



Summa

CO-OPERATIVE SINCE 1977

CATERING

MAR - APR 2024

CATERING

A bit more about it..

This list is made up of the bulk quantities of fine foods used by restaurants, cafes, hotels and other caterers. It includes bulk coffee, cheese, oil, flour, herbs, spices and other cooking ingredients. This catering list covers all your dry store needs, chilled and frozen foods too. From ingredients to soft drinks, cleaning products to dairy-free milks, all clean label, with no undesirable additives.

Suma has a broad customer base. We supply delis, wholefood shops, restaurants, cafes, caterers, farm shops and many more, the diverse nature of who we supply means that we have a huge choice of wholesome, natural products for food lovers everywhere.

If you are not a caterer but just want to stock up on a larger size of your favourite Suma products, this is the list for you.



Key BFGSOV

B - Biodynamic // F - Fairtrade or BAFTS accredited // G - Gluten-Free //
O - Organic // S - Added Sugar // V - Vegan

All prices are correct at time of print and stock is subject to availability.

code	product	size	price	bfgosv
ALCOHOLIC DRINKS				
HOLLOWS				
	From Fentimans			
RT017	Superior Alcoholic Ginger Beer	500ml	18.70	GVS
BAGS, BOXES AND BASKETS				
SUMA				
	Plastic Free Cellophane Bags			
NF487	Cellophane Bags - Large	1000 bags	89.35	V
NF476	Cellophane Bags - Medium	1000 bags	64.90	V
NF484	Cellophane Bags - Small	1000 bags	47.30	V
NF477	Cellophane Bags - XLarge	1000 bags	129.75	V
NF482	Cellophane Bags - XSmall	1000 bags	41.15	V
SUMA PAPER BAGS				
	Counter Bags			
NF489	Paper Flour Bags - Holds 1.5kg	250 bags	47.32	V
BAKING SUNDRIES				
SUMA				
LJ039	Baking Powder - Gluten Free	200g	12.83	GV
LJ019	Cornflour	500g	1.31	V
LJ040	G/Free Bicarbonate of Soda	200g	9.86	GV
GT028	Gluten Free Vegetarian Suet	250g	16.88	GV
LJ223	Gluten Free Xanthan Gum	100g	18.20	GV
SUMA BAGGED DOWN				
GT032	Gluten Free Vegetarian Suet	2kg	11.49	GV
DOVES FARM				
LJ168	Baking Powder Bulk	1kg	19.30	GV
LJ166	Cornflour Bulk	1kg	2.24	GOV
LJ423	Quick Yeast	8 x 125g	23.64	GV
LJ165	Xanthan Gum	1kg	5.78	GV
FERMIPAN				
LJ061	Dried Yeast	500g	115.72	V
GREEN & BLACKS				
	Cooks Chocolate			
KB058	Dark Cooking Chocolate-Organic	150g	32.10	FOS
KB429	Milk Cooks Chocolate - organic	150g	32.10	OS
JUST WHOLEFOODS				
LJ162	Vegetet - setting agent	25g	20.93	V
LAHDE				
HE225	Baking Powder	1kg	8.70	V
HE299	Bicarbonate of Soda	1kg	2.95	V
MONTEZUMA'S				
	Cooking Chocolate			
KB052	Dark Couverture	3kg	53.58	GOSV
KB060	Milk Couverture	3kg	53.58	GOS
ORGRAN				
LJ656	Egg Replacer	200g	2.10	GV
PLAMIL				
	Drops in 1kg bags			
KB651	Baking Chocolate	1kg	1.27	GSV
KB652	Organic Baking Chocolate	1kg	11.65	GOSV
KB658	Organic Rich Chocolate	1kg	12.10	GOSV
STEENBERGS				
LJ116	Almond Extract	100ml	3.17	V
LJ117	Orange Flower Water Organic	100ml	18.85	OV
LJ085	Rose Water Organic	100ml	18.85	OV
TAYLOR & COLLEDGE				
LJ115	Vanilla Bean Extract	100ml	47.38	FOV
LJ113	Vanilla Bean Paste	65g	71.38	SOV
VIVANI ORGANIC CHOCOLATE				
KB408	Dark Cooking Chocolate	200g	33.26	OSV

code	product	size	price	bfgovs
BEANS & PULSES - CANNED				
SUMA				
VF707	Borlotti Beans	400g	7.55	V
VF119	Butter Beans	400g	7.55	V
VF709	Cannellini Beans	400g	7.55	V
VF117	Chickpeas	400g	7.55	V
VF118	Red Kidney Beans	400g	7.55	V
SUMA ORGANIC				
VF675	Aduki Beans - organic	400g	1.35	OV
VF645	Butter Beans - organic	400g	1.71	VO
VF395	Cannellini Beans - organic	400g	1.35	OV
VF642	Chickpeas - organic	400g	1.35	VO
VF647	Green Lentils - organic	400g	1.35	VO
VF644	Haricot Beans - organic	400g	1.35	VO
VF649	Mixed Beans - organic	400g	1.35	VO
VF643	Red Kidney Beans - organic	400g	1.71	VO
	Baked Beans			
VF550	Baked Beans - organic	400g	12.51	OSV
VF750	Baked Beans - Organic	2.65kg	34.00	OSV
	Catering Size			
VF900	Black Beans - organic	2.6kg	21.36	OV
VF785	Chickpeas - organic	2.6kg	19.75	OV
BIONOVA				
VF495	Baked Beans - organic	340g	13.33	OSV
BEANS & PULSES - DRIED				
SUMA BAGGED DOWN				
PU026	Beluga Lentils	3kg	11.35	V
PU147	Black Turtle Beans	3kg	8.35	V
PU015	Blackeye Beans	3kg	8.25	V
PU030	Butter Beans	3kg	12.75	V
PU041	Cannellini Beans - Alubia	3kg	9.39	V
PU019	Chickpeas	10kg	25.25	V
PU143	Chickpeas	3kg	7.49	V
PU055	Kidney Beans - red	3kg	8.99	V
PU185	Lentils - brown	3kg	8.39	V
PU054	Lentils - Dark Speckled	3kg	1.45	V
PU186	Lentils - green	3kg	8.59	V
PU040	Lentils - red split	10kg	22.25	V
PU137	Lentils - red split	3kg	6.49	V
PU179	Moong Dahl	3kg	11.35	V
PU051	Mung Beans	3kg	8.25	V
SUMA BAGGED DOWN - ORGANIC				
PU212	Aduki Beans - Organic	3kg	16.50	VO
PU031	Black Turtle Beans - Organic	3kg	12.25	OV
PU243	Butter Beans - Organic	3kg	17.55	VO
PU117	Chickpeas - organic	1kg	3.85	VO
PU190	Chickpeas - organic	3kg	9.55	VO
PU162	Green Split Peas - organic	3kg	9.85	VO
PU191	Haricot Beans - organic	3kg	11.75	VO
PU003	Lentils - brown, organic	3kg	9.99	VO
PU171	Lentils - Dark Speckled, org	1kg	6.39	VO
PU172	Lentils - Dark Speckled, org	3kg	17.55	VO
PU193	Lentils - green, organic	3kg	11.25	VO
PU127	Lentils - red split, organic	1kg	3.49	VO
PU194	Lentils - red split, organic	3kg	8.79	VO
PU195	Mung Beans - organic	3kg	14.65	VO
PU192	Red Kidney Beans - organic	3kg	14.65	VO

code	product	size	price	bfgosv
PU197	Yellow Split Peas - organic	3kg	1.15	VO
BULK COMMODITIES				
PU006	Black Beluga Lentils	25kg	74.80	V
PU150	Black Turtle Beans	25kg	54.50	V
PU303	Blackeye Beans	25kg	45.00	V
PU114	Broth Mix	25kg	48.55	V
PU111	Butter Beans (Lima)	25kg	84.61	V
PU016	Cannellini Beans - Alubia	25kg	61.16	V
PU018	Chickpeas	25kg	46.00	V
PU028	Haricot Beans - pea	25kg	47.31	V
PU039	Kidney Beans - red	25kg	55.62	V
PU010	Lentils - brown	25kg	49.00	V
PU082	Lentils - Dark Speckled	25kg	67.13	V
PU022	Lentils - green	25kg	54.00	V
PU081	Lentils - red split	25kg	4.00	V
PU032	Marrowfat Peas	25kg	58.00	V
PU175	Moong Dahl	25kg	72.00	V
PU033	Mung Beans	25kg	5.00	V
PU035	Pinto Beans	25kg	52.56	V
PU025	Split Peas - green	25kg	36.93	V
PU047	Split Peas - yellow	25kg	31.00	V
BULK COMMODITIES - ORGANIC				
PU200	Aduki Beans - Organic	25kg	15.00	VO
PU210	Butter Beans, Chinese - org	25kg	123.40	OV
PU220	Cannellini Beans - organic	25kg	89.00	OV
PU140	Chickpeas - organic	25kg	6.83	OV
PU083	Green Split Peas - organic	25kg	58.00	OV
PU052	Haricot Beans - organic	25kg	77.46	VO
PU001	Lentils - brown, organic	25kg	6.00	VO
PU116	Lentils - green	25kg	75.00	VO
PU126	Lentils - red split, organic	25kg	56.00	VO
PU084	Lentils Dark Speckled	25kg	12.00	VO
PU062	Mung Beans - organic	25kg	15.00	VO
PU020	Organic Black Turtle Beans	25kg	75.00	VO
PU061	Pinto Beans - organic	25kg	8.00	OV
PU037	Red Kidney Beans - organic	25kg	98.00	VO
PU057	Soya Beans - organic	25kg	55.00	VO
PU059	Yellow Split Peas - organic	25kg	62.00	OV
BEERS				
SAM SMITHS				
RT008	Organic Pale Ale	550ml	32.91	OV
RT120	Organic Pure Brewed Lager	550ml	32.91	OV
BISCUITS CRACKERS & CRISPbread				
DOVES FARM				
BT092	Digestive Biscuits	400g	25.34	OSV
BT010	Digestives	200g	15.28	OSV
LAZY DAY				
BT019	Chocolate Tiffin	50g	15.77	FGSV
BT017	Millionaire Shortbread	50g	15.77	FGSV
BT032	Orange Tiffin	50g	15.77	FGSV
BT023	Rocky Road	50g	15.77	FGSV
BT041	Scottish Shortbread	50g	15.77	FGSV
ORGANICO				
	Rustic Breadsticks			
BT065	Classic Grissini - og	120g	14.90	OV
BT061	Omega Grissini - og	120g	14.90	OV
BT068	Sesame Grissini - og	120g	15.91	OV

code	product	size	price	bfgosv
BT067	Spelt Grissini - og	120g	17.69	OV
	BODY CARE			
	ALTER/NATIVE BY SUMA			
	20L/5L POS Refill Accessories			
DY484	5l pump - 30ml Dispenser	each	3.35	V
	FAITH IN NATURE			
	Accessories			
HJ023	Pump for 5ltr Bulk Containers	each	3.93	V
	Soap - Loose			
DY050	Loose Soap - Aloe Vera	100g	23.91	V
DY918	Loose Soap - Coconut	100g	23.91	V
DY637	Loose Soap - Fragrance Free	100g	23.91	V
DY640	Loose Soap - Grapefruit	100g	23.91	V
DY154	Loose Soap - Hemp	100g	23.91	V
DY005	Loose Soap - Lavender	100g	23.91	V
DY006	Loose Soap - Orange	100g	23.91	V
DY008	Loose Soap - Rosemary	100g	23.91	V
DY239	Loose Soap - Tea Tree	100g	23.91	V
	OLIVA			
DY561	Olive Oil Soap - Large Bar	600g	15.60	V
	BREADS & BREAD MIXES			
	AMAIZIN			
BT329	Organic Tortilla Wraps	240g	34.93	OV
	BIONA			
BT135	Pizza Base - 2 Per Retail Pack	300g	22.75	OV
BT422	Spelt Pizza Base - Organic	300g	31.88	OV
	FLORENTIN			
BT360	Pitta Bread - white	260g	19.87	OV
BT376	Pitta Bread - wholemeal	280g	19.87	OV
	ISABEL'S NATURALLY FREE FROM			
BT203	Gluten & Wheat Free Pizza Mix	300g	25.45	G
	BURGERS SAUSAGES & TVP MIXES			
	SUMA BAGGED DOWN			
SY097	Burger Mix - Vegan	1kg	13.79	V
VF406	Burger Mix - Vegan	5kg	62.87	V
VF166	Nut Roast Mix	1kg	7.69	GVS
VF157	Nut Roast Mix - Savoury/Vegan	1kg	7.15	VS
SY098	Sausage Mix - Vegan	1kg	12.35	V
VF407	Sausage Mix - Vegan	5kg	57.75	V
SY113	Vegan TVP Mince	1kg	5.99	V
	BULK COMMODITIES			
VF404	Burger Mix - Vegan	25kg	28.83	V
VF405	Sausage Mix - Vegan	25kg	243.75	V
SY205	Vegan TVP Mince - India	20kg	8.00	V
SY014	Vegan TVP Mince - Serbia	15kg	6.00	V
	BUTTER, CREAM & MILK (CHILLED)			
	CALON WEN			
	The Farmers Co-op			
CV277	Lightly Salted Welsh Butter	250g	61.43	GO
	CEREALS & MUESLIS			
	SUMA BULK MUESLI			
MX184	Cranberry Crunch	3kg	13.68	
MX025	Crunchy Apricot Muesli	25kg	77.17	
MX026	Crunchy Apricot Muesli	10kg	33.54	
MX027	Crunchy Apricot Muesli	3kg	1.72	
MX017	Luxury Tropical Muesli	10kg	27.30	V

code	product	size	price	bfgosv
MX185	Luxury Tropical Muesli	3kg	8.77	V
MX041	Roast Hazelnut Muesli	10kg	28.84	V
MX042	Roast Hazelnut Muesli	3kg	1.90	V
MX032	Simply Muesli Base	20kg	3.72	V
MX033	Simply Muesli Base	10kg	17.90	V
MX034	Simply Muesli Base	3kg	5.94	V
SUMA BULK MUESLI - ORGANIC				
MX130	Deluxe Muesli	3kg	12.46	OV
MX119	Deluxe Muesli - Organic	10kg	4.19	OV
MX052	Muesli - organic	10kg	39.13	VO
MX160	Muesli - organic	25kg	91.30	VO
MX183	Muesli - organic	3kg	12.78	OV
CHEESE, DAIRY (CHILLED)				
CALON WEN				
Catering Sizes				
CV066	Creamy Mellow Cheddar Cheese	per kg	10.71	O
CV058	Extra Mature Cheddar Cheese	per kg	10.71	O
CV069	Rossett Red Leicester Cheese	per kg	10.71	O
CYPRESSA				
CV761	Organic Feta Cheese	200g	37.69	O
CV760	Organic Halloumi Cheese	200g	34.48	O
LYE CROSS FARM				
Catering Sizes				
CV028	Mature Cheddar Cheese	per kg	13.36	O
CV451	Mild Cheddar Cheese	per kg	12.36	O
CV697	Red Leicester Cheese	per kg	12.79	O
CHOCOLATE				
SUMA BAGGED DOWN - ORGANIC				
KB250	Cacao Nibs - Organic	1kg	1.79	OV
BULK COMMODITIES - ORGANIC				
KB081	Cacao Nibs - Organic	15kg	132.50	OV
COCOA				
SUMA BAGGED DOWN - ORGANIC				
LJ149	Cocoa Powder - Organic	3kg	25.79	FOV
BULK COMMODITIES - ORGANIC				
LJ173	Cocoa Powder Org Fairly Traded	25kg	179.40	FOV
CLIPPER				
TE196	Instant Hot Chocolate	1kg	46.60	FS
DIVINE				
TE687	Drinking Chocolate	400g	2.50	FVS
COFFEE				
SUMA ORGANIC				
Bulk Packs				
TE103	Colombia Beans	1kg	19.24	FOV
TE656	Espresso Beans	1kg	19.24	FOV
TE101	Ethiopia Yirgacheffe Beans	1kg	2.89	FOV
TE109	Honduras Coffee Beans	1kg	16.47	FOV
TE758	Medium Roast Blend Ground	1kg	16.97	FOV
TE106	Peru Cepicafe Beans	1kg	16.47	FOV
TE107	Sumatra Gayo Highlands Beans	1kg	2.31	FOV
TE113	Swiss Water Decaf Beans	1kg	2.66	FOV
CAFEDIRECT				
Instant Coffees				
TE395	Smooth Roast Instant	500g	128.76	FV
CLIPPER				
Food Service Range				
TE724	Instant - Fairtrade & Organic	500g	19.37	FOV
TE526	Instant Decaf Organic	500g	123.99	FOV

code	product	size	price	bfgosv
EQUAL EXCHANGE				
TE896	Roast Wholebean Coffees 1kg Espresso	1kg	113.60	FOV
GRUMPY MULE				
TE416	Roast Wholebean Coffees 1KG Dark Peak Espresso Beans	1kg	16.29	FV
TE417	Landscape Espresso Beans	1kg	17.59	FOV
CONVENIENCE FOODS				
FREE & EASY				
VF125	Bean Cassoulet - og	400g	14.37	GOV
VF006	Chickpea / Vegetable Curry	400g	14.37	GOV
VF116	Chickpea & Bean Tagine	400g	14.37	GOV
VF014	Three Bean Chilli - og	400g	14.37	GOV
SUNITA				
FG601	Polenta - organic	500g	9.62	OV
CRISPS & SNACKS				
SUMA BAGGED DOWN				
ZX332	Bombay Mix	1kg	4.25	V
ZX083	Fruit & Nut Mix	5kg	34.75	V
ZX477	Wasabi Peas - Spicy	1kg	9.95	V
AMAIZIN				
ZX543	Bio Corn Chips Natural	150g	15.24	OV
ZX429	Natural Corn Chips Value Bag	250g	21.37	OV
BULK COMMODITIES				
ZX033	Bhusu	5kg	16.59	V
ZX034	Bombay Mix	10kg	28.75	V
ZX288	Garlic Gathia	5kg	16.33	V
ZX037	Spiced Roast Chickpeas	2.5kg	8.25	V
ZX038	Spicy Noodles	5kg	15.85	V
ZX087	Trail Mix	10kg	69.95	SV
ZX468	Wasabi Peas - Spicy	10kg	68.00	V
EAT REAL				
	Hummus Chips - Sharing			
ZX127	Creamy Dill, Hummus Chips	135g	16.51	GSV
ZX326	Hummus Sour Cream Chips	135g	16.51	GSV
ZX125	Lemon & Chilli, Hummus Chips	135g	16.51	GV
ZX124	SalTED, Hummus Chips	135g	16.51	GV
ZX423	Sea Salt & Balsamic Vinegar	135g	16.51	FSV
ZX121	Tomato & Basil, Hummus Chips	135g	16.51	GSV
	Kale - Sharing			
ZX057	Veggie & Kale Straws	113g	15.43	GSV
	Lentil Chips - Sharing			
ZX135	Lentil Chips Chilli Lemon	113g	16.51	GV
ZX883	Lentil Chips Creamy Dill	113g	16.51	GSV
ZX737	Lentil Chips Mango & Mint	113g	16.51	GSV
ZX128	Lentil Chips Sea Salt	113g	16.51	GV
ZX130	Lentil Chips Tomato Basil 113g	113g	16.51	GSV
	Organic - Sharing			
ZX215	Hummus Sea Salt Chips - Org	100g	21.60	GOV
ZX214	Lentil Sea Salt Chips - Org	100g	21.60	GOV
ZX213	Veggie Straws - Organic	100g	21.60	GOSV
	Quinoa Chips - Sharing			
ZX315	Quinoa Chips Cream & Chives	80g	16.51	GSV
ZX314	Quinoa Chips Tomato & Garlic	80g	16.51	GSV
PIPERS CRISPS				
	Sharing Bag			
ZX291	Anglesey Sea Salt	150g	2.47	GV
ZX283	Cider Vinegar & Sea Salt	150g	2.47	GS

code	product	size	price	bfgosv
ZX289	Lye Cross Cheddar & Onion PROPERCHIPS	150g	2.47	GS
ZX521	Prawn Cocktail Chips Sharing Bag	100g	10.58	GSV
ZX426	Barbecue Chips	85g	13.87	GSV
ZX467	Salt & Vinegar Chips	85g	13.87	GSV
ZX430	Sea Salt Chips	85g	13.87	GSV
ZX451	Sour Cream & Chive Chips	85g	13.87	GSV
ZX474	Sriracha Chilli Chips PROPERCORN	85g	13.87	GSV
	Sharing Bag			
ZX861	Popcorn - Lightly Sea Salted	70g	9.79	GV
ZX862	Popcorn - Salted Caramel	90g	9.50	GSV
ZX431	Popcorn - Sweet	90g	9.78	GSV
ZX860	Popcorn - Sweet & Salty	90g	9.50	GSV
ZX428	Popcorn - Sweet Cinnamon PROPERCRISPS	90g	9.78	GSV
ZX216	Cheese and Onion	100g	10.58	GSV
ZX217	Flame Grilled Steak TRAF0	100g	10.58	GSV
	Snacks			
BT075	Pretzel Sticks	100g	13.83	OV
	DESSERTS			
	JUST WHOLEFOODS			
VF067	Jelly, Lemon, Vegan	85g	17.72	SV
VF068	Jelly, Strawberry, Vegan	85g	17.72	SV
VF066	Jelly, Tropical, Vegan	85g	17.72	SV
	SOJADE			
SY017	Cuisine- Organic Soya Cream	200ml	2.94	OV
	DESSERTS & PUDDINGS (CHILLED)			
	OATLY			
CV827	Creamy Oat	250ml	9.40	V
CV828	Oat Fraiche	200ml	9.20	V
CV698	Whippable Creamy Oat	250ml	11.57	V
	ESSENTIAL OILS			
	AQUA OLEUM			
	Diffusion Blends			
AR001	Deep Sleep Diffusion Blend	10ml	19.50	V
	FAR EASTERN FOOD			
	BIONA			
VF775	Coconut Milk Organic	400ml	8.89	OV
VF772	Creamed Coconut Organic	200g	22.73	OV
	BLUE DRAGON			
JP220	Tofu - Firm Silken	349g	23.18	V
	MORI-NU			
JP075	Tofu - Extra Firm	349g	34.63	V
	YUTAKA			
JP013	Panko Bread Crumbs	180g	11.18	V
	FLAKES, BRANS & WHEATGERM			
	SUMA BAGGED DOWN			
FX104	Oats - Porridge	10kg	16.95	V
FX063	Wheatgerm	5kg	29.99	V
	SUMA BAGGED DOWN - ORGANIC			
QS012	Oat Groats - Organic	5kg	16.49	VO
FX085	Oats - Porridge - Organic Gluten Free	10kg	25.45	OV
FX033	Oats - Porridge - G/Free - Org	10kg	34.99	GOV

code	product	size	price	bfgovs
BULK COMMODITIES				
FX504	Oats - jumbo	25kg	28.75	V
FX064	Oats - Jumbo, Gluten Free	20kg	42.17	GV
FX010	Oats - Porridge Flakes	25kg	28.75	V
FX061	Oats - Porridge, Gluten Free	20kg	42.17	GV
BULK COMMODITIES - ORGANIC				
FX250	Bran Sticks - Organic	15kg	5.64	OV
FX027	Buckwheat Flakes - Organic	15kg	68.90	OV
FX053	Millet Flakes - Organic	25kg	124.63	VO
QS002	Oat Groats - Organic	25kg	6.00	VO
FX503	Oats - Jumbo - Organic	25kg	47.92	OV
FX058	Oats - Porridge - G/Free - Org	20kg	52.17	GOV
FX009	Oats - Porridge - Organic	20kg	38.33	OV
FX014	Oats - Porridge - Organic	25kg	47.92	OV
FX057	Oats-Organic Jumbo Gluten Free	20kg	52.17	OV
FX015	Pearl Barley Flakes - Organic	20kg	28.20	OV
FX654	Quinoa Flakes - Organic	25lb	61.43	OV
FX019	Rye Flakes - Organic	20kg	26.74	VO
FX170	Wheat Flakes Organic	20kg	26.00	OV
FLOURS & BREAD MIXES				
SUMA BAGGED DOWN				
FG093	Polenta	5kg	9.55	V
FG033	Potato Starch	2kg	5.85	V
SUMA BAGGED DOWN - ORGANIC				
FG022	Polenta - Organic	3kg	1.55	OV
SUMA PREPACKS				
FG002	Teff Flour - Brown	500g	2.66	V
BULK COMMODITIES				
FG046	Gram Flour	5kg	12.13	V
FG094	Polenta	25kg	32.42	V
FG048	Potato Starch	25kg	46.88	V
FG049	Semolina - fine	25kg	4.83	V
LJ072	Vital Wheat Gluten	25kg	84.58	V
BULK COMMODITIES - ORGANIC				
LJ126	Coconut Flour	25kg	45.67	OV
FG171	Polenta - organic	25kg	64.80	OV
DOVES FARM				
FG069	Fine Plain White Flour	1kg	7.51	OV
FG010	Fine Plain Wholemeal Flour	1kg	6.78	VO
FG522	Gluten Free Brown Bread Flour	1kg	12.36	GV
FG700	Gluten Free Plain White Flour	1kg	11.73	GV
FG520	Gluten Free White Bread Flour	1kg	11.73	GV
FG004	Malthouse Bread Flour	1kg	8.93	OV
FG117	Rice Flour	1kg	9.59	GV
FG115	Self Raising Wholemeal Flour	1kg	6.83	OV
FG997	Speciality Pasta Flour	1kg	9.07	OV
FG116	Stoneground Gram Flour	1kg	11.89	GV
FG072	Strong White Bread Flour	1.5kg	10.31	OV
FG008	Strong Wholemeal Bread Flour	1.5kg	9.49	OV
FG070	White Self Raising Flour	1kg	7.61	OV
FG701	White Self Raising Flour GF	1kg	11.73	GV
Artisan Flour				
FG082	Einkorn Flour	1kg	14.24	OV
FG011	Khorasan Flour Wholegrain	1kg	17.94	OV
FG016	Rye Flour Wholegrain Organic	1kg	7.56	OV
FG071	Spelt Flour White Organic	1kg	13.76	OV
FG102	Spelt Flour Whole Meal Organic Bulk	1kg	11.77	OV

code	product	size	price	bfgosv
FG499	Gluten Free Plain White	16kg	32.60	GV
FG052	Gluten Free Self Raising Flour	16kg	32.60	GV
FG005	Maize Flour - organic	25kg	56.70	GOV
FG888	Malthouse Flour - organic	25kg	41.58	OV
FG067	Spelt Flour - organic	25kg	53.80	OV
FG020	Strong White Flour	25kg	32.06	VO
FG075	White flour - plain organic	25kg	3.89	VO
FG497	White flour - self raising org	25kg	34.33	OV
FG498	White flour - strong organic	16kg	2.52	OV
FG015	Wholemeal Rye Flour	25kg	2.31	V
FG995	Wholewheat Flour	25kg	28.40	OV
FG007	Wholewheat strong flour org	25kg	28.40	VO
GILCHESTERS ORGANICS				
FG014	Pizza & Ciabatta Wheat Flour	1.5kg	2.87	OV
FG009	Strong 100% Whole Wheat Flour	1.5kg	18.26	OV
FG006	Strong White Wheat Flour Bulk	1.5kg	2.26	OV
FG109	Strong White Flour - S/ground	15kg	29.35	OV
FG108	Wholemeal Flour - Stoneground	15kg	27.17	OV
LITTLE SALKELD WATERMILL				
FG804	Barley Flour - organic	500g	1.98	OVb
SHIPTON MILL				
FG876	White Strong Organic Flour	2.5kg	19.63	OV
FG079	Wholemeal Organic Flour	2.5kg	19.90	OV
SUPREME				
FG021	Gram Flour Blend Bulk	20kg	41.00	V
FRUIT - CANNED & JARRED				
ESSENTIAL TRADING				
KJ263	Mango Chunks in Org Juice	400g	11.50	VO
KJ262	Pineapple Chunks In Org Juice	400g	11.50	VO
KJ260	Tropical Fruits in Org Juice	400g	11.22	VO
FRUIT - DRIED				
SUMA BAGGED DOWN				
DR004	Apple - Rings SO2	5kg	47.49	V
DR293	Apple - Rings SO2	1kg	1.25	V
DR001	Apricots - Chopped SO2	1kg	8.35	V
DR090	Apricots - select SO2	2.5kg	26.85	V
DR168	Apricots - select SO2	1kg	11.89	V
DR122	Apricots - unsulphured	5kg	56.75	V
DR207	Apricots - unsulphured	1kg	11.95	V
DR174	Banana - Whole Chips	1kg	4.75	SV
DR027	Blueberries	1kg	21.49	SV
DR225	Cherries Glace - Dark Red	1kg	9.55	VS
DR058	Cranberries	1kg	7.45	VS
DR092	Cranberries	2.5kg	16.85	VS
DR173	Currants - medium	1kg	5.65	V
DR227	Dates - Chopped	1kg	4.50	V
DR148	Dates - loosepack	5kg	12.55	V
DR183	Dates - loosepack	1kg	3.59	V
DR208	Figs	1kg	11.25	V
DR178	Fruit Cake Mix	1kg	5.75	VS
DR068	Fruit Salad - SO2	5kg	45.25	V
DR344	Fruit Salad - SO2	1kg	9.95	V
DR169	Ginger	1kg	6.65	VS
DR153	Goji Berries	1kg	12.55	V
DR320	Mango Slices - SO2	1kg	17.35	V
DR228	Mixed Peel - Contains SO2	1kg	5.89	VS

code	product	size	price	bfgosv
DR209	Papaya	1kg	8.25	VS
DR210	Peaches - SO2	1kg	1.25	V
DR211	Pears - SO2	1kg	1.25	V
DR212	Pineapple - diced, SO2	1kg	7.25	VS
DR103	Prunes - pitted, Ashlock	2.5kg	18.79	V
DR239	Prunes - pitted, Ashlock	1kg	8.15	V
DR667	Raisins - Dark flame	1kg	4.95	V
DR078	Raisins - Thompson Seedless	5kg	2.99	V
DR109	Raisins - Thompson Seedless	2.5kg	11.55	V
DR171	Raisins - Thompson Seedless	1kg	5.29	V
DR128	Sultanas - 5 crown	5kg	33.25	V
DR152	Sultanas - No 9's	5kg	19.95	V
DR216	Sultanas - No 9's	1kg	4.99	V
DR069	Vine Fruit Mix	5kg	24.75	V
DR691	Vine Fruit Mix	1kg	6.35	V
SUMA BAGGED DOWN - ORGANIC				
DR050	Apricots - organic	1kg	13.35	OV
DR082	Apricots - organic	2.5kg	32.95	OV
DR131	Cherries Sour - organic	1kg	19.45	OV
DR219	Cranberries - organic	1kg	1.95	OSV
DR079	Currants - organic	2.5kg	15.65	OV
DR062	Dates - Medjool Organic	1kg	13.85	OV
DR080	Dates - organic	2.5kg	15.69	VO
DR236	Dates - organic	1kg	6.99	OV
DR072	Dates OG pitted fairly traded	1kg	9.15	FOV
DR048	Figs - organic	1kg	12.49	OV
DR105	Figs - organic	2.5kg	29.55	OV
DR026	Ginger - crystallised organic	1kg	8.79	OSV
DR036	Mango - organic	1kg	16.29	OV
DR040	Mulberries White - organic	1kg	9.95	OV
DR052	Prunes, pitted - organic	1kg	12.95	OV
DR081	Prunes, pitted - organic	2.5kg	3.49	OV
DR053	Raisins - organic	1kg	7.29	OV
DR145	Raisins - organic	2.5kg	16.49	OV
DR056	Sultanas - organic	1kg	7.29	OV
DR146	Sultanas - organic	2.5kg	16.45	OV
DR391	Vine Fruit Mix - organic	5kg	29.49	OV
DR423	Vine Fruit Mix - organic	1kg	6.75	OV
BULK COMMODITIES				
DR003	Apple - Rings SO2	10kg	76.76	V
DR005	Apricots - Chopped SO2	12.5kg	75.00	V
DR008	Apricots - Select SO2	12.5kg	114.43	V
DR010	Apricots - Unsulphured	12.5kg	115.19	V
DR012	Banana - Whole Chips 15lbs	6.80kg	22.55	SV
DR528	Blueberries	10kg	165.83	SV
DR014	Cherries Glace - Bright Red	10kg	66.55	VS
DR013	Cherries Glace - Dark Red	10kg	71.95	VS
DR999	Cranberries - Sliced	12.50kg	65.63	VS
DR015	Currants	12.5kg	45.20	V
DR017	Dates - Chopped	10kg	2.84	V
DR018	Dates - Whole Pitted	10kg	17.75	V
DR021	Figs, Whole Lerida	12.5kg	18.33	V
DR022	Ginger - Crystallised	5kg	25.00	VS
DR643	Goji Berries	5kg	48.83	V
DR300	Mango Slices - SO2	12.50kg	173.13	V
DR023	Mixed Peel - Contains SO2	10kg	38.23	VS
DR024	Papaya - Diced & Sweetened	5kg	29.92	VS

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DR025	Peaches - Halves SO2	12.5kg	93.27	V
DR163	Pears - Halves SO2	12.5kg	93.27	V
DR029	Pineapple - Diced SO2	5kg	23.25	VS
DR801	Prunes - Pitted Ashlock	10kg	57.50	V
DR143	Raisins - Dark Flame	10kg	29.95	V
DR039	Raisins - Thompson Seedless	12.5kg	41.89	V
DR041	Sultanas - Australian 5 Crown	14kg	73.92	V
DR042	Sultanas - Turkey/South Africa	12.5kg	42.13	V
BULK COMMODITIES - ORGANIC				
DR043	Apricots - Organic	10kg	19.29	VO
DR869	Banana Chips - Organic	6.8kg	31.17	OS
DR130	Cherries Sour - Organic	8kg	125.44	OV
DR908	Cranberries - Organic	11.34kg	93.55	OSV
DR111	Currants - Organic	12.5kg	58.55	OV
DR524	Dates - Medjool Organic	3kg	32.50	OV
DR986	Dates - Organic Fairly Traded	5kg	33.15	FOV
DR112	Dates - Whole Pitted Organic	10kg	46.40	OV
DR044	Figs, Whole Lerida - Organic	10kg	97.85	OV
DR007	Ginger - Organic	5kg	31.65	OSV
DR035	Mango - Organic	12kg	14.40	OV
DR033	Mulberries White - Organic	6kg	43.50	OV
DR142	Prunes - Organic	12.5kg	126.30	OV
DR045	Raisins - Organic	12.5kg	65.39	OV
DR046	Sultanas - Organic	12.5kg	64.43	OV
FRUIT (FROZEN)				
PACK'D				
XL252	Organic Blueberries	300g	41.14	OV
XL133	Organic Raspberries	300g	5.83	OV
XL135	Organic Strawberries	300g	39.11	OV
FRUIT & VEGETABLE JUICES				
SUNITA				
JU129	Orange Juice - organic Foodservice	1l	2.80	OV
JU997	Lemon Juice - E224	5l	14.99	V
JU524	Lime juice	5l	13.25	V
GRAINS				
SUMA BAGGED DOWN				
QS026	Barley Grain - pearl	10kg	19.99	V
QS141	Black Rice - Nerone	3kg	14.25	V
QS112	Bulgur Wheat	3kg	6.75	V
QS018	Couscous	10kg	26.95	V
QS062	Couscous	3kg	8.25	V
QS032	Couscous - Pearl	3kg	1.50	V
QS078	Rice - arborio (risotto)	5kg	19.65	V
QS005	Rice - basmati, brown	10kg	36.15	V
QS064	Rice - basmati, brown	3kg	1.55	V
QS074	Rice - basmati, white	3kg	1.55	V
QS403	Rice - basmati, white	10kg	35.29	V
QS007	Rice - long grain brown	5kg	1.75	V
QS079	Rice - white pudding	5kg	17.45	V
QS033	Rice - wild	2.5kg	4.25	V
SUMA BAGGED DOWN - ORGANIC				
QS040	Buckwheat - unroasted, organic	5kg	17.25	VO
QS030	Bulgur Wheat - Organic	3kg	9.99	VO
QS152	Corn Couscous - Organic	3kg	15.65	VO
QS049	Couscous - wholemeal, organic	3kg	9.49	VO
QS092	Millet - organic	3kg	9.19	OV

code	product	size	price	bfgovs
QS151	Popcorn - organic	1kg	3.75	VO
QS153	Popcorn - organic	3kg	9.95	VO
QS071	Quinoa, Red - Organic	3kg	19.90	OV
QS028	Quinoa, Tricolour - Organic	1kg	8.95	OV
QS029	Quinoa, Tricolour - Organic	3kg	18.90	OV
QS016	Quinoa, White - Organic	1kg	5.55	OV
QS606	Quinoa, White - Organic	3kg	15.35	OV
QS566	Rice - arborio, organic	3kg	17.59	OV
QS668	Rice - basmati, brown organic	3kg	1.49	VO
QS664	Rice - basmati, white organic	3kg	11.75	VO
QS035	Rice- long grain brown organic	10kg	37.19	VO
QS036	Rice- long grain brown organic	3kg	1.75	VO
QS038	Rice-short grain brown organic	10kg	35.99	VO
QS039	Rice-short grain brown organic	3kg	1.89	VO
BULK COMMODITIES				
QS117	Barley Grain - pearl	25kg	32.31	V
QS139	Black Rice - Nerone	25kg	95.83	V
QS990	Bulgur Wheat	25kg	39.80	V
QS017	Couscous	25kg	51.70	V
QS031	Couscous - Pearl	25kg	64.58	V
QS125	Rice - Arborio (risotto)	25kg	73.75	V
QS004	Rice - basmati, brown	25kg	68.75	V
QS402	Rice - basmati, white	20kg	55.00	V
QS006	Rice - long grain brown	25kg	38.53	V
QS501	Rice - white pudding	25kg	64.23	V
QS008	Sushi Rice	10kg	19.42	V
QS001	Tapioca - seed pearl	25kg	6.00	V
QS565	Wild Rice 50lbs	22.68kg	261.16	V
BULK COMMODITIES - ORGANIC				
QS116	Buckwheat - unroasted, organic	25kg	59.39	OV
QS250	Bulgur Wheat - Organic	25kg	64.59	OV
QS149	Corn Couscous - Organic	25kg	12.80	OV
QS115	Couscous - wholemeal, organic	25kg	6.83	OV
QS235	Millet - organic	25kg	58.33	OV
QS564	Pearl Barley Grain - Organic	20kg	3.00	VO
QS042	Popcorn - organic	25kg	64.55	OV
QS201	Quinoa - organic	25kg	12.80	OV
QS025	Quinoa Tricolour - Organic	25kg	124.85	OV
QS063	Red Quinoa - organic	25kg	13.52	OV
QS825	Rice - arborio organic	25kg	12.19	OV
QS667	Rice - basmati, brown organic	25kg	65.91	OV
QS666	Rice - basmati, white organic	25kg	73.87	OV
QS034	Rice-long grain brown organic	25kg	68.00	OV
QS037	Rice-short grain brown organic	25kg	68.75	VO
DOVES FARM				
QS047	Wheat grain - organic	25kg	25.60	VO
GRAVY, STOCK & BOUILLON				
MARIGOLD				
LJ238	Bouillon Powder - Organic	500g	34.88	GOV
LJ321	Yeast Free Bouillon Stock Cube	84g	13.50	GOV
HERB & FRUIT TEA INFUSIONS				
CLIPPER				
Food Service Range				
TE148	Chamomile	25 bags	15.69	FOV
TE455	Lemon & Ginger	25 bags	18.21	OV
TE166	Peppermint	25 bags	15.69	FOV
TE454	Wild Berry	25 bags	18.21	OV

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HERBS & SPICES - BULK				
BULK MILLED SPICES - ORGANIC				
HE707	Cassia Cinnamon Ground - OG	500g	7.52	OV
HE735	Ginger Powder Organic	500g	8.37	OV
HE083	Smoked Paprika - OG	1kg	28.13	OV
HE732	Turmeric - Organic	500g	6.29	OV
BULK WHOLE SPICES				
ZX100	Liquorice Root	1kg	16.18	V
HE021	Peppercorns - black	1kg	1.85	V
HE022	Peppercorns - black	3kg	31.35	V
HE050	Peppercorns - black	25kg	221.58	V
HE207	Tamarind	200g	2.96	V
HE027	Vanilla Pods	10 pack	17.35	V
BULK WHOLE SPICES - ORGANIC				
HE076	Coriander Seeds - OG	1kg	8.38	OV
HE703	Whole Black Peppercorns - OG	500g	9.12	OV
LAHDE				
HE005	Rosemary	500g	4.10	V
	Bulk Herbs			
HE090	Lavender - Scented Herbs	200g	9.10	V
HE100	Mixed Herbs	300g	4.13	V
HE093	Oregano	250g	3.96	V
HE096	Sage	300g	5.50	V
HE099	Thyme	500g	5.66	V
	Bulk Milled Spices			
HE036	Arrowroot Powder	1kg	5.82	V
HE039	Cayenne Pepper	700g	7.52	V
HE042	Chilli Powder	700g	8.63	V
HE056	Cinnamon Ground - Cassia	700g	7.89	V
HE044	Coriander	650g	3.84	V
HE045	Cumin	600g	11.60	V
HE049	Ginger Ground	1kg	8.99	V
HE052	Nutmeg Powder	500g	1.28	V
HE235	Paprika - Hungary	800g	8.84	V
HE117	Paprika - Smoked, Spanish	700g	7.83	V
HE401	Pepper - Black Pepper Cracked	1kg	1.20	V
HE054	Turmeric Powder	700g	3.74	V
	Bulk Mixed Spices			
HE074	Sumac	900g	12.32	V
	Bulk Spice Blends			
HE057	Curry Powder - Hot Madras	700g	5.29	V
HE059	Mixed Spices	1kg	8.29	V
	Bulk Whole Spices			
HE003	Caraway Seeds	750g	7.50	V
HE004	Cardamom Pods Green	500g	22.95	V
HE008	Cinnamon Quills	350g	15.13	V
HE010	Coriander Seeds	350g	3.25	V
HE011	Cumin Seeds	750g	16.90	V
HE018	Mustard Seeds - Brown	600g	5.81	V
HE019	Mustard Seeds - Yellow	600g	3.77	V
HE020	Nutmeg Whole	500g	19.83	V
HE231	Star Anise - Whole	350g	1.29	V
HERBS & SPICES - PREPACKED				
SUMA PREPACKS				
	Whole Spices			
HE001	Peppercorns - black	250g	17.60	V

code	product	size	price	bfgosv
PERSIAN TRADER				
HE024	Saffron	125mg	13.41	V
HE037	Saffron	0.5g	31.42	V
HE127	Saffron	1g	31.28	V
HONEY				
WAINWRIGHT'S				
HY601	Organic Forest Honey - Clear	7lb	25.30	FO
HY602	Organic Forest Honey - Set	7lb	25.30	FO
HOUSEHOLD CLEANING PRODUCTS				
ECOLEAF BY SUMA				
20 Litres Bulk				
HJ083	Fabric Cond Lily & Rice Flower	20l	30.99	V
HJ179	Laundry Liquid-Fragrance Free	20l	47.15	V
HJ060	Laundry Liquid-Summer Rain	20l	51.90	V
HJ343	Liquid Hand Soap-Grapefruit	20l	42.13	V
HJ150	Multi Surface Cleaner	20l	3.85	V
HJ342	Toilet Cleaner - Fresh Green	20l	3.26	V
HJ077	Washing Up Liquid-Citrus Fruit	20l	29.79	V
5 Litres Bulk				
HJ181	Bathroom Cleaner	5l	9.69	V
HJ078	Fabric Cond Lily & Rice Flower	5l	7.79	V
HJ182	Hard Floor Cleaner	5l	12.67	V
HJ174	Laundry Liquid-Fragrance-Free	5l	15.30	V
HJ075	Laundry Liquid-Summer Rain	5l	14.99	V
HJ124	Liquid Hand Soap-Grapefruit	5l	13.77	V
HJ287	Multi Surface Cleaner	5l	9.99	V
HJ072	Toilet Cleaner - Fresh Green	5l	8.17	V
HJ067	Washing Up Liquid-Citrus Fruit	5l	8.29	V
HJ073	Washing Up Liquid-Orange Blossom	5l	7.95	V
Dishwasher Products				
HJ161	Dishwasher Tablets All-In-One Powders	70 tablets	44.50	V
HJ129	Washing Powder-Concentrated	10kg	27.59	V
BIO D				
20 Litres Bulk				
HJ215	Fabric Conditioner	20l	33.49	V
HJ120	Laundry Liquid	20l	55.99	V
HJ144	Laundry Liquid	20l	6.79	V
HJ115	Washing Up Liquid	20l	3.59	V
5 Litres Bulk				
HJ312	All Purpose Sanitizer	5l	7.79	V
HJ032	Bathroom Cleaner	5l	7.59	V
HJ608	Fabric Conditioner	5l	9.19	V
HJ233	Floor Cleaner 5L - Concentrate	5l	12.29	V
HJ039	Glass Mirror Cleaner	5l	12.49	V
HJ107	Handwash - Antibacterial	5l	11.69	V
HJ178	Handwash - Geranium	5l	13.79	V
HJ116	Handwash - Lime & Aloe Vera	5l	13.79	V
HJ263	Handwash - Plum & Mulberry	5l	13.79	V
HJ247	Home & Garden Cleaner	5l	8.99	V
HJ171	Laundry Liquid	5l	18.19	V
HJ177	Laundry Liquid	5l	18.19	V
HJ800	Laundry Liquid	5l	17.50	V
HJ654	Multi Surface Cleaner	5l	1.69	V
HJ184	Toilet Cleaner	5l	8.79	V
HJ665	Toilet Cleaner	5l	8.79	V

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HJ097	Washing Up Liquid	5l	8.10	V
HJ165	Washing Up Liquid	5l	9.59	V
HJ314	Washing Up Liquid	5l	9.59	V
	Handwash			
HJ117	Handwash - Fragrance Free	500ml	15.85	V
HJ119	Handwash - Lime & Aloe Vera	500ml	16.85	V
	Powders			
HJ082	Washing Powder Concentrated	2kg	6.19	V
HJ103	Washing Powder Concentrated	12.5kg	38.59	V
	Retail			
HJ004	Fabric Conditioner	1l	27.25	V
HJ003	Laundry Liquid	1l	46.85	V
CAMBRIDGE TRADITIONAL PRODUCTS				
HJ017	Pure Beeswax	1oz	25.49	
	ECOVER			
HJ024	Floor Cleaner	1l	28.11	V
	5 Litres Bulk			
HJ323	Fabric Conditioner	5l	9.70	V
HJ070	Floor Soap - Porous Surfaces	5l	11.57	V
HJ527	Hand Soap	5l	2.15	V
HJ071	Laundry Liquid - Delicate	5l	15.73	V
HJ030	Laundry Liquid Bio Concentrate	5l	21.58	V
HJ321	Laundry Liquid Non Bio	5l	13.93	V
HJ276	Laundry Liquid NonBio C\trate	5l	21.58	V
HJ069	Toilet Cleaner	5l	9.99	V
HJ033	Washing Up Liquid	5l	11.39	V
HJ045	Washing Up Liquid	5l	11.39	V
	Bag in Box Range			
HJ084	15L Refill Tap	each	4.99	V
HJ108	All Purpose Cleaner	15l	27.94	V
HJ322	Fabric Conditioner Soft Apple	15l	24.35	V
HJ102	Laundry Liquid Bio Concentrate	15l	66.40	V
HJ036	Laundry Liquid NonBio C\trate	15l	66.40	V
HJ094	Laundry Liquid Zero	15l	66.47	V
HJ034	Washing Up Liquid	15l	29.17	V
HJ037	Washing Up Liquid	15l	29.17	V
	Dishwasher Products			
HJ132	Dishwasher Tablets Classic	70 tablets	57.25	V
	Hand Products			
HJ054	Liquid Hand Soap Refill	1l	38.32	V
	Zero			
HJ203	Washing Powder Zero	7.5kg	25.91	V
	Zero - 5 Litres Bulk			
HJ133	Laundry Liquid Zero Non - Bio	5l	21.59	V
HJ134	Washing Up Liquid Zero	5l	11.39	V
	FAITH IN NATURE			
	5 Litres Bulk - Household			
HJ028	Washing Up Liquid	5l	18.72	V
	METHOD			
HJ358	Anti Bac Spray Refill	2l	19.06	V
HJ354	Bathroom Cleaner Refill	2l	19.60	V
HJ344	Shower Cleaner Refill	2l	19.60	V
	Hand Products			
DY071	Gel Handsoap	354ml	12.30	V
DY563	Gel Handsoap	354ml	12.30	V
DY567	Gel Handsoap	354ml	12.30	V
HJ111	Gel Handsoap	354ml	12.30	V
	Hand Soaps - Anti Bacterial			

code	product	size	price	bfgosv
DY158	Anti Bacterial Handsoap	350ml	14.99	V
DY167	Anti Bacterial Handsoap	350ml	14.99	V
DY166	Anti Baterial Handsoap	350ml	14.99	V
	MINIML			
	20L			
HJ294	White Vinegar	20l	16.50	V
	5L Refills			
HJ231	Anti Bac Surface Cleaner	5l	8.29	V
HJ279	Fabric Conditioner	5l	8.99	V
HJ258	Laundry Liquid	5l	15.99	V
HJ240	Multi Surface Cleaner	5l	1.29	V
HJ251	Toilet Cleaner	5l	8.99	V
HJ220	Washing Up Liquid	5l	8.99	V
HJ329	White Vinegar	5l	5.15	V
HJ337	White Vinegar	5l	5.59	V
	HOUSEHOLD PRODUCTS			
	ECOLEAF BY SUMA			
	Household			
NF277	Cling Film 30cm x 30M	1	49.55	V
	Refuse Sacks/Bin Liners			
NF270	Refuse Sacks 110L 8 Bags\Roll	8 bags	16.89	V
NF483	Refuse Sacks 110L Bulk Pack	200 bags	32.99	V
	D2W			
	Freezer Bags			
NF076	Freezer Bags Large 10L	100 bag	57.90	V
NF074	Freezer Bags Medium 5L	200 bag	57.90	V
	Pedal Bin Liners			
NF169	Pedal Bin Liners 20L	30 bag	69.09	V
NF494	Pedal Bin Liners Drawtape 20L	30 bag	69.09	V
	Refuse Sacks			
NF050	Refuse Sack Drawtape 70L	10 bags	33.64	V
NF406	Refuse Sacks 70L	10 bags	26.92	V
NF495	Refuse Sacks 70L Value Pack	20 bags	39.20	V
	Swing Bin Liner			
NF102	Swing Bin Liner Drawtape 50L	15 bag	66.86	V
NF407	Swing Bin Liners 50L White	15 bag	68.51	V
	Wheelie Bin Liner			
NF358	Wheelie Bin Liners 240L	rolls	76.98	V
	HILL BRUSH COMPANY			
NF781	Wooden Vegetable Brush	each	6.75	V
NF782	Wooden Wash Up Brush & 4 Heads	each	8.79	V
	IF YOU CARE			
	Baking & Cooking			
NF023	Baking Cups - Large	1 x 60	32.69	V
NF021	Parchment Baking Paper	1 rolls	38.86	V
NF186	Parchment Baking Sheets	24	3.18	V
	Cleaning			
NF223	Household Gloves - Large	1ARgE	36.10	FV
NF018	Sponge Cloths	5 cloths	38.59	V
	Compostable Waste Bags			
NF185	Tall Kitchen Refuse Sacks 49L	12 bags	43.54	V
	Food Wrap and Bags			
NF032	Aluminium Foil - Extra Strong	1 rolls	5.82	V
NF500	Aluminium Foil 10M x 29.2cm	rolls	37.18	V
	INDIAN FOOD			
	PATAKS			
	Pappadums			

code	product	size	price	bfgovs
VF293	Pappadums - Plain	100g	18.38	V
	JUICE CONCENTRATES & CORDIALS			
	SUMA			
	Chilled products			
JU057	Apple Juice - Concentrate	5l	37.99	V
	MARGARINES & SPREADS (CHILLED)			
	SUMA			
MA055	Soya Spread	500g	13.65	V
MA051	Sunflower Spread	2kg	42.31	V
	NATURLI'			
CV035	Catering Spreadable	2kg	56.46	V
	MAYONNAISE & SALAD DRESSINGS			
	RUBIES IN THE RUBBLE			
KJ004	Plant Based Mayo - Original	5kg	12.30	V
	MEAT FREE ALTERNATIVES(FROZEN)			
	IMPULSE FOODS			
XL107	Organic Tempeh	227g	23.63	OV
	MIDDLE EASTERN & AFRICAN FOOD			
	CARLEY'S			
KJ240	Preserved Lemon - Organic	700g	27.56	OV
	MILK - NON DAIRY			
	ECOMIL			
SY012	Almond Drink Powder	400g	62.95	GOV
SY030	Cuisine - Almond Cream	200ml	28.62	GOV
SY082	Oat Drink Powder	400g	53.94	OSV
SY279	Soya Drink Powder (sweetened)	400g	51.50	OV
	KOKO DAIRY FREE			
SY038	Coconut Milk Drink	1l	19.38	GSV
	MINOR FIGURES			
SY091	Bag in Box Barista Oat M*lk	10l	2.74	V
	OATLY			
SY019	Cream - Dairy Free	250ml	16.45	VO
	PLAMIL			
SY009	Organic Soya Milk Heritage	1l	16.80	VOG
	THE BRIDGE			
SY002	Oat Drink	1l	19.70	OV
	NUT & SEED BUTTERS			
	SUMA ORGANIC			
GH950	Tahini - dark, organic	280g	19.50	OV
	SUNITA			
GH080	Tahini - light	3kg	26.57	V
GH149	Tahini - light, organic	3kg	29.71	VO
GH079	Tahini - Whole	3kg	24.19	V
GH996	Tahini, Whole, Organic	3kg	29.71	VO
	NUTS & SEEDS			
	SUMA BAGGED DOWN			
NU004	Almonds	5kg	39.85	V
NU005	Almonds	1kg	8.35	V
NU135	Almonds - blanched	1kg	9.49	V
NU007	Almonds - Flaked	5kg	43.79	V
NU008	Almonds - flaked	1kg	8.85	V
NU010	Almonds - ground	5kg	39.49	V
NU011	Almonds - ground	1kg	8.25	V
NU017	Brazil - broken	5kg	37.89	V

code	product	size	price	bfgosv
NU078	Brazil - broken	1kg	7.99	V
NU015	Brazil - whole, medium	5kg	52.75	V
NU077	Brazil - whole, medium	1kg	11.15	V
NU019	Cashew - large pieces	5kg	32.95	V
NU020	Cashew - large pieces	1kg	6.99	V
NU131	Cashew - whole	5kg	48.29	V
NU134	Cashew - whole	1kg	9.99	V
NU021	Cashew Nuts - baked & salted	3kg	33.99	V
NU237	Cashew Nuts - baked & salted	1kg	12.75	V
NU054	Chia Seeds	1kg	5.45	V
NU195	Chia Seeds	3kg	14.65	V
NU274	Coconut - chips	1kg	4.99	V
NU240	Coconut - desiccated , medium	5kg	18.25	V
NU241	Coconut - desiccated , medium	1kg	3.99	V
NU030	Hazelnuts	5kg	6.49	V
NU096	Hazelnuts	1kg	12.49	V
NU204	Linseed / Flax	1kg	3.45	V
NU206	Linseed / Flax	5kg	9.55	V
NU079	Macadamia Nuts - Style 2	1kg	16.25	V
NU035	Mixed nuts	5kg	41.39	V
NU239	Mixed nuts	1kg	9.25	V
NU107	Mixed nuts - chopped	1kg	7.99	V
NU042	Peanuts - Paleskin	5kg	19.75	V
NU046	Peanuts - redskin	5kg	22.55	V
NU027	Pecan nuts	2.5kg	47.35	V
NU055	Pecan nuts	1kg	19.99	V
NU057	Pine kernels	1kg	29.45	V
NU251	Pistachio - raw, shelled	1kg	27.99	V
NU059	Pistachio - Roasted & Salted	2.5kg	41.45	V
NU060	Pistachio - roasted & salted	1kg	16.85	V
HE026	Poppy Seeds	1kg	5.85	V
NU062	Pumpkin seeds	5kg	33.25	V
NU063	Pumpkin seeds	1kg	6.99	V
NU133	Roasted Monkey Nuts	1kg	5.99	V
NU066	Sesame seeds - natural	5kg	21.45	V
NU227	Sesame seeds - natural	1kg	4.75	V
NU068	Sunflower seeds	5kg	11.25	V
NU231	Sunflower seeds	1kg	3.35	V
NU182	Walnuts - light amber quarters	1kg	7.89	V
NU183	Walnuts - light amber quarters	5kg	38.95	V
NU169	Walnuts - light halves	5kg	44.35	V
NU172	Walnuts - light halves	1kg	9.35	V
SUMA BAGGED DOWN - ORGANIC				
NU082	Almonds - Organic	2.5kg	34.45	OV
NU201	Almonds - organic	1kg	13.99	VO
NU064	Almonds, Flaked - Organic	1kg	17.65	OV
NU430	Almonds, ground - organic	1kg	15.55	OV
NU032	Brazils Whole - organic	2.5kg	3.15	OV
NU278	Brazils Whole - organic	1kg	12.19	OV
NU074	Cashew Nuts - Whole Organic	2.5kg	29.99	OV
NU070	Cashews - whole, organic	1kg	12.49	OV
NU115	Chia Seeds, Black - organic	1kg	6.95	VO
NU038	Coconut - desiccated, organic	2.5kg	12.75	VO
NU071	Coconut - desiccated, organic	1kg	5.49	VO
NU081	Hazelnuts - Organic	2.5kg	34.35	OV
NU202	Hazelnuts - organic	1kg	13.98	OV
NU271	Hemp Seeds - organic	1kg	8.69	VO

code	product	size	price	bfgosv
NU039	Linseed, golden - organic	2.5kg	9.35	OV
NU244	Linseed, golden - organic	1kg	4.35	OV
NU001	Omega Seed Mix - organic	1kg	7.15	OV
NU287	Omega Seed Mix - organic	5kg	29.69	OV
NU072	Peanuts - organic	1kg	5.85	OV
NU245	Peanuts - Organic	2.5kg	13.65	OV
NU543	Pine Kernels - organic	1kg	34.35	OV
NU199	Pumpkin Seeds - Organic	2.5kg	2.75	OV
NU209	Pumpkin seeds - organic	1kg	8.75	OV
NU080	Sesame Seeds - Organic	2.5kg	15.45	OV
NU210	Sesame seeds - organic	1kg	6.55	OV
NU084	Sunflower seeds - organic	2.5kg	8.49	VO
NU203	Sunflower seeds - organic	1kg	3.75	OV
NU049	Walnuts - Organic	2.5kg	26.95	OV
NU200	Walnuts - organic	1kg	11.49	OV
BULK COMMODITIES				
NU006	Almonds - flaked	10kg	7.40	V
NU023	Almonds - Smoky & Spicy	12.5kg	131.40	V
NU003	Almonds 50lbs	22.68kg	148.53	V
NU016	Brazil Nuts - Broken 44lbs	19.96kg	12.00	V
NU014	Brazil Nuts - Whole 44lbs	19.96kg	171.67	V
NU025	Cashew - Baked & Salted	12.5kg	117.00	V
NU018	Cashew Nut - Large Pieces	22.68kg	119.25	V
NU125	Cashew Nuts - Whole 50lbs	22.68kg	18.60	V
NU034	Cashews - baked chilli & lime	12.50kg	151.46	V
NU050	Chia Seeds	25kg	95.84	V
NU024	Coconut - chips	10kg	32.73	V
NU888	Coconut - desiccated medium	25kg	71.43	V
NU028	Hazelnuts	11.34kg	117.50	V
NU205	Linseed / Flax	25kg	32.72	V
NU076	Macadamia Nuts 25lbs	11.34kg	135.50	V
NU036	Mixed nuts - chopped	12.5kg	79.60	V
NU037	Peanuts - Chilli & Honey	12.50kg	13.13	V
NU250	Peanuts - paleskin	25kg	71.74	V
NU044	Peanuts - redskin	25kg	84.90	V
NU051	Peanuts - roasted & salted	12.5kg	45.45	V
NU047	Peanuts - Roasted with Skins	12.5kg	44.95	V
NU312	Pecan Nuts 30lbs	13.61kg	216.52	V
NU056	Pine kernels - China	12.5kg	314.00	V
NU058	Pistachio - roasted & salted	10kg	138.34	V
NU137	Poppy Seeds	25kg	94.38	V
NU061	Pumpkin seeds	25kg	137.50	V
NU129	Roasted Monkey Nuts	10kg	38.00	V
NU065	Sesame seeds - natural	25kg	83.55	V
NU067	Sunflower Seeds	25kg	37.50	V
NU110	Walnut Quarters/Pieces	11.34kg	7.80	V
NU095	Walnuts - Light Halves 80%	10kg	72.22	V
BULK COMMODITIES - ORGANIC				
NU109	Almonds - organic	10kg	114.17	OV
NU022	Almonds Flaked - organic	10kg	14.84	OV
NU800	Almonds, Ground - organic	10kg	12.84	OV
NU890	Brazils Whole - organic	19.96kg	24.48	OV
NU112	Cashews - whole organic	22.67kg	225.95	OV
NU114	Chia Seeds, Black - organic	25kg	133.34	OV
NU117	Coconut - desiccated, organic	25kg	91.66	OV
NU301	Hazelnuts - organic	10kg	115.39	VO
NU002	Hemp Seeds - organic	20kg	133.00	OV

code	product	size	price	bfgovs
NU791	Linseed, golden - organic	25kg	71.31	OV
NU885	Peanuts - organic	25kg	15.00	OV
NU542	Pine Kernels - organic	12.5kg	35.00	OV
NU207	Pumpkin seeds - organic	25kg	16.42	OV
NU208	Sesame seeds - organic	25kg	119.22	OV
NU083	Sunflower seeds - organic	25kg	62.50	OV
NU118	Walnuts Light Halves - organic	10kg	89.20	VO
OILS & FATS				
SUMA				
GT100	Grapeseed Oil	500ml	24.75	V
GT084	Olive Oil - Extra Virgin	500ml	44.00	V
GT086	Olive Oil - Extra Virgin	5l	67.00	V
SUMA ORGANIC				
GT075	Coconut Oil - Culinary	1000ml	48.34	OV
GT018	Italian Organic Olive Oil	750ml	77.90	OV
GT019	Italian Organic Olive Oil	3l	192.00	OV
GT085	Olive Oil-Extra Virgin,organic	500ml	48.50	VO
GT087	Olive Oil-Extra Virgin,organic	5l	72.00	VO
GT080	Sunflower Oil - organic	500ml	22.30	VO
GT091	Sunflower Oil - organic	5l	3.75	VO
BIONA				
VF774	Virgin Coconut Oil Organic	400g	36.47	OV
CLEARSPRING				
GT204	Italian Olive Oil Organic	1l	89.96	OV
GT009	Rapeseed Oil Organic	500ml	22.10	OV
GT230	Sunflower Frying Oil organic	1l	39.11	OV
GT202	Sunflower Oil organic	1l	37.76	OV
HELLENIC				
GT005	Olive Oil - Extra Virgin	3l	171.00	V
GT031	Olive Oil Extra Virgin	5l	282.00	V
KHYBER				
VF751	Ghee	2lb	5.90	V
KTC				
GT052	Sunflower Oil - refined	5l	13.99	V
WHARFE VALLEY FARMS				
GT015	Rapeseed Oil	5l	21.32	V
OLIVES				
CYPRESSA				
KJ867	Cypressa Pitted Green Olives	2kg	11.19	V
PAPER PRODUCTS & STATIONERY				
ECOLEAF BY SUMA				
	Kitchen Towel			
NF140	Kitchen Towel - Jumbo	1 rolls	24.00	V
NF091	Kitchen Towel 3 Ply Twin Pack	2 rolls	2.55	V
	Toilet Tissue			
NF209	Toilet Tissue - 4 Pack	4 rolls	21.21	V
NF214	Toilet Tissue - 9 Pack	9 rolls	22.99	V
NF210	Toilet Tissue - Bulk Pack	12 rolls	28.57	V
THE CHEEKY PANDA				
	Bamboo Kitchen Towel			
NF524	Kitchen Towel 2 Rolls	2 rolls	17.99	V
	Bamboo Tissues			
NF522	Facial Tissues - Cube Box	1 box	14.75	V
NF521	Facial Tissues - Flat Box	1 box	16.60	V
	Bamboo Toilet Tissue			
NF314	Toilet Tissue 24 Rolls	24 rolls	14.69	V
NF312	Toilet Tissue 48 Rolls	48 rolls	26.79	V

code	product	size	price	bfgosv
PASTA				
SUMA / IRIS ORGANIC				
WT018	Tricolore Spirals Pasta SUMA ORGANIC Gluten Free	500g	19.35	OV
WT011	Brown Rice Fusilli Gluten Free	500g	19.50	GOV
WT013	Brown Rice Penne Gluten Free	500g	19.50	GOV
WT089	Casarecce Oat Pasta Glutenfree	340g	26.90	GOV
WT008	Corn Rice Fusilli Gluten Free	500g	17.34	GOV
WT009	Corn Rice Penne Gluten Free	500g	17.34	GOV
WT077	Oat Linguine Gluten Free Paper Packaging	340g	28.40	GOV
WT019	Tricolore Fusilli Pasta	500g	2.25	FOV
WT017	White Fusilli Pasta	500g	17.00	FOV
WT062	White Macaroni Pasta	500g	17.00	FOV
WT020	White Penne Pasta	500g	17.00	FOV
WT022	White Spaghetti Pasta	500g	17.00	FOV
WT044	Wholewheat Penne Pasta	500g	17.00	FOV
WT045	Wholewheat Spaghetti Pasta	500g	17.00	FOV
IRIS				
WT084	Fusilli White Pasta	5kg	11.80	OV
WT086	Fusilli Wholewheat Pasta	5kg	11.80	OV
WT081	Penne White Pasta	5kg	11.80	OV
WT082	Penne Wholewheat Pasta	5kg	11.80	OV
WT076	Spaghetti White Pasta	5kg	11.80	OV
WT079	Spaghetti Wholewheat Pasta	5kg	11.80	OV
PASTA LENSİ				
WT043	Gluten Free Fusilli Pasta	4kg	21.76	GV
WT014	Gluten Free Macaroni	5kg	24.29	GV
PASTA SAUCES & PESTOS				
SUMA ORGANIC				
Organic Pasta Sauces				
VF201	Organic Arrabbiata Sauce	350g	24.21	OV
VF191	Organic Bolognese Sauce	340g	24.21	OV
VF192	Organic Napoletana Sauce	350g	24.21	OV
PASTRY (FROZEN)				
DORSET PASTRY				
Pure Butter Handmade Pastry				
XL124	Puff Pastry	325g	45.25	
XL264	Shortcrust Pastry	325g	4.40	
PICKLES, CHUTNEYS & MUSTARDS				
BIONA				
LJ664	Harissa Relish - prepared	125g	14.57	OV
BIONOVA				
KJ346	Gherkins - Sour	670g	28.00	VOS
DINE				
BULK				
KJ191	Chipotle Chilli Jam	1.4kg	5.58	SV
READY MEALS (FROZEN)				
GOODLIFE				
XL163	Catering Pack Falafel	25g	16.71	V
XL061	Catering Sweet Potato Falafel	22g	17.21	SV
READY TO EAT FOODS (CHILLED)				
EATEN ALIVE				
CV078	Massive Classic Kimchi	775g	56.14	GV

code	product	size	price	bfgovs
SALADS & SPROUTS (CHILLED)				
SKY SPROUTS				
	Minimum 4 days shelf life			
CV479	Alfalfa & Broccoli Sprouts	100g	1.74	OV
CV481	Alfalfa & Fenugreek Sprouts	100g	1.74	OV
CV476	Alfalfa & Radish Sprouts	100g	1.74	OV
CV475	Alfalfa Sprouts	100g	1.70	OV
CV721	Broccoli Sprouts	100g	1.83	OV
CV504	Mixed Bean Sprouts	225g	1.83	OV
CV503	Mung Bean Sprouts	200g	1.74	OV
CV510	Organic Sprouts Multi Pack	160g	2.51	OV
CV509	Radish Sprout	100g	1.74	OV
SALT & SEASONINGS				
SUMA				
LJ031	Sea Salt - fine	10kg	6.30	V
BIOFORCE				
LJ054	Herbamare	250g	19.30	V
GEO ORGANICS				
LJ005	Atlantic Fine Ground Sea Salt	500g	15.70	OV
MALDON				
LJ018	Sea Salt - Flaky Crystals	1.4kg	13.82	V
SALT				
LJ006	Sea Salt-Flaky Crystals	570g	34.88	V
MARIGOLD				
LJ444	Liquid Aminos	250ml	17.96	GV
SAUSAGES & BURGERS (FROZEN)				
GOODLIFE				
XL233	Catering Vegetable Sausages	30 pack	11.34	GSV
LINDA MCCARTNEY				
XL130	Sausages	270g	15.54	V
SOFT DRINKS				
FENTIMANS				
	275ML Range			
JU008	Cherry Cola	275ml	16.86	GSV
JU625	Curiosity Cola	275ml	16.86	GSV
JU908	Dandelion & Burdock	275ml	16.86	GSV
JU346	Ginger Beer	275ml	16.80	GSV
JU354	Mandarin Seville Orange Jigger	275ml	16.86	GSV
JU618	Rose Lemonade	275ml	16.86	GSV
JU435	Victorian Lemonade	275ml	16.86	GSV
FEVERTREE				
JU387	Tonic Water	4 x 200ml	21.15	GSV
FIREFLY NATURAL DRINKS				
	Fruit Juice & Botanic Extracts			
JU299	Lemon, Lime & Ginger	330ml	15.45	V
JU296	Peach & Green Tea	330ml	15.45	V
JU180	Pomegranate & Elderflower	330ml	15.45	V
GUSTO				
JU148	Lemon Energy	250ml	16.92	OV
JU147	Original Energy	250ml	16.92	OV
SUGARS & SYRUPS				
SUMA				
HY019	Barley Malt Extract	3.18kg	13.80	V
SUMA BAGGED DOWN				
LJ095	Dark Muscovado Sugar	3kg	12.55	V
LJ053	Demerara Sugar	3kg	11.95	V
LJ180	Demerara Sugar	10kg	4.29	V
LJ094	Light Muscovado Sugar	3kg	12.59	V
LJ097	Soft Brown Sugar	3kg	12.90	V

code	product	size	price	bfgosv
LJ184	Soft Brown Sugar SUMA BAGGED DOWN - ORGANIC	10kg	41.75	V
LJ104	Coconut Palm Sugar, Organic	3kg	17.75	OV
LJ679	Demerara Sugar - organic	3kg	11.35	OV
LJ159	Icing Sugar - organic	3kg	17.29	OV
LJ055	Raw Cane Sugar - organic	10kg	44.95	OV
LJ096	Raw Cane Sugar - organic SUMA ORGANIC	3kg	13.59	OV
LJ121	Agave Syrup - organic	500ml	35.96	OV
LJ150	Agave Syrup - organic BILLINGTONS	5l	5.00	OV
LJ056	Sugar - Golden Granulated BULK COMMODITIES	1kg	29.55	V
LJ066	Dark Muscovado Sugar	25kg	82.92	VS
LJ052	Demerara Sugar	25kg	79.00	V
LJ546	Fairly Traded Golden Granular	25kg	8.80	FV
LJ065	Light Muscovado Sugar	25kg	83.42	V
LJ069	Soft Brown Sugar BULK COMMODITIES - ORGANIC	25kg	79.79	V
LJ098	Coconut Sugar	20kg	94.18	OV
LJ876	Demerara Sugar, organic	25kg	75.00	OV
LJ890	Icing Sugar - organic	25kg	115.50	OV
LJ068	Raw Cane Sugar - organic RAYNERS	25kg	91.33	OV
LJ901	Black Treacle - organic	340g	15.10	GOV
LJ704	Golden Syrup - Organic	5kg	33.81	FOV
LJ589	Malt Extract - Organic ST LAWRENCE GOLD	5kg	26.90	OV
HY056	Og Maple Syrup Grade a Amber SWEET FREEDOM	1l	117.86	OV
LJ041	Natural Sweetness - Original TOTAL SWEET	350g	18.14	V
LJ125	Total Sweet TRUVIA	1kg	55.72	V
LJ086	Sweetener from the Stevia Leaf SUPERFOODS & SPORTS NUTRITION	270g	29.84	V
	SUMA BAGGED DOWN - ORGANIC			
VM234	Organic Maca Powder SUPPLEMENTS & REMEDIES	1kg	14.95	OV
	BULK COMMODITIES - ORGANIC			
HE002	Psyllium Husk - Organic SWEET SNACKS	25kg	466.70	OV
	SUNITA			
ZX097	Honey & Pistachio Halva TABLE SAUCES	2.5kg	35.67	
	BIONA			
KJ106	Classic Tomato Ketchup Squeezy MR ORGANIC	560g	39.16	GOSV
KJ050	Italian Organic Ketchup RUBIES IN THE RUBBLE	480g	15.71	OSV
KJ002	Tomato Ketchup - Bulk Jerry TEAS	5l	79.44	SV
	CLEARSPRING			
TE504	Matcha Tea Premium (bulk) CLIPPER	1kg	144.75	OV
	Food Service Range			
TE448	Fairtrade Everyday One Cup Bag	1120 bags	26.43	FV
TE726	Fairtrade One Cup Teabags	440 bags	12.56	FV

code	product	size	price	bfgovs
	Food Service Range - 250's			
TE152	Earl Grey	250 bags	2.69	FOV
TE451	Speciality English Breakfast	250 bags	2.69	FOV
	Food Service Range - 6 X 25's			
TE150	Earl Grey	25 bags	14.99	FOV
TE161	Green Tea	25 bags	15.69	FOV

TOFU & TEMPEH (CHILLED)

CLEAR SPOT

CV209	Marinated Tofu	190g	17.14	OV
CV249	Smoked Tofu	225g	19.37	OV
	Catering Sizes			
CV210	Plain Tofu	1kg	32.19	OV

TOMATOES & TOMATO PRODUCTS

SUMA BAGGED DOWN - ORGANIC

	Dried			
LJ601	Sundried Tomatoes-organic	1kg	1.35	OV
	SUMA ORGANIC			
LJ560	Organic Passata	690g	17.55	VO
	Canned			
LJ075	Cherry Tomatoes - organic	400g	12.51	OV
LJ080	Tomatoes - chopped, organic	400g	1.72	OV
LJ123	Tomatoes - chopped, organic	2.5kg	27.35	OV
LJ081	Tomatoes - peeled, whole OG	400g	1.72	VO

SUMA PREPACKS - ORGANIC

	Dried			
LJ602	Sundried Tomatoes - organic	125g	8.96	OV
	BULK COMMODITIES - ORGANIC			

	Dried			
LJ600	Sundried Tomatoes - organic	10kg	82.40	OV
	ZEST			
LJ042	Sun-dried Tomato Paste	170g	15.53	V

VEGETABLES

BIONOVA

VF039	Garden Peas	350g	12.40	O
VF040	Sauerkraut	350g	12.94	VO
VF030	Sweetcorn - organic	340g	11.20	VO

ST DALFOUR

VF112	Whole Chestnuts	200g	21.30	GV
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TROPICAL WHOLEFOODS

VF514	Shiitake Mushrooms	50g	18.00	V
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VEGETABLES (FROZEN)

NATURAL COOL

XL177	Leaf Spinach Portions	450g	18.21	OVb
	PACK'D			
XL189	Organic Loose Leaf Spinach	450g	47.90	OV
XL228	Organic Petit Pois	450g	56.51	OV

VINEGARS

ASPALL

KJ382	Balsamic Vinegar - og	5l	38.78	OV
KJ067	Cyder Vinegar	5l	12.69	V
KJ180	Cyder Vinegar	25l	48.48	V
KJ252	Cyder Vinegar - og	25l	58.43	OV
KJ205	Cyder Vinegar - organic	5l	15.62	OV
KJ353	Red Wine Vinegar	5l	12.69	V
KJ356	White Wine Vinegar	5l	12.69	V

WATERS

HARROGATE SPRING WATER

750ml Glass Bottles

code	product	size	price	bfgosv
WA222	Spring Water - Sparkling	750ml	12.19	V
WA223	Spring Water - Still	750ml	11.10	V

Suma

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