

The background is a solid purple color. On the left side, there are large, stylized yellow floral or leaf-like shapes that overlap and curve downwards. In the upper right quadrant, there is a smaller, more defined yellow floral shape with a central circle and several pointed petals.

Suma

CO-OPERATIVE SINCE 1977

GLUTEN FREE

November December 2024

Gluten Free

A bit more about it

Since the very beginning, Suma has always aimed to cater for special dietary requirements. Our gluten-free range contains over 2000 different products. From every day essentials to special treats.

A gluten-free diet is essential for people with coeliac disease. Coeliac disease is caused by a reaction of the immune system to gluten—a protein found in wheat, barley and rye. Sales in this area have never been bigger with many non-coeliacs reporting a range of health benefits after adopting a gluten-free diet. Many basic foods are naturally gluten-free. Foods which require substituting with a gluten-free alternative are bread, pasta, cereals, biscuits, cakes, pies and sauces.

It is generally accepted that the term gluten-free refers to a harmless level of gluten, rather than to a food being 100% free of gluten. Food products labelled gluten-free may have been contaminated with gluten somewhere between being harvested and delivered to us.



Key BFGSOV

B - Biodynamic // F - Fairtrade or BAFTS accredited // G - Gluten-Free // O - Organic // S - Added Sugar // V - Vegan

All prices are correct at time of print and stock is subject to availability.

code	product	size	price	bfgosv
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ALCOHOL FREE AND LOW ALCOHOL BEVERAGES

BELVOIR

JU205	Alcohol Free Cocktails Lime and Yuzu Mojito	6 x 750ml	15.49	GS
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THE REAL DRINKS CO.

JU247	XMAS 2024 Dry Dragon Sparkling Tea	6 x 750ml	37.98	GV
JU248	Peony Blush Sparkling Tea	6 x 750ml	41.76	CV
JU246	Royal Flush Sparkling Tea	6 x 750ml	37.98	GV

ALCOHOLIC DRINKS

DIRTY COW

RT057	Chocolate Cre*m Liqueur	6 x 70cl	90.17	GSV
RT052	Original Cre*m Liqueur XMAS 2024	6 x 70cl	90.17	GSV
RT030	Strawberry Cre*m Liqueur	6 x 70cl	90.17	GSV

HOLLOWES

RT017	From Fentimans Superior Alcoholic Ginger Beer	8 x 500ml	18.07	CVS
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BABY & CHILD FOOD

BEAR

ZX523	Paws- Raspberry & Blueberry	18 x 20g	8.80	CV
ZX520	Paws- Strawberry & Apple Paws in multipacks	18 x 20g	8.80	GV
ZX189	Paws- Raspberry & Blueberry	4 x 5 x 20g	9.03	CV
ZX245	Paws- Strawberry & Apple	4 x 5 x 20g	9.03	GV

LITTLE PASTA ORGANICS

BB043	Pasta Red Lentil Dinosaur Pasta	8 x 250g	22.65	GOV
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ORGANIX

BB023	3 Years + Snacks Choco Mint Flapjack Bites OC	4 x 4 x 23g	11.79	GO
BB021	Choco Orange Flapjack Bites	4 x 4 x 23g	10.02	GO
BB025	Lemon & Lime Oaty Bars	6 x 6 x 23g	14.99	GO
BB026	Mandarin & Apple Oaty Bars	6 x 6 x 23g	14.99	GO
BB028	Wavy Apple Snackers Goodies Biscuits	5 x 15g	4.25	GO
BB013	Jammie Monsters Goodies Snack Bars	4 x 8 x 8g	9.61	GO
BB004	Choco Orange Oaty Bars Gruffalo Snacks	6 x 6 x 23g	14.99	GO
BB017	Barbeque Gruffalo Claws	3 x 4 x 15g	5.75	GO
BB016	Cheese & Onion Gruffalo Claws Rice Cake Clouds	3 x 4 x 15g	5.75	GO
BB018	Summer Fruits Rice Cake	6 x 40g	7.62	GO

BAKING SUNDRIES

SUMA

LJ039	Baking Powder - Gluten Free	6 x 200g	12.83	GV
LJ040	G/Free Bicarbonate of Soda	6 x 200g	9.86	GV
GT028	Gluten Free Vegetarian Suet	6 x 250g	16.88	GV
LJ223	Gluten Free Xanthan Gum	6 x 100g	18.20	GV

DOVES FARM

LJ206	Baking Powder	5 x 130g	6.16	GV
LJ202	Bicarbonate of Soda	5 x 200g	5.63	CV
LJ228	Choc Chip Cookie Mix	5 x 350g	13.15	GSV
LJ234	Chocolate Brownie Mix	5 x 350g	11.85	GSV
LJ203	Cornflour	5 x 110g	7.31	GV
BT528	Gluten Free Sponge Mix	5 x 350g	10.50	GSV
LJ233	Pancake Mix	5 x 300g	9.95	GV
LJ423	Quick Yeast	2 x 8 x 125g	23.64	GV

ENGEVITA

LJ144	Organic Yeast Flakes	6 x 100g	29.21	FGOV
LJ148	Super Yeast Flakes Vit D & B12	6 x 100g	21.65	GV
LJ143	Yeast Flakes Protein & Fibre	6 x 100g	17.79	FGV
LJ020	Yeast Flakes with Vitamin B12	6 x 100g	19.11	FGV

EPICURE

LJ084	XMAS 2024 Mediterranean Peach Halves	6 x 540g	14.77	FGSV
LJ151	Plum Halves	6 x 560g	14.77	GSV

code	product	size	price	bfgosv
LJ146	Stoneless Sour Cherries	6 x 570g	14.77	FGSV
LJ145	Williams Pear Halves	6 x 540g	14.77	FGSV
FOODS OF ATHENRY				
XMAS 2024				
VF264	Very Fruity Mince Meat	12 x 320g	66.14	GSV
FREE & EASY				
LJ009	Cheese Flavour Sauce Mix	6 x 130g	12.81	GSV
LJ016	Egg Replacer	6 x 135g	13.19	GV
MONTEZUMA'S				
Cooking Chocolate				
KB052	Dark Couverture	3kg	53.58	GOSV
KB060	Milk Couverture	3kg	53.58	GOS
NIELSEN MASSEY				
LJ244	Vanilla Extract	8 x 60ml	65.25	GV
ORGRAN				
LJ656	Egg Replacer	8 x 200g	20.10	GV
LJ077	Vegan Easy Egg	8 x 250g	29.93	GSV
PLAMIL				
Drops in 1kg bags				
KB651	Baking Chocolate	1 x 1kg	20.72	GSV
KB652	Organic Baking Chocolate	1 x 1kg	23.56	GOSV
KB658	Organic Rich Chocolate	1 x 1kg	25.29	GOSV
THE RAW CHOCOLATE CO				
Chocolate Making Ingredients				
KB051	Raw Cacao Powder	6 x 180g	24.71	GOV
BEERS				
BRASSERIE BRUNEHAUT				
RT076	Belgian Beer - Amber	24 x 330ml	62.93	GOSV
RT077	Belgian Beer - Blanche	24 x 330ml	56.00	GOSV
RT075	Belgian Beer - Blonde	24 x 330ml	60.33	GOSV
BISCUITS CRACKERS & CRISPBREAD				
AMISA				
BT560	Chestnut Crispbread	12 x 100g	21.82	GOV
BT119	Chickpea Crispbread	12 x 100g	19.08	GOV
BT185	Crispbread - Buckwheat W/grain	12 x 120g	26.38	GOV
BT291	Crispbread - Veggie Garden GF	12 x 100g	17.25	GOV
BT159	Protein Lentil Crispbread	12 x 100g	19.99	GOV
CLEARSPRING				
BT229	Brown Rice Cakes	6 x 120g	7.16	GOV
BT261	Brown Rice Cakes	6 x 120g	7.16	GOV
BT317	Organic Corncakes	12 x 130g	16.11	GOV
BT631	Rice Cakes - 3 Grain, Thin,Org	12 x 130g	16.11	GOV
BT630	Rice Cakes - Lightly Salted	12 x 130g	16.11	GOV
BT629	Rice Cakes - No Added Salt,Org	12 x 130g	16.11	GOV
DOVES FARM				
BT295	Choc Chip Cookies	12 x 180g	23.61	GOSV
BT271	Double Chocolate Cookies - GF	12 x 180g	23.61	GOSV
BT269	Lemon Zest Cookies - GF	12 x 150g	18.31	GOSV
BT008	Stem Ginger Cookies - GF	12 x 150g	18.31	GOSV
EASY BEAN				
CRACKERS				
BT304	Fava Bean & Poppy Seed Crackers	8 x 150g	24.69	GV
BT305	Greenpea & Chia Seed	8 x 150g	24.69	GV
BT303	Red Lentil & Poppy Seed	8 x 150g	24.69	GV
BT279	Turmeric & Nigella Seed	8 x 150g	24.69	GV
BT285	Yellow Pea & Sunflower Seed Crispbreads	8 x 150g	24.69	GV
BT078	Chickpea Crispbread - Cheddar	8 x 110g	24.69	G
BT204	Chickpea Crispbread - Moroccan	8 x 110g	24.69	G
BT076	Chickpea Crispbread - Seaweed	8 x 110g	24.69	G
BT208	Chickpea Crispbread with Seeds	8 x 110g	24.69	G
FOODS OF ATHENRY				
XMAS 2024				
BT044	Almond & Rosemary Toasts	12 x 100g	36.92	GS
BT049	Cranberry & Hazelnut Toasts	12 x 100g	36.92	GS
BT059	Multi-Seed & Cumin Toasts	12 x 100g	36.92	GS
BT058	Multi-Seed Toasts	12 x 100g	36.92	GS

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HONEYROSE				
BT292	All Butter Lemon Shortbread	6 x 125g	16.16	GOS
BT249	All Butter Oat & Raisin Cookie	6 x 115g	16.16	GOS
BT232	All Butter Shortbread	6 x 125g	16.16	GOS
BT227	Date & Walnut Toast	6 x 110g	19.67	GOSV
BT228	Hazelnut & Agen Plum Toast	6 x 110g	20.61	GOSV
BT230	Kale & Spiced Nut Toast	6 x 110g	19.67	GOSV
BT235	Triple Chocolate Cookie	6 x 115g	16.16	GOS
KALLO				
BT045	Ancient Grain Corn Cakes	12 x 150g	23.04	GOV
BT088	Beetroot & Three Seeds Thins	12 x 100g	28.70	GV
BT152	Blueberry/Van Rice/Corn Cakes	6 x 131g	13.84	GSV
BT184	Corn Cakes OG	12 x 130g	21.05	GOV
BT085	Lentil&Pea Veggie Cake	6 x 122g	16.67	GV
BT096	Mixed Seeds Veggie Thins	12 x 100g	28.70	GV
BT104	Rosemary & Sea Salt Veggie Ths	12 x 100g	28.70	GV
BT218	Thai curry veggie cakes	6 x 122g	16.67	GS
	Lentil Cakes			
BT578	Protein Lentil Cake	6 x 100g	11.41	GV
	Rice Cakes			
BT810	Milk Chocolate Rice Cakes OG	16 x 90g	47.14	GO
BT034	Original Wholegrain Rice Cakes	12 x 130g	19.90	GVO
BT338	Thin Slice Rice Cake Dark Choc	16 x 90g	46.21	GO
LAZY DAY				
BT019	Chocolate Tiffin	12 x 50g	15.77	GSV
BT017	Millionaire Shortbread	12 x 50g	15.77	GSV
BT316	Millionaires Shortbread	8 x 150g	21.26	GSV
BT032	Orange Tiffin	12 x 50g	15.77	GSV
BT436	Orange Tiffin	8 x 150g	22.63	GSV
BT023	Rocky Road	12 x 50g	15.77	GSV
BT437	Rocky Road	8 x 150g	21.26	GSV
BT443	Salted Caramel Crispie	8 x 150g	21.26	GSV
BT041	Scottish Shortbread	12 x 50g	15.77	GSV
	XMAS 2024			
BT077	Chocolate Chip Shortbread	8 x 150g	22.86	GSV
BT214	Dark Belgian Choc Ginger Snaps	8 x 125g	28.00	GV
BT197	Free From Shortbread	8 x 150g	20.57	GV
BT140	Ginger Snaps	8 x 150g	20.57	GVS
BT037	Scottish Vegan Mini Shortbread	6 x 250g	34.71	GSV
LE PAIN DES FLEURS				
BT094	Buckwheat Crispbread	6 x 150g	18.94	GOV
BT189	Buckwheat Crispbread no Salt	6 x 150g	18.94	GOV
BT095	Chestnut Crispbread	6 x 150g	20.74	GOV
BT093	Quinoa Crispbread	6 x 150g	20.74	GOV
MRS CRIMBLES				
BT245	Chocolate Macaroons	12 x 195g	20.12	GSV
BT288	Coconut Macaroon	12 x 180g	18.22	GSV
NAIRN'S				
BT149	Caramelised Onion Flatbreads	6 x 150g	10.76	GS
BT156	Cheese Cracker	8 x 137g	10.94	GS
ZX338	Original Flatbread	6 x 150g	10.76	GSV
BT027	Sourdough Flatbreads	6 x 125g	10.76	GSV
	Biscuit Breaks			
BT425	Salted Caramel Oat Biscuit	6 x 160g	12.16	GS
	Gluten Free			
BT194	Chocolate Chip Oaties	8 x 160g	8.94	GSV
BT558	Cracked Black Pepper Cracker	8 x 137g	13.17	GS
BT200	GF Apple&Cinnamon Chunky Bisc	6 x 160g	12.16	GSV
BT324	GF Biscuit Breaks Choc Chip	12 x 160g	24.32	GSV
BT108	GF Biscuit Breaks Oat & Fruit	12 x 160g	24.33	GSV
BT267	GF Biscuit Breaks Stem Ginger	12 x 160g	24.33	GSV
BT571	GF Blue&Rasp Chunky Biscuits	6 x 160g	12.16	GSV
BT572	GF Dark Choc&C'nut Chunky Bisc	6 x 160g	12.16	GS
BT549	GF Super Seeded Oatcake	8 x 180g	15.49	GV
BT420	Gluten Free Oatcakes	8 x 213g	15.49	GV
BT424	Gluten Free Oatcakes - Cheese	8 x 180g	15.49	G
BT195	Syrup Oaties	8 x 160g	8.94	GSV
BT127	Toffee Flavour Oaties	8 x 160g	10.11	GSV
BT559	W/Grain Super Seeded Cracker	8 x 137g	14.36	GS
BT557	Wholegrain Cracker	8 x 160g	14.36	GS

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ORGRAN				
BT176	Spliits Pumpkin Crispbread	6 x 130g	13.51	GV
BT177	Spliits Swt Potato Crispbread	6 x 130g	13.51	GV
ORIGIN EARTH				
BT390	Gluten Free Crackers	10 x 150g	21.75	GV
BT389	Gluten Free Crackers Fennel	10 x 150g	21.75	GV
BT387	Gluten Free Crackers Sesame	10 x 150g	21.75	GV
PROFUSION				
BT212	Protein Chickpea Cakes	12 x 100g	22.73	GOV
BT209	Protein Lentil Cakes	12 x 100g	22.73	GOV
REAL FOODS				
BT381	Corn Thins - Original	6 x 150g	8.78	GV
RHYTHM 108				
BT143	Chocolate/Salt Caramel Biscuit Biscuit Share Bags	4 x 135g	9.67	GOSV
BT333	Almond Biscotti	8 x 135g	18.22	GOV
BT334	Coconut Cookie	8 x 135g	18.22	GOSV
BT344	Lemon Ginger Chia Biscuits	8 x 135g	18.22	GOSV
RUDE HEALTH FOODS				
BT300	Buckwheat Crackers	8 x 100g	14.97	GOV
BT147	Chickpea & Lentil Crackers	8 x 120g	14.97	GOV
BT372	Chickpea Triangles	6 x 80g	8.31	GOV
BT054	Corn Crackers	8 x 130g	12.00	GOV
BT371	Corn Triangles	6 x 100g	8.31	GOV
BT313	High Protein Lentil Triangles	6 x 70g	8.31	GV
BT309	Multigrain Crackers	8 x 100g	14.97	GOV
SWEET FA				
By Island Bakery				
BT358	Cranberry & Orange Cookies	12 x 125g	27.74	GOSV
BT359	Double Choc Chip Cookies	12 x 125g	27.74	GOSV
BT362	Oat & Raisin Cookies	12 x 125g	27.74	GOSV
BT364	Peanut Butter Cookies	12 x 125g	27.74	GOSV
BODY CARE				
DR BRONNER'S				
DY338	Lavender Castile Liquid Soap	1 x 3.8l	48.99	FGOVB
FAITH IN NATURE				
Body Wash				
DY351	Body Wash - Avocado	6 x 400ml	22.80	GV
LAVERA				
Basis				
DY583	Lip Balm Sensitive	6 x 4.5g	13.99	OGV
WELEDA				
XMAS 2024				
DY760	For Men - Skin Saviours	1 x gift set	14.29	FGV
DY757	Refresh - Body & Soul	1 x gift set	11.90	FGV
DY756	Relax - Body & Soul Gift	1 x gift set	10.71	FGV
DY755	Skin Food - Bedtime Beauty	1 x gift set	20.83	FG
DY759	Sports Aftercare - Arnica	1 x gift set	14.89	FGV
BREADS & BREAD MIXES				
AMISA				
BT125	GF Olive Ciabatta	8 x 180g	21.24	GOV
BT472	Seeded Breakfast Rolls	8 x 188g	21.24	GOV
BT468	Sundried Tomato Ciabatta	8 x 180g	22.46	GOV
BIONA				
BT461	Rice Bread with Sunflower Seed	6 x 500g	27.35	GOV
DILLON ORGANIC				
BT449	Beetroot Flax Keto Bread	6 x 250g	22.46	GOV
BT463	Chia Flax Keto Bread	6 x 250g	22.46	GOV
BT447	Original Flax Keto Bread	6 x 250g	22.46	GOV
BT079	Sliced Gluten Free Olive Bread	4 x 275g	14.37	GOV
BT084	Sliced Gluten Free Seeded Brea	4 x 275g	14.37	GOV
FREE & EASY				
FG057	Yorkshire Pudding Mix	4 x 155g	8.86	GV
ISABEL'S NATURALLY FREE FROM				
BT203	Gluten & Wheat Free Pizza Mix	8 x 300g	27.27	G
FG084	Yorkshire Pudding Mix - G/Free	8 x 100g	21.37	G

code	product	size	price	bfgosv
BURGERS SAUSAGES & TVP MIXES				
SUMA PREPACKS				
VF154	Nut Roast Mix - Gluten Free	6 x 340g	17.33	GVS
CLEARSPRING				
SY074	Organic Soya Chunks	12 x 200g	31.41	GOV
SY071	Organic Soya Mince	12 x 250g	35.01	GOV
GORDON RHODES				
XMAS 2024				
VF024	Apple, Apricot & Bay Stuffing	5 x 125g	13.95	GSV
VF034	Chestnut & Cranberry Stuffing	5 x 125g	14.09	GSV
VF130	Gourmet Bread Sauce Mix	5 x 125g	13.03	GS
VF045	Sage & Red Onion Stuffing	5 x 125g	12.58	GSVB
PROFUSION				
SY092	Protein Chunks Pea & Fava	12 x 125g	34.60	GOV
SY095	Protein Mince Pea & Fava	12 x 125g	34.60	GOV
SHROPSHIRE SPICE				
XMAS 2024				
VF307	Bread Sauce	6 x 100g	10.33	GSV
VF308	Cranberry & Apple Stuffing	6 x 120g	10.33	GSV
VF309	Parsley & Thyme Stuffing	6 x 120g	10.33	GSV
VF310	Sage & Onion Stuffing	6 x 120g	10.33	GSV
CAKES				
DENISE'S DELICIOUS GLUTEN FREE				
XMAS 2024				
BT022	4 Handmade GF Mince Pies	6 x 220g	28.72	GS
BT402	Luxury GF Christmas Puddings	6 x 350g	52.86	GS
BT403	Rich GF Christmas Cake	6 x 500g	64.43	GS
FOODS OF ATHENRY				
XMAS 2024				
BT151	Christmas Cake - Gluten Free	6 x 600g	54.21	GS
BT148	Starry Mince Pies	12 x 280g	54.21	GSV
FREE & EASY				
Gluten & Dairy Free				
BT072	Chocolate Brownie Mix	4 x 350g	13.54	GSV
WE LOVE CAKE				
XMAS 2024				
BT141	Mince Pies	5 x 230g	12.88	GSV
CEREALS & MUESLIS				
ALARA				
Everyday Range				
MX023	Gluten Free Muesli - organic	6 x 250g	19.06	GOV
Into The Garden				
MX236	Active Muesli	6 x 250g	22.32	GOV
AMISA				
FX016	Organic Porridge Oats	6 x 325g	12.28	GOV
BIO & ME				
MX116	Burst Gluten Free Granola	5 x 350g	17.54	GV
MX117	Cashew & Almond GF Granola	5 x 350g	17.54	GV
Porridge Pot				
MX129	Porridge Pot - Nice & Nutty	8 x 58g	8.60	GV
MX122	Porridge Pot - Spiced Apple	8 x 58g	8.60	GV
DELICIOUSLY ELLA				
MX006	Almond Apple & Raisin Granola	6 x 400g	19.00	GV
MX089	Deluxe Granola	6 x 380g	22.45	GSV
MX001	Nutty Granola	6 x 380g	19.00	GV
DOVES FARM				
MX019	Cereal Flakes	5 x 375g	15.00	GOSV
MX988	Chocolate Stars	5 x 300g	12.20	GOV
MX063	Cinnamon Hoops	5 x 300g	12.20	GOSV
MX632	Corn Flakes	5 x 325g	11.85	GOV
MX171	Fibre Flakes	5 x 375g	14.45	GOSV
MX086	Fruit & Fibre Flakes	5 x 375g	18.75	GOV
MX002	Porridge Oats	4 x 430g	12.20	GOV
MX087	Supergrain Hoops	5 x 300g	14.45	GOV
Ancient Grains				
MX090	Breakfast Flakes	5 x 375g	17.66	GOV
MX081	Cereal Hoops	5 x 300g	16.90	GOV
MX080	Fruit & Fibre Flakes	5 x 375g	18.76	GOSV

code	product	size	price	bfgosv
MX115	Snack Size Chocolate Stars	20 x 25g	11.00	GOSV
MX074	Corn Flakes	20 x 30g	11.00	GOSV
MX073	Fibre Flakes	20 x 30g	11.00	GOSV
MX088	Wholegrain Cocoa Rice Pops	5 x 300g	13.36	GOSV
	GLEBE FARM			
FX037	Porridge Oats GF	6 x 450g	11.91	GV
MX106	Porridge Oats GF	6 x 450g	12.67	GOV
	KALLO			
MX124	Puffed Rice Cereal - Natural	8 x 225g	22.92	GOV
	LIZI'S			
MX181	Gluten Free Nut & Seed Granola	10 x 350g	34.29	SGV
	NAIRN'S			
MX152	Gluten Free Porridge Oats	5 x 450g	11.68	GV
MX154	Muesli - Gluten Free	5 x 450g	13.47	GSV
	NATURES PATH ORGANIC			
	Cereals			
MX194	Maple Sunrise	4 x 332g	14.27	GOSV
MX885	Mesa Sunrise	4 x 355g	14.80	GOSV
	Envirokidz			
MX079	Choco Chimps	4 x 284g	13.81	GOVS
MX602	Gorilla Munch Granola	4 x 300g	13.63	GOVS
MX136	Mixed Berry Granola	5 x 300g	21.07	OG
	NUTRI BREX			
MX036	Nutri Brex	12 x 375g	51.43	GV
	PRIMROSE'S KITCHEN			
MX109	Beetroot & Ginger Muesli	6 x 400g	20.23	GOV
MX104	Carrot,Apple & Cinnamon Muesli	6 x 400g	20.23	GOV
MX098	Fig & Apricot Bircher OG	6 x 400g	20.20	GOV
	RAW GORILLA			
MX102	Keto Berry Granola	6 x 250g	27.36	GOV
MX103	Keto Chocolate Granola	6 x 250g	27.36	GOV
MX113	Mighty Muesli	6 x 250g	27.36	GOV
MX105	Mighty Muesli Choc Chip	6 x 250g	27.36	GOV
MX142	Peanut Butter Choc Granola	6 x 250g	27.36	GOV
MX141	Peanut Butter Granola	6 x 250g	27.36	GOV
	ROLLAGRANOLA			
MX145	Absolutely Chocolate Granola	6 x 400g	24.28	GV
MX144	Almond Pecan Crunch Granola	6 x 400g	24.28	GV
MX035	Awesome Almond Granola	6 x 400g	24.28	GV
MX147	Cool Raspberry Granola	6 x 300g	25.22	GV
MX045	Healthy Hazelnut Granola	6 x 400g	24.28	GV
MX107	Organic & Nutty Granola	6 x 400g	24.28	GOV
MX146	Zesty Caveman Granola	6 x 300g	25.22	GV
	RUDE HEALTH FOODS			
	Puffs			
MX101	Choco Vanilla Puffs	7 x 200g	19.60	GOV
MX164	Honey Puffed Oats	4 x 240g	12.76	G
MX120	Puffed Brown Rice	4 x 225g	7.19	GV
	SPOON CEREALS			
MX003	Cinnamon + Pecan Granola	5 x 400g	14.40	GV
	SPOONS CEREALS			
MX039	Apple & Almond Butter Granola	5 x 400g	14.40	GV
	WHOLE EARTH			
MX172	Classic Cornflakes - organic	12 x 375g	29.81	GOSV
MX174	Maple Frosted Flakes - og	10 x 375g	30.66	GOSV
	CHOCOLATE			
	BEECH'S FINE CHOCOLATES			
	XMAS 2024			
KB342	Dark Choc Fruit Creams	6 x 150g	26.10	GSV
WS097	Dark Chocolate Brazils	6 x 145g	32.63	GSV
WS096	Dark Chocolate Ginger	6 x 200g	32.63	GSV
KB366	Dark Chocolate Marzipan	6 x 150g	26.10	GSV
KB027	Ginger Creams	12 x 90g	22.54	GSV
KB339	Mint Creams	12 x 90g	22.54	GSV
KB338	Strawberry Creams	12 x 90g	22.54	GSV

code	product	size	price	bfgosv
BENNETTO				
KB872	70% Dark Chocolate Bar	12 x 80g	25.43	FGOV
KB874	82% Super Dark Bar	12 x 80g	28.86	FGOV
KB875	Coconut Flake Bar	12 x 80g	25.43	FGOV
KB896	Dark Chocolate with Raspberry	12 x 80g	28.86	FGOV
KB880	Dark Coffee Bar	12 x 80g	28.86	FGOV
KB885	Dark Mint Bar	12 x 80g	25.43	FGOV
KB895	Dark Orange with Chilli bar	12 x 80g	25.43	FGOV
KB894	Dark Salted Caramel	12 x 80g	25.43	FGOV
KB900	Dark with Toasted Hazelnuts	12 x 80g	25.43	FGOV
BOOJA-BOOJA				
ZX869	Almond Salted Caramel	8 x 92g	37.80	GOSV
ZX871	Around Midnight Espresso	8 x 92g	37.80	GOSV
KB648	Chocolate Orange Truffle Logs	8 x 115g	57.31	GSOV
KB749	Chocolate Orange Truffles	8 x 92g	37.80	GOSV
KB521	Cookie Dough Chocolate Wonders	8 x 65g	15.60	GOSV
KB694	Deeply Chocolate Truffles	8 x 92g	37.80	GOSV
ZX872	Fine De Champagne	8 x 92g	37.80	GOSV
KB660	Gourmet Truffle Selection No1	4 x 289g	72.96	GSOV
KB667	Gourmet Truffle Selection No2	4 x 289g	72.96	GSOV
KB512	Hazelnut Chocolate Wonders	8 x 65g	15.60	GSOV
ZX874	Hazelnut Crunch	8 x 92g	37.80	GOVS
KB633	Hazelnut Crunch Truffle Logs	8 x 115g	57.31	GSOV
KB718	Honeycomb Caramel Truffle	8 x 92g	37.80	GOSV
KB518	Raspberry Scrunch Wonders	8 x 65g	15.60	GOSV
KB644	S/Caramel Mocha Truffle Logs	8 x 115g	57.31	GOSV
KB517	Salted Caramel Choc Wonders	8 x 65g	15.60	GSOV
	Artist's Collection Gift Boxes			
KB927	Fine De Champagne Truffles	3 x 185g	56.69	GFOSV
KB929	Hazelnut Truffles	3 x 185g	56.69	GFOSV
	Four Corners			
KB655	The Gourmet Selection Gift Boxes	4 x 230g	57.31	GOSV
KB815	Award-winning Selection	5 x 184g	48.86	GOSV
KB656	Champagne Truffles	6 x 138g	46.87	GOSV
KB793	The Signature Collection Gift Range	5 x 184g	48.86	GOSV
KB624	Truffle Selection 1	4 x 138g	43.01	GOSV
KB873	Truffle Selection 2	4 x 138g	43.01	GOSV
	Two Packs			
KB507	Almond Salted Caramel Truffles	16 x 23g	17.69	GOSV
KB513	Hazelnut Crunch Truffles	16 x 23g	17.69	GOSV
	XMAS 2024			
KB573	The Winter Collection	5 x 184g	48.86	GOSV
KB540	Yuletide Spice Truffle Logs	8 x 115g	57.31	GOSV
BUTTERMILK				
KB854	Choccy Wafer Bar	18 x 38g	18.14	GSV
	Vegan Chocolate Bars			
KB314	Coconut Choccy Bar	24 x 45g	28.46	GSV
KB315	Double Choccy Crisp Bar	24 x 23g	21.26	GSV
	XMAS 2024			
KB317	Zingy Orange Choccy Segments	7 x 100g	15.90	GSV
CAROBOO				
	Carob Bars			
ZX522	Raspberry & Honeycomb Crunch	20 x 32g	20.99	GSV
ZX516	Salted Caramel Nutty Bars	20 x 32g	20.99	GV
ZX985	Smooth & Creamy Coconut Bars	20 x 35g	20.99	GSV
ZX990	Smooth & Creamy Mint Bars	20 x 35g	20.99	GSV
ZX987	Smooth & Creamy Orange Bars	20 x 35g	20.99	GSV
CHOC ON CHOC				
	XMAS 2024			
KB069	Melt And Make Xmas Bauble	6 x 300g	47.14	GS
CHOCOLATE AND LOVE				
WS232	100% Dark Ginger Bar	12 x 80g	41.66	FGOSV
WS136	Passion Fruit Dark Chocolate	12 x 85g	38.92	FGOSV
COCO CHOCOLATIER				
	XMAS 2024			
WS007	Festive Cracker Dark Buttons	9 x 80g	32.66	GSV
WS013	Festive Cracker Milk Buttons	9 x 80g	32.66	GS
WS034	Raspberry Truffles Bauble Tin	6 x 100g	62.45	GS

code	product	size	price	bfgosv
CONSCIOUS CHOCOLATE				
ZX487	Dark Side 75% Raw Bar	10 x 60g	24.54	GOSV
ZX488	Dark Side 85% Raw Bar	10 x 60g	24.54	GOSV
ZX491	Four Nuts Raw Bar	10 x 60g	24.54	GOSV
ZX492	Goji & Coconut Raw Bar	10 x 60g	24.54	GOSV
ZX493	Love Potion No 9 Raw Bar	10 x 60g	24.54	GOSV
ZX497	Orange & Tangerine Raw Bar	10 x 60g	24.54	GOSV
ZX501	Peppermint Raw Bar	10 x 60g	24.54	GOSV
ZX505	Sour Cherry Raw Bar	10 x 60g	24.54	GOSV
COX & CO				
KB443	Bee Pollen & Honey Mini Bar	20 x 25g	17.60	GS
KB441	Mint Crunch Mini Chocolate Bar	20 x 25g	17.60	GSV
KB440	Miso Caramel Chocolate Bar XMAS 2024	20 x 25g	17.60	GSV
WS083	Advent Calendar - Plastic Free	10 x 120g	97.71	GSV
WS085	Xmas Tree Bar Mint Crunch	12 x 50g	37.54	GSV
WS084	Xmas Tree Bar Miso & Caramel	12 x 50g	37.54	GSV
WS093	Xmas Tree Bar Pollen & Honey	12 x 50g	37.54	GS
WS131	Xmas Tree Bar Raw Cacao Nibs	12 x 50g	37.54	GSV
DELICIOUSLY ELLA				
ZX150	Chocolate Orange Dipped Almond	12 x 27g	10.82	GV
ZX151	Peanut Butter Cup	12 x 36g	15.69	GV
ZX152	Salted Caramel Cup	12 x 36g	15.69	GV
ZX144	Salted Chocolate Dipped Almond	12 x 27g	10.82	GV
ENJOY!				
KB958	Vanilla & Chocolate Fudge Soft Centre Bars	6 x 100g	15.00	GV
KB952	Dark Chocolate Raspberry Bar	12 x 70g	22.46	GV
EQUAL EXCHANGE				
KB803	88% Extreme Dark	14 x 80g	38.57	GOSV
GOUPIE				
	XMAS 2024			
WS009	Boozy Christmas Goupie	6 x 180g	24.07	GSV
WS008	Boozy Christmas Goupie Mini	10 x 75g	21.49	GSV
WS017	Crystallised Ginger	5 x 50g	15.60	GSV
WS132	Mint Chocolates	6 x 180g	21.80	GSV
WS134	Orange Chocolates	6 x 180g	21.80	GSV
WS135	Sticky Toffee Chocolates	6 x 180g	21.80	GSV
WS022	Sweet Candied Orange Peel	5 x 50g	15.60	GSV
KB099	Taste of Christmas	6 x 180g	24.07	GSV
KB144	Taste of Christmas Mini	10 x 75g	21.49	GSV
WS120	White Christmas Goupie	6 x 160g	24.07	GSV
WS121	White Christmas Goupie Mini	10 x 75g	21.49	GSV
H!P - HAPPINESS IN PLANTS				
	70g Bars			
KB607	Original - Creamy & Smooth	12 x 70g	26.23	GSV
KB606	Salted Caramel	12 x 70g	26.23	GSV
HAPPI				
	80g Bars			
KB953	Cacao Nibs Crunch	12 x 80g	23.93	GSV
KB988	Orange	12 x 80g	23.93	GSV
KB951	Plain Milk	12 x 80g	23.93	GSV
KB950	Salted Caramel	12 x 80g	23.93	GSV
KB996	White Chocolate	12 x 80g	23.93	GSV
ZX983	White Chocolate & Raspberry Chocolate Buttons	12 x 80g	23.93	GSV
ZX986	Oat Milk Chocolate Buttons XMAS 2024	10 x 100g	24.22	GSV
KB412	Chocolate Candy Cane Xmas Bar	12 x 80g	26.83	GSV
KB274	Honeycomb Ginger	12 x 80g	26.83	GSV
KB275	Oat Milk Choc Advent Calendar	15 x 120g	146.57	GSV
HU				
KB674	Almond Butter Crispy Dark Bar	12 x 60g	27.08	FGOSV
KB675	Cashew Butter Vanilla Dark Chc	12 x 60g	27.08	FGOSV
KB678	Crunchy Mint Dark Chocolate	12 x 60g	27.08	FGOSV
KB673	Hazelnut Butter Dark Chocolate	12 x 60g	27.08	FGOSV
KB672	Salty Dark Chocolate Bar	12 x 60g	27.08	FGOSV
KB671	Simple Dark Chocolate Bar	12 x 60g	27.08	FGOSV
KB680	Vanilla Crunch Dark Chocolate	12 x 60g	27.08	FGOSV

code	product	size	price	bfgosv
LOVERAW				
KB127	Peanut Butter Cups Milk Chocolate PNB Cups	18 x 34g	21.86	GSV
MONTEZUMA'S				
ZX775	Absolute Black Giant Button Organic Bars	8 x 180g	24.23	GV
ZX779	Royal Mint Organic Dark W'Mint	12 x 90g	21.27	GOSV
MOO FREE				
KB504	Choccy Rocks Bunnycomb Bar	16 x 35g	14.00	FGSV
KB247	Cookie Crunch Bar	20 x 35g	16.88	GSV
KB390	Moofreesa Bar	20 x 35g	16.88	GSV
KB010	Moofreesas Buttons	16 x 35g	14.00	GSV
KB348	Buttons - Original Everyday Bars	25 x 25g	14.85	GSV
KB354	Original Bars Mini Moos	12 x 80g	18.00	GSV
KB324	Bunnycomb Bars	20 x 20g	10.00	GSV
KB337	Original Bars	20 x 20g	10.00	GSV
KB345	White Chocolate Bars XMAS 2024	20 x 20g	10.00	GSV
WS033	Advent Calendar Kid White Choc	10 x 70g	30.63	GSV
KB310	Advent Calendar Milk Chocolate	10 x 70g	30.63	GSV
WS046	Crimbo Pudding Shape Chocolate	6 x 80g	17.81	GSV
WS037	Jingle Chums Bar	40 x 15g	20.00	GSV
WS052	Snowy Road White Choc Balls	10 x 100g	25.00	GSV
WS076	White Chocolate Snowballs	16 x 35g	15.00	GSV
WS075	Yummy Tumma Santa	6 x 100g	18.76	GSV
MUMMY MEEGZ				
KB508	M'z Gems Chocolate	12 x 80g	19.89	GSV
KB510	M'z Gems Peanut	12 x 80g	19.89	GSV
NOURISH				
KB416	The Nutty One	14 x 50g	21.80	GSOV
OMBAR CHOCOLATE				
KB574	100% Cacao Chocolate Bar	10 x 70g	22.87	FGOSV
ZX419	100% Cacao Chocolate Bar	10 x 35g	14.23	FGOV
KB763	72% Cacao Chocolate Bar	10 x 35g	14.23	FGOSV
KB584	90% Cacao Chocolate Bar	10 x 70g	22.87	FGOSV
ZX659	90% Cacao Chocolate Bar	10 x 35g	14.23	FGOSV
KB761	Coco 60% Chocolate Bar	10 x 35g	14.23	FGOSV
KB406	Coco Mylk Chocolate Bar	10 x 35g	14.23	FGOSV
KB960	Oat m'lk Brownie Filled Bar	15 x 42g	18.21	FGOV
KB959	Oat M'lk Caramel Filled Bar 70g Bars	15 x 42g	18.21	FGOSV
ZX951	72% Cacao Chocolate Bar	10 x 70g	22.87	FGOSV
ZX952	Coco Almond Chocolate Bar	10 x 70g	22.87	FSGOV
ZX953	Coco Mylk Chocolate Bar	10 x 70g	22.87	FGOSV
ZX639	Coconut & Vanilla Chocolate	10 x 70g	22.87	FGOSV
ZX403	Hazelnut Truffle Chocolate Bar	10 x 70g	22.87	FGOSV
ZX641	Pistachio Chocolate Bar	10 x 70g	22.87	FGOSV
ZX644	Raspberry & Coconut Choc Bar	10 x 70g	22.87	FGOSV
ZX975	Salt & Nibs Chocolate Bar Filled Bars	10 x 70g	22.87	FSGOV
KB321	Almond Butter Chocolate Bar	15 x 42g	22.21	FGOSV
KB374	Coco Raspberry Chocolate Bar	15 x 42g	22.21	FGOSV
KB359	Coconut Vanilla Chocolate Bar	15 x 42g	22.21	FGOSV
KB355	Hazelnut Truffle Chocolate Bar	15 x 42g	22.21	FGOSV
KB373	Pistachio Cream Chocolate Bar XMAS 2024	15 x 42g	22.21	FGOSV
ZX508	Coco Mylk Advent Calendar	10 x 125g	107.15	FGOSV
ZX510	Coco Mylk Filled Bauble	5 x 80g	27.86	FGOSV
ZX745	Irish Cream Flavour Bar	10 x 70g	21.16	FGOSV
ZX515	Oat M'lk Filled Bauble	5 x 80g	27.86	FGOSV
ZX147	Oat Milk Advent Calendar	10 x 125g	107.15	FGOSV
OTHERLY				
ZX258	XMAS 2024 Oatm'lk Choc Advent Calendar	4 x 120g	41.82	GSV
ZX247	Oatm'lk Salted Caramel Truffle	6 x 100g	58.99	GSV
PLAYIN CHOC				
WS005	Dinosaur Surprise	18 x 1	23.14	GOSV

code	product	size	price	bfgosv
WS133	Endangered Animal Surprise	18 x 1	23.14	GOSV
ZX066	Woodland Animal Surprise	18 x 1	23.14	GOSV
RAW HALO				
	70g Bars			
KB002	Dark 76%	10 x 70g	18.72	GOSV
KB055	Dark 85%	10 x 70g	18.72	GOSV
KB006	Dark Raspberry	10 x 70g	18.72	GOSV
KB047	Dark Salted Caramel	10 x 70g	18.72	GOSV
KB020	Mylk & Pink Himalayan Salt	10 x 70g	18.72	GOSV
KB065	Mylk & Salted Caramel	10 x 70g	18.72	GOSV
KB007	Mylk & Vanilla	10 x 70g	18.72	GOSV
	Truffle Bars			
KB118	Dark Salt Almond Truffle Bar	8 x 90g	17.52	GOSV
KB103	Mylk Hazelnut Truffle Bar	8 x 90g	17.52	GOSV
RHYTHM 108				
KB506	Hazelnut Praline Chocolate Bar	15 x 33g	16.23	GVOS
KB336	Super Coconut Swiss Choc Bar	15 x 33g	16.23	GSOV
KB276	Sweet N Salty Almond Choc Bar	15 x 33g	16.23	GOSV
KB994	Swiss Chocolate Orange Bar	15 x 33g	16.23	GSOV
SO FREE				
	No Added Sugar Large Bars			
ZX915	No Added Sugar 72% Dark Choc	12 x 80g	31.07	GV
ZX919	No Added Sugar Mint Dark Choc	12 x 80g	31.07	GV
	Oat Milk Chocolate Bars			
ZX561	No Added Sugar Vegan Oat Milk XMAS 2024	12 x 70g	32.77	GV
ZX415	Oat Milk Choc Advent Calendar	6 x 110g	26.06	GSV
ZX417	Oat Milk Choc Advent Calendar	6 x 110g	26.06	GV
ZX816	Santa Bar - Milk Alternative	24 x 20g	16.46	GSV
SUMMERDOWN				
	XMAS 2024			
KB239	Chocolate Peppermint Crisps	8 x 200g	40.57	GSV
KB242	Chocolate Peppermint Dominoes	8 x 200g	40.57	GSV
KB244	Chocolate Peppermint Thins	8 x 150g	40.57	GSV
KB257	Mint Chocolate Collection	8 x 170g	38.81	GS
THE RAW CHOCOLATE CO				
KB307	Cacao Nibs	6 x 150g	24.71	GOV
ZX787	Peruvian Truffles	6 x 162g	47.21	GOSV
ZX788	Salted Hazelnut Truffles	6 x 162g	47.21	GOSV
	Raw Chocolate Coated Snacks			
KB855	Chocolate Raisins - Snack Pack	12 x 28g	10.43	GOSV
KB360	Goji Berries - Snack Pack	12 x 28g	10.43	GOSV
ZX884	Raw Chocolate Covered Almonds XMAS 2024	12 x 25g	10.43	GOSV
KB235	Chocolate Mulberries & Cashews	12 x 180g	78.67	GOSV
ZX839	Spiced Chocolate Almonds	12 x 180g	82.10	GOSV
ZX532	Truffle Trees	6 x 125g	43.10	GOSV
TONY'S CHOCOLONELY				
	Sharing Bags			
KB865	Littl'Bits Triple Choc Mix	8 x 100g	15.20	FGS
UP-UP				
KB846	Milk Choc Salted Caramel Bar	15 x 130g	43.93	GS
KB856	Milk Choc Sea Salt & Lime Bar	15 x 130g	43.93	GS
KB842	Original Dark Chocolate Bar	15 x 130g	43.93	GSV
KB840	Original Milk Chocolate Bar	15 x 130g	43.92	GS
VEGO				
KB669	Chocolate & Rice Crisp Bar	20 x 40g	24.00	FGOV
KB821	Mini Whole Hazel Chocolate Bar	20 x 65g	31.14	FGOSV
KB489	Whole Hazelnut Chocolate Bar	20 x 150g	60.00	FGOSV
CHOCOLATE & SWEET SPREADS				
VEGO				
GH075	Hazelnut Chocolate Spread	6 x 350ml	25.29	FGSV
CIDERS				
DUNKERTONS				
RT041	Black Fox Organic Cider	12 x 500ml	32.05	GOSV
RT054	Organic Craft Cider	12 x 500ml	32.05	GOSV
RT053	Premium Reserve Organic Cider	12 x 500ml	32.05	GOSV
WESTONS				
RT006	Vintage Organic Cider 6% ABV	8 x 500ml	18.04	GOV

code	product	size	price	bfgosv
COCOA				
BLENDSMITHS				
	XMAS 2024			
TE056	51% Dark Choc Blend	12 x 250g	66.00	GSV
TE064	70% Dark Choc Blend	12 x 250g	72.00	GSV
TE050	Chilli Choc Blend	12 x 250g	72.00	GSV
TE063	House Choc Blend	12 x 250g	48.00	GSV
TE062	Original Choc Blend	12 x 250g	63.00	GSV
BUTTERMILK				
	XMAS 2024			
TE313	Hot Choccy Bombe	8 x 57g	18.17	GSV
CHEERFUL BUDDHA				
TE077	Cacao Bliss w/Mushroom Extract	6 x 150g	58.46	GV
COCO CHOCOLATIER				
	XMAS 2024			
WS015	Mayan Spice Drinking Chocolate	12 x 250g	87.47	GSV
WS019	Salted Caramel Drinking Choc	12 x 250g	87.47	GSV
GREEN & BLACKS				
TE131	Hot Chocolate	6 x 250g	33.37	FGO
HAPPI				
	XMAS 2024			
ZX142	Christmas Hot Chocolate Bombes	9 x 135g	74.96	GSV
KB266	Oat Milk Hot Chocolate Spoons	12 x 80g	51.26	GSV
ISLANDS CHOCOLATES LTD				
	XMAS 2024			
TE041	45% Hot Chocolate Powder	6 x 200g	30.17	GSV
OTHERLY				
	XMAS 2024			
TE030	Original Drinking Chocolate	12 x 250g	73.57	GSV
COFFEE				
CHEERFUL BUDDHA				
TE072	Chaga Mushroom Coffee Blend	6 x 150g	62.78	GV
TE075	Reishi Mushroom Coffee Blend	6 x 150g	62.78	GV
PACT COFFEE				
	XMAS 2024			
TE068	Coffee Advent Calendar - Bean	8 x 1	212.57	GV
TE071	Coffee Advent Calendar -Ground	8 x 1	212.57	GV
QUIRKY MONKEY				
TE275	Cordyceps Coffee Fusion	6 x 150g	58.74	GV
TE219	Lion's Mane Mushroom Coffee	6 x 150g	58.74	VG
TE291	Mushroom Hot Chocolate	6 x 150g	62.94	G
TE224	Reishi Mushroom Coffee Fusion	6 x 150g	58.74	G
COFFEE SUBSTITUTES				
CHEERFUL BUDDHA				
TE111	Chaga Latte	6 x 150g	58.46	GV
TE090	Lion's Mane Latte	6 x 150g	58.46	GV
TE121	Matcha Latte	6 x 150g	67.46	GV
THE CHICORY CO				
TE728	Chicory Drink - Cocoa	6 x 125g	20.17	GV
TE589	Chicory Drink - Organic	6 x 100g	25.54	GOV
CONVENIENCE FOODS				
ARTISAN GRAINS				
VF213	Nut Roast - Cashew & Cranberry	6 x 200g	16.22	VG
FREE & EASY				
VF125	Bean Cassoulet - og	6 x 400g	14.37	GOV
VF116	Chickpea & Bean Tagine	6 x 400g	14.37	GOV
VF006	Chickpea /Vegetable Curry	6 x 400g	14.37	GOV
VF132	Middle Eastern Casserole	6 x 400g	14.37	GOV
VF141	Sweet Pot/Kale/Coconut Curry	6 x 400g	14.37	GOV
VF014	Three Bean Chilli - og	6 x 400g	14.37	GOV
VF127	Vegetable Balti - og	6 x 400g	14.37	GOV
VF128	Vegetable Hotpot - og	6 x 400g	14.37	GOV
GRANOVITA				
VF036	Nut Luncheon	6 x 400g	13.30	GV
LOMA LINDA				
VF035	Tuno - In Spring Water	12 x 142g	18.00	GV
VF246	Tuno - Mild Curry	12 x 142g	18.00	GV
VF026	Tuno - Thai Sweet Chilli	12 x 142g	18.00	GSV

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VF022	Tuno Mayo Ready Meals	12 x 142g	18.00	GSV
VF033	Jamaican Jerk Bowl	6 x 284g	18.00	GSV
VF013	Taco Filling	6 x 284g	18.00	GSV
VF028	Thai Green Curry	6 x 284g	18.00	GSV
VF016	Tikka Masala	6 x 284g	18.00	GSV
MARIGOLD				
SY154	Tempeh - Cans	6 x 280g	16.42	GV
CRISPS & SNACKS				
AMAZIN				
ZX543	Bio Corn Chips Natural	10 x 150g	15.24	GOV
ZX254	Salsa Dip Hot	6 x 260g	12.43	GOSV
ZX249	Salsa Dip Mild	6 x 260g	12.43	GOSV
ZX482	Spring Roll Wrappers	12 x 100g	20.68	GOV
BLANCO NINO				
ZX794	Tortilla Chips Blue Corn	8 x 170g	16.69	GV
ZX791	Tortilla Chips Chilli & Lime	8 x 170g	16.69	GV
ZX797	Tortilla Chips Creamy Jalapeno	8 x 170g	16.69	GV
ZX790	Tortilla Chips Lightly Salted	8 x 170g	16.69	GV
ZX796	Tortilla Chips Smoky Chipotle	8 x 170g	16.69	GSV
BROWN BAG CRISPS				
Impulse				
ZX266	Lightly Salted	20 x 40g	10.58	GV
ZX268	Oak Smoked Chilli	20 x 40g	10.58	GSV
ZX206	Rosemary & Sea Salt	20 x 40g	10.58	GSV
ZX267	Sea Salt and Vinegar	20 x 40g	10.58	GS
ZX265	West Country Cheddar & Onion Sharing	20 x 40g	10.58	G
ZX270	Lightly Salted	10 x 150g	14.00	GV
ZX108	Rosemary & Sea Salt Vegetable Crisps	10 x 150g	14.00	GSV
ZX833	Vegetable Chips - Hand Cooked	15 x 40g	14.57	GV
CLEARSPRING				
BT026	Brown Rice Crackers	12 x 40g	20.61	GOV
BT033	Brown Rice Crackers	12 x 40g	20.61	GOV
BT053	Brown Rice Crackers Sesame	12 x 40g	20.62	GOV
BT129	Brown Rice Crackers-Blk Sesame	12 x 40g	20.61	GOV
JP073	Seaveg Crispies - Chilli	20 x 4g	19.75	GOV
JP158	Seaveg Crispies - Ginger	20 x 4g	19.35	GOV
JP082	Seaveg Crispies - Original	20 x 4g	19.75	GOV
JP035	Seaveg Crispies - Turmeric	20 x 4g	19.75	GOV
ZX226	Tamari Roast Sicilian Almonds	15 x 30g	18.66	GOV
ZX207	Tamari Roasted Cashew Nuts	15 x 30g	18.66	GOV
ZX191	Tamari Roasted Pumpkin Seeds Seaveg Multipacks	15 x 30g	16.76	GOV
JP159	Seaveg Crispies Ginger Multi	6 x 5 x 4g	22.46	GOV
JP085	Seaveg Crispies Multipack-Chil	6 x 5 x 4g	22.95	GOV
JP083	Seaveg Crispies Multipack-Orig	6 x 5 x 4g	22.95	GOV
JP160	Seaveg Crispies Turmeric Multi	6 x 5 x 4g	22.46	GOV
EAT REAL				
Hummus Chips - Impulse				
ZX198	Hummus Sour Cream Chips	18 x 45g	12.21	GSV
ZX161	Salted, Hummus Chips	18 x 45g	12.21	GV
ZX160	Tomato & Basil, Hummus Chips Hummus Chips - Sharing	18 x 45g	12.21	GSV
ZX326	Hummus Sour Cream & Chive Chip	10 x 110g	16.51	GSV
ZX125	Lemon & Chilli Hummus Chips	10 x 110g	16.51	GV
ZX124	Salted Hummus Chips	10 x 110g	16.51	GV
ZX121	Tomato & Basil, Hummus Chips Kids	10 x 110g	16.51	GSV
ZX246	Kids Veggie straws Lentil Chips - Impulse	24 x 20g	12.12	GSV
ZX169	Lentil Chilli & Lemon Chips	18 x 40g	12.21	GSV
ZX170	Lentil Creamy Dill Chips	18 x 40g	12.21	GSV
ZX165	Lentil Sea Salted Chips Lentil Chips - Sharing	18 x 40g	12.21	GV
ZX135	Lentil Chips Chilli Lemon	10 x 95g	16.51	GV
ZX883	Lentil Chips Creamy Dill	10 x 95g	16.51	GSV
ZX737	Lentil Chips Mango & Mint	10 x 95g	16.51	GSV
ZX128	Lentil Chips Sea Salt	10 x 95g	16.51	GV

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ZX027	Multi Pack Hummus, Lentil, Quinoa Multi	8 x 98g	19.03	GV
ZX007	Quinoa Chips - Impulse	18 x 40g	12.21	GSV
ZX315	Quinoa Chips - Sharing	10 x 90g	16.51	GSV
ZX314	Quinoa Chips Cream & Chives	10 x 90g	16.51	GSV
ZX107	Veggie Straws - Impulse	18 x 45g	12.21	GSV
ZX095	Veggie Straws with Sea Salt	10 x 110g	16.51	GSV
ZX106	Veggie Straws - Sharing	10 x 110g	16.51	GSV
ZX090	Veggie Straws Black Pepper	10 x 110g	16.51	GSV
	Veggie Straws Paprika & Chilli	10 x 110g	16.51	GSV
	Veggie Straws with Sea Salt	10 x 110g	16.51	GSV
EMILY CRISPS				
ZX183	Rainbow Roots	12 x 30g	11.15	GV
ZX234	Sour Cream & Onion Thins	8 x 85g	12.21	GV
ZX235	Sour Cream & Onion Thins	24 x 23g	18.14	GV
ZX197	Veg Thins - Chipotle BBQ	8 x 85g	11.32	GV
KETTLE CHIPS				
ZX248	Sharing Bags	12 x 130g	25.10	GV
ZX427	Lightly Salted	8 x 130g	16.73	GV
	Sheese & Red Onion			
LOVE CORN				
ZX849	Crunchy Corn - BBQ	6 x 115g	10.44	GV
ZX957	Crunchy Corn - Cheese & Onion	6 x 115g	10.44	GV
ZX607	Crunchy Corn - Habanero	6 x 115g	10.44	GV
ZX852	Crunchy Corn - Salt & Vinegar	6 x 115g	10.44	GV
ZX608	Sea Salt	6 x 115g	10.44	G
ZX621	Sour Cream & Chive	6 x 115g	10.44	GV
MR FILBERTS				
	Mixed Nuts			
ZX694	Roasted Nuts & Plump Fruits	12 x 150g	27.51	GSV
ZX685	Valencia Orange & Belgium Choc	12 x 150g	27.51	GS
ZX691	Woodland Truffle & Wild Garlic	12 x 150g	27.51	GSV
	XTMAS 2024			
ZX450	Non-Nut Snack Selection Tin	6 x 1	34.79	GSV
ZX438	Nut Selection Tin	6 x 1	34.79	GSV
ZX445	Snack Selection Tin	6 x 1	34.79	GSV
NAIRN'S				
ZX631	Mini Cheese Bakes	14 x 45g	12.01	GS
ZX335	Sea Salt & Rosemary Flatbread	6 x 150g	10.76	GS
NUDIE SNACKS				
	Cauliflower Crisps			
ZX958	Cheese & Caramelised Onion	12 x 80g	22.62	GSV
ZX713	Cheese and Caramelised Onion	24 x 20g	19.20	GV
ZX692	Katsu Curry	24 x 20g	19.20	GV
ZX979	Katsu Curry	12 x 80g	22.62	GSV
ZX689	Sea Salt	12 x 80g	22.62	GV
ZX690	Sea Salt	24 x 20g	19.20	GV
	Hummus Chips			
ZX714	Lighly Salted	24 x 20g	19.20	GV
	Lentil Curls			
ZX720	Chilli & Lime	24 x 20g	19.20	GV
	Quinoa Chips			
ZX716	Tomato & Garlic	24 x 20g	19.20	GV
PIPERS CRISPS				
	Impulse Bag			
ZX292	Anglesey Sea Salt	24 x 40g	12.35	GV
ZX296	Cider Vinegar & Sea Salt	24 x 40g	12.35	GS
ZX297	Lye Cross Cheddar & Onion	24 x 40g	12.35	GS
ZX434	Wild Thyme & Rosemary	24 x 40g	12.35	GSV
	Sharing Bag			
ZX291	Anglesey Sea Salt	8 x 150g	10.91	GV
ZX283	Cider Vinegar & Sea Salt	8 x 150g	10.91	GS
ZX289	Lye Cross Cheddar & Onion	8 x 150g	10.91	GS
ZX436	Wild Thyme & Rosemary	8 x 150g	10.91	GSV
PROPERCHIPS				
ZX615	Ghost Chilli Chickpea Chips	30 x 30g	21.92	GSV
ZX604	Katsu Curry Chickpea Chips	30 x 30g	21.91	GSV
ZX804	Prawn Cocktail	8 x 85g	13.87	GSV

code	product	size	price	bfgosv
ZX426	Sharing Bag Barbecue Chips	8 x 85g	13.87	GSV
ZX572	Ghost Chilli Chickpea Chips	8 x 85g	13.87	GSV
ZX578	Jerk Sauce Chickpea Chips	8 x 85g	13.87	GSV
ZX596	Katsu Curry Chickpea Chips	8 x 85g	13.87	GSV
ZX467	Salt & Vinegar Chips	8 x 85g	13.87	GSV
ZX430	Sea Salt Chips	8 x 85g	13.87	GSV
ZX451	Sour Cream & Chive Chips	8 x 85g	13.87	GSV
ZX474	Sriracha Chilli Chips	8 x 85g	13.87	GSV
PROPERCORN				
	Sharing Bag			
ZX806	Black Pepper & Salt Popcorn	8 x 70g	9.79	GSV
ZX817	Chilli & Caramel Popcorn	8 x 90g	9.79	GSV
ZX861	Popcorn - Lightly Sea Salted	8 x 70g	9.79	GV
ZX862	Popcorn - Salted Caramel	8 x 90g	9.50	GSV
ZX431	Popcorn - Sweet	8 x 90g	9.78	GSV
ZX860	Popcorn - Sweet & Salty	8 x 90g	9.50	GSV
ZX428	Popcorn - Sweet Cinnamon	8 x 90g	9.78	GSV
ZX814	Smoky & Sweet Paprika Popcorn	8 x 70g	9.79	GSV
ZX808	Tangy Chilli Popcorn	8 x 70g	9.79	GSV
PURELY PLANTAIN				
ZX244	Plantain Chip - Lemon Sea Salt	10 x 75g	14.29	GV
ZX961	Plantain Chips - Nice & Spicy	10 x 75g	14.29	GV
ZX959	Plantain Chips - Sea Salt	10 x 75g	14.29	GV
ZX960	Plantain Chips - Wild Garlic	10 x 75g	14.29	GV
ZX330	Sweet Treat	10 x 75g	14.29	GV
SUPERBON CHIPS DE MADRID				
	XMAS 2024			
ZX484	Pimento Chips	14 x 135g	27.50	GV
ZX489	Salt & Cretan Herb Chips	14 x 135g	27.50	GV
ZX478	Salt & Pepper Chips	14 x 135g	27.50	GV
ZX506	Salt & Vinegar Chips	14 x 135g	27.50	GV
ZX452	Salt Chips	14 x 135g	27.50	GV
ZX490	Seaweed Chips	14 x 125g	31.43	GV
ZX494	Truffle Chips	14 x 135g	31.43	GV
ZX503	Yellow Paprika Chips	14 x 135g	27.50	GV
TRAF0				
	Flips			
ZX359	Chickpea Flips Mild Curry	6 x 75g	13.30	GOV
ZX343	Pea Flips Lightly Salted	6 x 75g	13.30	GOV
ZX299	Rosemary Lentil Flips Popcorn	6 x 75g	13.30	GOV
ZX094	Salted Popcorn Organic	6 x 50g	12.30	GOV
ZX118	Sweet Popcorn Organic	6 x 50g	12.30	GOSV
TYRRELLS				
	Potato Chips - Furrows Sharing			
ZX502	Sea Salt and Cider Vinegar Potato Chips - Impulse	8 x 150g	14.07	GS
ZX907	Cheddar Cheese and Chives Potato Chips - Sharing	24 x 40g	17.74	GS
ZX018	Cider Vinegar and Sea Salt	8 x 150g	14.00	GS
ZX022	Lightly Sea Salted	8 x 150g	14.00	GV
ZX024	Sea Salt & Black Pepper	8 x 150g	14.00	GV
ZX021	Sweet Chilli & Red Pepper Vegetable Chips	8 x 150g	14.00	GSV
ZX388	Mixed Roots	12 x 125g	36.25	GV
DAIRY BUTTER, CREAM & MILK				
CALON WEN				
	The Farmers Co-op			
CV277	Lightly Salted Welsh Butter	20 x 250g	65.71	GO
CV174	Spreadable Butter	16 x 250g	50.00	GO
CV204	Unsalted Welsh Butter	20 x 250g	65.71	GO
DEVON CREAM COMPANY				
CV293	Clotted Cream	12 x 170g	33.41	GO
YEO VALLEY				
	Minimum 4 days shelf life			
CV101	Double Cream	6 x 220ml	10.00	GO

code	product	size	price	bfgosv
DAIRY CHEESE				
BERGERIE				
CV583	Organic Fresh Goat Cheese	6 x 100g	10.63	GO
GODMINSTER				
	Waxed Rounds			
CV255	Black Truffle Cheddar Cheese	8 x 200g	49.25	GO
CV248	Oak-Smoked Cheddar Cheese	8 x 200g	47.65	GO
CV282	Red Chilli Cheddar Cheese	8 x 200g	43.31	GO
CV224	Vintage Bruton Cheddar Cheese	8 x 200g	42.28	GO
DAIRY YOGHURTS				
BERGERIE				
CV581	Goat Milk Yoghurt Natural Org	8 x 125g	5.20	GO
CV585	Sheep Milk Yoghurt Greek Style	6 x 250g	8.64	GO
YEO VALLEY				
	Kefir Yoghurt			
CV578	Honey Kefir Yoghurt	6 x 350g	8.93	GO
CV863	Mango & Passion. Kefir Yoghurt	6 x 350g	8.93	GOS
CV864	Natural Kefir Yoghurt	6 x 350g	8.93	GOS
CV560	Rhubarb Kefir Yoghurt	6 x 350g	8.93	GO
CV862	Strawberry Kefir Yoghurt	6 x 350g	8.93	GOS
DESSERTS				
FOODS OF ATHENRY				
	XMAS 2024			
BT150	Christmas Pudding Gluten Free	6 x 400g	54.21	GS
LILLYPUDS				
	XMAS 2024			
BT306	Trad Vegan Christmas Pudding	6 x 454g	61.11	GSV
SOJADE				
SY099	Chocolate Soya Dessert	8 x 530g	11.20	GOSV
SY107	Vanilla Soya Dessert	8 x 530ml	11.73	GOSV
DESSERTS & PUDDINGS (CHILLED)				
NOURISH				
CV640	Caramel Bar	10 x 60g	21.29	GOV
CV645	Coconutty Bar	10 x 60g	21.29	GOV
CV646	Raspbounty Bar	10 x 60g	21.29	GOV
SOJADE				
CV445	La Fraiche Creme	6 x 200g	9.53	GOV
THE COCONUT COLLABORATIVE				
CV507	Little Choc Pots	6 x 4 x 45g	15.83	GSV
CV511	Salted Caramel Pots	6 x 4 x 45g	15.83	GSV
VRAI				
CV627	Rice Pudding with Vanilla	12 x 110g	13.83	GOS
DRINKS (CHILLED)				
BIOTIFUL DAIRY				
CV359	Baked Milk Drink	6 x 500ml	16.27	GO
CV677	Blossom Honey Kefir Drink	6 x 500ml	16.28	GO
CV342	Kefir Milk Drink	6 x 500ml	16.27	GO
CV361	Kefir Milk Drink	6 x 250ml	9.86	GO
CV676	Vanilla Chai Kefir Drink	6 x 500ml	16.28	GO
CALIFIA FARMS				
CV826	Cold Brew Mocha	6 x 750ml	13.45	GSV
CV823	Unsweetened Almond Milk	6 x 750ml	11.28	GSV
COCOS				
CV482	Mango & Passionfruit Kefir	6 x 200ml	13.54	FGOV
CV898	Natural Coconut Milk Kefir	6 x 500ml	18.08	GOV
CV896	Strawberry Kefir	6 x 200ml	13.54	GOV
KARMA				
	Kombucha			
CV318	Apple Kombucha Zero Sugar	6 x 1l	23.20	FGOSVB
CV322	Citrus Tangerine Kombucha	6 x 750ml	15.67	FGOV
CV343	Ginger & Lime Kombucha	6 x 750ml	15.67	FGOV
CV331	Red Fruits Kombucha	6 x 750ml	15.67	FGOV
MOCKINGBIRD				
	Juices			
CV550	Raw Activate Juice	6 x 750ml	17.61	GV
CV514	Raw Pump Juice	6 x 750ml	17.61	GV

code	product	size	price	bfgosv
CV551	Raw Shield Juice Large Smoothies	6 x 750ml	17.61	GV
CV474	Raw Boost Smoothie	6 x 750ml	18.33	GV
CV473	Raw Greens Smoothie	6 x 750ml	18.33	GV
CV484	Raw Mango Smoothie	6 x 750ml	18.33	GV
UCHA				
CV158	Ginger Kombucha	12 x 350ml	15.16	FGOSV
CV161	Mango Kombucha	12 x 350ml	15.16	FGOSV
CV159	Raspberry Kombucha	12 x 350ml	15.16	FGOSV
YEO VALLEY				
CV558	Cherry Kefir Drink	6 x 500ml	11.15	OG
CV556	Mango & Passion Kefir Drink	6 x 500ml	11.15	GO
CV539	Natural Kefir Drink	6 x 500ml	11.15	GO
FAR EASTERN FOOD				
BOMBOM				
JP157	Kimchi Mayonnaise	12 x 185g	58.11	GSV
CLEARSPRING				
JP077	Brown&Wild Rice w/Tamari Sauce	5 x 250g	13.84	GOV
JP153	Pad Thai Sauce	6 x 150ml	25.16	GOV
JP103	Teriyaki Sauce - Organic & GF	6 x 150ml	23.36	GOV
JP026	Tofu Silken Miso Products	12 x 300g	20.61	GOV
JP048	Creamy Sesame Miso Soup	8 x 4 x 15g	16.78	GOV
JP049	Ginger & Turmeric Miso Soup	8 x 4 x 15g	16.78	GOV
JP047	Hot & Spicy Miso Soup Paste Noodles	8 x 4 x 15g	16.78	GOV
JP056	All Buckwheat Soba Noodles	6 x 200g	17.18	GOV
JP152	Black Rice Noodles	10 x 200g	29.93	GOV
JP053	Brown Rice Noodles - GF	10 x 200g	29.93	GOV
JP151	Brown Rice Vermicelli Noodles	8 x 180g	20.34	GOV
JP054	Brown Rice Wide Noodles - GF Soya Sauce	5 x 200g	14.96	GOV
JP130	Tamari Soy Sauce Double Strnth	6 x 150ml	17.96	GOV
JP001	Tamari Soya Sauce	2.5l	33.74	GOV
JP098	Tamari Soya Sauce	6 x 150ml	13.46	GOV
JP099	Tamari Soya Sauce	6 x 250ml	17.96	GOV
JP110	Tamari Soya Sauce	6 x 1l	85.46	GOV
JP501	Tamari Soya Sauce	6 x 500ml	47.25	GOV
JP029	Yaemon Tamari Soy Sauce	6 x 250ml	26.96	GOV
KIKKOMAN				
JP067	Tamari Gluten Free Soy Sauce	6 x 150ml	16.13	GV
JP136	Teriyaki Marinade	6 x 250ml	18.36	GSV
KING SOBA				
JP087	Brown Rice Paper	10 x 200g	21.70	GOV
WT054	Chilli Miso Ramen Cup	6 x 85g	10.62	GOV
WT055	Classic Miso Ramen Cup	6 x 85g	10.62	GOV
WT034	Ginger Miso Ramen Cup	6 x 85g	10.62	GOV
WT002	Pho Noodles	12 x 250g	28.88	GOV
JP089	White Rice Paper	10 x 200g	21.70	GOV
NOJO				
JP121	Orange Poke Sauce	6 x 200ml	18.43	GV
JP095	Sesame Sauce	6 x 200ml	18.43	GV
JP143	Tahini Sauce	6 x 200ml	18.43	GV
JP081	Teriyaki Sauce	6 x 200ml	18.43	GV
JP106	White Miso Sauce	6 x 200ml	18.43	GV
JP142	Yuzu Sauce	6 x 200ml	28.71	GV
THAI TASTE				
VF174	Galangal	6 x 114g	8.76	GV
VF319	Green Curry Paste	6 x 114g	9.41	GV
VF171	Red Curry Paste	6 x 114g	9.51	GV
VF258	Sriracha Hot Chilli Sauce	6 x 435ml	12.02	GSV
VF199	Tamarind Paste	6 x 130g	8.73	GSV
VF159	Vegan 'Fish' Sauce	6 x 180ml	10.77	GSV
YAKSO				
JP012	Coconut Aminos	6 x 250ml	33.29	GOV
JP113	Tamari - organic	6 x 250ml	22.90	GOV

FLAKES, BRANS & WHEATGERM

SUMA PREPACKS Gluten Free

code	product	size	price	bfgosv
FX046	Oats - Jumbo & Gluten Free	6 x 750g	16.88	GV
FX045	Oats - Porridge & Gluten Free	6 x 750g	16.88	GV
SUMA PREPACKS - ORGANIC				
	Gluten Free			
FX042	Oats - Jumbo Gluten Free	6 x 750g	19.13	GOV
FX044	Oats - Porridge & Gluten Free	6 x 750g	19.13	GOV
ALARA				
FX026	Gluten Free Scottish Porridge	6 x 500g	20.46	GOV
FLOURS & BREAD MIXES				
AMISA				
FG085	Chestnut Flour - Organic	6 x 350g	26.89	GOV
FG065	Chickpea Flour	6 x 400g	15.48	GOV
CLEARSPRING				
FG180	Breadcrumbs - Brown Rice, GF	12 x 250g	43.11	GOV
DOVES FARM				
FG097	Chickpea Flour	5 x 260g	10.70	GOV
FG039	GF Buckwheat Flour	5 x 1kg	16.74	GV
FG522	Gluten Free Brown Bread Flour	5 x 1kg	10.51	GV
FG700	Gluten Free Plain White Flour	5 x 1kg	9.97	GV
FG520	Gluten Free White Bread Flour	5 x 1kg	9.97	GV
FG096	Oat Flour	4 x 450g	13.35	GOV
FG047	Organic Coconut Flour	4 x 500g	11.85	GOV
FG117	Rice Flour	5 x 1kg	8.15	GV
FG116	Stoneground Gram Flour	5 x 1kg	10.11	GV
FG701	White Self Raising Flour GF	5 x 1kg	9.97	GV
ORGRAN				
	Gluten Free Mixes			
FG061	Buckwheat Pancake Mix	8 x 375g	31.44	GV
FRUIT - DRIED				
BEAR				
	Bear Fruit			
DR009	Baked Mango & Passionfruit	7 x 85g	12.63	GV
DR192	Gently Baked Mango	6 x 100g	10.84	GV
DR201	Gently Baked Pineapple	6 x 100g	10.85	GV
DR266	Gently Baked Strawberries	8 x 90g	14.45	GSV
DR263	Snack Pack - Mango	14 x 35g	9.83	GV
DR144	Snack Pack - Pineapple	14 x 35g	9.83	VG
DR002	Snack Pack - Strawberry	14 x 35g	9.83	GV
PLANTLIFE				
DR104	Black Shotut Mulberries	7 x 80g	27.80	GOV
DR106	White Mulberries	10 x 190g	44.86	GOV
URBAN FRUIT				
DR086	Gently Baked Pineapple & Cocon	7 x 85g	14.86	GV
FRUIT & VEGETABLE JUICES				
BZEST				
	Health Shots - PET Bottles			
JU768	Calm & Comfort Shot	12 x 60ml	18.46	GV
JU771	Fire & Fortify Shot	12 x 60ml	18.46	GV
CULTURED FOOD COMPANY				
JU175	Fermented Beet Kvass	6 x 500ml	20.26	GOV
FLAWSOME!				
	Not from concentrate juices			
JU825	Apple & Strawberry Juice	12 x 250ml	16.97	GV
JU820	Orange Juice	12 x 250ml	18.69	GV
JU821	Sweet & Sour Apple Juice	12 x 250ml	16.97	GV
JAMES WHITE				
	Tetrapack 1 Litre			
JU087	Veg-It	8 x 1 l	19.58	GV
ZINGER				
	Zinger Health Shots			
JU264	Sour Cherry Zinger Shot	15 x 70ml	15.11	GV
FRUIT (FROZEN)				
NATURAL COOL				
XL142	Organic Berry Mix	10 x 300g	43.23	GOV
XL145	Organic Blueberries	10 x 300g	39.51	GOV
XL179	Organic Raspberries	10 x 300g	53.77	GOV
XL182	Organic Sour Cherries	10 x 300g	43.23	GOV

code	product	size	price	bfgosv
XL180	Organic Strawberries	10 x 300g	43.23	GOV
GRAINS				
MR ORGANIC				
QS073	Chickpea Rice	12 x 250g	33.24	GOV
QS020	Red Lentil Rice	12 x 250g	33.21	GOV
QUINOLA				
QS122	Golden Vegetables	6 x 250g	9.50	GOV
QS118	Spicy Mexican	6 x 250g	9.50	GOV
QS126	Wholegrain Quinoa	6 x 250g	9.50	GV
GRAVY, STOCK & BOUILLON				
FREE & EASY				
LJ008	Gravy Sauce Mix	6 x 130g	10.76	GV
KALLO				
LJ102	French Onion Stock Cubes	15 x 66g	22.49	GOVS
LJ103	Garlic & Herb Stock Cubes	15 x 66g	22.49	GOVS
LJ171	Low Salt Vegetable Stock Cubes	15 x 60g	22.97	GOVS
LJ122	Mushroom Stock Cubes	15 x 66g	22.49	GOVS
LJ101	Tomato & Herb Stock Cubes	15 x 66g	22.49	GOVS
LJ205	Umami Stock Cubes	15 x 66g	20.82	GOV
LJ120	Vegetable Stock Cubes	15 x 66g	22.49	GOV
LJ186	Vegetable Stock Pots	8 x 4 x 24g	16.74	GOSV
LJ147	Yeast Free Veg.Stock Cubes	15 x 66g	22.49	GV
MARIGOLD				
LJ211	Bouillon Cubes	12 x 8	13.50	GOV
LJ043	Bouillon Powder	6 x 150g	11.53	GV
LJ044	Bouillon Powder	6 x 500g	31.05	GV
LJ073	Bouillon Powder - Organic	6 x 150g	11.48	GOV
LJ238	Bouillon Powder - Organic	6 x 500g	34.88	GOV
LJ070	Bouillon Powder - Reduced Salt	6 x 150g	11.03	GV
LJ237	Bouillon Powder - Reduced Salt	6 x 500g	33.30	GV
LJ178	Bouillon Reduced Salt	1 x 2kg	16.88	FGV
LJ195	Gravy Granules - Instant	1 x 2kg	14.62	GV
LJ062	Gravy Powder - Instant	6 x 170g	10.56	GSV
LJ208	Organic Bouillon	1 x 2kg	17.63	FGOV
LJ074	Organic Bouillon Reduced Salt	6 x 140g	12.49	GOV
LJ253	Organic Reduced Salt Bouillon	1 x 2kg	20.63	FGOV
LJ139	Original Bouillon	1 x 2kg	16.31	FGV
LJ321	Yeast Free Bouillon Stock Cube Catering	12 x 84g	13.50	GOV
LJ032	Engevita with B12 Y/Flakes	1 x 650g	14.99	GV
HERB & FRUIT TEA INFUSIONS				
BOS				
TE241	Rooibos - Apple & Mint	12 x 20 bags	35.04	FGOV
TE281	Rooibos - Chai	12 x 20 bags	35.04	FGOV
TE242	Rooibos - Orange & Ginger	12 x 20 bags	35.04	FGOV
TE261	Rooibos - Strawberry & Vanilla	12 x 20 bags	35.04	FGOV
CLIPPER				
Everyday Infusions				
TE035	Indian Chai	4 x 20 bags	9.26	FGOV
HEATH AND HEATHER				
Botanicals				
TE594	Turmeric Root Brew	6 x 20 bags	15.89	GOV
PUKKA				
TE058	Turmeric Active	4 x 20 bags	15.26	GOV
YOGI TEA				
TE167	Ashwagandha Balance Tea	6 x 17 bags	12.45	GOV
TE553	Bedtime	6 x 17 bags	9.34	GOV
TE250	Bedtime Rooibos Vanilla	6 x 17 bags	12.45	GOV
TE344	Berry Vanilla Organic	6 x 34g	12.45	OGV
TE204	Black Chai	6 x 17 bags	12.45	GOV
TE346	Breathe Deep	6 x 17 bags	12.45	GOV
TE597	Choco	6 x 17 bags	12.45	GOV
TE192	Classic Original	6 x 17 bags	9.34	GOV
TE551	Detox	6 x 17 bags	12.45	GOV
TE208	Echinacea	6 x 17 bags	12.45	GOV
TE630	Feel Pure with Lemon	6 x 17 bags	12.45	GOV
TE591	Finest Selection	6 x 18 bags	13.45	GOV
TE835	Ginger	6 x 17 bags	12.45	GOV

code	product	size	price	bfgosv
TE293	Ginger Lemon	6 x 17 bags	12.45	GOV
TE836	Ginger Orange & Vanilla	6 x 17 bags	12.45	GOV
TE195	Green Balance	6 x 17 bags	12.45	GOV
TE209	Green Chai	6 x 17 bags	12.45	GOV
TE194	Green Energy	6 x 17 bags	12.45	GOV
TE787	Green Tea Matcha Lemon	6 x 17 bags	12.45	GOV
TE645	Heartwarming	6 x 17 bags	12.45	GOV
TE187	Himalaya	6 x 17 bags	12.45	GOV
TE785	Immune Support	6 x 17 bags	12.45	GOV
TE998	Inner Harmony	6 x 17 bags	12.45	GOV
TE638	Lime Mint	6 x 17 bags	12.45	GOV
TE193	Liquorice	6 x 17 bags	12.45	GOV
TE837	Liquorice Mint	6 x 17 bags	12.45	GOV
TE342	Maca Chai	6 x 17 bags	9.34	GOV
TE181	Mental Clarity Tea	6 x 17 bags	12.45	GOV
TE380	Morning Energy	6 x 34g	12.45	OGV
TE252	Positive Energy Cranberry Hib	6 x 17 bags	12.45	GOV
TE001	Rooibos	6 x 17 bags	12.45	GOV
TE283	Rose	6 x 17 bags	12.45	GOV
TE414	Soul Balm	6 x 17 bags	9.34	GOV
TE211	Sweet Chai	6 x 17 bags	12.45	GOV
TE428	Sweet Chilli	6 x 17 bags	12.45	GOV
TE554	Throat Comfort	6 x 17 bags	12.45	GOV
TE349	Tulsi Relax	6 x 17 bags	12.45	GOV
TE018	Turmeric Chai	6 x 17 bags	9.34	GOV
TE088	Turmeric Orange	6 x 17 bags	12.45	GOV
TE733	Wellbeing	6 x 17 bags	12.45	GOV
TE012	White Tea with Aloe Vera	6 x 17 bags	12.45	GOV
TE017	Women's Balance	6 x 17 bags	12.45	GOV
TE355	Women's Energy	6 x 17 bags	12.45	GOV
	For The Senses			
TE615	Good Night	6 x 17 bags	12.45	GOV
TE129	Natural Wellbeing	6 x 17 bags	12.45	GOV
TE610	Pure Happiness	6 x 17 bags	12.45	GOV

HERBS & SPICES - PREPACKED

BLENDSMITHS

	XMAS 2024			
HE125	Masala Chai Drink Blend	12 x 250g	102.00	GSV
HE124	Pumpkin Spice Drink Blend	12 x 250g	108.00	GSV
HE118	Turmeric Cinnamon Drink Blend	12 x 250g	108.00	GSV

TARANTELLA

HE085	Liquid Basil	12 x 40ml	23.05	GOV
HE067	Liquid Chilli	12 x 40ml	23.05	GOV
HE102	Liquid Garlic	12 x 40ml	23.05	GOV
HE109	Liquid Ginger	12 x 40ml	23.05	GOV
HE072	Liquid Thyme	12 x 40ml	23.05	GOV

HONEY

COMVITA

HY023	10+ Manuka Honey	4 x 500g	168.00	FG
HY186	10+ Manuka Honey	6 x 250g	157.45	FG
HY687	15+ Manuka Honey	4 x 250g	174.85	FG
HY079	5+ Manuka Honey	6 x 250g	73.54	FG
HY155	5+ Manuka Honey	4 x 500g	78.85	FG

HILLTOP HONEY

HY076	Organic Blossom Honey	6 x 340g	19.13	GO
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WAINWRIGHT'S

HY007	Ukrainian Sunflower Honey	6 x 380g	21.42	GB
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HOUSEHOLD CLEANING PRODUCTS

ECOZONE

	Solutions			
HJ044	Appliance Descaler	12 x 500ml	40.80	GV

INDIAN FOOD

PATAKS

	Curry Pastes			
KJ222	Korma Curry Paste	6 x 290g	18.02	GV
KJ054	Madras Curry Paste	6 x 283g	18.02	GV
KJ152	Rogan Josh Curry Paste	6 x 283g	18.02	GSV
KJ246	Tikka Masala Curry Paste	6 x 283g	18.02	GSV

code	product	size	price	bfgo sv
KJ059	Vindaloo Curry Paste	6 x 283g	18.02	GV
	Pickles			
KJ041	Chilli Pickle	6 x 283g	15.12	GV
KJ047	Mango Pickle - Medium	6 x 283g	15.12	GV
KJ049	Mixed Pickle	6 x 283g	15.12	GV
PUNJABAN				
KJ316	Jalfrezi Curry Sauce	6 x 350g	17.80	GV
KJ317	Korma Curry Sauce	6 x 350g	17.80	GV
	Bases (Sauce Concentrate)			
KJ374	Authentic Curry Base - Medium	6 x 350g	17.80	GV
KJ373	Authentic Curry Base - Mild	6 x 350g	17.80	GV
KJ379	Butter 'Chicken' Base	6 x 350g	17.80	GV
KJ383	Tasty Tamarind Curry Base	6 x 350g	17.80	GV
KJ083	Tikka Masala Curry Base Sauce	6 x 350g	17.80	GV
JAMS & FRUIT SPREADS				
SQUISHED				
JS015	Rescue Blueberry Jam	6 x 320g	23.14	GV
JS014	Rescue Raspberry Jam	6 x 320g	23.14	GV
ST DALFOUR				
JS002	Apple & Cinnamon Spread	6 x 284g	16.04	GV
JS051	Apricot Spread	6 x 284g	16.04	GV
JS064	Black Cherry Spread	6 x 284g	16.04	GV
JS063	Blackberry Spread	6 x 284g	16.04	GV
JS062	Blackcurrant Spread	6 x 284g	16.04	GV
JS009	Cranberry & Blueberry	6 x 284g	16.04	GV
JS068	Fig Spread	6 x 284g	16.04	GV
JS067	Four Fruits Spread	6 x 284g	16.04	GV
JS007	Lemon & Lime Spread	6 x 284g	16.04	GV
JS003	Mango & Passion Fruit Spread	6 x 284g	16.04	GV
JS066	Mirabelle Plum Spread	6 x 284g	16.04	GV
JS120	Orange and Ginger Spread	6 x 284g	16.04	GV
JS046	Raspberry & Pomegranate Spread	6 x 284g	16.04	GV
JS049	Raspberry Spread	6 x 284g	16.04	GV
JS004	Strawberry & Rhubarb Spread	6 x 284g	16.04	GV
JS050	Strawberry Spread	6 x 284g	16.04	GV
JS061	Thick Cut Orange Spread	6 x 284g	16.04	GV
JS060	Wild Blueberry Spread	6 x 284g	16.04	GV
JUICE CONCENTRATES & CORDIALS				
BELVOIR				
JU234	Blueberry Blackcurrant Cordial	6 x 500ml	21.79	GSV
JU516	Elderflower & Rose Cordial	6 x 500ml	21.79	GSV
JU578	Elderflower Cordial	6 x 500ml	21.79	GSV
JU577	Ginger Cordial	6 x 500ml	21.79	GSV
JU197	Honey, Lemon & Ginger Cordial	6 x 500ml	21.79	GS
JU275	Organic Elderflower Cordial	6 x 500ml	23.99	GOSV
JU276	Organic Ginger Cordial	6 x 500ml	23.99	GOSV
JU355	Organic Lemon & Mint Cordial	6 x 500ml	23.99	GOSV
JU043	Raspberry & Lemon Cordial	6 x 500ml	21.79	GV
	Family Size			
JU339	Blackcurrant Cordial	6 x 750ml	24.99	GSV
MARGARINES & SPREADS (CHILLED)				
KOKO DAIRY FREE				
CV317	Koko Dairy Free Spread	12 x 250g	16.59	GV
NATURLI'				
CV735	Spreadable Vegan Butter	16 x 450g	50.91	GOV
CV879	Spreadable Vegan Butter	24 x 225g	39.81	GOV
CV880	Vegan Butter Block	15 x 200g	23.81	GOV
MAYONNAISE & SALAD DRESSINGS				
DINE				
KJ164	Hollandaise Sauce	6 x 180g	13.20	G
HUNTER AND GATHER				
KJ332	Egg Free Olive Oil Mayo	6 x 250g	26.97	GV
INSPIRED VEGAN				
KJ048	Vegan Honei Mustard Dressing	6 x 265g	14.31	GSV
RUBIES IN THE RUBBLE				
KJ118	Plant Based Mayo - Chilli	8 x 285ml	21.47	GSV
KJ241	Plant Based Mayo - Garlic	8 x 285ml	21.47	GSV

code	product	size	price	bfgovs
MEAT FREE ALTERNATIVES(FROZEN)				
BEYOND MEAT				
XL053	Burgers	8 x 226g	31.20	GV
XL091	Meatballs	8 x 200g	31.20	GV
XL088	Mince	8 x 250g	31.20	GV
XL063	Sausages	10 x 200g	39.00	GV
NATURLI'				
XL065	Schnitzel	8 x 300g	27.87	GV
XL101	'Shape Me' Vegan Mince	8 x 300g	27.87	GV
XL071	Vegan Balls	8 x 300g	23.52	GV
STRONG ROOTS				
XL213	Pumpkin & Spinach Burgers	12 x 300g	37.03	GV
MEATLESS SUBSTITUTES (CHILLED)				
FLORENTIN				
CV950	Corn Falafel	6 x 240g	21.55	GOV
CV930	Falafel	6 x 240g	20.37	GOV
CV571	Sweet Potato Falafel	6 x 240g	20.37	GOV
CV944	Tamruc Falafel	6 x 240g	21.04	GOV
HEURA				
	Minimum 5 days shelf life			
CV142	Chorizo	6 x 216g	19.18	GV
CV115	Mediterranean Chunks	6 x 160g	18.94	GV
CV119	Original Burger	6 x 227g	20.59	GV
CV116	Original Chunks	6 x 160g	18.68	GV
MIDDLE EASTERN & AFRICAN FOOD				
AL'FEZ				
KJ548	Apricot & Coriander Sauce 450g	6 x 450g	14.12	GV
KJ190	Moroccan Style Tagine Sauce	6 x 450g	12.55	GV
KJ243	Smoky Harissa Tagine Sauce	6 x 450g	12.55	GV
AMISA				
KJ105	Falafel Mix	6 x 160g	12.28	GOV
NUT & SEED BUTTERS				
COCONUT MERCHANT				
GH076	Coconut Butter	12 x 300g	53.83	GOV
SUNITA				
GH159	Black Tahini	6 x 170g	13.44	GOV
WHOLE EARTH				
GH091	Peanut Butter - smooth organic	6 x 227g	16.86	GOV
GH090	Peanut Butter -crunchy organic	6 x 227g	16.86	GOV
GH084	Peanut Butter -smooth original	6 x 340g	18.40	GV
GH113	Peanut Butter -smooth original	2 x 1kg	12.73	GV
GH151	Peanut Butter-100% Nuts,Crunch	6 x 227g	16.10	GOV
GH082	Peanut Butter-crunchy original	6 x 340g	18.40	GV
GH115	Peanut Butter-crunchy original	2 x 1kg	12.73	GV
OILS & FATS				
CLEARSPRING				
GT054	Coconut Oil	6 x 200g	20.67	GOV
GT055	Coconut Oil	6 x 400g	38.66	GOV
GT037	Sesame Oil organic	6 x 1l	69.71	GOV
GRANOVITA				
GT300	Flax Oil - Organic	6 x 260ml	36.00	GOV
HELLENIC				
GT403	Extra Virgin Olive Oil	12 x 750ml	134.90	GOV
HUNTER AND GATHER				
GT057	Extra Virgin Avocado Oil	6 x 250ml	32.80	GV
MONINI				
GT011	White Truffle Flavoured Oil	6 x 250ml	35.90	GV
OLIVES				
BIONA				
KJ349	Black Olives in Brine	5 x 280g	12.89	GOSV
KJ345	Green Olives in Brine	5 x 280g	12.52	GOVS
HELLENIC				
KJ396	Kalamata Pitted Olives	6 x 2kg	99.00	FGOV
HELLENIC SUN				
KJ365	Green Olives	6 x 330g	13.46	GOV

code	product	size	price	bfgosv
HONEST TOIL				
KJ394	Kalamata Olives	6 x 210g	20.57	GV
MANI				
KJ425	Og Kalamata Olives in OliveOil	6 x 280g	24.72	GOV
PARTHENON				
KJ367	Natural Black Olives	10 x 250g	17.17	GV
PAPER PRODUCTS & STATIONERY				
WHO GIVES A CRAP				
NF243	Facial Tissues Recycled	12 x 1 box	11.30	GV
NF241	Toilet Tissue Classic Soft Rec	12 x 4 pack	32.80	GV
NF242	Toilet Tissue Classic Soft Rec	16 x 1 pack	10.33	GV
PASTA				
SUMA ORGANIC				
Gluten Free				
WT011	Brown Rice Fusilli Gluten Free	8 x 500g	19.50	GOV
WT013	Brown Rice Penne Gluten Free	8 x 500g	19.50	GOV
WT089	Casarecce Oat Pasta	12 x 340g	22.87	GOV
WT009	Corn Rice Penne Gluten Free	8 x 500g	17.34	GOV
WT077	Oat Linguine Pasta	12 x 340g	24.14	GOV
WT073	Rigatoni Oat Pasta	12 x 340g	22.87	GOV
BARENAKED				
WT162	Barenaked Noodles	6 x 250g	10.80	GV
WT163	Barenaked Rice	6 x 250g	10.80	GV
WT172	Barenaked Spaghetti	6 x 250g	10.80	GV
WT004	Protein Noodles	6 x 250g	10.80	GV
CIEMME				
WT060	Gnocchi - Gluten Free	12 x 250g	17.15	GV
WT136	OG Gluten Free Gnocchi Plain	12 x 400g	35.10	GOV
CLEARSPRING				
WT148	Brown Rice Penne - Gluten Free	8 x 250g	22.74	GOV
WT052	Gluten Free Buckwheat Pasta	8 x 250g	22.74	GOV
WT149	Green Pea & Quinoa Fusilli	8 x 250g	22.74	GOV
WT150	Red Lentil & Brown Rice Pasta	8 x 250g	22.74	GOV
DIFATTI				
WT015	Gluten Free Egg Tagliatelle	6 x 250g	17.20	G
WT151	Gnocchi - Gluten Free	10 x 250g	17.83	GV
WT153	Spinach Gnocchi - gluten free	10 x 250g	17.83	GV
DOVES FARM				
WT038	Organic Brown Rice Fusilli	8 x 500g	24.99	GOV
WT047	Organic Brown Rice Penne Pasta	8 x 500g	24.99	GOV
WT036	Organic Brown Rice Spaghetti	12 x 500g	37.49	GOV
WT133	Organic Buckwheat Pasta	8 x 500g	29.83	GOV
WT167	Organic Green Pea Penne Pasta	6 x 250g	15.25	GOV
WT165	Organic Maize and Rice Lasagne	6 x 250g	14.80	GOV
WT051	Organic Maize/Rice Fusilli	8 x 500g	20.31	GOV
WT039	Organic Maize/Rice Penne Pasta	8 x 500g	20.31	GOV
WT053	Organic Maize/Rice Spaghetti	12 x 500g	30.50	GOV
WT135	Organic Multigrain Pasta	8 x 500g	24.99	GOV
WT166	Organic Red Lentil Penne Pasta	6 x 250g	15.25	GOV
EXPLORE CUISINE				
WT145	Chickpea Fusilli	6 x 250g	15.61	GOV
WT093	Edamame & Mung Bean Fettuccine	6 x 200g	15.61	GOV
WT114	Edamame Bean Spaghetti	6 x 200g	15.61	GOV
WT143	Green Lentil Penne	6 x 250g	18.36	GOV
LA BUONA VITA				
WT027	Gluten Free Fusilli	10 x 400g	20.63	GV
WT056	Gluten Free Lasagne Sheets	12 x 250g	24.77	GV
WT026	Gluten Free Penne Pasta	12 x 400g	24.77	GV
WT028	Gluten Free Spaghetti	12 x 400g	26.11	GV
MAIDEA				
WT007	Pacheri	10 x 250g	28.15	GV
WT010	Tagliatelle	12 x 250g	33.75	GV
ORGRAN				
WT078	Buckwheat Pasta Spirals	5 x 350g	14.96	GV
WT005	Garden Veggies Spirals	5 x 350g	14.96	GV
WT061	Pasta Roma Penne	8 x 350g	20.40	GV
WT091	Pasta Roma Rigatoni	8 x 350g	20.40	GV
WT092	Pasta Roma Spirals	8 x 350g	20.40	GV
WT109	Rice & Corn Macaroni	5 x 350g	14.96	GV

code	product	size	price	bfgo
WT080	Vegetable Rice Spirals	5 x 350g	14.96	GV
PROFUSION				
WT130	Chickpea Fusilli	8 x 250g	20.01	GOV
WT042	Organic Chickpea Orzo	12 x 250g	28.21	GOV
WT030	Organic Red Lentil Orzo	12 x 250g	28.21	GOV
WT129	Red Lentil Fusilli	8 x 250g	20.63	GOV
PASTA (CHILLED)				
SUNNY & LUNA				
CV213	Cauliflower Gnocchi	8 x 350g	32.00	GV
CV041	Spinach Gnocchi	8 x 350g	32.00	GV
PASTA SAUCES & PESTOS				
MR ORGANIC				
KJ046	Basilico Sauce	6 x 350g	13.92	GOV
KJ328	Chilli & Garlic Pesto	6 x 130g	14.81	GOV
	Antipasti			
KJ022	Artichoke Antipasti - Sliced	5 x 190g	18.35	GOV
KJ037	Peppers Grilled - Antipasti	5 x 190g	14.60	GOV
KJ039	Sundried Tomatoes - Antipasti	5 x 190g	14.60	GOV
MUTTI				
VF008	Bolognese Sauce	6 x 400g	16.31	GV
VF271	Vegan Bolognese	6 x 400g	17.83	GV
ZEST				
KJ314	Red Pesto	6 x 165g	15.53	GV
VF256	Tomato&Mascarpone Pasta Sauce	6 x 340g	14.11	GV
PATE				
GRANOVITA				
GH143	Mushroom Pate	12 x 125g	17.85	GV
GH015	Olive Pate	12 x 125g	17.85	GV
GH144	Vegetable Pate	12 x 125g	17.85	GV
HELLENIC SUN				
KJ348	Kalamata Olive Pate	6 x 200g	13.46	GOV
KALLO				
GH008	Chunky Tomato Dip	6 x 140g	14.41	GOV
GH033	Spicy Tomato Dip	6 x 135g	14.41	GOV
GH036	Tomato & Olives Dip	6 x 135g	14.41	GOV
TARTEX				
GH001	Classic Pate - og	12 x 200g	35.75	GOV
PATES, DIPS & TAPAS (CHILLED)				
DELPHI FOODS				
CV352	Tzatziki	6 x 170g	6.29	G
	Houmous			
CV349	Avocado Houmous	6 x 150g	11.10	GV
CV347	Smoky Red Lentil Houmous	6 x 170g	6.85	GV
FLORENTIN				
CV951	Baba Ganoush	6 x 170g	15.73	GOSV
CV931	Houmous	6 x 200g	16.87	GOV
CV526	Houmous Extra with Pinenuts	6 x 200g	16.45	GOV
THE REAL OLIVE COMPANY				
CV538	Chilli, Cumin & Garlic Olives	6 x 150g	15.22	GOV
CV554	Kalamata Olives	12 x 210g	32.07	GOV
CV549	Nocellara Del Belice Olives	12 x 210g	33.35	GOV
PET FOODS & PET CARE				
DENZEL'S				
	XMAS 2024			
PF037	Christmas Dog Chew Gingerbread	10 x 75g	14.99	GV
PICKLES, CHUTNEYS & MUSTARDS				
CULTURED FOOD COMPANY				
KJ064	Fermented Beetroot	6 x 400g	26.47	GOV
KJ063	Vegan Kimchi	12 x 300g	52.94	GV
SHAWS				
KJ175	Beetroot & Horseradish Chutney	6 x 290g	12.36	GSV
KJ174	Caramelised Red Onion Chutney	6 x 195g	11.75	GSV
KJ185	Fig & Honey Chutney	6 x 195g	11.75	GS
KJ028	Mango Chutney - Chunky	6 x 300g	9.00	GSV
KJ179	Piccaililli	6 x 280g	11.75	GSV

code	product	size	price	bfgovs
READY MEALS (FROZEN)				
BEYOND MEAT				
XL015	Chilli Non Carne	6 x 350g	16.97	GSV
XL366	Keema Curry	6 x 350g	16.63	GSV
CLIVE'S				
	Gluten Free Pies			
XL030	Chickpea Tagine Pie	6 x 235g	19.28	GOSV
XL114	Mushroom & Leek Pie	6 x 235g	19.28	GOV
XL308	Saag Aloo GF Pie	6 x 235g	19.28	GOV
	Nut Roasts			
XL338	Organic Nut Roast	6 x 280g	30.16	GOSV
XL044	Organic Sharing Nut Roast	4 x 600g	41.98	GOV
	Tarts & Quiches			
XL336	Tomato & Olive Tart	6 x 150g	19.84	GOV
GOODLIFE				
XL265	Falafel	6 x 280g	15.51	CV
PLANTSIDE				
XL205	Gluten Free Yorkshire Puddings	12 x 6 pack	60.85	CV
STRONG ROOTS				
XL301	Thai Green Vegetable Curry	9 x 350g	30.47	CV
XL287	Veggie Masala	9 x 350g	30.47	CV
READY TO EAT FOODS (CHILLED)				
SUMA				
CV088	Kimchi	6 x 300g	19.90	GOV
CV076	Sauerkraut	6 x 300g	18.90	GOV
EATEN ALIVE				
CV090	Classic Kraut	8 x 375g	36.00	GV
CV078	Massive Classic Kimchi	6 x 775g	56.14	GV
CV081	Massive Pickled Cucumbers	6 x 775g	49.46	CV
LOVING FOODS				
	Raw, Organic, Vegan & UK made			
CV801	Classic Sauerkraut	6 x 475g	28.56	GOV
CV316	Hot 'N' Smoky Kimchi	6 x 475g	35.40	GOV
CV802	Kimchi	6 x 475g	30.95	GOV
CV928	Ruby Beetroot Kraut	6 x 475g	30.95	GOV
CV929	Sauerkraut with Caraway	6 x 475g	30.95	GOV
CV314	Spicy Cortido Kraut	6 x 475g	30.95	GOV
CV803	Turmeric & Black Pepper Kimchi	6 x 475g	30.95	GOV
SALT & SEASONINGS				
LOSALT				
LJ089	Reduced Sodium Salt	6 x 350g	13.99	CV
MARIGOLD				
LJ444	Liquid Aminos	6 x 250ml	17.96	CV
SAUSAGES & BURGERS (FROZEN)				
DEVIL'S KITCHEN				
XL116	Mexican Wave Vegan Burger	12 x 200g	33.77	GV
XL113	Mushroom & Med Veg Burger	12 x 200g	33.77	GV
XL117	Oyster Mushroom Sausages	12 x 192g	33.77	GV
XL115	Thai Green Curry Burger	12 x 200g	33.77	GV
FRYS				
XL360	Rice Protein & Quinoa Burgers	6 x 320g	20.25	GV
NATURLI'				
XL078	Vegan Burger	8 x 320g	26.67	GV
XL086	Vegan Sausages	8 x 300g	27.87	GV
SEA VEGETABLES				
OCEAN'S HALO				
HE171	Sushi Nori Wrap	12 x 28g	35.91	GOV
HE172	Wasabi Sushi Nori Wrap	12 x 28g	35.92	GOV
SNACK BARS & FLAPJACKS				
ADONIS				
	Keto Bar			
KB351	Keto Pecan, Hazelnut & Cocoa	16 x 35g	21.49	GV
KB371	Keto Vanilla & Coconut Bar	16 x 35g	21.49	GV
BEAR				
KB542	Carrot Cake Bars - Multipack	12 x 4 x 27g	18.86	GV
KB519	Forest Fruit Bars - Multipack	12 x 4 x 27g	18.86	GV

code	product	size	price	bfgosv
B'GOOD				
KB646	Apricot & Almond	16 x 45g	9.50	GS
KB650	Peanut & Chocolate	16 x 45g	9.50	GS
KB664	Peanut & Salted Caramel	16 x 45g	9.50	GS
	Utterly Nutty			
KB638	Dark Chocolate& Sea Salt	16 x 40g	9.50	GS
KB643	Peanut Butter & Dark Chocolate	16 x 40g	9.50	GS
BIO & ME				
	Gut - Loving Oat Bar			
KB400	Cocoa & Hazelnut	18 x 38g	17.21	GV
KB399	Super Berry	18 x 38g	17.21	GV
KB396	Toffee Apple	18 x 38g	17.21	GV
BOUNCE				
	Dipped			
KB598	Dipped Choc Brownie Protein	12 x 40g	15.60	GSV
KB600	Dipped Hazelnut Praline	12 x 40g	15.60	GSV
	Filled			
ZX671	Filled almond protein	12 x 35g	14.91	GS
KB599	Filled Caramel Millionaire	12 x 40g	15.60	GSV
ZX672	Filled Peanut Butter Cacao	12 x 35g	14.91	GS
ZX706	Filled peanut protein	12 x 35g	14.91	GS
	Vegan			
ZX592	Maple Pecan & Cashew	12 x 35g	14.91	GSV
BRYNMOR				
	Flapjack			
KB559	Apricot & Almond	20 x 80g	11.14	GSV
KB562	Caramel Fudge	20 x 80g	12.00	GS
KB541	Cashew & Coconut	20 x 80g	11.14	GSV
KB563	Chocolate	20 x 80g	12.00	GS
KB575	Dark Chocolate & Ginger	20 x 80g	12.00	VGS
KB543	Summer Berry	20 x 80g	11.14	GSV
DAMN GOOD				
KB891	Cookies Ginger, Choc, Orange	12 x 38g	16.29	GSV
KB888	Cookies Honeycomb & Chocolate	12 x 38g	16.29	GSV
KB153	Cookies Salted Double Choc	12 x 38g	16.29	GSV
KB150	Cookies Vanilla Choc Chip	12 x 38g	16.29	GSV
DELICIOUSLY ELLA				
KB783	Almond Fruit, Nut & Seed Bar	12 x 40g	12.50	GV
KB030	Apple and Raisin Oat Bar	12 x 3x50g	27.64	GV
KB435	Cacao & Almond Ball	12 x 40g	14.91	GV
KB026	Peanut Butter Oat Bar	12 x 3x50g	27.64	GV
KB676	Protein Ball	12 x 40g	14.93	GV
	Nut Butter Filled			
WS071	Almond Butter Ball	12 x 36g	14.91	GV
WS072	Hazelnut Nut Butter Ball	12 x 36g	14.91	GV
	Oat Bars			
KB790	Apple Raisin Cinnamon Oat Bar	16 x 50g	13.27	GV
KB792	Cacao & Almond Oat Bar	16 x 50g	13.27	GV
DOVES FARM				
KB445	Banana & Chocolate Oat Bar	18 x 35g	11.50	GOSV
KB456	Banana & Chocolate Oat Bar	7 x 4 x 35g	14.65	GOSV
KB457	Cranberry Oat Bar	18 x 35g	11.50	GOV
KB461	Cranberry Oat Bar	7 x 4 x 35g	14.65	GOV
	Impulse			
KB228	Apple & Sultana Flapjack	18 x 35g	11.91	GOSV
KB230	Apricot & Chia Seed Flapjack	18 x 35g	11.91	GOSV
KB234	Chocolate Chip Flapjack	18 x 35g	11.91	GOSV
	Multipack			
KB237	Apple & Sultana Flapjack	7 x 4 x 35g	15.07	GOSV
KB261	Apricot & Chia Seed Flapjack	7 x 4 x 35g	15.07	GOSV
KB463	Chocolate Chip Flapjack	7 x 4 x 35g	15.07	GOSV
LOVE VEGAN				
KB014	Chocolate Cherry	20 x 45g	18.79	GV
MA BAKER				
KB685	Giant Bite - Banana Flapjack	15 x 42g	9.00	GSV
KB692	Giant Bite - Blueberry Flapjak	15 x 42g	9.00	GSV
KB695	Giant Bite - Raspberry Flapjak	15 x 42g	9.00	GSV
NAIRN'S				
	Crunchy Oat Bars			
BT112	Belgian Chocolate	10 x 160g	21.70	GV

code	product	size	price	bfgosv
BT113	Honey	10 x 160g	21.70	GS
BT111	Raisin Apple & Cinnamon	10 x 160g	21.70	GSV
NAKD				
ZX756	Chocolish Double Chocolish Big Bite Fruit & Fibre	16 x 50g	19.17	GV
KB395	Strawberry & Raspberry Fruit & Fibre	16 x 44g	14.00	GV
KB378	Apple & Cinnamon Multi Packs	16 x 44g	14.00	GV
WS045	Apple Danish Multipacks	12 x 4 x 30g	27.91	GV
KB029	Berry Delight Multipack	12 x 4 x 35g	27.91	GV
KB779	Blueberry Muffin Multipack	12 x 4 x 35g	27.91	GV
KB931	Cashew Cookie Multipack	12 x 4 x 35g	27.91	GV
KB031	Cocoa Delight Multipack	12 x 4 x 35g	27.91	GV
KB003	Cocoa Orange Multipack	12 x 4 x 35g	27.91	GV
KB771	Salted Caramel Multipack	12 x 4 x 35g	27.91	GV
Nudie Bars				
KB877	Bakewell Tart Bar	18 x 35g	11.99	GV
KB756	Berry Delight Bar	18 x 35g	11.99	GV
KB532	Blueberry Muffin	18 x 35g	11.99	GV
KB554	Cashew Cookie Bar	18 x 35g	11.99	GV
KB757	Cocoa Delight Bar	18 x 35g	11.99	GV
KB556	Cocoa Orange Bar	18 x 35g	11.99	GV
KB163	Lemon Drizzle Bar	18 x 35g	11.99	GV
WS021	Peanut Delight	18 x 35g	11.99	GV
ZX609	Salted Caramel Protein	18 x 35g	11.99	GV
KB719	Protein Caramel	16 x 45g	14.00	GV
KB708	Protein Cocoa Hazelnut	16 x 45g	14.00	GV
KB707	Protein Peanut Butter	16 x 45g	14.00	GV
NUGO				
Protein				
KB376	D/Mint Choc Chip Protein Bar	12 x 50g	19.01	VG
KB871	Dark Chocolate Pretzel	12 x 50g	19.01	GV
PULSIN'				
KB723	Chocolate Hazelnut Brownie	18 x 35g	13.35	GV
WS049	Double Choc Fudge Brownie Keto Bars	18 x 35g	13.37	GSV
KB414	Almond Salted Caramel Keto Bar	18 x 50g	22.39	GV
KB784	Choc Fudge & Peanut Keto Bar	18 x 50g	22.84	GV
KB483	Choc Mint & Peanut Keto Bar	18 x 50g	22.84	GV
KB490	Choc Orange & Peanut Keto Bar	18 x 50g	22.84	GV
KB404	Raspberry Choc Chip Keto Bar Protein Boosters	18 x 50g	22.39	GV
KB727	Caramel Choc & P'nut Booster	18 x 50g	19.03	GV
KB090	Maple & Peanut Protein Bar	18 x 50g	19.03	GV
KB148	Peanut Choc Protein Bar	18 x 50g	19.03	GV
KB706	Vanilla Choc Chip Protein Bar Raw Choc Brownie	18 x 50g	19.03	GV
WS056	Peanut Choc Chip Raw Brownie	18 x 35g	14.99	GSV
RHEAL				
Energy Bar				
KB635	Banana Bread	12 x 50g	14.40	GV
KB636	Peanut Butter	12 x 50g	14.40	GV
SQUIRREL SISTERS				
KB422	Cacao Brownie Snack Bars	16 x 40g	15.54	GV
KB426	Peanut Caramel Snack Bar	16 x 40g	13.49	GV
KB432	Peanut Raspberry Snack Bar	16 x 40g	13.49	GV
TREK				
KB097	Chocolate Orange	16 x 55g	25.09	GV
KB450	Peanut Butter Flapjack	16 x 50g	14.51	GSV
KB941	Salted Caramel Flapjack	16 x 50g	14.51	GSV
ZX738	Smooth Lemon FLAPJACKS	16 x 50g	14.51	GSV
KB499	Cocoa and oat protein flapjack	16 x 50g	14.51	GVS
KB500	Cocoa coconut protein flapjack	16 x 50g	14.51	GVS
KB505	Original oat protein flapjack Power	16 x 50g	14.51	GVS
KB663	Millionaire Shortbread	16 x 55g	25.09	GV

code	product	size	price	bgfosv
KB662	Peanut Butter Crunch TREK BARS	16 x 55g	25.09	GV
KB722	Cocoa Chaos	16 x 55g	14.03	GV
KB725	Peanut Power	16 x 55g	14.03	GV
VIVE				
	Better Brownie			
BT409	Cherry Bakewell	15 x 40g	15.21	GSV
BT410	Chocolate Orange	15 x 40g	11.62	GSV
BT411	Creamy Coconut Cashew	15 x 40g	15.21	GSV
SOFT DRINKS				
BELVOIR				
JU795	Elderflower Presse	12 x 250ml	14.49	GSV
JU814	Ginger Beer	12 x 250ml	14.49	GOSV
JU811	Handmade Lemonade	12 x 250ml	15.49	GOSV
JU554	Raspberry Lemonade	12 x 250ml	12.99	GSV
JU810	Sparkling Elderflower 750ML Bottles	12 x 250ml	15.49	GOSV
JU629	Cucumber & Mint Presse	6 x 750ml	15.40	GSV
JU236	Elderflower & Rose Presse	6 x 750ml	15.40	GSV
JU041	Elderflower Light Presse	6 x 750ml	13.89	GSV
JU674	Elderflower Presse	6 x 750ml	15.40	GSV
JU782	Freshly Squeezed Lemonade	6 x 750ml	15.40	GSV
JU780	Ginger Beer	6 x 750ml	15.40	GSV
JU813	Ginger Beer	6 x 750ml	16.79	GOSV
JU792	Sparkling Elderflower	6 x 750ml	16.55	GOSV
DALSTON'S				
	Cans			
JU163	Cherryade	24 x 330ml	17.39	GV
JU166	Fizzy Elderflower	24 x 330ml	17.39	GV
JU772	Fizzy Rhubarb	24 x 330ml	17.39	GV
JU162	Ginger Beer	24 x 330ml	17.39	GV
JU155	Pineapple	24 x 330ml	17.39	GV
JU023	Raspberry Prebiotic Soda	24 x 250ml	26.00	GV
JU027	Tropical Prebiotic Soda	24 x 250ml	26.00	GV
DASH WATER				
JU110	Sparkling Peach	12 x 330ml	9.67	GV
FENTIMANS				
	275ML Range			
JU008	Cherry Cola	12 x 275ml	16.86	GSV
JU625	Curiosity Cola	12 x 275ml	16.86	GSV
JU908	Dandelion & Burdock	12 x 275ml	16.86	GSV
JU463	Gently Sparkling Elderflower	12 x 275ml	16.80	GSV
JU346	Ginger Beer	12 x 275ml	16.80	GSV
JU354	Mandarin Seville Orange Jigger	12 x 275ml	16.86	GSV
JU344	Raspberry Lemonade	12 x 275ml	16.86	GSV
JU618	Rose Lemonade	12 x 275ml	16.86	GSV
JU435	Victorian Lemonade 750ML Range	12 x 275ml	16.86	GSV
JU573	Curiosity Cola	6 x 750ml	18.29	GSV
JU280	Ginger Beer	6 x 750ml	18.29	GSV
JU455	Rose Lemonade	6 x 750ml	18.29	GSV
	Cans			
JU366	Ginger Beer	12 x 250ml	14.71	GSV
JU300	Rose Lemonade	12 x 250ml	14.71	GSV
	Mixer Range			
JU161	Pink Grapefruit Tonic Water	8 x 500ml	17.21	GSV
JU207	Premium Indian Tonic Water	8 x 500ml	12.73	GSV
FEVERTREE				
JU387	Tonic Water	6 x 4x200ml	21.15	GSV
GUSTO				
JU376	Naturally Slim Cola	12 x 275ml	16.43	FGV
JU353	Organic Real Cola	12 x 275ml	16.43	FGOV
HIP POP				
	CBD Kombucha			
JU099	CBD Blood Orange & Grapefruit	12 x 330ml	17.14	GSV
JU098	CBD Cherry & Blackberry	12 x 330ml	17.14	GSV
JU094	CBD Passionfruit Guava	12 x 330ml	17.14	GSV
HULLABALOO'S DRINKS				
JU154	Pure Apple Juice	12 x 250ml	14.13	GSV
JU153	Still Citrus Lemonade	12 x 330ml	14.13	GSV

code	product	size	price	bfgosv
JU134	Still Elderflower Presse	12 x 330ml	14.13	GSV
JU135	Still Ginger Beer	12 x 330ml	14.13	GSV
JU146	Still Lime & Mint Lemonade	12 x 330ml	14.13	GSV
JU106	Still Original Lemonade	12 x 330ml	14.13	GSV
JU122	Still Raspberry Lemonade	12 x 330ml	14.13	GSV
JU271	Still Wild Berry Presse	12 x 330ml	14.13	GSV
JARR KOMBUCHA				
JU062	Ginger & Lemon Kombucha	12 x 330ml	25.18	GOV
JU084	Original Kombucha	12 x 330ml	25.18	GOV
JU071	Passion Fruit Kombucha	12 x 330ml	25.18	GOV
JU077	Raspberry Kombucha	12 x 330ml	25.18	GOV
JAX COCO				
JU100	Coconut Water Pure	24 x 330ml	31.30	VG
KARMA				
JU035	Spicy Ginger Beer	12 x 350ml	21.43	FGOSV
PUNCHY				
JU089	Blood Orange,Bitters&Cardamom	12 x 250ml	14.22	GSV
JU096	Cucumber, Yuzu and Rosemary	12 x 250ml	14.22	GSV
JU313	Hydration Drink - Blueberry	12 x 330ml	15.94	GSV
JU307	Hydration Drink - Mango	12 x 330ml	15.94	GSV
JU086	Peach, Ginger & Chai Spice	12 x 250ml	14.22	GSV
TRIP				
JU362	Lightly Sparkling			
JU374	Elderflower & Mint CBD Drink	12 x 250ml	14.87	GV
JU374	Lemon & Basil CBD Drink	12 x 250ml	14.87	GV
JU378	Peach & Ginger CBD Drink	12 x 250ml	14.87	GV
SOUPS				
FREE & EASY				
VF302	Broccoli & Kale	6 x 400g	10.76	GOV
VF096	Butternut Squash & Ginger - Og	6 x 400g	10.76	GOV
VF297	Butternut,Sweet Potato,Turmerc	6 x 400g	10.76	GOV
VF124	Carrot & Coconut Soup	6 x 400g	10.76	GOV
VF720	Lentil & Red Pepper Soup - Org	6 x 400g	10.76	GOV
VF086	Pea & Mint Soup - Org	6 x 400g	10.76	GOV
VF097	Sweet Potato & Chia Soup - Org	6 x 400g	10.76	GOV
VF083	Tomato Soup - Org	6 x 400g	10.76	GOV
MR ORGANIC				
VF284	Black Bean & Vegetable Soup	12 x 400g	17.55	GOV
VF287	Pumpkin, Carrot & Chilli Soup	12 x 400g	17.55	GOV
VF288	Spicy Mixed Beans Soup	12 x 400g	17.55	GOV
SOUPS (CHILLED)				
TIDEFORD ORGANIC VEGAN FOODS				
CV306	Caribbean Sweet Potato Soup	6 x 560g	16.99	GOV
CV782	Lentil & Spinach Soup	6 x 560g	16.99	GOV
CV297	Thai Green Vegetable Soup	6 x 560g	16.99	GOV
YEO VALLEY				
CV601	Carrot & Parsnip Soup	6 x 400g	13.98	GO
CV584	Cream of Tomato Soup	6 x 400g	13.98	GO
CV607	Creamy Vegetable Soup	6 x 400g	13.98	GO
CV588	Leek & Potato Soup	6 x 400g	13.98	GO
SUGARS & SYRUPS				
BILLINGTONS				
LJ057	Sugar - Golden Caster Sugar	10 x 250g	7.13	GVB
BUCKWUD				
HY001	Maple Syrup	6 x 250g	29.72	GOV
HY002	Maple Syrup	6 x 620g	50.10	GV
HILLTOP HONEY				
HY015	Maple Syrup Grade A Amber	5 x 640g	46.07	GV
HY050	Maple Syrup Grade A Dark	5 x 640g	46.07	GV
RAYNERS				
LJ901	Black Treacle - organic	6 x 340g	15.74	GOV
SUPERFOODS & SPORTS NUTRITION				
LINWOODS				
MD113	Chia Seed	12 x 200g	63.09	GOV
MD109	Flax,Almond,Brazil,Walnut,Q10	12 x 360g	63.09	CV
MD104	Flax,Sun,Pum,Chia,Goji Berries	5 x 425g	25.50	GOV
MD101	Flax,Sunflower & Pumpkin Seeds	12 x 425g	61.20	GOV

code	product	size	price	bfgosv
MD102	Flaxseed	12 x 425g	51.09	GOV
MD114	Flaxseed	12 x 200g	34.11	GOV
MD112	Flaxseed,Bio Cultures & Vit D	12 x 360g	63.09	GV
MD110	Linwoods Shelled Hemp	12 x 200g	72.00	GV
MD048	Milled Hemp	6 x 200g	21.86	GOV
VM263	Organic Sprouted Range Sprouted Flaxseed	6 x 200g	21.54	GOV
VM376	Sprouted Sunflower Seeds	8 x 125g	16.80	GOV
NATURYA				
MD040	Greens Blend Organic	6 x 250g	64.29	FGOV
MD158	Organic Acai Powder	6 x 125g	85.71	GOV
MD111	Organic Chia Seeds	6 x 300g	25.71	GOV
MD156	Organic Chlorella Powder	6 x 200g	55.71	GOV
MD152	Organic Hemp Protein Powder	6 x 300g	42.86	GOV
MD155	Organic Spirulina Powder	6 x 200g	38.57	GOV
MD031	Organic Turmeric Superblend	6 x 250g	34.29	GOV
MD154	Organic Wheatgrass Powder Gut Feel	6 x 200g	34.29	GOV
MD027	Apple & Cinnamon	6 x 240g	21.43	GV
MD028	Cacao & Maca	6 x 240g	21.43	GV
MD026	Mixed Berry	6 x 240g	21.43	GV
PREWETT'S				
VM020	Organic Ground Flaxseed	6 x 175g	15.71	GOV
PULSIN'				
VM331	Berry Protein Powder	6 x 270g	38.65	GV
VM258	Chocolate Pea Protein Powder	6 x 280g	44.57	GV
VM332	Hazelnut Protein Powder	6 x 280g	38.65	GV
VM093	Hemp Protein Powder	6 x 250g	46.38	GV
VM027	Pea Protein Isolate	1kg	20.99	GV
VM092	Pea Protein Powder	6 x 250g	32.03	GV
VM024	Rice Protein Powder	6 x 250g	35.67	GV
VM095	Soya Protein Powder	6 x 250g	32.10	GV
VM155	Vanilla Faba Bean Powder	6 x 270g	38.66	GV
VM090	Vanilla Keto Protein Powder Supershakes	6 x 252g	89.21	VG
VM304	Cacao & Maca Energy Supershake	6 x 300g	55.82	GV
RHEAL				
VF259	Berry Beauty	6 x 150g	90.00	GOV
SQUISHED				
VM068	Rescue Apple Boost	16 x 150g	69.70	GV
VM063	Rescue Blueberry Boost	16 x 150g	69.70	GV
VM070	Strawberry Boost	16 x 150g	69.70	GV
SUPPLEMENTS & REMEDIES				
ALLICINMAX				
VM324	Allicin Max Powder Capsules	6 x 30 capsules	29.34	GV
VM325	Allicin Max Powder Capsules	6 x 90 capsules	72.12	GV
VM328	Lesterol Caps	1 x 90 capsules	9.53	GV
AYURVEDIQ WELLNESS				
VM186	Boswellia Serrata	1 x 60 capsules	10.04	GV
VM183	Organic Fenugreek	1 x 120 capsules	11.16	GOV
VM184	Shilajit	1 x 60 capsules	13.39	GV
BIO-KULT				
VM317	Love Your Microbiome Boosted - Extra Strength	1 x 30 capsules	17.66	G
VM059	Brighten	1 x 60 capsules	13.85	G
VM330	Candea	1 x 60 capsules	11.61	G
VM310	Everyday	1 x 30 capsules	7.19	G
VM316	Everyday	1 x 60 capsules	14.13	G
VM306	Pro-Cyan	1 x 45 capsules	11.61	G
DR VEGAN				
VM339	Ashwagandha KSM-66	1 x 30 capsules	6.59	GOV
VM349	Brain Fuel	1 x 30 capsules	15.56	GV
VM345	Curcumin & Turmeric	1 x 30 capsules	7.07	GOV
VM049	Daily Multi-Vitamin	1 x 60 capsules	11.21	GV
VM347	Debloat & Detox	1 x 60 capsules	11.21	GV
VM080	Fibre Complex	1 x 30 capsules	7.40	GV
VM342	Gut Works	1 x 30 capsules	16.19	GV
VM044	Hair Saviour	1 x 60 capsules	15.59	GV
VM343	Magnesium	1 x 60 capsules	5.40	GV
VM340	MenoFriend	1 x 60 capsules	11.98	GV

code	product	size	price	bgfosv
VM079	Men's ProMulti	1 x 30 capsules	17.43	GV
VM081	PeriMenoFriend	1 x 30 capsules	11.53	GV
VM373	pH Hero	1 x 30 capsules	17.40	GV
VM372	Screen Eyes	1 x 60 capsules	14.39	GV
VM348	Skin Saviour	1 x 60 capsules	14.97	GV
VM351	Stay Calm	1 x 60 capsules	11.21	GV
VM371	Ultra Energy	1 x 30 capsules	6.59	GV
VM341	Vegan Omega 3	1 x 60 capsules	13.19	GV
FLORADIX				
	Small Bottles			
MD006	Kindervital Formula - Fruity	250ml	7.34	GV
MD187	Magnesium Formula	250ml	6.80	G
MD033	Neuro Balance Formula	250ml	9.28	GV
MD280	Saludynam Formula	250ml	8.55	G
MD016	Vitamin-B Complex	250ml	9.30	GV
GRASS & CO.				
	Mushroom Capsules			
VM395	BIOME Chaga Extract	1 x 60 capsules	12.00	GV
VM399	DREAM Reishi Extract	1 x 60 capsules	12.00	GV
VM396	FOCUS Lion's Mane Extract	1 x 60 capsules	12.00	GV
VM397	POWER Shiitake Extract	1 x 60 capsules	12.00	GV
VM398	RELAX Maitake Extract	1 x 60 capsules	12.00	GV
	Mushroom Powders			
VM401	BIOME Chaga Extract	1 x 100g	14.00	GV
VM400	FOCUS Lion's Mane Extract	1 x 100g	14.00	GV
GUT-SMART				
VM082	COOL Digestion Support	1 x 90 tablets	13.09	GV
HELLO WELLNESS				
	Herbal Blends			
VM412	Brain Capsules	6 x 30 capsules	69.96	GV
VM409	Digestion Capsules	6 x 30 capsules	69.96	GV
VM406	Energy Capsules	6 x 30 capsules	69.96	GV
VM407	Hormones Capsules	6 x 30 capsules	69.96	GV
VM408	Immunity Capsules	6 x 30 capsules	69.96	GV
VM410	Menopause Capsules	6 x 30 capsules	69.96	GV
VM411	Sleep Capsules	6 x 30 capsules	69.96	GV
HIGHER NATURE				
VM028	Ashwagandha & Rhodiola Complex	1 x 30 capsules	10.02	GV
VM133	Balance For Nerves	1 x 90 capsules	15.06	GV
VM040	Citricidal	1 x 100ml	16.72	GV
VM302	Citricidal	1 x 25ml	5.56	GV
VM361	Colloidal Silver	1 x 15ml	6.68	GV
VM290	L-Theanine	1 x 90 capsules	16.16	GV
VM297	Quercetin & Bromelain	1 x 60 tablets	10.02	GV
VM298	Red Sterol Complex	1 x 90 tablets	14.49	GV
VM179	Serotone 5-HTP	1 x 30 capsules	7.33	GV
KIKI HEALTH				
	Gut-Health			
VM387	Activated Charcoal	1 x 50 capsules	6.10	GV
VM386	Activated Charcoal Powder	1 x 70g	5.00	GV
VM385	Aloe Ferox Juice	1 x 500ml	6.50	GOV
VM384	Aloe Pure	1 x 20 capsules	6.50	GV
VM388	Body Biotics	1 x 60 capsules	14.15	GV
VM389	Body Biotics	1 x 30 capsules	8.50	GV
VM390	Inulin Powder	1 x 250g	9.00	GOV
	Mushrooms			
VM085	Chaga Mushroom Extract	1 x 60 capsules	15.00	GOV
VM087	Cordyceps Mushroom Extract	1 x 60 capsules	14.00	GOV
VM088	Lion's Mane Extract	1 x 60 capsules	12.50	GOV
VM091	Maitake Mushroom Extract	1 x 60 capsules	13.50	GOV
VM120	Multi Mushroom Extract Blend	1 x 60 capsules	15.00	GOV
VM099	Oyster Mushroom Extract	1 x 60 capsules	13.00	GOV
VM094	Reishi Mushroom Extract	1 x 60 capsules	15.00	GOV
VM098	Shiitake Mushroom Extract	1 x 60 capsules	12.50	GOV
LEPICOL				
VM142	Multi-Fibre Powder	1 x 180g	10.73	G
VM195	Multi-Fibre Powder	1 x 350g	16.09	G
VM228	Multi-Fibre Powder Plus+	1 x 180g	13.02	G
NATURES AID				
VM259	Concentrated Beetroot	60 capsules	5.53	GV

code	product	size	price	bfgosv
VM291	High Potency Turmeric	30 capsules	6.36	GV
VM292	High Potency Turmeric	60 capsules	11.10	GV
VM083	Pro-Daily Probiotic	5 x 30 capsules	27.65	GV
VM272	Vitamin B12	90 tablets	5.53	GV
VM295	Vitamin D3 Effervescents	60 tablets	3.31	GV
VM314	Daily Multivitamin	20 tablets	3.31	GV
VM315	Immune Vitamin C & Zinc	20 tablets	2.75	GV
VM318	Magnesium 200mg	20 tablets	3.31	GV
VM374	Vitamin C 1000mg MCT	20 tablets	2.46	GV
VM213	MCT Creamer	6 x 225g	79.80	GV
VM003	MCT Oil	6 x 500ml	75.78	FGV
VM227	MCT Oil - Caramel Flavour	6 x 500ml	83.83	GV
VM268	MCT Oil - Hazelnut Flavour	6 x 500ml	83.83	GV
VM215	MCT Oil Sachets	15 x 15ml	13.30	GV
NATURES OWN				
VM308	Vitamin B12	1 x 60 tablets	5.69	GV
PRO-VEN BIOTICS				
VM097	Childrens A-Z Multivitamin	1 x 30 tablets	4.50	G
VM116	Fit For School	1 x 30 tablets	8.10	GV
VM096	For Adults	1 x 30 capsules	9.72	G
VM114	Urgent C - Everyday Immune	1 x 30	9.99	G
RICOLA				
	Soothe & Clear			
MD009	Honey, Lemon & Echinacea	12 x 75g	12.13	GS
MD008	Original Bag	12 x 75g	12.13	GSV
SIMPLEE ALOE				
MD025	Aloe Juice Health Supplement	6 x 1l	59.99	GOV
MD041	Aloe Juice Health Supplement	6 x 500ml	36.99	GOV
TOGETHER HEALTH				
VM032	Ashwagandha Complex	6 x 30	36.94	GOV
VM022	Beautiful	5 x 60	44.78	GV
VM013	Bio CoQ10	6 x 30	50.38	GV
VM018	Calcium - from seaweed	5 x 60	27.95	GV
VM076	CBD Hemp	5 x 60	55.93	GV
VM358	Chaga Mushroom	5 x 60	78.46	GOV
VM026	Curcumin & Turmeric	6 x 30	33.55	GV
VM033	Gentle Iron	6 x 30	21.48	GV
VM014	Immune	6 x 30	32.21	GV
VM102	Iodine	6 x 30	23.49	GOV
VM078	Joint Aid	6 x 30	36.90	GV
VM356	Lion's Mane Mushroom	5 x 60	78.46	GOV
VM119	Magnesium	6 x 30	23.50	GV
VM077	Men's Multivitamin	6 x 30	32.21	GV
VM112	Multi Vitamin & Mineral	6 x 30	29.55	GV
VM019	Multibiotic	6 x 30	42.99	GV
VM355	Mushroom 5 Complex	5 x 60	78.46	GOV
VM359	Natural Folate	6 x 30	21.46	GV
VM052	Night Time Marine Magnesium	5 x 60	39.18	GV
VM121	Omega 3 - Algae	6 x 30	47.00	GV
VM025	Pregnancy - Multi Vit & Mins	5 x 60	44.79	GV
VM357	Reishi Mushroom	5 x 60	78.46	GOV
VM050	Stress Aid Vitamin & Mineral	6 x 30	36.94	GV
VM017	Vegan Multi Vitamin & Mineral	5 x 60	29.12	GV
VM021	Vegan Vitamin D3	6 x 30	18.77	GV
VM111	Vitamin B Complex	6 x 30	33.58	GV
VM134	Vitamin B12	6 x 30	33.55	GOV
VM113	Vitamin C with Bioflavonoids	6 x 30	24.18	GV
VM319	Vitamin K2	6 x 30	33.58	GV
VM054	Womens Multivit	6 x 30	29.55	GV
SWEET SNACKS				
BEAR				
ZX529	Yoyo Pure Fruit Rolls - Mango	18 x 20g	9.73	GV
ZX555	Yoyo Pure Fruit Rolls - Strawb	18 x 20g	9.73	GV
ZX525	Yoyo Pure Fruit Rolls-Blackcur	18 x 20g	9.73	GV
ZX550	Yoyo Pure Fruit Rolls-Raspb'ry Bites	18 x 20g	9.73	GV
ZX336	Blackcurrant and Beetroot	4 x 5 x 18g	9.66	GV
ZX333	Strawberry and Butternut	4 x 5 x 18g	9.66	GV

code	product	size	price	bfgosv
ZX632	Fruit Splits			
	Splits Pineapple & Raspberry	8 x 100g	18.63	GV
ZX623	Strawberry & Apple	8 x 100g	18.63	GV
	Fruit Treasures			
ZX649	Fruit Treasure's Berry	4 x 100g	9.03	GV
ZX646	Fruit Treasure's Tropical	4 x 100g	9.03	GV
	Giant Yoyo			
ZX063	Giant Yoyo -Strawberry/Mango	6 x 5 x 20g	15.77	GV
ZX067	Giant Yoyo-Apple/Blackcurrant	6 x 5 x 20g	15.77	VG
	Yoyo Sours			
ZX448	Strawberry & Apple	18 x 20g	9.73	GV
	Yoyos in multipacks			
ZX020	Yoyos - Blackcurrant Multipack	6 x 5 x 20g	13.97	GV
ZX014	Yoyos - Mango Multipack	6 x 5 x 20g	13.97	GV
ZX013	Yoyos - Raspberry Multipack	6 x 5 x 20g	13.97	GV
ZX012	Yoyos - Strawberry Multipack	6 x 5 x 20g	13.97	GV
BIONA				
ZX002	Berry Burst Sweets - Organic	10 x 75g	15.78	GOSV
ZX446	Fizzy Peaches	10 x 75g	15.78	GOVS
ZX441	Jelly Dino Sweets - Organic	10 x 75g	15.78	GOSV
ZX911	Mini Fruit Bears	10 x 75g	15.78	GOSV
ZX443	Pomegranate Heart Sweets - Org	10 x 75g	15.78	GOSV
BUTTERMILK				
	Grab Bags			
ZX682	Clotted Cream Fudge	16 x 175g	34.11	GS
ZX684	Cream Tea Fudge	16 x 175g	34.11	GS
ZX683	Double Chocolate Fudge	16 x 175g	34.11	GS
ZX688	Vanilla Vegan Fudge	16 x 175g	34.11	GSV
	XMAS 2024			
KB382	Candy Cane Fudge	7 x 100g	12.53	GS
KB319	Irish Cream Fudge	7 x 100g	12.53	GS
KB323	Mince Pie Fudge	7 x 100g	12.53	GS
CANDY KITTENS				
	Small Bags			
ZX645	Sour Watermelon	12 x 54g	10.80	SVG
COTSWOLD FUDGE CO				
ZX064	Vegan Btterscotch Fudge	12 x 150g	28.46	FGSV
WS202	Vegan Caramel & Sea Salt Fudge	12 x 150g	28.46	GSV
ZX463	Vegan Chocolate Fudge	12 x 150g	28.46	FGSV
ZX464	Vegan Seasalt Fudge	12 x 150g	28.46	FGSV
ZX465	Vegan Vanilla Fudge	12 x 150g	28.46	FGSV
DANDIES				
ZX654	Vegan Chocolate Marshmallows	2 x 10 x 105	30.09	GSV
ZX667	Vegan Maple Marshmallow	2 x 10 x 105	30.09	GSV
ZX668	Vegan Vanilla Jumbo Campers	10 x 280g	29.43	GSV
ZX199	Vegan Vanilla Marshmallows	12 x 200g	28.46	GSV
ZX203	Vegan Vanilla Mini Marshmallow	12 x 200g	28.46	GSV
ZX650	Vegan Vanilla Mini Marshmallow	2 x 10 x 105	30.09	GSV
FREE FROM FELLOWS				
ZX065	Cola Bottles	10 x 100g	13.07	GV
ZX060	Gummy Bears	10 x 100g	13.07	GV
ZX072	Midget Gems	10 x 100g	13.07	GV
	Boiled Sweets			
ZX321	Cola & Strawberry Lollipops	10 x 60g	13.50	VG
ZX373	Pear Drops	10 x 70g	13.07	GSV
ZX324	Rhubarb and Custard	10 x 70g	13.07	VG
FREEDOM CONFECTIONERY				
KB292	Gummies Cola	10 x 100g	19.59	GSV
KB282	Gummies Mojis	10 x 100g	19.59	GSV
KB291	Mallow Gems	10 x 100g	26.03	GSV
KB789	Pink & White Mini Marshmallows	10 x 100g	18.57	GSV
KB726	Vegantics - Large Mallows	10 x 100g	18.57	GSV
JEALOUS SWEETS				
	40g Bags			
ZX238	Grizzly Bears	10 x 40g	9.22	GV
ZX675	Love Bears	10 x 40g	9.22	GV
ZX229	Tangy Worms	10 x 40g	9.22	SVG
ZX233	Tropical Wonder	10 x 40g	9.22	SGV
	Share Bags			
ZX005	Fizzy Lips Share Bag	10 x 125g	18.57	GSV

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ZX466	Grizzly Bears Share Bags	10 x 125g	18.57	GSV
ZX472	Tangy Worms Share Bags	10 x 125g	18.57	GSV
ZX004	Tropical Wonder Share Bag	10 x 125g	18.57	GSV
	Shot Bag			
ZX948	Grizzly Bear Shot Bags	20 x 24g	12.29	GSV
	Shot Bags			
ZX955	Love Bears Shot Bags	20 x 24g	12.29	GV
ZX949	Tangy Worms Shot Bags	20 x 24g	12.29	GSV
PENG				
ZX382	Cappuccino Chocolate Chickpeas	6 x 110g	13.63	GSV
ZX383	Coconut Chocolate Chickpeas	6 x 110g	13.63	GSV
ZX379	Fruity Candy Roasted Chickpeas	6 x 110g	13.63	GSV
PEPPERSMITH				
ZX048	Strawberry Pastilles	12 x 15g	11.91	GV
	Big Packs			
ZX772	Mighty Box Peppermint Mints	18 x 60g	49.59	GV
RICOLA				
ZX269	Glacier Peppermint -Sugar Free	20 x 45g	20.65	GV
SAVVY SWEETS				
ZX879	Berry Bears	12 x 50g	15.00	GV
ZX885	Fruits & Cream Bears	12 x 50g	15.00	GV
ZX881	Sour Bears	12 x 50g	15.00	GV
ZX880	Sour Cola Bears	12 x 50g	15.00	GV
TROPICKS				
ZX008	Fruit Balls Mango	8 x 50g	12.60	GOV
ZX023	Fruit Balls Pineapple	8 x 50g	12.60	GOV
ZX003	Fruit Roll Mango	30 x 27g	27.00	GOV
ZX006	Fruit Roll Pineapple	30 x 27g	27.00	GOV
TABLE SAUCES				
BIONA				
KJ106	Classic Tomato Ketchup Squeezy	12 x 560g	39.16	GOSV
KJ463	Worcester Sauce	6 x 140ml	19.59	GOSV
HENDERSON'S				
KJ344	Henderson's Relish	12 x 284ml	22.46	GSV
MR ORGANIC				
KJ496	Naturally sweetened Ketchup	6 x 480g	17.06	GOV
STUBB'S				
KJ073	Hickory Liquid Smoke	12 x 148ml	31.15	GSV
TEAS				
CHEERFUL BUDDHA				
TE221	Lion's Mane Mushroom Decaf Tea	6 x 15PK	22.46	GV
TE287	Lion's Mane Mushroom Green Tea	6 x 15PK	22.46	GV
CLIPPER				
	Pack 40			
TE172	English Breakfast Tea Organic	6 x 40 bags	15.56	FGOV
TE177	FT Organic Earl Grey	6 x 40 bags	15.34	FGOV
TE168	FT Organic Everyday Tea	6 x 40 bags	15.34	FGOV
TE182	FT Organic Green Tea	6 x 40 bags	16.23	FGOV
TE183	FT Organic White Tea	6 x 40 bags	16.57	FGOV
	Pack 80			
TE507	English Breakfast Organic	4 x 80 bags	14.33	FGOV
TE189	FT Organic Everyday Tea	4 x 80 bags	13.83	FGOV
TE190	FT Organic Green Tea	4 x 80 bags	14.96	FGOV
HAMPSTEAD TEA				
	Looseleaf			
TE677	English Breakfast	6 x 100g	29.21	GOVB
T. BUCKWHEAT TEA				
TE197	Buckwheat Teabags	6 x 15 bags	44.94	GV
TOFU & TEMPEH (CHILLED)				
BETTER NATURE				
CV763	BBQ Tempeh Pieces	6 x 180g	14.81	GSV
CV766	Mediterranean Tempeh Pieces	6 x 180g	14.81	GV
CV387	Smoky Tempeh	6 x 220g	14.81	GV
CLEAR SPOT				
CV777	Scrambled Tofu	6 x 200g	17.58	GOV
DRAGONFLY				
CV393	Organic Marinated Tofu	5 x 300g	13.93	GOV

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IMPULSE FOODS				
CV177	Black Turtle Bean Tempeh	6 x 200g	20.32	GOV
CV178	Chickpea & Chia Tempeh	6 x 200g	20.32	GOV
TOOTH CARE				
KINGFISHER				
DY669	Toothpaste Aloe TeaTree Fennel	12 x 100ml	27.69	GV
DY668	Toothpaste Aloe, TeaTree, Mint	12 x 100ml	27.69	GV
DY527	Toothpaste Baking Soda & Mint	12 x 100ml	27.69	GV
DY416	Toothpaste Charcoal Whitening	12 x 100ml	27.69	GV
DY111	Toothpaste Fennel	12 x 100ml	27.69	GV
DY800	Toothpaste Fennel FluorideFree	12 x 100ml	27.69	GV
DY161	Toothpaste Kids Strawberry	12 x 100ml	27.69	GV
DY190	Toothpaste Mint	12 x 100ml	27.69	GV
DY529	Toothpaste Mint Fluoride Free	12 x 100ml	27.69	GV
VEGAN & OAT MILK				
ALPRO				
TE004	Almond Barista	12 x 1l	26.05	GSV
SY050	Organic Soya Drink	8 x 1l	12.34	GOV
BLUE DIAMOND				
SY101	Almond Breeze - Barista Blend	8 x 1l	18.54	GV
SY061	Almond Breeze - Original	8 x 1l	14.21	GSV
SY066	Almond Breeze - Unsweetened	8 x 1l	14.21	GV
FOOD HEAVEN				
SY245	Chocolate Whipped Spray Cream	12 x 200ml	24.71	GSV
SY168	Heavenly Whipped Spray Cream	12 x 200ml	22.30	GSV
GLEBE FARM				
SY165	Almond Drink Barista	6 x 1l	12.54	FGV
SY164	Coconut Drink Barista	6 x 1l	11.21	FGV
SY140	Pure Oaty Barista Drink	6 x 1l	10.66	GV
SY162	Pureoaty Creamy and enriched	6 x 1l	10.66	GV
SY161	PureOaty Organic Barista	6 x 1lT	11.69	GOV
SY208	Tea-rrific Oat Drink	6 x 1l	9.69	GV
KOKO DAIRY FREE				
SY149	Barista Coconut Milk Drink	6 x 1l	10.14	GSV
SY038	Coconut Milk Drink	12 x 1l	19.38	GSV
SY122	Coconut Milk Drink Unsweetened	6 x 1l	9.67	GV
SY020	Koko Kids Milk Alternative	6 x 1l	10.16	GSV
PLAMIL				
SY009	Organic Soya Milk Heritage	8 x 1l	19.07	VOG
PLENISH				
SY206	Oat Barista - Organic	6 x 1l	11.80	GOV
SY170	Oat M*lk - Gluten Free	8 x 1l	15.44	GOV
RUDE HEALTH FOODS				
SY052	Almond Drink - No Sugars	6 x 1l	12.12	GOV
SY129	Almond Drink - Organic	6 x 1l	12.13	GOV
SY230	Barista Almond	6 x 1l	8.97	GV
SY231	Barista Coconut	6 x 1l	8.97	GV
SY232	Barista Oat	6 x 1l	7.20	GV
SY233	Barista Soya	6 x 1l	7.20	GOV
SY130	Brown Rice Drink - Organic	6 x 1l	11.24	GOV
SY085	Cashew Drink - Organic	6 x 1l	15.71	GOV
SY044	Coconut Drink Organic	6 x 1l	13.46	GOV
SY148	Hazelnut Drink - Organic	6 x 1l	13.46	GOV
SY054	Oat Drink - No Sugars	6 x 1l	11.24	GOV
SY037	Oat Drink - Organic	6 x 1l	11.24	GOV
SY194	Organic Soya Drink	6 x 1l	10.40	GOV
SY117	Tiger Nut Drink Organic	6 x 1l	13.46	GOV
SY159	Ultimate Almond Milk - Organic	6 x 1l	17.31	GOV
SOJADE				
SY063	Cooking Cream	8 x 500ml	14.36	GOV
SY062	High Protein Drink	8 x 750ml	12.98	GOV
SY018	Soya Drink - Mild Sweetened	8 x 1l	14.40	GOV
SY016	Soya Drink - Unsweetened	8 x 1l	13.00	GOV
SY023	Vanilla Soya Drink	8 x 1l	15.95	GOV
SPROUD				
SY069	Sproud Barista	6 x 1l	11.00	GSV
SY057	Sproud Original	6 x 1l	11.00	GSV
THE BRIDGE				
SY160	Coconut Drink	12 x 1l	22.00	GOV

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SY487	Rice Drink - Original	6 x 1l	9.68	GOV
SY452	Rice Drink + Almond	6 x 1l	11.20	GOV
SY008	Rice Drink + Coconut Cooking Cream	12 x 1l	23.85	GOV
SY188	Coconut Cream - Organic	10 x 200ml	11.41	GOV
SY186	Soya Cream - Organic	10 x 200ml	8.93	GOV
THE COCONUT COMPANY				
SY116	Coconut Milk Powder - Organic	12 x 250g	62.91	GOV
VEGAN CHEESE				
APPLEWOOD				
CV615	Smoked Cheese Block	8 x 200g	17.03	GSV
CV618	Smoked Cheese Slices	12 x 200g	27.77	GV
BUTE ISLAND FOODS				
CV016	Greek Style	6 x 200g	10.98	GV
CV191	Mighty Mature Cheddar Style Creamy Sheese	6 x 200g	10.98	GV
CV308	Creamy Garlic and Herb Spread	6 x 255g	11.93	GSV
CV315	Creamy Original Spread Grated Sheese	6 x 255g	11.93	GSV
CV165	Grated Mature Cheddar Style	4 x 200g	9.32	GV
CV183	Grated Mozzarella Style	4 x 200g	9.32	GV
CV542	Sliced Sheese Mozzarella Style Slices	10 x 180g	19.59	GV
GREENVIE				
CV629	Blue Cheese Wedge	10 x 200g	26.46	GV
CV639	Camembert Flavour Block	8 x 200g	22.45	GV
CV620	Cheddar Style Block	8 x 250g	19.50	GV
CV630	Grated Mozzarella Cheese	7 x 150g	12.30	GV
CV598	Grated Parveggio	8 x 100g	11.72	GV
CV595	Greek Style Cheese Block	10 x 200g	19.59	GV
CV611	Mozzarella Block	8 x 250g	19.50	GV
CV633	Original Cheese Spread	8 x 200g	17.29	GV
CV628	Plant-Based Sour Cream	8 x 200g	18.30	GV
CV631	Smoked Gouda Slices	11 x 180g	19.41	GV
CV600	Veggrill Cheese	8 x 200g	19.50	GSV
CV638	Vintage Cheddar Cheese	10 x 200g	18.43	GV
MOZZARISELLA				
CV027	MascaRice Vegan Mascarpone	6 x 150g	16.50	GOV
VIOLIFE				
CV904	Grated Grated Tex-Mex Cheese Specialities	8 x 180g	20.50	GSV
CV905	Camembert	6 x 150g	17.12	GV
VEGAN DESSERTS				
BEAR				
XL067	Mango Ice Lolly Squeezers	8 x 5 x 60ml	19.77	GV
BOOJA-BOOJA				
	110ml Tubs			
XL258	Caramel Pecan Ice Cream	22 x 110ml	28.68	GOSV
XL031	Deeply Chocolate Ice Cream	22 x 110ml	28.68	GOSV
XL340	Mango & Raspberry Ice Cream	22 x 110ml	28.68	GOSV
XL410	Vanilla Ice Cream	22 x 110ml	28.68	GOSV
	465ml Tubs			
XL263	Caramel Pecan Ice Cream	6 x 465ml	22.08	GOSV
XL013	Choc Fudge Brownie Ice Cream	6 x 465ml	22.08	GOSV
XL259	Choc Salted Caramel Ice Cream	6 x 465ml	22.08	GOSV
XL002	Cookie Dough Ice Cream	6 x 465ml	22.08	GOSV
XL033	Deeply Chocolate Ice Cream	6 x 465ml	22.08	GOSV
XL023	Mango & Raspberry Ice Cream	6 x 465ml	22.08	GOSV
XL038	Vanilla Ice Cream	6 x 465ml	22.08	GOSV
VEGAN YOGHURT				
ALPRO				
CV575	Coconut Soya Yoghurt	6 x 500g	8.70	GV
CV576	Soya Blueberry Cherry Yoghurt	6 x 4 x 125g	10.69	GSV
CV572	Soya Blueberry Yoghurt	6 x 500g	8.70	GSV
CV579	Soya Greek Style	6 x 400g	8.70	GV
CV589	Soya Strwb/Bana/Peach Yoghurt	6 x 4 x 125g	10.69	GSV

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COCOS				
CV892	Mango & Passionfruit	6 x 125g	10.62	GOV
CV013	Mango & Passionfruit Yoghurt	6 x 400g	25.36	GOV
CV014	Mixed Berry Coconut Yoghurt	6 x 400g	25.36	GOV
CV893	Mixed Berry Coconut Yoghurt	6 x 125g	10.62	GOV
CV899	Natural Coconut Milk Yoghurt	6 x 400g	25.36	GOV
CV891	Natural Coconut Yoghurt	6 x 125g	10.62	GOV
CV897	Natural Coconut Yoghurt	6 x 250g	18.51	GOV
CV894	Strawberry Coconut Yoghurt	6 x 125g	10.62	GOV
CV900	Strawberry Coconut Yoghurt	6 x 400g	25.36	GOV
CV895	Vanilla Coconut Yoghurt	6 x 125g	10.62	GOV
CV901	Vanilla Coconut Yoghurt	6 x 400g	25.36	GOV
KOKO DAIRY FREE				
	Coconut Yoghurts			
CV229	Greek Style Yoghurt	6 x 350g	9.84	GV
CV032	Peach & Passionfruit Yoghurt	5 x 2 x 125g	7.34	GSV
CV020	Plain Yoghurt Alternative	6 x 400g	9.84	GSV
CV031	Raspberry Yoghurt Alternative	5 x 2 x 125g	7.34	GSV
CV029	Strawberry Yoghurt Alternative	5 x 2 x 125g	7.34	GSV
CV300	Vanilla Yoghurt	6 x 400g	9.84	GSV
NUSH				
	Almond Milk Dairy-Free Yoghurt			
CV796	Mango & Passionfruit	6 x 350g	15.68	GV
SOJADE				
	150g Pots			
CV916	Blueberry Yoghurt	6 x 150g	5.37	GOV
CV915	Peach and Mango Yoghurt	6 x 150g	5.37	GOV
CV917	Strawberry Yoghurt	6 x 150g	5.37	GOV
	Soya Based Yoghurts			
CV485	Apricot Yoghurt	6 x 400g	10.90	GOSV
CV289	Blueberry Cherry Yoghurt	6 x 400g	12.35	GOV
CV486	Blueberry Yoghurt	6 x 400g	10.90	GOSV
CV876	Greek Style Yoghurt	6 x 400g	10.37	GOV
CV724	Lemon Yoghurt	6 x 400g	10.90	GOSV
CV494	Mango & Peach Yoghurt	6 x 400g	10.90	GOSV
CV483	Natural Yoghurt	6 x 400g	7.19	GOV
CV266	Sojade Natural Yoghurt	6 x 250g	4.74	GOV
CV723	Vanilla Yoghurt	6 x 400g	10.90	GOSV
THE COCONUT COLLABORATIVE				
CV508	Mango-Passion Compote Yoghurt	6 x 360g	13.31	GV
CV495	Natural Yoghurt	6 x 350g	12.67	GV
CV825	Natural Yoghurt	6 x 750g	24.86	GV
CV369	Protein Yoghurt	6 x 350g	16.57	GV
CV497	Vanilla Yoghurt	6 x 350g	12.67	GV
VEGETABLES				
COOKS & CO				
KJ078	Sweetly Drop Peppers	6 x 235g	16.47	GV
ST DALFOUR				
VF112	Whole Chestnuts	6 x 200g	21.03	GV
VEGETABLES (FROZEN)				
BIO INSIDE				
XL155	Organic Garden peas	12 x 300g	19.56	GOV
XL153	Organic Sweetcorn	12 x 300g	22.15	GOV
NATURAL COOL				
XL183	Broccoli	8 x 300g	20.67	GOVB
XL221	Chips - Oven or Fry	12 x 600g	41.81	BGOV
XL178	Peas	8 x 450g	24.24	GOV
XL098	Potato Wedges	12 x 450g	32.50	BGOV
STRONG ROOTS				
XL217	Crispy Crinkle Fries	12 x 750g	37.03	GV
XL230	Crispy Skinny Fries	12 x 750g	37.03	GV
XL165	Mixed Root Vegetable Fries	12 x 500g	37.02	GV
XL166	Proper Potato Chips	12 x 750g	37.02	GV
XL162	Sweet Potato Fries	12 x 500g	37.02	GV
VINEGARS				
BRAGG				
KJ324	Apple Cider Vinegar w/Mother	12 x 946ml	107.82	GOV
KJ325	Apple Cider Vinegar w/Mother	12 x 473ml	62.91	GOV

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MR ORGANIC				
KJ058	Apple Cider Vinegar	12 x 250ml	26.92	GOV
KJ492	Organic Apple Cider Vinegar	6 x 500ml	15.02	GOV
WINES				
ORANGE WINE				
WN023	Austria Winzer Krems Gruner Veltliner	6 x 75cl	56.93	GV
RED WINE				
WN055	Chile MontGras Pinot Noir	6 x 750ml	60.34	GOV
WN006	France Merlot La Marouette	6 x 75cl	55.89	GOV
WN078	Rouge Sans Sulfite Marouette	6 x 750ml	57.27	GOV
WN020	Italy Integro Organic Primitivo	6 x 75cl	52.25	GOV
WN232	Spain Tempranillo Camino	6 x 75cl	44.31	GOV
WN080	Tempranillo Finca Fabian	6 x 750ml	47.00	GOV
ROSE WINE				
WN229	France Grenache Rose La Marouette	6 x 75cl	59.91	GOV
SPARKLING WINE				
WN009	Italy Prosecco Col di Manza	6 x 75cl	87.86	GOVB
WN054	Spain Vallformosa Bio Organic Cava	6 x 750ml	67.00	GOV
WHITE WINE				
WN016	Chile MontGras Sauvignon Blanc	6 x 75cl	60.34	GOV
WN076	France Blanc Sans Sulfite Marouette	6 x 750ml	62.36	GOV
WN079	Spain Verdejo Finca Fabian	6 x 750ml	47.00	GOV
YEAST EXTRACTS				
MERIDIAN				
GH160	Yeast Extract + B12 and salt	6 x 340g	22.45	GV
GH098	Yeast Extract +B12, no salt	6 x 340g	22.45	GV
VEGEMITE				
GH148	Vegemite Gluten Free	8 x 235g	20.19	GV

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