

# Suma

CO-OPERATIVE SINCE 1977

**VEGAN**

MAR - APR 2023

# VEGAN

## A bit more about it..

People choose to be vegan for health, environmental, and/or ethical reasons. Some vegans feel that consuming eggs and dairy products promotes the meat industry. Some people avoid these items because of the conditions associated with their production.

Many vegans choose this lifestyle to promote a more humane and caring world. They know they are not perfect, but believe they have a responsibility to try to do their best, while not being judgmental of others.

Whatever your reason for choosing vegan, we have everything that you could wish for, this list includes cheese, milk and meat alternatives, vegan chocolate and much more.



### Key BFGSOV

B - Biodynamic // F - Fairtrade // G - Gluten-Free // O - Organic // S - Added Sugar // V - Vegan

All prices are correct at time of print and stock is subject to availability.

code	product	size	rrp	bfgosv
<b>ALCOHOL FREE BEVERAGES</b>				
<b>BELLE &amp; CO</b>				
JU030	Alcohol Free Sparkling Brut	6 x 750ml	5.75	V
JU031	Alcohol Free Sparkling Rose	6 x 750ml	5.75	V
<b>BELVOIR</b>				
JU559	Spiced Ginger Punch	6 x 750ml	4.79	GSV
	Alcohol Free Cocktails			
JU315	Juniper and Tonic - J&T	6 x 750ml	4.10	GSV
JU330	Passionfruit Martini	6 x 750ml	4.10	SV
<b>BIG DROP</b>				
RT032	Uptime 0.5% ABV Lager	12 x 330ml	2.35	V
<b>GIMBER</b>				
JU283	Gimber - ginger concentrate	6 x 500ml	2.99	OSV
JU284	Gimber - ginger concentrate	12 x 200ml	13.49	OSV
<b>LA BREWERY</b>				
JU441	Citrus Hops Kombucha	12 x 330ml	2.99	SV
JU088	English Blush Kombucha	6 x 750ml	9.79	VS
JU440	English Rose Kombucha	6 x 750ml	9.79	V
JU049	Strawberry Rhubarb Kombucha	12 x 330ml	2.99	SV
JU443	Tropical Ginger Kombucha	12 x 330ml	2.99	SV
<b>ORGANICO</b>				
JU260	Apple Lemon Refresher	6 x 750ml	2.99	OV
JU259	Perfect Passionfruit Fizz	6 x 750ml	2.99	OV
<b>ST PETER'S</b>				
	Alcohol Free Beers			
JU037	St Peter's Without - Gold	8 x 500ml	2.15	V
JU038	St Peter's Without Original	8 x 500ml	2.15	V
JU048	St Peter's Without Pale Ale	8 x 500ml	2.19	OV
<b>ALCOHOLIC DRINKS</b>				
<b>HOLLOWS</b>				
	From Fentimans			
RT017	Superior Alcoholic Ginger Beer	8 x 500ml	4.23	GSV
<b>SOMETHING AND NOTHING</b>				
	Seltzer			
RT067	French Rose and Hibiscus Rose	12 x 330ml	3.25	V
RT066	Sauvignon Blanc & Cucumber	12 x 330ml	3.25	V
<b>BABY &amp; CHILD FOOD</b>				
<b>ANNABEL KARMEL</b>				
BB092	Baby Pasta Shapes	8 x 250g	1.89	OV
<b>BEAR</b>				
ZX523	Paws- Raspberry & Blueberry	18 x 20g	0.65	GV
ZX520	Paws- Strawberry & Apple	18 x 20g	0.65	GV
	Paws in multipacks			
ZX189	Paws- Raspberry & Blueberry	4 x 5 x 20g	2.99	GV
ZX245	Paws- Strawberry & Apple	4 x 5 x 20g	2.99	GV
<b>CHEEKY MONKEY</b>				
BB024	Peanut Butter Puffs	12 x 60g	2.49	FGOV
<b>ELLA'S KITCHEN</b>				
	Smoothie Fruits			
BB238	The Green One - Multi Pack	6 x 5 x 90g	5.25	OV
BB048	The Green One - smoothie fruit	12 x 90g	1.90	OV
BB164	The Pink One	3 x 5 x 90g	5.25	OV
BB237	The Purple One - Multi Pack	6 x 5 x 90g	5.25	OV
BB007	The Purple One -smoothie fruit	12 x 90g	1.90	OV
BB239	The Red One - Multi Pack	6 x 5 x 90g	5.25	OV
BB011	The Red One - smoothie fruit	12 x 90g	1.90	OV
BB139	The White One - Multi Pack	3 x 4 x 90g	4.50	OV
BB236	The Yellow One - Multi Pack	6 x 5 x 90g	5.25	OV
BB010	The Yellow One -smoothie fruit	12 x 90g	1.90	OV
	Stage 1			

code	product	size	rrp	bfgosv
BB196	Apple & Pear Baby Rice	7 x 120g	1.65	OV
BB001	Apples & Bananas	7 x 120g	1.65	OV
BB198	Banana & Apricot Baby Rice	7 x 120g	1.65	OV
BB003	Broccoli, Pear & Peas	7 x 120g	1.65	OV
BB049	Butternut Squash, Carrot	7 x 120g	1.65	OV
BB006	Carrot, Apple & Parsnip	7 x 120g	1.65	OV
BB233	First Taste Mango Mango Mango	7 x 70g	1.29	OV
BB231	First Taste Pears Pears Pears	7 x 70g	1.29	OV
BB012	First Taste Prunes Prunes	7 x 70g	1.29	OV
BB095	Peaches & Bananas	7 x 120g	1.65	OV
BB063	Spinach, Apples & Swede	7 x 120g	1.65	OV
BB078	Strawberries & Apples	7 x 120g	1.65	OV
BB126	Sweet Potato,Broccoli,Carrot Stage 2	7 x 120g	1.65	OV
BB058	Kitchen Vegetable Bake	6 x 130g	2.29	OV
	<b>LITTLE PASTA ORGANICS</b>			
	Pasta			
BB255	Animal Pasta Shapes - Tricolor	15 x 300g	2.99	OV
BB151	Gluten Free Mini Gnocchi	12 x 250g	2.39	GOV
BB043	Red Lentil Dinosaur Pasta	12 x 250g	3.55	GOV
BB051	Teddy Bear Pasta	15 x 300g	2.99	VO
BB174	Travel Pasta Shapes - Tricolor	12 x 250g	1.95	OV
	<b>ORGANIX</b>			
	Cereals - Stage 2			
BB052	Banana & Plum Porridge	4 x 200g	3.59	OV
BB053	Multigrain Porridge	4 x 200g	3.59	OV
	Cereals - Stage 3			
BB057	Banana,Peach & Apple Muesli	4 x 200g	4.25	OV
BB060	Raspberry & Banana Muesli	4 x 200g	4.25	OV
	Finger Foods - from 7 months			
BB715	Crunchy Carrot Sticks	8 x 20g	0.95	OV
BB717	Crunchy Sweetcorn Rings	8 x 20g	0.89	OV
	Goodies Biscuits			
BB711	Alphabet Biscuits	6 x 5x25g	3.25	OV
BB022	Animal Biscuits	5 x 100g	2.79	OV
BB247	Gingerbread Men	6 x 135g	3.25	OV
	Goodies Fruit Snacks			
BB159	Apple & Date Chunky Fruit Bars	6 x 6 x 17g	3.39	OV
BB158	Banana & Date Chunky Fruit Bar	6 x 6 x 17g	3.39	OV
BB150	Raisins Mini Boxes	4 x 12 x 14g	3.19	OV
	Goodies Savouries			
BB549	Carrot Stix	6 x 15g	0.59	OV
	Goodies Snack Bars			
BB076	Apple & Orange Soft Oaty Bar	6 x 6 x 30g	4.29	OV
BB075	Carrot Cake Soft Oaty Bars	6 x 6 x 30g	4.29	OV
BB080	Raspberry & Apple Soft Oaty Rice Cake Clouds	6 x 6 x 30g	4.29	OV
BB030	Apple Rice Cake	6 x 40g	1.89	OV
BB039	Banana Rice Cake	6 x 40g	1.89	OV
BB036	Strawberry Rice Cake	6 x 40g	1.89	OV
	<b>BABY CARE</b>			
	<b>BEAMING BABY</b>			
	Nappies			
NF636	Bio Degradable - Maxi Plus	5 x 29	12.49	V
NF635	Bio Degradable Nappies - Maxi	4 x 34	13.89	V
NF637	Bio Degradable Nappy - Junior	5 x 25	11.99	V
NF633	Bio-Degradable Nappies - Mini	8 x 22	6.41	V
NF634	Biodegradable Nappies - Midi Nappy Sacks	4 x 38	13.92	V
NF259	Nappy Sacks - Fragrance Free	10 x 60	3.15	V

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	Wipes			
NF103	Organic Baby Wipes Unscented	12 x 72	4.69	OV
	<b>BIO D</b>			
NF666	Nappy Fresh	12 x 500g	3.39	V
	<b>EARTH FRIENDLY BABY</b>			
DY535	Baby Wipes- Gentle Aloe Vera	12 x 72	3.90	V
DY524	Bubble Bath	6 x 300ml	5.39	OV
DY545	Shampoo & Bodywash	6 x 250ml	4.90	OV
DY558	Shampoo & Bodywash	6 x 250ml	4.90	OV
	<b>NATRACARE</b>			
NF099	Baby Wipes 50 Pack	16 x 50	4.59	OV
	<b>NURSING PADS</b>			
NF370	Natural Nursing Pads	12 x 26	3.29	OV
	<b>THE CHEEKY PANDA</b>			
NF143	Bamboo Nappies Size 1, 2-5kg	4 x 48	14.99	V
NF144	Bamboo Nappies Size 2, 3-8kg	4 x 44	14.99	V
NF146	Bamboo Nappies Size 3, 6-11kg	4 x 40	14.99	V
NF149	Bamboo Nappies Size 4, 9-14kg	4 x 38	14.99	V
NF154	Bamboo Nappies Size 5, 12-17kg	4 x 36	14.99	V
	Bamboo Wipes			
NF580	Baby Wipes x 64	24 x 64	2.99	V
	<b>WELEDA</b>			
DY536	Calendula Shampoo & Body Wash	200ml	8.25	V
	<b>BAGS, BOXES AND BASKETS</b>			
	<b>SUMA</b>			
	Mesh Counter Bags			
NF001	Cotton Mesh Produce Bag-Large	1 x bag	2.99	OV
NF002	Cotton Mesh Produce Bag-Medium	1 x bag	2.49	OV
NF003	Cotton Mesh Produce Bag-Small	1 x bag	2.29	OV
	Shopping Bags			
NF437	String Bag-Lg Handles-Charcoal	1 x bag	4.49	V
NF438	String Bag-Lg Handles-Ivory	1 x bag	4.49	V
NF450	String Bag-Lg Handles-Mulberry	1 x bag	4.49	V
NF451	String Bag-Lg Handles-Pumpkin	1 x bag	4.49	V
NF439	String Bag-Lg Handles-Teal	1 x bag	4.49	V
	<b>SUMA BRANDED BAGS</b>			
	Suma Branded Bags			
NF100	Cool Bag Insulated Large	1 x bag	3.99	V
NF554	Produce Bag Large 31cm x 38cm	1 x bag	2.99	OV
NF553	Produce Bag Medium 26cm x 32cm	1 x bag	2.49	OV
NF550	Shopping Bag Large	1 x bag	2.49	V
	<b>SIESTA CRAFTS</b>			
NF467	Recycled Saree Bag - Folding	each	4.79	FV
	<b>BAKING SUNDRIES</b>			
	<b>SUMA</b>			
LJ039	Baking Powder - Gluten Free	6 x 200g	2.45	GV
LJ019	Cornflour	6 x 500g	2.25	V
LJ040	G/Free Bicarbonate of Soda	6 x 200g	1.79	GV
LJ223	Gluten Free Xanthan Gum	6 x 100g	3.39	GV
	<b>BAKEDIN</b>			
	XMAS 2022			
BT287	Chocolate Orange Panettone	8 x 700g	8.19	SV
	<b>BREAD MATTERS</b>			
LJ218	Original Sourdough Starter	12 x 10g	4.99	OV
	<b>CERTO</b>			
LJ216	Apple Pectin	6 x 250ml	3.90	V
	<b>CLEARSPRING</b>			
LJ138	Agar Agar Flakes Gelling Agent	8 x 30g	5.99	OV
	<b>COCOA LOCO</b>			
KB139	Dark Chocolate Couverture	4 x 1.5kg	22.99	FOSV
	<b>D &amp; D CHOCOLATES</b>			

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ZX374	Dairy Free Chocolate Chips	6 x 160g	4.69	SV
	<b>DOVES FARM</b>			
LJ206	Baking Powder	5 x 130g	1.67	GV
LJ202	Bicarbonate of Soda	5 x 200g	1.49	GV
LJ228	Choc Chip Cookie Mix	5 x 350g	3.49	GSV
LJ203	Cornflour Organic	5 x 110g	1.95	GOV
LJ233	Pancake Mix	5 x 300g	2.65	GV
LJ423	Quick Yeast	2 x 8 x 125g	1.75	GV
	<b>ENGEVITA</b>			
LJ144	Organic Yeast Flakes	6 x 100g	6.49	FGOV
LJ148	Super Yeast Flakes Vit D & B12	6 x 100g	4.79	GV
LJ143	Yeast Flakes Protein & Fibre	6 x 100g	3.95	FCV
LJ020	Yeast Flakes with Vitamin B12	6 x 100g	4.25	FCV
	<b>EPICURE</b>			
LJ196	White Marzipan	12 x 250g	2.39	SV
	<b>FERMIPAN</b>			
LJ061	Dried Yeast	20 x 500g	7.69	V
	<b>FREE &amp; EASY</b>			
LJ009	Cheese Flavour Sauce Mix	6 x 130g	2.55	GSV
LJ016	Egg Replacer	6 x 135g	2.69	GV
	<b>JUST WHOLEFOODS</b>			
LJ162	Vegetet - setting agent	10 x 25g	2.79	V
	<b>MERIDIAN</b>			
	XMAS 2022			
VF084	Mince Pie Filling - Organic	6 x 320g	4.59	OV
	<b>MONTEZUMA'S</b>			
	Cooking Chocolate			
KB052	Dark Couverture	3kg	59.70	GOSV
	<b>NIELSEN MASSEY</b>			
LJ242	Madagascar Vanilla Extract	6 x 1l	135.00	GV
LJ252	Pure Almond Extract	8 x 60ml	4.85	V
LJ250	Pure Vanilla Extract	8 x 60ml	12.25	SV
LJ204	Vanilla Bean Paste	6 x 60ml	12.75	SV
LJ244	Vanilla Extract	8 x 60ml	1.85	GV
	<b>NOTORIOUS NOOCH</b>			
LJ266	B12 Cheesy Immature	12 x 80g	4.15	V
LJ267	B12 Smoky Bacon	12 x 80g	4.15	V
LJ268	B12 Super	12 x 80g	4.15	V
	<b>OGGS</b>			
LJ082	Aquafaba Egg Alternative	12 x 200ml	2.59	V
	<b>ORGRAN</b>			
LJ656	Egg Replacer	8 x 200g	3.15	GV
LJ077	Vegan Easy Egg	8 x 250g	4.79	GSV
	<b>PLAMIL</b>			
	Drops in 1kg bags			
KB651	Baking Chocolate	1 x 1kg	11.99	GSV
KB652	Organic Baking Chocolate	1 x 1kg	13.59	GOSV
KB658	Organic Rich Chocolate	1 x 1kg	13.89	GOSV
	<b>STEENBERGS</b>			
LJ116	Almond Extract	6 x 100ml	6.69	V
LJ117	Orange Flower Water Organic	6 x 100ml	4.19	OV
LJ085	Rose Water Organic	6 x 100ml	4.19	OV
	<b>SUPERGOOD! BAKERY</b>			
LJ010	Flippin' Lovely Pancake Mix	6 x 200g	3.69	GSV
LJ021	Wakey Protein Pancake Mix	6 x 200g	3.69	GSV
	<b>TAYLOR &amp; COLLEDGE</b>			
LJ115	Vanilla Bean Extract	6 x 100ml	1.55	FOV
LJ113	Vanilla Bean Paste	12 x 65g	7.95	SOV
LJ036	Vanilla Pods	6 x 4g	12.29	OV
	<b>THE RAW CHOCOLATE CO</b>			
WS183	Cacao Butter Buttons	6 x 200g	6.99	OV
	Chocolate Making Ingredients			

code	product	size	rrp	bfgosv
KB051	Raw Cocoa Powder	6 x 180g	3.75	GOV
	<b>VEGO</b>			
KB072	Hazelnut Chocolate Melts	10 x 180g	6.15	OFVS
	<b>VIVANI ORGANIC CHOCOLATE</b>			
KB408	Dark Cooking Chocolate	10 x 200g	3.69	OSV
	<b>BEANS &amp; PULSES - CANNED</b>			
	<b>SUMA</b>			
VF707	Borlotti Beans	12 x 400g	0.79	V
VF119	Butter Beans	12 x 400g	0.79	V
VF709	Cannellini Beans	12 x 400g	0.79	V
VF117	Chickpeas	12 x 400g	0.79	V
VF118	Red Kidney Beans	12 x 400g	0.79	V
	<b>SUMA ORGANIC</b>			
VF675	Aduki Beans - organic	12 x 400g	1.15	OV
VF800	Baked Beans - Low Sugar	12 x 400g	1.39	OV
VF550	Baked Beans - Organic	12 x 400g	1.39	OSV
VF625	Black Beans - organic	12 x 400g	1.15	OV
VF900	Black Beans - Organic	6 x 2.6kg	4.29	OV
VF230	Black Beluga Lentils - organic	12 x 400g	1.25	OV
VF300	Black Chickpeas - organic	12 x 400g	1.15	OV
VF015	Blackeye Beans - organic	12 x 400g	1.19	OV
VF630	Borlotti Beans - organic	12 x 400g	1.15	OV
VF073	Brown Lentils - organic	12 x 400g	1.15	OV
VF645	Butter Beans - organic	12 x 400g	1.19	VO
VF395	Cannellini Beans - organic	12 x 400g	1.15	OV
VF642	Chickpeas - organic	12 x 400g	1.15	VO
VF785	Chickpeas - organic	6 x 2.6kg	4.39	OV
VF647	Green Lentils - organic	12 x 400g	1.15	VO
VF644	Haricot Beans - organic	12 x 400g	1.15	VO
VF649	Mixed Beans - organic	12 x 400g	1.15	VO
VF255	Pinto Beans - organic	12 x 400g	1.15	OV
VF643	Red Kidney Beans - organic	12 x 400g	1.19	VO
	Canned From Fresh			
VF123	Fresh Borlotti Beans - Organic	12 x 400g	1.39	OV
VF169	Fresh Cannellini - Organic	12 x 400g	1.39	OV
VF560	Fresh Chickpeas - Organic	12 x 400g	1.39	OV
VF950	Fresh Edamame Soybeans - Org	12 x 200g	1.49	OV
VF350	Fresh Flageolet Beans - Org	12 x 200g	1.25	OV
	<b>BIONA</b>			
VF222	Baked Beans - Organic	6 x 400g	1.89	OVS
LJ167	Brown Lentil Curry	6 x 400g	1.99	OV
VF042	Chilli Beans - Organic	6 x 395g	1.89	OSV
VF227	Chilli Black Beans - Organic	6 x 400g	1.69	OV
VF306	Edamame Beans	12 x 200g	2.90	OV
	<b>BIONOVA</b>			
VF495	Baked Beans - organic	6 x 340g	1.79	OSV
	<b>GEO</b>			
VF133	Edamame Beans in Water	6 x 400g	2.49	V
	<b>HODMEDOD'S</b>			
VF232	Organic Carlin Peas	12 x 400g	1.89	OV
VF129	Organic Vaal Dhal - British	12 x 400g	2.90	OSV
VF098	Organic Whole Fava Beans	12 x 400g	1.89	OV
	<b>MR ORGANIC</b>			
VF215	BBQ Baked Beans	12 x 400g	1.79	OV
VF216	Chilli Mixed Beans	12 x 400g	1.79	OV
	<b>TRIPLE LION</b>			
VF021	Chickpeas - Catering Size	6 x 2.50kg	5.25	V
	<b>BEANS &amp; PULSES - DRIED</b>			
	<b>SUMA PREPACKS</b>			
PU013	Beluga Lentils	6 x 500g	2.95	V
PU144	Black Turtle Beans	6 x 500g	2.50	V

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PU017	Blackeye Beans	6 x 500g	2.25	V
PU078	Broth Mix	6 x 500g	1.59	V
PU066	Butter Beans	6 x 500g	3.15	V
PU067	Chickpeas	6 x 500g	1.95	V
PU065	Lentils - brown	6 x 500g	1.95	V
PU133	Lentils - Dark Speckled	6 x 500g	2.99	V
PU069	Lentils - green	6 x 500g	2.15	V
PU076	Lentils - red split	6 x 500g	1.89	V
PU072	Marrowfat Peas	6 x 500g	2.25	V
PU177	Moong Dahl	6 x 500g	2.55	V
PU070	Split Peas - green	6 x 500g	1.55	V
PU080	Split Peas - yellow	6 x 500g	1.49	V
<b>SUMA PREPACKS - ORGANIC</b>				
PU202	Aduki Beans - Organic	6 x 500g	4.35	VO
PU222	Bean Mix - organic	6 x 500g	3.15	OV
PU034	Black Turtle Beans	6 x 500g	2.85	OV
PU004	Broth Mix - Organic	6 x 500g	2.25	OV
PU345	Butter Beans - organic	6 x 500g	4.25	VO
PU225	Cannellini Beans - organic	6 x 500g	3.15	OV
PU369	Chickpeas - organic	6 x 500g	2.59	VO
PU182	Green Split Peas - organic	6 x 500g	2.19	OV
PU145	Haricot Beans - organic	6 x 500g	3.39	OV
PU135	Lentils - Brown, organic	6 x 500g	2.15	VO
PU167	Lentils - Dark Speckled, org	6 x 500g	3.39	OV
PU129	Lentils - Green, organic	6 x 500g	2.69	VO
PU294	Lentils - Red split organic	6 x 750g	3.25	OV
PU267	Lentils - Red split, organic	6 x 500g	2.35	VO
PU151	Mung Beans - organic	6 x 500g	3.85	VO
PU136	Pinto Beans - organic	6 x 500g	3.15	OV
PU156	Red Kidney Beans - organic	6 x 500g	3.35	OV
PU146	Soya Beans - organic	6 x 500g	2.75	OV
PU166	Yellow Split Peas - organic	6 x 500g	2.19	OV
<b>HODMEDOD'S</b>				
PU008	Carlin Peas Organic	12 x 500g	2.19	OV
PU029	Fava Beans Organic - whole	12 x 500g	2.49	OV
PU007	Olive Green Lentils	12 x 500g	3.29	V
<b>BEERS</b>				
<b>BUDELS</b>				
RT131	Budels Lager	24 x 330ml	2.45	OV
<b>LITTLE VALLEY BREWERY</b>				
RT027	Cragg Bitter	12 x 500ml	2.69	OV
RT016	Python IPA	12 x 500ml	2.95	OV
RT019	Radical Roots Ginger Pale Ale	12 x 500ml	2.75	OVF
RT015	Tod's Blonde	12 x 500ml	2.85	OV
RT024	Withens Pale Ale	12 x 500ml	2.69	OV
<b>SAM SMITHS</b>				
RT009	Chocolate Stout	12 x 550ml	4.49	OV
RT008	Organic Pale Ale	12 x 550ml	4.25	OV
RT120	Pure Brewed Organic Lager	12 x 550ml	4.25	OV
<b>STROUD BREWERY</b>				
RT055	Budding	12 x 440ml	3.45	OV
RT060	IPA	12 x 440ml	3.95	OV
RT059	Premium Organic	12 x 440ml	3.80	OV
RT056	Tom Long	12 x 440ml	3.35	OV
	River Cottage			
RT046	River Cottage Stinger	12 x 440ml	3.50	OV
<b>TOAST ALE</b>				
RT043	American Pale Ale	12 x 330ml	2.79	V
RT034	Craft Lager	12 x 330ml	2.79	V
RT035	Pale Ale	12 x 330ml	2.79	V



code	product	size	rrp	bfgosv
RT036	Session IPA	12 x 330ml	2.79	V
<b>BISCUITS CRACKERS &amp; CRISP BREAD</b>				
<b>ADONIS</b>				
	Keto Crackers			
BT432	Black Pepper & Sea Salt	10 x 60g	3.35	OV
BT433	Olive & Chia Seeds	10 x 60g	3.35	OV
<b>AMISA</b>				
BT119	Chickpea Crispbread	12 x 100g	1.99	GOV
BT185	Crispbread - Buckwheat W/grain	12 x 120g	2.95	GOV
BT289	Crispbread - Quinoa Fibre Plus	12 x 100g	1.69	OV
BT291	Crispbread - Veggie Garden GF	12 x 100g	1.69	GOV
BT159	Protein Lentil Crispbread	12 x 100g	2.90	GOV
<b>BIONA</b>				
BT005	Crissini Breadsticks - Quinoa	12 x 125g	2.75	OV
BT004	Crissini Breadsticks - Sesame	12 x 125g	2.55	OV
BT166	Hazelnut Syrup Waffles	12 x 175g	3.15	OSV
<b>BONN'S &amp; CO</b>				
BT161	Cracker GF	10 x 150g	3.99	GV
BT168	Flame Baked Water Cracker	10 x 162g	4.39	OV
BT175	Traditional Water Cracker	10 x 162g	3.89	V
<b>CLEARSPRING</b>				
BT229	Brown Rice Cakes	6 x 120g	1.49	GOV
BT261	Brown Rice Cakes	6 x 120g	1.49	GOV
BT270	Brown Rice Cakes	6 x 120g	1.59	GOV
BT276	Brown Rice Cakes	6 x 120g	1.59	GOV
BT277	Brown Rice Cakes	6 x 120g	1.59	GOV
BT026	Brown Rice Crackers	12 x 40g	2.29	GOV
BT033	Brown Rice Crackers	12 x 40g	2.29	GOV
BT129	Brown Rice Crackers-Blk Sesame	12 x 40g	2.29	GOV
BT318	Oatcakes - Sea Vegetable	15 x 200g	3.29	OV
BT290	Oatcakes - Sun Dried Tom /Herb	15 x 200g	3.29	OV
BT319	Oatcakes, Traditional, Organic	15 x 200g	2.89	OV
BT317	Organic Corncakes	12 x 130g	1.49	GOV
BT631	Rice Cakes - 3 Grain, Thin,Org	12 x 130g	1.49	GOV
BT630	Rice Cakes - Lightly Salted	12 x 130g	1.49	GOV
BT629	Rice Cakes - No Added Salt,Org	12 x 130g	1.49	GOV
BT576	Rye Crispbread - Original	10 x 200g	1.39	OV
BT577	Rye Crispbread - Sesame	10 x 200g	1.59	OV
<b>DOVES FARM</b>				
BT295	Choc Chip Cookies	12 x 180g	2.59	GOSV
BT010	Digestives	12 x 200g	1.49	OSV
BT271	Double Chocolate Cookies - GF	12 x 180g	2.59	GOSV
BT202	Fruity Oat Digestives	12 x 200g	1.79	OSV
BT269	Lemon Zest Cookies - GF	12 x 150g	1.85	GOSV
BT092	Organic Digestive Biscuits	12 x 400g	2.39	OSV
BT029	Organic Ginger Oat Biscuits	12 x 200g	2.90	OSV
BT008	Stem Ginger Cookies - GF	12 x 150g	1.85	GOSV
<b>DR KARG</b>				
BT001	3 Grains & 3 Seeds Crispbreads	8 x 200g	3.50	OV
BT812	Classic 3 Seed Crispbread	8 x 200g	3.20	OV
<b>EASY BEAN</b>				
<b>CRACKERS</b>				
BT304	Fava Bean & Poppy Seed Crackers	8 x 150g	3.75	GV
BT305	Greenpea & Chia Seed	8 x 150g	3.75	GV
BT303	Red Lentil & Poppy Seed	8 x 150g	3.75	GV
BT279	Turmeric & Nigella Seed	8 x 150g	3.75	GV
BT285	Yellow Pea & Sunflower Seed	8 x 160g	3.75	GV
<b>FINN CRISP BREADS</b>				
BT025	Multigrain	9 x 175g	1.79	V
BT003	Original Rye	9 x 200g	1.79	V

code	product	size	rrp	bfgosv
BT002	Original Rye	12 x 250g	1.79	V
	<b>HONEYROSE</b>			
BT227	Date & Walnut Toast	6 x 110g	3.59	GOSV
BT228	Hazelnut & Agen Plum Toast	6 x 110g	3.59	GOSV
BT230	Kale & Spiced Nut Toast	6 x 110g	3.59	GOSV
	<b>ISLAND BAKERY ORGANICS</b>			
	Oatcakes			
BT351	Black Pepper Oatcakes	12 x 135g	2.55	VOS
BT355	Original Oatcakes	12 x 135g	2.29	OSV
BT374	Three Seed Oatcakes	12 x 135g	2.55	OSV
	<b>KALLO</b>			
BT045	Ancient Grain Corn Cakes	12 x 150g	2.19	GOV
BT152	Blueberry/Van Rice/Corn Cakes	6 x 131g	2.39	GSV
BT184	Corn Cakes OG	12 x 130g	1.99	GOV
	Lentil Cakes			
BT578	Protein Lentil Cake	6 x 100g	2.19	GV
	Rice Cakes			
BT034	Original Organic Wholegrain	12 x 130g	1.89	GVO
BT378	Sea Salt & Balsamic Rice Cakes	6 x 127g	1.79	V
BT036	Thick Slice Sesame Rice Cake	6 x 130g	1.65	GOV
BT240	Thin Slice No Salt - organic	12 x 130g	1.79	GVO
	Snack Pack			
BT298	Beetroot & Balsamic Veggie	12 x 22g	0.99	V
	Veggie Cakes			
BT146	Beetroot Veggie Cakes	6 x 122g	3.25	SV
BT421	Caramelised Onion Veggie Cakes	6 x 122g	3.25	SV
BT153	Spinach & Pesto Veggie Cakes	6 x 122g	3.25	SV
BT418	Tomato Salsa, Lime Veg Cakes	6 x 122g	3.25	SV
	<b>LAZY DAY</b>			
BT320	Belgian Dark Chocolate Tiffin	8 x 150g	3.45	SV
BT436	Chocolate Orange Slice	8 x 150g	3.45	GV
BT197	Free From Shortbread	8 x 150g	3.29	GV
BT199	Golden Syrup Oaties	8 x 150g	3.29	GSV
BT316	Millionaires Shortbread	8 x 150g	3.45	GSV
BT437	Rocky Road	8 x 150g	3.45	GV
BT443	Salted Caramel Crispie	8 x 150g	3.45	GV
BT538	Tiffin Gift Selection Box	6 x 360g	6.99	GSV
	<b>LE PAIN DES FLEURS</b>			
BT094	Buckwheat Crispbread	6 x 150g	4.19	GOV
BT189	Buckwheat Crispbread no Salt	6 x 150g	4.19	GOV
BT095	Chestnut Crispbread	6 x 150g	4.59	GOV
BT093	Quinoa Crispbread	6 x 150g	4.59	GOV
	<b>LOTTIE SHAW'S</b>			
ZX693	Vegan Gingerbread Man	12 x 50g	1.29	SV
	<b>MR ORGANIC</b>			
BT354	Breadstick Classic	10 x 150g	3.29	OV
BT361	Breadstick with Olives	10 x 130g	3.29	OV
BT030	Chocolate Chip Digestive	12 x 250g	2.59	OSV
ZX221	Cocoa Biscuits	12 x 250g	2.39	OSV
BT350	Flatbread Classic	10 x 150g	3.29	OV
BT345	Flatbread with Rosemary	10 x 150g	3.29	OV
BT057	Flax & Chia seed Biscuits	12 x 250g	2.79	OSV
BT047	Ginger Biscuits with Lemon	12 x 250g	2.39	OSV
ZX222	Multigrain Biscuits	12 x 250g	2.39	OSV
ZX219	Orange Biscuits/Cocoa Beans	12 x 250g	2.79	OSV
BT066	Tomato & Oregano Biscuits	12 x 250g	2.79	OSV
	<b>MRS CRIMBLES</b>			
BT245	Chocolate Macaroons	12 x 195g	1.99	GSV
BT288	Coconut Macaroon	12 x 180g	1.79	GSV
	<b>NAIRN'S</b>			
BT419	Coconut and Chia Oat Biscuit	10 x 200g	2.50	SV

code	product	size	rrp	bfgosv
BT009	Mixed Pepper & Sea Salt Oatcak	8 x 200g	2.90	SV
BT090	Oatcakes - Fine	12 x 218g	1.49	V
BT046	Oatcakes - Fruit & Seed	8 x 225g	2.90	SV
BT397	Oatcakes - Multigrain	8 x 200g	2.90	V
BT273	Oatcakes - Organic	12 x 250g	1.85	OV
BT275	Oatcakes - Traditional Rough	10 x 291g	1.59	V
BT386	Oatcakes -Organic Super Seeded	8 x 200g	2.90	OV
ZX338	Original Flatbread Gluten Free	6 x 150g	2.39	GSV
BT200	GF Apple&Cinnamon Chunky Bisc	6 x 160g	2.69	GSV
BT108	GF Biscuit Breaks Oat & Fruit	12 x 160g	2.69	GSV
BT109	GF Biscuit Breaks Oat & Syrup	12 x 160g	2.69	GSV
BT267	GF Biscuit Breaks Stem Ginger	12 x 160g	2.69	GSV
BT571	GF Blueb&Rasp Chunky Biscuits	6 x 160g	2.69	GSV
BT549	GF Super Seeded Oatcake	8 x 180g	2.59	GV
BT420	Gluten Free Oatcakes Wheat Free Biscuits	8 x 213g	2.59	GV
BT414	Mixed Berry	10 x 200g	2.50	SV
BT415	Stem Ginger	10 x 200g	2.50	SV
	<b>ORGANICO</b>			
	Rustic Breadsticks			
BT065	Classic Grissini - og	8 x 120g	2.35	OV
BT061	Omega Grissini - og	8 x 120g	2.35	OV
BT068	Sesame Grissini - og	8 x 120g	2.65	OV
BT067	Spelt Grissini - og	8 x 120g	2.95	OV
	<b>ORIGIN EARTH</b>			
BT390	Gluten Free Crackers	10 x 150g	2.99	GV
BT389	Gluten Free Crackers Fennel	10 x 150g	2.99	GV
BT387	Gluten Free Crackers Sesame	10 x 150g	2.99	GV
	<b>PETER'S YARD</b>			
BT171	Sourdough F'Bread Smoke Chilli	6 x 115g	2.49	V
BT170	Sourdough Flatbreads Sea Salt	6 x 115g	2.49	V
BT173	Sourdough Flatbreads Seeded	6 x 135g	2.49	V
	Sourdough Crackers			
BT011	Poppy Seed	8 x 100g	2.75	SV
BT007	Rosemary & Sea Salt	8 x 90g	2.75	SV
	<b>PRODIGY</b>			
	Phenomenoms			
BT423	Chocolate Digestives	12 x 32g	1.30	V
BT427	Chocolate Digestives	12 x 128g	2.89	V
BT428	Chocolate Oaties	12 x 32g	1.30	V
BT429	Chocolate Oaties	12 x 128g	2.89	V
	<b>REAL FOODS</b>			
BT381	Corn Thins - Original	6 x 150g	1.95	V
	<b>RHYTHM 108</b>			
	Biscuit Share Bags			
BT333	Almond Biscotti	8 x 135g	3.29	GOV
BT334	Coconut Cookie	8 x 135g	3.29	GOV
BT335	Double Choco Hazelnut Biscuits	8 x 135g	3.29	OVG
BT431	Hazelnut Chocolate Chip	8 x 135g	3.29	OSV
BT430	Hazelnut Chocolate Praline	8 x 135g	3.29	OSV
BT344	Lemon Ginger Chia Biscuits Soft Filled Cookies	8 x 135g	3.29	GOSV
BT216	Chocolate Hazelnut Ganache	12 x 50g	1.75	OVS
BT115	Double Chocolate Peanut	12 x 50g	1.75	OVS
	<b>RUDE HEALTH FOODS</b>			
BT300	Buckwheat Crackers	8 x 100g	2.15	GOV
BT147	Chickpea & Lentil Crackers	8 x 120g	1.69	GOV
BT372	Chickpea Triangles	6 x 80g	1.59	GOV
BT054	Corn Crackers	8 x 130g	1.69	GOV
BT371	Corn Triangles	6 x 100g	1.59	GOV

code	product	size	rrp	bfgosv
BT266	Ginger & Turmeric Oaty	12 x 200g	2.49	SV
BT313	High Protein Lentil Triangles	6 x 70g	1.59	GV
BT309	Multigrain Crackers	8 x 100g	2.15	GOV
<b>SWEET FA</b>				
	By Island Bakery			
BT358	Cranberry & Orange Cookies	12 x 125g	3.50	GOSV
BT359	Double Choc Chip Cookies	12 x 125g	3.50	GOSV
BT362	Oat & Raisin Cookies	12 x 125g	3.50	GOSV
BT364	Peanut Butter Cookies	12 x 125g	3.50	GOSV
<b>TRAIIDCRAFT</b>				
BT547	Double Chocolate Chunk Cookies	8 x 180g	2.79	FSV
BT481	Stem Ginger Cookies	8 x 180g	2.79	FSV
<b>BODY CARE</b>				
<b>ALTER/NATIVE BY SUMA</b>				
	20L/5L POS Refill Accessories			
DY484	5l pump - 30ml Dispenser	each	5.39	V
NF531	Drum Pump - Fits 15l & 20l Accessories	each	9.39	V
DY644	Bamboo Soap Dish - Rectangle	6 x 1 DISH	4.65	V
DY643	Bamboo Soap Dish - Round	6 x 1 DISH	3.35	V
DY110	Organic Cotton Soap Bag	1 x bag	1.95	OV
DY609	Travel Soap Tin - Double Size	1 x tin	5.99	V
DY607	Travel Soap Tin - Single Size	1 x tin	3.99	V
	Hair-Conditioner Bars/Boxed			
DY999	Hair Conditioner Bar - Coconut	6 x 90g	5.45	V
DY995	Hair Conditioner Bar - Rose	6 x 90g	5.45	V
DY994	Hair Conditioner Bar -Lavender	6 x 90g	5.45	V
DY993	Hair Conditioner Bar -P'chouli	6 x 90g	5.45	V
DY646	Hair Conditioner Bar -PG'fruit	6 x 90g	5.45	V
	Hair-Shampoo Bars/Boxed/Glyc			
DY997	Shampoo Bar-Glycerine-Coconut	6 x 90g	4.15	V
DY996	Shampoo Bar-Glycerine-P'chouli	6 x 90g	4.15	V
DY604	Shampoo Bar-Glycerine-PG'fruit	6 x 90g	4.15	V
	Hair-Shampoo Bars/Boxed/PF			
DY992	Shampoo Bar - Rose & Geranium	6 x 95g	3.25	V
DY991	Shampoo Bar-Lavender&Geranium	6 x 95g	3.25	V
	Haircare - Conditioner 400ml			
DY031	Conditioner - Clear & Simple	6 x 400ml	5.99	V
DY041	Conditioner - Coconut & Argan	6 x 400ml	5.99	V
DY039	Conditioner - Lav & Geranium	6 x 400ml	5.99	V
DY037	Conditioner - Patchouli	6 x 400ml	5.99	V
DY043	Conditioner - Pink Grapefruit	6 x 400ml	5.99	V
DY042	Conditioner - Rose & Geranium	6 x 400ml	5.99	V
DY036	Conditioner - Tea Tree & Aloe	6 x 400ml	5.99	V
	Haircare - Conditioner 5l			
DY045	Conditioner - Clear & Simple	5l	43.99	V
DY053	Conditioner - Coconut & Argan	5l	43.99	V
DY052	Conditioner - Lav & Geranium	5l	43.99	V
DY049	Conditioner - Patchouli	5l	43.99	V
DY057	Conditioner - Pink Grapefruit	5l	43.99	V
DY055	Conditioner - Rose & Geranium	5l	43.99	V
DY047	Conditioner - Tea Tree & Aloe	5l	43.99	V
	Haircare - Shampoo 400ml			
DY001	Shampoo - Clear & Simple	6 x 400ml	5.99	V
DY017	Shampoo - Coconut & Argan Oil	6 x 400ml	5.99	V
DY016	Shampoo - Lavender & Geranium	6 x 400ml	5.99	V
DY009	Shampoo - Patchouli	6 x 400ml	5.99	V
DY021	Shampoo - Pink Grapefruit	6 x 400ml	5.99	V
DY019	Shampoo - Rose & Geranium	6 x 400ml	5.99	V
DY003	Shampoo - Tea Tree & Aloe	6 x 400ml	5.99	V

code	product	size	rrp	bfgosv
	Haircare - Shampoo 5l			
DY022	Shampoo - Clear & Simple	5l	43.99	V
DY028	Shampoo - Coconut & Argan Oil	5l	43.99	V
DY027	Shampoo - Lavender & Geranium	5l	43.99	V
DY026	Shampoo - Patchouli	5l	43.99	V
DY030	Shampoo - Pink Grapefruit	5l	43.99	V
DY029	Shampoo - Rose & Geranium	5l	43.99	V
DY025	Shampoo - Tea Tree & Aloe	5l	43.99	V
	Skincare - Body Wash 400ml			
DY061	Body Wash - Clear & Simple	6 x 400ml	5.99	V
DY070	Body Wash - Coconut & Argan	6 x 400ml	5.99	V
DY069	Body Wash - Lav & Geranium	6 x 400ml	5.99	V
DY068	Body Wash - Patchouli	6 x 400ml	5.99	V
DY074	Body Wash - Pink Grapefruit	6 x 400ml	5.99	V
DY073	Body Wash - Rose & Geranium	6 x 400ml	5.99	V
DY066	Body Wash - Tea Tree & Aloe	6 x 400ml	5.99	V
	Skincare - Body Wash 5l			
DY078	Body Wash - Clear & Simple	5l	43.99	V
DY087	Body Wash - Coconut & Argan	5l	43.99	V
DY085	Body Wash - Lav & Geranium	5l	43.99	V
DY082	Body Wash - Patchouli	5l	43.99	V
DY089	Body Wash - Pink Grapefruit	5l	43.99	V
DY088	Body Wash - Rose & Geranium	5l	43.99	V
DY081	Body Wash - Tea Tree & Aloe	5l	43.99	V
	Skincare - Hand Wash 300ml			
DY108	Hand Wash - Coconut & Argan	6 x 300ml	4.75	V
DY102	Hand Wash - Lav & Geranium	6 x 300ml	4.75	V
DY101	Hand Wash - Patchouli	6 x 300ml	4.75	V
DY120	Hand Wash - Pink Grapefruit	6 x 300ml	4.75	V
DY112	Hand Wash - Rose & Geranium	6 x 300ml	4.75	V
DY096	Hand Wash - Tea Tree & Aloe	6 x 300ml	4.75	V
	Skincare - Hand Wash 5l			
DY125	Hand Wash - Coconut & Argan	5l	43.99	V
DY124	Hand Wash - Lav & Geranium	5l	43.99	V
DY122	Hand Wash - Patchouli	5l	43.99	V
DY130	Hand Wash - Pink Grapefruit	5l	43.99	V
DY129	Hand Wash - Rose & Geranium	5l	43.99	V
DY121	Hand Wash - Tea Tree & Aloe	5l	43.99	V
	Soap-All-In-One/Boxed/PalmFree			
DY657	All-In-One - Earthbound Bar	6 x 95g	3.25	V
DY658	All-In-One - Far & Away Bar	6 x 95g	3.25	V
	Soap-Glycerine/Loose			
DY652	Glycerine Soap - Almond Milk	12 x 90g	2.15	V
DY540	Glycerine Soap - G'fruit&Aloe	12 x 90g	2.15	V
DY555	Glycerine Soap - Hemp & Vit E	12 x 90g	2.15	V
DY654	Glycerine Soap - Lav & Vetiver	12 x 90g	2.15	V
DY655	Glycerine Soap - Mandarin	12 x 90g	2.15	V
DY656	Glycerine Soap - Orange Bloss	12 x 90g	2.15	V
DY532	Glycerine Soap - Rose&Geranium	12 x 90g	2.15	V
DY013	Glycerine Soap - White Lav	12 x 90g	2.15	V
	Soap-Glycerine/Loose/Palm Free			
DY965	Glycerine Soap - Coconut	6 x 90g	3.15	V
DY960	Glycerine Soap - Coffee & Cedar	6 x 90g	3.15	V
DY959	Glycerine Soap - Jasmine Musk	6 x 90g	3.15	V
DY964	Glycerine Soap - Lav & Geranium	6 x 90g	3.15	V
DY962	Glycerine Soap - Patchouli	6 x 90g	3.15	V
DY971	Glycerine Soap - Pink G'fruit	6 x 90g	3.15	V
DY967	Glycerine Soap - Rose&Geranium	6 x 90g	3.15	V
DY961	Glycerine Soap - Tea Tree&Aloe	6 x 90g	3.15	V
	Soap-Handmade/Boxed/Gift Sets			

code	product	size	rrp	bfgosv
DY554	Gift Set - Apothecary - 4 Bars	1 x set	1.95	V
DY316	Gift Set - Botanical - 4 Bars	1 x set	12.45	V
DY317	Gift Set - Floral - 4 Bars	1 x set	14.95	V
DY550	Gift Set - Herbal - 4 Bars	1 x set	1.95	V
DY542	Gift Set - Nature's - 4 Bars	1 x set	1.95	V
	Soap-Handmade/Boxed/Palm Free			
DY433	Boxed Soap Aloe Vera	6 x 95g	2.55	V
DY497	Boxed Soap Bergamot& Green Tea	6 x 95g	2.55	V
DY452	Boxed Soap Cinnamon & Orange	6 x 95g	2.55	V
DY476	Boxed Soap Coconut Milk& Ylang	6 x 95g	2.55	V
DY448	Boxed Soap C'fruit & Mandarin	6 x 95g	2.55	V
DY440	Boxed Soap L'grass & Chamomile	6 x 95g	2.55	V
DY438	Boxed Soap Lavender & Lime	6 x 95g	2.55	V
DY446	Boxed Soap P'mint & Pine Oil	6 x 95g	2.55	V
DY560	Boxed Soap Patchouli & Hemp	6 x 95g	2.55	V
DY502	Boxed Soap Rose & Geranium	6 x 95g	2.55	V
DY445	Boxed Soap Rosemary & Lavender	6 x 95g	2.55	V
DY444	Boxed Soap Tea Tree & E'lyptus	6 x 95g	2.55	V
	Soap-Skincare/Boxed/Palm Free			
DY998	Skincare-Ayurvedic Soap Bar	6 x 95g	3.25	V
DY990	Skincare-Detox Bar-Charcoal	6 x 95g	3.25	V
DY988	Skincare-Facial Bar-Cocoa	6 x 95g	3.25	V
DY662	Skincare-Moisturising Bar-Rose	6 x 90g	7.49	V
DY661	Skincare-Pink Clay Cleanser	6 x 95g	3.25	V
DY989	Skincare-Shaving Bar Cedarwood	6 x 95g	3.25	V
	<b>ALOE PURA</b>			
DY040	Aloe Vera Gel	6 x 200g	6.99	V
DY196	Aloe Vera Gel + Tea Tree	6 x 200ml	7.49	V
DY199	Aloe Vera Gel + Vitamin A C E	6 x 200ml	7.49	V
DY602	Body Wash	6 x 200ml	6.99	V
DY603	Face Mask	6 x 150ml	6.49	V
DY600	Face Wash	6 x 150ml	5.99	V
	Suncare			
DY303	Aloe Vera After Sun Lotion	6 x 200ml	9.49	V
	<b>BEN &amp; ANNA</b>			
	Deodorant Stick in Paper Tube			
DY065	Soda Deodorant - Coco Mania	1 x 40g	7.45	OV
DY076	Soda Deodorant - Green Fusion	1 x 40g	7.45	OV
DY083	Soda Deodorant - Mint	1 x 40g	7.45	OV
DY185	Soda Deodorant - Persian Lime	1 x 40g	7.45	OV
DY816	Soda Deodorant - Pink G/Fruit	1 x 40g	7.45	OV
DY077	Soda Deodorant - Urban Black	1 x 40g	7.45	OV
	Sensitive Deodorant			
DY462	Deodorant - Highland Breeze	1 x 60g	1.95	OV
DY458	Deodorant - Japanese Blossom	1 x 60g	1.95	OV
DY463	Deodorant - Lemon & Lime	1 x 60g	1.95	OV
	<b>DR BRONNER'S</b>			
DY443	Lavender - Pump Soap	1 x 355ml	13.99	FOV
DY183	Lavender Castile Liquid Soap	1 x 237ml	9.69	FOV
DY338	Lavender Castile Liquid Soap	1 x 3.8l	77.99	FGOVB
	473ml Bottle			
DY191	Almond Castile Liquid Soap	1 x 473ml	14.99	FOV
DY198	Baby Castile Liquid Soap	1 x 473ml	14.99	FOV
DY205	Lavender Castile Liquid Soap	1 x 473ml	14.99	FOV
DY201	Orange Castile Liquid Soap	1 x 473ml	14.99	FOV
DY207	Peppermint Castile Liquid Soap	1 x 473ml	14.99	FOV
	946ml Bottle			
DY208	Almond Castile Liquid Soap	1 x 946ml	24.49	FOV
DY209	Baby Castile Liquid Soap	1 x 945ml	24.49	FOV
DY213	Lavender Castile Liquid Soap	1 x 945ml	24.49	FOV

code	product	size	rrp	bfgosv
DY572	Orange Castile Liquid Soap	1 x 946ml	24.49	FOV
DY214	Peppermint Castile Liquid Soap Bar Soap	1 x 945ml	24.49	FOV
DY117	Almond Pure Castile Bar Soap	12 x 140g	6.39	FOV
DY118	Baby Castile Bar Soap	12 x 140g	6.39	FOV
DY123	Lavender Castile Bar Soap	12 x 140g	6.39	FOV
DY119	Orange Castile Bar Soap	12 x 140g	6.39	FOV
DY138	Peppermint Castile Bar Soap Hand Sanitiser	12 x 140g	6.39	FOV
DY455	Hand Sanitiser - Lavender	1 x 60ml	5.49	FOV
DY479	Hand Sanitiser - Peppermint	1 x 60ml	5.49	FOV
<b>DR ORGANIC</b>				
ARGAN OIL				
DY615	Moroccan Argan Oil Body Wash	6 x 250ml	5.19	V
DY610	Moroccan Argan Oil Conditioner	6 x 265ml	5.59	V
DY580	Moroccan Argan Oil Hair Serum	6 x 100ml	12.79	V
DY596	Moroccan Argan Oil Shampoo	6 x 265ml	5.59	V
DY587	Moroccan Argan Oil Treatment	6 x 200ml	7.19	V
GUAVA				
DY575	Guava Body Wash	6 x 250ml	6.49	V
DY578	Guava Exfoliating Face Wash	6 x 150ml	7.49	V
DY574	Guava Gel Face Mask	6 x 50ml	7.49	V
DY577	Guava Gel Moisturiser	6 x 50ml	1.99	V
ROSE OTTO				
DY618	Rose Otto Body Wash	6 x 250ml	5.19	V
DY631	Rose Otto Conditioner	6 x 265ml	5.59	V
DY623	Rose Otto Day Cream	6 x 50ml	8.79	V
DY647	Rose Otto Deodorant	6 x 50ml	4.79	V
DY622	Rose Otto Face Wash	6 x 150ml	5.99	V
DY635	Rose Otto Shampoo	6 x 265ml	5.59	V
SKIN CLEAR				
DY667	Charcoal Face Mask	6 x 100ml	6.39	V
DY663	Deep Pore Face Wash	6 x 125ml	5.99	V
DY671	Exfoliating Scrub	6 x 150ml	5.59	V
DY666	Oil Control Moisturiser	6 x 50ml	6.39	V
DY664	Purifying Toner	6 x 200ml	6.39	V
DY665	Treatment Gel	6 x 10ml	5.19	V
<b>EARTH CONSCIOUS</b>				
Deodorant Balm in a Tin				
DY148	Natural Deodorant - Lavender	6 x 60g	6.99	V
DY157	Natural Deodorant - Peppermint Stick Deodorant in Paper Tube	6 x 60g	6.99	V
DY136	Natural Deodorant - Grapefruit	6 x 60g	6.99	V
DY137	Natural Deodorant - Jasmine	6 x 60g	6.99	V
DY144	Natural Deodorant - Lavender	6 x 60g	6.99	V
DY141	Natural Deodorant - Lemon	6 x 60g	6.99	V
DY145	Natural Deodorant - Peppermint	6 x 60g	6.99	V
DY143	Natural Deodorant - Pure	6 x 60g	6.99	V
<b>EMMA'S SOAP</b>				
NF038	Bamboo Soap Dish	6 x 90g	6.80	V
NF193	Ramie Wash Cloth	10 x 1	4.58	V
<b>ETHIQUE</b>				
Accessories				
DY521	Aqua In - Shower Container BODY	3 x 1	1.99	FV
DY557	Botanical Deodorant Tube	6 x 70g	11.00	FV
DY499	Jasmine + Ylang Ylang Butter	6 x 100g	12.00	FV
DY492	Lavender + P/mint Body Wash	6 x 120g	5.50	FV
DY496	Orange + Vanilla Body Wash	6 x 120g	5.50	FV
DY519	Sweet Orange + Vanilla Butter CONCENTRATES	6 x 100g	12.00	FV

code	product	size	rrp	bfgosv
DY547	Bloom Conditioner Concentrate	6 x 25g	7.00	FV
DY552	Sorbet Hand Wash Concentrate	6 x 50g	7.00	FV
	CONDITIONER BARS			
DY465	Curliosity Conditioner Bar	6 x 110g	14.00	FV
DY451	The Guardian Conditioner Bar	6 x 60g	14.00	FV
DY453	Wonderbar Conditioner Bar	6 x 60g	14.00	FV
	DISCOVERY PACKS			
DY523	Discovery Pack - Balanced Hair	6 x 45g	8.50	FV
DY522	Discovery Pack - Dry Hair	6 x 45g	8.50	FV
DY533	Discovery Pack - Touchy Scalps	6 x 45g	8.50	FV
	SHAMPOO BARS			
DY428	Frizz Wrangler Shampoo Bar	6 x 110g	13.00	FV
DY429	Heali Kiwi Shampoo Bar	6 x 110g	13.00	FV
DY434	Pinkalicious Shampoo Bar	6 x 110g	13.00	FV
DY439	Professor Curl Shampoo Bar	6 x 108g	13.00	FV
	<b>FAITH IN NATURE</b>			
	2.5 Litre - Body Wash			
DY406	Body Wash-Lavender/Geranium	4 x 2.5l	26.00	GVB
DY418	Body Wash-Wild Rose	4 x 2.5l	26.00	GVB
	2.5 Litre - Conditioner			
DY381	Conditioner-Lavender/Geranium	4 x 2.5l	3.00	GVB
DY409	Conditioner-Wild Rose	4 x 2.5l	3.00	GVB
	2.5 Litre - Shampoo			
DY395	Shampoo-Lavender/Geranium	4 x 2.5l	3.00	GVB
DY413	Shampoo-Wild Rose	4 x 2.5l	3.00	GVB
	5 Litres Bulk - Body Wash			
DY877	Body Wash - Aloe Vera	5l	5.00	V
DY883	Body Wash - Coconut	5l	5.00	V
DY430	Body Wash - Dragon Fruit	5l	5.00	V
DY427	Body Wash - Fragrance Free	5l	5.00	V
DY267	Body Wash - Tea Tree	5l	5.00	V
DY459	Body Wash - Wild Rose	5l	5.00	V
DY266	Body Wash-Grapefruit & Orange	5l	5.00	V
DY870	Body Wash-Lavender & Geranium	5l	5.00	V
	5 Litres Bulk - Conditioner			
DY874	Conditioner - Aloe Vera	5l	57.00	V
DY879	Conditioner - Coconut	5l	57.00	V
DY288	Conditioner - Tea Tree	5l	57.00	V
DY442	Conditioner - Wild Rose	5l	57.00	V
DY437	Conditioner-Grapefruit & Orange	5l	57.00	V
DY867	Conditioner-Lavender&Geranium	5l	57.00	V
	5 Litres Bulk - Hand Wash			
DY473	Hand Wash - Wild Rose	5l	5.00	V
DY268	Hand Wash-Aloe Vera & Tea Tree	5l	5.00	V
DY270	Hand Wash-Lavender & Geranium	5l	5.00	V
	5 Litres Bulk - Shampoo			
DY871	Shampoo - Aloe Vera	5l	57.00	V
DY881	Shampoo - Coconut	5l	57.00	V
DY436	Shampoo - Grapefruit & Orange	5l	57.00	V
DY188	Shampoo - Jojoba	5l	57.00	V
DY868	Shampoo - Lavender & Geranium	5l	57.00	V
DY135	Shampoo - Seaweed & Citrus	5l	57.00	V
DY280	Shampoo - Tea Tree	5l	57.00	V
DY441	Shampoo - Wild Rose	5l	57.00	V
	5L Bulk - Hand and Body Lotion			
DY614	Coconut	5l	57.00	V
DY620	Grapefruit & Orange	5l	57.00	V
DY612	Lavender & Geranium	5l	57.00	V
	Accessories			
HJ210	Aluminium Refill Bottle	12 x 450ml	4.99	V



code	product	size	rrp	bfgosv
HJ023	Pump for 5ltr Bulk Containers	each	6.29	V
	Body Wash			
DY104	Body Wash - Aloe Vera	6 x 400ml	5.99	V
DY351	Body Wash - Avocado	6 x 400ml	5.99	GV
DY880	Body Wash - Coconut	6 x 400ml	5.99	V
DY981	Body Wash - Dragon Fruit	6 x 400ml	5.99	V
DY044	Body Wash - Fragrance Free	6 x 400ml	5.99	V
DY501	Body Wash - Grapefruit & Orange	6 x 400ml	5.99	V
DY285	Body Wash - Hemp & Meadowfoam	6 x 400ml	5.99	V
DY244	Body Wash - Jojoba	6 x 400ml	5.99	V
DY848	Body Wash - Seaweed	6 x 400ml	5.99	V
DY628	Body Wash - Shea & Argan	6 x 400ml	5.99	V
DY107	Body Wash - Tea Tree	6 x 400ml	5.99	V
DY132	Body Wash - Wild Rose	6 x 400ml	5.99	V
DY105	Body Wash-Lavender & Geranium	6 x 400ml	5.99	V
	Conditioner			
DY128	Conditioner - Wild Rose	6 x 400ml	6.69	V
DY221	Conditioner - Aloe Vera	6 x 400ml	6.69	V
DY329	Conditioner - Avocado	6 x 400ml	6.69	V
DY354	Conditioner - Blueberry	6 x 400ml	6.69	GV
DY830	Conditioner - Coconut	6 x 400ml	6.69	V
DY919	Conditioner - Dragon Fruit	6 x 400ml	6.69	V
DY033	Conditioner - Fragrance Free	6 x 400ml	6.69	V
DY223	Conditioner - Jojoba	6 x 400ml	6.69	V
DY846	Conditioner - Rosemary	6 x 400ml	6.69	V
DY845	Conditioner - Seaweed & Citrus	6 x 400ml	6.69	V
DY626	Conditioner - Shea & Argan	6 x 400ml	6.69	V
DY222	Conditioner - Tea Tree	6 x 400ml	6.69	V
DY508	Conditioner-Grapefruit & Orange	6 x 400ml	6.69	V
DY890	Conditioner-Lavender&Geranium	6 x 400ml	6.69	V
	Gift Sets			
DY642	Bodywash Travel Gift Set 300ml	6 x 300ml	5.00	VB
DY310	Soap Gift Set	6 x 3 x 100g	6.00	VB
	Hair Masks			
DY541	Coconut & Shea Butter	6 x 300ml	6.99	V
	Hand & Body Lotion			
DY613	Coconut	6 x 400ml	6.69	V
DY616	Grapefruit & Orange Lotion	6 x 400ml	6.69	V
DY611	Lavender & Geranium	6 x 400ml	6.69	V
	Hand Wash			
DY894	Hand Wash - Coconut	6 x 400ml	4.59	V
DY301	Hand Wash - Seaweed & Citrus	6 x 400ml	4.59	V
DY245	Hand Wash-Aloe Vera & Tea Tree	6 x 400ml	4.59	V
DY505	Hand Wash-Grapefruit & Orange	6 x 400ml	4.59	V
DY312	Hand Wash-Lavender & Geranium	6 x 400ml	4.59	V
DY553	Wild Rose Hand Wash	6 x 400ml	4.59	V
	Men's Range			
DY054	Body Wash - Blue Cedar	6 x 400ml	5.99	V
DY048	Shampoo - Blue Cedar	6 x 400ml	6.69	V
DY056	Wrapped Soap - Blue Cedar	6 x 100g	2.99	V
	Shampoo			
DY844	Shampoo - Aloe Vera	6 x 400ml	6.69	V
DY328	Shampoo - Avocado	6 x 400ml	6.69	V
DY875	Shampoo - Coconut	6 x 400ml	6.69	V
DY920	Shampoo - Dragon Fruit	6 x 400ml	6.69	V
DY032	Shampoo - Fragrance Free	6 x 400ml	6.99	V
DY512	Shampoo - Grapefruit & Orange	6 x 400ml	6.69	V
DY420	Shampoo - Hemp & Meadowfoam	6 x 400ml	6.69	V
DY839	Shampoo - Jojoba	6 x 400ml	6.69	V
DY503	Shampoo - Lavender & Geranium	6 x 400ml	6.69	V

code	product	size	rrp	bfgosv
DY843	Shampoo - Rosemary	6 x 400ml	6.69	V
DY842	Shampoo - Seaweed & Citrus	6 x 400ml	6.69	V
DY625	Shampoo - Shea & Argan	6 x 400ml	6.69	V
DY509	Shampoo - Tea Tree	6 x 400ml	6.69	V
DY127	Shampoo - Wild Rose	6 x 400ml	6.69	V
	Shampoo Bars			
DY477	Coconut & Shea Butter	6 x 85g	7.00	V
DY478	Dragon Fruit	6 x 85g	7.00	V
DY480	Lavender	6 x 85g	7.00	V
	Soap - Loose			
DY050	Loose Soap - Aloe Vera	18 x 100g	2.28	V
DY918	Loose Soap - Coconut	18 x 100g	2.28	V
DY637	Loose Soap - Fragrance Free	18 x 100g	2.28	V
DY640	Loose Soap - Grapefruit	18 x 100g	2.28	V
DY154	Loose Soap - Hemp	18 x 100g	2.28	V
DY005	Loose Soap - Lavender	18 x 100g	2.28	V
DY006	Loose Soap - Orange	18 x 100g	2.28	V
DY008	Loose Soap - Rosemary	18 x 100g	2.28	V
DY239	Loose Soap - Tea Tree	18 x 100g	2.28	V
	Soap - Wrapped			
DY051	Wrapped Soap - Aloe Vera	6 x 100g	2.99	V
DY909	Wrapped Soap - Coconut	6 x 100g	2.99	V
DY461	Wrapped Soap - Lavender	6 x 100g	2.99	V
DY579	Wrapped Soap - Wild Rose	6 x 100g	2.99	V
	<b>FRIENDLY SOAP</b>			
	All in One Bar			
DY106	Natural Travel Soap	6 x 95g	2.95	V
	Cleansing Bars			
DY163	Cleansing Bar	6 x 95g	2.95	V
DY165	Cleansing Bar	6 x 95g	2.95	V
	Conditioner Bars			
DY421	Conditioner Bar	6 x 90g	4.95	V
DY424	Conditioner Bar	6 x 90g	4.95	V
	Gift Sets			
DY357	Facial Selection - 4 flavours	1 x 480g	1.99	V
DY355	Soap Selection - 4 flavours	1 x 480g	9.49	V
	Shampoo Bars			
DY095	Shampoo Bar	6 x 95g	2.95	V
DY103	Shampoo Bar	6 x 95g	2.95	V
DY507	Shampoo Bar	6 x 95g	2.95	V
DY510	Shampoo Bar	6 x 95g	2.95	V
	Shaving Range			
DY093	Natural Shaving Bar	6 x 95g	2.95	V
DY514	Shaving Bar	6 x 95g	2.95	V
	<b>FRUU</b>			
DY257	Colour Balm Lip Trio	1 x set	14.99	V
DY252	Watermelon Lip Balm Trio Set	1 x set	8.99	V
	<b>GREEN PEOPLE</b>			
	Organic Skincare			
DY072	Day Solution SPF15	6 x 50ml	24.49	OV
DY258	Prebiotic Foot Cream	6 x 50ml	14.29	GOV
	Scent Free and Organic			
DY259	Anti-Ageing 24 Hour Cream	6 x 50ml	22.99	GOV
DY262	Anti-Ageing Eye Cream	8 x 10ml	16.29	GOV
DY275	Calming Serum	6 x 50ml	23.99	GOV
DY273	Cleanser and Make-up Remover	6 x 150ml	23.99	GOV
DY278	Day Moisturiser	6 x 50ml	22.99	GOV
	<b>HILL BRUSH COMPANY</b>			
NF783	Back & Body Brush	each	12.29	V
	<b>HUMBLE</b>			
NF536	Bamboo Cotton Swabs - White	10 x 100	1.99	V

code	product	size	rrp	bfgosv
NF200	Reusable Face Mask	12 x 1	3.99	V
	<b>LAVERA</b>			
	Basis			
DY963	All-Round Cream	4 x 150ml	9.85	OV
DY202	Deodorant - Roll On	4 x 50ml	9.75	OV
DY589	Hand Cream	4 x 75ml	4.50	OV
DY581	Moisturising Face Cream	4 x 50ml	15.45	OV
	<b>LOOFCO</b>			
DY092	Bath Time Loofah	8 x 1	3.59	V
DY091	Body Loofah	8 x 1	2.79	V
	<b>MAISTIC</b>			
NF382	Face Pads Reusable	24 x 3cloth	3.21	V
NF383	Large Face Pads - Reusable	24 x 5cloth	3.85	V
	<b>MILLY AND SISSY</b>			
DY210	Almond and Honey Hand Wash Set	6 x 1 set	18.50	V
DY283	Alpine Flowers Hand Wash Set	6 x 1 set	15.50	V
DY313	Body Wash Refills 40g	12 x 40g	5.50	V
DY284	Passion Fruit Body Wash Set	6 x 1 set	21.50	V
	<b>NATURES AID</b>			
DY226	Almond Oil	10 x 150ml	5.45	V
DY233	Comfrey Oil	10 x 150ml	4.95	V
DY271	Rose Water Traditional	10 x 150ml	5.45	V
DY307	Witch Hazel - Distilled	10 x 150ml	4.45	V
	<b>OLIVA</b>			
DY090	Aloe Vera Olive Oil Soap	12 x 100g	1.99	V
DY290	Olive Oil Soap	4 x 6 x 125g	1.99	V
DY561	Olive Oil Soap - Large Bar	6 x 600g	3.99	V
DY094	Tea Tree Olive Oil Soap	12 x 100g	1.99	V
	<b>PATCH</b>			
	Biodegradable Bamboo Plasters			
NF547	Bamboo Kids Plasters - Coconut	3 x 1	5.90	OV
	<b>PITROK</b>			
DY175	Deodorant Spray - Fragranced	6 x 100ml	4.99	V
DY250	Push Up Crystal Deodorant	6 x 100g	6.99	V
DY220	Roll On Crystal Deodorant	6 x 50ml	4.99	V
DY139	Spray Deodorant	6 x 100ml	4.99	V
	<b>RIO ROSA MOSQUETA</b>			
DY653	Anti-ageing day & night cream	1 x 50ml	16.79	V
DY659	Pure Chilean Rosehip Oil	1 x 20ml	12.59	V
DY660	Pure Chilean Rosehip Oil	1 x 50ml	24.15	V
	<b>SIMPLY GENTLE</b>			
DY097	Cotton Buds - organic	24 x 200	2.59	VO
DY098	Organic Cotton Wool Balls	24 x 100	2.59	OV
DY099	Organic Cotton Wool Pads	24 x 100	2.59	OV
	<b>THE PRINTED PEANUT</b>			
	Boxed Soaps			
DY987	3 in 1 Travel Soap	6 x 95g	6.00	V
DY488	Aloe Vera Soap Bar	6 x 95g	6.00	V
DY489	Cocoa Butter Soap Bar	6 x 95g	6.00	V
DY493	Tea Tree Shampoo Bar	6 x 95g	6.00	V
	<b>TINTS OF NATURE</b>			
DY388	Hand Sanitising Gel	24 x 100ml	3.00	V
DY366	Hand Sanitising Spray	24 x 75ml	2.50	V
	<b>WELEDA</b>			
	Bath & Shower			
DY387	Sea Buckthorn Creamy Body Wash	200ml	8.25	V
	Body Care			
DY636	Arnica Massage Oil	100ml	16.29	V
	Deodorant			
DY152	Spray Deodorant - Citrus	100ml	11.49	V
DY151	Spray Deodorant - Sage	100ml	11.49	V
DY305	Wild Rose Spray Deodorant	100ml	11.59	V

code	product	size	rrp	bfgosv
DY927	Facial Care Pomegranate Firming Day Cream	30ml	23.29	V
DY134	Skin Food			
DY086	Skin Food Body Butter	150ml	23.99	FVB
DY133	Skin Food Body Lotion	5 x 200ml	14.95	FVB
	Skin Food Light	75ml	11.49	FV
<b>WILD</b>				
DY573	Deodorant Starter Kit	1 x set	21.50	V
	Deodorant Refills			
DY184	Deodorant Coconut & Vanilla	8 x 40g	6.00	V
DY142	Deodorant Fresh Cotton SeaSalt	8 x 40g	6.00	V
DY174	Deodorant Jasmine & Mandarin	8 x 40g	6.00	V
DY064	Mens Fresh Cotton & Sea Salt	8 x 40g	6.00	V
DY114	Mens Mint & Aloe Vera	8 x 40g	6.00	V
	Reusable Deodorant Cases			
DY011	Aqua Case + Mint & Aloe	8 x 40g	13.00	V
DY010	Black Case + Fresh Cotton	8 x 40g	13.00	V
DY109	Deodorant Aqua Case	8 x 40g	13.00	V
DY126	Deodorant Pink Case	8 x 40g	13.00	V
DY140	Deodorant Purple Case	8 x 40g	13.00	V
DY007	Gold Case + Pomegranate	8 x 40g	13.00	V
<b>YARE VALLEY</b>				
DY234	Balm Stick - Vanilla & Lemon	20 x 4g	2.79	V
DY585	Lip Balm - Elderflower & Clem	12 x 15g	3.99	V
DY236	Lip Balm Tin - Vanilla & Lemon	12 x 15g	3.95	V
<b>BREADS &amp; BREAD MIXES</b>				
<b>AMAIZIN</b>				
BT268	Og Tortilla Wraps Extra Fibre	16 x 240g	2.95	OV
BT329	Organic Tortilla Wraps	16 x 240g	2.95	OV
<b>AMISA</b>				
BT125	GF Olive Ciabatta	8 x 180g	3.55	GOV
BT472	Seeded Breakfast Rolls	8 x 188g	3.55	GOV
BT468	Sundried Tomato Ciabatta	8 x 180g	3.75	GOV
<b>BIONA</b>				
BT135	Pizza Base - 2 Per Retail Pack	10 x 300g	3.50	OV
BT440	Pumpernickel Bread	8 x 500g	2.75	OV
BT461	Rice Bread with Sunflower Seed	6 x 500g	6.90	GOV
BT464	Rye Bread - Amaranth & Quinoa	6 x 500g	2.85	OV
BT073	Rye Bread - Chia & Flax	6 x 500g	2.95	OV
BT438	Rye Bread - Hemp Seed	6 x 500g	2.95	OV
BT206	Rye Bread - Omega 3	6 x 500g	2.75	OV
BT207	Rye Bread - Pumpkin Seed	6 x 500g	2.95	OV
BT210	Rye Bread - Sunflower Seed	6 x 500g	2.75	OV
BT439	Rye Bread - Vitality	6 x 500g	2.85	OV
BT145	Rye Bread - Wholegrain	6 x 500g	2.75	OV
BT422	Spelt Pizza Base - Organic	10 x 300g	4.25	OV
<b>DILLON ORGANIC</b>				
BT449	Beetroot Flax Keto Bread	6 x 250g	4.99	GOV
BT463	Chia Flax Keto Bread	6 x 250g	4.99	GOV
BT447	Original Flax Keto Bread	6 x 250g	4.99	GOV
<b>EVERFRESH NATURAL FOODS</b>				
BT048	Malt & Raisin Loaf	8 x 330g	2.39	OV
BT015	Sliced Sprouted Rye Bread	8 x 380g	3.90	OV
BT018	Sliced Sprouted Wheat Bread	8 x 380g	3.90	OV
BT934	Sprouted Rye Bread	8 x 400g	2.65	OV
BT935	Sprouted Spelt Bread	8 x 400g	3.55	OV
BT086	Sprouted Wheat Bread	8 x 400g	2.59	OV
<b>FLORENTIN</b>				
BT091	Mini Naan Pita	12 x 280g	2.99	OSV
BT552	Pitta Bread - spelt	12 x 260g	2.70	OV
BT360	Pitta Bread - white	12 x 260g	2.25	OV

code	product	size	rrp	bfgosv
BT376	Pitta Bread - wholemeal	12 x 280g	2.25	OV
	<b>FREE &amp; EASY</b>			
FG059	Afternoon Tea Scone Mix	4 x 350g	3.79	GSV
FG056	Middle Eastern Flatbread Mix	4 x 250g	3.25	GV
FG057	Yorkshire Pudding Mix	4 x 155g	2.79	GV
	<b>ISABEL'S NATURALLY FREE FROM</b>			
FG186	Baked Donut Mix Gluten Free	8 x 100g	3.15	GV
	<b>SCHNITZER</b>			
BT470	Ciabatta Olive Bread GF	6 x 180g	2.79	GOV
	<b>SCHNITZER GLUTEN FREE</b>			
BT467	Baguette Classic	6 x 360g	4.90	GOV
BT466	Baguette Grainy Linseed/Sesame	6 x 320g	4.90	GOV
BT016	Bread Less	6 x 350g	3.65	GOV
BT462	Focaccia Rolls	6 x 220g	3.45	GOV
BT516	Pizza Base	10 x 100g	1.79	GOSV
BT517	Quinoa Bread with Chia	4 x 500g	5.50	GOV
BT471	Rustico GF Bread with Amaranth	4 x 500g	4.89	GOV
	<b>SUPERGOOD! BAKERY</b>			
FG023	Go Splits! Banana Bread Mix	6 x 250g	3.69	GSV
	<b>BURGERS SAUSAGES &amp; TVP MIXES</b>			
	<b>SUMA PREPACKS</b>			
VF160	Burger Mix - Vegan	6 x 350g	6.25	V
VF154	Nut Roast Mix - Gluten Free	6 x 340g	3.29	GVS
VF153	Nut Roast Mix - Savoury/Vegan	6 x 370g	3.29	VS
VF162	Sausage Mix - Vegan	6 x 350g	5.79	V
SY109	Vegan TVP Mince	6 x 250g	2.29	V
	<b>ARTISAN NATURES KITCHEN</b>			
VF205	Moroccan Spiced GF Burger Mix	6 x 200g	2.89	GSV
VF206	Sweet Chilli GF Burger Mix	6 x 200g	2.89	GSV
	<b>CLEARSPRING</b>			
SY074	Organic Soya Chunks	12 x 200g	3.39	GOV
SY071	Organic Soya Mince	12 x 300g	3.89	GOV
	<b>FREE &amp; EASY</b>			
VF101	Falafel Mix	4 x 195g	2.99	GV
	<b>GORDON RHODES</b>			
	XMAS 2022			
VF024	Apple, Apricot & Bay Stuffing	5 x 125g	2.79	GSV
	<b>GRANOSE</b>			
VF087	Lincolnshire Sausage Mix	6 x 150g	1.85	V
	<b>JUST WHOLEFOODS</b>			
VF706	Vegetarian Banger Mix -organic	6 x 125g	2.39	OV
VF705	Vegetarian Burger Mix	6 x 125g	2.39	OV
	<b>MRS CRIMBLES</b>			
	XMAS 2022			
VF060	Stuffing Mix	6 x 150g	2.29	GV
	<b>ORGANICO</b>			
SY236	Fajita Strips	6 x 110g	3.75	OV
SY235	Soya Kebab Pieces	6 x 100g	3.75	OV
	<b>PROFUSION</b>			
SY092	Protein Chunks Pea & Fava	12 x 125g	3.55	GOV
SY095	Protein Mince Pea & Fava	12 x 125g	3.55	GOV
	<b>TOFU TASTY</b>			
SY043	Tofu Knots	6 x 150g	4.59	V
	<b>CAKES</b>			
	<b>EVERFRESH NATURAL FOODS</b>			
BT014	Mixed Fruit & Warm Spice Cake	8 x 300g	5.79	OV
BT012	Rich Cacao & Sweet Prune Cake	8 x 300g	5.79	OV
BT246	Sprouted Banana & Walnut Cake	8 x 350g	4.29	OV
BT242	Sprouted Carrot & Raisin Cake	8 x 350g	3.89	OV
BT366	Sprouted Chocolate Cake	8 x 350g	3.99	OV
BT241	Sprouted Date & Pecan Cake	8 x 350g	4.65	OV

code	product	size	rrp	bfgosv
BT365	Sprouted Fig & Orange Cake	8 x 350g	3.99	OV
BT238	Sprouted Ginger Cake	8 x 350g	4.65	OV
BT368	Sprouted Rye Ginger Cake	8 x 350g	4.65	OV
<b>FREE &amp; EASY</b>				
FG031	Breakfast Pancake	4 x 230g	3.25	GSV
	Gluten & Dairy Free			
BT072	Chocolate Brownie Mix	4 x 350g	4.29	GSV
<b>MRS CRIMBLES</b>				
FG017	Pancake and Batter Mix	6 x 200g	1.99	GV
<b>SPECIALITE LOCALE</b>				
	Loaf Cakes			
BT396	Dutch Apple Loaf Cake	12 x 1loaf	3.55	SV
BT384	Stem Ginger Loaf Cake	12 x 1loaf	3.55	SV
<b>SUPERGOOD! BAKERY</b>				
	Brownie Crisps			
LJ035	Choc Chip Hazelnut	5 x 110g	3.59	GSV
LJ064	Choc Chip Sea Salt	5 x 110g	3.59	GSV
LJ029	Double Choc Chip	5 x 110g	3.59	GSV
<b>CANDLES, INCENSE &amp; HOLDERS</b>				
<b>GREATER GOODS</b>				
	Display Units With Stock			
NF365	Display with Stock - 162 Units	1 x 1	2.00	FV
	Mother's Vegan Incense			
NF444	Cinnamon & Spice	6 x 12 sticks	2.00	FV
NF440	Frankincense	6 x 12 sticks	2.00	FV
NF448	Jasmine	6 x 12 sticks	2.00	FV
NF447	Orange Blossom	6 x 12 sticks	2.00	FV
NF441	Patchouli	6 x 12 sticks	2.00	FV
<b>MANCHESTER CANDLE CO</b>				
NF250	Tealights	12 x 10	1.59	V
<b>MOORLANDS CANDLES</b>				
	Plant Based Candle			
NF436	Standard 9" White	6 x pairs	4.49	V
<b>SIESTA CRAFTS</b>				
NF285	Satya Sai Nag Champa Incense	12 x 15g	0.99	FV
NF577	Satya Sai Patchouli Incense	12 x 15g	0.99	FV
NF576	Satya Sai Sandalwood Incense	12 x 15g	0.99	FV
NF578	Satya Sai White Sage Incense	12 x 15g	0.99	FV
<b>WAFI ROOM FRAGRANCE</b>				
NF527	Lavender Air Freshener	6 x 100ml	5.99	OV
NF528	Lemongrass Room Fragrance	6 x 100ml	5.99	OV
<b>CEREALS &amp; MUESLIS</b>				
<b>ALARA</b>				
MX082	Bircher Apple and Cinnamon	6 x 650g	3.59	OV
MX123	Classic Apple Bircher	6 x 450g	3.85	OV
MX099	Everyday Muesli	6 x 550g	3.29	OV
MX085	Fruits and Seeds Muesli	6 x 650g	3.59	OV
MX047	Muesli Super Fruits	6 x 500g	4.39	OV
	Everyday Range			
MX023	Gluten Free Muesli - organic	6 x 250g	3.59	GOV
MX031	Rich Muesli - organic	6 x 500g	3.35	OV
	Into The Garden			
MX236	Active Muesli	6 x 250g	4.39	GOV
<b>AMISA</b>				
FX016	Organic Porridge Oats	6 x 325g	2.75	GOV
MX029	Spelt Puffs - Organic	6 x 200g	2.55	OV
<b>BEAR</b>				
MX202	Alphabites Cereal - Cocoa	4 x 350g	2.79	V
MX203	Alphabites Cereal - Multigrain	4 x 350g	2.79	V
<b>BIO &amp; ME</b>				
MX077	Apple & Cinnamon Granola	5 x 360g	4.29	V

code	product	size	rrp	bfgosv
MX070	Apple & Cinnamon Porridge Pot	8 x 58g	1.15	V
MX013	Cocoa & Hazelnut Granola	5 x 360g	4.39	V
MX075	Fruit & Nut Muesli	5 x 400g	3.99	V
MX008	Low Sugar Granola	5 x 360g	4.39	V
MX050	Seed & Nut Gluten Free Granola	5 x 350g	4.69	GV
MX030	Super Berry Granola	5 x 360g	4.39	V
MX020	Super Seedy & Nutty Granola	10 x 60g	1.39	V
MX071	Super Seedy & Nutty Granola	5 x 360g	4.39	V
MX076	Super Seedy & Nutty Porridge	8 x 58g	1.15	V
	<b>BIONA</b>			
MX058	Pure Oaty Granola	6 x 375g	5.50	OSV
	<b>DOVES FARM</b>			
MX019	Cereal Flakes	5 x 375g	3.99	GOSV
MX988	Chocolate Stars	5 x 300g	3.25	GOV
MX632	Corn Flakes	5 x 325g	3.15	GOV
MX171	Fibre Flakes	5 x 375g	3.85	GOSV
MX086	Fruit & Fibre Flakes	5 x 375g	4.99	GOV
MX002	Porridge Oats	4 x 430g	3.55	GOV
MX087	Supergrain Hoops	5 x 300g	3.85	GOV
	Ancient Grains			
MX090	Breakfast Flakes	5 x 375g	4.69	GOV
MX081	Cereal Hoops	5 x 300g	4.49	GOV
MX080	Fruit & Fibre Flakes	5 x 375g	4.99	GOSV
	Wholegrain			
MX088	Cocoa Rice Pops	5 x 300g	3.55	GOSV
	<b>GLEBE FARM</b>			
FX037	Porridge Oats GF	6 x 450g	2.65	GV
MX106	Porridge Oats GF	6 x 450g	2.79	GOV
	<b>KALLO</b>			
MX124	Puffed Rice Cereal - Natural	8 x 225g	3.35	GOV
	<b>LIZI'S</b>			
MX061	Belgian Choc	10 x 400g	4.19	SV
MX181	Gluten Free Granola	10 x 400g	4.59	GV
MX264	High Protein Granola	10 x 350g	4.45	SV
MX014	Low Sugar Maple & Pecan	10 x 500g	4.45	SV
MX207	Low Sugar Nut & Seeds	10 x 500g	4.29	SV
MX178	Mango & Macadamia	10 x 400g	4.19	SV
MX011	Organic Granola	10 x 400g	4.59	OSV
MX125	Original	10 x 500g	3.99	SV
MX177	Pistachio & Passionfruit	10 x 400g	4.19	SV
MX016	Super Muesli Boost	5 x 400g	3.59	V
MX021	Super Muesli Focus	5 x 400g	3.59	V
MX018	Super Muesli Glow	5 x 400g	3.59	V
MX064	Treacle & Pecan	10 x 400g	4.19	SV
	<b>NAIRN'S</b>			
MX152	Gluten Free Porridge Oats	5 x 450g	3.90	GV
MX154	Muesli - Gluten Free	5 x 450g	3.59	GSV
MX114	Porridge Oats with Maple Syrup	5 x 400g	3.55	GSV
	<b>NATURES PATH ORGANIC</b>			
MX602	Gorilla Munch	4 x 300g	4.55	GOVS
MX194	Maple Sunrise	4 x 332g	4.75	GOSV
MX885	Mesa Sunrise	4 x 355g	4.95	GOSV
MX884	Millet Rice	4 x 375g	4.29	OV
	Envirokidz			
MX079	Choco Chimps	4 x 284g	4.59	GOVS
	<b>PLANET ORGANIC</b>			
MX165	Super Berry Paleo Granola	6 x 350g	6.99	GOSV
	<b>POST</b>			
MX121	Grapenuts	12 x 580g	5.49	V
	<b>PRIMROSE'S KITCHEN</b>			
MX109	Beetroot & Ginger Muesli	6 x 300g	4.49	GOV

code	product	size	rrp	bfgosv
MX104	Carrot,Apple & Cinnamon Muesli	6 x 300g	4.49	GOV
MX098	Fig & Apricot Bircher OG	6 x 300g	4.49	GOV
	<b>RAW GORILLA</b>			
MX102	Keto Berry Granola	6 x 250g	5.99	GOV
MX103	Keto Chocolate Granola	6 x 250g	5.99	GOV
MX113	Mighty Muesli	6 x 250g	5.99	GOV
MX105	Mighty Muesli Choc Chip	6 x 250g	5.99	GOV
	<b>RUDE HEALTH FOODS</b>			
MX110	Chocolate Crunch Granola Flakes	6 x 400g	3.99	VS
MX127	Spelt Flakes Granola	8 x 300g	3.25	V
MX067	Crunchy Almond Granola	6 x 400g	3.99	SV
MX108	Crunchy Berry Granola	6 x 400g	4.99	OSV
MX069	Low Sugar Granola Muesli	6 x 400g	3.99	SV
MX143	Bircher Muesli - Soft & Fruity	6 x 400g	3.49	V
MX065	Coconut Muesli	6 x 400g	3.49	GV
MX060	Ultimate Muesli Porridge	6 x 400g	4.99	OSV
MX055	5 Grain 5 Seed Porridge	6 x 400g	2.99	V
MX054	Fruity Date Porridge	6 x 400g	2.99	V
MX208	Gluten Free Sprouted Porridge Puffs	6 x 400g	4.99	GOV
MX101	Choco Vanilla Puffs	7 x 200g	3.75	GOV
MX120	Puffed Brown Rice	4 x 225g	2.39	GV
MX118	Puffed Oats	8 x 175g	2.25	V
	<b>SHARPHAM PARK</b>			
MX028	Bran Flakes	6 x 375g	3.50	V
MX022	Millers Muesli	8 x 450g	3.89	OV
MX051	Spelt Bran Flakes	6 x 375g	3.59	SV
	<b>SPOON CEREALS</b>			
MX039	Apple + Almond Butter Granola	5 x 400g	4.79	GV
MX003	Cinnamon + Pecan Granola	5 x 400g	4.79	GV
MX005	The Low Sugar One Granola	5 x 400g	4.79	GV
	<b>WHOLE EARTH</b>			
MX172	Classic Cornflakes - organic	12 x 375g	2.49	GOSV
MX158	Cocoa Crunch	5 x 375g	2.99	OSV
MX174	Maple Frosted Flakes - og	10 x 375g	3.29	GOSV
MX162	Red Fruit Crunch	5 x 450g	3.59	OSV
	<b>CHEESE, NON DAIRY (CHILLED)</b>			
	<b>APPLEWOOD</b>			
CV033	Grated Cheese	6 x 200g	3.15	GV
CV615	Smoked Cheese Block	8 x 200g	2.80	GSV
CV618	Smoked Cheese Slices	12 x 200g	3.10	GV
	<b>BONSAN</b>			
CV490	Almond Spread - Plain	6 x 125g	3.35	OV
CV527	Almond Spread - Wild Garlic	6 x 125g	3.35	OV
	<b>BUTE ISLAND FOODS</b>			
CV141	Blue Style Wedge	6 x 200g	2.70	GV
CV597	Cheddar w' Caramelised Onion	6 x 200g	2.70	GV
CV820	Garlic & Chive	6 x 200g	2.70	GV
CV016	Greek Style	6 x 200g	2.45	GV
CV751	Grilling Block	6 x 200g	2.70	V
CV191	Mature Cheddar Style	6 x 200g	2.45	GV
CV187	Mild Cheddar Style	6 x 200g	2.45	GV
CV755	Red Leicester Style	6 x 200g	2.70	GV
CV294	Smoked Cheddar	6 x 200g	2.70	GV
CV288	Strong Cheddar Wedge	6 x 200g	2.65	GV
CV596	Wensleydale Style Creamy Sheese	6 x 200g	2.70	GV



code	product	size	rrp	bfgosv
CV302	Creamy Cheddar Spread	6 x 255g	2.65	GSV
CV307	Creamy Chive Spread	6 x 255g	2.65	GSV
CV308	Creamy Garlic and Herb Spread	6 x 255g	2.65	GSV
CV284	Creamy Onion & Black Pepper	6 x 255g	2.65	GSV
CV315	Creamy Original Spread	6 x 255g	2.65	GSV
CV024	Creamy Sweet Chilli Spread	6 x 255g	2.65	GV
	Grated Sheese			
CV165	Grated Mature Cheddar Style	4 x 200g	3.10	GV
CV186	Grated Mild Cheddar Style	4 x 200g	3.10	GV
CV183	Grated Mozzarella Style	4 x 200g	3.10	GV
	Sliced Sheese			
CV749	Cheddar Jalapeno Slices	10 x 180g	2.70	V
CV540	Mature Cheddar Style Slices	10 x 180g	2.65	V
CV541	Mild Cheddar Style Slices	10 x 180g	2.65	V
CV542	Mozzarella Style Slices	10 x 180g	2.65	GV
CV748	Red Leicester Style Slices	10 x 180g	2.65	V
	<b>I AM NUT OK</b>			
	Artisan Not Cheese			
CV786	Bluffalo Notzzarella Cheese	6 x 200g	4.99	V
CV787	C'e Dairy Cheese	6 x 120g	6.99	V
CV788	Fetamorphosis Cheese	6 x 140g	5.99	V
CV790	G.O.A.T. Tangy Cheese	6 x 120g	6.99	V
CV810	Meltdown Cheese	6 x 200g	5.50	V
CV791	Minerthreat Charcoal Cheese	6 x 120g	6.99	V
CV798	Nerominded Truffle Cheese	6 x 120g	6.99	V
CV805	Oh Grate Cheese	6 x 100g	4.99	V
CV811	Paparica Smoked Cheese	6 x 120g	6.99	V
CV812	Sauvignonsense Cabernet Cheese	6 x 120g	6.99	V
	<b>KOKO DAIRY FREE</b>			
CV688	Cheddar Cheese Alternative	12 x 200g	2.49	GV
	<b>MEXICANA</b>			
CV535	Spicy Mexican Cheddar Style	8 x 200g	2.80	GV
	<b>MOUSE'S FAVOURITE</b>			
CV080	Aged Classic Cheese	6 x 125g	9.00	OV
CV086	Apricot Cheese	6 x 135g	8.25	OV
CV079	Camembert Blue Style Cheese	6 x 130g	9.35	OV
CV077	Camembert Style Cheese	6 x 135g	9.00	OV
	<b>MOZZARISELLA</b>			
CV858	Classic Vegan Cheese	10 x 125g	3.25	OV
CV027	MascaRice Vegan Mascarpone	6 x 150g	3.65	GOV
	<b>NUSH</b>			
CV738	Almond & Chive Ch*ese Spread	6 x 150g	3.25	V
CV750	Natural Almond Ch*ese Spread	6 x 150g	3.25	V
	<b>OATLY</b>			
CV700	Creamy Oat Spread Plain	6 x 150g	2.40	V
	<b>ORIGIN KITCHEN</b>			
CV722	Basil Pesto Spread	6 x 140g	2.99	V
CV717	Mushroom & Dill Spread	6 x 140g	2.99	V
CV727	Sun-dried Tomato Spread	6 x 140g	2.99	V
	<b>TYNE CHEASE</b>			
CV072	Applewood Cheese	4 x 160g	8.95	V
CV073	Ethiopian Spice Cheese	4 x 160g	7.95	V
CV109	Garlic Cheese	4 x 160g	7.95	V
CV114	Marinara Cheese	4 x 160g	8.95	V
CV099	Original Cheese	4 x 160g	7.95	V
CV104	Smoked Cheese	4 x 160g	7.95	V
CV107	Truffle Cheese	4 x 160g	8.95	V
	<b>VBITES</b>			
CV647	Mozzarella Style Block	6 x 190g	2.55	SV
CV227	Red Cheddar Style Cheezly	6 x 190g	2.55	V
CV228	White Cheddar Style Cheezly	6 x 190g	2.55	V

code	product	size	rrp	bfgosv
	Allergen Free			
CV870	Mature Cheddar Block Cheezly	10 x 180g	2.55	V
CV875	Mozzerella Block Cheezly	10 x 180g	2.45	V
CV878	Smokey Block Cheezly	10 x 180g	2.65	V
CV877	Spicy Pepperjack Block Cheezly	10 x 180g	2.55	SV
	<b>VIOLIFE</b>			
	Blocks			
CV449	Cheese Block Cheddar	7 x 400g	5.50	V
CV448	Cheese Block Mozzarella	7 x 400g	5.50	V
CV446	Cheese Block Original	7 x 400g	5.50	V
CV444	Cheese Block Smoked	7 x 400g	5.50	V
CV230	Epic Mature Cheddar Cream Cheese	12 x 200g	3.30	SV
CV225	Creamy Cheddar	10 x 150g	2.75	SV
CV529	Creamy Original	8 x 200g	3.00	V
CV226	Creamy with Garlic and Herb Grated	10 x 150g	2.75	V
CV433	Grated Epic Mature	12 x 150g	2.40	V
CV871	Grated Original	11 x 200g	3.10	V
CV904	Grated Tex-Mex Cheese Slices	8 x 180g	3.40	GSV
CV793	BBQ Flavour Slices	12 x 200g	3.55	V
CV407	Cheddar Flavour Slices	12 x 200g	3.40	V
CV779	Mature Cheddar Flavour Slices	12 x 200g	3.40	V
CV439	Mozzarella Cheese Slices	12 x 200g	3.40	V
CV416	Original Flavour Cheese Slices	12 x 200g	3.30	V
CV442	Smoked Cheese Slices Specialities	12 x 200g	3.40	V
CV905	Camembert	6 x 150g	3.80	GV
CV781	Greek Style Cheese	12 x 200g	3.50	V
CV706	Mediterranean Grill Cheese	12 x 200g	3.00	V
CV546	Prosociano Cheese	11 x 150g	4.45	V
	<b>CHOCOLATE</b>			
	<b>SUMA PREPACKS - ORGANIC</b>			
KB137	Cacao Nibs - Organic	6 x 100g	1.85	OV
	<b>ALTERECO</b>			
KB566	Dark Chocolate 70%	14 x 100g	2.89	FOSV
KB567	Dark Chocolate 85%	14 x 100g	2.89	FOSV
KB561	Dark Chocolate with Almond	14 x 100g	2.89	FOSV
KB571	Orange Dark Chocolate	14 x 100g	2.89	FOSV
	<b>ANANDA FOODS</b>			
	AVERAGE 6-8 WEEKS SHELF LIFE			
KB330	Gluten Free Round UP	16 x 80g	3.25	GV
KB329	Gourmet Round Up EASTER 2023	16 x 90g	3.25	SV
KB564	Pancake Round Up - Blueberry	16 x 90g	3.25	SV
	<b>BOOJA-BOOJA</b>			
ZX869	Almond Salted Caramel	8 x 92g	6.25	GOSV
ZX871	Around Midnight Espresso	8 x 92g	6.25	GOSV
KB749	Chocolate Orange Truffles	8 x 92g	6.25	GOSV
KB987	Chocolate Salted Caramel	8 x 92g	6.25	OSV
KB694	Deeply Chocolate Truffles	8 x 92g	6.25	GOSV
ZX872	Fine De Champagne	8 x 92g	6.25	GOSV
ZX874	Hazelnut Crunch	8 x 92g	6.25	GOVS
KB718	Honeycomb Caramel Truffle Artist's Collection Gift Boxes	8 x 92g	6.25	GOSV
KB927	Fine De Champagne Truffles	3 x 185g	24.99	GFOSV
KB929	Hazelnut Truffles EASTER 2023	3 x 185g	24.99	GFOSV
WS148	Chocolate Orange Easter Egg	6 x 34g	12.49	OSV

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KB129	Hazelnut Crunch Truffle Egg	6 x 34g	12.49	GOSV
WS147	Honeycomb Caramel Easter Egg	6 x 34g	12.49	OSV
KB795	Large Champagne Truffle Egg	4 x 138g	26.50	GOSV
KB985	Large Hazelnut Truffle Egg	4 x 138g	26.50	GOSV
WS149	Large Salted Caramel Egg	4 x 138g	26.50	OSV
KB223	Ltd Edition Easter Selection	5 x 184g	12.49	GOSV
	Four Corners			
KB655	The Gourmet Selection	4 x 230g	19.79	GOSV
	Gift Boxes			
KB815	Award-winning Selection	5 x 184g	12.49	GOSV
KB656	Champagne Truffles	6 x 138g	1.95	GOSV
KB612	Fine de Champagne Truffles	5 x 184g	12.49	OSV
KB605	Salted Caramel Choc Truffles	5 x 184g	12.49	OSV
KB793	The Signature Collection	5 x 184g	12.49	GOSV
	Gift Range			
KB623	Hazelnut Truffles	4 x 138g	15.15	GOSV
KB624	Truffle Selection 1	4 x 138g	15.15	GOSV
KB873	Truffle Selection 2	4 x 138g	15.15	GOSV
	Two Packs			
KB507	Almond Salted Caramel Truffles	16 x 23g	1.45	GOSV
KB513	Hazelnut Crunch Truffles	16 x 23g	1.45	GOSV
KB594	Honeycomb Caramel Truffles	16 x 23g	1.45	OSV
KB595	Orange Chocolate Truffles	16 x 23g	1.45	OSV
KB602	Salted Caramel Choc Truffles	16 x 23g	1.45	OSV
	<b>BUTTERMILK</b>			
	100g Bags			
KB165	Salted Caramel Cups	7 x 100g	3.29	SV
	EASTER 2023			
WS174	Easter Bunny Bar	12 x 35g	1.49	GSV
WS066	Honeycomb Choccy Egg	6 x 175g	7.55	GSV
WS067	Salted Caramel Crunch Egg	6 x 180g	7.55	GSV
	Vegan Chocolate Bars			
KB134	Caramel Nougat Bar	24 x 50g	1.85	SV
KB154	Honeycomb Blast Bar	18 x 45g	1.85	SV
KB135	Peanut & Caramel Nougat Bar	24 x 50g	1.85	SV
	<b>CAROBOO</b>			
	Carob Bars			
ZX522	Raspberry & Honeycomb Crunch	20 x 32g	1.69	GSV
ZX516	Salted Caramel Nutty Bars	20 x 32g	1.69	GV
ZX985	Smooth & Creamy Coconut Bars	20 x 35g	1.69	GSV
ZX990	Smooth & Creamy Mint Bars	20 x 35g	1.69	GSV
ZX987	Smooth & Creamy Orange Bars	20 x 35g	1.69	GSV
	<b>CHOCOLATE AND LOVE</b>			
WS079	Mint 67% Chocolate	14 x 80g	3.29	FOSV
WS081	Orange 65% Chocolate	14 x 80g	3.29	FOSV
WS077	Panama 80% Chocolate Bar	14 x 80g	3.35	FOSV
WS078	Pomegranate 70% Chocolate	14 x 80g	3.35	FOSV
	<b>COCOBA</b>			
	EASTER 2023			
WS222	Easter Bunny Bar Set	6 x 200g	1.95	SV
WS179	Vegan Sprinkle Easter Egg	6 x 250g	12.95	SV
WS223	White Choc Drizzle Vegan Egg	6 x 250g	12.95	SV
	<b>COCOCARAVAN</b>			
	EASTER 2023			
ZX140	Vegan Caramel Mini Easter Eggs	10 x 80g	6.35	OV
	<b>CONSCIOUS CHOCOLATE</b>			
ZX483	Chia & Coconut Raw Bar	10 x 60g	2.79	GOSV
ZX485	Citrus Zest Raw Bar	10 x 60g	2.79	GOSV
ZX487	Dark Side 75% Raw Bar	10 x 60g	2.79	GOSV
ZX488	Dark Side 85% Raw Bar	10 x 60g	2.79	GOSV
ZX491	Four Nuts Raw Bar	10 x 60g	2.79	GOSV

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ZX492	Goji & Coconut Raw Bar	10 x 60g	2.79	GOSV
ZX493	Love Potion No 9 Raw Bar	10 x 60g	2.79	GOSV
ZX497	Orange & Tangerine Raw Bar	10 x 60g	2.79	GOSV
ZX501	Peppermint Raw Bar	10 x 60g	2.79	GOSV
ZX366	Pure Dark 100% Cacao Bar	10 x 60g	2.79	GOV
ZX505	Sour Cherry Raw Bar	10 x 60g	2.79	GOSV
	Chocolate Coated Snacks			
ZX339	Chocolate Coated Brazils	8 x 50g	2.49	GOSV
ZX340	Chocolate Orange Coated Figs	8 x 50g	2.49	GOSV
ZX364	Salted Chocolate Coated Dates	8 x 50g	2.49	GOSV
	EASTER 2023			
WS152	Filled Luxury Egg	12 x 50g	3.99	OSV
ZX376	Spring Bunnies Gift Box	6 x 180g	9.99	OSV
	<b>D &amp; D</b>			
	EASTER 2023			
ZX602	Hollow Eggs - Plain	18 x 20g	1.19	GSV
ZX854	Hollow Eggs -Raspberrry Crumble	18 x 20g	1.19	GSV
ZX638	Mini Eggs	3 x 120g	9.25	GSV
ZX851	Mini Eggs - Orange	3 x 120g	9.25	GSV
	<b>DELICIOUSLY ELLA</b>			
ZX150	Chocolate Orange Dipped Almond	12 x 27g	1.29	GV
ZX151	Peanut Butter Cup	12 x 36g	1.69	GV
ZX152	Salted Caramel Cup	12 x 36g	1.69	GV
ZX144	Salted Chocolate Dipped Almond	12 x 27g	1.29	GV
	<b>DIVINE</b>			
	35g Bars			
ZX286	70% Dark Chocolate	30 x 35g	1.25	FSV
ZX828	70% Dark with Cool Mint Crisp	30 x 35g	1.25	FSV
	90g Bars			
ZX365	41% Dark Smooth Hazelnut	15 x 90g	2.95	SVF
ZX498	70% Dark Chocolate	15 x 90g	2.95	FSV
ZX469	85% Dark Chocolate	15 x 90g	2.95	FSV
ZX471	Dark Choc with Ginger & Orange	15 x 90g	2.95	FSV
KB534	Dark Choc with Raspberries	15 x 90g	2.95	FSV
ZX001	Dark Chocolate with Mint	15 x 90g	2.95	FSV
ZX789	Dark Chocolate with Pink Salt	15 x 90g	2.95	FSV
	EASTER 2023			
WS177	Dark 70% Chocolate Egg	6 x 90g	6.50	FSV
ZX457	Dark 70% Chocolate Mini Eggs	12 x 152g	5.45	FSV
ZX309	Luxury Dark 70% Chocolate Egg	6 x 260g	11.59	FSV
	<b>ENJOY!</b>			
	Chocolate Buttons			
KB402	Dark 70% Chocolate Buttons	6 x 96g	4.99	OSGV
KB392	Mint Filled Buttons	6 x 96g	4.99	OSGV
KB401	Orange Caramel Filled Buttons	6 x 96g	4.99	OSGV
KB391	Salted Caramel Filled Buttons	6 x 96g	4.99	SGOV
	Filled Bars			
KB593	Mint Caramel Filled Bar	12 x 70g	2.99	GOSV
KB603	Orange Caramel Filled Bar	12 x 70g	2.99	GOSV
KB389	Salted Caramel Filled Bar	12 x 70g	2.99	OSGV
KB388	Vanilla Caramel Filled Bar	12 x 70g	2.99	VSGO
	<b>EQUAL EXCHANGE</b>			
KB698	65% Organic Dark Orange	12 x 100g	2.79	FOSV
KB654	71% Organic Very Dark	12 x 100g	2.79	FOSV
KB640	Lemon, Ginger & Pepper	12 x 100g	2.79	OSV
	<b>FELLOW CREATURES</b>			
	70g Bars			
KB073	Creamy Hazelnut Chocolate	10 x 70g	3.90	GSV
KB068	Creamy Mylk Chocolate	10 x 70g	3.90	GSV
KB098	Matcha White Choccy	10 x 70g	3.90	GSV
KB095	Raspberrry White Choccy	10 x 70g	3.90	GSV

code	product	size	rrp	bfgosv
KB089	Salted Caramel Choccy	10 x 70g	3.90	GSV
	<b>GO MAX GO</b>			
	Vegan Alt to Popular Classics			
KB776	Buccaneer Candy Bar	12 x 57g	3.39	SV
KB787	Cleo Peanut Butter Cups	12 x 43g	3.39	SV
KB808	Jokerz Candy Bar	12 x 60g	3.39	SV
KB810	Mahalo Candy Bar	12 x 57g	3.39	SV
KB814	Twilight Candy Bar	12 x 60g	3.39	SV
	<b>GOUPIE</b>			
	EASTER 2023			
ZX703	Lemon Meringue Egg With Goupie	4 x 100g	11.62	SV
ZX648	Original Goupie Egg	4 x 100g	11.62	GSV
ZX010	Salted Sticky Toffee Egg	4 x 100g	11.62	GSV
	<b>GREEN &amp; BLACKS</b>			
	90g Bars			
KB116	70% Dark Chocolate	15 x 90g	2.65	FOSV
KB034	85% Dark Chocolate	15 x 90g	2.65	FOSV
ZX251	Maya Gold Dark Chocolate	15 x 90g	2.65	FSOV
	Smooth Bars			
KB498	Dark Chocolate	15 x 90g	2.29	OSV
KB503	Mint Chocolate	15 x 90g	2.29	OSV
	<b>GREGORY'S TREE</b>			
WS207	Fruit Twists Blue&Rasp Flvr OG	24 x 18g	0.89	GOV
WS212	Strawberry Flvr Fruit Twist OG	24 x 18g	0.89	GOV
	<b>H!P - HAPPINESS IN PLANTS</b>			
	25g Bars			
KB105	Original - Creamy & Smooth	24 x 25g	1.25	GSV
KB106	Salted Caramel	24 x 25g	1.25	GSV
KB449	Salty Pretzels	24 x 25g	1.25	SV
	70g Bars			
KB618	Cookies & Cream	12 x 70g	2.95	SV
KB607	Original - Creamy & Smooth	12 x 70g	2.95	GSV
KB606	Salted Caramel	12 x 70g	2.95	GSV
KB100	Salted Honeycomb	12 x 70g	2.95	GSV
KB621	Salty Pretzels	12 x 70g	2.95	SV
KB444	White Berry	12 x 70g	2.95	SV
	EASTER 2023			
WS237	Cookies No Cream Easter Egg	10 x 150g	9.99	SV
WS144	Salted Caramel Easter Egg	10 x 150g	9.99	SV
WS238	Salty Pretzel Easter Egg	10 x 150g	9.99	SV
	Sharing Bags			
KB213	H!P Crunchy Caramel Peanuts	8 x 90g	2.99	SV
KB210	H!P Oat Milk Chocolate Buttons	8 x 90g	2.99	SV
KB214	H!P Peanut Butter Truffle Bite	8 x 80g	3.50	SV
	<b>HADLEIGH MAID</b>			
	Maltybites			
KB455	Maltybites	12 x 120g	2.29	VS
KB523	Maltybites 50g Bag	18 x 50g	1.15	SV
	Walnut Whirls			
WS030	Champagne Ganache Truffle	12 x 90g	3.69	SV
ZX785	Coffee Ganache Truffle	12 x 90g	3.69	SV
ZX763	Dark Chocolate Ganache Truffle	12 x 90g	3.69	VS
ZX786	Mint Ganache Truffle	12 x 90g	3.69	VS
ZX076	Orange Ganache Truffle	12 x 90g	3.69	SV
ZX746	Vanilla Ganache Truffle	12 x 90g	3.69	VS
	<b>HAPPI</b>			
	80g Bars			
KB953	Cacao Nibs Crunch	12 x 80g	3.19	GSV
KB988	Orange	12 x 80g	3.19	GSV
KB951	Plain Milk	12 x 80g	3.19	GSV
KB950	Salted Caramel	12 x 80g	3.19	GSV

code	product	size	rrp	bfgosv
KB996	White Chocolate	12 x 80g	3.19	GSV
ZX983	White Chocolate & Raspberry Chocolate Buttons	12 x 80g	3.19	GSV
ZX986	Oat Milk Chocolate Buttons EASTER 2023	10 x 100g	3.89	GSV
WS235	Easter Egg Bar Plain Milk	10 x 140g	6.49	GSV
WS236	Easter Egg Bar Raspberry	10 x 140g	6.49	GSV
WS234	Easter Egg Bar Salt Honeycomb	10 x 140g	6.49	GSV
WS142	Orange Chocolate Easter Egg	9 x 170g	1.71	GSV
WS141	Plain Milk Choc Easter Egg	9 x 170g	1.71	GSV
WS118	Salted Caramel Easter Egg	9 x 170g	1.71	GSV
<b>LOVERAW</b>				
KB473	Nutty Choc Balls Cre&m Wafer Bar	9 x 28g	1.95	SV
KB478	Caramelised Biscuit Wafer Bar	12 x 45g	1.95	SV
KB451	Cre&m Filled Choc Wafer Bar	12 x 43g	1.95	VS
KB899	Cre&m Filled S/Caramel Wafer	12 x 45g	1.95	SV
KB878	Cre&m Filled White Choc Wafer Peanut Butter Cups	12 x 45g	1.95	SV
KB127	Milk Chocolate PNB Cups	18 x 34g	1.95	GSV
KB131	White Chocolate PNB Cups Vegan Milk Chocolate Bar	18 x 34g	1.95	GSV
KB126	Caramel Milk Chocolate	20 x 30g	1.75	GSV
KB124	Orange Milk Chocolate	20 x 30g	1.75	GSV
KB121	Smooth Milk Chocolate	20 x 30g	1.75	GSV
<b>MONTEZUMA'S</b>				
	Absolute Black Range			
ZX783	Absolute Black 100% Cocoa Bar	12 x 90g	2.79	V
ZX946	Absolute Black- Almonds C/Nibs	12 x 90g	2.79	V
ZX945	Absolute Black-Orange & C/Nib EASTER 2023	12 x 90g	2.79	V
WS219	Absolute Black 100% Eco Egg	4 x 150g	9.99	GV
WS220	Dark Chocolate Eco Egg	4 x 150g	9.99	GOSV
KB187	Dark Chocolate Mini Eggs	7 x 150g	4.49	SV
WS151	Dark Chocolate Solid Chicks	10 x 110g	6.85	SV
KB206	Frizzle Hen With Cocoa Nibs	4 x 200g	12.59	SV
KB209	Plucky Chick With Buttons Flavoured Bars	8 x 100g	6.99	OSV
KB221	Black Forest Gateau Bar	12 x 90g	2.49	VS
KB752	Dark Chocolate Sea Dog	12 x 90g	2.79	V
KB754	Dark Chocolate Spice It Up	12 x 90g	2.79	SV
KB750	Lordy Lord Dark Chocolate Giant Buttons	12 x 90g	2.79	SV
ZX775	Absolute Black Giant Buttons	8 x 180g	4.49	GV
KB005	Dark Chocolate Giant Buttons Like No Udder	8 x 180g	4.49	OVS
WS204	Chocolate Butterscotch Bars	12 x 90g	2.79	GOSV
KB530	Milk Alternative Bar	12 x 90g	2.79	GOVS
KB601	Milk Choc/Orange Alternative Like No Udder Mini Bars	12 x 90g	2.79	OSVG
ZX743	Milk Chocolate Alternative Organic Bars	26 x 25g	1.90	GOSV
KB194	Chilli Bonkers	12 x 90g	2.79	OSV
KB196	FitzRoy Very Dark Chocolate	12 x 90g	2.79	OSV
KB254	Happy Hippy	12 x 90g	2.79	OSV
ZX779	Royal Mint Organic Dark W'Mint	12 x 90g	2.79	GOSV
<b>MONTY BOJANGLES</b>				
KB448	Cocoa Nib Nights Vegan Truffle Vegan Truffles	5 x 180g	7.35	SV
KB023	Caramel Haze	9 x 100g	3.99	SV

code	product	size	rrp	bfgosv
KB015	Cocoa Nib Nights	9 x 100g	3.99	SV
KB017	Cocoberry Blush	9 x 100g	3.99	SV
	<b>MOO FREE</b>			
KB010	Moofreesas Buttons	16 x 35g	1.25	GSV
KB348	Buttons - Original	25 x 25g	0.75	GSV
KB349	Buttons - White EASTER 2023	25 x 25g	0.75	GSV
WS160	Bunny Bar	15 x 32g	0.89	GSV
WS161	Bunnycomb Easter Egg	6 x 100g	4.25	GSV
WS229	Caramel Mini Eggs	8 x 88g	3.16	GSV
WS163	Choccy Eggsplasion	6 x 100g	4.25	GSV
WS230	Easter Egg Hunt Kit	20 x 100g	4.25	GSV
WS164	Hammy Hamster Easter Egg	6 x 80g	4.25	GSV
WS165	Mikey Bunny Easter Egg	6 x 80g	4.25	GSV
WS168	Milk Chocolate Mini Eggs	16 x 50g	2.45	GSV
WS231	Moofreesas Ball	6 x 100g	4.25	GSV
WS162	Original Egg and Mini Bar Everyday Bars	6 x 100g	4.25	GSV
KB008	Bunnycomb Bars	12 x 80g	1.79	GSV
KB353	Orange Crunch Bars	12 x 80g	1.79	GSV
KB354	Original Bars	12 x 80g	1.79	GSV
KB009	White Chocolate Bars Mini Moos	12 x 80g	1.79	GSV
KB324	Bunnycomb Bars	20 x 20g	0.60	GSV
KB327	Mint Bars	20 x 20g	0.60	GSV
KB337	Original Bars	20 x 20g	0.60	GSV
KB343	Strawberry Bars	20 x 20g	0.60	GSV
KB345	White Chocolate Bars Premium Bar	20 x 20g	0.60	GSV
ZX636	Cinder Toffee Bar	12 x 80g	2.19	GSVO
WS050	Cocoa Chocolate Bar	12 x 80g	2.19	GSOV
WS051	Sea Salt & Caramel Bar	12 x 80g	2.19	GSOV
	<b>MUMMY MEEGZ</b>			
	EASTER 2023			
ZX858	Chuckie Egg	48 x 38g	1.50	SV
ZX826	Chuckie Egg Giftpack	6 x 190g	6.65	SV
	<b>OMBAR CHOCOLATE</b>			
ZX419	100% Cacao Chocolate Bar	10 x 35g	2.50	FGOV
KB763	72% Cacao Chocolate Bar	10 x 35g	2.50	FGOSV
ZX659	90% Cacao Chocolate Bar	10 x 35g	2.50	FGOSV
KB759	Blueberry & Acai Chocolate Bar	10 x 35g	2.50	FGOSV
KB761	Coco 60% Chocolate Bar	10 x 35g	2.50	FGOSV
KB406	Coco Mylk Chocolate Bar	10 x 35g	2.50	FGOSV
ZX657	Coconut & Vanilla Choc Centres	10 x 35g	2.50	FGOSV
ZX397	Hazelnut Truffle Centre Bar	10 x 35g	2.50	FGOSV
ZX421	Pistachio Centres Choc Bar	10 x 35g	2.50	FGOSV
ZX663	Raspberry & Coconut Centre Bar	10 x 35g	2.50	FGOSV
KB764	Strawberry Mylk Chocolate Bar 70g Bars	10 x 35g	2.50	FGOSV
ZX951	72% Cacao Chocolate Bar	10 x 70g	3.39	FGOSV
ZX952	Coco Almond Chocolate Bar	10 x 70g	3.39	FSGOV
ZX953	Coco Mylk Chocolate Bar	10 x 70g	3.39	FGOSV
ZX639	Coconut & Vanilla Chocolate	10 x 70g	3.39	FGOSV
ZX403	Hazelnut Truffle Chocolate Bar	10 x 70g	3.39	FGOSV
ZX641	Pistachio Chocolate Bar	10 x 70g	3.39	FGOSV
ZX644	Raspberry & Coconut Choc Bar	10 x 70g	3.39	FGOSV
ZX975	Salt & Nibs Chocolate Bar Buttons	10 x 70g	3.39	FSGOV
KB492	Coco Mylk Chocolate Buttons	15 x 25g	1.55	FGOSV

code	product	size	rrp	bfgosv
	Oat Mylk			
ZX184	Fruit & Nut	10 x 70g	2.99	FOSV
ZX187	Hazelnut	10 x 70g	2.99	FOSV
ZX155	Salted Caramel Truffle	10 x 70g	2.99	FOSV
ZX192	Smooth & Creamy	10 x 70g	2.99	FOSV
<b>ORGANIC SEED &amp; BEAN COMPANY</b>				
	Large Bars			
KB155	58% Dark Hazelnut	10 x 75g	2.99	FOSV
WS117	58% Dark Salted Caramel	10 x 75g	2.99	OSV
KB188	58% Dark Salted Pretzel	10 x 80g	2.99	FOSV
KB740	66% Dark Raspberry & Coconut	10 x 75g	2.99	OSV
KB736	70% Dark Chocolate & Sea Salt	10 x 75g	2.99	FOSV
KB743	72% Dark Dominican	10 x 75g	2.99	FOSV
KB767	72% Dark Lavender	10 x 75g	2.99	FOSV
KB772	72% Dark Mandarin & Ginger	10 x 75g	2.99	FOSV
KB200	72% Dark Mint	10 x 75g	2.99	FOSV
KB184	Coffee	10 x 75g	2.99	FOSV
KB181	Salted Caramel	10 x 75g	2.99	FOSV
KB183	Sea Salt & Orange	10 x 75g	2.99	FOSV
<b>PLAYIN CHOC</b>				
WS005	Dinosaur Surprise	18 x 1	2.50	GOSV
WS133	Endangered Animal Surprise	18 x 1	2.50	GOSV
ZX066	Woodland Animal Surprise	18 x 1	2.50	GOSV
	EASTER 2023			
ZX079	Easter Rabbits Gift Set	3 x gift	14.95	GOSV
ZX077	Rabbit Surprise	18 x 1	2.49	OGSV
<b>PRODIGY</b>				
	Cahoots			
KB820	Coconut	15 x 45g	1.75	V
KB817	Peanut & Caramel	15 x 45g	1.75	SV
	Chunky			
KB845	Chunky Chocolate Bars	15 x 35g	1.75	SV
KB369	Chunky Hazelnut	15 x 35g	1.75	VS
KB857	Chunky Orange & Baobab	15 x 35g	1.75	VS
KB265	Dark Chocolate & Sea Salt	15 x 35g	1.75	SV
KB096	Salted Caramel Chocolate Bar	15 x 35g	1.75	GV
	EASTER 2023			
KB481	Salted Caramel Chocolate Eggs	15 x 40g	1.85	V
<b>RAW HALO</b>				
	70g Bars			
KB002	Dark 76%	10 x 70g	2.99	GOSV
KB055	Dark 85%	10 x 70g	2.99	GOSV
KB006	Dark Raspberry	10 x 70g	2.99	GOSV
KB047	Dark Salted Caramel	10 x 70g	2.99	GOSV
KB020	Mylk & Pink Himalayan Salt	10 x 70g	2.99	GOSV
KB065	Mylk & Salted Caramel	10 x 70g	2.99	GOSV
KB007	Mylk & Vanilla	10 x 70g	2.99	GOSV
	Truffle Bars			
KB118	Dark Salt Almond Truffle Bar	8 x 90g	3.50	GOSV
KB103	Mylk Hazelnut Truffle Bar	8 x 90g	3.50	GOSV
<b>RHYTHM 108</b>				
KB506	Hazelnut Praline Chocolate Bar	15 x 33g	1.85	GVOS
KB336	Super Coconut Swiss Choc Bar	15 x 33g	1.85	GSOV
KB276	Sweet N Salty Almond Choc Bar	15 x 33g	1.85	GOSV
KB994	Swiss Chocolate Orange Bar	15 x 33g	1.85	GSOV
	Chocolate Bars			
KB368	Cacao Orange	9 x 100g	4.25	SVO
KB125	Hazelnut Truffle	9 x 100g	4.25	OSV
KB168	Roasted Almond Butter	9 x 100g	4.25	OSV
	EASTER 2023			
KB173	Swiss Chocolate Truffle Eggs	24 x 36g	2.19	OSV



code	product	size	rrp	bfgosv
<b>SO FREE</b>				
	EASTER 2023			
WS224	Blonde Caram!lk Easter Egg	3 x 92g	3.99	GSV
WS225	Carob Easter Egg	3 x 92g	3.99	GSV
WS226	No Added Sugar Oatm!lk Egg	3 x 92g	3.99	GV
WS227	Oatm!lk Easter Egg	3 x 92g	3.99	GSV
WS228	White Chocolate Easter Egg	3 x 92g	3.99	GSV
	No Added Sugar Large Bars			
ZX915	No Added Sugar 72% Dark Choc	12 x 80g	3.65	GV
ZX919	No Added Sugar Mint Dark Choc	12 x 80g	3.65	GV
	Oat Milk Chocolate Bars			
ZX561	No Added Sugar Vegan Oat M!lk	12 x 70g	3.85	GV
ZX547	Vegan Caram!lk	12 x 70g	3.85	GSV
ZX563	Vegan Oat M!lk	12 x 70g	3.85	GSV
	Organic Large Bars			
ZX921	Extra Dark 87% Chocolate	12 x 80g	3.65	OSVG
ZX920	F/trade Milk Choc Alternative	12 x 80g	3.65	OGVS
ZX926	White Chocolate	12 x 70g	3.65	GSOV
	XMAS 2022			
ZX816	Santa Bar - Milk Alternative	24 x 20g	1.90	GSV
<b>SUMMERDOWN</b>				
	XMAS 2022			
KB239	Chocolate Peppermint Crisps	8 x 200g	7.50	GSV
KB244	Chocolate Peppermint Thins	8 x 150g	7.50	GSV
<b>SWEET LOUNGE</b>				
	EASTER 2023			
ZX834	Luxury Vegan Nutty Mini Eggs	6 x 100g	9.99	GSV
<b>THE RAW CHOCOLATE CO</b>				
WS185	Alt Milk Chocolate Bar	10 x 70g	3.59	OSV
KB307	Cacao Nibs	6 x 150g	3.75	GOV
WS184	Caffe Mocha Bar	10 x 70g	3.59	OSV
WS190	Salted Vanoffee Cashews	6 x 110g	5.99	OSV
	EASTER 2023			
WS063	Hazelnut Filled Egg	12 x 75g	4.99	OSV
	Raw Chocolate Coated Snacks			
KB054	Chocolate Covered Mulberries	6 x 125g	4.69	GOSV
KB053	Chocolate Goji Berries	6 x 125g	4.69	GOSV
KB056	Chocolate Raisins	6 x 125g	4.69	GOSV
KB855	Chocolate Raisins - Snack Pack	12 x 28g	1.39	GOSV
KB360	Goji Berries - Snack Pack	12 x 28g	1.39	GOSV
KB362	Mulberries - Snack Pack	12 x 28g	1.39	GOSV
ZX884	Raw Chocolate Covered Almonds	12 x 25g	1.39	GOSV
ZX182	Raw Chocolate Covered Almonds	6 x 110g	4.69	GOSV
ZX181	Raw Chocolate Covered Ginger	6 x 125g	4.69	GOSV
	Vegan Chocolate Buttons			
WS016	Caramel Buttons	6 x 150g	4.99	OSV
WS018	M!lk Chocolate Buttons	6 x 150g	4.99	OSV
WS001	Peruvian 72% Buttons	6 x 150g	4.99	OSV
WS002	Vanoffee Buttons	6 x 150g	4.99	OSV
<b>TONY'S CHOCOLONELY</b>				
	180g Bars			
ZX337	Dark Choc 51% Almonds&Sea Salt	15 x 180g	3.65	FSV
ZX345	Dark Chocolate 70%	15 x 180g	3.65	FSV
ZX218	Dark Chocolate Lemony Caramel	15 x 180g	3.65	FSV
	Small Bars			
ZX101	Dark Chocolate 51% Almond	35 x 47g	1.49	FSV
<b>VEGAN STORE</b>				
KB037	Golden Crunch Bar	12 x 59g	2.85	SV
<b>VEGO</b>				
KB821	Mini Whole Hazel Chocolate Bar	30 x 65g	2.59	FGOSV
WS003	Vego Dark Nuts & Berries	12 x 85g	3.45	FOVS

code	product	size	rrp	bfgosv
WS059	Vego White - Almond Bliss	18 x 50g	2.25	FOVS
KB943	Vegolino Pralines	8 x 180g	5.95	FOSV
KB489	Whole Hazelnut Chocolate Bar	30 x 150g	4.55	FGOSV
<b>VIVANI ORGANIC CHOCOLATE</b>				
KB485	71% Dark Chocolate	10 x 100g	2.95	OSV
KB693	Dark Choc & Nougat	10 x 100g	2.95	OSV
KB849	Dark Choc & Whole Hazelnuts	10 x 100g	2.95	OSV
KB484	Dark Chocolate & Orange Premium Large Bars	10 x 100g	2.95	OSV
KB919	62% Dark Caramel Chocolate	10 x 80g	2.95	OSV
KB632	85% Dark Chocolate	10 x 100g	2.95	OSV
KB407	92% Dark Choc Panama Estate	10 x 80g	2.95	OSV
KB901	Dark 75% Chocolate	10 x 80g	2.95	OSV
KB909	Dark 75% Mallorca Flor de Sal	10 x 80g	2.95	OSV
KB048	Dark Choc & Cranberry	10 x 100g	2.95	OSV
KB036	Dark Ginger Turmeric Chocolate	10 x 80g	2.95	OSV
KB042	Superior Dark 100% Cocoa	10 x 80g	2.95	OV
KB035	Superior Dark 89% Chocolate Snack Size	10 x 80g	2.95	OSV
KB420	Almond Orange Rice Chocolate	18 x 35g	1.46	OSV
KB430	Black Cherry	18 x 35g	1.46	OSV
KB049	Crunchy Coconut Chocolate Bars	18 x 35g	1.46	OSV
KB585	Dark & Creamy	18 x 35g	1.46	OSV
KB475	Dark Nougat Croccante	18 x 35g	1.46	OSV
KB476	White Nougat Crisp Vivani iChoc	18 x 35g	1.46	OSV
KB897	Almond & Orange	10 x 80g	2.76	FOSV
KB882	Choco Cookie	10 x 80g	2.76	FOSV
KB922	Classic Style	10 x 80g	2.76	FOSV
KB579	Salty Pretzel	10 x 80g	2.76	FOSV
KB738	Super Nut	10 x 80g	2.76	FOSV
KB582	White Barista Art	10 x 80g	2.76	FOSV
KB881	White Nougat Crisp	10 x 80g	2.76	FOSV
KB898	White Vanilla	10 x 80g	2.76	FOSV
<b>CHOCOLATE &amp; SWEET SPREADS</b>				
<b>BIONA</b>				
GH840	Dark Chocolate Spread - org	6 x 350g	5.55	OSV
<b>BONSAN</b>				
GH129	Mylk Hazelnut Cocoa Spread	6 x 350g	5.79	OV
GH123	Plain Choco Spread	6 x 350g	4.75	OSV
<b>COCOFINA</b>				
GH136	Hazelnut Chocolate Spread -Org	6 x 200g	4.99	GOSV
<b>ESSENTIAL TRADING</b>				
GH092	Dark Chocolate Spread	6 x 400g	4.39	OSV
<b>MERIDIAN</b>				
GH133	Chocca - Choc & Nut Spread	6 x 240g	3.59	V
GH054	Chocca Smooth	6 x 160g	3.39	SV
<b>SO FREE</b>				
GH223	Milk Choc Spread (Dairy Free)	6 x 275g	5.15	OSGV
GH225	Rich Dark Chocolate Spread	6 x 275g	5.15	OVGS
<b>SWEET FREEDOM</b>				
GH206	Choc Pot Chocolate Spread	6 x 250g	4.90	V
<b>VEGO</b>				
GH075	Hazelnut Chocolate Spread	6 x 200g	4.85	SVO
<b>CHOCOLATES (CHILLED)</b>				
<b>BOOJA-BOOJA</b>				
Chilled Chocolate				
CV194	Almond Caramel Truffles	6 x 69g	3.99	GOSV
CV196	Hazelnut Crunch Truffles	6 x 69g	3.99	GOSV
CV192	Toffee Strudel Truffle	6 x 69g	3.99	GSOV

code	product	size	rrp	bfgosv
<b>CIDERS</b>				
<b>ASPALL</b>				
RT023	Aspall Organic Suffolk Cyder	12 x 500ml	4.50	OSV
<b>DUNKERTONS</b>				
RT041	Black Fox Organic Cider	12 x 500ml	3.79	GOSV
RT054	Organic Craft Cider	12 x 500ml	3.79	GOSV
RT053	Premium Reserve Organic Cider	12 x 500ml	3.79	GOSV
<b>WESTONS</b>				
RT006	Vintage Organic Cider 6% ABV	8 x 500ml	3.19	GOV
<b>CLOTHING</b>				
<b>BAMBOO CLOTHING</b>				
NF344	Black Socks - Mixed Size	24 x 1	3.99	V
NF345	Black Socks - size 8-11	24 x 1	3.99	V
NF343	Black Socks - sizes 4-7 Narrow Stripes	24 x 1	3.99	V
NF151	Mixed Narrow Stripe Socks 8-11	24 x 1	3.99	V
NF315	Mixed Narrow Stripe Socks: 4-7	24 x 1	3.99	V
<b>SIESTA CRAFTS</b>				
NF088	Recycled Sari Gift Wrap/Scarf	each	4.29	FV
<b>THE WHEAT BAG COMPANY</b>				
XMAS 2022				
NF158	Wheat Bag Bee Lavender	each	12.99	V
NF180	Wheat Bag Bee Unscented	each	12.99	V
NF110	Wheat Bag Grey Star Lavender	each	12.99	V
NF113	Wheat Bag Grey Star Unscented	each	12.99	V
NF108	Wheat Bag Rosebud Lavender	each	12.99	V
NF125	Wheat Bag Rosebud Sage Unscent	each	12.99	V
NF380	Wheat Bag Scandi Wood Lavender	each	12.99	V
NF109	Wheat Bag Scandi Wood Unscent	each	12.99	V
NF122	Wheat Bag Star Blue Lavender	each	12.99	V
NF141	Wheat Bag Stars Blue Unscented	each	12.99	V
NF114	Wheat Bag Wildflower Lavender	each	12.99	V
NF112	Wheat Bag Wildflower Unscented	each	12.99	V
<b>COCOA</b>				
<b>SUMA PREPACKS - ORGANIC</b>				
LJ189	Cocoa Powder - Organic	6 x 250g	3.35	FOV
<b>CLIPPER</b>				
TE205	Drinking Chocolate	6 x 250g	4.45	FSV
<b>COCOA</b>				
EASTER 2023				
ZX825	Easter Bunny Hot Choc Bombes	6 x 150g	1.95	SV
<b>DIVINE</b>				
TE687	Drinking Chocolate	6 x 400g	4.55	FVS
<b>EQUAL EXCHANGE</b>				
TE491	Hispaniola Cocoa Powder - og	6 x 250g	4.49	FOV
<b>GREEN &amp; BLACKS</b>				
TE453	Cocoa Powder - FT Organic	6 x 125g	2.75	FOV
<b>HASSLACHER'S</b>				
TE078	Bar of Drinking Chocolate	19 x 250g	6.49	FV
TE069	Hot Chocolate Tubes	20 x 200g	6.49	V
<b>MONTEZUMA'S</b>				
KB190	Dark Drinking Chocolate	6 x 300g	8.15	FOSV
<b>SPANISH CHOCOLATE COMPANY</b>				
TE272	Thick Hot Chocolate Drink	6 x 275g	4.29	SV
<b>SWEET FREEDOM</b>				
TE233	Choc Shot Liquid Hot Chocolate	6 x 320g	3.99	V
<b>COFFEE</b>				
<b>SUMA ORGANIC</b>				
Bulk Packs				
TE103	Columbia Beans	1kg	23.39	FOV
TE656	Espresso Beans	1kg	23.39	FOV

code	product	size	rrp	bfgosv
TE101	Ethiopia Yirgacheffe Beans	1kg	25.39	FOV
TE109	Honduras Coffee Beans	1kg	19.99	FOV
TE758	Medium Roast Blend Ground	1kg	21.99	FOV
TE106	Peru Cepicafe Beans	1kg	19.99	FOV
TE107	Sumatra Gayo Highlands Beans	1kg	24.79	FOV
TE113	Swiss Water Decaff Beans	1kg	25.39	FOV
	Roast and Ground Coffees			
TE014	Bolivia Femenino Ground Coffee	6 x 227g	6.19	FOV
TE372	Colombia Ground Coffee	6 x 227g	5.39	FOV
TE650	Espresso Ground Coffee	6 x 227g	5.99	FOV
TE374	Ethiopia Yirgacheffe Ground	6 x 227g	6.19	FOV
TE384	Honduras Ground Coffee	6 x 227g	5.50	FOV
TE643	Medium Roast Ground Coffee	6 x 227g	4.89	FOV
TE397	Peru Ground Coffee	6 x 227g	5.29	FOV
TE641	Suma Dark Roast Ground	6 x 227g	4.89	FOV
TE399	Sumatra Ground Coffee	6 x 227g	5.49	FOV
TE400	Swiss Water Decaf Ground	6 x 227g	6.19	FOV
	Roast Whole Bean Coffees			
TE373	Colombia Coffee Beans	6 x 227g	5.39	FOV
TE655	Espresso Coffee Beans	6 x 227g	5.89	FOV
TE375	Ethiopia Yirgacheffe Beans	6 x 227g	6.19	FOV
TE401	Peru Coffee Beans	6 x 227g	5.29	FOV
	<b>CAFEDIRECT</b>			
	Blend - Roast & Ground			
TE666	Intense Roast Ground	6 x 227g	5.35	FV
TE156	Lively Roast Ground	6 x 227g	5.35	FV
TE176	Smooth Roast Ground	6 x 227g	5.35	FV
	Instant Coffees			
TE513	Machu Picchu Instant	6 x 100g	6.35	FV
TE383	Machu Picchu Instant	6 x 200g	8.99	FV
TE377	Machu Picchu Instant Decaff	6 x 100g	5.69	FV
TE449	Mayan Gold Instant	6 x 100g	6.35	FV
TE395	Smooth Roast Instant	6 x 500g	25.49	FV
	Roast Wholebean Coffees			
TE320	Machu Picchu Decaf Beans	6 x 227g	5.90	FV
TE901	Machu Picchu Organic Beans	6 x 227g	5.55	FOV
TE229	Machu Picchu Organic Beans	6 x 750g	14.99	FOV
TE302	Mayan Gold Beans	6 x 227g	5.55	FV
	Single Origin - Roast & Ground			
TE323	Cauca Valley Columbia Ground	6 x 227g	5.55	FV
TE951	Kilimanjaro Tanzania Ground	6 x 227g	5.55	FV
TE493	Machu Picchu Decaf Ground	6 x 227g	5.39	FV
TE952	Machu Picchu Organic Ground	6 x 227g	5.55	FOV
TE226	Mayan Gold Ground	6 x 227g	5.55	FV
	<b>CLIPPER</b>			
	Food Service Range			
TE724	Instant - Fairtrade & Organic	4 x 500g	36.45	FOV
TE526	Instant Organic Decaff	4 x 500g	41.35	FOV
	Instant Coffees			
TE076	Fairtrade Organic Instant	6 x 100g	7.55	FOV
TE422	FT Org Everyday Instant Coffee	6 x 100g	7.15	FOV
TE879	FT Org Super Spec Decaf Coffee	6 x 100g	8.29	FOV
TE739	FT Org Super Special Coffee	6 x 100g	7.55	FOV
	Roast and Ground Coffees			
TE845	Decaffeinated Ground Coffee	8 x 227g	6.65	FOV
TE849	Italian Style Ground Coffee	8 x 227g	5.69	FOV
TE705	Papua New Guinea Ground Coffee	8 x 227g	5.69	FOV
	<b>EQUAL EXCHANGE</b>			
	Roast & Ground Coffees			
TE872	Anytime Medium Roast	8 x 200g	6.39	FOV

code	product	size	rrp	bfgosv
TE875	Colombian Excelso	8 x 200g	6.39	FOV
TE874	Dark City	8 x 200g	6.39	FOV
TE325	Dark Roast Decaffeinated	8 x 200g	6.99	FOV
TE870	Decaffeinated	8 x 200g	6.99	FOV
TE867	Ethiopia Yirgacheffe	8 x 200g	6.99	FOV
TE876	Crown by Women	8 x 200g	6.39	FOV
TE812	Guatemalen	8 x 200g	6.39	FOV
TE866	Italian Blend	8 x 200g	6.39	FOV
	Roast Wholebean Coffees 1kg			
TE898	Anytime Medium Roast	6 x 1kg	25.99	FOV
TE896	Espresso	6 x 1kg	25.99	FOV
TE008	Italian Blend	6 x 1kg	25.99	FOV
	Roast Wholebean Coffees 200g			
TE402	Dark City	8 x 200g	6.39	FOV
TE403	Decaffeinated	8 x 200g	6.99	FOV
TE409	Crown By Women	8 x 200g	6.39	FOV
TE834	Guatemalen	8 x 200g	6.39	FOV
TE408	Italian Blend	8 x 200g	6.39	FOV
TE371	Medium Roast	8 x 200g	6.39	FOV
	Roast Wholebean Coffees 227g			
TE326	Dark Roast Decaf	8 x 227g	6.99	FOV
	<b>GRUMPY MULE</b>			
	Roast & Ground Coffees			
TE853	Brasil Daterra Sunrise	6 x 227g	5.49	V
TE286	Colombia Cafe Equidad	6 x 227g	5.55	FOV
TE136	Cool Ground	6 x 227g	5.49	FOV
TE289	Decaf Ground Swiss Water	6 x 227g	6.39	FOV
TE988	El Salvador Las Mercedes	6 x 227g	5.49	V
TE839	Guatemala Pocola	6 x 227g	6.69	FV
TE134	Honduras Fuerza La Labor	6 x 227g	5.49	FOV
TE132	Honduras Pico Pijol	6 x 227g	5.49	FOV
TE559	Peru Cafe Femenino	6 x 227g	5.49	FOV
TE285	Sumatra Gayo Highlands	6 x 227g	5.69	FOV
	Roast Wholebean Coffees			
TE718	Colombia Cafe Equidad Beans	6 x 227g	5.59	FOV
TE130	Decaf Beans - Swiss Water	6 x 227g	6.29	FOV
TE290	Landscape Espresso Beans	6 x 227g	5.99	OV
	Roast Wholebean Coffees 1KG			
TE416	Dark Peak Espresso Beans	1kg	21.79	FV
TE417	Landscape Espresso Beans	1kg	23.49	FOV
TE424	Milestone Espresso Beans	1kg	21.79	FV
	<b>PERCOL</b>			
	Instant Coffees			
TE679	Delicious Decaf	6 x 100g	4.79	FV
TE570	Intense Espresso	6 x 100g	4.25	V
TE054	Rich Americano	6 x 100g	4.79	V
TE005	Smooth Colombian	6 x 100g	4.79	FV
	Roast & Ground Coffees			
TE632	Rich Americano Fairtrade	6 x 200g	4.75	FOV
	<b>PRESTO</b>			
TE407	Decaf Coffee Bags	5 x 25 bags	1.99	V
TE406	House Espresso Coffee Beans	5 x 200g	6.69	V
TE405	House Espresso Ground Coffee	5 x 200g	6.69	V
	<b>COFFEE SUBSTITUTES</b>			
	<b>BARLEYCUP</b>			
TE480	Chicory Cup Organic	6 x 100g	5.79	OV
TE366	Instant Cereal Drink Granules	6 x 200g	7.99	V
TE698	Instant Cereal Drink Organic	6 x 100g	5.59	OV
TE240	Instant Cereal Drink Powder	6 x 200g	7.50	V
	<b>BIOFORCE</b>			

code	product	size	rrp	bfgosv
TE368	Bambu	6 x 100g	5.29	V
	<b>THE CHICORY CO</b>			
TE007	Chicory Drink - Caramel	6 x 100g	3.99	V
TE728	Chicory Drink - Cocoa	6 x 125g	4.49	GV
TE470	Chicory Drink - Instant	6 x 100g	3.59	V
TE589	Chicory Drink - Organic	6 x 100g	5.19	GOV
	<b>WHOLE EARTH</b>			
TE389	No Caf Coffee Alternative	9 x 100g	3.29	VO
TE215	Wake Up Coffee Alternative	9 x 125g	4.29	V
	<b>CONVENIENCE FOODS</b>			
	<b>SUMA</b>			
VF850	Baked Beans & Vegan Burgers	12 x 400g	2.39	V
VF450	Baked Beans & Vegan Sausage	12 x 400g	2.39	VS
VF770	Cheesy Pasta Pot	12 x 400g	2.99	V
VF012	Mac 'n' Cheeze	12 x 400g	2.69	V
VF251	Spaghetti Bolognese	12 x 400g	2.39	V
VF210	Spicy Chorizo Style Stew	12 x 400g	2.15	V
VF650	Vegan Meatball Chilli	12 x 400g	2.55	V
VF875	Vegan Meatballs Bolognese	12 x 400g	2.55	SV
VF209	Vegetable Stew & Dumplings	12 x 400g	2.15	V
	<b>SUMA ORGANIC</b>			
VF172	Ravioli with Vegetable Sauce	6 x 400g	2.85	OSV
	<b>ARTISAN GRAINS</b>			
VF080	Falafel - Beetroot & Chilli	6 x 150g	1.89	GV
VF071	Falafel - Pumpkin & Quinoa	6 x 150g	1.89	GV
VF037	Falafel - Super Greens	6 x 150g	1.89	GV
VF213	Nut Roast - Cashew & Cranberry	6 x 200g	2.99	VG
VF104	Nut Roast - Country Veg/Cashew	6 x 200g	2.99	V
VF110	Nut Roast - Sundried Tomato	6 x 200g	2.99	V
	<b>BIONA</b>			
VF250	Coconut Milk Green Curry	6 x 400ml	2.85	OSV
	<b>CLEARSPRING</b>			
VF253	Coconut Milk	6 x 400ml	2.49	OV
	<b>CYPRESSA</b>			
KJ219	Falafel Wrap Kit	6 x 460g	4.99	V
KJ217	Gyros Wrap Kit	6 x 410g	4.75	V
	<b>FREE &amp; EASY</b>			
VF125	Bean Cassoulet - og	6 x 400g	3.50	GOV
VF006	Chickpea / Vegetable Curry	6 x 400g	3.50	GOV
VF116	Chickpea & Bean Tagine	6 x 400g	3.50	GOV
VF132	Middle Eastern Casserole	6 x 400g	3.50	GOV
VF141	Sweet Pot/Kale/Coconut Curry	6 x 400g	3.50	GOV
VF014	Three Bean Chilli - og	6 x 400g	3.50	GOV
VF127	Vegetable Balti - og	6 x 400g	3.50	GOV
VF128	Vegetable Hotpot - og	6 x 400g	3.50	GOV
	<b>FUTURE FARM</b>			
VF001	Future Tvna	6 x 150g	3.35	GV
	<b>GEO</b>			
VF041	Saucy Pasta	6 x 400g	2.79	V
	<b>GEO ORGANICS</b>			
KJ182	Chickpea & Apricot Tagine	6 x 400g	2.45	OSV
KJ183	Moroccan Chickpea Tagine	6 x 400g	2.55	OV
VF074	Organic Bombay Potatoes	6 x 400g	2.89	OSV
	Dahl			
VF148	Coconut & Kale	6 x 400g	2.59	OV
VF079	Organic Chickpea & Lentil Dahl	6 x 400g	2.45	OV
VF149	Tadka Dahl	6 x 400g	2.45	OV
	<b>GRANOVITA</b>			
VF211	Mock Duck	24 x 285g	3.39	SV
VF036	Nut Luncheon	6 x 400g	2.99	GV
	<b>LOMA LINDA</b>			

code	product	size	rrp	bfgosv
VF035	Tuno - In Spring Water	12 x 142g	1.99	GV
VF246	Tuno - Mild Curry	12 x 142g	1.99	GV
VF026	Tuno - Thai Sweet Chilli	12 x 142g	1.99	GSV
VF022	Tuno Mayo	12 x 142g	1.99	GSV
	Ready Meals			
VF027	Spicy Pad Thai	6 x 284g	3.99	GSV
VF028	Thai Green Curry	6 x 284g	3.99	GSV
VF016	Tikka Masala	6 x 284g	3.99	GSV
	<b>MARIGOLD</b>			
SY022	Braised Tofu - Cans	12 x 225g	3.75	V
SY157	Mo-Du Braised Seitan Slices	12 x 225g	3.15	SV
SY154	Tempeh - Cans	6 x 280g	3.65	GV
SY156	Tunah - Cans	12 x 170g	3.99	SV
	<b>NATURE'S CHARM</b>			
VF207	Vegan Calamari	24 x 425g	6.39	V
	<b>RIFCO</b>			
VF108	Spanish Chickpea Casserole	6 x 400g	3.25	OV
VF100	Thai Green Curry Organic	6 x 400g	3.25	OV
VF093	Thai Temple Curry	6 x 400g	3.25	OV
	<b>SUNITA</b>			
FG601	Polenta - organic	6 x 500g	2.15	OV
	<b>THE VURGER CO</b>			
KJ285	Spicy Vegan Cheezy Sauce	6 x 300g	4.45	V
KJ257	Vegan Cheezy Sauce	6 x 300g	4.45	V
	<b>WE CAN VEGAN</b>			
VF137	Vegan Bolognese	12 x 400g	2.99	SV
VF136	Vegan Carbonara	12 x 400g	2.99	V
VF139	Vegan Mexican Chilli	12 x 400g	2.99	SV
VF140	Vegan Thai Green Curry	12 x 400g	2.99	SV
VF138	Vegan Thai Red Curry	12 x 400g	2.99	SV
	<b>ZANAE</b>			
VF044	Butter Bean Salad	12 x 280g	2.15	SV
VF527	Okra in Sauce	12 x 280g	2.79	SV
VF017	Stuffed Vine Leaves	12 x 280g	2.69	V
	<b>CRISPS &amp; SNACKS</b>			
	<b>SUMA PREPACKS</b>			
ZX195	Bombay Mix	6 x 125g	1.25	V
ZX196	Bombay Mix	6 x 250g	1.75	V
ZX695	Bombay Mix w/ Coriander & Lime	6 x 125g	1.25	V
ZX696	Bombay Mix w/ Coriander & Lime	6 x 250g	1.65	V
ZX084	Fruit & Nut Mix	6 x 125g	1.75	V
ZX205	Oriental Rice Crackers	6 x 125g	1.95	V
ZX202	Sesame Sticks	6 x 125g	1.25	V
ZX227	Smoked Paprika Twists	6 x 125g	1.25	V
ZX294	Spiced Roast Chickpeas	6 x 125g	1.25	V
ZX204	Spicy Noodles	6 x 125g	1.25	V
ZX316	Super Seed And Berry Mix	6 x 125g	2.15	V
ZX476	Wasabi Peas - Spicy	6 x 75g	1.39	V
	<b>AMAIZIN</b>			
ZX544	Bio Corn Chips Chilli	15 x 75g	1.59	OSV
ZX543	Bio Corn Chips Natural	10 x 150g	2.50	OV
ZX542	Bio Corn Chips Natural	15 x 75g	1.49	OSV
ZX546	Bio Corn Chips Paprika	15 x 75g	1.59	OSV
ZX429	Natural Corn Chips Value Bag	10 x 250g	2.85	OV
ZX399	Organic Taco Shells	6 x 150g	3.65	OV
ZX482	Rice Paper Organic	12 x 110g	2.29	OV
ZX406	Tomato Corn Rolls	14 x 100g	1.95	VOS
	<b>APE SNACKS</b>			
ZX504	Coconut Bites Chocolate	10 x 26g	2.90	GVS
ZX855	Crunchy Coconut Bites Natural	10 x 30g	2.90	V
	<b>BIONA</b>			

code	product	size	rrp	bfgosv
ZX424	Potato Chips - Lightly Salted	12 x 100g	2.45	OV
	<b>BROWN BAG CRISPS</b>			
	Impulse			
ZX266	Lightly Salted	20 x 40g	0.89	GV
ZX268	Oak Smoked Chilli	20 x 40g	0.89	GSV
ZX206	Rosemary & Sea Salt	20 x 40g	0.89	GSV
	Sharing			
ZX270	Lightly Salted	10 x 150g	2.69	GV
ZX108	Rosemary & Sea Salt	10 x 150g	2.69	GSV
	Vegetable Crisps			
ZX833	Vegetable Chips - Hand Cooked	15 x 40g	1.49	GV
	<b>CAPTAIN TIPTOES</b>			
ZX818	Habas Fritas	20 x 201g	2.95	V
	<b>CLEARSPRING</b>			
ZX226	Tamari Roast Sicilian Almonds	15 x 30g	1.99	GOV
	<b>CYPRESSA</b>			
ZX810	Roasted and Salted Broad Beans	12 x 150g	1.40	V
	<b>DJ&amp;A</b>			
ZX058	Broccoli Florets	12 x 25g	3.49	V
ZX059	Crispy Beetroot Slices	10 x 35g	3.49	V
ZX068	Shiitake Mushroom Crisps	12 x 30g	3.49	V
ZX061	Sugar Snap Pea Crisps	10 x 30g	3.49	V
	<b>EAT REAL</b>			
	Hummus Chips - Impulse			
ZX900	Hummus Chips Sea Salt&Balsamic	12 x 45g	0.89	V
ZX198	Hummus Sour Cream Chips	12 x 45g	0.89	GSV
ZX161	Salted, Hummus Chips	12 x 45g	0.89	GV
ZX160	Tomato & Basil, Hummus Chips	12 x 45g	0.89	GSV
	Hummus Chips - Sharing			
ZX127	Creamy Dill, Hummus Chips	10 x 135g	2.15	GSV
ZX326	Hummus Sour Cream Chips	10 x 135g	2.15	GSV
ZX125	Lemon & Chilli, Hummus Chips	10 x 135g	2.15	GV
ZX124	Salted, Hummus Chips	10 x 135g	2.15	GV
ZX121	Tomato & Basil, Hummus Chips	10 x 135g	2.15	GSV
	Kale - Sharing			
ZX057	Veggie & Kale Straws	10 x 113g	2.29	GSV
	Lentil Chips - Impulse			
ZX169	Lentil Chilli & Lemon Chips	12 x 40g	0.89	GV
ZX170	Lentil Creamy Dill Chips	12 x 40g	0.89	GSV
ZX165	Lentil Sea Salted Chips	12 x 40g	0.89	GV
ZX168	Lentil Tomato & Basil Chips	12 x 40g	0.89	GSV
	Lentil Chips - Sharing			
ZX135	Lentil Chips Chilli Lemon	10 x 113g	2.15	GV
ZX883	Lentil Chips Creamy Dill	10 x 113g	2.15	GSV
ZX737	Lentil Chips Mango & Mint	10 x 113g	2.15	GSV
ZX128	Lentil Chips Sea Salt	10 x 113g	2.15	GV
ZX130	Lentil Chips Tomato Basil 113g	10 x 113g	2.15	GSV
	Multi Pack			
ZX027	Hummus, Lentil, Quinoa Multi	8 x 116g	2.99	GVS
	Organic - Sharing			
ZX215	Hummus Sea Salt Chips - Org	10 x 100g	2.69	GOV
ZX214	Lentil Sea Salt Chips - Org	10 x 100g	2.69	GOV
ZX213	Veggie Straws - Organic	10 x 100g	2.69	GOSV
	Quinoa Chips - Impulse			
ZX041	Quinoa Chilli & Lime Chips	12 x 30g	0.89	GSV
ZX007	Quinoa Cream & Chive Chips	12 x 30g	0.89	GSV
	Quinoa Chips - Sharing			
ZX315	Quinoa Chips Cream & Chives	10 x 80g	2.15	GSV
ZX314	Quinoa Chips Tomato & Garlic	10 x 80g	2.15	GSV
	<b>EMILY CRISPS</b>			
ZX186	Garden Greens Veg Crisps	12 x 23g	1.19	GV



code	product	size	rrp	bfgosv
ZX183	Rainbow Roots	12 x 30g	1.49	GV
ZX234	Sour Cream & Onion Thins	8 x 85g	1.99	GV
ZX235	Sour Cream & Onion Thins	24 x 23g	0.99	GV
ZX197	Veg Thins - Chipotle BBQ	8 x 85g	1.89	GV
ZX174	Vegetable Sticks - Thai Chilli	12 x 35g	1.90	GV
<b>HODMEDOD'S</b>				
ZX549	Roast Fava Bean Salt & Vinegar	10 x 300g	2.99	SV
ZX562	Roasted Fava Beans Sea Salted	10 x 300g	2.99	V
ZX568	Roasted Peas Lightly Salted	10 x 300g	2.99	V
<b>KETTLE CHIPS</b>				
	Sharing Bags			
ZX248	Lightly Salted	12 x 130g	3.35	GV
ZX427	Sheese & Red Onion	8 x 130g	3.35	GV
<b>LOVE CORN</b>				
ZX849	Crunchy Corn - BBQ	6 x 115g	2.29	GV
ZX957	Crunchy Corn - Cheese & Onion	6 x 115g	2.29	GV
ZX852	Crunchy Corn - Salt & Vinegar	6 x 115g	2.29	GV
<b>MANOMASA</b>				
ZX462	Tortilla - Chipotle & Lime	10 x 140g	2.15	V
ZX603	Tortilla - Lemon & Peppercorn	12 x 140g	2.15	V
ZX613	Tortilla - Tomatillo Salsa	10 x 140g	2.15	V
<b>NUDIE SNACKS</b>				
ZX958	Cheese & Caramelised Onion	6 x 80g	2.25	GSV
ZX979	Katsu Curry Crisps	6 x 80g	2.25	GSV
<b>OLIVES ET AL</b>				
ZX819	Smokey Chilli Nuts	6 x 150g	5.39	V
<b>PETER'S YARD</b>				
	Sourdough Bites			
ZX011	Cyder Vinegar & Sea Salt	8 x 90g	2.19	SV
BT446	Kashmiri Chilli	8 x 90g	2.19	SV
<b>PIPERS CRISPS</b>				
	Impulse Bag			
ZX292	Anglesey Sea Salt	24 x 40g	0.85	GV
ZX295	Karnataka Bl Pepp & Sea Salt	24 x 40g	0.85	GSV
ZX434	Wild Thyme & Rosemary	24 x 40g	0.85	GSV
	Sharing Bag			
ZX291	Anglesey Sea Salt	15 x 150g	2.19	GV
ZX436	Wild Thyme & Rosemary	15 x 150g	2.19	GSV
<b>PRIMAL VEGAN JERKY</b>				
ZX585	Seitan - Teriyaki Jerky	24 x 28g	2.25	V
ZX581	Seitan - Thai Peanut Jerky	24 x 28g	2.25	V
ZX580	Shiitake Mushroom Jerky	24 x 28g	2.25	V
ZX586	Soy - Hickory Smoked Jerky	24 x 28g	2.25	V
ZX584	Soy - Texas BBQ Jerky	24 x 28g	2.25	V
<b>PROPERCHIPS</b>				
ZX725	Barbecue	24 x 20g	0.89	GSV
ZX726	Sea Salt	24 x 20g	0.89	GSV
ZX727	Sweet Sriracha Chilli	24 x 20g	0.89	GSV
	Sharing Bag			
ZX426	Barbecue Chips	8 x 85g	2.29	GSV
ZX467	Salt & Vinegar Chips	8 x 85g	2.29	GSV
ZX430	Sea Salt Chips	8 x 85g	2.29	GSV
ZX474	Sriracha Chilli Chips	8 x 85g	2.29	GSV
<b>PROPERCORN</b>				
	Sharing Bag			
ZX861	Popcorn - Lightly Sea Salted	8 x 70g	1.95	GV
ZX862	Popcorn - Salted Caramel	8 x 90g	1.95	GSV
ZX860	Popcorn - Sweet & Salty	8 x 90g	1.95	GSV
<b>PURELY PLANTAIN</b>				
ZX961	Plantain Chips - Nice & Spicy	10 x 75g	1.99	GV
ZX959	Plantain Chips - Sea Salt	10 x 75g	1.99	GV
ZX960	Plantain Chips - Wild Garlic	10 x 75g	1.99	GV

code	product	size	rrp	bfgosv
	<b>REBEL KITCHEN</b>			
ZX252	Caramel Bytes	10 x 26g	1.79	GOSV
ZX240	Chocolate Bytes	10 x 26g	1.79	GOSV
	<b>SOURCE OF THE EARTH</b>			
ZX717	Lentil Chips - Cream & Chive	24 x 24g	0.99	GV
ZX702	Lentil Chips Paprika & Chilli	24 x 24g	0.99	GV
	<b>TEN ACRE CRISPS</b>			
ZX040	Cheese & Onion Crisps	20 x 35g	0.85	GV
ZX556	Cheese & Onion Crisps	24 x 40g	0.85	GV
ZX559	Hickory BBQ Crisps	24 x 40g	0.85	GV
ZX554	Ready Salted Crisps	24 x 40g	0.85	GV
ZX557	Salt & Vinegar Crisps	24 x 40g	0.85	GV
ZX031	Sea Salted Crisps	20 x 35g	0.85	GV
ZX051	Ten Acre BBQ Beef Crisps	20 x 35g	0.85	GV
ZX054	Ten Acre Cheesy Chilli Crisps	20 x 35g	0.85	GV
ZX049	Ten Acre Fried Chicken Crisps	20 x 35g	0.85	GV
	<b>TRAF0</b>			
ZX136	Tortilla Chips - Natural	10 x 200g	1.99	OV
ZX626	Virgin Olive Oil Crisps	12 x 100g	2.79	OV
	Flips			
ZX359	Chickpea Flips Mild Curry	6 x 75g	2.45	GOV
ZX343	Pea Flips Lightly Salted	6 x 75g	2.45	GOV
ZX299	Rosemary Lentil Flips	6 x 75g	2.45	GOV
	Handcooked Baked Crisps			
ZX473	Rosemary & Himalaya Salt	15 x 40g	1.90	OV
	Hummus Chips			
ZX932	Hummus Chips - Paprika	6 x 75g	2.65	OV
	Light Baked Crisps			
ZX759	Coconut Oil Baked Crisps	15 x 40g	1.35	OV
ZX625	Coconut Oil Baked Crisps	12 x 100g	2.75	OV
ZX758	Vegetable Chips	15 x 40g	1.75	OV
ZX624	Vegetable Chips	12 x 75g	2.69	OV
ZX575	Vegetable Chips Sweet Potato	6 x 80g	2.99	OV
	Popcorn			
ZX112	Caramel Popcorn Organic	6 x 50g	2.29	GOSV
ZX094	Salted Popcorn Organic	6 x 50g	2.29	GOV
ZX118	Sweet Popcorn Organic	6 x 50g	2.29	GOSV
	Potato Crisps Fried			
ZX053	Paprika Crisps - organic	15 x 40g	1.90	OV
ZX616	Salt & Vinegar Crisps	12 x 125g	1.99	OV
ZX055	Salted Crisps - organic	15 x 40g	1.90	OV
	Snacks			
ZX401	Corn Peanuts	12 x 75g	1.59	OV
BT075	Pretzel Sticks	12 x 100g	1.39	OV
	Tortilla Chips			
VF218	Tortilla Chips - Chilli	15 x 75g	1.15	OV
VF226	Tortilla Chips - Natural	15 x 75g	1.15	OV
	<b>TYRRELLS</b>			
	Potato Chips - Furrows Sharing			
ZX496	Sea Salted	8 x 150g	2.85	V
	Potato Chips - Impulse			
ZX908	Lightly Sea Salted	24 x 40g	1.90	V
ZX918	Sweet Chilli and Red Pepper	24 x 40g	1.90	SV
	Potato Chips - Sharing			
ZX978	Black Truffle & Sea Salt	8 x 150g	2.79	GVS
ZX022	Lightly Sea Salted	8 x 150g	2.79	GV
ZX024	Sea Salt & Black Pepper	8 x 150g	2.79	GV
ZX021	Sweet Chilli & Red Pepper	8 x 150g	2.79	GSV
	Vegetable Chips			
ZX658	Mixed Roots	24 x 40g	1.89	GV
ZX388	Mixed Roots	12 x 125g	3.99	GV

code	product	size	rrp	bfgosv
<b>DESSERTS</b>				
<b>BIONA</b>				
SY192	Coconut Whipping Cream	6 x 400ml	3.50	OV
<b>JUST WHOLEFOODS</b>				
VF065	Custard Powder	12 x 100g	3.65	V
VF067	Jelly, Lemon, Vegan	12 x 85g	1.99	SV
VF176	Jelly, Raspberry, Vegan	12 x 85g	1.99	SV
VF068	Jelly, Strawberry, Vegan	12 x 85g	1.99	SV
VF066	Jelly, Tropical, Vegan	12 x 85g	1.99	SV
<b>NATURE'S CHARM</b>				
SY132	Coconut Whipping Cream	12 x 400g	4.45	SV
SY131	Salted Caramel Sauce	6 x 200g	3.79	SV
<b>NATURLI'</b>				
	Joe'Kurt			
SY033	Joe'Kurt - Blueberry	8 x 1l	3.99	V
SY026	Joe'Kurt - Natural	8 x 1l	3.99	V
SY028	Joe'Kurt - Pear & Banana	8 x 1l	3.99	V
SY034	Joe'Kurt - Strawberry	8 x 1l	3.99	V
SY041	Joe'Kurt - Vanilla	8 x 1l	3.99	V
<b>SOJADE</b>				
SY099	Chocolate Soya Dessert	8 x 530g	1.89	GOSV
SY017	Cuisine- Organic Soya Cream	24 x 200ml	1.19	OV
SY107	Vanilla Soya Dessert	8 x 530ml	1.95	GOSV
<b>SOON</b>				
SY253	Chocolate Hemp Custard Dessert	8 x 530g	2.35	GOSV
SY252	Chocolate Rice Custard Dessert	8 x 530g	1.89	GOSV
SY254	Hazelnut Oat Custard Dessert	8 x 530g	2.25	OSV
SY251	Vanilla Rice Custard Dessert	8 x 530g	1.89	GOSV
<b>WE CAN VEGAN</b>				
SY060	Vegan Chocolate Custard	12 x 400g	2.15	GSV
SY015	Vegan Rice Pudding	12 x 400g	2.15	GSV
SY006	Vegan Vanilla Custard	12 x 400g	2.15	GSV
<b>DESSERTS &amp; PUDDINGS (CHILLED)</b>				
<b>OATLY</b>				
CV827	Creamy Oat	10 x 250ml	1.20	V
CV828	Oat Fraiche	6 x 200ml	2.50	V
CV829	Vanilla Custard	10 x 250ml	1.55	V
CV698	Whippable Creamy Oat	10 x 250ml	1.55	V
<b>ORIGIN KITCHEN</b>				
	Creamed Cashew Desserts			
CV789	Chocolate	6 x 75g	2.30	GSV
CV780	Forest Berry	6 x 75g	2.30	GSV
CV778	Mango & Passionfruit	6 x 75g	2.30	GSV
CV792	White Chocolate	6 x 75g	2.30	GSV
<b>THE COCONUT COLLABORATIVE</b>				
CV471	Chocolate & Cre&m Desserts	4 x 4 x 60g	4.75	SV
CV910	Chocolate Orange Desserts	6 x 2 x 100g	3.30	SV
CV472	Dark Chocolate Pudding	6 x 2 x 90g	3.90	SV
CV842	Double Cream	6 x 220ml	2.20	SV
CV507	Little Choc Pots	6 x 4 x 45g	3.30	GSV
CV511	Salted Caramel Pots	6 x 4 x 45g	3.30	GSV
CV694	Vanilla Custard	6 x 400g	3.30	SV
CV464	Vanilla Rice Pudding	6 x 2 x 125g	3.30	GSV
<b>DESSERTS, NON-DAIRY (FROZEN)</b>				
<b>BEAR</b>				
XL168	Mango Ice Lollies	10 x 5 x 55m	3.15	V
XL167	Strawberry Ice Lollies	10 x 5 x 55m	3.15	V
<b>BOOJA-BOOJA</b>				
	465ml Tubs			
XL013	Choc Fudge Brownie Ice Cream	6 x 465ml	5.69	GOSV

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XL002	Cookie Dough Ice Cream	6 x 465ml	5.69	GOSV
XL023	Mango & Raspberry Ice Cream Alternative to Dairy Ice Cream	6 x 465ml	5.69	GOSV
XL263	Caramel Pecan Ice Cream	6 x 500ml	5.69	OSV
XL258	Caramel Pecan Praline Ice Crea	22 x 110ml	2.10	OV
XL259	Choc Salted Caramel Ice Cream	6 x 500ml	5.69	OV
XL048	Choc Salted Caramel Ice Cream	22 x 110ml	2.10	OV
XL255	Hazel Choc & Truffle Ice Cream	6 x 500ml	5.69	OV
XL332	Hazel Choc & Truffle Ice Cream	22 x 110ml	2.10	OV
XL102	Honeycomb Caramel Ice Cream	6 x 500ml	5.69	OV
XL033	Hunky Punky Chocolate	6 x 500ml	5.69	OV
XL031	Hunky Punky Chocolate	22 x 110ml	2.10	OV
XL038	Keep Smiling Vanilla M'Gorilla	6 x 500ml	5.69	OV
XL410	Keep Smiling Vanilla M'Gorilla	22 x 110ml	2.10	OV
XL104	Mint Chocolate Ice Cream	6 x 500ml	5.69	OV
XL257	Raspberry Ripple Ice Cream	6 x 500ml	5.69	OV
XL256	Raspberry Ripple Ice Cream	22 x 110ml	2.10	OV
<b>FOOD HEAVEN</b>				
	Dairy-Free Desserts			
XL400	Cool Vanilla Ice Cream	6 x 900ml	4.50	GSV
<b>GRIDDLE</b>				
XL207	Blueberry Wholegrain Waffles	8 x 200g	3.40	V
XL208	Choc-Chip Wholegrain Waffles	8 x 200g	3.40	V
XL206	Original Wholegrain Waffles	8 x 200g	3.40	V
<b>NATURLI'</b>				
XL146	Cookie Dough Ice Cream	8 x 500ml	4.85	SV
XL144	Fudge Brownie Ice Cream	8 x 500ml	4.85	SV
XL037	Raspberry Ice Cream	8 x 500ml	4.85	SV
XL027	Salted Caramel Ice Cream Cones	8 x 500ml	4.85	SV
XL147	Brownie Buzz Ice Cream Cones	8 x 4 x 130m	5.25	SV
XL149	Dark and Creamy Ice Cones	8 x 4 x 130m	5.25	GSV
XL150	Salted Caramel Ice Cream Cones	8 x 4 x 130m	5.25	GSV
<b>NEED</b>				
XL250	Caramel Ice Cream Sandwich	12 x 115ml	4.99	V
XL262	Chocolate Ice Cream Bar	12 x 45ml	3.35	V
XL260	Coconut Ice Cream Bar	12 x 45ml	3.35	V
XL281	PB & J Ice Cream Sandwich	12 x 115ml	4.99	V
XL271	Solid Gold Ice Cream Sandwich	12 x 115ml	4.99	V
XL251	Strawberry Ice Cream Sandwich	12 x 115ml	4.99	V
XL249	Too Choc Ice Cream Sandwich	12 x 115ml	4.99	V
XL277	Very-Dandy Ice Cream Sandwich	12 x 115ml	4.99	V
<b>NORTHERN BLOC</b>				
	Indulgent Vegan Ice Cream			
XL368	Peanut Chocolate Chip	24 x 100ml	1.55	SV
<b>SWEDISH GLACE</b>				
XL017	Juicy Raspberry	6 x 750ml	5.10	SV
XL018	Rich Chocolate	6 x 750ml	5.10	SV
XL016	Smooth Vanilla Ice Cream	6 x 750ml	5.10	VS
<b>DRINKS (CHILLED)</b>				
<b>ALPRO</b>				
CV687	Fresh Almond Milk	6 x 1l	2.00	V
CV242	Oat Unsweetened Fresh	6 x 1l	2.00	V
CV087	Soya Fresh - Natural	6 x 1l	1.70	V
<b>BIOMEL</b>				
	Vegan Probiotics			
CV857	Dark Chocolate Probiotic Drink	6 x 510ml	3.35	V
CV855	Natural Probiotic Drink	6 x 510ml	3.35	V
CV856	Pure Vanilla Probiotic Drink	6 x 510ml	3.35	SV
<b>BIOTIFUL DAIRY</b>				
	Oat Kefir			

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CV908	Mango Plant-Based Kefir	6 x 250ml	2.15	GV
CV906	Original Plant Based Kefir	6 x 250ml	2.15	GV
CV920	Original Plant-Based Kefir	6 x 500ml	3.80	GV
CV907	Strawberry Plant Based Kefir	6 x 250ml	2.15	GV
CV921	Vanilla Plant-Based Kefir	6 x 500ml	4.00	GV
<b>CALIFIA FARMS</b>				
CV826	Cold Brew Mocha	6 x 750ml	2.99	GSV
CV822	Mocha Cold Brew Almond Drink	8 x 250ml	1.99	SV
CV450	Oat Caramel Cold Brew Coffee	6 x 750ml	2.99	SV
CV823	Unsweetened Almond Milk	6 x 750ml	2.50	GSV
CV821	XX Espresso Cold Brew Almond	8 x 250ml	1.99	SV
<b>COCOS</b>				
CV482	Mango & Passionfruit Kefir	6 x 200ml	3.00	FGOV
CV898	Natural Coconut Milk Kefir	6 x 500ml	4.50	GOV
CV896	Strawberry Kefir	6 x 200ml	3.00	GOV
<b>EQUINOX</b>				
CV736	Kombucha Ginger	12 x 275ml	2.35	OSV
CV830	Kombucha Grapefruit & Guava OG	12 x 275ml	2.35	OSV
CV737	Kombucha Original OG	12 x 275ml	2.35	OSV
CV741	Kombucha Raspberry & Elderflow	12 x 275ml	2.35	OSV
CV742	Kombucha Wild Berry OG	12 x 275ml	2.35	OSV
Large Bottles				
CV052	Ginger Kombucha	6 x 750ml	5.15	OV
CV048	Rasp & Elderflower Kombucha	6 x 750ml	5.15	OV
<b>JARR KOMBUCHA</b>				
CV053	Ginger Kombucha	12 x 240ml	2.29	GOV
CV064	Passion Fruit Kombucha	12 x 240ml	2.29	GOV
CV070	Raspberry Kombucha	12 x 240ml	2.29	GOV
<b>KARMA</b>				
Kefir				
CV753	Kefruit Elderflower & Hibisc.	6 x 500ml	3.40	FOVB
CV752	Kefruit Fig and Lemon	6 x 500ml	3.40	FOVB
Kombucha				
CV425	Ginger	6 x 500ml	3.65	OVB
CV256	Ginger	6 x 1l	6.25	FOVB
CV245	Mango	6 x 500ml	3.85	FOVB
CV426	Pomegranate	6 x 500ml	3.65	OVB
CV258	Pomegranate	6 x 1l	6.25	FOVB
CV435	Raspberry	6 x 500ml	3.85	OVB
<b>KOKO DAIRY FREE</b>				
CV021	Koko Dairy Free Original	6 x 1l	2.15	GSV
<b>LA BREWERY</b>				
CV138	Ginger Kombucha	6 x 300ml	2.99	GV
CV164	Lemongrass Kombucha	6 x 300ml	2.99	GV
<b>LOVING FOODS</b>				
CV176	Blueberry & Lavender Kombucha	12 x 330ml	2.99	OSV
CV233	Matcha & Mint Kombucha	12 x 330ml	2.99	OSV
CV244	Raspberry & Tulsi Kombucha	12 x 330ml	2.99	OSV
<b>MOCKINGBIRD</b>				
CV658	Raw Boost	6 x 250ml	3.50	V
CV661	Raw Defence Juice	6 x 250ml	3.50	V
CV662	Raw Green Juice	6 x 250ml	3.50	V
<b>MOJU</b>				
Cold Pressed Booster Shots				
CV370	Ginger	12 x 60ml	2.10	V
CV391	Turmeric	12 x 60ml	2.10	V
CV708	Vitamin C	12 x 60ml	2.10	V
CV008	Vitamin D	12 x 60ml	2.10	V
<b>OATLY</b>				
CV530	Chilled Oat Drink - Barista	6 x 1l	2.45	V
CV489	Fresh Oat Drink - Semi	6 x 1l	2.40	V

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CV488	Fresh Oat Drink - Skinny	6 x 1l	2.40	V
CV491	Fresh Oat Drink - Whole	6 x 1l	2.40	V
<b>SOJADE</b>				
CV264	Blueberry & Cherry Soya Kefir	6 x 250ml	2.20	OV
CV268	Natural Organic Soya Kefir	6 x 250ml	1.90	OV
<b>ESSENTIAL OILS</b>				
<b>AQUA OLEUM</b>				
Carrier Oils				
AR027	Carrier Oil - Jojoba	6 x 100ml	15.00	V
AR029	Carrier Oil - Sweet Almond	6 x 100ml	5.19	V
Essential Oils				
AR005	Clary Sage	3 x 10ml	9.29	V
AR008	Eucalyptus	3 x 10ml	4.00	V
AR150	Frankincense	3 x 10ml	14.15	V
AR011	Geranium	3 x 10ml	8.49	V
AR151	Jasmine - 5% dilution	3 x 10ml	1.59	V
AR014	Lavender	3 x 10ml	5.89	V
DY447	Lavender	1 x 100ml	43.15	V
AR143	Lavender Oil Merchandiser	18 x 10ml	5.89	V
AR022	Peppermint	3 x 10ml	5.49	V
AR023	Rose Maroc - 5% dilution	3 x 10ml	7.89	V
AR024	Rosemary	3 x 10ml	5.49	V
AR056	Sandalwood - 5% dilution	3 x 10ml	7.39	V
AR026	Tea Tree	3 x 10ml	4.49	V
DY450	Tea Tree	1 x 100ml	33.55	V
Organic Essential Oils				
AR021	Frankincense Organic	3 x 10ml	18.29	OV
AR010	Geranium Organic	3 x 10ml	13.19	VO
AR241	Lavender Organic	3 x 10ml	8.00	VO
AR006	Organic Eucalyptus	3 x 10ml	5.19	OV
AR012	Patchouli Organic	3 x 10ml	9.19	VO
AR025	Peppermint Organic	3 x 10ml	6.69	OV
AR016	Tea Tree Organic	3 x 10ml	5.89	VO
<b>FAR EASTERN FOOD</b>				
LJ273	Light Coconut Milk	6 x 400ml	1.99	OV
<b>SUMA ORGANIC</b>				
VF007	Coconut Cream	6 x 400ml	2.59	OV
LJ350	Coconut Milk Organic	6 x 400ml	2.19	OV
LJ400	Creamed Coconut Organic	12 x 200g	2.45	OV
<b>BIONA</b>				
WT071	Asia Noodles Organic	12 x 250g	2.75	OV
KJ094	Coconut Aminos Original	6 x 250ml	4.50	OSV
VF167	Coconut Cream	6 x 400ml	2.75	OV
VF187	Coconut Milk Light Organic	6 x 400ml	1.99	OV
VF775	Coconut Milk Organic	6 x 400ml	2.29	OV
VF772	Creamed Coconut Organic	12 x 200g	2.55	OV
VF058	Golden Coconut Milk	6 x 400ml	2.75	OV
VF077	Organic Coconut Milk	8 x 200ml	1.59	OV
VF323	Organic Tempeh	6 x 400g	4.45	OV
JP042	Seitan Pieces	6 x 350g	5.50	OV
WT101	Spelt Noodles Organic	12 x 250g	3.25	OV
JP041	Tofu	6 x 500g	4.75	OV
JP014	Wasabi Style Horseradish Paste	8 x 50g	3.95	OV
<b>BLUE DRAGON</b>				
LJ495	Coconut Cream UHT	12 x 250ml	2.39	V
LJ130	Coconut Milk	6 x 400ml	2.55	V
VF820	Springroll Wrappers	12 x 134g	1.39	V
JP093	Sushi Nori	15 x 11g	1.79	V
JP220	Tofu - Firm Silken	12 x 349g	2.39	V
WT100	Wholewheat Noodles	8 x 300g	2.35	V

code	product	size	rrp	bfgosv
<b>CLEARSPRING</b>				
JP033	Brown Rice Vinegar - Organic	6 x 250ml	3.79	OV
JP060	Brown Rice Vinegar - Organic	6 x 150ml	2.69	OV
JP111	Instant Noodle Broth	6 x 245ml	5.99	OV
JP025	Japanese Brown Miso - Tub	3 x 1kg	19.29	OV
JP096	Japanese Rice Vinegar	6 x 250ml	3.69	OV
JP134	Mikawa Mirin	6 x 150ml	4.99	OV
JP135	Mirin	6 x 150ml	3.95	V
JP100	Rice Mirin	6 x 250ml	6.29	OV
JP066	Shiitake Mushrooms - Organic	6 x 40g	7.99	OV
JP059	Shoyu Ramen Noodles/Soy Soup	5 x 210g	5.29	OV
JP044	Shoyu Soya Sauce	6 x 250ml	4.19	OV
JP016	Sushi Ginger Pickle Organic	10 x 50g	3.69	OV
JP314	Sushi Rice - Organic	12 x 500g	2.99	OV
JP680	Teriyaki Sauce	6 x 150ml	4.90	OV
JP103	Teriyaki Sauce - Organic & GF	6 x 150ml	4.49	GOV
JP026	Tofu	12 x 300g	2.10	GOV
JP112	Umami Instant Stock Paste	8 x 112g	3.89	OV
JP032	Umami Paste with Ginger - Org	6 x 150g	4.69	OV
JP101	Ume Su Seasoning	6 x 150ml	2.99	OV
JP027	Umeboshi Paste - Organic	6 x 150g	7.39	OV
JP079	Umeboshi Plums Organic	6 x 200g	9.99	OV
JP021	Wasabi Powder	6 x 25g	3.99	V
JP031	Yuzu Ponzu Seasoning	6 x 150ml	4.99	OV
Miso Products				
JP211	Barley Miso Jar	6 x 300g	6.99	OV
JP212	Brown Rice Miso Jar	6 x 300g	5.79	OV
JP020	Brown Rice Miso Jar (Mini)	6 x 150g	3.89	OV
JP030	Brown Rice Miso Pouch	6 x 300g	5.99	OV
JP120	Chickpea Miso	6 x 150g	3.99	OV
JP048	Creamy Sesame Miso Soup	8 x 4 x 15g	3.19	GOV
JP049	Ginger & Turmeric Miso Soup	8 x 4 x 15g	3.19	GOV
JP114	Hearty Red Miso Soup + Sea Veg	8 x 4x10g	3.99	V
JP047	Hot & Spicy Miso Soup Paste	8 x 4 x 15g	3.19	GOV
JP321	Instant Miso Soup and Sea Veg	8 x 4x10g	3.99	OV
JP018	Instant Miso Soup Paste	8 x 4 x 15g	3.19	OV
JP011	Instant White Miso Paste OG	8 x 60g	3.19	OV
JP046	Japanese Reduced Salt Miso	6 x 270g	5.39	OV
JP022	Japanese White Miso	6 x 270g	4.29	OV
JP148	Mellow White Miso Soup + Tofu	8 x 4x10g	3.99	V
JP213	Miso - Hatcho	6 x 300g	5.59	OV
JP057	Miso Ramen Noodles/Miso Soup	5 x 210g	5.29	OV
JP086	Sweet White Miso - Organic	6 x 250g	4.99	OV
Noodles				
JP056	All Buckwheat Soba Noodles	6 x 200g	4.49	GOV
JP053	Brown Rice Noodles - GF	10 x 200g	3.99	GOV
JP037	Brown Rice Udon Noodles	6 x 200g	3.49	OV
JP054	Brown Rice Wide Noodles - GF	5 x 200g	3.99	GOV
JP036	Skinny Soba Somen Noodles	6 x 200g	3.49	OV
JP038	Soba Noodles	6 x 200g	3.49	OV
JP039	Udon Noodles	6 x 200g	3.49	OV
JP040	Wide Udon Noodles	6 x 200g	3.49	OV
Sea Veg				
JP003	Dulse - Atlantic Coast Organic	8 x 25g	4.69	OV
JP069	Green Nori Sprinkle	10 x 20g	1.99	V
JP070	Hijiki (Wild)	5 x 30g	7.99	V
JP090	Japanese Arame	8 x 30g	5.29	V
JP091	Japanese Hokkaido Kombu	5 x 40g	5.49	V
JP007	Japanese Sea Vegetable Salad	6 x 25g	4.99	V
JP071	Nori	6 x 25g	3.99	V

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JP082	Seaveg Crispies - Original	16 x 4g	1.29	GOV
JP104	Seaveg Crispies - Original	15 x 8g	1.75	GOV
JP035	Seaveg Crispies - Turmeric	16 x 4g	1.29	GOV
JP083	Seaveg Crispies Multipack-Orig	8 x 3 x 4g	2.99	GOV
JP085	Seaveg Crispies Multipk-Chilli	8 x 3 x 4g	2.99	GOV
JP072	Sushi Nori - toasted	8 x 17g	3.39	V
JP092	Wakame Organic	8 x 25g	4.19	OV
	Soya Sauce			
JP605	Shoyu	2.5l	26.69	OV
JP129	Shoyu Soya Sauce	6 x 150ml	2.99	VO
JP500	Shoyu Soya Sauce	6 x 500ml	6.49	VO
JP679	Soya Sauce	6 x 150ml	2.89	OV
JP130	Tamari Soy Sauce Double Strnth	6 x 150ml	3.99	GOV
JP029	Tamari Soy Sauce Double Strnth	6 x 250ml	5.99	GOV
JP501	Tamari Soya Sauce	6 x 500ml	1.49	GOV
JP110	Tamari Soya Sauce	6 x 1l	18.99	GOV
JP098	Tamari Soya Sauce	6 x 150ml	2.99	GOV
JP099	Tamari Soya Sauce	6 x 250ml	3.99	GOV
JP001	Tamari Soya Sauce	2.5l	44.99	GOV
	<b>COCOFINA</b>			
KJ319	Coconut Amino Sauce	12 x 250ml	5.99	OV
	<b>GEO ORGANICS</b>			
VF228	Indonesian Rendang Curry Paste	6 x 180g	3.19	OV
VF229	Indonesian Satay Curry Paste	6 x 180g	3.19	OV
VF738	Thai Green Curry Paste OG	6 x 180g	2.99	OV
VF739	Thai Red Curry Paste OG	6 x 180g	2.99	OV
VF247	Thai Yellow Curry Paste	6 x 180g	2.99	OV
	<b>KIKKOMAN</b>			
JP065	Less Salt Soy Sauce	6 x 150ml	3.49	V
JP051	Organic Soy Sauce	6 x 250ml	4.99	OV
JP137	Poke Sauce	6 x 250ml	3.75	SV
JP062	Soy Sauce	6 x 150ml	3.49	V
JP067	Tamari Gluten Free Soy Sauce	6 x 150ml	3.59	GV
JP133	Teriyaki Marinade	6 x 250ml	3.75	SV
JP136	Teriyaki Marinade	6 x 250ml	3.99	GSV
	<b>KING SOBA</b>			
WT210	100% Buckwheat Noodles	12 x 250g	2.59	OV
WT954	Black Rice Noodles	12 x 250g	2.59	OV
WT037	Brown Rice Noodles	12 x 250g	2.59	OV
JP087	Brown Rice Paper	10 x 200g	2.89	GOV
WT952	Brown Rice Wakame Noodles	12 x 250g	2.59	OV
WT953	Buckwheat & Sweet Potato	12 x 250g	2.59	OV
WT212	Millet & Brown Rice Noodles	12 x 250g	2.59	OV
WT057	Miso Soup Edamame Soya Bean	10 x 60g	3.50	OV
WT123	Og Basmati White Rice Noodles	12 x 250g	2.59	OFV
WT058	Og Miso Soup Pumpkin & Veg	10 x 60g	3.50	OV
WT059	Og Miso Soup Tofu & Ginger	10 x 60g	3.50	OV
WT099	Organic Brown Rice Ramen	6 x 280g	3.19	OV
WT097	Organic Buckwheat Ramen	6 x 280g	3.19	OV
WT055	Organic Classic Miso Ramen	6 x 85g	2.39	OV
WT088	Organic Vermicelli Noodles	12 x 250g	2.59	OV
WT002	Pho Noodles	12 x 250g	2.99	GOV
WT951	Pumpkin Ginger & Rice Noodles	12 x 250g	2.59	OV
WT217	Thai Rice Noodles	12 x 250g	2.59	OV
JP089	White Rice Paper	10 x 200g	2.89	GOV
	<b>MISO PASTES</b>			
JP138	Aka Red Miso Paste	6 x 200g	3.99	GOV
JP140	Genmai Brown Rice Miso Paste	6 x 200g	4.69	GOV
JP139	Shiro White Miso Paste	6 x 200g	3.99	GOV
JP141	Yellow Pea Miso paste	6 x 200g	4.69	GOV

KTC



code	product	size	rrp	bfgosv
MA066	Creamed Coconut	12 x 200g	1.45	V
	<b>MEKHALA</b>			
VF234	Green Curry Paste	6 x 100g	4.39	GOV
VF241	Lemongrass Turmeric Paste	6 x 100g	4.39	GOV
VF238	Miso Ginger Paste	6 x 100g	4.39	GOV
VF235	Red Curry Paste	6 x 100g	4.39	GOV
VF237	Tom Yum Paste	6 x 100g	4.39	GOV
VF236	Yellow Curry Paste	6 x 100g	4.39	GOV
	<b>MERIDIAN</b>			
JP308	Shoyu	6 x 500ml	4.49	V
JP058	Tamari	5l	38.29	GV
JP309	Tamari	12 x 150ml	3.29	GV
JP310	Tamari	6 x 500ml	6.89	GV
	<b>MISO TASTY</b>			
	MISO PASTES			
JP017	Red Miso Paste	6 x 200g	4.75	OV
JP015	White Miso Paste	6 x 200g	4.75	OV
	SOUPS			
JP064	Silken Tofu Miso Soup	6 x 78g	3.15	V
JP023	Sweetcorn Miso Soup	6 x 81g	3.15	V
	<b>MORI-NU</b>			
JP075	Tofu - Extra Firm	12 x 349g	2.69	V
JP205	Tofu - Firm Tofu	12 x 349g	2.19	V
	<b>SANCHI</b>			
JP105	Miso - Genmai (Brown Rice)	6 x 345g	3.79	V
JP034	Mugi Miso	6 x 345g	3.45	V
JP670	Tamari - organic	6 x 150ml	3.95	OV
JP119	Tamari Soy Sauce	6 x 300ml	4.90	V
	<b>THAI TASTE</b>			
VF174	Galangal	6 x 114g	1.99	GV
VF319	Green Curry Paste	6 x 114g	2.90	GV
VF171	Red Curry Paste	6 x 114g	2.90	GV
VF258	Sriracha Chilli Sauce	6 x 450ml	2.55	GSV
VF199	Tamarind Paste	6 x 130g	1.99	GSV
VF159	Vegan 'Fish' Sauce	6 x 180ml	2.39	GSV
	<b>YAKSO</b>			
JP012	Coconut Aminos	6 x 250ml	7.25	GOV
JP094	Garlic Paste - Organic	6 x 100g	2.99	OV
JP127	Hoisin Sauce - Organic	6 x 250g	3.49	OV
JP128	Krupuk Crackers - Organic	6 x 60g	2.69	OV
JP131	Oyster Sauce - Organic	6 x 250g	3.25	OV
WT070	Rice Noodle Nests Organic	6 x 240g	4.85	OV
JP024	Rice Paper	15 x 150g	3.65	OV
JP132	Rice Paper with Tapioca - Org	15 x 150g	3.25	OV
JP102	Sea Sauce - Organic	6 x 250g	2.99	OV
VF010	Seitan in Tamari	6 x 330ml	3.99	OV
JP002	Tamari - organic	6 x 125ml	2.25	GOV
JP113	Tamari - organic	6 x 250ml	3.95	GVO
VF005	Tempeh	6 x 175g	3.39	OV
	<b>YUTAKA</b>			
JP005	Miso Paste - Organic	6 x 300g	5.15	OV
JP013	Panko Bread Crumbs	8 x 180g	1.89	V
JP043	Rice Vinegar	6 x 150ml	2.20	V
JP108	Soba Noodles	10 x 250g	1.55	V
JP050	Sushi Rice	6 x 500g	2.50	V
JP074	Tempura Batter Mix	12 x 150g	1.89	V
JP107	Udon Noodles	10 x 250g	1.45	V
JP109	Wasabi Paste	10 x 43g	1.75	V
	<b>FLAKES, BRANS &amp; WHEATGERM</b>			
	<b>SUMA PREPACKS</b>			
FX049	Oats - Jumbo	6 x 750g	2.69	V

code	product	size	rrp	bfgosv
FX046	Oats - Jumbo & Gluten Free	6 x 750g	3.75	GV
FX051	Oats - porridge	6 x 750g	2.69	V
FX045	Oats - Porridge & Gluten Free	6 x 750g	3.75	GV
FX035	Wheatgerm	6 x 500g	3.55	V
<b>SUMA PREPACKS - ORGANIC</b>				
FX067	Bran Sticks - organic	6 x 250g	1.99	OV
FX024	Buckwheat Flakes - organic	6 x 500g	4.25	OV
QS124	Oat Groats - Organic	6 x 500g	2.25	VO
FX042	Oats - Jumbo Gluten Free	6 x 750g	4.25	GOV
FX047	Oats - jumbo, organic	6 x 750g	3.49	VO
FX048	Oats - Porridge - Organic	6 x 750g	3.49	OV
FX044	Oats - Porridge & Gluten Free	6 x 750g	4.25	GOV
FX031	Organic Millet Flakes	6 x 500g	4.45	OV
FX092	Organic Pearl Barley Flakes	6 x 500g	2.50	OV
FX656	Quinoa Flakes - organic	6 x 500g	4.75	OV
FX032	Rice Flakes Brown - organic	6 x 500g	4.35	OV
FX093	Rye Flakes - organic	6 x 500g	1.99	OV
FX213	Toasted Malted Wheat Flakes OG	6 x 400g	2.39	OV
<b>ALARA</b>				
FX026	Gluten Free Scottish Porridge	6 x 500g	4.39	GOV
FX013	Pure Gluten Free Oats	6 x 500g	3.39	V
<b>MORNFLAKE</b>				
FG037	Fine Oatmeal	6 x 750g	2.89	V
FG035	Medium Oatmeal	6 x 750g	2.89	V
FX008	Oat Bran	6 x 800g	3.45	V
<b>PIMHILL</b>				
FX006	Oats - jumbo, organic	12 x 850g	2.86	OV
FX005	Oats - porridge, organic	12 x 850g	2.86	OV
<b>FLOURS &amp; BREAD MIXES</b>				
<b>SUMA PREPACKS</b>				
FG078	Gram Flour	6 x 500g	2.25	V
FG092	Polenta	6 x 500g	1.95	V
FG041	Potato Starch	6 x 500g	2.35	V
FG038	Semolina Flour - Fine	6 x 500g	2.90	V
FG001	Tapioca Starch (flour)	6 x 500g	2.95	V
FG002	Teff Flour - Brown	6 x 500g	3.95	V
LJ092	Vital Wheat Gluten	6 x 500g	2.99	V
<b>SUMA PREPACKS - ORGANIC</b>				
FG149	Brown Rice Flour - organic	6 x 500g	2.45	OV
LJ105	Coconut Flour, Organic	6 x 500g	2.99	OV
FG128	Maize Flour - organic	6 x 500g	2.25	OV
<b>AMISA</b>				
FG085	Chestnut Flour - Organic	6 x 350g	5.99	GOV
FG065	Chickpea Flour	6 x 400g	3.45	GOV
<b>BACHELDRE</b>				
FG165	Stoneground Malted Blend Flour	5 x 1.5kg	3.15	OV
FG187	Stoneground Plain White Flour	5 x 1.5kg	2.95	OV
FG175	Stoneground Rye Flour	5 x 1.5kg	2.59	OV
FG179	Stoneground Spelt Flour	5 x 1.5kg	4.39	OV
FG160	Stoneground Strong White Flour	5 x 1.5kg	2.95	OV
FG162	Strong 100% Wholemeal Flour	5 x 1.5kg	2.95	OV
<b>CLEARSPRING</b>				
FG180	Breadcrumbs - Brown Rice, GF	12 x 250g	4.59	GOV
<b>COCONUT MERCHANT</b>				
FG073	Organic Coconut Flour	6 x 500g	4.99	OV
<b>DOVES FARM</b>				
FG097	Chickpea Flour	5 x 260g	2.45	GOV
FG069	Fine Plain White Flour	5 x 1kg	1.85	OV
FG010	Fine Plain Wholemeal Flour	5 x 1kg	1.69	VO
FG039	GF Buckwheat Flour	5 x 1kg	5.25	GV
FG522	Gluten Free Brown Bread Flour	5 x 1kg	2.89	GV

code	product	size	rrp	bfgosv
FG700	Gluten Free Plain White Flour	5 x 1kg	2.89	GV
FG520	Gluten Free White Bread Flour	5 x 1kg	2.89	GV
FG103	Heritage Seeded Bread Flour	5 x 1kg	3.55	OV
FG004	Malthouse Bread Flour	5 x 1kg	1.99	OV
FG096	OAT FLOUR	4 x 450g	4.19	GOV
FG047	Organic Coconut Flour	4 x 500g	3.95	GOV
FG117	Rice Flour	5 x 1kg	2.39	GV
FG101	Seeded Bread Flour	5 x 1kg	3.19	OV
FG115	Self Raising Wholemeal Flour	5 x 1kg	1.69	OV
FG997	Speciality Pasta Flour	5 x 1kg	2.25	OV
FG116	Stoneground Gram Flour	5 x 1kg	2.89	GV
FG072	Strong White Bread Flour	5 x 1.5kg	2.55	OV
FG008	Strong Wholemeal Bread Flour	5 x 1.5kg	2.39	OV
FG070	White Self Raising Flour	5 x 1kg	1.85	OV
FG701	White Self Raising Flour GF Artisan Flour	5 x 1kg	2.89	GV
FG028	Buckwheat Wholegrain Flour	5 x 1kg	4.69	OV
FG082	Einkorn Flour	5 x 1kg	3.69	OV
FG011	Khorasan Flour Wholegrain	5 x 1kg	4.79	OV
FG152	Rye Flour White Organic	5 x 1kg	2.29	OV
FG016	Rye Flour Wholegrain Organic	5 x 1kg	1.89	OV
FG071	Spelt Flour White Organic	5 x 1kg	3.69	OV
FG102	Spelt Flour Whole Meal Organic	5 x 1kg	3.15	OV
<b>FERRERO</b>				
QS003	Polenta	20 x 500g	2.19	V
<b>GILCHESTERS ORGANICS</b>				
FG014	Pizza & Ciabatta Wheat Flour	6 x 1.5kg	4.50	OV
FG018	Semolina Fine Wheat Flour	6 x 500g	2.90	OV
FG009	Strong 100% Whole Wheat Flour	6 x 1.5kg	3.55	OV
FG006	Strong White Wheat Flour	6 x 1.5kg	3.95	OV
FG025	White Flour Strong Unbleached	4 x 3kg	7.69	OV
<b>HODMEDOD'S</b>				
FG099	YQ Population Wheat Flour	6 x 1.5kg	2.99	OV
<b>LITTLE SALKELD WATERMILL</b>				
FG804	Barley Flour - organic	6 x 500g	2.44	OVB
<b>ORGRAN</b>				
Gluten Free Mixes				
FG061	Buckwheat Pancake Mix	8 x 375g	4.90	GV
<b>SHIPTON MILL</b>				
FG899	3 Malts/Sunflower Brown Flour	6 x 1kg	2.69	OV
FG133	Light Rye 997 Flour Organic	6 x 1kg	2.90	OV
FG136	Soft Cake & Pastry White Flour	6 x 1kg	1.85	OV
FG190	Spelt Flour - White, Organic	6 x 1kg	3.71	OV
FG189	Spelt Flour - Wholemeal, Org	6 x 1kg	2.90	OV
FG898	White Flour - Organic	6 x 1kg	2.25	OV
FG876	White Strong Organic Flour	5 x 2.5kg	5.25	OV
FG077	Wholemeal Flour - Organic	6 x 1kg	2.29	OV
FG079	Wholemeal Organic Flour	5 x 2.5kg	5.29	OV
Specialist Flour				
FG123	Italian '00' White Flour	6 x 1kg	2.29	V
<b>FRUIT - CANNED &amp; JARRED</b>				
<b>SUMA ORGANIC</b>				
KJ700	Organic Young Jackfruit Chunks	6 x 400g	2.99	OV
<b>BIONA</b>				
VF134	Apple Puree Organic	6 x 700g	3.25	OSV
KJ184	Banana Blossom in Salted Water	6 x 400g	2.75	OV
KJ166	Jackfruit In Salted Water	3 x 2.8kg	1.79	OV
KJ506	Organic Jackfruit in Water	6 x 400g	3.50	OV
KJ288	Tropical Fruit Cocktail	6 x 400g	3.45	OV
<b>CLEARSPRING</b>				
VF190	Apple & Apricot Puree - Org	12 x 2x100g	1.89	OV

code	product	size	rrp	bfgosv
VF188	Apple & Blueberry Puree - Org	12 x 2x100g	1.89	OV
VF170	Apple & Mango Puree - Org	12 x 2x100g	1.89	OV
VF189	Apple & Plum Puree - Organic	12 x 2x100g	1.89	OV
VF335	Apple & Strawberry Puree - og	12 x 2x100g	1.89	OV
JP061	Apple,Banana&S'berry Puree Org	12 x 2x100g	1.99	OV
JP076	Apple,Mango,Coconut Puree Org	12 x 2x100g	1.99	OV
VF152	Jackfruit Chunks	6 x 500g	3.49	OV
VF155	Pear Puree - organic	12 x 2x100g	1.89	OV
JP084	Pear,Apple,Peach Puree Org	12 x 2x100g	1.99	OV
<b>COOKS &amp; CO</b>				
KJ133	Banana Blossom	6 x 400g	3.39	V
KJ012	Pitted Black Cherries	6 x 425g	2.25	SV
<b>EPICURE</b>				
KJ023	Chinese Stem Ginger in Syrup	6 x 350g	3.95	SV
<b>ESSENTIAL TRADING</b>				
KJ263	Mango Chunks in Org Juice	6 x 400g	2.49	VO
KJ262	Pineapple Chunks In Org Juice	6 x 400g	2.49	VO
KJ260	Tropical Fruits in Org Juice	6 x 400g	2.45	VO
<b>FRUIT - DRIED</b>				
<b>SUMA PREPACKS</b>				
DR047	Apple - Rings SO2	6 x 150g	2.25	V
DR093	Apricots - select SO2	6 x 125g	1.99	V
DR094	Apricots - select SO2	6 x 250g	3.49	V
DR095	Apricots - select SO2	6 x 500g	5.99	V
DR096	Apricots - unsulphured	6 x 250g	3.85	V
DR120	Banana - Whole Chips	6 x 125g	1.25	SV
DR054	Banana - Whole Chips	6 x 250g	1.95	SV
DR133	Blueberries	6 x 125g	3.65	SV
DR202	Cherries Glace - Bright Red	6 x 200g	3.50	VS
DR221	Cherries Glace - Dark Red	6 x 200g	3.50	VS
DR060	Cranberries	6 x 125g	1.69	VS
DR084	Cranberries	6 x 250g	2.79	VS
DR097	Currants - medium	6 x 250g	1.75	V
DR099	Dates - pitted	6 x 250g	1.29	V
DR100	Dates - pitted	6 x 500g	1.95	V
DR101	Figs	6 x 250g	2.75	V
DR102	Figs	6 x 500g	4.99	V
DR038	Fruit Cake Mix	6 x 500g	2.99	SV
DR070	Fruit salad - SO2	6 x 250g	3.45	V
DR121	Ginger	6 x 125g	1.69	VS
DR182	Ginger	6 x 250g	2.79	SV
DR055	Goji Berries	6 x 100g	1.99	V
DR279	Mango Slices	6 x 125g	3.25	V
DR203	Mixed Peel - Contains SO2	6 x 200g	2.25	VS
DR123	Papaya	6 x 125g	1.55	SV
DR125	Peaches - SO2	6 x 250g	3.25	V
DR124	Pears - SO2	6 x 250g	3.25	SV
DR129	Pineapple - diced SO2	6 x 125g	1.49	SV
DR180	Pineapple - diced SO2	6 x 250g	2.49	SV
DR108	Prunes - pitted Ashlock	6 x 250g	2.89	V
DR140	Prunes - pitted Ashlock	6 x 500g	5.25	V
DR668	Raisins - Dark Flame	6 x 250g	1.65	V
DR089	Raisins - Dark Flame	6 x 500g	2.79	V
DR167	Raisins - Thompson Seedless	6 x 500g	2.65	V
DR113	Raisins - Thompson Seedless	6 x 250g	1.55	V
DR114	Sultanas - Australian 5 Crown	6 x 250g	2.39	V
DR115	Sultanas - Australian 5 Crown	6 x 500g	4.29	V
DR117	Sultanas - Turkish	6 x 500g	2.29	V
DR127	Super Berry Mix	6 x 125g	2.49	SV
<b>SUMA PREPACKS - ORGANIC</b>				

code	product	size	rrp	bfgosv
DR063	Apricots - organic	6 x 250g	4.25	OV
DR250	Apricots - organic	6 x 500g	7.99	OV
DR132	Cherries sour - Organic	6 x 125g	3.25	OV
DR325	Cranberries - organic	6 x 125g	2.50	OSV
DR057	Cranberries - organic	6 x 250g	3.75	OSV
DR073	Currants - organic	6 x 250g	2.15	OV
DR251	Currants - organic	6 x 500g	3.79	OV
DR159	Dates - Medjool Organic	6 x 250g	4.49	OV
DR074	Dates - pitted organic	6 x 250g	2.39	OV
DR252	Dates - pitted organic	6 x 500g	3.99	OV
DR720	Dates -og pitted fairly traded	6 x 250g	2.99	FOV
DR064	Figs - organic	6 x 250g	3.19	OV
DR254	Figs - organic	6 x 500g	5.89	OV
DR011	Ginger - crystallised organic	6 x 125g	1.99	OSV
DR020	Ginger - crystallised organic	6 x 250g	3.49	OSV
DR049	Mulberries White - Organic	6 x 125g	1.79	OV
DR077	Pitted Prunes - organic	6 x 250g	4.35	OV
DR253	Pitted Prunes - organic	6 x 500g	7.75	OV
DR065	Raisins - organic	6 x 250g	1.99	OV
DR255	Raisins - organic	6 x 500g	3.19	OV
DR066	Sultanas - organic	6 x 250g	1.99	OV
DR256	Sultanas - organic	6 x 500g	3.15	OV
DR365	Vine Fruit Mix - organic	6 x 500g	3.75	OV
<b>CRAZY JACK</b>				
DR030	Organic Soft Apricots	8 x 200g	3.25	OV
DR031	Organic Soft Dates	8 x 200g	2.59	OV
DR034	Organic Soft Figs	8 x 200g	2.59	OV
DR356	Organic Soft Prunes	8 x 200g	3.89	OV
<b>PEARLS OF SAMARKAND</b>				
DR217	Sour Cherries	7 x 100g	5.15	OV
<b>THE RAW CHOCOLATE CO</b>				
DR188	Goji Berries	6 x 150g	5.59	GOV
<b>TROPICAL WHOLEFOODS</b>				
DR200	Fairtrade Organic Mango	14 x 100g	3.19	FOV
DR233	Sun Dried Banana Chips	14 x 150g	2.45	FOV
DR234	Sun Dried Pineapple	14 x 100g	3.19	FV
<b>URBAN FRUIT</b>				
DR192	Mango	5 x 100g	2.85	GV
DR201	Pineapple	5 x 100g	2.85	GV
DR263	Snack Pack - Mango	14 x 35g	1.90	GV
DR002	Snack Pack - Strawberry	14 x 35g	1.90	GV
DR144	Snack Pack Pineapple	14 x 35g	1.90	VG
DR266	Strawberries	10 x 90g	2.85	GV
DR009	Tumbled Mango & Passionfruit Wellness	6 x 85g	2.85	GV
DR061	Glow	10 x 85g	3.19	V
DR067	Immune	10 x 85g	3.19	V
DR059	Strength	10 x 85g	3.19	V
<b>ZAYTOUN</b>				
DR164	Palestinian Medjoul Dates	6 x 250g	5.29	FV
DR028	Palestinian Medjoul Dates	6 x 500g	1.69	FV
<b>FRUIT (FROZEN)</b>				
<b>NATURAL COOL</b>				
XL142	Organic Berry Mix	10 x 300g	4.85	GOV
XL145	Organic Blueberries	10 x 300g	4.70	GOV
XL179	Organic Raspberries	10 x 300g	7.20	GOV
XL182	Organic Sour Cherries	10 x 300g	4.40	GOV
XL180	Organic Strawberries	10 x 300g	4.65	GOV
<b>PACK'D</b>				
XL252	Organic Blueberries	5 x 300g	5.50	OV
XL148	Organic Cherries	5 x 300g	5.25	OV

code	product	size	rrp	bfgosv
XL133	Organic Raspberries	5 x 300g	6.80	OV
XL135	Organic Strawberries	5 x 300g	5.25	OV
XL188	Organic Summer Berries	5 x 300g	5.50	OV
<b>WINDMILL HILL</b>				
XL282	British Organic Blackcurrants	12 x 400g	3.60	OV
XL279	British Raspberries	12 x 300g	3.60	V
XL283	British Summer Fruits	12 x 330g	3.60	V
XL084	British Sweet Eating Selection	12 x 330g	3.60	V
<b>FRUIT &amp; VEGETABLE JUICES</b>				
<b>SUMA ORGANIC</b>				
JU245	Lemon Juice - organic	12 x 250ml	2.39	OV
JU251	Lemon Juice - organic	6 x 1l	7.65	OV
<b>BEET IT</b>				
	From James White			
JU454	Beetroot Juice	12 x 250ml	1.79	OV
JU453	Beetroot Juice	6 x 750ml	3.89	OV
JU719	Beetroot Juice with Apple	8 x 1l	4.65	OV
JU204	Beetroot Juice with Ginger	6 x 750ml	3.99	OV
<b>BERRY COMPANY</b>				
	1L Tetrapack			
JU737	Acai with Raspberry & Yerba	12 x 1l	2.69	GV
JU055	Blueberry Juice	12 x 1l	2.69	GV
JU253	Cranberry Juice	12 x 1l	2.69	GV
JU063	Goji Berry Juice	12 x 1l	2.69	GV
JU734	Pomegranate Juice	12 x 1l	2.69	GV
JU061	Superberries Purple Juice	12 x 1l	2.69	GV
JU050	Superberries Red Juice	12 x 1l	2.69	GV
JU736	White Tea and Peach Juice	12 x 1l	2.69	GV
	330ML Tetrapack			
JU375	Blueberry & Baobab Juice	12 x 330ml	1.29	GV
JU372	Goji Berry & Ginseng Juice	12 x 330ml	1.29	GV
JU380	Pomegranate & Rosehip Juice	12 x 330ml	1.29	GV
JU370	Superberries Purple & Guarana	12 x 330ml	1.29	GV
JU371	Superberries Red & Hibiscus	12 x 330ml	1.29	GV
<b>BIG TOM</b>				
JU419	Spiced Tomato Mix - Bottle Lrg	6 x 750ml	3.35	SV
JU381	Spiced Tomato Mix - Bottle Sml	24 x 250ml	1.35	SV
JU379	Spiced Tomato Mix - Can	24 x 150ml	0.99	SV
<b>BIONA</b>				
	1L Pressed Juices			
JU448	Peach, Apricot & Apple Juice	6 x 1l	5.75	OV
JU181	Pomegranate	6 x 1l	7.59	OV
JU130	Tart Cherry Juice	6 x 1l	7.79	OV
	750ml Pure Pressed			
JU543	Apple Juice	6 x 750ml	3.25	OV
JU288	Carrot Juice	6 x 750ml	3.55	OV
JU541	Orange Juice	6 x 750ml	5.79	OV
JU269	Red Grape Juice	6 x 750ml	4.65	OV
JU289	Tomato Juice	6 x 750ml	3.55	OV
	Glass Bottles			
JU521	Cranberry Fruit Drink	6 x 750ml	6.29	OV
JU182	Pomegranate Juice	6 x 200ml	2.75	OV
	Organic Pure Pressed Juices			
JU703	Ginger Juice	6 x 200ml	5.49	OV
JU702	Lemon Juice	6 x 200ml	2.45	OV
JU802	Lime Juice	6 x 200ml	3.50	OV
	Superjuice			
JU297	Acerola Cherry Juice	6 x 330ml	7.59	OV
JU028	Blueberry Juice	6 x 330ml	8.65	OV
JU508	Cranberry Juice	6 x 330ml	6.90	OV

code	product	size	rrp	bfgosv
JU127	Cranberry Juice	6 x 750ml	1.15	OV
JU132	Elderberry Juice Tetrapacks	6 x 330ml	5.39	OV
JU252	Apple Juice	6 x 1l	3.65	OV
JU184	Beetroot Juice	12 x 500ml	2.65	OV
JU151	Carrot Juice	12 x 500ml	2.45	OV
	<b>BUMBLEZEST</b>			
	Health Shots - Glass Bottle			
JU768	Calm & Comfort Shot	10 x 60ml	2.29	V
JU769	Detox & Defend Shot	10 x 60ml	2.15	V
JU771	Fire & Fortify Shot	10 x 60ml	2.29	V
JU770	Mind & Mood Shot	20 x 60ml	2.15	V
JU767	Propel & Protect Shot	10 x 60ml	2.15	V
	<b>CAWSTON PRESS</b>			
JU328	Apple & Elderflower	6 x 1l	3.65	V
JU329	Apple & Ginger	6 x 1l	3.65	V
JU444	Apple & Rhubarb	6 x 1l	3.65	V
JU090	Brilliant Beetroot	6 x 1l	3.85	V
JU631	Cloudy Apple	6 x 1l	3.65	V
JU214	Orange Juice Kids Cartons	6 x 1l	3.85	V
JU308	Kids Apple & Mango Juice	6 x 3 x200ml	3.25	V
JU309	Kids Apple & Pear Juice	6 x 3 x200ml	3.25	V
JU014	Kids Apple & Summer Berries	6 x 3 x200ml	3.25	V
JU799	Kids Cloudy Apple Juice	6 x 3 x200ml	3.25	V
	<b>DUSKIN</b>			
JU639	Apple Juice - Braeburn	6 x 1l	4.25	V
JU305	Apple Juice - Bramley	6 x 1l	4.25	V
JU292	Apple Juice - Cox	6 x 1l	4.25	V
JU487	Apple Juice - Gala	6 x 1l	4.25	V
JU550	Apple Juice - Golden Delicious	6 x 1l	4.25	V
JU317	Apple Juice - Russet	6 x 1l	4.25	V
	<b>FLAWSOME!</b>			
	Health Shots - Glass Bottles			
JU013	Gut Health Pre-biotic Shot Not from concentrate juices	12 x 60ml	2.19	V
JU825	Apple & Strawberry Juice	12 x 250ml	2.15	GV
JU826	Apple & Superberry Juice	12 x 250ml	2.15	GV
JU820	Orange Juice	12 x 250ml	2.15	GV
JU821	Sweet & Sour Apple Juice	12 x 250ml	2.15	GV
	<b>FROBISHERS</b>			
	Not from concentrate juices			
JU211	Apple Juice	24 x 250ml	1.85	V
JU213	Bumbleberry Juice	24 x 250ml	1.85	V
JU215	Mango Juice	24 x 250ml	1.85	V
JU210	Orange Juice	24 x 250ml	1.85	V
	<b>JAMES WHITE</b>			
	Glass Bottles 250ml			
JU621	Apple & Crushed Ginger	24 x 250ml	1.75	OV
JU064	Apple Juice	24 x 250ml	1.75	OV
JU608	Carrot & Apple Juice	24 x 250ml	1.75	OV
JU599	Pear Juice	24 x 250ml	1.75	OV
	Glass Bottles 750ml			
JU864	Apple & Ginger	6 x 750ml	3.89	OV
JU095	Apple Juice	6 x 750ml	3.89	OV
JU325	Carrot	6 x 750ml	3.89	OV
JU862	Carrot & Apple Juice	6 x 750ml	3.89	OV
JU863	Pear & Raspberry Juice	6 x 750ml	5.25	OV
JU860	Pear Juice	6 x 750ml	3.89	OV
JU398	Prune Juice	6 x 750ml	4.90	V
JU431	Tomato	6 x 750ml	3.89	OV

code	product	size	rrp	bfgosv
JU324	Vegetable Juice Tetrapack 1L	6 x 750ml	3.89	OV
JU391	British Carrot	8 x 1l	3.69	FCVB
<b>JUICE BURST</b>				
JU263	Apple Juice	12 x 330ml	1.45	V
JU261	Orange Juice 330ml	12 x 330ml	1.45	V
<b>LUSCOMBE DRINKS</b>				
JU105	English Apple Juice	24 x 270ml	1.99	OV
<b>PIP ORGANIC</b>				
	Fruit Juice			
JU670	Cloudy Apple	6 x 4 x180ml	5.49	OV
JU696	Strawberry & Blackcurrant Fruit Juice with Spring Water	6 x 4 x180ml	5.49	OV
JU698	Blackcurrant, Raspberry, Apple	6 x 4x180ml	5.49	OV
JU699	Mango, Orange & Apple Smoothies	6 x 4x180ml	5.49	OV
JU697	Pineapple & Mango Smoothie	6 x 4 x180ml	5.49	OV
JU065	Strawberry & Banana Smoothie	6 x 4 x180ml	4.99	OV
<b>SUNITA</b>				
JU129	Orange Juice - organic	6 x 1l	5.55	OV
<b>ZINGER</b>				
	Zinger Health Shots			
JU647	Extra Hot Ginger Zinger Shot	15 x 70ml	1.79	OV
JU571	Ginger Zinger Shot	15 x 70ml	1.79	OV
JU264	Sour Cherry	15 x 70ml	1.79	GV
JU640	Turmeric Zinger Shot	15 x 70ml	1.79	V
<b>GRAINS</b>				
<b>SUMA PREPACKS</b>				
QS055	Barley Grain - pearl	6 x 500g	1.45	V
QS140	Black Rice - Nerone	6 x 500g	3.95	V
QS111	Bulgar wheat - coarse	6 x 500g	1.75	V
QS051	Couscous	6 x 500g	2.50	V
QS041	Couscous - Pearl	6 x 500g	2.15	V
QS082	Freekeh - Cracked Wheat Grain	6 x 500g	3.55	V
QS090	Rice - arborio (risotto)	6 x 500g	2.99	V
QS085	Rice - basmati brown	6 x 500g	2.15	V
QS050	Rice - basmati white	6 x 500g	2.29	V
QS052	Rice - long grain brown	6 x 500g	1.59	V
QS104	Rice - pudding white	6 x 500g	2.29	V
QS222	Rice - sushi	6 x 500g	2.25	V
QS102	Rice - wild	6 x 125g	2.89	V
QS061	Tapioca	6 x 500g	2.39	V
<b>SUMA PREPACKS - ORGANIC</b>				
QS068	Buckwheat - unroasted organic	6 x 500g	2.99	OV
QS300	Bulgar wheat - organic	6 x 500g	1.99	OV
QS150	Corn Couscous - Organic	6 x 500g	3.25	OV
QS301	Couscous - wholemeal, organic	6 x 500g	2.25	OV
QS322	Millet - organic	6 x 500g	2.49	VO
QS165	Pearl barley, organic	6 x 500g	1.65	OV
QS070	Popcorn - organic	6 x 500g	2.29	OV
QS065	Quinoa, Red - Organic	6 x 500g	3.25	OV
QS075	Quinoa, Tricolour - Organic	6 x 500g	3.35	OV
QS086	Quinoa, White - Organic	6 x 500g	2.99	OV
QS677	Rice - arborio, organic	6 x 500g	4.50	OV
QS302	Rice - basmati, brown organic	6 x 500g	2.85	OV
QS252	Rice - basmati, brown organic	6 x 750g	3.85	OV
QS303	Rice - white basmati organic	6 x 500g	2.95	OV
QS213	Rice - white basmati, organic	6 x 750g	3.99	OV
QS100	Rice -long grain brown organic	6 x 750g	3.15	VO
QS066	Rice-long grain brown organic	6 x 500g	2.29	OV



code	product	size	rrp	bfgosv
QS067	Rice-short grain brown organic	6 x 500g	2.35	OV
QS101	Rice-short grain brown organic	6 x 750g	3.29	VO
QS072	Wheat grain - organic	6 x 500g	1.35	OV
	<b>ARTISAN GRAINS</b>			
QS135	Four Grain Couscous	6 x 200g	1.76	V
QS107	Greenwheat Freekeh	6 x 200g	1.97	V
QS109	Royal Quinoa	6 x 220g	2.39	V
QS159	Tricolour Quinoa	6 x 200g	2.51	V
QS145	Wholegrain Freekeh	6 x 200g	1.97	V
	<b>BIONA</b>			
QS013	Fonio	6 x 350g	4.75	OV
QS096	Jasmine Brown Rice Organic	6 x 500g	3.95	OV
QS105	Pudding Rice Organic	6 x 500g	3.25	OV
QS099	Red Camargue Rice Organic	6 x 500g	4.35	OV
QS098	Risotto Brown Rice Organic	6 x 500g	3.85	OV
QS097	Wild Rice Mix	6 x 500g	3.85	OV
	<b>COOKS &amp; CO</b>			
QS046	Lemon & Pea Risotto	6 x 190g	3.15	V
QS053	Porcini Mushroom Risotto	6 x 190g	3.15	V
	<b>FULLGREEN</b>			
QS114	Riced Cauliflower	6 x 200g	2.49	V
QS010	Riced Cauliflower & Broccoli	6 x 200g	2.49	V
QS057	Riced Cauliflower Tomato Garlic	6 x 200g	2.49	V
QS044	Riced Sweet Potato	6 x 200g	2.49	V
	<b>HODMEDOD'S</b>			
QS021	Smoked Quinoa	8 x 300g	3.79	V
	<b>MR ORGANIC</b>			
QS020	Red Lentil Rice	12 x 250g	3.69	GOV
	<b>SHARPHAM PARK</b>			
QS058	Pearled Spelt Organic	12 x 500g	3.29	OV
QS148	Spelt Grain Organic	12 x 500g	2.55	OV
	<b>ZAYTOUN</b>			
QS014	Maftoul Giant Couscous	6 x 200g	3.89	FOV
QS131	Smoky Freekeh	6 x 200g	3.65	FV
	<b>GRAVY, STOCK &amp; BOUILLON</b>			
	<b>SUMA ORGANIC</b>			
LJ650	Organic Bouillon	12 x 150g	2.55	GOV
	<b>FREE &amp; EASY</b>			
LJ008	Gravy Sauce Mix	6 x 130g	2.19	GV
	<b>KALLO</b>			
LJ102	French Onion Stock Cubes	15 x 66g	1.75	GOVS
LJ103	Garlic & Herb Stock Cubes	15 x 66g	1.75	GOVS
LJ034	Low Salt Org Gravy Granules	6 x 160g	3.29	OSV
LJ171	Low Salt Vegetable Stock Cubes	15 x 60g	1.75	GOVS
LJ122	Mushroom Stock Cubes	15 x 66g	1.75	GOVS
LJ101	Tomato & Herb Stock Cubes	15 x 66g	1.75	GOVS
LJ205	Umami Stock Cubes	15 x 66g	1.69	GOV
LJ120	Vegetable Stock Cubes	15 x 66g	1.75	GOV
LJ249	Vegetable Stock Paste	10 x 100g	2.89	OV
LJ147	Yeast Free Veg.Stock Cubes	15 x 66g	1.75	GV
	<b>MARIGOLD</b>			
LJ211	Bouillon Cubes	12 x 8	1.49	GOV
LJ043	Bouillon Powder	6 x 150g	2.55	GV
LJ044	Bouillon Powder	6 x 500g	6.35	GV
LJ073	Bouillon Powder - Organic	6 x 150g	2.55	GOV
LJ238	Bouillon Powder - Organic	6 x 500g	7.75	GOV
LJ070	Bouillon Powder - Reduced Salt	6 x 150g	2.45	GV
LJ237	Bouillon Powder - Reduced Salt	6 x 500g	7.39	GV
LJ178	Bouillon Reduced Salt	1 x 2kg	22.49	FGV
LJ032	Engevita with B12 Y/Flakes	1 x 750g	23.15	V
LJ062	Gravy Granules - Instant	6 x 170g	1.95	GSV

code	product	size	rrp	bfgosv
LJ195	Gravy Granules - Instant	1 x 2kg	16.99	GV
LJ326	Gravy Powder - Organic	6 x 110g	2.49	OVS
LJ208	Organic Bouillon	1 x 2kg	23.49	FGOV
LJ074	Organic Bouillon Reduced Salt	6 x 140g	2.79	GOV
LJ193	Organic Bouillon Reduced Salt	6 x 500g	7.85	OV
LJ253	Organic Reduced Salt Bouillon	1 x 2kg	4.65	FGOV
LJ139	Original Bouillon	1 x 2kg	21.75	FCV
LJ321	Yeast Free Bouillon Stock Cube	12 x 84g	1.49	GOV
<b>NINE MEALS FROM ANARCHY</b>				
LJ210	Real Veg Stock - Garden Herb	6 x 105g	3.49	OV
LJ033	Real Veg Stock - Original	6 x 105g	3.49	OV
LJ213	Real Veg Stock - Umami	6 x 105g	3.49	OV
<b>RIVER COTTAGE</b>				
LJ254	Garlic & Herb Veg Stock	6 x 105g	3.49	OV
LJ257	Hugh's Classic Veg Stock	6 x 105g	3.49	OV
LJ258	Smoky Spicy Veg Stock	6 x 105g	3.49	OV
LJ263	Tomato & Basil Veg Stock	6 x 105g	3.49	OV
LJ264	Ultimate Umami Veg Stock	6 x 105g	3.49	OV
<b>VECON</b>				
LJ049	Vegetable Stock	1kg	15.59	V
LJ048	Vegetable Stock	8 x 225g	3.89	V
<b>HERB &amp; FRUIT TEA INFUSIONS</b>				
<b>CELESTIAL SEASONINGS</b>				
TE333	Bengal Spice	6 x 20 bags	3.29	V
TE987	Cinnamon & Cardamom	6 x 20 bags	3.29	OV
TE986	Ginger & Turmeric	6 x 20 bags	3.29	OV
TE266	Sleepytime	6 x 20 bags	2.99	V
TE336	Sleepytime Extra	6 x 20 bags	3.29	V
TE340	Tension Tamer	6 x 20 bags	2.99	V
<b>CLIPPER</b>				
TE011	Rooibos	6 x 80 bags	4.85	OV
Everyday Infusions				
TE788	Chamomile	6 x 20 bags	2.65	OV
TE963	Dandelion	6 x 20 bags	2.65	OV
TE694	Fennel	6 x 20 bags	2.65	OV
TE035	Indian Chai	4 x 20 bags	2.19	FGOV
TE960	Lemon & Ginger	6 x 20 bags	2.65	OV
TE942	Liquorice	6 x 20 bags	2.65	OV
TE959	Nettle	6 x 20 bags	2.65	OV
TE629	Organic Detox	6 x 20 bags	2.65	OV
TE631	Organic Sleep Easy	6 x 20 bags	2.65	OV
TE789	Peppermint	6 x 20 bags	2.65	OV
Food Service Range				
TE148	Chamomile	6 x 25 bags	3.49	FOV
TE455	Lemon & Ginger	6 x 25 bags	4.50	OV
TE166	Peppermint	6 x 25 bags	3.49	FOV
TE454	Wild Berry	6 x 25 bags	4.50	OV
Mood Infusions				
TE118	After Dinner Mints	4 x 20 bags	2.99	OV
TE423	Cleanse With Benefits	4 x 20 bags	2.99	OV
TE264	Groovy Ginger	4 x 20 bags	3.59	OV
TE070	Karma Mama	4 x 20 bags	3.59	OV
TE352	Restoring Roots	4 x 20 bags	2.99	OV
TE127	Snore & Peace	4 x 20 bags	2.99	OV
<b>DRAGONFLY TEA</b>				
TE440	Cape Malay Rooibos Chai	4 x 20 bags	2.65	OV
TE588	Cape Rooibos & Honeybush Tea	4 x 20 bags	2.65	OV
TE569	Golden Balance Turmeric Tea	4 x 20 bags	2.89	OV
TE813	Good Dragon Pu'er Tea	4 x 20 bags	2.65	OV
TE139	Happy Times Tulsi	4 x 20 bags	2.89	OV

code	product	size	rrp	bfgosv
TE581	Mint Garden Digestif	4 x 20 bags	2.89	OV
TE338	Moonlight Jasmine	4 x 20 bags	2.65	OV
TE339	Moroccan Mint	4 x 20 bags	2.65	OV
TE046	Mountain Honeybush Tea	4 x 20 bags	2.65	OV
TE546	Night Sky Calm	4 x 20 bags	2.89	OV
TE234	Swirling Mist White Tea	4 x 20 bags	2.89	OV
TE145	True Clarity Ginger	4 x 20 bags	2.89	OV
	Rooibos Teas			
TE363	Rooibos	4 x 40 bags	3.10	OV
TE367	Rooibos Earl Grey	4 x 40 bags	3.10	OV
TE376	Rooibos Vanilla	4 x 40 bags	3.10	OV
	<b>ELEVEN O'CLOCK</b>			
TE381	Rooibos	4 x 40 bags	2.59	OV
TE382	Rooibos	4 x 80 bags	5.90	OV
	<b>ESSENTIAL</b>			
TE271	Camomile Herbal Infusion	4 x 20 bags	2.45	OV
TE279	Peppermint Herbal Infusion	4 x 20 bags	2.45	OV
	<b>FLORADIX</b>			
TE126	Hawthorn	12 x 15 bags	2.55	OV
TE457	Sage	12 x 15 bags	2.55	VO
	<b>GREENYPEEPS</b>			
	Carbon Negative Tea			
TE439	Camomile	6 x 20 bags	2.99	FOV
TE446	Lemongrass & Ginger	6 x 20 bags	2.99	FOV
TE444	Peppermint	6 x 20 bags	2.99	FOV
TE445	Spiced Chai	6 x 20 bags	2.99	FOV
	<b>HAMPSTEAD TEA</b>			
TE550	Camomile	4 x 20 bags	2.99	OVB
TE600	Fennel and Peppermint	4 x 20 bags	2.99	OVB
TE555	Lavender Valerian	4 x 20 bags	2.99	OVB
TE572	Lemon Ginger	4 x 20 bags	2.99	OVB
TE556	Peppermint Spearmint	4 x 20 bags	2.99	FOVB
TE557	Rosehip Hibiscus	4 x 20 bags	2.99	FOVB
	Wellness Teas			
TE184	Matcha Green Tea with Nettle	4 x 20 bags	2.99	OVB
TE220	Rooibos	4 x 20 bags	2.99	OVB
TE180	Sleep Well	4 x 20 bags	2.99	OVB
TE227	Turmeric with Cinnamon	4 x 20 bags	2.99	OVB
	<b>HEATH AND HEATHER</b>			
	Botanicals			
TE295	Morning Time	6 x 20 bags	3.55	OV
TE296	Night Time Tea	6 x 20 bags	3.55	OV
TE594	Turmeric Root Brew	6 x 20 bags	3.55	GOV
	Classic 50's			
TE023	Chamomile	6 x 50 bags	3.59	V
TE146	Nettle	6 x 50 bags	3.59	V
TE025	Peppermint	6 x 50 bags	3.59	V
	Infusions			
TE096	Apple & Cinnamon	6 x 20 bags	2.95	OV
TE665	Camomile	6 x 20 bags	2.95	OV
TE122	Camomile & Spearmint	6 x 20 bags	2.95	OV
TE160	Dandelion, Burdock & Hawthorn	6 x 20 bags	2.95	OV
TE681	Fennel	6 x 20 bags	2.95	OV
TE685	Nettle	6 x 20 bags	2.95	OV
TE662	Peppermint	6 x 20 bags	2.95	OV
TE682	Raspberry Leaf	6 x 20 bags	3.55	OV
TE274	Wild Rosehip	6 x 20 bags	2.95	OV
	<b>JUST T</b>			
TE163	Apple Moringa Affair	6 x 20 bags	3.29	OV
TE074	Baby It's Cold Outside	6 x 20 bags	3.29	OV
TE144	Cheek to Cheek	6 x 20 bags	3.29	OV

code	product	size	rrp	bfgosv
TE059	Daring Peach	6 x 20 bags	3.29	OV
TE174	Dynamic Day	6 x 20 bags	3.29	OV
TE051	Nordic Blueberry	6 x 20 bags	3.29	OV
TE049	Rhubarb Hygge	6 x 20 bags	3.29	OV
TE123	The Lucky Irishman	6 x 20 bags	3.29	OV
	<b>LOVE CBD</b>			
TE456	Hemp Tea	12 x 10 bags	5.99	GV
	<b>PUKKA</b>			
TE438	After Dinner Tea	4 x 20 bags	4.29	OV
TE927	Blackcurrant Beauty	4 x 20 bags	4.29	OV
TE421	Clean Matcha Green	4 x 20 bags	4.29	FOV
TE331	Elderberry & Echinacea	4 x 20 bags	4.29	OV
TE731	Feel New	4 x 20 bags	4.29	OV
TE235	Fresh Start	4 x 20 bags	4.29	OV
TE609	Ginseng Matcha Green	4 x 20 bags	4.29	FOV
TE318	Joy	4 x 20 bags	4.29	OV
TE481	Lemongrass and Ginger	4 x 20 bags	4.29	OV
TE478	Liquorice & Cinnamon	4 x 20 bags	4.29	OV
TE393	Love	4 x 20 bags	4.29	OV
TE490	Mint Matcha Green	4 x 20 bags	4.29	FOV
TE165	Mint Refresh	4 x 20 bags	4.29	OV
TE246	Night Time	4 x 20 bags	4.29	OV
TE231	Night Time Berry	4 x 20 bags	4.29	OV
TE095	Original (Black Spice) Chai	4 x 20 bags	4.29	FOV
TE102	Peace	4 x 20 bags	4.29	OV
TE043	Peppermint & Liquorice	4 x 20 bags	4.29	OV
TE473	Radiance	4 x 20 bags	4.29	OV
TE170	Relax	4 x 20 bags	4.29	OV
TE171	Revitalising	4 x 20 bags	4.29	OV
TE542	Supreme Green Matcha	4 x 20 bags	4.29	FOV
TE811	Three Chamomile	4 x 20 bags	4.29	OV
TE328	Three Cinnamon	4 x 20 bags	4.29	OV
TE602	Three Fennel	4 x 20 bags	4.29	OV
TE245	Three Ginger	4 x 20 bags	4.29	OV
TE814	Three liquorice	4 x 20 bags	4.29	OV
TE238	Three Mint	4 x 20 bags	4.29	OV
TE592	Tulsi Clarity	4 x 20 bags	4.29	OV
TE058	Turmeric Active	4 x 20 bags	4.29	GOV
TE623	Turmeric Gold	4 x 20 bags	4.29	FOV
TE094	Vanilla Chai	4 x 20 bags	4.29	FOV
TE292	Winter Warmer	4 x 20 bags	4.29	OV
TE727	Womankind	4 x 20 bags	4.29	OV
	Collections			
TE509	Day To Night Collection	4 x 20 bags	4.65	OV
TE678	Green Collection	4 x 20 bags	4.65	OV
	Gift Range			
TE335	Pukka Discovery Collection	6 x 42	3.15	OV
	<b>TAKA</b>			
TE306	Ginger Lemon Turmeric	4 x 15 bags	3.49	OV
TE304	Hibiscus Cinnamon Turmeric	4 x 15 bags	3.49	OV
TE305	Masala Chai Turmeric	4 x 15 bags	3.49	OV
	<b>TICK TOCK</b>			
	40 Bags			
TE659	Earl Grey	4 x 40 bags	2.89	V
TE431	Green Rooibos - organic	4 x 40 bags	2.89	OV
TE430	Rooibos - organic	4 x 40 bags	2.79	OV
	80 Bags			
TE434	Rooibos - organic	4 x 80 bags	5.35	OV
	Loose Leaf			
TE436	Rooibos Loose Leaf - organic	6 x 100g	2.75	OV
	Wellbeing Range			

code	product	size	rrp	bfgosv
TE119	Balance	6 x 20 bags	2.25	V
TE110	Bedtime	6 x 20 bags	2.25	V
TE117	Bounce	6 x 20 bags	2.25	V
TE057	Chai Relax	6 x 20 bags	2.25	V
TE047	Ginger Boost	6 x 20 bags	2.25	V
<b>YOGI TEA</b>				
TE593	Alkaline Herbs	6 x 17 bags	2.75	GOV
TE553	Bedtime	6 x 17 bags	2.75	OV
TE250	Bedtime Rooibos Vanilla	6 x 17 bags	2.75	OV
TE204	Black Chai	6 x 17 bags	2.75	OV
TE346	Breathe Deep	6 x 17 bags	2.75	OV
TE597	Choco	6 x 17 bags	2.75	OV
TE192	Classic Original	6 x 17 bags	2.75	OV
TE551	Detox	6 x 17 bags	2.75	OV
TE208	Echinacea	6 x 17 bags	2.75	OV
TE630	Feel Pure with Lemon	6 x 17 bags	2.75	GOV
TE591	Finest Selection	6 x 18 bags	2.99	GOV
TE835	Ginger	6 x 17 bags	2.75	OV
TE293	Ginger Lemon	6 x 17 bags	2.75	OV
TE836	Ginger Orange & Vanilla	6 x 17 bags	2.75	OV
TE195	Green Balance	6 x 17 bags	2.75	OV
TE209	Green Chai	6 x 17 bags	2.75	OV
TE194	Green Energy	6 x 17 bags	2.75	OV
TE787	Green Tea Matcha Lemon	6 x 17 bags	2.75	OV
TE028	Happy Nature	6 x 17 bags	2.75	OV
TE645	Heartwarming	6 x 17 bags	2.75	OV
TE187	Himalaya	6 x 17 bags	2.75	OV
TE785	Immune Support	6 x 17 bags	2.75	OV
TE998	Inner Harmony	6 x 17 bags	2.75	OV
TE638	Lime Mint	6 x 17 bags	2.75	OV
TE193	Liquorice	6 x 17 bags	2.75	OV
TE837	Liquorice Mint	6 x 17 bags	2.75	OV
TE342	Maca Chai	6 x 17 bags	2.75	OV
TE552	Men's Tea	6 x 17 bags	2.75	OV
TE353	Moon Salutation	6 x 17 bags	2.75	OV
TE252	Positive Energy Cranberry Hib	6 x 17 bags	2.75	OV
TE348	Relax	6 x 17 bags	2.75	OV
TE001	Rooibos	6 x 17 bags	2.75	OV
TE283	Rose	6 x 17 bags	2.75	OV
TE414	Soul Balm	6 x 17 bags	2.75	OV
TE350	Stomach Ease	6 x 17 bags	2.75	OV
TE211	Sweet Chai	6 x 17 bags	2.75	OV
TE428	Sweet Chilli	6 x 17 bags	2.75	OV
TE554	Throat Comfort	6 x 17 bags	2.75	OV
TE349	Tulsi Relax	6 x 17 bags	2.75	OV
TE018	Turmeric Chai	6 x 17 bags	2.75	OV
TE088	Turmeric Orange	6 x 17 bags	2.75	OV
TE733	Wellbeing	6 x 17 bags	2.75	OV
TE012	White Tea with Aloe Vera	6 x 17 bags	2.75	OV
TE017	Women's Balance	6 x 17 bags	2.75	OV
TE355	Women's Energy	6 x 17 bags	2.75	OV
TE351	Women's Tea	6 x 17 bags	2.75	OV
TE013	Yoga Selection Box	6 x 405g	21.89	OV
	For The Senses			
TE625	Fresh Inspiration	6 x 17 bags	2.75	GOV
TE615	Good Night	6 x 17 bags	2.75	GOV
TE263	Natural Energy	6 x 17 bags	2.75	GOV
TE129	Natural Wellbeing	6 x 17 bags	2.75	GOV
TE610	Pure Happiness	6 x 17 bags	2.75	GOV
	Loose Tea			

code	product	size	rrp	bfgosv
TE620	Classic Chai	8 x 90g	2.95	OV
TE341	Turmeric Chai	8 x 90g	2.95	OV
<b>HERBS &amp; SPICES - BULK</b>				
<b>BULK WHOLE SPICES</b>				
HE207	Tamarind	200g	3.95	V
<b>HERBS &amp; SPICES - PREPACKED</b>				
<b>SUMA</b>				
Curry Spices				
HE330	Asafoetida Compound	6 x 20g	1.25	V
HE333	Curry Leaves	6 x 5g	1.25	V
HE363	Curry Powder - Hot	6 x 50g	1.25	V
HE334	Curry Powder - Madras	6 x 50g	1.25	V
HE335	Curry Powder - Mild	6 x 50g	1.25	V
Herbs				
HE133	Basil - rubbed	6 x 20g	1.25	V
HE134	Bay Leaves	6 x 10g	1.25	V
HE165	Bouquet Garni	6 x 6 sachet	1.25	V
HE332	Coriander Leaf	6 x 10g	1.25	V
HE032	Fenugreek Leaves	6 x 7g	1.25	V
HE030	Lemon grass	6 x 25g	1.25	V
HE031	Lime leaves - whole	6 x 4g	1.25	V
HE146	Marjoram	6 x 10g	1.25	V
HE185	Mint	6 x 20g	1.25	V
HE147	Mixed Herbs	6 x 20g	1.25	V
HE151	Oregano - rubbed	6 x 20g	1.25	V
HE153	Parsley - rubbed	6 x 15g	1.25	V
HE157	Rosemary	6 x 20g	1.25	V
HE158	Sage - rubbed	6 x 25g	1.25	V
HE159	Tarragon	6 x 12g	1.25	V
HE160	Thyme - rubbed	6 x 30g	1.25	V
Milled Spices				
HE181	Allspice - ground	6 x 40g	1.25	V
HE182	Arrowroot - ground	6 x 50g	1.25	V
HE029	Cardamom - ground	6 x 10g	1.25	V
HE168	Cayenne Pepper	6 x 50g	1.25	V
HE028	Celery Salt	6 x 100g	1.25	V
HE138	Chilli - ground	6 x 50g	1.25	V
HE139	Cinnamon - ground	6 x 50g	1.25	V
HE189	Cloves - ground	6 x 18g	1.25	V
HE142	Coriander - ground	6 x 40g	1.25	V
HE143	Cumin - ground	6 x 50g	1.25	V
HE180	Garam Masala	6 x 50g	1.25	V
HE145	Ginger - ground	6 x 40g	1.25	V
HE148	Mixed Spice	6 x 50g	1.25	V
HE360	Mustard - ground	6 x 50g	1.25	V
HE150	Nutmeg - ground	6 x 20g	1.25	V
HE152	Paprika	6 x 50g	1.25	V
HE188	Pepper, black - ground	6 x 30g	1.25	V
HE034	Smoked Paprika	6 x 35g	1.25	V
HE161	Turmeric	6 x 40g	1.25	V
Seasonings Range				
HE342	Cajun Spice	6 x 40g	1.25	V
HE077	Fajita Seasoning	6 x 40g	1.25	V
HE078	Five Spice Seasoning	6 x 40g	1.25	V
HE084	Ras-el-hanout Seasoning	6 x 30g	1.25	V
Whole Spices				
HE135	Caraway Seeds	6 x 50g	1.25	V
HE136	Cardamom Pods - green	6 x 10g	1.25	V
HE190	Celery Seed	6 x 50g	1.25	V

code	product	size	rrp	bfgosv
HE116	Chilli Flakes	6 x 25g	1.25	V
HE140	Cinnamon Sticks	6 x 20g	1.25	V
HE141	Cloves	6 x 18g	1.25	V
HE174	Coriander Seeds	6 x 40g	1.25	V
HE175	Cumin Seeds	6 x 50g	1.25	V
HE177	Fennel Seeds	6 x 50g	1.25	V
HE196	Fenugreek Seeds	6 x 50g	1.25	V
HE183	Juniper Berries	6 x 40g	1.25	V
HE149	Mustard Seeds - black	6 x 50g	1.25	V
HE186	Mustard Seeds - Yellow	6 x 50g	1.25	V
HE187	Nutmeg Whole	6 x 20g	1.25	V
HE206	Onion Seed	6 x 35g	1.25	V
HE154	Peppercorns - black	6 x 30g	1.25	V
HE001	Peppercorns - black	6 x 250g	3.55	V
HE361	Peppercorns - mixed	6 x 20g	1.25	V
HE193	Peppercorns - pink	6 x 12g	1.25	V
HE156	Poppy Seeds	6 x 50g	1.25	V
HE164	Star Anise	6 x 25g	1.25	V
	<b>SUMA ORGANIC</b>			
	Curry Spices			
HE070	Curry Leaves - organic	6 x 5g	1.69	OV
	Herbs - organic			
HE365	Basil - organic	6 x 20g	1.69	OV
HE366	Bay Leaves - organic	6 x 10g	1.69	OV
HE377	Dill Herb - organic	6 x 15g	1.69	OV
HE378	Garlic Granules - organic	6 x 20g	1.69	OV
HE380	Mixed Herbs - organic	6 x 20g	1.69	OV
HE385	Oregano - organic	6 x 20g	1.69	OV
HE017	Organic Herb Selection	1 x 12	1.69	OV
HE387	Parsley - organic	6 x 15g	1.69	OV
HE390	Rosemary - organic	6 x 20g	1.69	OV
HE391	Sage - organic	6 x 25g	1.69	OV
HE393	Thyme - Organic	6 x 25g	1.69	OV
	Milled Spices - Organic			
HE062	Cayenne Pepper - organic	6 x 35g	1.69	OV
	Milled Spices - organic			
HE371	Chilli powder - organic	6 x 25g	1.69	OV
HE370	Cinnamon - organic	6 x 30g	1.69	OV
HE374	Coriander - organic	6 x 40g	1.69	OV
HE376	Cumin Ground - organic	6 x 25g	1.69	OV
HE379	Ginger - organic	6 x 30g	1.69	OV
HE381	Mixed Spice - organic	6 x 25g	1.69	OV
HE384	Nutmeg, organic	6 x 20g	1.69	OV
HE386	Paprika - organic	6 x 25g	1.69	OV
HE094	Smoked Paprika - organic	6 x 25g	1.69	OV
HE394	Turmeric - organic	6 x 30g	1.69	OV
	Whole Spices - organic			
HE367	Caraway Seeds - organic	6 x 30g	1.69	OV
HE092	Chilli Flakes - organic	6 x 25g	1.69	OV
HE369	Cinnamon Bark - organic	6 x 15g	1.69	OV
HE372	Cloves - organic	6 x 20g	1.69	OV
HE373	Coriander Seed - organic	6 x 40g	1.69	OV
HE375	Cumin Seed - organic	6 x 25g	1.69	OV
HE073	Fennel Seeds - organic	6 x 40g	1.69	OV
HE060	Fenugreek Seeds - organic	6 x 40g	1.69	OV
HE368	Green Cardamom Pods - organic	6 x 10g	1.69	OV
HE382	Mustard Seed - black, organic	6 x 50g	1.69	OV
HE388	Peppercorns - black, organic	6 x 25g	1.69	OV
HE389	Poppy Seed Blue - organic	6 x 40g	1.69	OV
HE089	Star Anise - organic	6 x 15g	1.69	OV

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HE091	Whole Nutmeg - organic	6 x 20g	1.69	OV
	<b>BLACK GARLIC</b>			
HE068	Black garlic Balsajo	1 x 50g	4.15	V
	<b>EL REY DE LA VERA</b>			
HE075	Sweet Smoked Paprika	14 x 75g	2.69	V
	<b>PERSIAN TRADER</b>			
HE024	Saffron	12 x 125mg	1.49	V
HE127	Saffron	6 x 1g	6.95	V
HE037	Saffron	12 x 0.5g	3.49	V
	<b>STEENBERGS</b>			
HE015	Kala Namak	12 x 100g	2.95	V
	<b>ZAYTOUN</b>			
HE224	Za'atar Zesty Thyme Herb Mix	6 x 80g	4.29	V
	<b>HOUSEHOLD CLEANING PRODUCTS</b>			
	<b>ECOLEAF BY SUMA</b>			
HJ224	Bathroom Cleaner	6 x 500ml	2.75	V
HJ105	Fabric Conditioner	6 x 1.5l	4.79	V
HJ088	Fabric Conditioner Concentrate	8 x 750ml	2.75	V
HJ223	Hard Floor Cleaner	8 x 750ml	2.95	V
HJ055	Laundry Liquid	6 x 1.5l	7.95	V
HJ159	Laundry Liquid	6 x 1.5l	7.59	V
HJ080	Laundry Liquid Concentrate	8 x 750ml	5.99	V
HJ096	Liquid Hand Soap	6 x 500ml	4.19	V
HJ216	Liquid Stain Remover	6 x 500ml	2.89	V
HJ050	Multi Surface Cleaner	6 x 500ml	2.85	V
HJ217	Rinse Aid	6 x 500ml	2.99	V
HJ056	Toilet Cleaner	6 x 750ml	2.65	V
HJ089	Toilet Cleaner	6 x 750ml	2.65	V
HJ047	Washing Up Liquid-Citrus Grove	6 x 1l	3.29	V
HJ131	Washing Up Liquid-Concentrated	6 x 500ml	3.15	V
HJ018	Washing Up Liquid-Orchard	6 x 1l	3.29	V
	20L/5L POS Refill Accessories			
DY058	Drum Tap - Fits 20 Litres	each	6.99	V
	5 Litres Bulk			
HJ181	Bathroom Cleaner	5l	11.49	V
HJ078	Fabric Conditioner	5l	11.49	V
HJ182	Hard Floor Cleaner	5l	2.25	V
HJ075	Laundry Liquid	5l	23.99	V
HJ174	Laundry Liquid	5l	24.49	V
HJ124	Liquid Hand Soap	5l	21.99	V
HJ287	Multi Surface Cleaner	5l	15.99	V
HJ072	Toilet Cleaner	5l	12.99	V
HJ067	Washing Up Liquid-Citrus Grove	5l	12.75	V
HJ073	Washing Up Liquid-Orchard	5l	12.75	V
	Dishwasher Tablets			
HJ160	Dishwasher Tablets	12 x 25 tablets	5.69	V
HJ161	Dishwasher Tablets	5 x 70 tablets	14.15	V
	Powders			
HJ129	Washing Powder Concentrated	10kg	41.99	V
	<b>BIO D</b>			
	5 Litres Bulk			
HJ312	All Purpose Sanitiser	5l	12.49	V
HJ032	Bathroom Cleaner	5l	12.19	V
HJ608	Fabric Conditioner	5l	14.79	V
HJ233	Floor Cleaner + Linseed Soap	5l	24.99	V
HJ039	Glass Mirror Cleaner	5l	19.99	V
HJ107	Handwash - Antibacterial	5l	18.69	V
HJ178	Handwash - Geranium	5l	21.99	V
HJ116	Handwash - Lime & Aloe Vera	5l	21.99	V
HJ263	Handwash - Plum & Mulberry	5l	21.99	V



code	product	size	rrp	bfgosv
HJ247	Home & Garden Cleaner	5l	14.29	V
HJ800	Laundry Liquid	5l	27.99	V
HJ171	Laundry Liquid	5l	28.99	V
HJ177	Laundry Liquid	5l	28.99	V
HJ654	Multi Surface Cleaner	5l	16.99	V
HJ665	Toilet Cleaner	5l	13.99	V
HJ184	Toilet Cleaner	5l	13.99	V
HJ097	Washing Up Liquid	5l	12.99	V
HJ165	Washing Up Liquid	5l	15.39	V
HJ314	Washing Up Liquid	5l	15.39	V
	Handwash			
HJ117	Handwash - Fragrance Free	6 x 500ml	4.25	V
HJ235	Handwash - Geranium	6 x 500ml	4.49	V
HJ119	Handwash - Lime & Aloe Vera	6 x 500ml	4.49	V
HJ264	Handwash - Plum & Mulberry	6 x 500ml	4.49	V
	Powders			
HJ081	Washing Powder Concentrated	1kg	5.25	V
HJ082	Washing Powder Concentrated	2kg	9.95	V
HJ103	Washing Powder Concentrated	12.5kg	61.99	V
	Retail			
HJ229	All Purpose Sanitiser Spray	12 x 500ml	3.25	V
HJ230	Bathroom Cleaner Spray	12 x 500ml	3.35	V
HJ172	Bathroom Cleaner Spray	12 x 500ml	3.39	V
HJ234	Dishwasher Tablets	8 x 30 tablets	7.89	V
HJ004	Fabric Conditioner	12 x 1l	3.65	V
HJ296	Fabric Conditioner Concentrate	12 x 1l	4.19	V
HJ232	Floor Cleaner	12 x 750ml	4.75	V
HJ012	Furniture Polish	6 x 150g	8.99	V
HJ226	Glass and Mirror Spray	12 x 500ml	3.39	V
HJ003	Laundry Liquid	12 x 1l	6.25	V
HJ176	Laundry Liquid	12 x 1l	6.69	V
HJ222	Laundry Liquid	12 x 1l	6.69	V
HJ228	Multi Surface Cleaner	12 x 750ml	3.25	V
HJ244	Toilet Cleaner	12 x 750ml	2.89	V
HJ170	Toilet Cleaner	12 x 750ml	2.99	V
HJ225	Washing Up Liquid	12 x 750ml	2.65	V
HJ157	Washing Up Liquid	12 x 750ml	2.85	V
HJ315	Washing Up Liquid	12 x 750ml	2.85	V
	<b>ECOEGG</b>			
HJ141	Laundry Egg	5 x 1 egg	11.49	V
HJ142	Laundry Egg	5 x 1 egg	11.49	V
HJ155	Laundry Egg	5 x 1 egg	11.49	V
	Laundry Refills			
HJ163	Laundry Egg Refills	10 x 1	5.79	V
HJ164	Laundry Egg Refills	10 x 1	5.79	V
HJ168	Laundry Egg Refills	10 x 1	5.79	V
	<b>ECOVER</b>			
HJ100	All Purpose Cleaner	6 x 1l	3.59	V
HJ002	Bathroom Cleaner	6 x 500ml	2.89	V
HJ024	Floor Cleaner	12 x 1l	3.75	V
HJ874	Limescale Remover	6 x 500ml	4.90	V
HJ095	Multi Surface Cleaner	6 x 500ml	2.89	V
HJ214	Oven & Hob Cleaner	6 x 500ml	4.29	V
HJ999	Stain Remover	9 x 200ml	3.55	V
HJ011	Toilet Cleaner	6 x 750ml	2.45	V
HJ511	Toilet Cleaner	6 x 750ml	2.45	V
HJ304	Toilet Cleaner Fast Action	6 x 750ml	2.75	V
HJ041	Washing Up Liquid	8 x 450ml	1.99	V
HJ260	Washing Up Liquid	8 x 450ml	1.99	V
HJ509	Washing Up Liquid	8 x 450ml	1.99	V

code	product	size	rrp	bfgosv
HJ221	Washing Up Liquid	8 x 450ml	2.50	V
HJ031	Washing Up Liquid	8 x 950ml	3.75	V
HJ888	Washing Up Liquid	8 x 950ml	3.75	V
HJ091	Window Cleaner	6 x 500ml	4.29	V
	5 Litres Bulk			
HJ272	5L Pump	1 x 1	6.75	V
HJ008	All Purpose Cleaner - Conc	5l	12.49	V
HJ323	Fabric Conditioner	5l	14.49	V
HJ070	Floor Soap - Porous Surfaces	5l	18.49	V
HJ527	Hand Soap	5l	32.25	V
HJ071	Laundry Liquid - Delicate	5l	25.19	V
HJ030	Laundry Liquid Bio Concentrate	5l	34.49	V
HJ321	Laundry Liquid Non Bio	5l	22.29	V
HJ276	Laundry Liquid NonBio C\trate	5l	34.49	V
HJ069	Toilet Cleaner	5l	14.59	V
HJ033	Washing Up Liquid	5l	16.59	V
HJ045	Washing Up Liquid	5l	16.59	V
	Bag in Box Range			
HJ084	15L Refill Tap	each	7.99	V
	Dishwasher Products			
HJ086	Dishwasher Rinse Aid	12 x 500ml	4.55	V
HJ136	Dishwasher Tablets All In One	6 x 22 tablets	9.19	V
HJ211	Dishwasher Tablets All In One	5 x 68 tablets	21.29	V
HJ087	Dishwasher Tablets Classic	6 x 25 tablets	7.89	V
HJ132	Dishwasher Tablets Classic	5 x 70 tablets	18.49	V
	Hand Products			
HJ123	Liquid Hand Soap	6 x 250ml	3.95	V
HJ254	Liquid Hand Soap	6 x 250ml	3.95	V
HJ054	Liquid Hand Soap Refill	6 x 1l	1.25	V
	Laundry			
HJ325	Fabric Conditioner	6 x 750ml	2.59	V
HJ326	Fabric Conditioner	6 x 750ml	2.59	V
HJ324	Fabric Conditioner	6 x 1.5l	5.49	V
HJ327	Fabric Conditioner	6 x 1.5l	5.49	V
HJ339	Fabric Conditioner	6 x 1.5l	5.49	V
HJ076	Laundry Bleach	6 x 400g	2.29	V
HJ106	Laundry Liquid - Bio	6 x 1.5l	12.45	V
HJ262	Laundry Liquid - Delicate	6 x 750ml	4.95	V
HJ549	Laundry Liquid - Non Bio	6 x 1.5l	8.69	V
HJ257	Laundry Liquid - Non Bio	6 x 1.5l	12.69	V
HJ277	Laundry Liquid Non - Bio	6 x 1l	8.99	V
HJ145	Washing Powder - Biological	6 x 750g	5.89	V
HJ143	Washing Powder - Non bio	6 x 750g	5.45	V
HJ238	Washing Powder - Non Bio	4 x 3kg	18.75	V
HJ188	Washing Powder Non - Bio Zero	3 x 1.8kg	12.15	V
HJ349	Dishwasher Tablets Zero	6 x 25 tablets	8.59	V
HJ200	Fabric Conditioner	6 x 1.5l	5.49	V
HJ202	Laundry Liquid Zero	6 x 1.5l	12.49	V
HJ348	Laundry Liquid Zero - Delicate	6 x 1l	6.89	V
HJ203	Washing Powder Zero	7.5kg	41.49	V
HJ205	Washing Up Liquid Zero	8 x 450ml	1.99	V
	Zero - 5 Litres Bulk			
HJ133	Laundry Liquid Zero Non - Bio	5l	34.49	V
HJ134	Washing Up Liquid Zero	5l	16.79	V
	<b>ECOZONE</b>			
HJ044	Appliance Descaler	12 x 500ml	4.69	GV
HJ351	Dishwasher Tablets All In One	12 x 25 tablets	4.25	V
HJ352	Dishwasher Tablets All In One	6 x 72 tablets	9.59	V
HJ275	Dishwasher Tablets Brilliance	5 x 65 tablets	9.59	V

code	product	size	rrp	bfgosv
HJ146	Dishwasher Tablets Classic 72	6 x 72 tablets	9.59	V
HJ121	Enzymatic Drain Sticks	12 x 12 x 1	6.39	V
HJ052	Laundry Capsules Non-Bio	12 x 500g	8.39	V
HJ318	Laundry Liquid - Non Bio	2l	11.99	V
HJ317	Laundry Liquid Bio	2l	11.99	V
HJ204	Laundry Tablets - Brightening	12 x 48 tablets	14.99	V
HJ038	Limescale Remover - Tough	6 x 500ml	2.99	V
HJ114	Machine Cleaner - 6 Tablets	8 x 120g	3.75	V
HJ278	Mould Remover	6 x 500ml	4.99	V
HJ158	Multi Surface Wipes - Anti Bac	8 x 40	2.49	V
HJ197	Plughole Unblocker	9 x 250ml	5.99	V
HJ020	Rinse Aid	12 x 500ml	2.25	V
HJ291	Soap Nuts - 330 Washes	1kg	12.15	V
HJ290	Soap Nuts 300g	1 x 300g	5.19	V
	<b>FAITH IN NATURE</b>			
	5 Litres Bulk - Household			
HJ021	Laundry Liquid	5l	3.75	V
HJ028	Washing Up Liquid	5l	28.79	V
	<b>GREEN FROG BOTANIC</b>			
HJ190	Laundry Soap Nuts - 1kg	10 x 1kg	15.49	OV
HJ189	Laundry Soap Nuts - 250g Bag	40 x 250g	4.50	OV
HJ183	Laundry Soap Nuts - 500g Bag	20 x 500g	9.19	OV
	<b>LOOFCO</b>			
HJ013	Washing Up Bar	12 x 100g	2.95	V
HJ149	Washing Up Soap	6 x 100g	3.29	V
	<b>METHOD</b>			
HJ147	All Purpose Cleaner - Anti Bac	8 x 828ml	4.35	V
HJ338	All Purpose Cleaner - Anti Bac	8 x 828ml	4.35	V
HJ253	All Purpose Floor Cleaner	6 x 739ml	4.89	V
HJ358	Anti Bac Spray Refill	4 x 2l	7.65	V
HJ005	Antibacterial Spray	8 x 828ml	4.35	V
HJ336	Bathroom Cleaner - Anti Bac	8 x 828ml	4.35	V
HJ354	Bathroom Cleaner Refill	4 x 2l	7.65	V
HJ245	Bathroom Spray	8 x 828ml	4.35	V
HJ359	Floor Cleaner	6 x 739ml	4.89	V
HJ152	Glass Spray	8 x 828ml	4.89	V
HJ248	Granite Spray	8 x 354ml	4.89	V
HJ246	Kitchen Spray	8 x 828ml	4.35	V
HJ249	Multi Purpose Cleaner	8 x 828ml	4.35	V
HJ250	Multi Purpose Cleaner	8 x 828ml	4.35	V
HJ305	Multi Surface Cleaner - Dreamy	6 x 240ml	5.49	V
HJ288	Multi Surface Cleaner - Joyful	6 x 240ml	5.49	V
HJ255	Multi Surface Cleaner - Lively	6 x 240ml	5.49	V
HJ298	Multi Surface Cleaner Refresh	6 x 240ml	5.49	V
HJ344	Shower Cleaner Refill	4 x 2l	7.65	V
HJ079	Shower Spray	8 x 828ml	4.35	V
HJ167	Shower Spray	8 x 828ml	4.35	V
HJ330	Washing Up Liquid	6 x 532ml	4.90	V
HJ331	Washing Up Liquid	6 x 532ml	4.90	V
HJ098	Wood for Good Floor Liquid	6 x 739ml	4.89	V
HJ243	Wood Polish Spray	8 x 354ml	4.89	V
	<b>Hand Products</b>			
HJ093	Foaming Handwash	6 x 300ml	3.69	V
DY071	Gel Handsoap	6 x 354ml	3.29	V
DY563	Gel Handsoap	6 x 354ml	3.29	V
DY567	Gel Handsoap	6 x 354ml	3.29	V
HJ111	Gel Handsoap	6 x 354ml	3.29	V
	<b>Hand Soaps - Anti Bacterial</b>			
DY158	Anti Bacterial Handsoap	6 x 350ml	3.99	V
DY167	Anti Bacterial Handsoap	6 x 350ml	3.99	V
DY166	Anti Bacterial Handsoap	6 x 350ml	3.99	V

code	product	size	rrp	bfgosv
	Laundry Products			
HJ357	Fabric Conditioner	4 x 1.575l	6.89	V
HJ355	Fabric Softener	4 x 1.575l	6.89	V
HJ356	Fabric Softener	4 x 1.575l	6.89	V
HJ332	Laundry Liquid - Concentrated	4 x 1.56l	12.99	V
HJ335	Laundry Liquid - Concentrated	4 x 1.56l	12.99	V
HJ334	Laundry Liquid - Concentrated	4 x 1.56l	12.99	V
	<b>SIMPLE LIVING ECO</b>			
HJ016	Laundry Sheets - Coconut	8 x 32 SHEET	9.99	V
HJ112	Laundry Sheets - Coconut	6 x 64 SHEET	17.99	V
HJ113	Laundry Sheets - Fresh Linen	6 x 64 SHEET	17.99	V
	<b>SPRUCE CLEANING</b>			
	Reusable Bottle and Refill			
HJ267	Bathroom Starter Kit	12 x 500ml	9.59	V
	<b>HOUSEHOLD PRODUCTS</b>			
	<b>ECOLEAF BY SUMA</b>			
	Household			
NF277	Cling Film 30cm x 30M	20 x 1	3.99	V
	Refuse Sacks			
NF270	Refuse Sacks 110L 8 Bags\Roll	12 x 8 rolls	2.90	V
	<b>D2W</b>			
NF076	Freezer Bags Large 10L	50 x 100 bag	1.85	V
NF074	Freezer Bags Medium 5L	50 x 200 bag	1.85	V
NF169	Pedal Bin Liners 20L	50 x 30 bags	2.25	V
NF494	Pedal Bin Liners Drawtape 20L	50 x 30 bags	2.25	V
NF050	Refuse Sack Drawtape 70L	24 x 10 bags	2.19	V
NF406	Refuse Sacks 70L	24 x 10 bags	1.79	V
NF495	Refuse Sacks 70L Value Pack	25 x 20 bags	2.49	V
NF102	Swing Bin Liner Drawtape 50L	50 x 15 roll	2.15	V
NF407	Swing Bin Liners 50L White	50 x 15 bags	2.19	V
NF358	Wheelie Bin Liners 240L	50 x rolls	2.49	V
	<b>ECOZONE</b>			
NF302	Bin Liners Tie Tape 30L	35 x 20 bags	5.99	V
NF473	Caddy Liner 10L	25 x 22 bags	2.89	V
	<b>HILL BRUSH COMPANY</b>			
NF781	Wooden Vegetable Brush	each	8.49	V
NF782	Wooden Wash Up Brush & 4 Heads	each	13.59	V
	<b>IF YOU CARE</b>			
	Baking & Cooking			
NF023	Baking Cups - Large	24 x 1 x 60	2.19	V
NF021	Parchment Baking Paper	12 x 1 rolls	5.19	V
NF186	Parchment Baking Sheets	12 x 24	4.50	V
NF466	Parchment Roasting Bags	8 x 6 bags	6.95	V
	Cleaning			
NF223	Household Gloves - Large	12 xlARgE	4.79	FV
NF018	Sponge Cloths	12 x 5 cloths	5.15	V
	Coffee Filters			
NF198	Coffee Filters - Number 2	12 x 100	3.49	V
NF196	Coffee Filters - Number 4	12 x 100	3.49	V
	Compostable Waste Bags			
NF177	Food Waste Bags 11L	12 x 30 bags	5.99	V
NF185	Tall Kitchen Refuse Sacks 49L	12 x 12 bags	5.85	V
	Firelighters			
NF491	Firelighters	12 x 28	2.59	V
NF338	Firelighters	12 x 1 pack	5.79	V
	Food Wrap and Bags			
NF032	Aluminium Foil - Extra Strong	12 x 1 rolls	6.79	V
NF500	Aluminium Foil 10M x 29.2cm	12 x rolls	4.99	V
NF405	Sandwich & Snack Bags - Paper	12 x 48 bags	4.95	V
NF375	Wax Paper - Unbleached	12 x 1	6.19	V
	<b>LOOFCO</b>			

code	product	size	rrp	bfgosv
	Bathroom			
NF166	Back Scrubber	4 x single	4.99	V
NF173	Bath Time Loofah - Smile	8 x single	3.55	V
NF289	Bathroom Cleaning Pad	6 x single	3.99	V
	Brushes			
HJ053	Bottle Brush	6 x 1	3.55	V
NF294	Gardener's Brush	4 x single	5.55	V
NF203	Kitchen Brush	6 x single	2.99	V
NF184	Water Bottle Brush	6 x single	3.99	V
	Cleaning			
HJ125	Cleaning Pad	6 x 1	2.95	V
NF278	Cleaning Pad 2 Pack	6 x 2 pack	4.99	V
NF206	Kitchen Cloth 2 Pack	6 x 2 pack	3.99	V
NF188	Mini Washing Up Pad	6 x 2 pack	2.99	V
HJ063	Root Vegetable Scrubber	6 x 1	2.99	V
HJ068	Washing Up Pad	6 x 2 pack	4.99	V
HJ058	Washing-Up Brush	6 x 1	2.79	V
HJ051	Washing-Up Brush with Handle	6 x 1	3.55	V
HJ048	Washing-Up Pad	8 x 1	2.95	V
HJ061	Washing-Up Scraper	6 x 1	2.95	V
	<b>MAD MONK</b>			
NF435	Bamboo Cutlery Set - 24 Pieces	4 x 1 set	6.99	V
	<b>MAISTIC</b>			
	Silly Range			
NF306	Food Sheets Medium	20 x 2PCS	4.49	V
NF335	Food Wrap - Large	20 x 1 PIECE	4.49	V
NF372	Food Wraps - Small & Large	20 x 2 PCS	4.49	V
NF353	Silicone Bag - Large	10 x 1 PIECE	12.99	V
NF351	Silicone Bag - Medium	10 x 1 PIECE	1.49	V
	<b>TOFUTURE</b>			
NF354	Tofu Press	1 x press	24.99	V
	<b>TRADCRAFT</b>			
NF181	Fair Trade Rubber Gloves	12 x 1 pairs	1.89	GFV
	<b>WASTE NOT</b>			
NF689	Caddy Liner 10L Compostable	24 x 20	4.25	V
	<b>INDIAN FOOD</b>			
	<b>AAGRAH</b>			
	CURRY BASES			
KJ147	Achari Tarka Base	6 x 270g	2.99	V
KJ156	Balti Tarka Base	6 x 270g	2.99	V
KJ170	Handi Tarka Base	6 x 270g	2.99	V
KJ142	Hydrabadi Tarka Base	6 x 270g	2.99	V
KJ159	Karahi Tarka Base	6 x 270g	2.99	V
KJ193	Kashmiri Korma Tarka Base	6 x 270g	2.99	V
KJ194	Lahsen Tarka Base	6 x 270g	2.99	V
KJ208	Tikka Masala Tarka Base	6 x 270g	2.99	V
	PICKLES			
KJ211	Lal Piaz	6 x 200g	2.99	V
KJ209	Mango Murabba	6 x 200g	2.99	V
	<b>GEO ORGANICS</b>			
VF740	Balti Paste OG	6 x 180g	2.95	OV
VF249	Bhuna Curry Paste	6 x 180g	2.99	OV
VF743	Korma Paste OG	6 x 180g	2.69	OV
VF742	Madras Curry Paste OG	6 x 180g	2.99	OV
KJ573	Mango Chutney OG Fairtrade	6 x 300g	3.39	FOSV
VF744	Tikka Masala Paste OG	6 x 180g	2.79	OV
	<b>MERIDIAN</b>			
VF019	Korma Sauce	6 x 350g	2.89	GSV
VF025	Tikka Masala Sauce	6 x 350g	2.89	GSV
	<b>PATAKS</b>			
	Curry Pastes			

code	product	size	rrp	bfgosv
KJ222	Korma Curry Paste	6 x 290g	3.99	GV
KJ054	Madras Curry Paste	6 x 283g	3.99	GV
KJ152	Rogan Josh Curry Paste	6 x 283g	3.99	GSV
KJ246	Tikka Masala Curry Paste	6 x 283g	3.99	GSV
KJ059	Vindaloo Curry Paste	6 x 283g	3.99	GV
	Pappadums			
VF293	Pappadums - Plain	12 x 100g	2.50	V
	Pickles			
KJ040	Aubergine Pickle (Was Bringal)	6 x 312g	3.39	VS
KJ041	Chilli Pickle	6 x 283g	3.39	GV
KJ045	Lime Pickle - Medium/Hot	6 x 283g	3.39	V
KJ047	Mango Pickle - Medium	6 x 283g	3.39	GV
KJ049	Mixed Pickle	6 x 283g	3.39	GV
	<b>PUNJABAN</b>			
	Bases (Sauce Concentrate)			
KJ374	Authentic Curry Base - Medium	6 x 350g	3.89	GV
KJ373	Authentic Curry Base - Mild	6 x 350g	3.89	GV
KJ379	Butter 'Chicken' Base	6 x 350g	3.89	GV
KJ383	Tasty Tamarind Curry Base	6 x 350g	3.89	GV
KJ083	Tikka Masala Curry Base Sauce	6 x 350g	3.89	GV
	Naan Breads			
KJ280	Chilli Naan Bread	12 x 220g	3.15	V
KJ281	Garlic and Coriander Naan	12 x 220g	3.15	SV
KJ282	Tandoori Naan Bread	12 x 220g	3.15	SV
	<b>INTIMATE CARE</b>			
	<b>FAIR SQUARED</b>			
	Natural Latex. Carbon Neutral			
DY943	Original Condoms	6 x 10	9.95	FV
	<b>HERE WE FLO</b>			
	Flo Period Care			
NF017	Bamboo Day Pads	8 x 16	3.95	OV
NF010	Bamboo Liners	12 x 24	3.29	OV
NF041	Bamboo Night Pads	8 x 14	3.95	OV
NF060	Bamboo Ultra-Long Pads	8 x 10	3.95	OV
NF009	Eco-Applicator Tampons	12 x 14	4.39	OV
	Glo Bladder Care			
NF082	Bamboo Liner Sensitive Bladder	12 x 16	3.29	OV
NF075	Bamboo Ultra-Long Pad	8 x 10	3.29	OV
NF066	Bamboo Ultra-Secure Pads	8 x 12	3.29	OV
	<b>MOONCUP</b>			
DY606	Mooncup Size 'A'	each	22.49	V
DY680	Mooncup Size 'B'	each	22.49	V
	<b>NATRACARE</b>			
	Incontinence Pads			
NF059	Dry & Light Incontinence Pads	6 x 20	4.19	V
	Maternity Pads			
NF152	New Mother Maternity Pads	10 x 10	3.90	V
	Maxi Pads			
NF889	Maxi Pads - Night Time	12 x 10	3.19	V
NF298	Maxi Pads - Regular	12 x 14	2.59	V
NF299	Maxi Pads - Super	12 x 12	2.59	V
	Panty Liners			
NF096	Mini Panty Liner	10 x 30	2.90	V
NF048	Organic Cotton Panty Liners	16 x 22	2.49	OV
NF121	Panty Liner Curved	16 x 30	2.90	V
NF104	Wrapped Panty Liner	10 x 18	2.90	V
	Tampons			
NF826	Applicator Tampon - Super	12 x 16	3.79	OV
NF823	Applicator Tampons - Regular	12 x 16	3.59	OV
NF085	Tampons Regular - Organic	12 x 20	3.19	VO

code	product	size	rrp	bfgosv
NF086	Tampons Super - Organic	12 x 20	3.29	OV
NF087	Tampons Super Plus - OG Ultra Pads	12 x 20	3.59	VO
NF304	Ultra Extra Pad Normal - Wings	12 x 12	2.69	V
NF300	Ultra Extra Pads Long - Wings	12 x 8	2.69	V
NF313	Ultra Extra Super Pads Winged	12 x 10	2.69	V
NF755	Ultra Pad - Long with Wings	12 x 10	2.69	V
NF862	Ultra Pads Super Plus	12 x 12	2.69	V
NF827	Ultra Regular Pad with Wings	12 x 14	2.69	V
NF442	Ultra Super Pads with Wings Wipes	12 x 12	2.69	V
NF204	Organic Cotton Intimate Wipes	24 x 12	2.59	OV
NF251	Safe to Flush Moist Tissues	16 x 30	2.29	V
<b>NORA</b>				
Accessories				
NF400	Reusable Out and About Bag Celeste Green Pattern + Black	10 x 1	7.25	V
NF392	Reusable Heavy Pad C/B	10 x 1	9.95	V
NF390	Reusable Light Pad C/B	10 x 1	7.95	V
NF389	Reusable Liner Pad C/B	10 x 1	6.95	V
NF391	Reusable Moderate Pad C/B Latte Pattern + Black	10 x 1	8.95	V
NF404	Reusable Light Pad L/B	10 x 1	7.95	V
NF401	Reusable Liner Pad L/B	10 x 1	6.95	V
NF413	Reusable Moderate Pad L/B Multipacks	10 x 1	8.95	V
NF397	Reusable Light Pad 3 Pack	5 x 3	19.95	V
NF395	Reusable Liner Pads 3 Pack	5 x 3	17.95	V
NF398	Reusable Moderate Pad 3 Pack	5 x 3	23.95	V
<b>WUKA</b>				
WUKA FLEX				
NF417	WUKA Flex Heavy Flow XL-4XL	single	17.99	V
NF416	WUKA Flex Heavy Flow XS-L	single	17.99	V
NF415	WUKA Flex Medium Flow XL-4XL	single	15.99	V
NF414	WUKA Flex Medium Flow XS-L	single	15.99	V
WUKA ULTIMATE				
NF428	WUKA Ultimate Heavy Flow L	single	24.99	V
NF427	WUKA Ultimate Heavy Flow M	single	24.99	V
NF426	WUKA Ultimate Heavy Flow S	single	24.99	V
NF429	WUKA Ultimate Heavy Flow XL	single	24.99	V
NF425	WUKA Ultimate Heavy Flow XS	single	24.99	V
NF421	WUKA Ultimate Medium Flow L	single	23.99	V
NF420	WUKA Ultimate Medium Flow M	single	23.99	V
NF419	WUKA Ultimate Medium Flow S	single	23.99	V
NF423	WUKA Ultimate Medium Flow XL	single	23.99	V
NF418	Wuka Ultimate Medium Flow XS	single	23.99	V
<b>JAMS &amp; FRUIT SPREADS</b>				
<b>SUMA</b>				
JS200	Pear and Apple Spread	12 x 300g	2.99	V
<b>BIONOVA</b>				
JS137	Bilberry Jam - organic	6 x 340g	3.39	OSV
JS141	Raspberry Jam - organic	6 x 340g	4.35	VOS
JS140	Strawberry Jam - organic	6 x 340g	3.79	OSV
JS133	Tangy Marmalade - organic	6 x 340g	2.85	OSV
<b>FRUTETO ITALIA</b>				
KJ197	Apricot Fruit Spread	6 x 250g	4.25	OV
KJ201	Blueberry Fruit Spread	6 x 250g	4.75	OV
KJ227	Cherry Fruit Spread	6 x 250g	4.25	OV
KJ199	Raspberry Fruit Spread	6 x 250g	5.25	OV
KJ196	Strawberry Fruit Spread	6 x 250g	4.25	OV

code	product	size	rrp	bfgosv
KJ200	Summer Berries Fruit Spread OG	6 x 250g	4.35	OV
	<b>MERIDIAN</b>			
JS018	Apricot Spread - organic	6 x 284g	3.89	VO
JS019	Blackcurrant Spread - organic	6 x 284g	3.89	VO
JS304	Cherries & Berries Spread - og	6 x 284g	3.89	OV
JS020	Morello Cherry Spread -organic	6 x 284g	3.89	VO
JS017	Seville Orange Spread -organic	6 x 284g	3.89	VO
JS021	Strawberry Spread - organic	6 x 284g	3.89	VO
JS100	Wild Blueberry Spread - og	6 x 284g	4.39	OV
	<b>MRS DARLINGTONS</b>			
JS005	Tangerine & Vodka Marmalade	6 x 340g	2.59	SV
	<b>ST DALFOUR</b>			
JS051	Apricot Spread	6 x 284g	2.99	GV
JS064	Black Cherry Spread	6 x 284g	2.99	GV
JS063	Blackberry Spread	6 x 284g	2.99	GV
JS062	Blackcurrant Spread	6 x 284g	2.99	GV
JS009	Cranberry & Blueberry	6 x 284g	2.99	GV
JS068	Fig Spread	6 x 284g	2.99	GV
JS067	Four Fruits Spread	6 x 284g	2.99	GV
JS066	Mirabelle Plum Spread	6 x 284g	2.99	GV
JS120	Orange and Ginger Spread	6 x 284g	2.99	GV
JS046	Raspberrry & Pomegranate Spread	6 x 284g	2.99	GV
JS049	Raspberrry Spread	6 x 284g	2.99	GV
JS050	Strawberry Spread	6 x 284g	2.99	GV
JS061	Thick Cut Orange Spread	6 x 284g	2.99	GV
JS060	Wild Blueberry Spread	6 x 284g	2.99	GV
	<b>TRADCRAFT</b>			
GH165	Organic Orange Marmalade	6 x 340g	3.95	FOVS
	<b>JUICE CONCENTRATES &amp; CORDIALS</b>			
	<b>SUMA</b>			
JU058	Apple Juice - Concentrate Chilled products	6 x 500ml	6.49	V
JU057	Apple Juice - Concentrate	5l	45.99	V
	<b>SUMA ORGANIC</b>			
JU241	Apple & Blackcurrant Juice	6 x 400ml	6.29	OV
JU240	Apple Juice - Concentrate	6 x 400ml	5.69	OV
	<b>BELVOIR</b>			
JU234	Blueberry Blackcurrant Cordial	6 x 500ml	5.79	GSV
JU516	Elderflower & Rose Cordial	6 x 500ml	5.79	GSV
JU578	Elderflower Cordial	6 x 500ml	5.79	GSV
JU577	Ginger Cordial	6 x 500ml	5.79	GSV
JU275	Organic Elderflower Cordial	6 x 500ml	6.39	GOSV
JU276	Organic Ginger Cordial	6 x 500ml	6.39	GOSV
JU355	Organic Lemon & Mint Cordial	6 x 500ml	6.39	GOSV
JU043	Raspberrry & Lemon Cordial	6 x 500ml	5.79	GV
JU336	Strawberry and Lime Cordial Family Size	6 x 500ml	5.79	SV
JU339	Blackcurrant Cordial	6 x 750ml	6.69	GSV
JU338	Orange Cordial	6 x 750ml	6.69	GSV
	<b>ROCKS</b>			
JU426	Blackcurrant Squash	6 x 740ml	3.69	SV
JU428	Orange Squash	6 x 740ml	3.69	SV
JU022	Summer Fruits Squash	6 x 740ml	3.69	SV
	<b>THORNCROFT</b>			
JU593	Herbal Liquorice	6 x 330ml	4.35	SV
JU594	Kombucha	6 x 330ml	4.19	SV
JU475	Pink Ginger	6 x 330ml	3.55	SV
JU206	Wild Elderflower	6 x 330ml	3.55	SV
JU476	Wild Nettle	6 x 330ml	3.55	VS



code	product	size	rrp	bfgosv
<b>MARGARINES &amp; SPREADS (CHILLED)</b>				
<b>SUMA</b>				
MA003	Olive Spread	8 x 500g	2.50	V
MA055	Soya Spread	8 x 500g	2.30	V
MA053	Sunflower Spread	8 x 500g	2.35	V
MA051	Sunflower Spread	6 x 2kg	9.35	V
<b>BIONA</b>				
MA468	Extra Olive Spread	8 x 250g	4.10	OV
MA061	Sunflower Spread	8 x 250g	3.45	OV
MA030	Sunflower Spread	16 x 500g	5.40	OV
<b>KOKO DAIRY FREE</b>				
CV317	Koko Dairy Free Spread	8 x 500ml	2.19	GV
<b>NATURLI'</b>				
CV879	Spreadable Vegan Butter	24 x 225g	2.20	GOV
CV735	Spreadable Vegan Butter	16 x 450g	4.25	GOV
CV880	Vegan Butter Block	15 x 200g	2.10	GOV
<b>VIOLIFE</b>				
CV436	Cocospread Chocolate Spread	10 x 150g	2.70	VS
<b>MAYONNAISE &amp; SALAD DRESSINGS</b>				
<b>BIONA</b>				
KJ401	Mayo - Egg & Soya Free	6 x 230g	3.55	OV
<b>DINE WITH ATKIN &amp; POTTS</b>				
KJ038	Burger Sauce	6 x 240g	2.99	V
<b>DINE WITH ATKINS &amp; POTTS</b>				
KJ122	Garlic & Balsamic Dressing	6 x 245g	3.49	SV
KJ098	Herbes de Provence Dressing	6 x 245g	3.49	SV
KJ110	Wasabi and Lime Dressing	6 x 255g	3.49	SV
<b>GEO ORGANICS</b>				
KJ333	Organic Mayo, Vegan	6 x 232g	2.55	OV
<b>INSPIRED VEGAN</b>				
KJ309	BBQ & Black Garlic Sauce	6 x 225g	3.25	SV
KJ306	Blue Cheeze Dressing	6 x 250g	3.25	SV
KJ024	Mayonnaise	6 x 205g	2.15	SV
KJ053	Mayonnaise - Smoked Garlic	6 x 210g	2.39	SV
KJ307	Pineapple and Chilli Sauce	6 x 225g	3.25	SV
KJ305	Spiced Orange Dressing	6 x 225g	3.25	SV
KJ033	Sriracha Mayonnaise	6 x 205g	2.49	SV
KJ247	Vegan Bearnaise Style Sauce	6 x 205g	2.39	GSV
KJ011	Vegan Burger Sauce	6 x 240g	2.99	V
KJ043	Vegan Caesar Dressing	6 x 250g	2.99	SV
KJ249	Vegan Dill Mustard Sauce	6 x 200g	2.39	GSV
KJ270	Vegan Hollandaise Style Sauce	6 x 205g	2.39	GSV
KJ048	Vegan Honei Mustard Dressing	6 x 265g	2.99	GSV
KJ271	Vegan Horseradish Sauce	6 x 210g	2.69	GSV
KJ245	Vegan Marie Rose Sauce	6 x 210g	2.39	GSV
KJ261	Vegan Tartare Sauce	6 x 210g	2.69	GSV
<b>MARY BERRY'S</b>				
KJ168	Mango, Lime & Chilli Dressing	6 x 235ml	3.79	SV
KJ390	Salad Dressing	6 x 235g	3.79	SV
<b>MR ORGANIC</b>				
KJ055	Egg Free Mayo	6 x 180g	2.79	OSV
<b>RUBIES IN THE RUBBLE</b>				
KJ118	Plant Based Mayo - Chilli	6 x 240g	2.99	V
KJ241	Plant Based Mayo - Garlic	6 x 240g	2.99	V
KJ135	Plant Based Mayo - Original	6 x 240g	2.99	V
<b>THE VURGER CO</b>				
KJ253	Original Vegan Mayo	6 x 240g	3.85	V
KJ256	Smoky 'Bacon' Vegan Mayo	6 x 240g	3.85	V
<b>MEAT FREE ALTERNATIVES(FROZEN)</b>				
<b>BEYOND MEAT</b>				
XL053	Burgers	8 x 226g	5.20	GV

code	product	size	rrp	bfgosv
XL091	Meatballs	8 x 200g	5.20	GV
XL088	Mince	8 x 300g	5.20	GV
XL063	Sausages	8 x 200g	5.20	GV
<b>FRYS</b>				
XL074	Beef Style Chunky Strips	10 x 380g	4.00	V
XL010	Chicken Style Strips	10 x 380g	4.00	V
XL006	Golden Crumbled Schnitzel	6 x 320g	3.55	V
XL070	Plant Based Chick'n Fillet	7 x 180g	3.80	V
XL302	Popcorn Chick'n	6 x 300g	3.90	V
XL216	Rice Protein & Chia Nuggets	6 x 240g	4.00	V
<b>IMPULSE FOODS</b>				
XL109	Organic Garlic & Herb Tempeh	10 x 227g	3.20	OV
XL107	Organic Tempeh	10 x 227g	3.15	OV
<b>LINDA MCCARTNEY</b>				
XL161	Vegemince	8 x 500g	4.35	V
<b>NATURLI'</b>				
XL101	'Shape Me' Vegan Mince	8 x 300g	4.65	GV
XL311	Sausage Rolls	8 x 250g	4.75	V
XL065	Schnitzel	8 x 300g	4.65	GV
XL310	Supreme Burgers	10 x 240g	3.79	V
XL071	Vegan Balls	8 x 300g	3.95	GV
<b>PERFECT SEASON</b>				
XL291	Beetroot Patties	12 x 200g	3.99	OSV
XL292	Dill Cakes	10 x 220g	3.99	OSV
XL295	Italian Falafels	12 x 240g	3.99	OSV
XL299	Mushroom Patties	12 x 240g	3.99	OV
XL298	Pea Fritters	10 x 220g	3.99	OSV
<b>QUORN</b>				
XL210	Vegan Pieces	8 x 280g	3.25	V
<b>STRONG ROOTS</b>				
XL212	Crispy Vegetable Nuggets	18 x 300g	4.10	V
XL214	Kale & Quinoa Burger	12 x 300g	4.10	V
XL213	Pumpkin & Spinach Burgers	12 x 300g	4.10	GV
<b>THIS</b>				
XL284	Plant Based Chicken Nuggets	8 x 250g	3.60	V
XL290	Plant Based Pork Sausages	8 x 270g	3.50	V
XL289	Southern Chicken Tenders	8 x 240g	3.50	V
<b>UNCONVENTIONAL</b>				
XL238	Plant Based Burger	8 x 220g	4.25	V
XL243	Plant Based Chickenless Fillet	8 x 180g	3.75	V
XL242	Plant Based Hot Dogs	8 x 180g	4.25	V
XL244	Plant Based Mini Burgers	8 x 180g	3.20	V
<b>VFC</b>				
	Vegan Fried Chick*n			
XL083	Original Bites	12 x 275g	3.89	V
XL081	Original Fillets	10 x 220g	3.29	V
XL052	Popcorn Chick*n	10 x 220g	3.60	V
<b>MEATLESS SUBSTITUTES (CHILLED)</b>				
<b>BIONA</b>				
CV184	Beetroot Burger	6 x 150g	4.70	OV
CV377	Black Bean & Cashew Nut Burger	8 x 160g	4.70	OV
CV441	Energy Tofu Mini Burgers	4 x 250g	4.70	OV
CV321	Mini Quinoa Burgers	6 x 195g	4.70	OV
CV188	Mushroom Burger	6 x 150g	4.70	OV
CV372	Red Lentil Sun Seed Burger	8 x 160g	4.70	OV
CV745	Sweet Potato Buckwheat Burger	8 x 160g	4.70	OV
<b>BONSAN</b>				
CV837	Kofu Fishfree fillet	5 x 150g	4.50	GOSV
CV843	Kofu Ragu Chunks	5 x 150g	3.95	GOSV
CV586	Kofu Sausages	5 x 170g	4.35	OV
CV641	Kofu Steak	5 x 120g	3.25	OSV

code	product	size	rrp	bfgosv
CV573	Vegan Breakfast Scramble	5 x 200g	4.50	OSV
	<b>DELPHI FOODS</b>			
CV265	Falafel	6 x 110g	2.55	V
	<b>EAT PLANTED</b>			
CV942	Herb & Spice Skewers	4 x 200g	4.49	FV
CV946	Kebab	6 x 220g	4.49	FV
CV940	Lemon & Herb Chicken	6 x 220g	4.49	FV
CV939	Original Chicken	6 x 220g	4.49	FV
CV941	Original Pulled Pork	6 x 220g	4.49	FV
CV945	Pulled 'Pork' Spicy Herbs	6 x 220g	4.49	FV
CV943	Pulled BBQ 'Pork'	6 x 220g	4.49	FSV
	<b>FLORENTIN</b>			
CV950	Corn Falafel	6 x 240g	4.80	GOV
CV930	Falafel	6 x 240g	4.55	GOV
CV571	Sweet Potato Falafel	6 x 240g	4.55	GOV
CV944	Tamruc Falafel	6 x 240g	4.70	GOV
	<b>HEURA</b>			
	Minimum 5 days shelf life			
CV142	Chorizo	6 x 216g	3.69	GV
CV869	Chorizo Burger	6 x 220g	4.30	GV
CV115	Mediterranean Chunks	6 x 160g	3.69	GV
CV119	Original Burger	6 x 227g	4.30	GV
CV116	Original Chunks	6 x 160g	3.69	GV
CV124	Original Nuggets	6 x 180g	3.69	GV
CV128	Original Sausages	6 x 216g	3.69	GV
CV145	Original Strips	6 x 160g	3.69	GV
	<b>LA VIE</b>			
CV030	Plant Based Bacon Lardons	6 x 150g	4.25	V
CV026	Plant Based Smoked Bacon	6 x 120g	4.25	V
	<b>MACSWEEN</b>			
CV390	Veg Haggis 6 x 400g	6 x 400g	4.70	V
CV385	Veg Haggis 8 x 200g	8 x 200g	2.40	V
	<b>SGAIA</b>			
	Artisan Vegan Mheat			
CV772	Italian Style Burgers	5 x 220g	6.00	SV
CV175	Lorne Sausages	5 x 280g	5.45	V
CV626	Original Burger	5 x 220g	6.00	V
CV770	Original Steak	5 x 200g	5.00	SV
CV769	Smoked Steak	5 x 200g	5.00	SV
CV774	Streaky Rashers	5 x 150g	5.00	SV
	<b>TAIFUN</b>			
CV011	Grill Sausages	6 x 250g	5.10	OV
CV010	Weiner/Frankfurters	6 x 300g	6.10	OV
	<b>THE BURY BLACK PUDDING CO</b>			
CV696	Vegan Black Pudding	12 x 220g	1.80	V
	<b>THE REAL LANCASHIRE PUDDING CO</b>			
CV999	Vegan Black Pudding	200g	1.80	V
	<b>THIS</b>			
CV424	Plant-Based Bacon Rashers	6 x 120g	3.65	V
CV418	Plant-Based Chicken Pieces	6 x 170g	3.55	V
	<b>VBITES</b>			
CV232	Cheatin' Chicken	6 x 100g	2.10	V
CV260	Cheatin' Chorizo Style Chunks	6 x 150g	3.70	V
CV235	Cheatin' Garlic Sausage Slices	6 x 100g	2.10	V
CV234	Cheatin' Ham	6 x 100g	2.10	V
CV568	Cheatin' Maple Rashers	6 x 115g	2.90	V
CV237	Cheatin' Pepperoni	6 x 100g	2.20	V
CV236	Cheatin' Roast Beef Slices	6 x 100g	2.20	V
CV643	Meat-free slices Sage & Onion	6 x 100g	2.10	V
CV098	Original Tempeh Rashers	6 x 120g	3.50	SV
CV106	Southern Fried Chkn Chunks	6 x 150g	3.65	SV
CV096	Spiced Doner Slices	6 x 100g	3.50	SV

code	product	size	rrp	bfgosv
CV238	Streaky-Style Rashers Making Waves	6 x 115g	2.90	SV
CV555	Fish Style Fingers - Breaded	6 x 215g	3.50	V
CV093	Fish Style Steaks	6 x 200g	3.50	SV
CV566	Smoked Salmon Style Slices Roasts	6 x 100g	2.30	V
CV911	Beef Style Roast Joint	6 x 390g	5.70	SV
CV912	Gammon Style Roast	6 x 390g	5.70	SV
CV043	Turkey Style Roast Joint Vegi Deli	6 x 390g	5.70	V
CV025	Cheatin Chicken Style Pieces	6 x 150g	3.15	V
CV739	Duck Style Pieces	6 x 150g	3.50	V
CV668	Falafel-Traditional Style	6 x 250g	3.15	V
CV667	Lincolnshire Style Sausage	6 x 295g	3.15	V
CV557	Sage & Marjoram Sausages	6 x 295g	3.15	V
CV172	Vegetarian Schnitzels	6 x 200g	2.90	V
CV565	Vegideli Mushroom Pate	6 x 150g	2.10	V
<b>VIANA</b>				
CV404	Bonanza Veggie Steaks	6 x 210g	4.10	OSV
CV414	Real Jumbo Frankfurters	6 x 275g	4.50	SOV
<b>WHEATY</b>				
CV683	Chorizo Grande	5 x 200g	6.80	OV
CV241	Merguez Vegan Sausages	8 x 200g	4.40	OV
CV689	Salami Slices	10 x 100g	2.85	OV
CV690	Smoked Slices	15 x 100g	2.85	OV
CV851	Vegan Bacon	10 x 60g	2.20	OV
CV267	Vegan Chorizo Slices	10 x 80g	2.75	OV
CV261	Vegan Doner Kebab	5 x 200g	4.80	OV
CV250	Vegan Hot Dogs	8 x 200g	4.35	OV
CV023	Vegan Steak with Peppercorn Snackers	5 x 175g	4.45	OV
CV303	Chili Snacker	12 x 40g	1.45	OV
CV691	Chorizo Spacebar	12 x 40g	1.45	OV
<b>MIDDLE EASTERN &amp; AFRICAN FOOD</b>				
<b>AL'FEZ</b>				
KJ548	Apricot & Coriander Sauce 450g	6 x 450g	3.15	GV
KJ065	Falafel Mix	12 x 150g	1.65	V
KJ753	Harissa	6 x 180g	3.49	V
KJ302	Moroccan Couscous	12 x 200g	1.75	V
KJ190	Moroccan Style Tagine Sauce	6 x 450g	2.79	GV
KJ276	Pearl Couscous	12 x 200g	1.85	V
KJ308	Preserved Lemons	6 x 140g	3.35	V
KJ101	Rose Harissa	6 x 180g	3.35	V
KJ243	Smoky Harissa Tagine Sauce	6 x 450g	2.79	GV
KJ242	Tahini	6 x 160g	2.15	V
VF046	Vine Leaves Stuffed With Rice	12 x 280g	2.55	V
KJ157	Za'atar Flatbreads	8 x 130g	2.49	V
<b>AMISA</b>				
KJ105	Falafel Mix	6 x 160g	2.75	GOV
<b>CARLEY'S</b>				
KJ240	Preserved Lemon - Organic	6 x 700g	6.25	OV
<b>CYPRESSA</b>				
KJ231	Rose Harissa Paste	8 x 170g	3.89	V
<b>JUST WHOLEFOODS</b>				
VF183	Falafel Mix - organic	6 x 120g	2.39	OV
<b>OLIVES ET AL</b>				
KJ124	Moroccan Dukkah (spice mix)	6 x 90g	4.19	V
KJ123	Preserved Lemons	6 x 400g	8.49	V

## **MILK - NON DAIRY**

### **ABBOT KINNEYS**

code	product	size	rrp	bfgosv
SY106	Best of Plants - Barista Milk	6 x 1l	2.29	OV
SY103	Best of Plants - Chocolate	6 x 1l	2.49	OSV
<b>ALPRO</b>				
TE004	Almond for Professionals	12 x 1l	2.95	GSV
TE624	Coconut for Professionals	12 x 1l	2.95	V
TE083	Oat for Professionals	12 x 1l	2.45	GV
SY086	Oat Growing Up Drink	8 x 1l	2.49	V
SY047	Organic Almond Drink	8 x 1l	2.35	GOV
SY049	Organic Coconut Drink	8 x 1l	2.35	GOV
SY050	Organic Soya Drink	8 x 1l	1.95	GOV
TE642	Soya for Professionals	12 x 1l	2.35	V
SY213	Soya Milk Unsweetened	8 x 1l	1.79	V
<b>BIONA</b>				
VF103	Coconut Milk Powder	12 x 150g	4.50	OV
VF324	Condensed Coconut Milk	8 x 210ml	2.39	OSV
<b>BLUE DIAMOND</b>				
SY175	Almond Breeze - Almond & Oat	8 x 1l	1.99	V
SY101	Almond Breeze - Barista Blend	8 x 1l	2.75	GV
SY061	Almond Breeze - Original	8 x 1l	1.99	GSV
SY066	Almond Breeze - Unsweetened	8 x 1l	1.99	GV
<b>BONSOY</b>				
SY072	Soya Milk	6 x 1l	4.90	V
<b>CALIFIA FARMS</b>				
SY226	Oat Barista Blend	6 x 1l	1.99	V
<b>COCONUT MERCHANT</b>				
VF082	Coconut Milk Powder	6 x 250g	5.99	OV
<b>DREAM</b>				
JU540	Rice Dream - Calcium	8 x 1l	2.15	V
JU361	Rice Dream Organic - Original	8 x 1l	2.15	OV
<b>DUG</b>				
SY134	Potato Milk - Barista	6 x 1l	2.15	GV
SY127	Potato Milk - Original	6 x 1l	2.15	GV
SY128	Potato Milk - Unsweetened	6 x 1l	2.15	GV
<b>ECOMIL</b>				
SY240	Almond & Calcium	6 x 1l	3.49	GOV
SY246	Almond Drink Classic	6 x 1l	2.49	OV
SY247	Almond Drink Classic Low Sugar	6 x 1l	2.49	GOSV
SY012	Almond Drink Powder	6 x 400g	13.99	GOV
SY248	Coconut Drink Sugar Free	6 x 1l	2.49	GOV
SY030	Cuisine - Almond Cream	24 x 200ml	1.59	GOV
SY027	Cuisine - Bechamel	24 x 200ml	1.89	GOV
SY137	Cuisine - Cashew Cream	24 x 200ml	1.59	GOV
SY059	Cuisine - Coconut Milk	24 x 200ml	1.59	GOV
SY032	Cuisine - Thai	24 x 200ml	1.99	GOV
SY053	No Sugar Almond + Calcium	6 x 1l	3.49	OV
SY021	No Sugar Almond Drink	6 x 1l	3.49	OV
SY058	No Sugar Coconut Milk	6 x 1l	3.49	OV
SY250	Oat Drink Gluten Free	6 x 1l	2.69	GOV
SY133	Oat Drink NAS Plus	6 x 1l	2.29	OV
SY249	Oat Drink Sugar Free	6 x 1l	2.29	OV
SY279	Soya Drink Powder (sweetened)	6 x 400g	11.49	OV
<b>FOOD HEAVEN</b>				
SY245	Chocolate Whipped Spray Cream	12 x 200ml	2.75	GSV
SY003	Cooking Cream - Unsweetened	12 x 1l	4.20	GV
SY168	Heavenly Whipped Spray Cream	12 x 200ml	2.49	GSV
<b>GAIA'S FARMING CO</b>				
SY123	Hemp & Coco Chocolate M*lk	8 x 330ml	2.50	GV
SY081	Hemp & Oat Barista M*lk	8 x 1l	2.90	GV
<b>GLEBE FARM</b>				
SY165	Almond Drink Barista	6 x 1l	2.50	FGV
SY164	Coconut Drink Barista	6 x 1l	2.15	FGV
SY140	Pure Oaty Barista Drink	6 x 1l	1.99	GV

code	product	size	rrp	bfgosv
	<b>GOOD HEMP</b>			
SY104	Hemp & Oat Drink	6 x 1l	1.99	V
SY096	Hemp Drink - Barista	6 x 1l	2.40	V
SY070	Hemp Drink - Seed Milk	6 x 1l	2.40	V
	<b>KOKO DAIRY FREE</b>			
SY149	Barista Coconut Milk Drink	6 x 1l	2.25	GSV
SY038	Coconut Milk Drink	12 x 1l	2.15	GSV
SY122	Coconut Milk Drink Unsweetened	6 x 1l	2.15	GV
SY167	Coconut Super Milk	6 x 1l	2.65	GSV
	<b>MINOR FIGURES</b>			
SY227	Everyday Oat - Light	6 x 1l	2.29	V
SY228	Everyday Oat - Regular	6 x 1l	2.29	V
SY083	Light Barista Oat M*lk	6 x 1l	2.35	V
SY172	Masala Chai Organic	6 x 1l	6.50	SVO
SY171	Oat M*lk - Barista	6 x 1l	2.29	V
SY196	Organic Barista Oat Drink	6 x 1l	2.45	OV
	<b>NATURE'S CHARM</b>			
SY078	Evaporated Coconut Milk	12 x 360ml	3.90	GSV
	<b>NATURLI'</b>			
SY234	Do Not Call Me M_lk	8 x 1l	2.59	V
	<b>OATLY</b>			
SY158	Barista Oat Drink	6 x 1l	2.39	V
SY019	Cream - Dairy Free	18 x 250ml	1.25	VO
SY239	Oatly Barista Oat Drink	10 x 500ml	1.45	V
SY045	Oatly Chocolate Drink	6 x 1l	2.19	SV
SY238	Oatly Chocolate Drink	18 x 250ml	0.95	SV
SY237	Oatly Enriched	18 x 250ml	0.95	V
JU385	Oatly Enriched - added calcium	6 x 1l	2.90	V
JU377	Oatly Oat Drink Organic	6 x 1l	2.19	OV
SY005	Oatly Vanilla Drink	6 x 1l	2.19	SV
	<b>PLAMIL</b>			
SY009	Organic Soya Milk Heritage	8 x 1l	2.25	VOG
	<b>PLENISH</b>			
SY119	Almond M*lk - Organic	8 x 1l	2.95	OV
SY120	Cashew M*lk	8 x 1l	2.95	OV
SY118	Coconut M*lk	8 x 1l	2.95	OV
SY121	Hazelnut M*lk	8 x 1l	2.95	OV
SY170	Oat M*lk - Gluten Free	8 x 1l	2.39	GOV
SY191	Soya M*lk	8 x 1l	2.39	OV
	<b>PROVITAMIL</b>			
SY035	Oat Drink	6 x 1l	1.69	V
	<b>REBEL KITCHEN</b>			
SY093	Barista Mylk	6 x 1l	2.55	OV
SY181	Dairy Free Semi Skimmed Mylk	8 x 1l	2.59	GOV
SY214	Dairy Free Whole Mylk	8 x 1l	2.55	GOV
	<b>RUDE HEALTH FOODS</b>			
SY129	Almond Drink - Organic	6 x 1l	2.69	GOV
SY004	Almond Drink - Organic	10 x 250ml	1.65	GOV
SY230	Barista Almond	6 x 1l	2.49	GV
SY231	Barista Coconut	6 x 1l	2.49	GV
SY232	Barista Oat	6 x 1l	2.00	GV
SY233	Barista Soya	6 x 1l	2.00	GOV
SY130	Brown Rice Drink - Organic	6 x 1l	2.49	GOV
SY085	Cashew Drink - Organic	6 x 1l	3.50	GOV
SY044	Coconut Drink Organic	6 x 1l	2.99	GOV
SY148	Hazelnut Drink - Organic	6 x 1l	2.99	GOV
SY037	Oat Drink - Organic	6 x 1l	2.49	GOV
SY194	Organic Soya Drink	6 x 1l	2.29	GOV
SY223	Roast Almond Oat Drink OG	6 x 1l	2.49	OV
SY117	Tiger Nut Drink Organic	6 x 1l	2.99	GOV
SY159	Ultimate Almond Milk - Organic	6 x 1l	3.85	GOV

code	product	size	rrp	bfgosv
<b>SHARPHAM PARK</b>				
SY144	Barista Drink	6 x 1 l	2.59	OV
SY135	Naked Oats Drink	6 x 1 l	2.29	OV
<b>SOJADE</b>				
SY010	Hemp Drink - Unsweetened	8 x 1 l	3.15	OV
SY018	Soya Drink - Mild Sweetened	8 x 1 l	2.39	GOV
SY016	Soya Drink - Unsweetened	8 x 1 l	2.50	GOV
SY023	Vanilla Soya Drink	8 x 1 l	2.59	GOV
<b>SOON</b>				
SY244	Organic Almond Drink	8 x 1 l	2.99	OV
SY241	Organic Hemp Drink	8 x 1 l	3.90	OV
SY242	Organic Oat Drink	8 x 1 l	2.19	OV
SY243	Organic Rice Drink	8 x 1 l	1.99	GOV
<b>SPROUD</b>				
SY218	Iced Coffee - Caramel	12 x 330ml	2.35	FGSV
SY217	Iced Coffee - Original	12 x 330ml	2.35	FGSV
SY069	Sproud Barista	6 x 1 l	2.15	GSV
SY207	Sproud Chocolate Milk	6 x 1 l	2.15	GSV
SY057	Sproud Original	6 x 1 l	2.15	GSV
SY229	Sproud Vanilla	6 x 1 l	2.15	GSV
<b>THE BRIDGE</b>				
SY160	Coconut Drink	12 x 1 l	2.45	GOV
SY002	Oat Drink	12 x 1 l	2.19	OV
SY112	Oat Drink - Barista	12 x 1 l	2.35	OV
SY560	Oat Drink - Calcium Enriched	12 x 1 l	2.29	OV
SY068	Rice Drink - Cacao	10 x 250ml	0.99	OV
SY042	Rice Drink - Calcium Enriched	12 x 1 l	2.29	GOV
SY487	Rice Drink - Original	6 x 1 l	2.15	GOV
SY452	Rice Drink + Almond	6 x 1 l	2.49	GOV
SY008	Rice Drink + Coconut	12 x 1 l	2.65	GOV
	Cooking Cream			
SY188	Coconut Cream - Organic	10 x 200ml	1.55	GOV
SY187	Oat Cream - Organic	10 x 200ml	1.35	OV
SY150	Rice Cream - Organic	10 x 200ml	1.29	OV
SY186	Soya Cream - Organic	10 x 200ml	1.19	GOV
<b>THE COCONUT COMPANY</b>				
SY001	Coconut Milk Powder	12 x 250g	5.89	V
SY116	Coconut Milk Powder - Organic	12 x 250g	6.99	GOV
<b>NUT &amp; SEED BUTTERS</b>				
<b>SUMA</b>				
GH119	Crunchy Peanut Butter	6 x 350g	3.49	V
GH120	Crunchy Peanut Butter	6 x 1kg	7.69	V
GH121	Smooth Almond Butter	6 x 1kg	16.29	V
GH117	Smooth Peanut Butter	6 x 350g	3.49	V
GH118	Smooth Peanut Butter	6 x 1kg	7.69	V
<b>SUMA ORGANIC</b>				
GH047	Peanut Butter Crunchy + Salt	6 x 700g	8.90	VO
GH022	Peanut Butter, Crunchy + Salt	6 x 340g	4.90	VO
GH135	Peanut Butter, Crunchy + Salt	6 x 340g	4.35	FVO
GH256	Peanut Butter, Crunchy No Salt	6 x 340g	4.90	VO
GH248	Peanut Butter, Crunchy No Salt	6 x 700g	8.90	VO
GH023	Peanut Butter, Smooth + Salt	6 x 340g	4.90	OV
GH051	Peanut Butter, Smooth + Salt	6 x 700g	8.90	VO
GH257	Peanut Butter, Smooth No Salt	6 x 340g	4.90	VO
GH096	Peanut Butter, Smooth No Salt	6 x 700g	8.90	VO
GH950	Tahini - dark, organic	6 x 280g	4.35	OV
GH675	Tahini - light, organic	6 x 280g	4.35	OV
<b>BIONA</b>				
GH210	Almond Butter Smooth Organic	6 x 170g	6.39	OV
GH102	Almond Butter Smooth Organic	6 x 350g	12.15	OV
GH211	Cashew Nut Butter - og	6 x 170g	5.50	OV

code	product	size	rrp	bfgosv
GH132	Cocoa Hazelnut Peanut Butter	6 x 250g	4.35	GOSV
GH141	ORGANIC HAZELNUT BUTTER	6 x 170g	6.39	OV
GH103	Organic Peanut Butter Crunchy	6 x 1kg	11.65	OV
GH104	Organic Peanut Butter Smooth	6 x 1kg	11.65	OV
<b>CARLEY'S</b>				
GH024	Almond Butter- Organic	6 x 170g	4.65	OV
GH025	Cashew Butter- Organic	6 x 170g	4.45	OV
GH034	Pumpkinseed Butter - og	6 x 250g	4.75	OV
GH215	Raw Almond Butter	6 x 250g	6.35	OV
GH216	Raw Almond Butter	6 x 425g	1.35	OV
GH014	Raw Pecan Butter	6 x 170g	6.25	OV
GH213	Raw Walnut Butter	6 x 170g	3.75	OV
GH712	Raw White Almond Butter	6 x 170g	4.65	OV
GH042	Sunflower Butter- Organic	6 x 250g	2.75	OV
<b>CLEARSPRING</b>				
GH131	Tahini - Black Sesame	6 x 170g	3.29	OV
<b>COCONUT MERCHANT</b>				
GH076	Coconut Butter	12 x 300g	5.99	GOV
<b>CYPRESSA</b>				
GH178	Tahini	12 x 300g	3.25	V
<b>MERIDIAN</b>				
GH146	Added Crunch Peanut Butter	6 x 280g	3.69	V
GH072	Almond Butter Smooth + salt	6 x 170g	5.89	OV
GH124	Banoffee Pie Almond Butter	6 x 170g	3.29	V
GH061	Cashew Butter Crunchy	6 x 170g	3.85	V
GH027	Cashew Butter Smooth	6 x 170g	3.85	V
GH088	Cashew Butter Smooth	6 x 1kg	2.99	V
GH081	Cashew Butter Smooth	6 x 470g	1.49	OV
GH057	Cashew Butter Smooth Organic	6 x 170g	3.99	OV
GH221	Cocoa and Hazelnut Butter	6 x 170g	4.19	V
GH220	Cocoa and Peanut Butter	6 x 280g	3.25	V
GH154	Coconut and Almond Butter	6 x 170g	3.39	V
GH155	Coconut and Peanut Butter	6 x 280g	3.55	V
GH083	Gingernut Butter	6 x 170g	2.79	V
GH004	High Fibre Smooth Peanut Butter	6 x 160g	2.79	V
GH128	Organic Crunchy Peanut Butter	6 x 470g	5.49	OV
GH009	Organic Dark Tahini	6 x 470g	5.19	OV
GH205	Organic Light Tahini	6 x 470g	5.19	OV
GH169	Organic Smooth Almond Butter	6 x 470g	14.79	OV
GH200	Organic Smooth Peanut Butter	6 x 470g	5.49	OV
GH021	Peanut Butter - crunchy + salt	6 x 280g	3.15	V
GH026	Peanut Butter - smooth + salt	6 x 280g	3.15	V
GH037	Peanut Butter Crunchy	6 x 1kg	8.49	V
GH028	Peanut Butter Crunchy + Salt	6 x 280g	3.39	OV
GH039	Peanut Butter Smooth	6 x 1kg	8.49	V
GH109	Peanut Butter Smooth-org +salt	6 x 280g	3.39	OV
GH147	Silky Smooth Peanut Butter	6 x 280g	3.69	V
GH002	Smooth Peanut Butter	6 x 160g	2.79	V
GH065	Tahini - dark	6 x 270g	3.25	V
GH064	Tahini - dark, organic	6 x 270g	3.49	OV
GH068	Tahini - light	6 x 270g	3.25	V
GH207	Tahini - light	6 x 454g	3.99	V
GH020	Tahini - light, organic	6 x 270g	3.49	OV
GH125	Toffee Apple Almond Butter	6 x 170g	3.29	V
GH013	Vitamin C Smooth Peanut Butter 100% Nuts	6 x 160g	2.79	V
GH056	Almond Butter Crunchy	6 x 170g	3.29	V
GH060	Almond Butter Smooth	6 x 170g	3.29	V
GH087	Almond Butter Smooth	6 x 1kg	17.25	V
GH094	Almond Butter Smooth Organic	6 x 170g	5.89	OV
GH114	Hazelnut Butter Crunchy	6 x 170g	3.99	V



code	product	size	rrp	bfgosv
GH045	Peanut Butt Rich Roast Crunchy	6 x 280g	3.49	V
GH073	Peanut Butt Rich Roast Smooth	6 x 280g	3.49	V
GH066	Peanut Butter Crunchy	6 x 280g	3.15	V
GH038	Peanut Butter Crunchy	6 x 1kg	8.49	V
GH063	Peanut Butter Crunchy	6 x 280g	3.39	OV
GH097	Peanut Butter Crunchy-Organic	6 x 1kg	1.75	OV
GH067	Peanut Butter Smooth	6 x 280g	3.15	V
GH040	Peanut Butter Smooth	6 x 1kg	8.49	V
GH110	Peanut Butter Smooth	6 x 280g	3.39	OV
GH069	Peanut Butter Smooth-Organic	6 x 1kg	1.75	OV
	100% Seeds			
GH046	Pumpkin Seed Butter - og	6 x 170g	4.45	OV
	<b>SUNITA</b>			
GH130	Going Nuts 4 Nut Butter	6 x 800g	11.49	V
GH127	Light Tahini	6 x 900g	8.15	V
GH080	Tahini - light	3kg	35.39	V
GH149	Tahini - light, organic	3kg	39.62	VO
GH079	Tahini - Whole	3kg	32.25	V
GH077	Tahini - Whole	12 x 280g	3.26	V
GH078	Tahini-Light	12 x 280g	3.26	V
GH996	Tahini, Whole, Organic	3kg	39.62	VO
	<b>WHOLE EARTH</b>			
GH005	Chocolate Drizzler	6 x 320g	3.59	V
GH153	Golden Roasted Drizzler	6 x 320g	3.59	V
GH145	Golden Roasted P'NUT Butter	6 x 340g	3.85	V
GH152	Original Drizzler	6 x 320g	3.59	V
GH091	Peanut Butter - smooth organic	6 x 227g	3.29	GOV
GH090	Peanut Butter -crunchy organic	6 x 227g	3.29	GOV
GH113	Peanut Butter -smooth original	2 x 1kg	7.45	GV
GH084	Peanut Butter -smooth original	6 x 340g	3.59	GV
GH151	Peanut Butter-100% Nuts,Crunch	6 x 227g	3.15	GOV
GH115	Peanut Butter-crunchy original	2 x 1kg	7.45	GV
GH082	Peanut Butter-crunchy original	6 x 340g	3.59	GV
GH089	Smooth 100% Peanut Butter	6 x 227g	2.89	V
	<b>NUTS &amp; SEEDS</b>			
	<b>SUMA PREPACKS</b>			
NU085	Almonds	6 x 125g	1.75	V
NU145	Almonds	6 x 250g	2.99	V
NU013	Almonds - blanched	6 x 125g	1.99	V
NU086	Almonds - flaked	6 x 125g	1.85	V
NU144	Almonds - ground	6 x 250g	3.50	V
NU143	Almonds - ground	6 x 125g	1.79	V
NU088	Brazil - broken	6 x 125g	1.79	V
NU146	Brazil - broken	6 x 250g	3.15	V
NU147	Brazil - whole medium	6 x 250g	4.65	V
NU087	Brazil - whole medium	6 x 125g	2.49	V
NU089	Cashew - large pieces	6 x 125g	1.65	V
NU149	Cashew - large pieces	6 x 250g	2.85	V
NU150	Cashew - roasted & salted	6 x 125g	3.59	V
NU153	Cashew - whole	6 x 250g	3.79	V
NU152	Cashew - whole	6 x 125g	2.15	V
NU151	Chia Seeds	6 x 250g	2.29	V
NU029	Coconut - chips	6 x 150g	1.49	V
NU090	Hazelnuts	6 x 125g	2.50	V
NU157	Hazelnuts	6 x 250g	3.69	V
NU211	Linseed / Flax	6 x 250g	1.25	V
NU291	Linseed / Flax	6 x 500g	1.99	V
NU101	Macadamias	6 x 125g	4.25	V
NU091	Mixed nuts	6 x 125g	2.19	V
NU162	Mixed nuts	6 x 250g	3.75	V

code	product	size	rrp	bfgosv
NU158	Mixed nuts - chopped	6 x 250g	2.65	V
NU168	Peanuts - redskin	6 x 250g	1.75	V
NU184	Peanuts - roasted	6 x 250g	2.15	V
NU170	Peanuts - roasted & salted	6 x 250g	2.25	V
NU171	Pecan nuts	6 x 125g	3.65	V
NU092	Pine kernels	6 x 125g	5.69	V
NU252	Pistachio - raw shelled	6 x 125g	4.59	V
NU093	Pistachio - roasted & salted	6 x 125g	2.95	V
NU175	Pistachio - roasted & salted	6 x 250g	5.49	V
NU094	Pumpkin seeds	6 x 125g	1.45	V
NU176	Pumpkin seeds	6 x 250g	2.45	V
NU099	Sesame seeds - natural	6 x 125g	1.25	V
NU177	Sesame seeds - natural	6 x 250g	1.75	V
NU100	Sunflower seeds	6 x 125g	1.90	V
NU178	Sunflower seeds	6 x 250g	1.45	V
NU179	Sunflower seeds	6 x 500g	2.35	V
NU185	Walnuts - light amber quarters	6 x 125g	1.79	V
NU186	Walnuts - light amber quarters	6 x 250g	3.15	V
NU173	Walnuts - light halves	6 x 125g	2.19	V
NU174	Walnuts - light halves	6 x 250g	3.99	V
<b>SUMA PREPACKS - ORGANIC</b>				
NU217	Almonds - organic	6 x 125g	2.69	OV
NU102	Almonds - organic	6 x 250g	4.99	OV
NU159	Almonds - organic	6 x 500g	9.39	OV
NU097	Almonds, Flaked - Organic	6 x 125g	2.99	OV
NU043	Almonds, ground - organic	6 x 250g	5.45	OV
NU387	Almonds, ground - organic	6 x 125g	2.95	OV
NU219	Brazils - organic	6 x 250g	5.35	OV
NU344	Brazils - organic	6 x 125g	2.89	OV
NU255	Cashews whole - organic	6 x 250g	4.59	OV
NU033	Cashews whole - organic	6 x 125g	2.55	OV
NU120	Chia Seeds, Black - organic	6 x 250g	2.49	VO
NU041	Coconut - desiccated, organic	6 x 125g	1.35	OV
NU103	Hazelnuts - organic	6 x 125g	2.25	OV
NU258	Hazelnuts - organic	6 x 250g	3.99	OV
NU272	Hemp Seeds - organic	6 x 250g	2.49	VO
NU322	Linseed, golden - organic	6 x 250g	1.75	OV
NU288	Omega Seed Mix - organic	6 x 125g	1.49	OV
NU293	Omega Seed Mix - organic	6 x 250g	2.25	OV
NU069	Peanuts - organic	6 x 125g	1.39	OV
NU218	Peanuts - organic	6 x 500g	4.90	OV
NU545	Pine Kernels - organic	6 x 125g	6.75	OV
NU212	Pumpkin seeds - organic	6 x 125g	1.79	OV
NU323	Pumpkin seeds - organic	6 x 250g	3.15	OV
NU261	Pumpkin seeds - organic	6 x 500g	5.69	OV
NU213	Sesame seeds - organic	6 x 125g	1.19	OV
NU356	Sesame seeds - organic	6 x 250g	1.99	OV
NU105	Sunflower seeds - organic	6 x 125g	1.25	OV
NU254	Sunflower Seeds - organic	6 x 250g	1.79	OV
NU457	Sunflower seeds - organic	6 x 500g	2.99	OV
NU104	Walnuts - organic	6 x 125g	2.25	OV
NU012	Walnuts - organic	6 x 250g	3.99	OV
NU289	Walnuts - organic	6 x 375g	5.75	OV
<b>ALARA</b>				
NU098	Raw Milled Linseeds	6 x 500g	4.95	OV
<b>ARTISAN GRAINS</b>				
NU148	Chia Seeds	6 x 125g	2.69	V
<b>BIONA</b>				
NU304	Amaranth Seeds	6 x 500g	2.85	OV
<b>GOOD HEMP</b>				
NU026	Hemp Seed Hearts	6 x 225g	5.50	V

code	product	size	rrp	bfgosv
	<b>PEARLS OF SAMARKAND</b>			
NU141	Og Black Sesame Seeds	12 x 330g	5.15	OV
	<b>RAW HEALTH</b>			
NU187	Organic Black Chia Seeds	6 x 450g	9.15	OV
	<b>ZAYTOUN</b>			
NU108	Palestinian Almonds	6 x 150g	6.45	FOV
	XMAS 2022			
NU045	Caramelised Almonds	6 x 140g	5.99	FVS
	<b>OILS &amp; FATS</b>			
	<b>SUMA</b>			
GT036	Extra Virgin Rapeseed Oil	6 x 500ml	4.65	V
GT010	Extra Virgin Rapeseed Oil	5l	28.59	V
GT100	Grapeseed Oil	6 x 500ml	5.35	V
GT084	Olive Oil - Extra Virgin	6 x 500ml	7.29	V
GT086	Olive Oil - Extra Virgin	5l	55.15	V
GT090	Sunflower Oil - cold pressed	5l	45.15	V
	<b>SUMA ORGANIC</b>			
GT350	Coconut Oil - Culinary	6 x 320ml	4.19	OV
GT750	Coconut Oil - Culinary	6 x 650ml	7.15	OV
GT075	Coconut Oil - Culinary	6 x 1000ml	1.79	OV
GT320	Coconut Oil - Extra Virgin	6 x 320ml	7.20	OV
GT650	Coconut Oil - Extra Virgin	6 x 650ml	12.50	OV
GT017	Italian Organic Olive Oil	6 x 500ml	9.25	OV
GT018	Italian Organic Olive Oil	6 x 750ml	13.95	OV
GT019	Italian Organic Olive Oil	4 x 3l	52.00	OV
GT085	Olive Oil-Extra Virgin,organic	6 x 500ml	7.89	VO
GT087	Olive Oil-Extra Virgin,organic	5l	62.49	VO
GT080	Sunflower Oil - organic	6 x 500ml	4.95	VO
GT091	Sunflower Oil - organic	5l	46.25	VO
	<b>SUMA PREPACKS</b>			
GT028	Gluten Free Vegetarian Suet	6 x 250g	3.15	GV
	<b>BIONA</b>			
GT030	Avocado Oil Cold Pressed	6 x 250ml	8.99	OV
GT025	Coconut Oil Cuisine Organic	6 x 875ml	9.90	OV
VM271	Flax Seed Oil (was Linseed)	6 x 250ml	6.95	OV
GT061	Mild / Odourless Coconut Oil	6 x 470ml	4.95	OV
GT060	Mild / Odourless Coconut Oil	6 x 610ml	6.90	OV
GT014	Sesame Seed Oil Cold Pressed	6 x 500ml	7.39	OV
GT024	Toasted Sesame Seed Oil	6 x 250ml	5.39	OV
VF773	Virgin Coconut Oil Organic	6 x 200g	4.55	OV
VF774	Virgin Coconut Oil Organic	6 x 400g	8.90	OV
GT069	Virgin Coconut Oil Organic	6 x 800g	15.90	OV
	<b>CLEARSPRING</b>			
GT070	Avocado Oil - Organic	8 x 250ml	9.90	OV
GT054	Coconut Oil	6 x 200g	4.59	GOV
GT055	Coconut Oil	6 x 400g	8.65	GOV
GT035	Flax Oil Organic	8 x 250ml	4.79	OV
GT001	Hemp Oil Organic	8 x 250ml	6.99	OV
GT049	Italian Olive Oil Organic	8 x 250ml	5.49	OV
GT203	Italian Olive Oil Organic	6 x 500ml	9.39	OV
GT204	Italian Olive Oil Organic	6 x 1l	17.69	OV
GT038	Organic Toasted Sesame Oil	6 x 500ml	9.46	OV
GT009	Rapeseed Oil Organic	6 x 500ml	4.79	OV
GT207	Sesame Oil organic	6 x 500ml	7.69	OV
GT037	Sesame Oil organic	6 x 1l	13.89	GOV
GT045	Sesame Oil Toasted	6 x 150ml	3.79	V
GT208	Sesame Oil Toasted organic	8 x 250ml	5.49	OV
GT231	Sunflower Frying Oil organic	6 x 500ml	5.49	OV
GT230	Sunflower Frying Oil organic	6 x 1l	8.99	OV
GT063	Sunflower Frying Oil Organic	6 x 2l	14.49	OV

code	product	size	rrp	bfgosv
GT051	Sunflower Oil	6 x 2l	13.99	OV
GT201	Sunflower Oil Organic	6 x 500ml	4.99	OV
GT202	Sunflower Oil organic	6 x 1l	8.69	OV
GT209	Toasted Pumpkin Seed Oil Org	8 x 250ml	13.79	OVb
GT211	Walnut Oil Toasted, Organic	8 x 250ml	12.19	OV
<b>COCOFINA</b>				
GH074	Coconut Oil Neutral	6 x 500ml	4.99	OV
<b>COCONUT MERCHANT</b>				
GT029	MCT Oil with C8	6 x 500ml	16.99	V
GT042	Raw Extra Virgin Coconut Oil	12 x 500ml	8.99	OV
<b>DROGHERIA &amp; ALIMENTARI</b>				
GT081	Chilli Infused Oil	6 x 80ml	1.85	V
<b>EQUAL EXCHANGE</b>				
Palestinian Fairtrade Oils				
GT555	Olive Oil	6 x 1l	21.39	FV
<b>GOOD HEMP</b>				
GT046	Hemp Oil - Original	6 x 500ml	7.50	V
GT026	Hemp Seed Oil - Extra Virgin	6 x 500ml	7.99	V
<b>HELLENIC</b>				
GT008	Olive Oil - Extra Virgin	12 x 250ml	3.79	V
GT402	Olive Oil - Extra Virgin	12 x 500ml	6.29	V
GT005	Olive Oil - Extra Virgin	4 x 3l	31.75	V
GT403	Olive Oil - Extra Virgin	12 x 1l	11.39	V
GT031	Olive Oil Extra Virgin	4 x 5l	5.85	V
<b>HONEST TOIL</b>				
GT040	Extra Virgin Olive Oil	5l	52.65	V
GT074	Extra Virgin Olive Oil	6 x 500ml	8.95	V
<b>KHYBER</b>				
VF751	Ghee	1 x 2lb	6.79	V
<b>KTC</b>				
GT135	Almond Oil	12 x 200ml	3.29	V
GT133	Coconut Oil	12 x 250ml	2.79	V
GT052	Sunflower Oil - refined	5l	18.65	V
GT050	Sunflower Oil Refined	6 x 1l	3.79	V
<b>LA BIO IDEA</b>				
GT044	Italian Og Virgin Olive Oil	6 x 1l	14.99	OV
<b>MANI</b>				
GT041	Greek Olive Oil with Ginger	6 x 250ml	5.99	OV
GT043	Greek Olive Oil with Lemon	6 x 250ml	5.99	OV
GT039	Greek Olive Oil with Orange	6 x 250ml	5.99	OV
GT007	Og Extra Virgin Olive Oil	6 x 500ml	8.99	OV
GT002	Og Extra Virgin Olive Oil	6 x 1l	14.99	OV
<b>MERIDIAN</b>				
GT012	Olive Oil-Extra Virgin,organic	6 x 500ml	11.19	VO
GT034	Sesame Oil - og	6 x 500ml	1.75	OV
GT016	Sunflower Oil - organic	6 x 500ml	5.95	VO
GT033	Toasted Sesame Oil - og	6 x 500ml	13.89	OV
<b>NATURES AID</b>				
GT077	Avocado Oil Organic	6 x 250ml	9.45	OV
GT072	Liquid Coconut Oil - Premium	6 x 250ml	8.95	V
<b>SUNITA</b>				
GT099	Olive Oil-Extra Virgin Organic	5l	69.00	VO
<b>WHARFE VALLEY FARMS</b>				
GT015	Rapeseed Oil	5l	28.39	V
<b>ZAYTOUN</b>				
GT056	Olive Oil - Fair Trade	6 x 500ml	16.89	FOV
GT020	Olive Oil - Organic Fairtrade	6 x 250ml	1.90	FOV
GT022	Olive Oil - Organic Fairtrade	6 x 750ml	24.35	FOV
<b>OLIVES</b>				
<b>ATTIS GOURMET</b>				
KJ015	Aegean - Pitted Green Olives	8 x 400g	2.75	V
KJ009	Ionian-Pitted green & kalamata	8 x 400g	3.49	V

code	product	size	rrp	bfgosv
KJ070	Kalamata Olives	8 x 400g	3.49	V
KJ005	Mexicana - Pitted green&black	8 x 400g	3.49	V
KJ031	Mykonos - Pitted green olives	8 x 400g	3.49	V
<b>COOKS &amp; CO</b>				
KJ275	Mixed Pitted Greek Olives	6 x 240g	2.95	V
<b>CRESPO</b>				
KJ136	Capers	6 x 198g	1.95	V
KJ269	Pitted Black Olives in Brine	6 x 198g	1.69	V
KJ268	Pitted Dry Black Olives	6 x 110g	2.99	V
KJ264	Pitted Dry Black Olives/Herbs	8 x 70g	1.69	V
KJ267	Pitted Green Olive Herb/Garlic	8 x 70g	1.45	V
<b>CYPRESSA</b>				
KJ867	Cypressa Pitted Green Olives	2kg	13.50	V
KJ062	Mixed Olives with Garlic&Herb	6 x 315g	1.95	V
KJ804	Pitted Black Olives	6 x 340g	1.65	V
KJ868	Pitted Black Olives	4 x 2.1kg	12.55	V
KJ803	Pitted Green Olives	6 x 340g	1.89	V
KJ805	Stuffed Pimento Olives	6 x 340g	1.95	V
<b>GAEA</b>				
VF177	Pitted Kalamata Olives	8 x 290g	2.85	V
<b>MANI</b>				
KJ432	Og Green & Kalamata Olives	6 x 175g	3.99	OV
KJ424	Og Green Olives al Naturel	6 x 205g	3.99	OV
KJ430	Og Kalamata Olives al Naturel	6 x 205g	3.99	OV
KJ425	Og Kalamata Olives in OliveOil	6 x 280g	4.99	GOV
KJ250	Og Mixed Olives al Naturel	6 x 205g	3.99	OV
<b>OLIVES ET AL</b>				
KJ137	Garlic Stuffed Olives	6 x 150g	4.49	V
KJ134	Pepper Stuffed Olives	6 x 150g	4.49	V
KJ433	Pitted Kalamata Black Olives	6 x 250g	4.39	V
KJ431	Sunshine Olives	6 x 250g	4.39	V
KJ115	Very Deli Herb Pitted Olives	6 x 250g	4.39	V
<b>ORGANICO</b>				
KJ079	OG Black Olives	5 x 280g	3.50	FOV
KJ410	OG Pitted Green Olives	5 x 280g	3.50	OV
<b>SUNITA</b>				
KJ111	Black Kalamon Olives	12 x 450g	4.79	V
KJ494	Green Olives Organic	6 x 360g	3.55	OV
KJ207	Kalamata Olives Pitted	6 x 340g	3.50	V
KJ555	Kalamon Olives - organic	6 x 360g	3.90	VO
<b>PAPER PRODUCTS &amp; STATIONERY</b>				
<b>ECOLEAF BY SUMA</b>				
	Kitchen Towel			
NF140	Kitchen Towel - Jumbo	12 x 1 rolls	3.19	V
NF091	Kitchen Towels 3 Ply	12 x 2 rolls	2.75	V
	Toilet Tissue			
NF209	Toilet Tissue - 4 Pack	10 x 4 pack	3.39	V
NF214	Toilet Tissue 9 Pack	5 x 9 rolls	7.35	V
<b>THE CHEEKY PANDA</b>				
	Bamboo Kitchen Towel			
NF524	Kitchen Towel 2 Rolls	5 x 2 rolls	5.79	V
	Bamboo Tissues			
NF523	Facial Tissue - Pocket	12 x 8 packs	1.99	V
NF522	Facial Tissues - Cube Box	12 x 1 box	1.99	V
NF521	Facial Tissues - Flat Box	12 x 1 box	2.29	V
	Bamboo Toilet Tissue			
NF314	Toilet Tissue 24 Rolls	1 x 24 rolls	24.49	V
NF233	Toilet Tissue 4 Pack	6 x 4 rolls	4.79	V
NF312	Toilet Tissue 48 Rolls	1 x 48 rolls	44.49	V
NF039	Toilet Tissue 9 Rolls	5 x 9 rolls	8.69	V
	Bamboo Wipes			

code	product	size	rrp	bfgosv
NF269	Facial Wipes Unscented	24 x 1 pack	2.99	V
NF071	Multi Surface Wipes	6 x 100	8.25	V
<b>PASTA</b>				
<b>SUMA / IRIS ORGANIC</b>				
WT018	Tricolore Spirals Pasta	12 x 500g	1.95	OV
WT075	White Fusilli Pasta	12 x 500g	1.59	OV
WT016	White Macaroni Pasta	12 x 500g	1.59	OV
WT085	White Penne Pasta	12 x 500g	1.59	OV
WT090	White Spaghetti Pasta	12 x 500g	1.59	OV
WT125	Wholewheat Fusilli Pasta	12 x 500g	1.59	OV
WT095	Wholewheat Penne Pasta	12 x 500g	1.59	OV
WT120	Wholewheat Spaghetti Pasta	12 x 500g	1.59	OV
<b>SUMA ORGANIC</b>				
Gluten Free				
WT011	Brown Rice Fusilli Pasta	8 x 500g	3.25	GOV
WT013	Brown Rice Penne Pasta	8 x 500g	3.25	GOV
WT008	Corn Rice Fusilli Pasta	8 x 500g	2.89	GOV
WT009	Corn Rice Penne Pasta	8 x 500g	2.89	GOV
<b>BARENAKED</b>				
WT162	Barenaked Noodles	6 x 250g	2.29	GV
WT163	Barenaked Rice	6 x 250g	2.29	GV
WT172	Barenaked Spaghetti	6 x 250g	2.29	GV
WT004	Protein Noodles	6 x 250g	2.29	GV
<b>BIONA</b>				
WT331	Penne Wholemeal Spelt	10 x 500g	2.95	OV
WT333	Spelt Lasagne Sheets - Organic	12 x 250g	3.25	OV
WT021	Spelt Pasta Spaghetti White	12 x 500g	3.45	OV
WT025	White Spelt Fusilli	10 x 500g	3.45	OV
WT024	White Spelt Penne	10 x 500g	3.45	OV
WT334	Whole Spelt Spaghetti	12 x 500g	2.95	OV
WT332	Wholewheat Spelt Fusilli Org	10 x 500g	2.95	OV
<b>CIEMME</b>				
WT136	OG Gluten Free Gnocchi Plain	12 x 400g	4.29	GOV
<b>CLEARSPRING</b>				
WT148	Brown Rice Penne - Gluten Free	8 x 250g	3.90	GOV
WT052	Gluten Free Buckwheat Pasta	8 x 250g	3.90	GOV
WT149	Green Pea & Quinoa Fusilli	8 x 250g	3.49	GOV
WT150	Red Lentil & Brown Rice Pasta	8 x 250g	3.49	GOV
<b>DIFATTI</b>				
WT065	Artisan Rainbow Farfalle Pasta	12 x 400g	3.99	V
WT151	Gnocchi - Gluten Free	10 x 250g	2.15	GV
WT033	Gnocchi - Pumpkin & Quinoa GF	12 x 250g	2.49	GV
WT153	Spinach Gnocchi - gluten free	10 x 250g	2.15	GV
WT152	Tomato Gnocchi - Gluten Free	10 x 250g	2.15	GV
<b>DOVES FARM</b>				
WT038	Organic Brown Rice Fusilli	8 x 500g	3.39	GOV
WT047	Organic Brown Rice Penne Pasta	8 x 500g	3.39	GOV
WT036	Organic Brown Rice Spaghetti	12 x 500g	3.39	GOV
WT133	Organic Buckwheat Pasta	8 x 500g	4.49	GOV
WT167	Organic Green Pea Penne Pasta	6 x 250g	3.25	GOV
WT165	Organic Maize and Rice Lasagne	6 x 250g	2.99	GOV
WT051	Organic Maize/Rice Fusilli	8 x 500g	3.90	GOV
WT039	Organic Maize/Rice Penne Pasta	8 x 500g	3.90	GOV
WT053	Organic Maize/Rice Spaghetti	12 x 500g	3.90	GOV
WT135	Organic Multigrain Pasta	8 x 500g	3.35	GOV
WT166	Organic Red Lentil Penne Pasta	6 x 250g	3.25	GOV
<b>EXPLORE CUISINE</b>				
WT113	Black Bean Spaghetti	6 x 200g	4.90	GOV
WT145	Chickpea Fusilli	6 x 250g	4.90	GOV
WT093	Edamame & Mung Bean Fettuccine	6 x 200g	4.90	GOV
WT067	Edamame & Spirulina Spaghetti	6 x 200g	4.90	GOV

code	product	size	rrp	bfgosv
WT114	Edamame Bean Spaghetti	6 x 200g	4.90	GOV
WT066	Fava Bean Fusilli	6 x 250g	4.90	GOV
WT143	Green Lentil Penne	6 x 250g	4.90	GOV
<b>LA BIO IDEA</b>				
Speciality				
WT232	Lasagne green	12 x 250g	1.99	OV
	White			
WT974	Lasagne white	12 x 250g	1.99	OV
WT048	Macaroni Elbows	12 x 500g	2.69	VO
WT050	Penne White	12 x 500g	2.79	VO
WT049	Spaghetti - White	12 x 500g	2.69	VO
	Wholewheat			
WT023	Lasagne	12 x 250g	1.99	OV
WT040	Macaroni Elbows - wholewheat	12 x 500g	2.69	VO
WT074	Penne Wholewheat	12 x 500g	2.79	VO
WT046	Tagliatelle - organic	12 x 500g	2.69	VO
<b>LA BUONA VITA</b>				
WT027	Gluten Free Fusilli	10 x 400g	2.99	GV
WT056	Gluten Free Lasagne Sheets	12 x 250g	2.89	GV
WT026	Gluten Free Penne Pasta	12 x 400g	2.89	GV
WT028	Gluten Free Spaghetti	12 x 400g	2.89	GV
<b>LA TERRA E IL CIELO</b>				
WT874	Spelt Fusilli	12 x 500g	3.65	OV
WT899	White Pappardelle Nest	6 x 500g	3.75	OV
	White			
WT990	Cavatappi - spirals	12 x 500g	2.59	OV
WT982	Fusilli with Spinach - organic	12 x 500g	2.99	OV
	Wholewheat			
WT978	Spelt Spaghetti - organic	20 x 500g	3.55	OV
<b>MAIDEA</b>				
WT007	Pacheri	10 x 250g	3.75	GV
WT010	Tagliatelle	12 x 250g	3.75	GV
<b>MR ORGANIC</b>				
WT029	Tortellini / Porcini Mushrooms	10 x 250g	4.90	OV
WT031	Tortellini with Vegetables	10 x 250g	4.90	OV
WT068	Vegan Formaggio & Leek Ravioli	10 x 250g	4.90	OV
<b>ORGRAN</b>				
WT078	Buckwheat Pasta Spirals	7 x 250g	2.59	GV
WT105	Corn & Veg Shells	7 x 250g	2.35	GV
WT006	Garden Veggies Penne	5 x 350g	3.19	GV
WT005	Garden Veggies Spirals	5 x 350g	3.19	GV
WT109	Rice & Corn Macaroni	7 x 250g	2.49	GV
WT080	Vegetable Rice Spirals	7 x 250g	2.59	GV
<b>PASTA LENSI</b>				
WT043	Gluten Free Fusilli Pasta	1 x 4kg	2.89	GV
<b>PROFUSION</b>				
WT130	Chickpea Fusilli	12 x 250g	3.35	GOV
WT129	Red Lentil Fusilli	12 x 250g	3.45	GOV
<b>PASTA (CHILLED)</b>				
<b>BIONA</b>				
CV440	Fresh Gnocchetti with Pumpkin	6 x 400g	5.50	OV
CV181	Fresh Gnocchi	6 x 400g	4.90	OV
CV136	Sweet Potato Gnocchi	6 x 400g	5.10	OV
<b>BONSAN</b>				
CV523	Tortelloni Spinach & Pine Nuts	6 x 250g	4.80	OV
<b>PASTA SAUCES &amp; PESTOS</b>				
<b>SUMA ORGANIC</b>				
	Organic Pasta Sauces			
VF201	Organic Arrabbiata Sauce	12 x 350g	2.69	OV
VF191	Organic Bolognese Sauce	12 x 340g	2.69	OV
VF192	Organic Napoletana Sauce	12 x 350g	2.69	OV

code	product	size	rrp	bfgosv
	Organic Pestos			
KJ161	Organic Pesto Rosso - Vegan	12 x 190g	3.99	OV
KJ160	Organic Pesto Siciliano -Vegan	12 x 190g	3.99	OV
	<b>MERIDIAN</b>			
VF173	Tomato & Basil Pasta Sauce	6 x 350g	3.29	GOV
VF197	Tomato & Herb - organic	6 x 440g	3.39	GVO
	<b>MR ORGANIC</b>			
KJ044	Aubergine Pesto	6 x 130g	3.29	OV
KJ060	Basil & Chilli Pesto	6 x 130g	3.29	OV
KJ087	Basilico Pasta Sauce	6 x 660g	3.79	OV
KJ238	Chilli & Garlic Passata Sauce	6 x 400g	2.49	OV
KJ328	Chilli & Garlic Pesto	6 x 130g	2.29	GOV
KJ074	Grilled Pepper Pesto	6 x 130g	3.29	OV
KJ239	Mixed Herbs Passata	6 x 400g	2.49	OV
VF106	Parmagiana Sauce	6 x 350ml	3.29	GOV
KJ215	Seitan Pasta Sauce	6 x 350g	3.29	OSV
KJ216	Soya Pasta Sauce	6 x 350g	3.29	GOVS
KJ214	Tofu Pasta Sauce	6 x 350g	3.29	OVS
KJ084	Tomato & Garlic Flavour Paste	6 x 200g	2.39	OV
KJ075	Tomato & Olive Pesto	6 x 130g	3.29	OV
KJ086	Tomato & Pepper Flavour Paste	6 x 200g	2.39	OV
KJ109	Tomato & Veg Flavour Paste	6 x 200g	2.39	OV
	<b>MUTTI</b>			
LJ207	Tomato Pasta Sauce - Basil	6 x 400g	3.65	VS
LJ220	Tomato Pasta Sauce - Chilli	6 x 400g	3.65	VS
LJ221	Tomato Pasta Sauce - Olive	6 x 400g	3.65	VS
LJ224	Tomato Pasta Sauce - Vegetable	6 x 400g	3.65	VS
	<b>ORGANICO</b>			
VF043	Olive, Chilli & Garlic - og	6 x 360g	3.65	OSV
VF055	Red Wine and Porcini	6 x 360g	3.50	OSV
VF032	Vegetable Bolognese - og	6 x 360g	3.50	OSV
	<b>SUNITA</b>			
KJ790	Organic Pesto Genovese	6 x 130g	3.89	OV
	<b>ZEST</b>			
VF168	Basil & Oregano Pasta Sauce	6 x 340g	3.15	V
KJ026	Basil Pesto, Vegan	6 x 165g	3.49	V
KJ452	Basil Pesto, Vegan	6 x 340g	5.85	V
KJ542	Coriander & Basil Pesto	6 x 165g	3.49	V
VF239	Mushroom & Garlic Pasta Sauce	6 x 340g	3.15	V
KJ314	Red Pesto	6 x 165g	3.49	GV
VF256	Tomato&Mascarpone Pasta Sauce	6 x 340g	3.15	GV
	<b>PASTRY (FROZEN)</b>			
	<b>ST JAMES</b>			
XL106	Filo Pastry	10 x 400g	1.95	V
	<b>PATE</b>			
	<b>SUMA</b>			
GH700	Pate - Mushroom	12 x 200g	2.89	V
GH800	Pate - Savoury Herb	12 x 200g	2.89	V
	<b>SUMA ORGANIC</b>			
GH052	Bruschetta - Tomato & Basil	6 x 140g	2.59	OV
GH048	Hummus - Edamame	6 x 135g	2.59	OV
GH016	Pate - Bean & Mustard	6 x 140g	2.59	OV
GH003	Pate - Kidney Bean, Red Pepper	6 x 140g	2.59	OV
	<b>BONSAN</b>			
GH095	Beetroot & Horseradish Pate	6 x 130g	3.50	OV
GH100	Cashew & Bell Pepper Pate	6 x 130g	3.50	OV
GH105	Lentil & Turmeric Pate	6 x 140g	2.95	OSV
	<b>GRANOVITA</b>			
GH143	Mushroom Pate	12 x 125g	1.99	GV
GH651	Mushroom Pate - organic	12 x 200g	3.35	GOV
GH015	Olive Pate	12 x 125g	1.99	GV



code	product	size	rrp	bfgosv
GH168	Spicy Mexican Pate - organic	12 x 200g	3.35	GOV
GH144	Vegetable Pate	12 x 125g	1.99	GV
	<b>SUNITA</b>			
KJ791	Kalamata Olive Pate	6 x 180g	3.99	OV
	<b>TARTEX</b>			
GH001	Classic Pate - og	12 x 200g	3.19	GOV
GH012	Herb & Garlic Pate - og	12 x 200g	3.19	OV
GH006	Herb Pate - og	12 x 200g	3.19	OV
GH007	Mushroom pate - og	12 x 200g	3.19	OV
	<b>PATES, DIPS &amp; TAPAS (CHILLED)</b>			
	<b>DELPHI FOODS</b>			
CV430	Aubergine Dip	6 x 170g	2.30	V
CV271	Couscous Salad	6 x 160g	2.30	V
CV429	Lentil Salad	6 x 220g	2.30	V
CV428	Tabouli Salad	6 x 170g	2.30	V
CV285	Three Bean Salad	6 x 220g	2.30	V
	Houmous			
CV349	Avocado Hummus	6 x 150g	2.30	GV
CV286	Chargrill Red Pepper Hummus	6 x 170g	1.40	V
CV291	Hummus	6 x 170g	1.15	V
CV018	Lemon & Coriander Hummus	6 x 170g	1.40	V
CV290	Low Fat Hummus	6 x 170g	1.15	V
CV347	Smoky Red Lentil Hummus	6 x 170g	1.40	GV
	<b>FLORENTIN</b>			
CV951	Baba Ganoush	6 x 170g	3.50	GOSV
CV931	Hummus	6 x 200g	3.80	GOV
CV526	Hummus Extra with Pinenuts	6 x 200g	3.70	GOV
	<b>RAMONA'S</b>			
CV847	Jalapeno Hummus	6 x 250g	2.45	GV
CV845	Original Hummus	6 x 250g	2.45	GV
CV728	Original Hummus	6 x 500g	4.40	GV
CV846	Red Pepper Hummus	6 x 250g	2.45	GSV
	<b>THE REAL OLIVE COMPANY</b>			
CV806	Fresh Basil Pesto	6 x 150g	3.55	OV
CV807	Fresh Tomato & Olive Pesto	6 x 150g	3.55	OV
CV903	Harissa Tapenade	6 x 180g	3.50	OV
CV902	Kalamata Olive Tapenade	6 x 180g	3.50	OV
CV554	Kalamata Olives	6 x 210g	3.89	OV
CV538	Kasbah Olives	6 x 185g	3.89	OV
CV536	La Verde Olives	6 x 185g	3.89	OV
CV549	Nocellara Del Belice Olives	6 x 210g	3.89	OV
	<b>VBITES</b>			
CV262	Vegideli 7 Bean & Pea Pate	6 x 150g	2.10	V
CV374	Vegideli Brussels Pate	6 x 150g	2.10	SV
	<b>PET FOODS &amp; PET CARE</b>			
	<b>BENEVO</b>			
PF006	Adult Dog Original	1 x 2kg	13.00	V
PF007	Adult Dog Original	15kg	77.30	V
PF016	Biodegradable Dog Poo Bags	6 x 120 bags	6.65	V
PF019	Complete Adult Vegan Cat Food	1 x 2kg	12.85	V
PF020	Complete Vegan Puppy Dog Food	1 x 2kg	14.20	V
PF012	Duo - Cat & Dog Food - Tinned	12 x 354g	2.95	V
PF008	Grain-Free Vegetable Feast	10 x 395g	3.25	V
PF010	Rumble Dog Strips-soft & chewy Pawtato	14 x 180g	2.19	V
PF009	Ocean Treats - Small	10 x 140g	3.79	V
PF013	Ocean Treats Medium	10 x 140g	3.79	V
PF028	Pawtato Blueberry Dog Chews	12 x 120g	2.19	V
PF018	Pawtato Root Chews	12 x 90g	2.15	V
PF011	Pawtato Small Knots	12 x 150g	2.69	V

code	product	size	rrp	bfgosv
PF027	Pawtato Spinach & Kale Chews	12 x 120g	2.19	V
	<b>BIO-CATOLET</b>			
NF970	Cat Litter	12l	7.75	V
NF971	Cat Litter	25l	14.49	V
	<b>DENZEL'S</b>			
PF021	Birthday Gift Box for Dogs	8 x 110g	5.00	V
PF034	Dog Bites - Soft 'n' Squishy	10 x 100g	2.99	V
	Dental Care Treats			
PF014	Daily Dentals Large	10 x 120g	3.50	V
PF005	Daily Dentals Medium	10 x 100g	3.00	V
	XMAS 2022			
PF037	Christmas Dog Chew Gingerbread	10 x 75g	1.99	GV
	<b>FAITH IN NATURE</b>			
	Dog Shampoo			
PF035	Coconut Dog Shampoo	6 x 400ml	5.79	V
PF036	Coconut Dog Shampoo Bar	6 x 85g	5.79	V
	<b>V DOG</b>			
PF100	Crunchy Nuggets (Happidog)	15kg	52.00	V
	<b>YARRAH</b>			
PF023	Dog Biscuits - Vegan Org	4 x 500g	6.35	OV
PF503	Multi Dog Biscuits	6 x 250g	3.90	OV
	<b>PICKLES, CHUTNEYS &amp; MUSTARDS</b>			
	<b>BIONA</b>			
KJ283	Biona Sauerkraut Golden Turmer	6 x 350g	2.55	OSVB
KJ052	Cherkin Slices	6 x 350g	4.25	OSV
LJ664	Harissa Relish - prepared	6 x 125g	3.25	OV
KJ076	Mustard Medium Hot	6 x 300ml	2.95	OV
KJ377	Org Cornichons (Mini Gherkins)	6 x 330g	4.65	OSV
KJ036	Sauerkraut - Organic	6 x 360g	2.29	OVB
	<b>BIONOVA</b>			
KJ346	Cherkins - Sour	6 x 680g	4.35	VOS
KJ025	Cherkins - Sweet & Sour	6 x 330g	3.85	OV
	<b>BYODO</b>			
KJ351	Mustard - Dijon, organic	1kg	1.99	VO
KJ354	Mustard - wholegrain, organic	1kg	8.30	VO
	<b>CULTURED FOOD COMPANY</b>			
KJ510	Raw Carrot & Fennel Sauerkraut	6 x 400g	5.35	OV
KJ511	Raw Chilli & Dill Sauerkraut	6 x 400g	5.35	V
KJ512	Raw Juniper Berry Sauerkraut	6 x 400g	5.35	OV
KJ513	Raw Ruby Red Sauerkraut	6 x 400g	5.35	OV
KJ514	Raw Sauerkraut	6 x 400g	5.35	OV
	<b>DELOUIS</b>			
KJ001	Organic Dijon Mustard	6 x 200g	3.40	OV
KJ007	Organic Wholegrain Mustard	6 x 200g	3.40	OV
	<b>DINE WITH ATKINS &amp; POTTS</b>			
KJ259	Balsamic & Plum Relish	6 x 250g	2.99	SV
KJ258	Cranberry Sauce	6 x 240g	2.95	SV
KJ272	Fig, Apple & Port Relish	6 x 255g	3.19	SV
	<b>RUBIES IN THE RUBBLE</b>			
KJ298	Apple & Cranberry Chutney	6 x 210g	3.49	SV
KJ294	Pear, Fig & Port Chutney	6 x 210g	3.49	SV
KJ112	Spicy Tomato Relish	6 x 200g	3.49	SV
KJ103	Sweet Apple Chutney	6 x 210g	3.49	SV
	<b>SHAWS</b>			
KJ175	Beetroot & Horseradish Chutney	6 x 290g	2.55	GSV
KJ174	Caramelised Red Onion Chutney	6 x 195g	2.55	GSV
KJ028	Mango Chutney - Chunky	6 x 300g	1.79	GSV
KJ179	Piccalilli	6 x 280g	2.55	GSV
KJ203	Spiced Apricot Ginger Chutney	6 x 200g	2.55	GSV
	<b>READY MEALS (FROZEN)</b>			
	<b>CLIVE'S</b>			

code	product	size	rrp	bfgosv
	Nut Roasts			
XL199	Mushroom Nut Roast	6 x 280g	5.70	GOV
XL338	Organic Nut Roast	6 x 280g	6.40	GOSV
	Pies & Pastries			
XL021	Chestnut & Bean Pie	6 x 250g	3.95	OV
XL105	Creamy Cauliflower Pie	6 x 250g	3.95	OV
XL028	Gltn Free French Cassoulet Pie	6 x 250g	4.10	GOSV
XL026	Gluten Free Aloo Gobi Pie	6 x 250g	4.10	GOSV
XL030	Gluten Free Chickpea Tagine	6 x 250g	4.10	GOSV
XL032	Gluten Free Mexican Chilli Pie	6 x 250g	4.10	GOSV
XL025	Mushroom Pie	6 x 250g	3.95	OSV
XL114	Org G/F Mushroom & Leek Pie	6 x 235g	4.10	GOV
XL020	Saag Aloo Curry Pie	6 x 250g	3.95	OSV
	Puff Pastry Pies			
XL200	Beefy Ale Puff Pie	6 x 235g	4.10	OV
XL201	Chickeny Puff Pie	6 x 235g	4.10	OV
XL024	Chickpea Coronation Puff Pie	6 x 235g	4.10	OV
XL022	Creamy Mushroom Puff Pie	6 x 235g	4.10	OV
XL014	Saag Aloo Puff Pie	6 x 235g	4.10	OV
	Quiches			
XL157	Broccoli & Green Pesto Quiche	6 x 165g	3.25	OV
XL152	Cauliflower Quiche	6 x 165g	3.25	OV
XL151	Quiche Lorraine	6 x 165g	3.25	OV
XL154	Roasted Red Pepper & Tomato Tarts	6 x 165g	3.25	OV
XL323	Bombay Curry Tart	6 x 195g	4.00	GOSV
XL336	Tomato and Olive Tart	6 x 195g	4.00	GOSV
	<b>FRYS</b>			
XL390	Curry Pies	10 x 350g	4.10	V
XL234	Sausage Rolls	10 x 400g	3.90	V
	<b>GOODLIFE</b>			
XL265	Falafel	6 x 280g	3.45	GV
	<b>LINDA MCCARTNEY</b>			
XL131	Deep Dish Country Pies	8 x 380g	2.90	V
	<b>NATURLI'</b>			
XL312	Falafel	8 x 325g	4.95	GV
XL045	Pizza Capricciosa	12 x 350g	4.50	SV
XL040	Pizza Mexicana	12 x 350g	4.50	SV
XL307	Tex Mex Pizza	18 x 190g	2.70	V
XL309	Vesuvio Pizza	18 x 190g	2.70	V
	<b>ONE PLANET PIZZA</b>			
XL035	GF Three Cheeze Margherita Piz	10 x 395g	6.55	GV
XL306	Mediterranean Vegetable	10 x 355g	4.90	V
XL186	Spicy Peppernomi	10 x 302g	4.90	V
XL305	Vegan Hawaiian	10 x 350g	4.90	V
XL303	Vegan Three Cheese Margherita	10 x 320g	4.90	V
	<b>ROOT KITCHEN</b>			
	Plant Based Ready Meals			
XL321	Butternut Squash Lasagne	16 x 400g	4.50	SV
XL313	Moussaka	16 x 400g	4.50	SV
XL319	Thai Red Curry	16 x 400g	4.50	GV
XL314	Tikka Massala with Rice	16 x 400g	4.50	SV
XL329	Vegetable Jalfrezi	16 x 400g	4.50	SV
XL322	Vegetable Shepherds Pie	16 x 400g	4.50	SV
	<b>YUTAKA</b>			
XL039	Bao Buns	12 x 300g	4.95	SV
XL343	Vegetable Gyoza Dumplings	10 x 240g	3.50	SV
	<b>READY TO EAT FOODS (CHILLED)</b>			
	<b>BIONA</b>			
CV680	Ballini Provencale	5 x 250g	4.70	OV
CV563	Falafel Balls	5 x 220g	4.50	OV

code	product	size	rrp	bfgosv
CV328	Falafel Balls Mint and Sesame	5 x 220g	4.70	OV
CV678	Horseradish Sauce	6 x 125g	3.25	OBV
CV063	Lucky Stars	4 x 250g	4.60	OV
CV040	Mini Sweet & Sour Spring Rolls	6 x 200g	4.75	OV
CV036	Mini Thai Spring Rolls	6 x 200g	4.75	OV
CV180	Mini Vegan Spring Rolls	6 x 200g	4.80	OSV
CV376	Samosas	4 x 230g	5.55	OV
CV613	Spring Rolls	5 x 220g	5.10	OV
CV422	Thai Spring Rolls	5 x 220g	5.10	OV
<b>EATEN ALIVE</b>				
CV221	Classic Mild Kimchi	8 x 375g	5.99	V
CV220	Classic Spicy Kimchi	8 x 375g	5.99	V
CV623	Smoky Pink Kraut	8 x 375g	5.49	V
CV493	White Cabbage Kimchi	8 x 375g	5.49	V
<b>GOOD NUDE</b>				
CV949	Firekraut Spicy Sauerkraut	6 x 460g	6.99	V
CV948	Supergreens Sauerkraut	6 x 460g	6.99	V
CV947	Superkraut Sauerkraut	6 x 460g	6.99	V
<b>LOVING FOODS</b>				
	Raw, Organic, Vegan & UK made			
CV316	Hot 'N' Smoky Kimchi	6 x 475g	6.85	GOV
CV802	Kimchi	6 x 500g	6.85	GOV
CV928	Ruby Beetroot Kraut	6 x 475g	6.85	GOV
CV801	Sauerkraut	6 x 500g	6.35	GOV
CV929	Sauerkraut with Caraway	6 x 475g	6.85	GOV
CV314	Spicy Cortido Kraut	6 x 500g	6.85	GOV
CV803	Turmeric & Black Pepper Kimchi	6 x 500g	6.85	GOV
<b>MORGIEL</b>				
CV936	Apple & Parsley Sauerkraut	6 x 300g	4.49	OV
CV938	Carrot Sauerkraut	6 x 300g	3.19	OV
CV933	Fresh Horseradish Relish	6 x 180g	3.50	OV
CV932	Raw Gherkins in Brine	6 x 500g	3.69	OV
CV934	Raw Kale Kimchi	6 x 300g	5.99	OV
CV937	Raw Kale Sauerkraut	6 x 300g	3.85	OV
CV935	Raw Sauerkraut	6 x 300g	3.19	OV
<b>PROFUSION</b>				
CV006	Fresh Organic Sauerkraut	20 x 520g	2.75	OV
<b>RAW HEALTH</b>				
	Fresh Sauerkraut			
CV813	Feel The Heat	6 x 410g	4.80	OV
CV814	Golden Glow	6 x 410g	4.80	OV
CV815	In the Pink	6 x 410g	4.80	OV
CV747	Organic Fresh Sauerkraut	6 x 410g	4.70	OV
<b>SPICEBOX</b>				
	Curry Sauces			
CV927	Chana Masala Curry Sauce	6 x 400g	5.60	GSV
CV926	Chickpea & Spinach Curry Sauce	6 x 400g	5.60	GSV
CV925	Vegetable Dhansak Curry Sauce	6 x 400g	5.60	GSV
	Dhals			
CV367	Carrot & Spinach Moong Dhal	6 x 425g	4.80	GSV
CV330	Lime & Coconut Dhal	6 x 425g	4.80	GSV
CV329	Red Lentil Tarka Dhal	6 x 425g	4.80	GSV
<b>SALADS &amp; SPROUTS (CHILLED)</b>				
<b>SKY SPROUTS</b>				
	Minimum 4 days shelf life			
CV479	Alfalfa & Broccoli Sprouts	100g	2.20	OV
CV481	Alfalfa & Fenugreek Sprouts	100g	2.20	OV
CV476	Alfalfa & Radish Sprouts	100g	2.20	OV
CV475	Alfalfa Sprouts	100g	2.15	OV
CV721	Broccoli Sprouts	100g	2.35	OV
CV504	Mixed Bean Sprouts	225g	2.35	OV

code	product	size	rrp	bfgosv
CV503	Mung Bean Sprouts	200g	2.20	OV
CV510	Organic Sprouts Multi Pack	160g	3.20	OV
CV121	Organic Sprouts Protein Pack	175g	3.20	OV
CV131	Organic Sprouts Superfood Pack	110g	3.20	OV
CV509	Radish Sprout	100g	2.20	OV
<b>SALT &amp; SEASONINGS</b>				
<b>BIOFORCE</b>				
LJ118	Herbamare	6 x 125g	3.19	V
LJ054	Herbamare	6 x 250g	4.29	V
<b>DROGHERIA &amp; ALIMENTARI</b>				
LJ028	Black Peppercorns Mill	6 x 45g	2.90	V
LJ026	Himalayan Pink Salt	6 x 90g	1.99	V
<b>GEO ORGANICS</b>				
LJ005	Atlantic Fine Ground Sea Salt	6 x 500g	2.95	OV
LJ555	Atlantic Sea Salt Crystals	6 x 250g	1.35	OV
<b>MALDON</b>				
LJ004	Sea Salt - Crystals Smoked	12 x 125g	2.75	V
LJ018	Sea Salt - Flaky Crystals	1.4kg	17.59	V
LJ888	Sea Salt - Flaky Crystals	12 x 250g	3.29	V
<b>SALT</b>				
LJ006	Sea Salt-Flaky Crystals	6 x 570g	7.39	V
<b>MARIGOLD</b>				
LJ444	Liquid Aminos	6 x 250ml	3.99	GV
<b>PINK MOUNTAIN</b>				
LJ170	Pink Himalayan Coarse Salt	6 x 300g	2.79	OV
LJ174	Pink Himalayan Coarse Salt	6 x 1kg	6.69	OV
LJ169	Pink Himalayan Fine Salt	6 x 300g	2.79	OV
LJ172	Pink Himalayan Fine Salt	6 x 1kg	6.69	OV
<b>PROFUSION</b>				
LJ152	Pink Himalayan Salt - Coarse	8 x 500g	4.50	V
LJ153	Pink Himalayan Salt Fine Table Shakers	8 x 500g	4.50	V
LJ156	Pink Himalayan Salt - Fine	8 x 140g	2.55	V
<b>TIDMANS</b>				
LJ023	Tidmans Rock Salt	12 x 500g	1.85	V
<b>SAUSAGES &amp; BURGERS (FROZEN)</b>				
<b>FRYS</b>				
XL011	Chicken Style Burgers	10 x 320g	3.95	V
XL008	Chicken Style Nuggets	10 x 380g	4.15	V
XL009	Hot Dogs	10 x 360g	4.20	V
XL007	Polony	10 x 500g	4.55	V
XL360	Rice Protein & Quinoa Burgers	6 x 320g	4.50	GV
XL004	Traditional Burgers	10 x 320g	3.95	V
XL003	Traditional Sausages	10 x 380g	4.35	V
<b>GOODLIFE</b>				
XL141	Parsnip & Carrot Nut Burgers	9 x 320g	3.95	V
<b>LINDA MCCARTNEY</b>				
XL051	Lincolnshire Sausages	6 x 300g	3.10	V
XL130	Sausages	8 x 270g	2.60	V
XL254	Vegetarian Quarter Pounder	8 x 227g	2.75	V
<b>NATURLI'</b>				
XL078	Vegan Burger	8 x 320g	4.45	GV
XL086	Vegan Sausages	8 x 300g	4.65	GV
<b>OUMPH!</b>				
XL012	Burgers (2 pack)	7 x 226g	4.49	V
<b>QUORN</b>				
XL211	Vegan Spicy Burgers	8 x 264g	3.40	V
<b>SEA VEGETABLES</b>				
<b>CORNISH SEAWEED COMPANY</b>				
HE040	Organic Cornish Seaweed Salt	8 x 70g	3.90	OV
HE006	Organic Dulse	5 x 20g	4.59	OV

code	product	size	rrp	bfgosv
HE014	Organic Mixed Seaweed Flakes	5 x 60g	5.59	OV
HE048	Organic sea Salad	5 x 30g	5.75	OV
HE043	Organic Sea Spaghetti	5 x 40g	4.59	OV
<b>I SEA BACON</b>				
LJ176	Seaweed Bacon	6 x 30g	3.39	OV
<b>I SEA PASTA</b>				
LJ198	Seaweed Tagliatelle	6 x 100g	6.59	OV
<b>I SEA WRAPS</b>				
LJ007	Seaweed Wraps	20 x 280g	3.85	SV
<b>MAREVITA</b>				
HE012	Dried & Ground Seaweed Organic	6 x 100g	7.29	OV
<b>OCEAN'S HALO</b>				
HE046	Korean BBQ Seaweed	12 x 4g	0.99	GV
HE055	Maui Onion Seaweed	12 x 4g	0.99	GV
HE007	Sea Salt Seaweed	12 x 4g	0.99	GV
HE013	Wasabi Seaweed	12 x 4g	0.99	GV
<b>SEAMORE</b>				
LJ135	Seaweed Chips	12 x 135g	2.99	GV
<b>SNACK BARS &amp; FLAPJACKS</b>				
<b>ADONIS</b>				
	Keto Bar			
KB379	Keto Chocolate Orange Bar	16 x 35g	1.79	GV
KB351	Keto Pecan, Hazelnut & Cocoa	16 x 35g	1.79	GV
KB371	Keto Vanilla & Coconut Bar	16 x 35g	1.79	GV
	Keto Protein			
KB381	Keto Hazelnut & Cocoa Prot Bar	16 x 45g	1.99	V
KB384	Keto Peanut Butter & Cocoa	16 x 45g	1.99	V
<b>BEAR</b>				
KB542	Carrot Cake Bars - Multipack	12 x 4 x 27g	2.51	GV
KB519	Forest Fruit Bars - Multipack	12 x 4 x 27g	2.51	GV
<b>BOUNCE</b>				
	Dipped			
KB598	Dipped Choc Brownie Protein	12 x 40g	2.90	GSV
KB600	Dipped Hazelnut Praline	12 x 40g	2.90	GSV
	Filled			
KB599	Filled Caramel Millionaire	12 x 40g	2.90	GSV
	Vegan			
ZX593	Almond	12 x 35g	1.99	GSV
ZX592	Maple Pecan & Cashew	12 x 35g	1.99	GSV
<b>BRYNMOR</b>				
	Flapjack			
KB557	Apple & Raspberry	20 x 80g	0.75	SV
KB559	Apricot & Almond	20 x 80g	0.75	GSV
KB541	Cashew & Coconut	20 x 80g	0.75	GSV
KB551	Cranberry	20 x 80g	0.75	SV
KB552	Pecan	20 x 80g	0.75	SV
KB555	Pistachio	20 x 80g	0.75	SV
KB543	Summer Berry	20 x 80g	0.75	GSV
<b>CLIF</b>				
	Mini			
KB278	Chocolate Chip	10 x 28g	1.50	FSV
KB298	Crunchy Peanut Butter	10 x 28g	1.50	FSV
KB316	White Chocolate Macadamia Nut	10 x 28g	1.50	FSV
<b>CLIF BAR</b>				
KB285	Blueberry Almond Crisp	12 x 68g	1.99	SV
KB283	Chocolate Almond Fudge Bar	12 x 68g	1.99	SV
KB086	Chocolate Chip Bar	12 x 68g	1.99	SV
KB328	Chocolate Hazelnut Butter	12 x 50g	2.25	OSV
KB365	Chocolate Peanut Butter	12 x 50g	2.25	OSV
KB083	Crunchy Peanut Butter	12 x 68g	1.99	SV
KB284	White Chocolate Macadamia Bar	12 x 68g	1.99	SV

code	product	size	rrp	bfgosv
	Builder's Bars			
KB357	Choc Peanut Butter	12 x 68g	2.79	V
KB358	Chocolate	12 x 68g	2.79	SV
KB356	Chocolate Mint	12 x 68g	2.79	V
<b>DELICIOUSLY ELLA</b>				
KB435	Cacao & Almond Ball	12 x 40g	1.99	GV
	Nut Butter Filled			
WS071	Almond Butter Ball	12 x 36g	1.99	GV
WS072	Hazelnut Nut Butter Ball	12 x 36g	1.99	GV
<b>DOVES FARM</b>				
	Impulse			
KB228	Apple & Sultana Flapjack	18 x 35g	0.89	GOSV
KB230	Apricot & Chia Seed Flapjack	18 x 35g	0.89	GOSV
KB234	Chocolate Chip Flapjack	18 x 35g	0.89	GOSV
	Multipack			
KB237	Apple & Sultana Flapjack	7 x 4 x 35g	2.89	GOSV
KB261	Apricot & Chia Seed Flapjack	7 x 4 x 35g	2.89	GOSV
KB463	Chocolate Chip Flapjack	7 x 4 x 35g	2.89	GOSV
<b>FATT BAR</b>				
KB166	Fatt Apple + Cinnamon Bar	20 x 30g	1.95	V
KB620	Fatt Caramel + Sea Salt Bar	20 x 30g	1.95	V
KB471	Fatt Coconut + Macadamia Bar	20 x 30g	1.95	V
KB613	Fatt Raspberry + Almond Bar	20 x 30g	1.95	V
<b>MA BAKER</b>				
KB679	Giant Berry Bar - Wheat Free	20 x 90g	0.95	SV
KB322	Giant Fruit Bar - Wheat Free	20 x 90g	0.95	VS
KB906	Nut Mixed Case	20 x 90g	0.95	VS
KB905	Tropical Mixed Case	20 x 90g	0.95	VS
	Sugar'd Out Flapjack			
KB293	Blueberry	16 x 50g	0.85	V
KB262	Raspberry	16 x 50g	0.85	V
	Superfood Snack Bar			
KB454	Apple & Baobab	16 x 45g	1.29	V
KB472	Chia, blueberries & pumpkin	16 x 45g	1.29	V
KB469	Goji berries, coconut, pumpkin	16 x 45g	1.29	V
KB467	Quinoa, apricots, pumpkin seeds	16 x 45g	1.29	V
<b>MERIDIAN</b>				
KB721	Peanut Bar	18 x 40g	1.39	GV
<b>MISFITS</b>				
KB145	Chocolate Brownie	12 x 45g	2.29	GV
KB140	Chocolate Caramel	12 x 45g	2.29	GV
KB192	Chocolate Speculoos	12 x 45g	2.29	GV
KB193	White Choc Cookies n' Cream	12 x 45g	2.29	GV
<b>NAIRN'S</b>				
	Gluten Free Oat Bars			
BT330	Oat Bar Apple & Cinnamon	20 x 40g	0.99	GV
<b>NAKD</b>				
	Chocolish			
ZX756	Double Chocolish Big Bite	16 x 50g	1.79	GV
ZX766	Peanut Chocolish Big Bite	16 x 50g	1.79	GV
ZX768	Raspberry Chocolish Big Bite	16 x 50g	1.79	GV
	Multi Packs			
WS045	Apple Danish Multipacks	12 x 4 x 30g	3.49	GV
KB802	Banoffee Pie Multipack	12 x 4 x 35g	3.49	GV
KB029	Berry Delight Multipack	12 x 4 x 35g	3.49	GV
KB779	Blueberry Muffin Multipack	12 x 4 x 35g	3.49	GV
KB931	Cashew Cookie Multipack	12 x 4 x 35g	3.49	GV
KB031	Cocoa Delight Multipack	12 x 4 x 35g	3.49	GV
KB003	Cocoa Orange Multipack	12 x 4 x 35g	3.49	GV
KB771	Salted Caramel Multipack	12 x 4 x 35g	3.49	GV
	Nudie Bars			

code	product	size	rrp	bfgosv
KB877	Bakewell Tart Bar	18 x 35g	0.99	GV
KB686	Banoffee Pie Bar	18 x 35g	0.99	GV
KB756	Berry Delight Bar	18 x 35g	0.99	GV
KB532	Blueberry Muffin	18 x 35g	0.99	GV
KB526	Carrot Cake	18 x 35g	0.99	GV
KB554	Cashew Cookie Bar	18 x 35g	0.99	GV
KB757	Cocoa Delight Bar	18 x 35g	0.99	GV
KB556	Cocoa Orange Bar	18 x 35g	0.99	GV
KB995	Coffee & Walnut	18 x 35g	0.99	GV
KB163	Lemon Drizzle Bar	18 x 35g	0.99	GV
WS021	Peanut Delight	18 x 35g	0.99	GV
ZX609	Salted Caramel	18 x 35g	0.99	GV
KB691	Strawberry Sundae Bar	18 x 35g	0.99	GV
	Oaties			
WS041	Apple Danish	18 x 30g	0.99	GV
WS043	Banana Bread Bars	18 x 30g	0.99	GV
	<b>ORGANICA</b>			
KB525	Creamy Marzipan Dream Bar	24 x 40g	1.15	OSV
KB703	Golden Coconut Delight	24 x 40g	1.15	OSV
KB702	Hazelnut Nougat Delight	24 x 40g	1.15	OSV
	<b>PLANET ORGANIC</b>			
	Energy Bar			
BT070	Cacao Brazil Nut Energise Bar	20 x 30g	1.19	GOV
	<b>PRIMAL PANTRY</b>			
KB394	Almond & Cashew Brownie Bar	18 x 40g	1.65	GV
KB421	Cocoa Brownie Protein Bar	15 x 55g	2.29	GV
KB386	Coconut & Macadamia Brownie Bar	18 x 40g	1.65	GV
KB397	Hazelnut & Cocoa Brownie Bar	18 x 40g	1.65	GV
KB415	Lemon & Poppy Seed Brownie Bar	18 x 45g	1.65	GV
	<b>PULSIN'</b>			
WS040	Brownie Double Choc Dream	18 x 35g	1.29	GSV
WS049	Double Choc Fudge Brownie	18 x 35g	1.29	GSV
	Enrobed Protein Bar			
KB110	Choc Fudge	12 x 57g	2.39	V
KB109	Cookie Dough	12 x 57g	2.39	V
	Keto Bars			
KB784	Choc Fudge & Peanut Keto Bar	18 x 50g	1.99	GV
KB483	Choc Mint & Peanut Keto Bar	18 x 50g	1.99	GV
KB490	Choc Orange & Peanut Keto Bar	18 x 50g	1.99	GV
	Protein Boosters			
KB090	Maple & Peanut Protein Bar	18 x 50g	1.79	GV
KB148	Peanut Choc Protein Bar	18 x 50g	1.79	GV
KB706	Vanilla Choc Chip Protein Bar	18 x 50g	1.79	GV
	Raw Choc Brownie			
WS056	Peanut Choc Chip Raw Brownie	18 x 35g	1.19	GSV
WS058	Salted Caramel Raw Choc Brownie	18 x 35g	1.19	GV
	<b>RAW BAKE STATION</b>			
KB153	Salted Double Choc	12 x 40g	1.85	GV
KB150	Vanilla Choc Chip	10 x 40g	1.59	GV
	<b>RHEAL</b>			
	Energy Bar			
KB635	Banana Bread	12 x 50g	1.99	GV
KB637	Hazelnut Cacao	12 x 50g	1.99	GV
KB636	Peanut Butter	12 x 50g	1.99	GV
	Energy Bars			
KB626	Blueberry Muffin Bar	12 x 50g	1.99	GV
	<b>SESAME SNAPS</b>			
KB001	Sesame Snaps	24 x 30g	0.39	SV
KB180	Sesame Snaps (Multipack)	30 x 4 x 1	1.25	SV
KB777	Sesame Snaps Chocolate Coated	24 x 30g	0.45	SV
KB587	Sesame Snaps Coconut	24 x 30g	0.39	SV



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<b>SQUIRREL SISTERS</b>				
KB434	Cacao Brownie Share Bag	10 x 80g	2.49	GV
KB422	Cacao Brownie Snack Bars	16 x 40g	1.49	GV
KB442	Cacao Orange Share Bag	10 x 80g	2.49	GV
KB424	Cacao Orange Snack Bars	16 x 40g	1.49	GV
KB426	Peanut Caramel Snack Bar	16 x 40g	1.79	GV
KB432	Peanut Raspberry Snack Bar	16 x 40g	1.79	GV
<b>TREK</b>				
KB097	Chocolate Orange	16 x 55g	2.35	GV
KB450	Peanut Butter Flapjack	16 x 50g	1.15	GSV
KB941	Salted Caramel Flapjack	16 x 50g	1.15	GSV
ZX738	Smooth Lemon	16 x 50g	1.15	GSV
<b>FLAPJACKS</b>				
KB499	Cocoa and oat protein flapjack	16 x 50g	1.15	GVS
KB500	Cocoa coconut protein flapjack	16 x 50g	1.15	GVS
KB501	Morning berry protein flapjack	16 x 50g	1.15	GVS
KB505	Original oat protein flapjack	16 x 50g	1.15	GVS
<b>Power</b>				
KB663	Millionaire Shortbread	16 x 55g	2.35	GV
KB662	Peanut Butter Crunch	16 x 55g	2.35	GV
<b>TREK BARS</b>				
KB722	Cocoa Chaos	16 x 55g	1.29	GV
KB725	Peanut Power	16 x 55g	1.29	GV
<b>TROPICAL WHOLEFOODS</b>				
<b>JUST 5</b>				
KB769	Organic F/T Apricot & Almond Just 5	18 x 40g	1.25	FOV
KB592	Organic F/T Banana & Cocoa	18 x 40g	1.25	FOV
KB590	Organic F/T Date & Cocoa JUST 5	18 x 40g	1.25	FOV
KB710	Organic F/T Mango & Brazil	18 x 40g	1.25	FOV
<b>VIVE</b>				
<b>Better Brownie</b>				
BT409	Cherry Bakewell	15 x 35g	1.29	SV
BT410	Chocolate Orange	15 x 35g	1.29	SV
BT411	Coconut Cashew Natural Protein Bar	15 x 35g	1.29	SV
BT412	Hazelnut	12 x 50g	1.89	SV
BT413	Peanut Butter Jelly	12 x 49g	1.89	SV
BT417	Salted Caramel	12 x 49g	1.89	SV
<b>SOFT DRINKS</b>				
<b>BELVOIR</b>				
JU060	Elderflower & Rose Presse	12 x 250ml	1.95	GSV
JU795	Elderflower Presse	12 x 250ml	1.95	GSV
JU810	Elderflower Presse	12 x 250ml	2.90	GOSV
JU783	Freshly Squeezed Lemonade	12 x 250ml	1.95	GV
JU814	Ginger Beer	12 x 250ml	1.95	GOSV
JU554	Raspberry Lemonade 750ML Bottles	12 x 250ml	1.75	GSV
JU629	Cucumber & Mint Presse	6 x 750ml	4.10	GSV
JU236	Elderflower & Rose Presse	6 x 750ml	4.10	GSV
JU041	Elderflower Light Presse	6 x 750ml	3.69	GSV
JU674	Elderflower Presse	6 x 750ml	4.10	GSV
JU792	Elderflower Presse	6 x 750ml	4.45	GOSV
JU782	Freshly Squeezed Lemonade	6 x 750ml	4.10	GSV
JU780	Ginger Beer	6 x 750ml	4.10	GSV
JU813	Ginger Beer	6 x 750ml	4.49	GOSV
JU007	Summer Spritz Botanical Sodas	6 x 750ml	3.85	GV
JU024	Spicy Ginger Fizz	6 x 500ml	2.95	VS

code	product	size	rrp	bfgosv
	Presse in Cans			
JU051	Elderflower & Rose	12 x 250ml	1.72	GSV
JU340	Elderflower Presse	12 x 250ml	1.75	GSV
JU345	Ginger Beer Presse	12 x 250ml	1.50	GSV
	<b>BIONA</b>			
	Kombucha			
JU556	Kombucha Ginger Lime	6 x 330ml	3.35	OSV
JU523	Kombucha Original	6 x 330ml	3.35	OSV
JU551	Kombucha Sour Cherry Mint	6 x 330ml	3.35	OSV
	<b>BUMBLEZEST</b>			
	Sparkling Botanical Water			
JU143	Fuel & Focus	24 x 250ml	1.61	GV
JU137	Refresh & Relax	24 x 250ml	1.77	GV
	<b>CAWSTON PRESS</b>			
	750ML Bottles			
JU101	Elderflower Lemonade	6 x 750ml	3.99	SV
JU107	Sparkling Rhubarb	6 x 750ml	3.99	SV
	Cans			
JU265	Apple & Rhubarb	24 x 330ml	1.35	SV
JU238	Cloudy Apple	24 x 330ml	1.35	V
JU478	Elderflower Lemonade	24 x 330ml	1.35	V
JU477	Ginger Beer	24 x 330ml	1.35	V
JU231	Orange	24 x 330ml	1.35	SV
	<b>CHARITEA</b>			
JU598	ChariTea Black	24 x 330ml	1.95	FOSV
JU596	ChariTea Mate	24 x 330ml	1.95	FOSV
JU595	ChariTea Red	24 x 330ml	1.95	FOSV
	<b>COCOFINA</b>			
JU368	Cocofina Natural Coconut Water	12 x 1l	4.10	OV
	<b>DALSTON'S</b>			
	Cans			
JU163	Cherryade	24 x 330ml	1.19	GV
JU166	Fizzy Elderflower	24 x 330ml	1.19	GV
JU772	Fizzy Rhubarb	24 x 330ml	1.19	GV
JU162	Ginger Beer	24 x 330ml	1.19	GV
JU069	Lemonade	24 x 330ml	1.19	V
JU012	Peach Soda	24 x 330ml	1.19	V
	<b>DASH WATER</b>			
JU817	Sparkling Blackcurrant	12 x 330ml	1.29	V
JU718	Sparkling Cucumber	12 x 330ml	1.29	V
JU716	Sparkling Lemon	12 x 330ml	1.29	V
JU109	Sparkling Mango	12 x 330ml	1.29	V
JU110	Sparkling Peach	12 x 330ml	1.29	GV
JU170	Sparkling Raspberry	12 x 330ml	1.29	V
	Multipack			
JU026	Sparkling Blackcurrant	6 x 4x330ml	4.69	VG
JU039	Sparkling Cucumber	6 x 4x330ml	4.69	VG
JU040	Sparkling Lemon	6 x 4x330ml	4.69	VG
JU033	Sparkling Peach	6 x 4x330ml	4.69	VG
JU042	Sparkling Raspberry	6 x 4x330ml	4.69	VG
	<b>EQUINOX</b>			
JU005	Charge Kombucha	24 x 250ml	1.39	OSV
JU006	Chill Kombucha	24 x 250ml	1.39	OSV
	<b>FENTIMANS</b>			
	275ML Range			
JU008	Cherry Cola	12 x 275ml	2.50	GSV
JU625	Curiosity Cola	12 x 275ml	2.50	GSV
JU908	Dandelion & Burdock	12 x 275ml	2.50	GSV
JU463	Gently Sparkling Elderflower	12 x 275ml	2.15	GSV
JU346	Ginger Beer	12 x 275ml	2.50	GSV
JU354	Mandarin Seville Orange Jigger	12 x 275ml	2.50	GSV

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JU618	Rose Lemonade	12 x 275ml	2.15	GSV
JU435	Victorian Lemonade 750ML Range	12 x 275ml	2.50	GSV
JU333	Cherry Cola	6 x 750ml	4.55	SV
JU573	Curiosity Cola	6 x 750ml	4.55	GSV
JU281	Dandelion & Burdock	6 x 750ml	4.55	SV
JU280	Ginger Beer	6 x 750ml	4.55	GSV
JU437	Pink Ginger Beer	6 x 750ml	4.55	GSV
JU455	Rose Lemonade Botanically Brewed Tonic Water	6 x 750ml	4.55	GSV
JU266	Light Tonic Water	6 x 4x200ml	4.29	GV
JU277	Premium Indian Tonic Water	6 x 4x200ml	4.29	GSV
JU273	Valencian Orange Tonic Water Cans	6 x 4x200ml	4.65	GSV
JU278	Curiosity Cola	12 x 250ml	1.65	GSV
JU298	Gently Sparkling Elderflower	12 x 250ml	1.65	GSV
JU366	Ginger Beer	12 x 250ml	1.65	GSV
JU300	Rose Lemonade Good and Fruity - Still Drink	12 x 250ml	1.65	GSV
JU019	Apple and Elderflower	12 x 250ml	1.79	V
JU046	Cherry & Blood Orange	12 x 250ml	1.79	V
JU044	Lemon and Pink Ginger Mixer Range	12 x 250ml	1.79	V
JU009	Connoisseurs Tonic	8 x 500ml	3.45	GSV
JU158	Ginger Beer & Muddled Lime	8 x 500ml	3.45	GSV
JU160	Naturally Light Tonic	8 x 500ml	3.19	GSV
JU422	Oriental Yuzu Tonic	8 x 500ml	2.74	GSV
JU161	Pink Grapefruit Tonic Water	8 x 500ml	3.45	GSV
JU421	Pink Rhubarb	8 x 500ml	3.45	GSV
JU207	Premium Indian Tonic Water	8 x 500ml	3.19	GSV
JU167	Rose Lemonade	8 x 500ml	3.45	GSV
JU010	Valencian Orange Tonic	8 x 500ml	3.45	GSV
	<b>FEVERTREE</b>			
JU387	Tonic Water	6 x 4x200ml	5.39	GSV
	<b>FIREFLY NATURAL DRINKS</b>			
	Fruit Juice & Botanic Extracts			
JU348	Kiwi, lime & Mint	12 x 330ml	2.50	V
JU299	Lemon, Lime & Ginger	12 x 330ml	2.50	V
JU296	Peach & Green Tea	12 x 330ml	2.50	V
JU180	Pomegranate & Elderflower	12 x 330ml	2.50	V
	<b>FROBISHERS</b>			
JU093	Apple and Elderflower	12 x 250ml	1.15	GV
JU092	Raspberry and Rhubarb	12 x 250ml	1.15	GV
JU091	Sicilian Lemonade	12 x 250ml	1.15	GSV
	<b>GENIE</b>			
JU301	Blueberry and Raspberry Kombucha - Cans	12 x 330ml	2.90	V
JU157	Dry Apple	12 x 330ml	2.90	V
JU150	Fiery Kombucha	12 x 330ml	2.90	V
	<b>GUSTO</b>			
JU222	Cherry Cola	12 x 275ml	2.15	OV
JU223	Fiery Ginger With Chipotle	12 x 275ml	2.15	FOV
JU148	Lemon Energy	12 x 250ml	2.25	OV
JU376	Naturally Slim Cola	12 x 275ml	2.15	FGV
JU353	Organic Real Cola	12 x 275ml	2.15	FGOV
JU147	Original Energy	12 x 250ml	2.25	OV
JU224	Sicilian Blood Orange	12 x 275ml	2.15	FOV
JU159	Sicilian Lemon with Fresh Yuzu	12 x 275ml	2.25	FOV
	<b>HIP POP</b>			
JU052	Gut Lovin' Cola	12 x 330ml	1.79	SV
JU053	Gut Lovin' Lemonade	12 x 330ml	1.79	SV

code	product	size	rrp	bfgosv
JU054	Gut Lovin' Orange	12 x 330ml	1.79	SV
	CBD Kombucha			
JU099	CBD Blood Orange & Grapefruit	12 x 330ml	2.49	SV
JU098	CBD Cherry & Blackberry	12 x 330ml	2.49	SV
JU094	CBD Passionfruit Guava	12 x 330ml	2.49	SV
	Craft Brewed Kombucha			
JU364	Apple Elderflower Kombucha	12 x 330ml	1.79	V
JU360	Blueberry Ginger Kombucha	12 x 330ml	1.79	V
JU363	Ginger Yuzu Kombucha	12 x 330ml	1.79	V
JU365	Strawberry Pineapple Kombucha	12 x 330ml	1.79	V
	Living Sodas - With ACV			
JU232	Ginger and Turmeric	12 x 330ml	1.79	V
JU257	Pink Grapefruit	12 x 330ml	1.79	V
JU255	Tropical Peach	12 x 330ml	1.79	V
	<b>JAX COCO</b>			
JU100	Coconut Water Pure	4 x 6 x330ml	12.59	VG
	Tetrapacks			
JU742	Coconut Water Pure	12 x 1l	4.25	V
	<b>KARMA DRINKS</b>			
	Cans			
JU617	Gingerella Ginger Ale	24 x 250ml	1.42	FOSV
JU616	Karma Cola	24 x 250ml	1.42	FOSV
JU749	Karma Cola - sugar free	24 x 250ml	1.42	V
JU800	Karma Orangeade	24 x 250ml	1.42	FOSV
JU615	Lemony Lemon	24 x 250ml	1.42	FSOV
JU420	Razza Raspberry Lemonade	24 x 250ml	1.42	FOSV
	Glass Bottles			
JU073	Gingerella Ginger Ale	24 x 300ml	2.15	FOVS
JU075	Karma Cola	24 x 300ml	2.15	FOSV
JU750	Karma Cola - Sugar Free	24 x 300ml	2.15	V
JU078	Lemony Lemon	24 x 300ml	2.15	FOSV
JU418	Razza Raspberry Lemonade	24 x 300ml	2.15	FOVS
JU302	Summer Orangeade	24 x 300ml	2.15	FOSV
	<b>LEMONAID BEVERAGES</b>			
JU592	Lemonaid Blood Orange	24 x 330ml	1.91	FOSV
JU068	Lemonaid Ginger	24 x 330ml	1.91	FOSV
JU587	Lemonaid Lime	24 x 330ml	1.91	OSV
JU589	Lemonaid Passion Fruit	24 x 330ml	1.91	FOSV
	<b>LUSCOMBE DRINKS</b>			
JU584	Cool Ginger Beer	24 x 270ml	1.95	OSV
JU586	Hot Ginger Beer	24 x 270ml	1.95	OV
JU145	Raspberry Crush	24 x 270ml	1.95	OSV
JU583	Sicilian Lemonade	24 x 270ml	1.95	OSV
JU439	St Clements	24 x 270ml	1.95	OSV
JU585	Wild Elderflower Bubbly	24 x 270ml	1.95	SV
	<b>MINOR FIGURES</b>			
	1L Ready To Drink			
JU216	Oat Milk Latte	6 x 1l	3.49	V
JU217	Oat Milk Mocha	6 x 1l	3.49	V
	Nitro Cold Brew Coffees			
JU786	Black Coffee Drink	12 x 200ml	2.50	V
JU202	Chai Latte Drink	12 x 200ml	2.50	V
JU787	Latte Coffee Drink	12 x 200ml	2.50	V
JU209	Matcha Latte Drink	12 x 200ml	2.50	V
JU788	Mocha Coffee Drink	12 x 200ml	2.50	V
	<b>OHMG</b>			
JU203	Blackcurrant Sparkling Water	12 x 330ml	2.50	V
JU152	Peach Sparkling Mag. Water	12 x 330ml	2.50	V
JU141	Raspberry Sparkling Mag. Water	12 x 330ml	2.50	V
JU144	Sparkling Magnesium Water	12 x 300ml	2.50	V
	<b>PIP ORGANIC</b>			

code	product	size	rrp	bfgosv
JU399	Sparkling Apple	24 x 250ml	1.89	OV
JU405	Sparkling Lemon	24 x 250ml	1.89	OV
<b>REBEL KITCHEN</b>				
JU059	Banana Mylk	12 x 250ml	1.65	GOV
JU178	Chocolate Mylk	12 x 250ml	1.65	GOV
<b>SIMPLEE CBD</b>				
JU819	CBD Infused Elderflower & Lime	12 x 250ml	2.49	V
JU003	CBD Infused Hibiscus & Ginger	12 x 250ml	2.49	V
JU818	CBD Infused Wild Berries	12 x 250ml	2.49	V
<b>SOMETHING AND NOTHING</b>				
JU332	Cucumber Seltzer	12 x 330ml	1.55	V
JU337	Hibiscus & Rose Seltzer	12 x 330ml	1.55	V
JU335	Yuzu Seltzer	12 x 330ml	1.55	V
<b>VITA COCO</b>				
1L				
JU118	Pure Coconut Water	6 x 1l	4.50	SV
JU221	Pure Coconut Water Organic	6 x 1l	4.19	OV
JU117	Pure Pressed Coconut Water	12 x 1l	4.50	SV
330ML				
JU111	Pure Coconut Water	12 x 330ml	1.69	SV
JU113	Pure Pressed Coconut Water	12 x 330ml	1.69	SV
<b>WHOLE EARTH</b>				
JU311	Apple	24 x 330ml	1.49	OSV
JU946	Cola	24 x 330ml	1.49	OSV
JU935	Lemonaid	24 x 330ml	1.49	OSV
JU947	Mountain Cranberry	24 x 330ml	1.49	OSV
JU310	Orange & Lemonade	24 x 330ml	1.49	OSV
JU189	Sparkling Elderflower	24 x 330ml	1.49	OV
JU186	Sparkling Ginger	24 x 330ml	1.49	OV
<b>SOUPS</b>				
<b>SUMA</b>				
VF565	Pea & Vegan Ham Soup	12 x 400g	2.90	V
<b>SUMA ORGANIC</b>				
VF390	Organic Minestrone Soup	12 x 400g	1.95	OV
VF655	Organic Mushroom Soup	12 x 400g	2.25	OV
VF595	Organic Pea Soup	12 x 400g	2.25	OV
VF525	Organic Rustic Vegetable Soup	12 x 400g	1.99	OV
VF365	Organic Spicy Lentil Soup	12 x 400g	1.95	OV
VF345	Organic Tomato & Basil Soup	12 x 400g	1.95	OSV
VF600	Organic Tomato Soup	12 x 400g	1.95	OSV
VF685	Organic Tuscan Bean Soup	12 x 400g	1.95	OV
<b>ESSENTIAL TRADING</b>				
VF085	Lentil & Pumpkin Soup	6 x 680g	2.95	OV
VF375	Pea Soup	6 x 680g	3.65	OV
<b>FREE &amp; EASY</b>				
VF302	Broccoli & Kale	6 x 400g	2.29	GOV
VF096	Butternut Squash & Ginger - Og	6 x 400g	2.29	GOV
VF297	Butternut, Sweet Potato, Turmeric	6 x 400g	2.29	GOV
VF124	Carrot & Coconut Soup	6 x 400g	2.29	GOV
VF720	Lentil & Red Pepper Soup - Org	6 x 400g	2.29	GOV
VF086	Pea & Mint Soup - Org	6 x 400g	2.29	GOV
VF097	Sweet Potato & Chia Soup - Org	6 x 400g	2.29	GOV
VF083	Tomato Soup - Org	6 x 400g	2.29	GOV
<b>RIFCO</b>				
VF220	Balinese Lentil & Pepper Soup	6 x 400g	2.39	OV
VF233	Mexican Bean Soup	6 x 400g	2.39	OV
VF225	Moroccan Chickpea Soup	6 x 400g	2.39	OV
VF114	Sri Lankan Lentil & Coconut	6 x 400g	2.39	OV
<b>SOUPS (CHILLED)</b>				
<b>TIDEFORD ORGANIC VEGAN FOODS</b>				
CV733	Butternut Squash & Sage Soup	6 x 600g	4.50	GOV

code	product	size	rrp	bfgosv
CV882	Creamy Mushroom Soup	6 x 600g	4.50	OV
CV725	Indian Cauliflower Masala Soup	6 x 600g	4.50	GOV
CV754	Lebanese Lentil & Kale Soup	6 x 600g	4.50	GOV
CV782	Lentil and Spinach Dahl	6 x 600g	4.50	GOV
CV720	Malaysian Coconut Noodle Soup	6 x 600g	4.50	GOV
CV617	Moroccan Spiced Chickpea Soup	6 x 600g	4.50	GOV
CV783	Spiced Parsnip Soup	6 x 600g	4.50	GOV
<b>SPIRITS &amp; LIQUEURS</b>				
<b>FATTYS ORGANIC SPIRITS</b>				
WN036	London Dry Gin	1 x 70cl	45.00	OV
WN037	Pink Grapefruit Spirit	1 x 70cl	35.00	OV
WN038	Vodka	1 x 70cl	35.00	OV
WN039	Winter Spiced Orange Gin	1 x 70cl	45.00	OV
<b>SAPLING SPIRITS</b>				
WN035	Climate Positive Gin	1 x 70cl	48.79	V
WN025	Climate Positive Vodka	1 x 70cl	4.79	V
<b>SUGARS &amp; SYRUPS</b>				
<b>SUMA ORGANIC</b>				
LJ099	Agave Syrup - organic	6 x 240ml	3.99	OV
LJ121	Agave Syrup - organic	6 x 500ml	7.99	OV
LJ260	Barley Malt Extract - Organic	6 x 340g	2.99	OV
LJ300	Coconut Blossom Syrup Organic	6 x 350g	5.99	OV
<b>SUMA PREPACKS</b>				
LJ090	Golden Granulated Sugar	6 x 500g	3.55	FV
<b>SUMA PREPACKS - ORGANIC</b>				
LJ100	Coconut Palm Sugar, Organic	6 x 500g	4.89	OV
LJ261	Demerara Sugar - organic	6 x 500g	3.15	OV
LJ255	Icing Sugar - organic	6 x 500g	4.59	OV
LJ251	Raw Cane Sugar - organic	6 x 500g	3.49	OV
<b>BILLINGTONS</b>				
LJ185	Fairtrade Golden Gran Sugar	10 x 500g	2.90	FV
LJ999	Granulated Sugar - organic	10 x 500g	2.59	VO
LJ190	Organic Natural Caster	10 x 500g	2.79	OV
LJ060	Sugar - Dark Muscovado	10 x 500g	2.15	V
LJ058	Sugar - Demerara	10 x 500g	2.15	V
LJ057	Sugar - Golden Caster Sugar	10 x 250g	0.95	GVB
LJ056	Sugar - Golden Granulated	10 x 1kg	3.95	V
LJ059	Sugar - Light Muscovado	10 x 500g	2.15	V
LJ109	Sugar - Molasses	10 x 500g	2.25	V
<b>BIONA</b>				
LJ083	Coconut Blossom Nectar	6 x 350g	6.79	OV
LJ011	Coconut Palm Sugar - Organic	8 x 250g	3.50	OV
LJ014	Coconut Palm Sugar - Organic	5 x 500g	5.59	OV
LJ182	Dark Agave Syrup	6 x 350g	4.25	OV
HY026	Organic Brown Rice Syrup	6 x 350g	4.35	OV
HY020	Organic Date Syrup	6 x 350g	4.45	OV
HY022	Organic Maple Agave Syrup	6 x 350g	5.79	OV
LJ181	Rapadura / Sucanat Sugar	5 x 500g	4.95	OV
<b>CLEARSPRING</b>				
JP123	Barley Malt Syrup	6 x 300g	3.49	OV
JP125	Date Syrup	6 x 300g	3.69	OV
JP124	Oat Syrup	6 x 300g	3.99	OV
HY210	Rice Malt Syrup	6 x 300g	3.49	OV
<b>EQUAL EXCHANGE</b>				
LJ500	Raw Cane Sugar - organic	10 x 500g	2.39	FOV
<b>HILLTOP HONEY</b>				
HY055	Maple Syrup Grade A Amber	10 x 230g	3.99	V
HY015	Maple Syrup Grade A Amber	5 x 640g	11.99	GV
HY050	Maple Syrup Grade A Dark	5 x 640g	11.99	GV
<b>HONEA</b>				
HY089	Elderflower Honea - Vegan	6 x 230ml	4.99	SV

code	product	size	rrp	bfgosv
HY061	Lavender Honea - Vegan	6 x 230ml	4.99	SV
HY060	Orange Blossom Honea - Vegan	6 x 230ml	4.99	SV
HY058	Original Honea - Vegan	6 x 230ml	4.99	SV
HY051	Rose Honea - Vegan	6 x 230ml	4.99	SV
<b>MARIGOLD</b>				
LJ179	Pomegranate Molasses	6 x 150ml	4.19	V
<b>MERIDIAN</b>				
HY077	Barley Malt Extract	6 x 370g	2.79	V
HY006	Barley Malt Extract - og	6 x 370g	3.29	OV
HY300	Blackstrap Molasses - Organic	6 x 350g	2.29	FOV
HY012	Blackstrap Molasses - Organic	6 x 600g	2.79	FOV
HY080	Date Syrup	6 x 330g	3.25	V
HY250	Maple Syrup - organic	6 x 330g	8.99	OV
<b>RAYNERS</b>				
LJ901	Black Treacle - organic	6 x 340g	3.35	GOV
HY088	Blackstrap Molasses	6 x 340g	2.89	V
LJ704	Golden Syrup - Organic	5kg	45.90	FOV
LJ900	Malt Extract - Organic	6 x 340g	4.25	OV
LJ589	Malt Extract - Organic	5kg	34.79	OV
LJ587	Organic Golden Syrup	6 x 340g	4.79	OV
<b>SHADY MAPLE FARMS</b>				
HY025	Maple Syrup - organic	12 x 250ml	7.99	OV
<b>ST LAWRENCE GOLD</b>				
HY009	Maple Syrup Grade A Amber	12 x 250ml	6.99	V
HY053	Og Maple Syrup Grade A Amber	12 x 250ml	7.49	OV
HY056	Og Maple Syrup Grade a Amber	6 x 1l	25.99	OV
HY042	Og Maple Syrup Grade A Dark	12 x 250ml	7.49	OV
<b>SWEET FREEDOM</b>				
LJ157	Caramel Syrup	6 x 350g	3.89	V
LJ041	Natural Sweetness - Original	6 x 350g	3.49	V
LJ154	Vanilla Syrup	6 x 350g	3.89	V
<b>TOTAL SWEET</b>				
LJ124	Total Sweet	6 x 225g	2.99	V
LJ125	Total Sweet	6 x 1kg	11.15	V
<b>TRADCRAFT</b>				
LJ515	Brown Sugar Sticks	500 x 3g	12.39	FV
LJ889	Caster Sugar - Golden Caster	6 x 500g	2.45	FSV
LJ990	Sugar - Demerara	6 x 500g	2.19	FSV
<b>TRUVIA</b>				
LJ086	Sweetener from the Stevia Leaf	6 x 270g	6.65	V
<b>SUPERFOODS &amp; SPORTS NUTRITION</b>				
<b>BEE IT</b>				
From James White				
JU201	Beet It Stamina Shot	15 x 70ml	2.15	OV
<b>BIONA</b>				
MD736	Cracked Linseed Gold Organic	6 x 500g	5.59	OV
<b>GRANOVITA</b>				
GT300	Flax Oil - Organic	6 x 260ml	11.75	GOV
GT302	Hemp Oil - Organic	6 x 260ml	8.85	GOV
<b>LINWOODS</b>				
MD113	Chia Seed	12 x 200g	6.49	GOV
MD109	Flax,Almond,Brazil,Walnut,Q10	12 x 360g	6.55	GV
MD104	Flax,Sun,Pum,Chia,Goji Berries	5 x 425g	5.99	GOV
MD101	Flax,Sunflower & Pumpkin Seeds	12 x 425g	6.35	GOV
MD102	Flaxseed	12 x 425g	5.49	GOV
MD114	Flaxseed	12 x 200g	3.49	GOV
MD115	Flaxseed & Goji Berries	12 x 200g	3.55	GOV
MD112	Flaxseed,Bio Cultures & Vit D	12 x 360g	6.55	GV
MD110	Linwoods Shelled Hemp	12 x 200g	7.35	GV
MD048	Milled Hemp	6 x 200g	4.49	GOV
Organic Sprouted Range				

code	product	size	rrp	bfgosv
VM263	Sprouted Flaxseed	5 x 360g	7.35	GOV
	<b>NATURES AID</b>			
VM003	MCT Oil	6 x 500ml	18.95	FCV
	<b>NATURYA</b>			
MD040	Greens Blend Organic	6 x 250g	12.99	FGOV
MD158	Organic Acai Powder	6 x 125g	19.99	GOV
MD216	Organic Cacao Powder F/trade	6 x 250g	6.99	FCVO
MD111	Organic Chia Seeds	6 x 300g	5.99	GOV
MD156	Organic Chlorella Powder	6 x 200g	12.49	GOV
MD153	Organic Cocoa Nibs	6 x 300g	7.99	GOV
MD152	Organic Hemp Protein Powder	6 x 300g	9.99	GOV
MD150	Organic Maca Powder	6 x 300g	6.99	OV
MD155	Organic Spirulina Powder	6 x 200g	8.99	GOV
MD067	Organic Turmeric Superblend	6 x 250g	7.99	GOV
MD154	Organic Wheatgrass Powder	6 x 200g	7.99	GOV
	<b>PREWETT'S</b>			
VM020	Organic Ground Flaxseed	6 x 175g	3.29	GOV
	<b>PULSIN'</b>			
VM258	Chocolate Pea Protein Powder	6 x 250g	14.99	GV
VM093	Hemp Protein Powder	6 x 250g	12.19	GV
VM027	Pea Protein Isolate	1kg	28.15	GV
VM092	Pea Protein Powder	6 x 250g	8.39	GV
VM024	Rice Protein Powder	6 x 250g	9.99	GV
VM095	Soya Protein Powder	6 x 250g	8.45	GV
VM090	Vanilla Keto Protein Powder Supershakes	6 x 252g	24.99	VG
VM304	Cacao & Maca Energy Supershake	6 x 300g	17.59	GV
	<b>RHEAL</b>			
VF212	Superfoods Balance Tonic	6 x 150g	24.99	GOV
VF031	Superfoods Clean Greens	6 x 150g	24.99	GOV
	<b>SUPPLEMENTS &amp; REMEDIES</b>			
	<b>SUMA PREPACKS</b>			
HE250	Psyllium Husk	6 x 200g	5.99	V
	<b>ALLICINMAX</b>			
VM324	Allicin Max Powder Capsules	6 x 30 capsules	8.75	GV
VM325	Allicinmax Powder Capsules	6 x 90 capsules	21.55	GV
VM326	Alliderm Gel	1 x 30ml	1.49	V
VM329	Immune Caps	1 x 60 capsules	15.99	V
VM328	Lesterol Caps	1 x 90 capsules	15.99	GV
	<b>ALOE PURA</b>			
VM193	Aloe + Arnica Cream	6 x 50ml	5.99	V
	<b>ALOE PURA JUICE</b>			
MD095	Aloe Vera Juice	6 x 500ml	8.99	V
MD094	Aloe Vera Juice	6 x 1l	15.99	V
	<b>BE ACTIVE</b>			
VM122	Muscle & Sports Gel	12 x 2oz	8.99	V
VM100	Muscle & Sports Gel	12 x 4oz	15.99	V
VM130	Muscle & Sports Gel	12 x 8oz	27.99	V
	<b>BETTER YOU</b>			
	Magnesium Range			
VM169	Magnesium Body Butter	6 x 200ml	12.95	V
VM029	Magnesium Flakes	10 x 250g	4.95	V
VM168	Magnesium Flakes	6 x 1kg	1.95	V
VM247	Magnesium Gel - Original	6 x 150ml	12.95	V
VM101	Magnesium Muscle Flakes	6 x 1kg	1.95	V
VM167	Magnesium Oil - Goodnight	6 x 100ml	13.95	V
VM164	Magnesium Oil - Original	6 x 100ml	13.95	V
VM166	Magnesium Oil - Sensitive	6 x 100ml	13.95	V
VM105	Magnesium Sleep Flakes Vitamins & Minerals	6 x 1kg	1.95	V
VM117	B-Complete Oral Spray	6 x 25ml	11.95	V



code	product	size	rrp	bfgosv
VM171	Boost B12 Oral Spray	6 x 25ml	12.45	GV
VM051	DLux 1000 Vegan Vitamin D	6 x 15ml	12.95	GV
VM253	DLux Junior	6 x 15ml	7.45	V
VM016	Immune Health Oral Spray	6 x 50ml	12.95	GV
VM106	Iron 10	6 x 25ml	14.95	GV
VM282	Iron Daily Oral Spray	6 x 25ml	9.95	V
VM137	Lights Out Nightly Oral Spray	6 x 50ml	19.95	V
VM060	Selenium + ACE Oral Spray	6 x 50ml	14.95	GV
MD034	Turmeric Daily Oral Spray	6 x 25ml	22.95	V
VM312	Vegan Health Spray	6 x 25ml	14.95	V
<b>BLUEIRON</b>				
VM118	BlueIron Liquid Iron	250ml	19.55	V
<b>CHERRY ACTIVE</b>				
VM069	Cherry Active Capsules	12 x 60 capsules	19.99	V
VM067	Cherry Active Concentrate	12 x 473ml	17.99	V
VM066	Cherry Active Concentrate	12 x 946ml	34.99	V
VM086	Cherry Active Sleep Capsules	12 x 30 capsules	11.99	V
<b>CORNISH SEAWEED COMPANY</b>				
VM056	Kelp Food Supplement	6 x 60 capsules	14.95	OV
VM058	Menstrual Ease Supplement	6 x 60 capsules	13.70	OV
VM038	Mental Clarity Supplement	6 x 60 capsules	14.95	OV
VM006	Sea Moss Food Supplement	6 x 60 capsules	13.40	OV
VM061	Seaweed & Mushrooms Supplement	6 x 60 capsules	17.40	OV
VM064	Wild & Beautiful Supplement	6 x 60 capsules	17.40	OV
<b>FLORADIX</b>				
MD021	Floradix Iron/Vitamin Tablets	1 x 84 tablets	13.39	V
MD016	Floradix Vitamin B Complex	250ml	14.95	GV
MD173	Floravital Formula - Yeastfree	250ml	13.15	V
MD172	Floravital Formula - Yeastfree	500ml	21.65	V
MD079	Immune Support Formula	250ml	13.69	V
MD075	Kids Iron & Vitamin Formula	250ml	14.25	V
MD006	Kindervital Children's Fruity	250ml	11.79	GV
MD033	Neuro Balance with Ashwagandha	250ml	14.95	GV
<b>GO2</b>				
VM109	Energy Inhaler Stick	12 x 1	3.99	V
VM084	Focus Inhaler Stick	12 x 1	3.99	V
<b>GOOD HEMP</b>				
VM222	CBD Oil - Citrus Flavour	1 x 10ml	15.00	V
VM221	CBD Oil - Natural	1 x 10ml	15.00	V
VM224	CBD Oil - Natural	1 x 10ml	4.00	V
VM225	CBD Oil - Natural	1 x 10ml	75.00	V
VM223	CBD Oil - Peppermint	1 x 10ml	15.00	V
<b>HIGHER NATURE</b>				
Antioxidants				
VM297	Quercetin & Bromelain	1 x 60	17.70	GV
Digestion				
VM303	Citricidal	45ml	12.99	V
VM299	Supergest	1 x 90	18.15	V
Energy				
VM296	Thyroid Support Formula	1 x 60	15.45	V
Everyday Essentials - Immunity				
VM035	Active Silver High Stability	100ml	18.75	V
Everyday Essentials - Minerals				
MD010	Magnesium Effervescent	1 x 20 tablets	5.99	V
VM153	Super Magnesium 300mg	1 x 30	8.95	V
VM154	Super Magnesium 300mg	1 x 90	19.99	V
Everyday Essentials - Vitamins				
MD003	Fizzy C Effervescent Vitamin C	1 x 20 tablets	4.95	V
MD043	High Strength B Complex	1 x 90	2.99	V
Eye Health				
MD070	VisualEyes	1 x 90	31.20	V

code	product	size	rrp	bfgosv
VM298	Heart Health Red Sterol Complex	1 x 90	22.35	GV
VM255	Joint Health MSM Glucosamine Joint Complex	1 x 90	12.20	V
VM028	Mind Health & Mood Ashwagandha & Rhodiola Complex	1 x 30 capsules	15.75	GV
VM128	Balance For Nerves	1 x 30 capsules	8.99	GV
VM133	Balance For Nerves	1 x 90 capsules	23.50	GV
VM159	Daily Nutrients For Calm	1 x 28	22.99	V
VM290	L-Theanine	1 x 90	24.75	GV
VM327	Lecithin Granules	1 x 150g	14.25	GV
VM179	Serotone 5-HTP (100mg)	1 x 30 capsules	12.10	GV
MD017	Serotone 5HTP 100mg Probiotics	1 x 90	32.70	V
VM300	Pro-Daily	1 x 90	1.00	GV
VM301	Pro-Easy Powder	1 x 90g	8.50	V
<b>LOVE CBD</b>				
VM125	CBD Balm 10mg	1 x 10g	13.99	V
VM135	CBD Entourage Capsules	1 x 30 capsules	18.99	V
VM285	Dutch CBD Oil 300mg	1 x 20ml	18.99	V
VM286	Dutch CBD Oil 500mg	1 x 20ml	28.99	V
VM287	Dutch CBD Oil Capsules	1 x 60 capsules	18.99	V
VM132	Entourage Oil Spray 800mg	1 x 20ml	48.99	V
<b>NATURE'S GREATEST SECRET</b>				
VM266	Colloidal Silver 20PPM Dropper	8 x 100ml	12.95	V
VM141	Colloidal Silver 20PPM Refill	8 x 300ml	21.95	V
VM008	Colloidal Silver 20PPM Spray	8 x 50ml	1.95	V
VM270	Colloidal Silver 20PPM Spray	8 x 100ml	12.95	V
<b>NATURES AID</b>				
Bio360 Probiotics				
VM178	Pro-30 Max	5 x 30 capsules	17.95	GV
VM083	Pro-Daily Probiotic	5 x 30 capsules	9.95	GV
VM254	Pro-Defend	5 x 30 capsules	9.95	GV
Botanicals				
VM259	Beetroot	1 x 60 capsules	9.95	GV
VM264	Celery Seed Complex	1 x 60 tablets	11.95	GV
VM265	Fenugreek	1 x 90	9.95	GV
VM267	Spirulina	1 x 90 capsules	1.95	GV
VM291	Turmeric Capsules	30 capsules	1.45	GV
VM292	Turmeric Capsules	60 capsules	18.45	GV
VM269	Ultimate Greens & Berries CBD Range	1 x 60 capsules	16.95	V
VM073	CBD Cannabidiol Gel	6 x 50g	22.95	V
VM146	CBD Oil 2.5% Spray	6 x 10ml	16.99	GV
VM147	CBD Oil 5% Spray	6 x 10ml	29.99	GV
VM148	CBD Spray 10%	6 x 10ml	49.99	GV
Digestion				
VM089	Inulin Powder	250g	12.45	SV
Effervescent				
VM277	Daily Multivit Effervescent	1 x 20 tablets	5.95	GV
VM276	Energy Effervescent	1 x 20 tablets	4.95	GV
VM279	Immune Effervescent	1 x 20 tablets	4.95	GV
VM280	Magnesium Effervescent	1 x 20 tablets	5.59	GV
VM278	Vitamin C 1000mg Effervescent	1 x 20 tablets	4.25	GV
Immune Health				
VM030	Mushroom Complex	60 capsules	19.45	V
Minerals				
VM274	Calcium, Magnesium & Vit D3	1 x 90 tablets	9.95	GV
VM275	Zinc & Vitamin C Lozenge	1 x 30loz	4.75	GV
Multi-Vitamins				

code	product	size	rrp	bfgosv
VM288	Beta-Glucans Immune Support +	1 x 30 tablets	1.95	GV
VM289	Elderberry Immune Support Traditional Herbal Remedies	6 x 7 sachet	8.59	GV
VM210	DigestEeze	60 tablets	9.95	V
VM211	EchinEeeze	30 tablets	4.45	GV
VM214	SleepEezy Vegan Omegas	60 tablets	8.95	V
VM185	Evening Primrose Oil	90 capsules	15.45	V
VM256	Flaxseed Oil 1000mg	1 x 90	1.99	GV
VM257	Flaxseed Oil 1000mg	1 x 180	17.99	GV
VM180	Sea Buckthorn Oil 500mg Vitamins	60 capsules	19.95	V
VM272	Vitamin B12 1000ug	1 x 90 tablets	9.95	GV
VM295	Vitamin D3 1000iu	60 tablets	5.95	GV
VM273	Vitamin D3 Liquid	1 x 50ml	11.95	GV
VM182	Vitamin E Oil - high strength	50ml	1.95	V
<b>NATURES OWN</b>				
B Vitamins				
VM157	Vit B Complex + Vit C	50 tablets	19.00	V
VM308	Vitamin B12 Sublingual C Vitamins	1 x 60 tablets	9.70	GV
VM023	Cherry-C: Vit C from Acerola D Vitamins	60 capsules	17.20	V
VM252	Vitamin D3 Vegan Minerals	60 tablets	8.50	V
VM001	Calcium - from seaweed	60 capsules	16.00	V
VM108	Magnesium Citrate	90 capsules	14.00	V
VM189	Zinc/Copper Multi-Formulations	50 tablets	15.00	V
VM309	Bone Support Formula	1 x 60 capsules	17.00	GV
VM156	Multivitamin & Mineral	100 tablets	24.50	V
VM065	Wholefood Multi - Vits & Mins Nutritional Support	60 capsules	19.40	V
VM311	Hair Skin & Nails Formula	1 x 30 capsules	9.50	GV
VM307	Immune Support	1 x 60 capsules	25.00	GV
VM321	Natures Night - for sleep Omegas	1 x 80g	18.50	GV
VM176	Omega 3 Vegan Organic Range	60 capsules	28.00	V
VM126	Organic Kelp	60 capsules	12.00	OV
<b>OPTIMA</b>				
MD118	Sour Cherry Juice	6 x 500ml	18.99	V
<b>PROVEN</b>				
VM322	Acidophilus,Bifidus & Digestiv	1 x 30	18.95	GV
VM116	Fit For School - Chewable	1 x 30	14.95	GV
VM323	Womens Lactobacillus & Bifidus	1 x 30	18.95	GV
<b>PUKKA</b>				
MD202	Castor Oil	6 x 250ml	9.95	OV
MD015	Inner Peace	6 x 60 capsules	24.99	OV
MD014	Mind Focus	6 x 60 capsules	24.99	OV
MD002	Night Time	6 x 60 capsules	19.99	OV
MD117	Organic Aloe Vera Juice	6 x 500ml	1.35	OV
MD056	Organic Aloe Vera Juice	6 x 1l	17.32	OV
<b>RICOLA</b>				
Soothe & Clear				
MD008	Original Bag	12 x 75g	1.65	GSV
<b>SIMPLEE ALOE</b>				
MD041	Aloe Juice Health Supplement	6 x 500ml	9.99	GOV
MD025	Aloe Juice Health Supplement	6 x 1l	15.99	GOV
<b>SOLARAY</b>				
VM229	Biotin Timed Release 5000ug	1 x 60 capsules	14.99	GV

code	product	size	rrp	bfgosv
VM230	Chlorophyllin	1 x 60 tablets	13.69	GV
VM231	D-Mannose & CranActin	1 x 60 capsules	2.99	GV
VM235	D-Mannose & CranActin	1 x 120 capsules	36.99	GV
VM232	Hair, Skin & Nails	1 x 60 capsules	16.99	GV
VM236	Liposomal Vitamin C 500mg	1 x 30 capsules	19.99	GV
VM237	Magnesium Citrate 400mg	1 x 90 capsules	13.69	GV
VM238	Mega Vitamin B-Stress	1 x 120 capsules	29.99	GV
VM239	Prenatal Multivitamin	1 x 90 tablets	19.99	GV
VM242	Quercetin 500mg	1 x 90 capsules	29.99	GV
VM240	Quercetin Bromelain & Vit C	1 x 60 capsules	19.99	GV
VM243	Red Yeast Rice & Co Q10	1 x 60 capsules	2.99	GV
VM249	Selenium 100ug	1 x 90 capsules	14.99	GV
VM250	Turmeric 600mg	1 x 30 capsules	2.99	GV
VM251	Vitamin D3 & K2	1 x 60 capsules	26.39	GV
<b>SPATONE</b>				
MD175	Iron-Plus	1 x 28 x 25	12.89	V
MD005	Liquid Iron - Apple Flavour	1 x 28 x 25	13.65	V
<b>SYNO-VITAL</b>				
VM226	Oral Hyaluronic Acid + Vit C	30 x 5ml	3.99	GV
<b>TAKA</b>				
TE317	Joint Care Capsules	1 x 90 capsules	16.99	OV
TE315	Turmeric Blk Pepper Capsules	1 x 120 CAP	16.99	OV
<b>TOGETHER HEALTH</b>				
VM032	Ashwagandha Complex	6 x 30	1.99	GOV
VM022	Beautiful	5 x 60	15.99	GV
VM013	Bio CoQ10	6 x 30	14.99	GV
VM018	Calcium - from seaweed	5 x 60	9.99	GV
VM026	Curcumin & Turmeric	6 x 30	9.99	GV
VM033	Gentle Iron	6 x 30	7.99	GV
VM014	Immune	6 x 30	11.99	GV
VM102	Iodine	6 x 30	6.99	GOV
VM119	Magnesium	6 x 30	6.99	GV
VM149	Menopause	5 x 60	18.99	V
VM112	Multi Vitamin & Mineral	6 x 30	1.99	GV
VM019	Multibiotic	6 x 30	15.99	GV
VM052	Night Time Marine Magnesium	5 x 60	13.99	GV
VM121	Omega 3 - Algae	6 x 30	13.99	GV
VM025	Pregnancy - Multi Vit & Mins	5 x 60	15.99	GV
VM050	Stress Aid Vitamin & Mineral	6 x 30	1.99	GV
VM017	Vegan Multi Vitamin & Mineral	5 x 60	12.99	GV
VM021	Vegan Vitamin D3	6 x 30	6.99	GV
VM111	Vitamin B Complex	6 x 30	9.99	GV
VM113	Vitamin C with Bioflavonoids	6 x 30	8.99	GV
VM319	Vitamin K2	6 x 30	9.99	GV
VM054	Womens Multivit	6 x 30	1.99	GV
VM150	Zinc	6 x 30	1.99	OV
<b>VEGA</b>				
	B Vitamins			
VM004	Vitamin B12 1000ug	1 x 30	5.85	V
	Multi Formulas			
VM140	Co-Enzyme Q10	1 x 30 capsules	12.55	V
	Probiotics & Digestive Aids			
VM138	Acidophilus & Bifidus Complex	1 x 60 capsules	9.55	V
<b>VEGAN SOCIETY</b>				
VM241	VEG 1 - Blackcurrant Flavour	90 tablets	9.65	SV
VM244	VEG 1 - Blackcurrant Flavour	180 tablets	18.15	SV
VM245	VEG 1 - Orange Flavour	90 tablets	9.65	SV
VM246	VEG 1 - Orange Flavour	180 tablets	18.15	SV
<b>WELEDA</b>				
	Anthroposophic Medicines			
DY155	Arnica Massage Balm	1 x 100ml	14.19	V

code	product	size	rrp	bfgosv
DY456	Arnica Massage Balm	1 x 200ml	21.99	V
	<b>WILD EARTH BY NATURES AID</b>			
VM209	Vegan Vitamin D3 1000iu	6 x 30 capsules	8.99	GV
	<b>SWEET SNACKS</b>			
	<b>ANANDA FOODS</b>			
	EASTER 2023			
KB570	Easter Pancake Marshmallow	8 x 80g	4.35	SV
KB494	Plant-based Smores Kit	3 x 710	25.15	SV
	<b>BEAR</b>			
ZX529	Yoyo Pure Fruit Rolls - Mango	18 x 20g	0.69	GV
ZX555	Yoyo Pure Fruit Rolls - Strawb	18 x 20g	0.69	GV
ZX525	Yoyo Pure Fruit Rolls-Blackcur	18 x 20g	0.69	GV
ZX550	Yoyo Pure Fruit Rolls-Raspb'ry	18 x 20g	0.69	GV
	Bites			
ZX336	Blackcurrant and Beetroot	4 x 5 x 18g	3.19	GV
ZX333	Strawberry and Butternut	4 x 5 x 18g	3.19	GV
	Giant Yoyo			
ZX063	Giant Yoyo -Strawberry/Mango	6 x 5 x 20g	3.49	GV
ZX067	Giant Yoyo-Apple/Blackcurrant	6 x 5 x 20g	3.49	VG
	Yoyo Sours			
ZX448	Strawberry & Apple	18 x 20g	0.69	GV
	Yoyos in multipacks			
ZX009	Yoyo-Blueberry&Banana Smoothie	6 x 5 x 20g	3.90	FV
ZX050	Yoyos - Apple Multipack	6 x 5 x 20g	3.90	FV
ZX570	Yoyos - Banana Multipack	6 x 5 x 20g	3.90	GV
ZX020	Yoyos - Blackcurrant Multipack	6 x 5 x 20g	3.90	GV
ZX014	Yoyos - Mango Multipack	6 x 5 x 20g	3.90	GV
ZX013	Yoyos - Raspberry Multipack	6 x 5 x 20g	3.90	GV
ZX012	Yoyos - Strawberry Multipack	6 x 5 x 20g	3.90	GV
ZX015	Yoyos -Peach & Banana Smoothie	6 x 5 x 20g	3.90	FV
	<b>BIONA</b>			
ZX002	Berry Burst Sweets - Organic	10 x 75g	2.90	GOSV
ZX662	Cola Bottle Sweets - Organic	10 x 75g	2.90	OSV
ZX446	Fizzy Peaches	10 x 75g	2.90	GOVS
ZX441	Jelly Dino Sweets - Organic	10 x 75g	2.90	GOSV
ZX911	Mini Fruit Bears	10 x 75g	2.90	GOSV
ZX443	Pomegranate Heart Sweets - Org	10 x 75g	2.90	GOSV
ZX576	Sour Snakes	10 x 75g	2.90	OSV
	<b>CANDY KITTENS</b>			
	140g Bags			
ZX138	Blood Orange & Pomegranate	7 x 140g	3.15	SV
ZX594	Eton Mess	7 x 140g	3.15	SV
ZX598	Love Candy	7 x 140g	3.15	SV
ZX056	Orchard Apple & Dragon Fruit	7 x 140g	3.15	SV
ZX599	Sour Watermelon	7 x 140g	3.15	SV
ZX052	Sweet Raspberry & Guava	7 x 140g	3.15	SV
ZX113	Very Cherry	7 x 140g	3.15	SV
ZX622	Wild Strawberry	7 x 140g	3.15	SV
	Small Bags			
ZX577	Eton Mess	12 x 54g	1.45	SV
ZX645	Sour Watermelon	12 x 54g	1.45	SVG
ZX116	Wild Strawberry	12 x 54g	1.45	SV
	<b>CHEWSY</b>			
ZX677	Cinnamon Gum	12 x 15g	1.29	V
ZX665	Lemon Gum	12 x 15g	1.29	V
ZX565	Peppermint Gum	12 x 15g	1.29	V
ZX591	Spearmint Gum	12 x 15g	1.29	V
	<b>COTSWOLD FUDGE CO</b>			
ZX064	Vegan Btterscotch Fudge	12 x 150g	3.79	FGSV
WS202	Vegan Caramel & Sea Salt Fudge	12 x 150g	3.79	GSV

code	product	size	rrp	bfgosv
ZX463	Vegan Chocolate Fudge	12 x 150g	3.79	FGSV
ZX464	Vegan Seasalt Fudge	12 x 150g	3.79	FGSV
ZX465	Vegan Vanilla Fudge	12 x 150g	3.79	FGSV
<b>CYPRESSA</b>				
ZX778	Almond Halva	12 x 250g	2.99	SV
<b>FABULOUS FREE FROM FACTORY</b>				
ZX548	Chocovered Crunchee Bites	12 x 65g	1.85	GSV
ZX928	Chocovered Peanuts	12 x 65g	1.69	GSV
ZX927	Chocovered S/Salt Fudgee Bites	12 x 65g	1.89	SV
ZX159	Dairy Free Chocolate Raisins	12 x 65g	1.69	GV
ZX432	Dairy Free Fudge	8 x 200g	3.29	GSV
ZX627	Dairy Free Fudgee Bites	12 x 65g	1.55	GV
ZX628	Dairy Free Raspberry Ice Bites	12 x 65g	1.55	GV
ZX982	F&F's	12 x 55g	1.75	GSV
<b>FREE FROM FELLOWS</b>				
ZX065	Cola Bottles	10 x 100g	2.90	GV
ZX060	Gummy Bears	10 x 100g	2.90	GV
ZX072	Midget Gems	10 x 100g	2.90	GV
ZX744	Wine Gums	10 x 100g	2.90	V
	Boiled Sweets			
ZX321	Cola & Strawberry Lollipops	10 x 60g	2.15	VG
ZX324	Rhubarb and Custard	10 x 70g	2.90	VG
	Vegan Mallows			
ZX173	Mini Pink and White Vanilla	10 x 105g	2.25	SV
ZX323	Strawberry Mallows	10 x 105g	2.25	SV
ZX243	Vanilla Mallows	10 x 105g	2.25	SV
<b>FREEDOM CONFECTIONERY</b>				
KB911	Mallow Out Bar Strawberry	12 x 35g	1.79	GV
KB910	Mallow Out Bar Vanilla	12 x 35g	1.79	GV
KB789	Pink & White Mini Marshmallows	10 x 105g	2.90	GSV
KB726	Vegantic - Large Mallows	10 x 105g	2.90	GSV
<b>FRUTINA</b>				
KB325	Fruit Snack - Variety Pack	60 x 15g	0.65	V
<b>GOODY GUMMY DROPS</b>				
ZX944	Bears	8 x 125g	2.99	GOSV
ZX660	Hedgehogs	8 x 125g	2.99	GOSV
ZX906	Orangutangies	8 x 125g	2.99	GOSV
ZX954	Turtles	8 x 125g	2.99	GOSV
<b>HOLLY'S LOLLIES</b>				
	XMAS 2022			
ZX261	Cherry Amaretto Bah Humbugs	12 x 160g	6.49	SV
ZX272	Whiskey Cola Bah Humbugs	12 x 160g	6.49	SV
<b>JEALOUS SWEETS</b>				
	40g Bags			
ZX231	Fizzy Friends	10 x 40g	1.49	SVG
ZX238	Crizzly Bears	10 x 40g	1.49	GVS
ZX678	Happy Bears	10 x 40g	1.49	GV
ZX675	Love Bears	10 x 40g	1.49	GV
ZX229	Tangy Worms	10 x 40g	1.49	SVG
ZX233	Tropical Wonder	10 x 40g	1.49	SGV
	Share Bags			
WS047	Berry Foams	7 x 125g	2.99	GSV
ZX999	Berry Sours	7 x 125g	2.99	GSV
ZX480	Fizzy Friends Share Bags	7 x 125g	2.99	GSV
ZX466	Crizzly Bears Share Bags	7 x 125g	2.99	GSV
WS044	Juicy Foams	7 x 125g	2.99	GSV
ZX472	Tangy Worms Share Bags	7 x 125g	2.99	GSV
WS039	Zingy Sours	7 x 125g	2.99	GSV
	Shot Bags			
ZX948	Crizzly Bears Shot Bags	16 x 24g	0.95	GSV
ZX950	Happy Bears Shot Bags	16 x 24g	0.95	GV

code	product	size	rrp	bfgosv
ZX955	Love Bears Shot Bags	16 x 24g	0.95	GV
ZX949	Tangy Worms Shot Bags	16 x 24g	0.95	GSV
<b>JUST WHOLEFOODS</b>				
ZX573	Frooty Fruits, Organic, Vegan	10 x 70g	1.99	OSV
ZX209	Vegebears, Organic, Vegan	10 x 70g	1.99	OSV
ZX571	Vegebears, Organic, Vegan	10 x 70g	1.99	SOV
ZX876	VegeHogs	10 x 70g	1.99	OSV
<b>MALLOW PUFFS</b>				
	Vegan Marshmallows			
KB739	Raspberry Mallows	6 x 100g	3.59	SV
KB075	Salted Caramel Mallows	6 x 100g	3.59	SV
KB070	Vanilla Bean Mallows	6 x 100g	3.59	SV
<b>MINTASTIC</b>				
ZX719	Cinnamon Mints	12 x 25g	1.79	V
ZX700	Peppermint Mints	12 x 25g	1.79	V
ZX708	Spearmint Mints	12 x 25g	1.79	V
ZX723	Strawberry Mints	12 x 25g	1.79	V
<b>PANDA</b>				
ZX078	All Natural 4 Bar Pack	18 x 128g	2.35	SV
ZX071	All Natural Liquorice Bar	36 x 32g	0.69	VS
ZX402	All Natural Liquorice Bears	12 x 125g	1.69	VS
ZX676	All Natural Raspberry Bar	36 x 32g	0.69	VS
ZX938	Chocolate Coated Liquorice	8 x 110g	3.15	V
ZX674	Liquorice Cuts Bag	12 x 240g	2.89	VS
ZX435	Liquorice Torpedos	18 x 100g	1.79	SV
ZX409	Raspberry Liquorice	12 x 200g	2.79	SV
<b>PANDORA BELL</b>				
	XMAS 2021			
ZX082	Blackberry & Champagne Sweets	16 x 180g	4.65	SV
ZX117	Lemon & Elderflower Sweets	16 x 180g	4.65	VS
<b>PEPPERSMITH</b>				
ZX048	Strawberry Pastilles	12 x 15g	1.59	GV
	Big Packs			
ZX769	Mighty Box Peppermint Gum	18 x 50g	3.49	V
ZX772	Mighty Box Peppermint Mints	18 x 60g	4.39	GV
ZX771	Mighty Box Spearmint Gum	18 x 50g	3.49	V
	Dental Pocket Packs			
ZX026	Extra Strong Mints	12 x 15g	1.59	V
ZX601	Peppermint Chewing Gum	12 x 15g	1.39	V
ZX536	Peppermint Fresh Mints	12 x 15g	1.59	V
ZX590	Sicilian Lemon Peppermints	12 x 15g	1.59	V
ZX606	Spearmint Chewing Gum	12 x 15g	1.39	V
<b>RICOLA</b>				
ZX853	Apple Mint - sugar free	20 x 45g	1.65	V
ZX372	Cranberry - sugar free	20 x 45g	1.65	V
ZX734	Elderflower - sugar free	20 x 45g	1.65	V
ZX269	Glacier Peppermint -Sugar Free	20 x 45g	1.65	GV
ZX351	Herb - sugar free	20 x 45g	1.65	V
ZX442	Lemon Mint - sugar free	20 x 45g	1.65	V
ZX350	Liquorice - sugar free	20 x 45g	1.65	V
ZX327	Mountain Mint - Sugar Free	20 x 45g	1.65	GV
<b>SUNITA</b>				
ZX587	Grape Juice & Sultana Halva OG	12 x 75g	1.83	OV
ZX099	Halva with Coconut	12 x 75g	1.83	OV
<b>SWEET LOUNGE</b>				
	EASTER 2023			
ZX832	Fizzy Orange Carrot Gummies	10 x 150g	4.99	GSV
ZX830	Fizzy Orange Carrot Gummies	6 x 300g	6.99	GSV
	XMAS 2022			
ZX412	Blue Raspberry Bottles	6 x 150g	6.99	GSV
ZX378	Cola Bottles	6 x 150g	6.99	GSV

code	product	size	rrp	bfgosv
ZX407	Fruity Bears	6 x 150g	6.99	GSV
ZX381	Mixed Gummies	6 x 150g	6.99	GSV
	<b>TASTY MATES</b>			
	136g Bags			
ZX742	The Berry Funny One	7 x 136g	2.59	GSV
ZX749	The Juicy Peach	7 x 136g	2.59	GSV
ZX748	The Perfect Pear	7 x 136g	2.59	GSV
ZX750	The Salty One	7 x 136g	2.59	GSV
	54g Bags			
ZX752	The Berry Funny One	10 x 54g	1.49	GSV
ZX764	The Juicy Peach	10 x 54g	1.49	GSV
ZX762	The Perfect Pear	10 x 54g	1.49	GSV
ZX773	The Salty One	10 x 54g	1.49	GSV
	<b>TROPICKS</b>			
ZX008	Fruit Balls Mango	8 x 50g	1.75	GOV
ZX023	Fruit Balls Pineapple	8 x 50g	1.75	GOV
ZX003	Fruit Roll Mango	30 x 27g	0.99	GOV
ZX006	Fruit Roll Pineapple	30 x 27g	0.99	GOV
	<b>TABLE SAUCES</b>			
	<b>BIONA</b>			
KJ228	Balsamic Glaze Organic	12 x 150ml	4.15	OV
KJ225	BBQ Sauce Organic	6 x 250ml	3.44	OSV
KJ082	Brown Sauce Organic	6 x 270g	3.75	OV
KJ106	Classic Tomato Ketchup Squeezy	12 x 560g	4.35	GOSV
KJ226	Sweet Chilli Sauce Organic	6 x 250ml	3.45	OSV
KJ232	Tomato Ketchup, Organic	6 x 340g	3.45	OV
KJ463	Worcester Sauce	6 x 140ml	4.35	GOSV
	<b>CHOLULA</b>			
KJ150	Hot Sauce Chili Garlic	12 x 150ml	3.15	V
KJ234	Hot Sauce Chipotle	12 x 150ml	3.15	SV
KJ014	Hot Sauce Original	12 x 150ml	3.15	V
	<b>EATEN ALIVE</b>			
KJ287	Jalapeno & Lime Hot Sauce	12 x 150ml	3.99	SV
KJ146	Preserved Lemon Hot Sauce	12 x 150ml	3.99	SV
KJ286	Raw Kimchi Hot Sauce	12 x 150ml	3.99	VS
KJ148	Scotch Bonnet Hot Sauce	12 x 150ml	3.99	SV
KJ144	Smoked Sriracha Hot Sauce	12 x 150ml	3.99	SV
	<b>GEO ORGANICS</b>			
KJ212	Worcestershire Sauce - organic	6 x 150ml	3.45	OSV
	<b>JOCK'S HOT SAUCE</b>			
KJ066	Smoked Habanero Chilli Sauce	6 x 150ml	5.00	SV
	<b>MERIDIAN</b>			
KJ621	Tomato Ketchup - organic	6 x 285g	2.79	GOSV
	<b>MR ORGANIC</b>			
KJ050	Italian Organic Ketchup	6 x 480g	3.49	OSV
KJ496	Naturally sweetened Ketchup	6 x 480g	3.79	GOV
	<b>MUTTI</b>			
KJ056	Tomato Ketchup	12 x 340g	2.49	SV
	<b>RIVER COTTAGE</b>			
KJ114	Beetroot Ketchup	6 x 250g	4.25	GOSV
KJ149	Mushroom Ketchup	6 x 250g	4.25	GOSV
KJ121	Rhubarb Ketchup	6 x 250g	4.25	GOSV
KJ120	Spicy Squash Ketchup	6 x 250g	4.25	GOSV
KJ113	Tomato Ketchup	6 x 250g	4.25	GOSV
	<b>RUBIES IN THE RUBBLE</b>			
KJ279	Banana Ketchup	6 x 300g	3.49	V
KJ102	Tomato Ketchup	6 x 300g	3.39	GSV
KJ315	Tomato Ketchup - Squeezy	6 x 470g	4.25	V
	<b>STUBB'S</b>			
KJ073	Hickory Liquid Smoke	12 x 148ml	3.15	GSV



code	product	size	rrp	bfgosv
<b>TEAS</b>				
<b>BREW TEA</b>				
	Bags			
TE362	CO2 Decaffeinated	6 x 15 bags	6.55	V
TE361	Earl Grey	6 x 15 bags	5.75	V
TE360	English Breakfast Loose Tea	6 x 15 bags	5.75	V
TE356	English Breakfast	6 x 113g	6.55	V
<b>CAFEDIRECT</b>				
TE388	Everyday Tea	6 x 440 bags	14.49	FV
<b>CLEARSPRING</b>				
JP210	Genmaicha Green Tea Tea Bags	4 x 20 bags	3.39	OV
JP097	Hojicha Roasted Green Tea	4 x 20 bags	3.39	OV
TE236	Japanese Oolong Tea (bags)	4 x 36g	3.99	OV
JP063	Kukicha, Roasted Twig Teabags	4 x 20 bags	3.39	OV
JP010	Matcha Sencha Green Tea (bags)	4 x 20 bags	3.99	OV
TE237	Matcha Tea Ceremonial Tin	4 x 30g	16.99	OV
TE504	Matcha Tea Premium (bulk)	1kg	193.00	OV
TE243	Matcha Tea Premium (Pouch)	10 x 40g	1.99	OV
TE024	Org Jap Matcha Green Tea Powdr	6 x 100g	23.99	OSV
TE022	Org Japanese Kuwa Mulberry Pow	10 x 40g	8.99	OSV
JP302	Sencha Green Tea	4 x 20 bags	3.39	OV
JP019	Sencha Traditional Green Tea	6 x 90g	7.49	OV
<b>CLIPPER</b>				
TE983	Assam Food Service Range	6 x 50 bags	2.53	FOV
TE178	Fairtrade Everyday	6 x 100 bags	7.69	FV
TE448	Fairtrade Everyday One Cup Bag	1120 bags	35.25	FV
TE726	Fairtrade One Cup Teabags Food Service Range - 250's	440 bags	16.75	FV
TE152	Earl Grey	250 bags	27.59	FOV
TE451	Speciality English Breakfast Food Service Range - 6 X 25's	250 bags	27.59	FOV
TE150	Earl Grey Food Service Range - 6 x 25's	6 x 25 bags	3.35	FOV
TE635	Everyday Decaffeinated Tea Food Service Range - 6 X 25's	6 x 25 bags	4.50	OV
TE161	Green Tea Green Tea 20's	6 x 25 bags	3.49	FOV
TE990	Green Tea with Lemon Organic	6 x 20 bags	2.95	OFV
TE989	Organic Pure Green Tea Loose Leaf 80g	6 x 20 bags	2.95	OFV
TE463	Earl Grey	6 x 80g	3.79	FOV
TE467	English Breakfast	6 x 80g	3.79	FOV
TE460	Green Tea and Lemon	6 x 80g	3.79	FOV
TE466	Pure Green Loose Leaf Tea 80g	6 x 80g	3.79	FOV
TE458	Lemon & Ginger Looseleaf Tea	6 x 80g	3.79	FOV
TE982	Assam	6 x 125g	3.45	FOV
TE897	English Breakfast Organic	6 x 125g	3.45	FOV
TE877	Green Tea Pack 40	6 x 100g	3.59	FOV
TE154	Decaffeinated Green	6 x 40 bags	4.19	FOV
TE151	Decaffeinated Tea	6 x 40 bags	3.99	FOV
TE158	Earl Grey Decaff	6 x 40 bags	3.99	FOV
TE172	English Breakfast Tea Organic	6 x 40 bags	3.35	FGOV
TE177	FT Organic Earl Grey	6 x 40 bags	3.29	FGOV
TE168	FT Organic Everyday Tea	6 x 40 bags	3.29	FGOV
TE182	FT Organic Green Tea	6 x 40 bags	3.49	FGOV

code	product	size	rrp	bfgosv
TE183	FT Organic White Tea Pack 80	6 x 40 bags	3.55	FGOV
TE164	Decaffeinated Tea	4 x 80 bags	6.89	FOV
TE053	Earl Grey	6 x 80 bags	4.59	FOV
TE507	English Breakfast Organic	4 x 80 bags	4.65	FGOV
TE189	FT Organic Everyday Tea	4 x 80 bags	4.45	FGOV
TE190	FT Organic Green Tea	4 x 80 bags	4.79	FGOV
TE179	Green and Mint Super Green Teas	4 x 80 bags	4.79	FOV
TE391	Defending Organic Green Tea	4 x 20 bags	2.99	FOV
TE379	Reviving Organic Green Tea	4 x 20 bags	2.99	FOV
<b>ENGLISH TEA SHOP</b>				
XMAS 2022				
TE284	Advent Calendar Hanging	6 x 25 bags	12.99	FOV
TE273	Uplifting Moments	6 x 32 bags	8.99	FOV
<b>GREENYPEEPS</b>				
Carbon Negative Tea				
TE426	Earl Grey	6 x 20 bags	2.49	FOV
TE425	English Breakfast	6 x 20 bags	2.49	FOV
TE435	Green Tea	6 x 20 bags	2.49	FOV
<b>HAMPSTEAD TEA</b>				
TE369	Assam	4 x 20 bags	2.99	OV
TE939	Clean Green	4 x 20 bags	2.99	FOV
TE936	Divine Earl Grey	4 x 20 bags	3.49	FOV
TE932	English Breakfast	4 x 20 bags	3.49	FOV
TE935	Pure Darjeeling Looseleaf	4 x 20 bags	2.99	FOV
TE249	Darjeeling	6 x 100g	6.49	OVB
TE251	Earl Grey	6 x 100g	6.49	OVB
TE677	English Breakfast	6 x 100g	6.49	GOVB
TE255	Green Tea Selection Box	6 x 100g	6.49	OVB
TE365	Black Tea Selection	4 x 20 bags	3.49	OV
TE364	Green Tea Selection	4 x 20 bags	3.49	OV
<b>PUKKA</b>				
TE213	Elegant English Breakfast	4 x 20 bags	4.29	FOV
TE214	Gorgeous Earl Grey	4 x 20 bags	4.29	FOV
<b>QI</b>				
TE308	Decaffeinated Green Tea	6 x 20 bags	2.75	OV
TE485	Fairtrade Green Tea	6 x 25 bags	1.94	FOV
TE114	Fairtrade White Tea	6 x 25 bags	2.17	FOV
TE112	Jasmine Green Tea	6 x 25 bags	2.17	FOV
TE310	Matcha Green Tea Powder Looseleaf	8 x 40g	19.99	OV
TE819	Fairtrade Chun Mee Tea	6 x 100g	2.75	FOV
<b>RUDE HEALTH FOODS</b>				
Hot Drinks				
TE100	Hot Chocolate - Organic	6 x 1l	2.99	OV
<b>TOFU &amp; TEMPEH (CHILLED)</b>				
<b>BETTER NATURE</b>				
CV763	BBQ Tempeh Pieces	6 x 180g	3.29	GSV
CV764	Curry Tempeh Pieces	6 x 180g	3.29	GV
CV766	Mediterranean Tempeh Pieces	6 x 180g	3.29	GV
CV201	Organic Tempeh	6 x 200g	2.99	OV
CV767	Smoky Tempeh Rashers	8 x 180g	2.99	V
<b>CAULDRON</b>				
CV562	Organic Marinated Tofu Pieces	6 x 160g	3.10	SOV
CV561	Organic Tofu	6 x 396g	3.55	OV
<b>CLEAR SPOT</b>				
CV209	Marinated Tofu	8 x 190g	2.90	OV
CV612	Oriental Tofu	8 x 225g	3.40	OV

code	product	size	rrp	bfgosv
CV206	Plain Tofu	8 x 280g	2.35	OV
CV272	Plain Tofu	6 x 450g	3.69	OV
CV777	Scrambled Tofu	6 x 200g	3.90	GOV
CV913	Silken Tofu	6 x 250g	2.45	GOV
CV249	Smoked Tofu	8 x 225g	3.20	OV
CV074	Tempeh	6 x 200g	3.69	OV
<b>DRAGONFLY</b>				
CV431	Org Medium Firm Natural Tofu	5 x 300g	2.75	OV
CV395	Org Smoked Tofu	5 x 300g	3.20	OV
CV394	Org Super Firm Natural Tofu	5 x 300g	2.75	OV
<b>HIKARI MISO</b>				
CV861	Shizenno Megumi Firm Tofu	12 x 300g	2.75	OV
CV865	Shizenno Megumi Soft Tofu	12 x 250g	2.75	OV
CV866	Shizenno Megumi SuperFirm Tofu	12 x 300g	2.75	OV
<b>IMPULSE FOODS</b>				
CV177	Black Turtle Bean Tempeh	6 x 200g	3.85	GOV
CV178	Chickpea & Chia Tempeh	6 x 200g	3.85	GOV
CV537	Classic Original Tempeh	6 x 200g	3.15	OV
CV543	Tempeh with Hemp Seeds	6 x 200g	3.40	OV
CV544	Tempeh with Sea Vegetables	6 x 200g	3.35	OV
<b>NATUREMADE OASIS</b>				
CV582	Marinated Tofu	5 x 200g	2.45	OV
<b>TAIFUN</b>				
CV007	Almond/Sesame Tofu Slice	8 x 200g	4.55	OV
CV835	Basil Tofu with Fresh Herbs	6 x 200g	4.70	OVB
CV635	Feto Natural Tofu	6 x 200g	4.45	OV
CV684	Firm Tofu - Natural	8 x 200g	2.75	OV
CV833	Smoked Tofu	8 x 200g	4.50	OV
CV841	Tofu Fillet - Japanese Style	8 x 160g	3.85	OVB
CV840	Tofu Fillet - Mild Wild Garlic	8 x 160g	4.15	OVB
CV832	Tofu Rosso - Taste of the Med	6 x 200g	4.70	OVB
<b>VIANA</b>				
CV408	Demeter Organic Standard Real Smoked Firm Tofu	6 x 250g	3.35	OV
<b>TOMATOES &amp; TOMATO PRODUCTS</b>				
<b>SUMA ORGANIC</b>				
LJ560	Organic Passata	12 x 690g	1.95	VO
LJ088	Tomato Puree - organic Canned	24 x 200g	1.49	OV
LJ075	Cherry Tomatoes - organic	12 x 400g	1.39	OV
LJ750	Chopped Tomatoes with Basil	12 x 400g	1.15	VO
LJ080	Tomatoes - chopped, organic	12 x 400g	1.90	OV
LJ123	Tomatoes - chopped, organic	6 x 2.5kg	5.35	OV
LJ081	Tomatoes - peeled, whole OG	12 x 400g	1.90	VO
<b>SUMA PREPACKS - ORGANIC</b>				
LJ602	Dried Sundried Tomatoes - organic	6 x 125g	1.79	OV
<b>MR ORGANIC</b>				
KJ071	Italian Tomato Puree	6 x 200g	2.90	OV
<b>MUTTI</b>				
LJ142	Baby Roma Tomatoes	12 x 400g	2.39	V
LJ140	Classic Pizza Sauce	12 x 400g	2.90	V
LJ129	Finely Chopped Tomatoes	12 x 400g	1.49	V
LJ128	Flavoured Pizza Sauce	12 x 400g	2.90	V
LJ141	Passata	12 x 500g	1.99	V
LJ134	Passata (Bottled)	12 x 400g	2.50	V
LJ127	Tomato Puree in Tubes	24 x 130g	1.59	V
LJ093	Triple Conc' Tomato Puree	24 x 200g	2.29	V
LJ133	Whole Peeled Tomatoes	12 x 400g	1.49	V
<b>ORGANICO</b>				
KJ010	Sundried Tomatoes - og	5 x 190g	4.25	FOV

code	product	size	rrp	bfgosv
	<b>ZEST</b>			
LJ042	Sun-dried Tomato Paste	6 x 170g	3.49	V
	<b>TOOTH CARE</b>			
	<b>ALOE DENT</b>			
DY511	Aloe Vera Charcoal Toothpaste	6 x 100ml	5.49	V
DY852	Aloe Vera Childrens Toothpaste	6 x 50ml	3.99	V
DY516	Aloe Vera Coconut Toothpaste	6 x 100ml	5.49	V
DY864	Aloe Vera Mouthwash	6 x 250ml	4.99	V
DY849	Aloe Vera Sensitive Toothpaste	6 x 100ml	5.49	V
DY836	Aloe Vera Whitening Toothpaste	6 x 100ml	5.49	V
DY528	Triple Action Toothpaste	6 x 100ml	5.49	V
	<b>BEN &amp; ANNA</b>			
DY300	Mouthwash - Sensitive	1 x 500ml	12.95	OV
DY302	Toothpaste - Charcoal	1 x 100ml	8.95	OV
DY293	Toothpaste - Sensitive	1 x 100ml	8.95	OV
DY291	Toothpaste - Whitening	1 x 100ml	8.95	OV
	Toothpaste Tablets			
DY246	Toothpaste Tablets- Mint	10 x 36g	8.95	VO
	<b>DR BRONNER'S</b>			
DY544	Peppermint Toothpaste	1 x 105ml	8.69	FV
DY629	Spearmint Toothpaste	1 x 105ml	8.69	FV
	<b>ECOLIVING</b>			
DY281	Dental Floss Refills	16 x 2 x 50m	5.20	V
DY279	Plant-Based Dental Floss	6 x 50m	4.20	V
	<b>ECOTOOTHBRUSH</b>			
NF356	Adult - Medium	12 x 1	3.29	V
NF355	Adult - Soft	12 x 1	3.29	V
NF357	Child - Soft	12 x 1	3.29	V
	<b>ENVIRONMENTAL TOOTHBRUSH</b>			
NF616	The Environmental Toothbrush	12 x 1	3.15	V
NF642	The Environmental Toothbrush	12 x 1	3.15	V
NF660	The Environmental Toothbrush	12 x 1	3.15	V
	<b>GREEN PEOPLE</b>			
DY256	Childrens Mandarin	12 x 50ml	5.75	VO
DY014	Childrens Spearmint&AloeVera	12 x 50ml	5.75	VO
DY216	Minty Cool	12 x 50ml	5.75	V
DY255	Peppermint	12 x 50ml	5.75	V
	<b>HUMBLE</b>			
	Dental Floss			
DY467	Charcoal Floss Picks	12 x 50	4.99	V
DY468	Dental Floss - Fresh Mint	12 x 50m	2.99	V
DY470	Natural Floss Picks	12 x 50	4.99	V
	Interdental Brushes			
DY318	Interdental Brush blue	6 x 8 pack	4.15	V
DY323	Interdental Brush Pink	6 x 8 pack	4.15	V
DY319	Interdental Brush Red	6 x 8 pack	4.15	V
DY324	Interdental Brush Yellow	6 x 8 pack	4.15	V
	Toothbrushes			
DY648	Adult Medium - Mixed Colours	10 x 1	3.99	V
	Toothpaste Tablets			
DY412	Fresh Mint Tabs + Fluoride	12 x 60	5.99	V
	<b>KINGFISHER</b>			
DY668	Aloe Vera Tea Tree Mint	12 x 100ml	3.35	GV
DY669	Aloe Vera/ Tea Tree Fennel	12 x 100ml	3.35	GV
DY527	Baking Soda & Mint Toothpaste	12 x 100ml	3.35	GV
DY416	Charcoal Naturally Whitening	12 x 100ml	3.35	GV
DY161	Childrens Strawberry T'paste	12 x 100ml	3.35	GV
DY565	Childrens Strawberry T'paste	12 x 100ml	3.35	V
DY111	Fennel Toothpaste	12 x 100ml	3.35	GV
DY800	Fluoride Free Fennel T'Paste	12 x 100ml	3.35	GV
DY529	Mint Fluoride Free	12 x 100ml	3.35	GV

code	product	size	rrp	bfgosv
DY190	Mint Toothpaste	12 x 100ml	3.35	GV
	<b>SARAKAN</b>			
DY035	Mouthfresh Rinse	6 x 300ml	4.25	V
DY113	Toothpaste	6 x 50ml	3.25	V
	<b>WELEDA</b>			
DY146	Toothpaste - Calendula	6 x 75ml	5.50	V
DY149	Toothpaste - Plant Gel	6 x 75ml	5.50	V
DY147	Toothpaste - Ratanhia	6 x 75ml	5.50	V
	<b>YAWECO</b>			
DY015	Adult Toothbrush - Medium	6 x 1	3.79	V
DY332	Medium Refill Heads	6 x 1 x 4PK	7.79	V
	<b>VEGETABLES</b>			
	<b>SUMA ORGANIC</b>			
	Canned from Fresh			
VF111	Fresh Peas - Organic	12 x 340g	1.39	OV
LJ270	Supersweet Sweetcorn - Organic	12 x 160g	1.29	OV
LJ800	Supersweet Sweetcorn - Organic	12 x 340g	1.65	OV
LJ550	Sweetcorn - Organic	12 x 340g	1.65	OV
	<b>AMAIZIN</b>			
KJ117	Jalapeno Peppers	6 x 150g	2.69	OV
	<b>BIONA</b>			
LJ243	Capers In Olive Oil	6 x 120g	4.85	OV
	<b>BIONOVA</b>			
VF040	Sauerkraut	6 x 350g	2.75	VO
VF030	Sweetcorn - organic	6 x 340g	2.25	VO
	<b>CLEARSPRING</b>			
	Bio Kitchen			
VF339	Sauerkraut	6 x 360g	1.99	OVB
	<b>COOKS &amp; CO</b>			
KJ020	Artichoke Bottoms in Brine	12 x 390g	3.55	V
KJ088	Artichoke Hearts in Brine	12 x 390g	3.59	V
KJ284	Dried Morel Mushrooms	6 x 30g	17.45	V
KJ090	Dried Porcini Mushrooms	6 x 40g	6.79	V
KJ096	Dried Shii-Take Mushrooms	6 x 30g	3.35	V
KJ019	Hearts of Palm	12 x 400g	3.85	V
KJ093	Mixed Forest Mushrooms	6 x 40g	4.50	V
KJ132	Roasted Red Pepper Strips	6 x 300g	1.69	SV
KJ017	Roasted Red Peppers	6 x 460g	4.59	V
KJ034	Semi Dried Tomatoes in Oil	6 x 295g	5.90	V
KJ018	Stuffed Vine Leaves	6 x 400g	3.39	V
KJ029	Sundried Tomatoes	6 x 280g	3.19	V
KJ078	Sweet Drop Peppers	6 x 235g	4.29	GV
KJ244	Tri Colour Jalapenos	6 x 290g	2.89	V
KJ126	Vegan Stuffed Red Peppers	6 x 220g	4.49	SV
KJ027	Whole Green Chillies	6 x 300g	2.90	V
KJ030	Whole Red Chillies	6 x 300g	1.59	V
	<b>CYPRESSA</b>			
VF047	Marinated Artichoke Hearts	6 x 280g	2.61	V
VF051	Marinated Sun-Dried Tomatoes	6 x 280g	2.55	V
VF964	Roasted Red Peppers	6 x 465g	3.15	SV
VF214	Stuffed Vineleaves	6 x 280g	1.95	V
	<b>MANI</b>			
KJ440	Og Capers in Olive Oil	6 x 180g	3.99	OV
KJ434	Og Kalamata Olive Paste	6 x 180g	3.99	OV
KJ437	Og Sun Dried Tomato Paste	6 x 180g	3.99	OV
	<b>MERCHANT GOURMET</b>			
VF145	Chestnut Puree	6 x 200g	2.90	V
VF146	Whole Chestnuts	6 x 180g	3.15	V
	<b>ORGANICO</b>			
KJ016	Artichoke Hearts - og	5 x 190g	4.95	FOV
KJ428	Capers	12 x 100g	1.95	OV

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KJ429	Capers	12 x 250g	3.45	OV
VF088	French Chestnuts in box - og	12 x 200g	4.95	OV
	<b>ST DALFOUR</b>			
VF112	Whole Chestnuts	6 x 200g	3.99	GV
	<b>TROPICAL WHOLEFOODS</b>			
VF164	Ceps / Porcini Mushrooms	6 x 30g	3.99	V
VF514	Shiitake Mushrooms	6 x 50g	3.99	V
	<b>VEGETABLES (FROZEN)</b>			
	<b>BIO INSIDE</b>			
XL278	Organic Asia Vegetable Mix	12 x 400g	2.95	OV
XL261	Organic Baby Carrots	12 x 300g	2.90	OV
XL155	Organic Garden peas	12 x 300g	2.00	GOV
XL270	Organic Mushrooms	12 x 300g	2.45	OV
XL153	Organic Sweetcorn	12 x 300g	2.35	GOV
	<b>NATURAL COOL</b>			
XL183	Broccoli	8 x 300g	3.45	GOVB
XL221	Chips - Oven or Fry	12 x 600g	3.50	BGOV
XL156	Chips - Oven or Fry	6 x 1.25kg	7.20	GOVB
XL176	Cut Green Beans	8 x 450g	2.80	OVB
XL177	Leaf Spinach Portions	8 x 450g	2.85	OVB
XL178	Peas	8 x 450g	3.60	GOV
XL098	Potato Wedges	12 x 450g	2.99	BGOV
XL181	Sweetcorn	8 x 450g	3.60	GOV
XL134	Vegetable Mix	8 x 450g	3.30	BGOV
	<b>PACK'D</b>			
XL195	Organic Cauliflower Rice	24 x 450g	3.15	OV
XL189	Organic Loose Leaf Spinach	20 x 450g	3.15	OV
XL228	Organic Petit Pois	24 x 450g	3.15	OV
XL239	Organic Super Sweet Sweetcorn	24 x 450g	3.15	OV
XL203	Organic Sweet Potato Chunks	24 x 450g	3.15	OV
	<b>STRONG ROOTS</b>			
XL164	Cauliflower Hash Browns	12 x 375g	4.10	V
XL165	Mixed Root Vegetable Fries	12 x 500g	4.10	GV
XL166	Proper Potato Chips	12 x 750g	4.10	GV
XL162	Sweet Potato Fries	12 x 500g	4.10	GV
	<b>YUTAKA</b>			
XL047	Shelled Edamame Beans	10 x 500g	2.70	V
	<b>VINEGARS</b>			
	<b>SUMA ORGANIC</b>			
KJ290	Apple Cider Vinegar Og	5l	14.29	OV
KJ304	Apple Cider Vinegar Organic	6 x 500ml	2.59	OV
KJ335	Apple Cider Vinegar Organic	6 x 750ml	3.10	OV
KJ151	OG Balsamic Vinegar - oak aged	6 x 250ml	3.89	OV
KJ153	Org Balsamic 5 Litre	5l	37.90	OV
KJ099	Organic Red Wine Vinegar	5l	18.59	OV
KJ089	Organic Red Wine Vinegar	12 x 500ml	2.29	OV
KJ107	Organic White Wine Vinegar	5l	18.59	OV
KJ091	Organic White Wine Vinegar	12 x 500ml	2.29	OV
	<b>ASPALL</b>			
KJ480	Apple Balsamic Vinegar	6 x 350ml	4.25	V
KJ382	Balsamic Vinegar - og	5l	51.69	OV
KJ478	Balsamic Vinegar - organic	6 x 350ml	4.25	OV
KJ477	Cyder Vinegar	6 x 350ml	2.90	V
KJ067	Cyder Vinegar	5l	16.89	V
KJ481	Cyder Vinegar - organic	6 x 350ml	2.19	VO
KJ069	Cyder Vinegar - organic	6 x 500ml	2.69	VO
KJ205	Cyder Vinegar - organic	5l	2.79	OV
KJ381	Malt Vinegar	5l	13.45	V
KJ395	Raw Unfiltered Cyder Vinegar	6 x 500ml	3.19	OV
KJ321	Raw Unfiltered Cyder Vinegar	5l	22.29	OV

code	product	size	rrp	bfgosv
KJ479	Red Wine Vinegar	6 x 350ml	2.90	V
KJ353	Red Wine Vinegar	5l	16.89	V
KJ475	Red Wine Vinegar - organic	6 x 350ml	2.15	OV
KJ476	White Wine Vinegar	6 x 350ml	2.90	V
KJ356	White Wine Vinegar	5l	16.89	V
KJ474	White Wine Vinegar - organic	6 x 350ml	2.15	OV
KJ210	White Wine Vinegar - organic	5l	23.90	OV
<b>BIONA</b>				
KJ131	Cider Vinegar with 'Mother'	5 l	16.90	OV
KJ130	Cider Vinegar with 'Mother'	6 x 500ml	3.50	OV
KJ311	Cider Vinegar with 'Mother'	6 x 75cl	3.75	OV
<b>BRAGG</b>				
KJ325	Apple Cider Vinegar w/Mother	12 x 473ml	6.99	GOV
KJ324	Apple Cider Vinegar w/Mother	12 x 946ml	11.98	GOV
<b>MR ORGANIC</b>				
KJ492	Organic Apple Cider Vinegar	6 x 500ml	3.35	GOV
<b>RAW HEALTH</b>				
KJ008	ACV Infusion Turmeric Ginger	12 x 500ml	3.75	OV
KJ489	Apple Cider Vinegar	12 x 1 l	4.85	OV
KJ129	Raw Organic Cider vinegar	6 x 500ml	3.35	OV
<b>RAYNERS</b>				
KJ500	Apple Cider Vinegar	6 x 500ml	3.25	OV
LJ272	Apple Cider Vinegar	6 x 750ml	4.49	OV
KJ505	Coconut Aminos	6 x 250ml	6.29	OV
<b>WATERS</b>				
<b>BOTTLE UP</b>				
	Re-Usable Sugar Cane Bottle			
WA002	Still Spring Water	6 x 500ml	2.99	V
WA004	Still Spring Water	6 x 500ml	2.99	V
<b>CANO WATER</b>				
WA003	Sparkling Spring Water	24 x 330ml	0.89	V
WA008	Still Water	24 x 330ml	0.89	V
<b>CHEDDAR WATER</b>				
WA011	Natural Spring Water Sparkling	12 x 750ml	1.25	OV
WA007	Natural Spring Water Still	12 x 750ml	1.25	OV
<b>HARROGATE SPRING WATER</b>				
	330ml Single Serve Glass			
WA013	Spring Water - Sparkling	24 x 330ml	0.75	V
WA009	Spring Water - Still	24 x 330ml	0.75	V
	750ml Glass Bottles			
WA222	Spring Water - Sparkling	12 x 750ml	1.55	V
WA223	Spring Water - Still	12 x 750ml	1.39	V
<b>ONE WATER</b>				
WA001	Natural Still Spring Water	24 x 500ml	2.79	V
JU446	Natural Still Water - Carton	18 x 500ml	1.29	V
WA006	Sparkling Natural Spring Water	24 x 330ml	0.89	V
WA005	Still Natural Spring Water	24 x 330ml	0.89	V
<b>THIRSTY PLANET</b>				
	Glass Bottles			
WA018	Spring Water - Sparkling	24 x 330ml	0.75	V
WA016	Spring Water - Still	24 x 330ml	0.75	V
<b>WINES</b>				
<b>RED WINE</b>				
	Argentina			
WN119	Made in Mendoza Malbec	6 x 75cl	1.35	OV
WN010	Rewild Malbec	6 x 75cl	1.95	V
	Bulgaria			
WN132	Deer Point Cabernet Sauvignon	6 x 75cl	9.55	V
	Chile			
WN055	MontGras Pinot Noir	6 x 750ml	14.59	GOV
WN041	Proudly Vegan Merlot	6 x 75cl	1.75	V

code	product	size	rrp	bfgosv
	France			
WN006	La Marouette Merlot	6 x 75cl	13.55	OV
WN078	La Marouette Red	6 x 750ml	16.55	OV
	Italy			
WN063	Era Nero d'Avola	6 x 75cl	13.79	OV
WN140	Fedele Nero D'Avola	6 x 75cl	12.29	OV
WN058	Ingeno Nero D'Avola	6 x 75cl	1.65	OV
WN020	Integro Organic Primitivo	6 x 75cl	12.99	GOV
	Lebanon			
WN033	Coteaux Les Cedres Du Liban	6 x 75cl	18.25	FV
	South Africa			
WN114	Running Duck Cab. Sauvignon	6 x 75cl	11.19	FOV
WN197	Running Duck Merlot	6 x 75cl	1.75	FOV
WN196	Running Duck Pinotage	6 x 75cl	11.19	FOV
WN116	Running Duck Shiraz	6 x 75cl	1.75	FOV
WN138	Stellar Organics Merlot	6 x 75cl	11.19	FOV
	Spain			
WN050	Amigo de la Tierra Red	6 x 750ml	1.69	GOV
WN232	Camino Tinto Tempranillo	6 x 75cl	1.59	OV
WN207	Cuesta Colora Tempranillo	6 x 75cl	13.59	OV
WN080	Finca Fabian Tempranillo	6 x 750ml	11.29	OV
	<b>ROSE WINE</b>			
	Argentina			
WN082	Rewild Rose	6 x 75cl	9.99	V
	Bulgaria			
WN174	Deer Point Merlot	6 x 75cl	9.55	V
	Chile			
WN043	Proudly Vegan Rose	6 x 75cl	1.79	V
	France			
WN060	La Marouette French Rose	6 x 750ml	14.19	OV
WN229	La Marouette Grenache Rose	6 x 75cl	13.79	OV
	South Africa			
WN118	Running Duck Shiraz Rose	6 x 75cl	1.75	FOV
	Spain			
WN022	Coral de Penascal Rose	6 x 75cl	12.99	GOV
	<b>SPARKLING WINE</b>			
	Italy			
WN009	Perlage Col Di Manza Prosecco	6 x 75cl	23.19	OVB
WN075	Proudly Vegan Prosecco	6 x 75cl	16.29	V
WN133	Proverbio Prosecco	6 x 75cl	16.65	OV
	Spain			
WN054	Vallformosa Bio Organic Cava	6 x 750ml	16.79	GOV
	<b>WHITE WINE</b>			
	Bulgaria			
WN012	Deer Point Chardonnay	6 x 75cl	9.55	V
	Chile			
WN016	MontGras Sauvignon Blanc	6 x 75cl	14.99	GOV
WN032	Pico a Pico Sauvignon Blanc	6 x 75cl	1.45	FV
WN034	Proudly Vegan Sauvignon Blanc	6 x 75cl	11.15	V
WN014	Rewild Sauvignon Blanc	6 x 75cl	1.95	V
	France			
WN076	La Marouette White	6 x 750ml	14.99	OV
	Italy			
WN141	Fedele Catarratto Pinot Grigio	6 x 75cl	12.29	OV
WN057	Ingeno Pinot Grigio	6 x 75cl	1.65	OV
	South Africa			
WN008	Running Duck Chenin Blanc	6 x 75cl	11.90	FOV
WN115	Running Duck Chenin Sauv Blanc	6 x 75cl	1.75	FOV
WN019	Stellar Org. Sauvignon Blanc	6 x 75cl	1.75	FOV
	Spain			



code	product	size	rrp	bfgosv
WN040	Amigo de la Tierra White	6 x 750ml	1.69	GOV
WN079	Finca Fabian Verdejo	6 x 750ml	14.39	OV
<b>YEAST EXTRACTS</b>				
<b>ESSENTIAL TRADING</b>				
GH059	Yeast Extract	6 x 125g	4.65	V
GH058	Yeast Extract	6 x 250g	7.79	V
<b>MERIDIAN</b>				
GH160	Yeast Extract + B12 and salt	6 x 340g	4.99	V
GH098	Yeast Extract +B12, no salt	6 x 340g	4.99	V
<b>NATEX</b>				
GH055	Yeast Extract - Reduced Salt	8 x 225g	4.35	V
<b>VEGEMITE</b>				
GH148	Vegemite Gluten Free	8 x 235g	3.35	GV
<b>YOGHURT, NON-DAIRY (CHILLED)</b>				
<b>ALPRO</b>				
CV575	Coconut Soya Yoghurt	6 x 500g	1.95	GV
CV576	Soya Blueberry Cherry Yoghurt	6 x 4 x 125g	2.39	GSV
CV572	Soya Blueberry Yoghurt	6 x 500g	1.95	GSV
CV579	Soya Greek Style	6 x 400g	1.95	GV
CV589	Soya Strwb/Bana/Peach Yoghurt	6 x 4 x 125g	2.39	GSV
<b>COCOS</b>				
CV892	Mango & Passionfruit	6 x 125g	2.35	GOV
CV013	Mango & Passionfruit Yoghurt	6 x 400g	5.65	GOV
CV893	Mixed Berry Coconut Yoghurt	6 x 125g	2.35	GOV
CV014	Mixed Berry Coconut Yoghurt	6 x 400g	5.65	GOV
CV899	Natural Coconut Milk Yoghurt	6 x 400g	5.65	GOV
CV891	Natural Coconut Yoghurt	6 x 125g	2.35	GOV
CV897	Natural Coconut Yoghurt	6 x 250g	4.15	GOV
CV501	Natural Light Coconut Yoghurt	6 x 400g	5.65	FGOV
CV894	Strawberry Coconut Yoghurt	6 x 125g	2.35	GOV
CV900	Strawberry Coconut Yoghurt	6 x 400g	5.65	GOV
CV895	Vanilla Coconut Yoghurt	6 x 125g	2.35	GOV
CV901	Vanilla Coconut Yoghurt	6 x 400g	5.65	GOV
<b>KOKO DAIRY FREE</b>				
Coconut Yoghurts				
CV042	Coconut & Lemon Yoghurt	5 x 2 x 125g	1.95	GSV
CV229	Greek Style Yoghurt	6 x 400g	2.20	GV
CV032	Peach & Passionfruit Yoghurt	5 x 2 x 125g	1.95	GSV
CV020	Plain Yoghurt Alternative	6 x 500g	2.20	GSV
CV031	Raspberry Yoghurt Alternative	5 x 2 x 125g	1.95	GSV
CV029	Strawberry Yoghurt Alternative	5 x 2 x 125g	1.95	GSV
CV300	Vanilla Yoghurt Alternative	6 x 450g	2.20	GSV
<b>NUSH</b>				
Almond Milk Dairy-Free Yoghurt				
CV326	Blueberry Yoghurt	6 x 120g	2.50	V
CV170	Blueberry Yoghurt	6 x 350g	3.50	V
CV796	Mango & Passionfruit	6 x 350g	3.50	GV
CV533	Natural Yoghurt	6 x 350g	3.50	V
CV515	Raspberry Yoghurt	6 x 350g	3.50	V
CV169	Strawberry Yoghurt	6 x 350g	3.50	V
<b>OATLY</b>				
CV654	Oatgurt Greek	6 x 400g	3.20	V
CV650	Oatgurt Plain	6 x 400g	2.50	V
CV651	Oatgurt Strawberry	6 x 400g	3.10	SV
<b>SOJADE</b>				
150g Pots				
CV916	Blueberry Yoghurt	6 x 150g	1.20	GOV
CV918	Mango Yoghurt	6 x 150g	1.20	GOV
CV919	Natural Yoghurt	6 x 150g	0.85	GOV
CV915	Peach and Mango Yoghurt	6 x 150g	1.20	GOV

code	product	size	rrp	bfgosv
CV917	Strawberry Yoghurt	6 x 150g	1.20	GOV
	Soya Based Yoghurts			
CV485	Apricot Yoghurt	6 x 400g	2.45	GOSV
CV269	Banana & Passion Yoghurt	6 x 400g	2.75	GOV
CV289	Blueberry Cherry Yoghurt	6 x 400g	2.75	GOV
CV486	Blueberry Yoghurt	6 x 400g	2.45	GOSV
CV730	Greek Style Raspberry Yoghurt	6 x 400g	3.50	GOV
CV876	Greek Style Yoghurt	6 x 400g	2.30	GOV
CV724	Lemon Yoghurt	6 x 400g	2.45	GOSV
CV494	Mango & Peach Yoghurt	6 x 400g	2.45	GOSV
CV483	Natural Yoghurt	6 x 400g	1.50	GOV
CV266	Sojade Natural Yoghurt	6 x 250g	1.50	GOV
CV723	Vanilla Yoghurt	6 x 400g	2.45	GOSV
	<b>SOON</b>			
CV616	Banana & Coconut Oat Yoghurt	6 x 350g	2.70	OSV
CV636	Chocolate Hemp Dessert	6 x 150g	1.30	OSV
CV637	Coconut Yoghurt	6 x 350g	2.89	OV
CV681	Hazelnut Hemp Dessert	6 x 150g	1.30	OSV
CV559	Oat Yogurt	6 x 350g	2.49	OV
CV622	Spelt Yogurt	6 x 350g	2.80	OV
	<b>THE COCONUT COLLABORATIVE</b>			
CV508	Mango-Passion Compote Yoghurt	6 x 360g	3.45	GV
CV495	Natural Yoghurt	6 x 350g	3.30	GV
CV825	Natural Yoghurt	6 x 600g	4.90	GV
CV270	Raspberry Yoghurt	6 x 350g	3.45	SV
CV497	Vanilla Yoghurt	6 x 350g	3.30	GV
	Gut Health			
CV460	Cultured Strawberry Yoghurt	4 x 4 x 100g	4.95	SV
CV427	Natural Cultured Yoghurt	6 x 350g	3.30	V

# Suma

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