Price</i>		61.18	6.83

STRONG ROOTS

MEAT ALTERNATIVES(FROZEN)

[] [] [] [] XL214	Kale & Quinoa Burger	12 x 300g				37.03	▼ 4.10 V
				<i>Special Offer Price</i>		31.48	3.49
[] [] [] [] XL213	Pumpkin & Spinach Burgers	12 x 300g				37.03	▼ 4.10 GV
				<i>Special Offer Price</i>		31.48	3.49

READY MEALS (FROZEN)

[] [] [] [] XL288	Creamy Mac	9 x 350g				30.47	▼ 4.50 V
				<i>Special Offer Price</i>		25.90	3.85
[] [] [] [] XL301	Thai Green Vegetable Curry	9 x 350g				30.47	▼ 4.50 GV
				<i>Special Offer Price</i>		25.90	3.85
[] [] [] [] XL287	Veggie Masala	9 x 350g				30.47	▼ 4.50 GV
				<i>Special Offer Price</i>		25.90	3.85
	<i>Air Bites</i>						
[] [] [] [] XL276	Crispy Pea & Lemon Air Bites	12 x 300g				33.24	▼ 3.69 V
				<i>Special Offer Price</i>		28.25	3.15
[] [] [] [] XL296	Crispy Spinach & Carrot Bites	12 x 300g				33.24	▼ 3.69 V
				<i>Special Offer Price</i>		28.25	3.15

code	description	size	details	price	vat	rrp	BFGOSV
[] [] [] [] XL273	Crispy Veg Air Bites	12 x 300g		33.24 <i>Special Offer Price</i> 28.25	▼	3.69 3.15	CV
VEGETABLES (FROZEN)							
[] [] [] [] XL164	Cauliflower Hash Browns	12 x 375g		37.02 <i>Special Offer Price</i> 31.47	▼	4.10 3.49	V
[] [] [] [] XL217	Crispy Crinkle Fries	12 x 750g		37.03 <i>Special Offer Price</i> 31.48	▼	4.10 3.49	GV
[] [] [] [] XL230	Crispy Skinny Fries	12 x 750g		37.03 <i>Special Offer Price</i> 31.48	▼	4.10 3.49	GV
[] [] [] [] XL165	Mixed Root Vegetable Fries	12 x 500g		37.02 <i>Special Offer Price</i> 31.47	▼	4.10 3.49	GV
[] [] [] [] XL166	Proper Potato Chips	12 x 750g		37.02 <i>Special Offer Price</i> 31.47	▼	4.10 3.49	GV
[] [] [] [] XL162	Sweet Potato Fries	12 x 500g		37.02 <i>Special Offer Price</i> 31.47	▼	4.10 3.49	GV
SUMA							
BAGS, BOXES AND BASKETS							
<i>Shopping Bags</i>							
[] [] [] [] NF437	String Bag-Lg Handles-Charcoal	1 x bag	100% Recycled plastic bottles	2.80 <i>Special Offer Price</i> 2.38	v ▼	4.49 3.80	V
[] [] [] [] NF438	String Bag-Lg Handles-Ivory	1 x bag	100% Recycled plastic bottles	2.80 <i>Special Offer Price</i> 2.38	v ▼	4.49 3.80	V
[] [] [] [] NF450	String Bag-Lg Handles-Mulberry	1 x bag	100% Recycled plastic bottles	2.80 <i>Special Offer Price</i> 2.38	v ▼	4.49 3.80	V
[] [] [] [] NF053	String Bag-Lg Handles-Natural	1 x bag	100% Recycled Plastic Bottles	2.80 <i>Special Offer Price</i> 2.38	v ▼	4.49 3.80	V
[] [] [] [] NF051	String Bag-Lg Handles-Ochre	1 x bag	100% Recycled plastic bottles	2.80 <i>Special Offer Price</i> 2.38	v ▼	4.49 3.80	V
[] [] [] [] NF451	String Bag-Lg Handles-Pumpkin	1 x bag	100% Recycled plastic bottles	2.80 <i>Special Offer Price</i> 2.38	v ▼	4.49 3.80	V
[] [] [] [] NF439	String Bag-Lg Handles-Teal	1 x bag	100% Recycled plastic bottles	2.80 <i>Special Offer Price</i> 2.38	v ▼	4.49 3.80	V
HERBS & SPICES - PREPACKED							
<i>Curry Mixes</i>							
[] [] [] [] HE128	Chinese Curry	6 x 50g		6.26 <i>Special Offer Price</i> 5.33	▼	1.39 1.19	V
[] [] [] [] HE129	Dhansak Curry	6 x 40g		6.26 <i>Special Offer Price</i> 5.33	▼	1.39 1.19	V
[] [] [] [] HE131	Jalfrezi Mix	6 x 30g		6.26 <i>Special Offer Price</i> 5.33	▼	1.39 1.19	V
[] [] [] [] HE126	Massaman Curry	6 x 40g		6.26 <i>Special Offer Price</i> 5.33	▼	1.39 1.19	V
[] [] [] [] HE170	Rendang	6 x 40g		7.43 <i>Special Offer Price</i> 6.32	▼	1.65 1.39	V
[] [] [] [] HE130	Tikka Masala	6 x 40g		6.26 <i>Special Offer Price</i> 5.33	▼	1.39 1.19	V
<i>Seasonings Range</i>							
[] [] [] [] HE163	All Purpose Seasoning	6 x 35g		6.26 <i>Special Offer Price</i> 5.33	▼	1.39 1.19	V
[] [] [] [] HE132	Baharat Spice Mix	6 x 30g		6.26 <i>Special Offer Price</i> 5.33	▼	1.39 1.19	V
[] [] [] [] HE144	Jerk Seasoning	6 x 40g		6.26 <i>Special Offer Price</i> 5.33	▼	1.39 1.19	V
[] [] [] [] HE155	Piri Piri Seasoning	6 x 40g		6.26 <i>Special Offer Price</i> 5.33	▼	1.39 1.19	V
[] [] [] [] HE166	Tagine Seasoning	6 x 40g		6.26 <i>Special Offer Price</i> 5.33	▼	1.39 1.19	V
[] [] [] [] HE137	Za'atar Spice Mix	6 x 50g		7.43 <i>Special Offer Price</i> 6.32	▼	1.65 1.39	V
OILS & FATS							
[] [] [] [] GT010	Extra Virgin Rapeseed Oil	5l		21.34 <i>Special Offer Price</i> 19.21	▼	28.59 25.74	V
VEGAN BUTTER, MARGARINES & SPREADS							
❖ [] [] [] [] MA055	Soya Spread	8 x 550g		14.94 <i>Special Offer Price</i> 11.95	▼	2.49 1.99	V
[] [] [] [] MA051	Sunflower Spread	6 x 2kg		42.31 <i>Special Offer Price</i> 33.84	▼	9.40 7.50	V
[] [] [] [] MA053	Sunflower Spread	8 x 550g		16.48 <i>Special Offer Price</i> 13.18	▼	2.75 2.20	V

code	description	size	details	price	vat	rrp	BFGOSV
SUMA ORGANIC							
PASTA							
<i>Gluten Free</i>							
[] [] [] [] WT089	Casarecce Oat Pasta	12 x 340g	Made from Oat Flour	26.90	▼	2.99	GOV
			<i>Special Offer Price</i>	22.87		2.49	
SOFT DRINKS							
[] [] [] [] JU169	Ginger Kombucha	24 x 250ml	Organic, Sparkling	26.18	v ▼	1.75	OSV
			<i>Special Offer Price</i>	23.56		1.59	
[] [] [] [] JU032	Lychee & Lemongrass Kombucha	24 x 250ml	Organic, Sparkling	26.18	v ▼	1.75	OSV
			<i>Special Offer Price</i>	23.56		1.59	
[] [] [] [] JU025	Cola Kombucha	24 x 250ml	Sparkling, Organic	26.18	v ▼	1.75	OSV
			<i>Special Offer Price</i>	23.56		1.59	
[] [] [] [] JU034	Elderflower & Lemon Kombucha	24 x 250ml	Sparkling, Organic	26.18	v ▼	1.75	OSV
			<i>Special Offer Price</i>	23.56		1.59	
[] [] [] [] JU172	Peach & Turmeric Kombucha	24 x 250ml	Organic, Sparkling	26.18	v ▼	1.75	OSV
			<i>Special Offer Price</i>	23.56		1.59	
[] [] [] [] JU173	Strawberry & Rasp Kombucha	24 x 250ml	Organic, Sparkling	26.18	v ▼	1.75	OSV
			<i>Special Offer Price</i>	23.56		1.59	
[] [] [] [] JU004	Winter Berries Kombucha	24 x 250ml	Sparkling, Organic	26.18	v ▼	1.75	OSV
			<i>Special Offer Price</i>	23.56		1.59	
SOUPS							
[] [] [] [] VF345	Organic Tomato & Basil Soup	12 x 400g	Italian	17.96	▼	1.99	OSV
			<i>Special Offer Price</i>	15.27		1.69	
TOMATOES & TOMATO PRODUCTS							
[] [] [] [] LJ560	Organic Passata	12 x 690g	No Added Salt	17.98	▼	1.99	OV
			<i>Special Offer Price</i>	15.29		1.69	
	<i>Canned</i>						
[] [] [] [] LJ080	Tomatoes - chopped, organic	12 x 400g		11.65	▼	1.29	OV
			<i>Special Offer Price</i>	9.91		1.09	
[] [] [] [] LJ081	Tomatoes - Whole Peeled Plum	12 x 400g	Organic	11.65	▼	1.29	OV
			<i>Special Offer Price</i>	9.91		1.09	
SUNNY & LUNA							
PASTA (CHILLED)							
❖ [] [] [] [] CV017	Spinach Ravioli	6 x 350g		34.28	▼	7.60	V
			<i>Special Offer Price</i>	29.13		6.45	
TAIFUN							
MEAT ALTERNATIVES (CHILLED)							
[] [] [] [] CV679	BBQ Sausages	6 x 250g		24.57	▼	5.49	OV
			<i>Special Offer Price</i>	20.88		4.65	
[] [] [] [] CV011	Grill Sausages	6 x 250g		25.03	▼	5.59	OV
			<i>Special Offer Price</i>	21.28		4.75	
[] [] [] [] CV010	Weiner/Frankfurters	6 x 300g		29.13	▼	6.50	OV
			<i>Special Offer Price</i>	24.76		5.55	
TOFU & TEMPEH (CHILLED)							
[] [] [] [] CV841	Tofu Fillet - Japanese Style	8 x 160g	Ready made - Easy to prepare	24.25	▼	4.05	OVB
			<i>Special Offer Price</i>	20.61		3.45	
[] [] [] [] CV840	Tofu Fillet - Mild Wild Garlic	8 x 160g	Ready made - Easy to Prepare	26.07	▼	4.35	OVB
			<i>Special Offer Price</i>	22.16		3.70	
[] [] [] [] CV151	Tofu Fillets with Garden Peas	8 x 160g		26.07	▼	4.35	OV
			<i>Special Offer Price</i>	22.16		3.70	
[] [] [] [] CV413	Tofu Pizza Fillets	8 x 160g		26.07	▼	4.35	OV
			<i>Special Offer Price</i>	22.16		3.70	
THE BERRY COMPANY							
FRUIT & VEGETABLE JUICES							
	<i>Tetrapacks</i>						
❖ [] [] [] [] JU046	Exotic Pineapple Juice	12 x 1l		28.57	v ▼	3.79	GV
			<i>Special Offer Price</i>	22.86		3.05	
❖ [] [] [] [] JU056	Green Tea w/Lemon & Lime	12 x 1l		22.86	v ▼	3.05	GV
			<i>Special Offer Price</i>	18.29		2.45	
❖ [] [] [] [] JU044	Pressed Apple Juice	12 x 1l		22.86	v ▼	3.05	GV
			<i>Special Offer Price</i>	18.29		2.45	
❖ [] [] [] [] JU045	Pure Orange Juice	12 x 1l		28.57	v ▼	3.79	GV
			<i>Special Offer Price</i>	22.86		2.05	
❖ [] [] [] [] JU060	Superberries Purple	12 x 1l	With blueberry and blackberry	22.86	v ▼	3.05	GV
			<i>Special Offer Price</i>	18.29		2.45	
❖ [] [] [] [] JU066	Superberries Red	12 x 1l	With raspberry and strawberry	22.86	v ▼	3.05	GV
			<i>Special Offer Price</i>	18.29		2.45	

code	description	size	details	price	vat	rrp	BFGOSV
❖ [] [] [] []	JU070 White Tea w/Peach & Moringa	12 x 1 l		22.86 <i>Special Offer Price</i> 18.29	v ▼	3.05 2.45	CV
THE COCONUT COLLABORATIVE							
DESSERTS & PUDDINGS (CHILLED)							
❖ [] [] [] []	CV008 White Chocolate Pots	6 x 4 x 45g		15.71 <i>Special Offer Price</i> 11.78	▼	3.50 2.60	FGSV
THE REAL OLIVE COMPANY							
PATES, DIPS & TAPAS (CHILLED)							
❖ [] [] [] []	CV902 Kalamata Olive Meze Dip	6 x 150g		14.08 <i>Special Offer Price</i> 11.96	▼	3.15 2.65	V
❖ [] [] [] []	CV903 Smoky Harissa Meze Dip	6 x 150g		14.08 <i>Special Offer Price</i> 11.95	▼	3.15 2.65	V
TIBA TEMPEH							
TOFU & TEMPEH (CHILLED)							
[] [] [] []	CV710 Curry-Spiced Organic Tempeh	8 x 200g		19.31 <i>Special Offer Price</i> 15.45	▼	3.20 2.55	GOV
[] [] [] []	CV707 Organic Tempeh	6 x 200g		14.48 <i>Special Offer Price</i> 11.58	▼	3.20 2.55	GOV
[] [] [] []	CV714 Plant Based Tempeh Mince	6 x 200g		14.48 <i>Special Offer Price</i> 11.58	▼	3.20 2.55	GOV
[] [] [] []	CV715 Sweet Chilli Pieces	6 x 200g		14.48 <i>Special Offer Price</i> 11.58	▼	3.20 2.55	GOV
❖ [] [] [] []	CV005 Tempeh - Smoked	6 x 200g		15.85 <i>Special Offer Price</i> 12.68	▼	3.50 2.80	GOV
TOGETHER HEALTH							
SUPPLEMENTS & REMEDIES							
[] [] [] []	VM076 CBD Hemp 10mg	5 x 60 capsules	Broad Spectrum With Terpenes	55.93 <i>Special Offer Price</i> 44.74	v ▼	19.99 15.99	CV
[] [] [] []	VM019 Multibiotic - 16 Strains	6 x 30 capsules	13 Billion CFU, Fermented Foods	53.74 <i>Special Offer Price</i> 42.99	v ▼	15.99 12.79	CV
<i>Mushrooms</i>							
[] [] [] []	VM358 Organic Chaga 900mg	5 x 60 capsules	Dual Extract Fruiting Bodies	78.46 <i>Special Offer Price</i> 58.85	v ▼	25.99 20.99	GOV
[] [] [] []	VM356 Organic Lion's Mane 1000mg	5 x 60 capsules	Dual Extract Fruiting Bodies	78.46 <i>Special Offer Price</i> 58.85	v ▼	25.99 20.99	GOV
[] [] [] []	VM355 Organic Mushroom 5 Complex	5 x 60 capsules	Full-Spectrum Extract 800mg	78.46 <i>Special Offer Price</i> 58.85	v ▼	25.99 20.99	GOV
[] [] [] []	VM357 Organic Reishi 800mg	5 x 60 capsules	Dual Extract Fruiting Bodies	78.46 <i>Special Offer Price</i> 58.85	v ▼	25.99 20.99	GOV
TREK							
SNACK BARS & FLAPJACKS							
[] [] [] []	KB097 Chocolate Orange	<u>16 x 55g</u>	Power	25.09 <i>Special Offer Price</i> 20.07	v ▼	2.49 1.99	CV
[] [] [] []	KB974 Cocoa Oat Flapjack Multipack	<u>12 x 3 x 50g</u>		29.01 <i>Special Offer Price</i> 23.21	v ▼	3.85 3.09	GSV
[] [] [] []	KB986 Flapjack Biscoff	<u>16 x 50g</u>		14.51 <i>Special Offer Price</i> 10.88	v ▼	1.45 1.09	GS
[] [] [] []	KB450 Peanut Butter Flapjack	<u>16 x 50g</u>		14.51 <i>Special Offer Price</i> 11.61	v ▼	1.45 1.15	GSV
[] [] [] []	KB941 Salted Caramel Flapjack	<u>16 x 50g</u>		14.51 <i>Special Offer Price</i> 11.61	v ▼	1.45 1.15	GSV
[] [] [] []	KB976 Salted Caramel Flapjack Multi	<u>12 x 3 x 50g</u>		29.01 <i>Special Offer Price</i> 23.21	v ▼	3.85 3.09	GSV
[] [] [] []	ZX738 Smooth Lemon	<u>16 x 50g</u>		14.51 <i>Special Offer Price</i> 11.61	v ▼	1.45 1.15	GSV
[] [] [] []	KB965 White Choc & Raspberry	<u>16 x 50g</u>	Protein Flapjack	14.51 <i>Special Offer Price</i> 11.61	v ▼	1.45 1.15	GSV
[] [] [] []	KB981 White Choc & Raspberry Flapjack	<u>12 x 3 x 50g</u>	Multipack	29.01 <i>Special Offer Price</i> 23.21	v ▼	3.85 3.09	GSV
<i>FLAPJACKS</i>							
[] [] [] []	KB499 Cocoa and oat protein flapjack	<u>16 x 50g</u>		14.51 <i>Special Offer Price</i> 11.61	v ▼	1.45 1.15	GSV
[] [] [] []	KB500 Cocoa coconut protein flapjack	<u>16 x 50g</u>		14.51 <i>Special Offer Price</i> 11.61	v ▼	1.45 1.15	GSV
[] [] [] []	KB505 Original oat protein flapjack	<u>16 x 50g</u>		14.51 <i>Special Offer Price</i> 11.61	v ▼	1.45 1.15	GSV

code	description	size	details	price	vat	rrp	BFGOSV
[] [] [] [] KB038	<i>Power</i> Biscoff	16 x 55g		25.09	v ▼	2.49	SV
				Special Offer Price		1.99	
[] [] [] [] KB663	Millionaire Shortbread	16 x 55g		25.09	v ▼	2.49	GV
				Special Offer Price		1.99	
[] [] [] [] KB662	Peanut Butter Crunch	16 x 55g		25.09	v ▼	2.49	GV
				Special Offer Price		1.99	

VIVANI

CHOCOLATE

Snack Size

❖ [] [] [] [] KB165	Lemon Cheesecake Chocolate Bar	18 x 40g		20.06	v ▼	1.79	OS
				Special Offer Price		1.55	
❖ [] [] [] [] KB169	Pistachio Dubai-Style Choc Bar	18 x 40g		25.97	v ▼	2.29	OS
				Special Offer Price		1.99	

VIVANI ORGANIC CHOCOLATE

CHOCOLATE

Snack Size

[] [] [] [] KB430	Black Cherry	18 x 35g		20.06	v ▼	1.79	OSV
				Special Offer Price		1.55	
[] [] [] [] KB447	Creamy Caramel	18 x 40g		20.06	v ▼	1.79	OS
				Special Offer Price		1.55	
[] [] [] [] KB867	Creme Brulee	18 x 40g		20.06	v ▼	1.79	OS
				Special Offer Price		1.55	
[] [] [] [] KB049	Crunchy Coconut Chocolate Bars	18 x 35g		20.06	v ▼	1.79	OSV
				Special Offer Price		1.55	
[] [] [] [] KB475	Dark Nougat Croccante	18 x 35g		20.06	v ▼	1.79	OSV
				Special Offer Price		1.55	
[] [] [] [] KB452	Espresso Biscotti	18 x 40g		20.06	v ▼	1.79	OS
				Special Offer Price		1.55	
[] [] [] [] KB861	Wafer Praline Bar	18 x 40g		20.06	v ▼	1.79	OS
				Special Offer Price		1.55	
[] [] [] [] KB476	White Nougat Crisp	18 x 35g	Rice Chocolate	20.06	v ▼	1.79	OSV
				Special Offer Price		1.55	

YOGI TEA

HERB & FRUIT TEA INFUSIONS

[] [] [] [] TE593	Alkaline Herbs	6 x 17 bags	Dandelion, Nettle, Lavender	12.45		2.75	OV
				Multibuy offer - see page 143			
[] [] [] [] TE167	Ashwagandha Balance Tea	6 x 17 bags	Acerola Cherry, Passionflower	12.45		2.75	GOV
				Multibuy offer - see page 143			
[] [] [] [] TE553	Bedtime	6 x 17 bags	Fennel, Chamomile, Valerian	12.45		2.75	GOV
				Multibuy offer - see page 143			
[] [] [] [] TE250	Bedtime Rooibos Vanilla	6 x 17 bags	Rooibos, Chamomile, Vanilla	12.45		2.75	GOV
				Multibuy offer - see page 143			
[] [] [] [] TE344	Berry Vanilla Organic	6 x 17 bags		12.45		2.99	GOV
				Multibuy offer - see page 143			
[] [] [] [] TE204	Black Chai	6 x 17 bags	Black Tea, Ginger, Cinnamon	12.45		2.75	GOV
				Multibuy offer - see page 143			
[] [] [] [] TE346	Breathe Deep	6 x 17 bags	Eucalyptus, Basil, Thyme	12.45		2.75	GOV
				Multibuy offer - see page 143			
[] [] [] [] TE597	Choco	6 x 17 bags	Cocoa, Liquorice, Cinnamon	12.45		2.75	GOV
				Multibuy offer - see page 143			
[] [] [] [] TE192	Classic Original	6 x 17 bags	Cinnamon, Cardamom, Ginger	12.45		2.75	GOV
				Multibuy offer - see page 143			
[] [] [] [] TE551	Detox	6 x 17 bags	Liquorice, Dandelion, Cinnamon	12.45		2.75	GOV
				Multibuy offer - see page 143			
[] [] [] [] TE208	Echinacea	6 x 17 bags	Echinacea, Rooibos, Cardamom	12.45		2.75	GOV
				Multibuy offer - see page 143			
[] [] [] [] TE630	Feel Pure with Lemon	6 x 17 bags	Dandelion, Liquorice, Lemon	12.45		2.75	GOV
				Multibuy offer - see page 143			
[] [] [] [] TE591	Finest Selection	6 x 18 bags	Contains 3 each of 6 varieties	13.45		2.99	GOV
				Multibuy offer - see page 143			
[] [] [] [] TE835	Ginger	6 x 17 bags	Ginger, Black Pepper	12.45		2.75	GOV
				Multibuy offer - see page 143			
[] [] [] [] TE293	Ginger Lemon	6 x 17 bags	Ginger, Lemon, Peppermint	12.45		2.75	GOV
				Multibuy offer - see page 143			
[] [] [] [] TE836	Ginger Orange & Vanilla	6 x 17 bags	Ginger, Orange Peel, Vanilla	12.45		2.75	GOV
				Multibuy offer - see page 143			
[] [] [] [] TE195	Green Balance	6 x 17 bags	Green Tea, L\grass, Peppermint	12.45		2.75	GOV
				Multibuy offer - see page 143			

code	description	size	details	price	vat	rrp	BFGOSV
TE209	Green Chai	6 x 17 bags	Green Tea, Cinnamon, Ginger	12.45		2.75	GOV
TE194	Green Energy	6 x 17 bags	Green Tea, Guarana, Ginger	12.45		2.75	GOV
TE787	Green Tea Matcha Lemon	6 x 17 bags	Matcha, Lemon Grass, Lime	12.45		2.75	GOV
TE028	Happy Nature Chai	6 x 17 bags	Mango, Tangerine, Vanilla	12.45		2.75	OV
TE645	Heartwarming	6 x 17 bags	Basil, Orange Peel, Chili	12.45		2.75	GOV
TE187	Himalaya	6 x 17 bags	Ginger, Fennel, Cinnamon	12.45		2.75	GOV
TE785	Immune Support	6 x 17 bags	Echinacea, Cherry, Elderberry	12.45		2.75	GOV
TE998	Inner Harmony	6 x 17 bags	Lemon Balm, Rooibos, Cinnamon	12.45		2.75	GOV
TE638	Lime Mint	6 x 17 bags	Lime, Liquorice, Peppermint	12.45		2.75	GOV
TE193	Liquorice	6 x 17 bags	Liquorice, OrangePI, Caradamom	12.45		2.75	GOV
TE837	Liquorice Mint	6 x 17 bags	Liquorice, Peppermint, Cardamom	12.45		2.75	GOV
TE342	Maca Chai	6 x 17 bags	Maca, Cinnamon, Cloves	12.45		2.75	GOV
TE552	Men's Tea	6 x 17 bags	Ginger, Ginseng, Chili	12.45		2.75	OV
TE181	Mental Clarity Tea	6 x 17 bags	Ginseng, Lemon Balm, Eucalyptus	12.45		2.75	GOV
TE380	Morning Energy	6 x 17 bags		12.45		2.75	GOV
TE252	Positive Energy Cranberry Hib	6 x 17 bags	Mate, Hibiscus, Cranberry	12.45		2.75	GOV
TE348	Relax	6 x 17 bags	Linden, Chamomile, Rosehips	12.45		2.75	OV
TE001	Rooibos	6 x 17 bags	Rooibos, Cinnamon, Cloves	12.45		2.75	GOV
TE283	Rose	6 x 17 bags	Rose, Hibiscus, Lavender	12.45		2.75	GOV
TE414	Soul Balm	6 x 17 bags	Cinnamon, Liquorice, CocoaShell	12.45		2.75	GOV
TE006	Star Salutation	6 x 17 bags	Tulsi, Mint, Lemongrass	12.45		2.75	GOV
TE350	Stomach Ease	6 x 17 bags	Cardamom, Fennel, Ginger	12.45		2.75	OV
TE211	Sweet Chai	6 x 17 bags	Anise, Fennel, Liquorice	12.45		2.75	GOV
TE428	Sweet Chilli	6 x 17 bags	Chili, Cocoa Shells, Liquorice	12.45		2.75	GOV
TE554	Throat Comfort	6 x 17 bags	Liquorice, Fennel, Thyme	12.45		2.75	GOV
TE349	Tulsi Relax	6 x 17 bags	Tulsi, Basil, Liquorice	12.45		2.75	GOV
TE018	Turmeric Chai	6 x 17 bags	Turmeric, Cinnamon, Ginger	12.45		2.75	GOV
TE088	Turmeric Orange	6 x 17 bags	Turmeric, Cinnamon, Ginger	12.45		2.75	GOV
TE733	Wellbeing	6 x 17 bags	Cinnamon, Sage, Oregano	12.45		2.75	GOV
TE012	White Tea with Aloe Vera	6 x 17 bags	Basil, Daisy, Turmeric	12.45		2.75	GOV
TE017	Women's Balance	6 x 17 bags	Rasp. Leaves, Lemon Verbena	12.45		2.75	GOV
TE355	Women's Energy	6 x 17 bags	Hibiscus, Ginger, Angelica Rt	12.45		2.75	GOV
TE351	Women's Tea	6 x 17 bags	Ginger, Orange Peel, Chamomile	12.45		2.75	OV
TE615	<i>For The Senses</i> Good Night	6 x 17 bags	Hops, Lavender Oil, Chamomile	12.45		2.75	GOV
TE129	Natural Wellbeing	6 x 17 bags	Mandarin Oil, Hibiscus	12.45		2.75	GOV
TE610	Pure Happiness	6 x 17 bags	GreenTea, Lemon, Lemongrass Oil	12.45		2.75	GOV
TE620	<i>Loose Tea</i> Classic Chai	8 x 90g	Ayurvedic Spice Infusion	17.70		2.95	OV