

The background features a dark, textured surface with a large, stylized yellow floral or leaf pattern on the left side. The pattern consists of thick, rounded shapes that resemble petals or leaves, arranged in a vertical column. The right side of the image is mostly dark, with the Suma logo and text centered in the upper right quadrant.

Suma

CO-OPERATIVE SINCE 1977

CATERING

November December 2024

CATERING

A bit more about it

This list is made up of the bulk quantities of fine foods used by restaurants, cafes, hotels and other caterers. It includes bulk coffee, cheese, oil, flour, herbs, spices and other cooking ingredients. This catering list covers all your dry store needs, chilled and frozen foods too. From ingredients to soft drinks, cleaning products to dairy-free milks, all clean label, with no undesirable additives.

Suma has a broad customer base. We supply delis, wholefood shops, restaurants, cafes, caterers, farm shops and many more, the diverse nature of who we supply means that we have a huge choice of wholesome, natural products for food lovers everywhere.

If you are not a caterer but just want to stock up on a larger size of your favourite Suma products, this is the list for you.



Key BFGSOV

B - Biodynamic // F - Fairtrade or BAFTS accredited // G - Gluten-Free //
O - Organic // S - Added Sugar // V - Vegan

All prices are correct at time of print and stock is subject to availability.

code	product	size	price	bfgov
ALCOHOL FREE AND LOW ALCOHOL BEVERAGES				
NORFOLK PUNCH				
XMAS 2024				
JU195	Original Norfolk Punch	6 x 700ml	27.43	S
ALCOHOLIC DRINKS				
HOLLOWS				
From Fentimans				
RT017	Superior Alcoholic Ginger Beer	8 x 500ml	18.07	GVS
BAKING SUNDRIES				
SUMA				
LJ039	Baking Powder - Gluten Free	6 x 200g	12.83	GV
LJ019	Cornflour	6 x 500g	10.31	V
LJ040	C/Free Bicarbonate of Soda	6 x 200g	9.86	GV
GT028	Gluten Free Vegetarian Suet	6 x 250g	16.88	GV
LJ223	Gluten Free Xanthan Gum	6 x 100g	18.20	GV
DOVES FARM				
LJ423	Quick Yeast	2 x 8 x 125g	23.64	GV
FERMIPAN				
LJ061	Dried Yeast	20 x 500g	115.72	V
GREEN & BLACKS				
Cooks Chocolate				
KB058	Dark Cooking Chocolate-Organic	15 x 150g	37.93	FOS
JUST WHOLEFOODS				
LJ162	Vegeteset - setting agent	10 x 25g	20.93	V
MONTEZUMA'S				
Cooking Chocolate				
KB052	Dark Couverture	3 kg	53.58	GOSV
KB060	Milk Couverture	3 kg	53.58	GOS
ORGRAN				
LJ656	Egg Replacer	8 x 200 g	20.10	GV
PLAMIL				
Drops in 1kg bags				
KB651	Baking Chocolate	1 x 1kg	20.72	GSV
KB652	Organic Baking Chocolate	1 x 1kg	23.56	GOSV
KB658	Organic Rich Chocolate	1 x 1kg	25.29	GOSV
STEENBERGS				
LJ116	Almond Extract	6 x 100ml	30.17	V
LJ117	Orange Flower Water Organic	6 x 100ml	18.85	OV
LJ085	Rose Water Organic	6 x 100ml	18.85	OV
TAYLOR & COLLEDGE				
LJ115	Vanilla Bean Extract	6 x 100ml	40.27	FOV
LJ113	Vanilla Bean Paste	12 x 65g	60.67	SOV
VIVANI ORGANIC CHOCOLATE				
KB408	Dark Cooking Chocolate	10 x 200g	44.86	OSV
BEANS & PULSES - CANNED				
SUMA				
VF707	Borlotti Beans	12 x 400g	8.15	V
VF119	Butter Beans	12 x 400g	8.15	V
VF709	Cannellini Beans	12 x 400g	8.15	V
VF117	Chickpeas	12 x 400g	8.15	V
VF118	Red Kidney Beans	12 x 400g	8.15	V
SUMA ORGANIC				
VF675	Aduki Beans - organic	12 x 400g	11.25	OV
VF645	Butter Beans - organic	12 x 400g	11.62	VO
VF395	Cannellini Beans - organic	12 x 400g	11.25	OV
VF642	Chickpeas - organic	12 x 400g	11.25	VO
VF647	Green Lentils - organic	12 x 400g	11.25	VO
VF644	Haricot Beans - organic	12 x 400g	11.25	VO

code	product	size	price	bfgosv
VF649	Mixed Beans - organic	12 x 400g	11.25	VO
VF643	Red Kidney Beans - organic	12 x 400g	11.62	VO
	Baked Beans			
VF550	Baked Beans - organic	12 x 400g	13.00	OSV
	Catering Size			
VF900	Black Beans - organic	6 x 2.6kg	22.49	OV
VF785	Chickpeas - organic	6 x 2.6kg	22.49	OV
BIONOVA				
VF495	Baked Beans - organic	6 x 350g	13.33	OSV
BEERS				
SAM SMITHS				
RT008	Organic Pale Ale	12 x 550ml	33.26	OV
RT120	Organic Pure Brewed Lager	12 x 550ml	33.26	OV
BISCUITS CRACKERS & CRISPbread				
DOVES FARM				
BT092	Digestive Biscuits	12 x 400g	25.34	OSV
BT010	Digestives	12 x 200g	15.28	OSV
LAZY DAY				
BT019	Chocolate Tiffin	12 x 50g	15.77	GSV
BT017	Millionaire Shortbread	12 x 50g	15.77	GSV
BT032	Orange Tiffin	12 x 50g	15.77	GSV
BT023	Rocky Road	12 x 50g	15.77	GSV
BT041	Scottish Shortbread	12 x 50g	15.77	GSV
BODY CARE				
ALTER/NATIVE BY SUMA				
20L/5L POS Refill Accessories				
DY484	5l pump - 30ml Dispenser	each	3.35	V
FAITH IN NATURE				
Accessories				
HJ023	Pump for 5ltr Bulk Containers	each	3.93	V
Soap - Loose				
DY050	Loose Soap - Aloe Vera	18 x 100g	23.91	V
DY918	Loose Soap - Coconut	18 x 100g	23.91	V
DY637	Loose Soap - Fragrance Free	18 x 100g	23.91	V
DY640	Loose Soap - Grapefruit	18 x 100g	23.91	V
DY154	Loose Soap - Hemp	18 x 100g	23.91	V
DY005	Loose Soap - Lavender	18 x 100g	23.91	V
DY006	Loose Soap - Orange	18 x 100g	23.91	V
DY008	Loose Soap - Rosemary	18 x 100g	23.91	V
DY239	Loose Soap - Tea Tree	18 x 100g	23.91	V
OLIVA				
DY561	Olive Oil Soap - Large Bar	6 x 600g	15.06	V
BREADS & BREAD MIXES				
AMAIZIN				
BT329	Organic Tortilla Wraps	16 x 240g	34.93	OV
BIONA				
BT135	Pizza Base - 2 Per Retail Pack	10 x 300g	22.75	OV
BT422	Spelt Pizza Base - Organic	10 x 300g	31.88	OV
ISABEL'S NATURALLY FREE FROM				
BT203	Gluten & Wheat Free Pizza Mix	8 x 300g	27.27	G
COCOA				
CLIPPER				
TE196	Instant Hot Chocolate	4 x 1kg	48.23	FS
DIVINE				
TE687	Drinking Chocolate	6 x 400g	20.50	FVS

code	product	size	price	bfgosv
COFFEE				
SUMA ORGANIC				
	Bulk Packs			
TE103	Colombia Beans	1 kg	19.24	FOV
TE656	Espresso Beans	1 kg	19.24	FOV
TE101	Ethiopia Yirgacheffe Beans	1 kg	20.89	FOV
TE109	Honduras Coffee Beans	1 kg	16.47	FOV
TE758	Medium Roast Blend Ground	1 kg	16.97	FOV
TE106	Peru Cepicafe Beans	1 kg	16.47	FOV
TE107	Sumatra Gayo Highlands Beans	1 kg	20.31	FOV
TE113	Swiss Water Decaf Beans	1 kg	20.66	FOV
CAFEDIRECT				
	Instant Coffees			
TE395	Smooth Roast Instant	6 x 500g	128.76	FV
CLIPPER				
	Food Service Range			
TE724	Instant - Fairtrade & Organic	4 x 500g	113.20	FOV
TE526	Instant Decaf Organic	4 x 500g	128.47	FOV
EQUAL EXCHANGE				
	Roast Wholebean Coffees 1kg			
TE896	Espresso	6 x 1kg	113.06	FOV
GRUMPY MULE				
	Roast Wholebean Coffees 1KG			
TE416	Dark Peak Espresso Beans	1 kg	16.29	FV
TE417	Landscape Espresso Beans	1 kg	17.59	FOV
CONVENIENCE FOODS				
FREE & EASY				
VF125	Bean Cassoulet - og	6 x 400g	14.37	GOV
VF116	Chickpea & Bean Tagine	6 x 400g	14.37	GOV
VF006	Chickpea / Vegetable Curry	6 x 400g	14.37	GOV
VF014	Three Bean Chilli - og	6 x 400g	14.37	GOV
SUNITA				
FG601	Polenta - organic	6 x 500g	9.62	OV
CRISPS & SNACKS				
AMAIZIN				
ZX543	Bio Corn Chips Natural	10 x 150g	15.24	GOV
ZX429	Natural Corn Chips Value Bag	10 x 250g	21.37	OV
PROPERCHIPS				
	Sharing Bag			
ZX426	Barbecue Chips	8 x 85g	13.87	GSV
ZX467	Salt & Vinegar Chips	8 x 85g	13.87	GSV
ZX430	Sea Salt Chips	8 x 85g	13.87	GSV
ZX451	Sour Cream & Chive Chips	8 x 85g	13.87	GSV
ZX474	Sriracha Chilli Chips	8 x 85g	13.87	GSV
PROPERCORN				
	Sharing Bag			
ZX861	Popcorn - Lightly Sea Salted	8 x 70g	9.79	GV
ZX862	Popcorn - Salted Caramel	8 x 90g	9.50	GSV
ZX431	Popcorn - Sweet	8 x 90g	9.78	GSV
ZX860	Popcorn - Sweet & Salty	8 x 90g	9.50	GSV
ZX428	Popcorn - Sweet Cinnamon	8 x 90g	9.78	GSV
TRAF0				
	Snacks			
BT075	Pretzel Sticks	12 x 100g	13.83	OV
DAIRY BUTTER, CREAM & MILK				
CALON WEN				
	The Farmers Co-op			
CV277	Lightly Salted Welsh Butter	20 x 250g	65.71	GO

code	product	size	price	bfgov
DAIRY CHEESE				
CYPRESSA				
CV761	Organic Feta Cheese	12 x 200g	37.69	O
CV760	Organic Halloumi Cheese	10 x 200g	34.48	O
DESSERTS				
JUST WHOLEFOODS				
VF067	Jelly, Lemon, Vegan	12 x 85g	17.72	SV
VF068	Jelly, Strawberry, Vegan	12 x 85g	17.72	SV
VF066	Jelly, Tropical, Vegan	12 x 85g	17.72	SV
DESSERTS & PUDDINGS (CHILLED)				
OATLY				
CV827	Creamy Oat	10 x 250ml	9.04	V
CV828	Oat Fraiche	6 x 200ml	9.20	V
CV698	Whippable Creamy Oat	10 x 250ml	11.57	V
ESSENTIAL OILS				
AQUA OLEUM				
Diffusion Blends				
AR001	Deep Sleep Diffusion Blend	3 x 10ml	19.50	V
FAR EASTERN FOOD				
BIONA				
VF775	Coconut Milk Organic	6 x 400ml	10.46	OV
VF772	Creamed Coconut Organic	12 x 200g	22.73	OV
BLUE DRAGON				
JP220	Tofu - Firm Silken	12 x 349g	23.18	V
MORI-NU				
JP075	Tofu - Extra Firm	12 x 349g	34.63	V
YUTAKA				
JP013	Panko Bread Crumbs	8 x 180g	11.18	V
FLOURS & BREAD MIXES				
SUMA PREPACKS				
FG002	Teff Flour - Brown	6 x 500g	20.66	V
DOVES FARM				
FG069	Fine Plain White Flour	5 x 1kg	7.51	OV
FG010	Fine Plain Wholemeal Flour	5 x 1kg	6.78	VO
FG522	Gluten Free Brown Bread Flour	5 x 1kg	10.51	GV
FG700	Gluten Free Plain White Flour	5 x 1kg	9.97	GV
FG520	Gluten Free White Bread Flour	5 x 1kg	9.97	GV
FG004	Malthouse Bread Flour	5 x 1kg	8.93	OV
FG117	Rice Flour	5 x 1kg	8.15	GV
FG115	Self Raising Wholemeal Flour	5 x 1kg	6.83	OV
FG997	Speciality Pasta Flour	5 x 1kg	9.07	OV
FG116	Stoneground Gram Flour	5 x 1kg	10.11	GV
FG072	Strong White Bread Flour	5 x 1.5kg	10.31	OV
FG008	Strong Wholemeal Bread Flour	5 x 1.5kg	9.49	OV
FG070	White Self Raising Flour	5 x 1kg	7.61	OV
FG701	White Self Raising Flour GF	5 x 1kg	9.97	GV
Artisan Flour				
FG082	Einkorn Flour	5 x 1kg	14.24	OV
FG011	Khorasan Flour Wholegrain	5 x 1kg	17.94	OV
FG016	Rye Flour Wholegrain Organic	5 x 1kg	7.56	OV
FG071	Spelt Flour White Organic	5 x 1kg	13.76	OV
FG102	Spelt Flour Whole Meal Organic Bulk	5 x 1kg	11.77	OV
FG020	Strong White Flour	25 kg	32.06	VO
GILCHESTERS ORGANICS				
FG014	Pizza & Ciabatta Wheat Flour	6 x 1.5kg	20.87	OV
FG009	Strong 100% Whole Wheat Flour	6 x 1.5kg	18.26	OV

code	product	size	price	bfgosv
FG006	Strong White Wheat Flour LITTLE SALKELD WATERMILL	6 x 1.5kg	20.26	OV
FG804	Barley Flour - organic SHIPTON MILL	6 x 500g	10.98	OV/B
FG876	White Strong Organic Flour	5 x 2.5kg	19.63	OV
FG079	Wholemeal Organic Flour	5 x 2.5kg	19.90	OV
FRUIT - CANNED & JARRED				
ESSENTIAL TRADING				
KJ263	Mango Chunks in Org Juice	6 x 400g	11.50	VO
KJ262	Pineapple Chunks In Org Juice	6 x 400g	13.48	VO
KJ260	Tropical Fruits in Org Juice	6 x 400g	11.22	VO
FRUIT & VEGETABLE JUICES				
SUNITA				
JU129	Orange Juice - organic	6 x 1 l	20.80	OV
FRUIT (FROZEN)				
PACK'D				
XL252	Organic Blueberries	10 x 300g	41.14	OV
XL133	Organic Raspberries	10 x 300g	50.83	OV
XL135	Organic Strawberries	10 x 300g	39.11	OV
GRAVY, STOCK & BOUILLON				
MARIGOLD				
LJ238	Bouillon Powder - Organic	6 x 500g	34.88	GOV
LJ321	Yeast Free Bouillon Stock Cube	12 x 84g	13.50	GOV
HERB & FRUIT TEA INFUSIONS				
CLIPPER				
Food Service Range				
TE148	Chamomile	6 x 25 bags	16.23	FOV
TE455	Lemon & Ginger	6 x 25 bags	18.86	OV
TE166	Peppermint	6 x 25bags	16.23	FOV
TE454	Wild Berry	6 x 25 bags	18.86	OV
HERBS & SPICES - BULK				
BULK WHOLE SPICES				
HE207	Tamarind	200g	2.69	V
HERBS & SPICES - PREPACKED				
SUMA PREPACKS				
Whole Spices				
HE001	Peppercorns - black	6 x 250g	17.06	V
PERSIAN TRADER				
HE024	Saffron	12 x 125mg	13.41	V
HE037	Saffron	12 x 0.5g	31.42	V
HE127	Saffron	6 x 1g	31.28	V
HOUSEHOLD CLEANING PRODUCTS				
ECOLEAF BY SUMA				
5 Litres Bulk				
HJ181	Bathroom Cleaner	5l	8.24	V
HJ182	Hard Floor Cleaner	5l	10.77	V
HJ174	Laundry Liquid-Fragrance-Free	5l	12.40	V
HJ075	Laundry Liquid-Summer Rain	5l	12.74	V
HJ124	Liquid Hand Soap-Grapefruit	5l	11.70	V
HJ287	Multi Surface Cleaner	5l	8.49	V
HJ072	Toilet Cleaner - Fresh Green	5l	6.94	V
HJ067	Washing Up Liquid-Citrus Fruit	5l	7.64	V
HJ073	Washing Up Liquid-Orange Blossom	5l	7.05	V
Dishwasher Products				
HJ161	Dishwasher Tablets - Classic Powders	5 x 70 tabs	44.05	V

code	product	size	price	bfgosv
HJ129	Washing Powder-Concentrated	10 kg	27.59	V
	BIO D			
	5 Litres Bulk			
HJ312	All Purpose Sanitiser	5l	7.79	V
HJ032	Bathroom Cleaner	5l	7.59	V
HJ608	Fabric Conditioner	5l	9.19	V
HJ233	Floor Cleaner 5L - Concentrate	5l	12.29	V
HJ039	Glass Mirror Cleaner	5l	12.49	V
HJ107	Handwash - Antibacterial	5l	11.69	V
HJ178	Handwash - Geranium	5l	13.79	V
HJ116	Handwash - Lime & Aloe Vera	5l	13.79	V
HJ263	Handwash - Plum & Mulberry	5l	13.79	V
HJ171	Laundry Liquid	5l	18.19	V
HJ177	Laundry Liquid	5l	18.19	V
HJ800	Laundry Liquid Fragrance Free	5l	17.50	V
HJ654	Multi Surface Cleaner	5l	10.69	V
HJ184	Toilet Cleaner	5l	8.79	V
HJ665	Toilet Cleaner	5l	8.79	V
HJ097	Washing Up Liquid	5l	8.10	V
HJ165	Washing Up Liquid	5l	9.59	V
HJ314	Washing Up Liquid	5l	9.59	V
	Handwash			
HJ117	Handwash - Fragrance Free	6 x 500ml	15.85	V
HJ119	Handwash - Lime & Aloe Vera	6 x 500ml	16.85	V
	Powders			
HJ082	Washing Powder Concentrated	2 kg	6.19	V
HJ103	Washing Powder Concentrated	12.5 kg	38.59	V
	Retail			
HJ004	Fabric Conditioner	12 x 1l	27.25	V
HJ003	Laundry Liquid	12 x 1l	46.85	V
	CAMBRIDGE TRADITIONAL PRODUCTS			
HJ017	Pure Beeswax	16 x 1oz	25.49	
	ECOVER			
	5 Litres Bulk			
HJ323	Fabric Conditioner	5l	9.07	V
HJ070	Floor Soap - Porous Surfaces	5l	11.57	V
HJ527	Hand Soap	5l	20.15	V
HJ071	Laundry Liquid - Delicate	5l	15.73	V
HJ030	Laundry Liquid Bio Concentrate	5l	21.58	V
HJ321	Laundry Liquid Non Bio	5l	13.93	V
HJ276	Laundry Liquid NonBio C\trate	5l	21.58	V
HJ069	Toilet Cleaner	5l	9.99	V
HJ033	Washing Up Liquid	5l	11.39	V
HJ045	Washing Up Liquid	5l	11.39	V
	Bag in Box Range			
HJ084	15L Refill Tap	each	4.99	V
	Dishwasher Products			
HJ132	Dishwasher Tablets Classic	5 x 70 tabs	57.25	V
	Zero			
HJ203	Washing Powder Zero	7.5 kg	25.91	V
	Zero - 5 Litres Bulk			
HJ133	Laundry Liquid Zero Non - Bio	5l	18.35	V
HJ134	Washing Up Liquid Zero	5l	9.68	V
	FAITH IN NATURE			
	5 Litres Bulk - Household			
HJ028	Washing Up Liquid	5l	18.72	V
	METHOD			
HJ358	Anti Bac Spray Refill	4 x 2l	19.06	V

code	product	size	price	bfgosv
HJ354	Bathroom Cleaner Refill	4 x 2l	19.06	V
	Hand Products			
DY071	Gel Handsoap	6 x 354ml	12.30	V
DY563	Gel Handsoap	6 x 354ml	12.30	V
DY567	Gel Handsoap	6 x 354ml	12.30	V
HJ111	Gel Handsoap	6 x 354ml	12.30	V
	Hand Soaps - Anti Bacterial			
DY158	Anti Bacterial Handsoap	6 x 350ml	14.99	V
DY167	Anti Bacterial Handsoap	6 x 350ml	14.99	V
DY166	Anti Bacterial Handsoap	6 x 350ml	14.99	V
MINIML				
	20L			
HJ294	White Vinegar	20l	13.20	V
	5L Refills			
HJ231	Anti Bac Surface Cleaner	5l	6.63	V
HJ279	Fabric Conditioner	5l	7.19	V
HJ258	Laundry Liquid	5l	12.79	V
HJ240	Multi Surface Cleaner	5l	8.23	V
HJ251	Toilet Cleaner	5l	7.19	V
HJ220	Washing Up Liquid	5l	7.19	V
HJ329	White Vinegar	5l	4.12	V
HJ337	White Vinegar	5l	4.47	V

HOUSEHOLD PRODUCTS

ECOLEAF BY SUMA

	Refuse Sacks/Bin Liners			
NF270	Refuse Sacks 110L 8 Bags\Roll	12 x 8 bags	16.89	V

D2W

	Freezer Bags			
NF076	Freezer Bags Large 10L	50 x 100 bag	52.11	V
NF074	Freezer Bags Medium 5L	50 x 200 bag	52.11	V
	Pedal Bin Liners			
NF169	Pedal Bin Liners 20L	50 x 30 bag	62.18	V
NF494	Pedal Bin Liners Drawtape 20L	50 x 30 bag	62.18	V
	Refuse Sacks			
NF050	Refuse Sack Drawtape 70L	24 x 10 bags	30.28	V
NF406	Refuse Sacks 70L	24 x 10 bags	24.23	V
NF495	Refuse Sacks 70L Value Pack	25 x 20 bags	35.28	V
	Swing Bin Liner			
NF102	Swing Bin Liner Drawtape 50L	50 x 15 bag	60.17	V
NF407	Swing Bin Liners 50L White	50 x 15 bag	61.66	V
	Wheelie Bin Liner			
NF358	Wheelie Bin Liners 240L	50 x rolls	69.28	V

HILL BRUSH COMPANY

NF781	Wooden Vegetable Brush	each	6.75	V
NF782	Wooden Wash Up Brush & 4 Heads	each	8.79	V

IF YOU CARE

	Baking & Cooking			
NF023	Baking Cups - Large	24 x 1 x 60	32.69	V
NF021	Parchment Baking Paper	12 x 1 rolls	38.86	V
NF186	Parchment Baking Sheets	12 x 24	30.18	V
	Cleaning			
NF223	Household Gloves - Large	12 x large	36.10	FV
NF018	Sponge Cloths	12 x 5cloths	38.59	V
	Compostable Waste Bags			
NF185	Tall Kitchen Refuse Sacks 49L	12 x 12 bags	43.54	V
	Food Wrap and Bags			
NF032	Aluminium Foil - Extra Strong	12 x 1 rolls	50.82	V
NF500	Aluminium Foil 10M x 29.2cm	12 x rolls	37.18	V

code	product	size	price	bfgosv
INDIAN FOOD				
PATAKS				
	Pappadums			
VF293	Pappadums - Plain	12 x 100g	18.38	V
JUICE CONCENTRATES & CORDIALS				
SUMA				
	Chilled products			
JU057	Apple Juice - Concentrate	5l	37.99	V
MARGARINES & SPREADS (CHILLED)				
SUMA				
MA055	Soya Spread	8 x 500g	13.65	V
MA051	Sunflower Spread	6 x 2kg	42.31	V
MEAT FREE ALTERNATIVES(FROZEN)				
IMPULSE FOODS				
XL107	Organic Tempeh	10 x 227g	27.69	OV
MIDDLE EASTERN & AFRICAN FOOD				
CARLEY'S				
KJ240	Preserved Lemon - Organic	6 x 700g	27.56	OV
NUT & SEED BUTTERS				
SUMA ORGANIC				
GH950	Tahini - dark, organic	6 x 280g	19.50	OV
SUNITA				
GH080	Tahini - light	3 kg	26.57	V
GH149	Tahini - light, organic	3 kg	29.71	VO
GH079	Tahini - Whole	3 kg	24.19	V
GH996	Tahini, Whole, Organic	3 kg	29.71	VO
OILS & FATS				
SUMA				
GT100	Grapeseed Oil	6 x 500ml	24.75	V
GT084	Olive Oil - Extra Virgin	6 x 500ml	44.00	V
GT086	Olive Oil - Extra Virgin	5l	63.00	V
SUMA ORGANIC				
GT075	Coconut Oil - Culinary	6 x 1l	48.34	OV
GT019	Italian Organic Olive Oil	4 x 3l	172.80	OV
GT018	Italian Organic Olive Oil	6 x 750ml	77.90	OV
GT087	Olive Oil - Extra Virgin	5l	72.00	VO
GT085	Olive Oil-Extra Virgin,organic	6 x 500ml	48.50	VO
GT080	Sunflower Oil - organic	6 x 500ml	22.30	VO
GT091	Sunflower Oil - organic	5l	30.75	VO
BIONA				
VF774	Virgin Coconut Oil Organic	6 x 400g	36.47	OV
CLEARSPRING				
GT204	Italian Olive Oil Organic	6 x 1l	103.46	OV
GT009	Rapeseed Oil Organic	6 x 500ml	22.01	OV
GT230	Sunflower Frying Oil organic	6 x 1l	39.11	OV
GT202	Sunflower Oil organic	6 x 1l	37.76	OV
HELLENIC				
GT005	Olive Oil - Extra Virgin	4 x 3 l	171.00	V
GT031	Olive Oil Extra Virgin	4 x 5l	282.00	V
KHYBER				
VF751	Ghee	1 x 2 lb	5.09	V
KTC				
GT052	Sunflower Oil - refined	5l	13.99	V
WHARFE VALLEY FARMS				
GT015	Rapeseed Oil	5l	21.32	V

code	product	size	price	bfgosv
OLIVES				
CYPRESSA				
KJ867	Cypressa Pitted Green Olives	2 kg	11.19	V
PAPER PRODUCTS & STATIONERY				
ECOLEAF BY SUMA				
Kitchen Towel				
NF140	Kitchen Towel - Jumbo	12 x 1 rolls	24.00	V
NF091	Kitchen Towel 3 Ply Twin Pack	12 x 2 rolls	20.55	V
Toilet Tissue				
NF209	Toilet Tissue - 4 Pack	10 x 4 rolls	21.21	V
NF214	Toilet Tissue - 9 Pack	5 x 9rolls	22.99	V
THE CHEEKY PANDA				
Bamboo Kitchen Towel				
NF524	Kitchen Towel 2 Rolls	5 x 2 rolls	17.99	V
Bamboo Tissues				
NF522	Facial Tissues - Cube Box	12 x 1 box	14.75	V
NF521	Facial Tissues - Flat Box	12 x 1 box	14.11	V
Bamboo Toilet Tissue				
NF314	Toilet Tissue 24 Rolls	1 x 24 rolls	14.69	V
NF312	Toilet Tissue 48 Rolls	1 x 48 rolls	26.79	V
PASTA				
SUMA ORGANIC				
Gluten Free				
WT011	Brown Rice Fusilli Gluten Free	8 x 500g	19.50	GOV
WT013	Brown Rice Penne Gluten Free	8 x 500g	19.50	GOV
WT089	Casarecce Oat Pasta	12 x 340g	22.87	GOV
WT009	Corn Rice Penne Gluten Free	8 x 500g	17.34	GOV
WT077	Oat Linguine Pasta	12 x 340g	24.14	GOV
Paper Packaging				
WT019	Tricolore Fusilli Pasta	12 x 500g	20.25	FOV
WT017	White Fusilli Pasta	12 x 500g	17.00	FOV
WT062	White Macaroni Pasta	12 x 500g	17.00	FOV
WT020	White Penne Pasta	12 x 500g	17.00	FOV
WT022	White Spaghetti Pasta	12 x 500g	17.00	FOV
WT044	Wholewheat Penne Pasta	12 x 500g	17.00	FOV
WT045	Wholewheat Spaghetti Pasta	12 x 500g	17.00	FOV
PASTA SAUCES & PESTOS				
SUMA ORGANIC				
Organic Pasta Sauces				
VF201	Organic Arrabbiata Sauce	12 x 350g	24.21	OV
VF191	Organic Bolognese Sauce	12 x 340g	24.21	OV
VF192	Organic Napoletana Sauce	12 x 350g	24.21	OV
PASTRY (FROZEN)				
DORSET PASTRY				
Pure Butter Handmade Pastry				
XL124	Puff Pastry	12 x 325g	45.25	
XL264	Shortcrust Pastry	12 x 325g	40.04	
PICKLES, CHUTNEYS & MUSTARDS				
BIONA				
LJ664	Harissa Relish - prepared	6 x 125g	16.85	OV
BIONOVA				
KJ346	Gherkins - Sour	6 x 670g	28.00	VOS
READY TO EAT FOODS (CHILLED)				
EATEN ALIVE				
CV078	Massive Classic Kimchi	6 x 775g	56.14	GV

code	product	size	price	bfgosv
SALADS & SPROUTS (CHILLED)				
SKY SPROUTS				
	Minimum 4 days shelf life			
CV479	Alfalfa & Broccoli Sprouts	100g	1.74	OV
CV481	Alfalfa & Fenugreek Sprouts	100g	1.74	OV
CV476	Alfalfa & Radish Sprouts	100g	1.74	OV
CV475	Alfalfa Sprouts	100g	1.70	OV
CV721	Broccoli Sprouts	100g	1.83	OV
CV504	Mixed Bean Sprouts	227g	1.83	OV
CV503	Mung Bean Sprouts	200g	1.74	OV
CV510	Organic Sprouts Multi Pack	160g	2.51	OV
CV509	Radish Sprout	100g	1.74	OV
SALT & SEASONINGS				
A.VOGEL				
LJ054	Herbamare Original	6 x 250g	24.88	OV
GEO ORGANICS				
LJ005	Atlantic Fine Ground Sea Salt	6 x 500g	15.93	OV
MALDON				
LJ018	Sea Salt - Flaky Crystals	1.4 kg	13.82	V
	SALT			
LJ006	Sea Salt-Flaky Crystals	6 x 570g	34.88	V
MARIGOLD				
LJ444	Liquid Aminos	6 x 250ml	17.96	GV
SAUSAGES & BURGERS (FROZEN)				
LINDA MCCARTNEY				
XL130	Sausages	8 x 270g	15.54	V
SOFT DRINKS				
FENTIMANS				
	275ML Range			
JU008	Cherry Cola	12 x 275ml	16.86	GSV
JU625	Curiosity Cola	12 x 275ml	16.86	GSV
JU908	Dandelion & Burdock	12 x 275ml	16.86	GSV
JU346	Ginger Beer	12 x 275ml	16.80	GSV
JU354	Mandarin Seville Orange Jigger	12 x 275ml	16.86	GSV
JU618	Rose Lemonade	12 x 275ml	16.86	GSV
JU435	Victorian Lemonade	12 x 275ml	16.86	GSV
FEVERTREE				
JU387	Tonic Water	6 x 4x200ml	21.15	GSV
FIREFLY NATURAL DRINKS				
	Fruit Juice & Botanic Extracts			
JU299	Lemon, Lime & Ginger	12 x 330ml	15.45	V
JU296	Peach & Green Tea	12 x 330ml	15.45	V
JU180	Pomegranate & Elderflower	12 x 330ml	15.45	V
SUGARS & SYRUPS				
SUMA ORGANIC				
LJ121	Agave Syrup - organic	6 x 500ml	35.96	OV
BILLINGTONS				
LJ056	Sugar - Golden Granulated	10 x 1 kg	29.55	V
RAYNERS				
LJ901	Black Treacle - organic	6 x 340g	15.74	GOV
LJ704	Golden Syrup - Organic	5 kg	33.81	OV
LJ589	Malt Extract - Organic	5 kg	26.09	OV
ST LAWRENCE GOLD				
HY056	Og Maple Syrup Grade a Amber	6 x 1l	117.86	OV
SWEET FREEDOM				
LJ041	Natural Sweetness - Original	6 x 350g	18.14	V
TOTAL SWEET				
LJ125	Total Sweet	6 x 1kg	55.72	V

code	product	size	price	bfgov
TRUVIA				
LJ086	Sweetener from the Stevia Leaf	6 x 270g	31.99	V
SWEET SNACKS				
SUNITA				
ZX097	Honey & Pistachio Halva	2.5 kg	35.67	
TABLE SAUCES				
BIONA				
KJ106	Classic Tomato Ketchup Squeezy	12 x 560g	39.16	GOSV
MR ORGANIC				
KJ050	Italian Organic Ketchup	6 x 480g	15.71	OSV
TEAS				
CLEARSPRING				
TE504	Matcha Tea Premium (bulk)	1 kg	144.75	OV
CLIPPER				
Food Service Range				
TE448	Fairtrade Everyday One Cup Bag	1120 bags	27.35	FV
TE726	Fairtrade One Cup Teabags	440 bags	12.99	FV
Food Service Range - 250's				
TE152	Earl Grey	250 bags	21.43	FOV
TE451	Speciality English Breakfast	250 bags	21.43	FOV
Food Service Range - 6 X 25's				
TE150	Earl Grey	6 x 25bags	15.51	FOV
TE161	Green Tea	6 x 25bags	16.23	FOV
TOFU & TEMPEH (CHILLED)				
CLEAR SPOT				
CV209	Marinated Tofu	8 x 190g	17.14	OV
CV249	Smoked Tofu	8 x 225g	19.37	OV
TOMATOES & TOMATO PRODUCTS				
SUMA ORGANIC				
LJ560	Organic Passata	12 x 690g	17.55	VO
Canned				
LJ075	Cherry Tomatoes - organic	12 x 400g	11.41	OV
LJ080	Tomatoes - chopped, organic	12 x 400g	11.65	OV
LJ123	Tomatoes - chopped, organic	6 x 2.5kg	27.35	OV
LJ081	Tomatoes - peeled, whole OG	12 x 400g	9.91	VO
SUMA PREPACKS - ORGANIC				
Dried				
LJ602	Sundried Tomatoes - organic	6 x 125g	9.23	OV
ZEST				
LJ042	Sun-dried Tomato Paste	6 x 170g	15.53	V
VEGAN & OAT MILK				
KOKO DAIRY FREE				
SY038	Coconut Milk Drink	12 x 1l	19.38	GSV
OATLY				
SY019	Cream - Dairy Free	18 x 250ml	16.45	VO
PLAMIL				
SY009	Organic Soya Milk Heritage	8 x 1l	19.07	VOG
SOJADE				
SY017	Cuisine- Organic Soya Cream	24 x 200ml	20.94	OV
THE BRIDGE				
SY002	Oat Drink	12 x 1l	19.70	OV
VEGETABLES				
BIONOVA				
VF039	Garden Peas	6 x 350g	12.04	O
VF030	Sweetcorn - organic	6 x 340g	11.20	VO
ST DALFOUR				
VF112	Whole Chestnuts	6 x 200g	21.03	GV

code	product	size	price	bfgosv
TROPICAL WHOLEFOODS				
VF514	Shiitake Mushrooms	6 x 50g	18.00	V
VEGETABLES (FROZEN)				
NATURAL COOL				
XL177	Leaf Spinach Portions	8 x 450g	18.21	OVB
VINEGARS				
ASPALL				
KJ382	Balsamic Vinegar - og	5l	38.78	OV
KJ067	Cyder Vinegar	5l	12.69	V
KJ205	Cyder Vinegar - organic	5l	15.62	OV
KJ353	Red Wine Vinegar	5l	12.69	V
KJ356	White Wine Vinegar	5l	12.69	V
WATERS				
HARROGATE SPRING WATER				
750ml Glass Bottles				
WA222	Spring Water - Sparkling	12 x 750 ml	12.19	V
WA223	Spring Water - Still	12 x 750 ml	11.10	V

Suma

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