

The background of the page is composed of large, overlapping, organic shapes in two colors: a vibrant teal and a soft pink. The shapes are fluid and non-geometric, creating a modern, artistic feel. The teal shapes are more prominent, often framing the pink areas.

# Suma

CO-OPERATIVE SINCE 1977

**FAIRTRADE**

MAY - JUNE 2021

# FAIRTRADE

A bit more about it..

Fairtrade is an organised social movement whose goal is to help producers in developing countries achieve better trading conditions and promote sustainability. Members of the movement advocate paying higher prices to growers and exporters, as well as aiming to establish higher social and environmental standards. The movement focuses in particular on exports from developing countries to developed countries, most notably coffee, cocoa, sugar, tea, bananas, and chocolate.

The movement seeks to promote greater equity in international trading partnerships through dialogue, transparency and respect. It promotes sustainable development by offering better trading conditions to, and securing the rights of, marginalised producers and workers in developing countries.

To find out more [www.fairtrade.org.uk](http://www.fairtrade.org.uk)



## Key BFGSOV

B - Biodynamic // F - Fairtrade or BAFTS accredited // G - Gluten-Free // O - Organic // S - Added Sugar // V - Vegan

All prices are correct at time of print and stock is subject to availability.

code	product	size	rrp	bfqosv
	<b>BAGS, BOXES AND BASKETS</b>			
	<b>SIESTA CRAFTS</b>			
NF467	Recycled Saree Bag - Folding	each	4.50	FV
	<b>BAKING SUNDRIES</b>			
	<b>COCOA LOCO</b>			
KB139	Dark Chocolate Couverture	1.5kg	22.99	FOSV
	<b>DIVINE</b>			
KB528	Dark Chocolate Baking Bar	150g	3.45	SVF
KB545	Milk Chocolate Baking Bar	150g	3.45	SF
	<b>GREEN &amp; BLACKS</b>			
	Cooks Chocolate			
KB058	Dark Cooking Chocolate-Organic	150g	2.85	FOS
	<b>TAYLOR &amp; COLLEDGE</b>			
LJ115	Vanilla Bean Extract	100ml	9.25	FOV
	<b>VEGO</b>			
KB072	Hazelnut Chocolate Melts	180g	4.95	OFVS
	<b>BISCUITS CRACKERS &amp; CRISPBREAD</b>			
	<b>TRADCRAFT</b>			
BT369	Chewy Fruit & Oat Cookies	180g	2.39	FS
BT547	Double Chocolate Chunk Cookies	180g	2.25	FSV
BT481	Stem Ginger Cookies	180g	2.05	FS
	<b>BODY CARE</b>			
	<b>BADGER</b>			
DY340	Sunscreen Clear Zinc SPF30	87ml	20.45	FO
	<b>DR BRONNER'S</b>			
DY160	Almond Castile Liquid Soap	237ml	8.49	FOV
DY191	Almond Castile liquid Soap	473ml	12.75	FOV
DY208	Almond Castile Liquid Soap	946ml	20.99	FOV
DY198	Baby Castile liquid Soap	473ml	12.75	FOV
DY209	Baby Castile Liquid Soap	946ml	20.99	FOV
DY182	Citrus Orange Liquid Soap	237ml	8.49	FOV
DY201	Citrus Orange Liquid Soap	473ml	12.75	FOV
DY183	Lavender Castile Liquid Soap	237ml	8.49	FOV
DY205	Lavender Castile Liquid Soap	473ml	12.75	FOV
DY213	Lavender Castile Liquid Soap	946ml	20.99	FOV
DY338	Lavender Castile Liquid Soap	3.8l	67.49	FGOVB
DY350	Liquid Soap Peppermint	3.8l	67.49	FGOVB
DY207	Peppermint Castile Liquid Soap	473ml	12.75	FOV
DY214	Peppermint Castile Liquid Soap	946ml	20.99	FOV
DY443	Pump Soap - Lavender	355ml	11.25	FOV
DY349	Pure Castile Liquid Soap-Baby Bar Soap	3.8l	67.49	FGOVB
DY117	Almond Pure Castile Bar Soap	140g	5.49	FOV
DY118	Baby Castile Bar Soap	140g	5.49	FOV
DY119	Citrus Orange Bar Soap	140g	5.49	FOV
DY123	Lavender Castile Bar Soap	140g	5.49	FOV
DY138	Peppermint Castile Bar Soap	140g	5.49	FOV
	Hand Sanitiser			
DY455	Hand Sanitiser - Lavender	60ml	5.19	FOV
DY479	Hand Sanitiser - Peppermint	60ml	5.19	FOV
	<b>FAIR SQUARED</b>			
	Natural Latex. Carbon Neutral			
DY943	Original Condoms	10	9.95	FV
	Packaging-Bioplastic/Cardboard			
DY936	100% Rubber Period Cup - Large	each	16.99	FV
DY926	100% Rubber Period Cup - Med	each	16.99	FV
	<b>WELEDA</b>			
	Skin Food			
DY134	Skin Food Body Butter	150ml	19.75	FVB
DY133	Skin Food Light	75ml	13.50	FVB

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<b>CANDLES, INCENSE &amp; HOLDERS</b>				
<b>GREATER GOODS</b>				
	Mother's Vegan Incense			
NF444	Cinnamon & Spice	12 sticks	2.00	FV
NF440	Frankincense	12 sticks	2.00	FV
NF448	Jasmine	12 sticks	2.00	FV
NF446	Lotus	12 sticks	2.00	FV
NF449	Musk	12 sticks	2.00	FV
NF445	Opium	12 sticks	2.00	FV
NF447	Orange Blossom	12 sticks	2.00	FV
NF441	Patchouli	12 sticks	2.00	FV
NF443	Vanilla	12 sticks	2.00	FV
	The Mother's India Incense			
NF526	Aditi - Crisp Blend of Sage	20 sticks	3.50	F
NF394	Amrita - Earthy and Spicy	20 sticks	3.50	F
NF403	Ganesh - Rich and Sumptuous	20 sticks	3.50	F
NF469	Lila - Woody Patchouli	20 sticks	3.50	F
NF525	Meera - Sandalwood Blend	20 sticks	3.50	F
NF119	Mother's Incense Fan - Mixed	12 fans	6.99	F
NF412	Om - Cassia, Vanilla, Amber	20 sticks	3.50	F
NF408	Oudh - Sensuous	20 sticks	3.50	F
NF410	Prem - Sweet blend of Jasmine	20 sticks	3.50	F
NF402	Rishi - Exotic Rose	20 sticks	3.50	F
NF411	Shanti - Woody, w/Rose, Jasmine	20 sticks	3.50	F
NF393	Yoga - Sandalwood blend	20 sticks	3.50	F
<b>SIESTA CRAFTS</b>				
NF579	Mango Wood Elephant Ashcatcher	each	1.59	FV
NF285	Satya Sai Nag Champa Incense	15g	0.99	FV
NF577	Satya Sai Patchouli Incense	15g	0.99	FV
NF576	Satya Sai Sandalwood Incense	15g	0.99	FV
NF578	Satya Sai White Sage Incense	15g	0.99	FV
<b>CEREALS &amp; MUESLIS</b>				
<b>BIOFAIR</b>				
FX018	Quinoa Flakes Organic	400g	5.49	FO
MX009	Quinoa Pops Organic, FT	120g	4.55	GFO
<b>CHOCOLATE</b>				
<b>BOOJA-BOOJA</b>				
	Artist's Collection Gift Boxes			
KB927	Fine De Champagne Truffles	185g	20.99	GFOSV
KB929	Hazelnut Truffles	185g	20.99	GFOSV
<b>CHOCOLATE AND LOVE</b>				
WS082	Creamy Dark 55% Chocolate	80g	3.29	FOS
WS079	Mint 67% Chocolate	80g	3.29	FOSV
WS081	Orange 65% Chocolate	80g	3.29	FOSV
WS077	Panama 80% Chocolate Bar	80g	3.35	FOSV
WS078	Pomegranate 70% Chocolate	80g	3.35	FOSV
WS080	Sea Salt 55% Chocolate	80g	3.29	FOS
<b>DIVINE</b>				
	35g Bars			
ZX286	70% Dark Chocolate	35g	1.09	FSV
ZX180	Cappuccino Bar Fairtrade	35g	1.09	FS
KB138	Dark Caramel Bar	35g	1.09	FS
ZX499	Milk Chocolate	35g	1.09	FS
KB425	Milk Chocolate Caramel Bar	35g	1.09	FS
ZX422	Orange Milk Chocolate Bars	35g	1.09	FS
ZX287	White Chocolate Mini Bar	35g	1.09	FS
	90g Bars			
ZX498	70% Dark Chocolate	90g	2.59	FSV
ZX365	70% Dark Smooth Hazelnut	90g	2.59	SVF
ZX469	85% Dark Chocolate	90g	2.59	FSV
ZX471	Dark Choc with Ginger & Orange	90g	2.59	FSV
KB798	Dark Choc with Lemon & Juniper	90g	2.59	VSF
KB534	Dark Choc with Raspberries	90g	2.59	FSV

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ZX001	Dark Chocolate with Mint	90g	2.59	FSV
ZX789	Dark Chocolate with Pink Salt	90g	2.59	FS
KB459	Milk Choc Toffee & Sea Salt	90g	2.59	FS
ZX370	Milk Chocolate 45% Cocoa	90g	2.59	FS
ZX284	Milk Chocolate Orange	90g	2.59	FS
KB364	White Choc with Strawberries	90g	2.59	FS
ZX528	White Chocolate	90g	2.59	FS
<b>EQUAL EXCHANGE</b>				
KB659	55% Dark Caramel & Sea Salt	100g	2.79	FOS
KB698	65% Organic Dark Orange	100g	2.79	FOSV
KB654	71% Organic Very Dark	100g	2.79	FOSV
KB977	Dark 55% Choc with Almond	100g	2.79	FOS
<b>GREEN &amp; BLACKS</b>				
	90g Bars			
KB116	70% Dark Chocolate	90g	2.65	FOS
KB034	85% Dark Chocolate	90g	2.65	FOSV
KB796	Dark Choc Hazelnut & Currant	90g	2.65	FOS
KB132	Dark Chocolate & Ginger	90g	2.65	FOS
ZX251	Maya Gold Dark Chocolate	90g	2.65	FOSV
KB908	Milk Choc & Chopped Almonds	90g	2.65	FOS
ZX239	Milk Chocolate	90g	2.65	FOS
KB133	Milk Chocolate & Butterscotch	90g	2.65	FOS
WS091	Milk Chocolate & Sea Salt	90g	2.65	FOS
KB370	White Chocolate	90g	2.65	FOS
	Minibars			
KB199	70% Dark Chocolate	35g	1.05	FOS
KB177	White Chocolate	35g	1.05	FOS
<b>OMBAR RAW CHOCOLATE</b>				
ZX397	Hazelnut Centre	35g	2.05	FGOSV
	70g Bars			
ZX403	Hazelnut Centre	70g	3.39	FGOSV
<b>ORGANIC SEED &amp; BEAN COMPANY</b>				
	Large Bars			
KB152	37% Milk Choc,Hazels & Almonds	85g	2.99	FOS
KB733	37% Milk Chocolate	85g	2.99	FOS
KB970	58% Dark Choc & Espresso	85g	2.99	FOS
KB155	58% Dark Choc & Hazelnuts	85g	2.99	FOSV
KB979	58% Dark Choc,Lemon & Cardamon	85g	2.99	FOS
ZX793	58% Dark Sweet Orange & Thyme	85g	2.99	FOSV
KB736	70% Dark Choc & Sea Salt	85g	2.99	FOSV
KB767	72% Dark Choc & Lavender	85g	2.99	FOSV
KB200	72% Dark Choc & Mint	85g	2.99	FOSV
KB773	72% Dark Choc, Chilli & Lime	85g	2.99	FOSV
KB743	72% Dark choc, Dominican	85g	2.99	FOSV
KB772	72% Dark Choc,Mandarin &Ginger	85g	2.99	FOSV
ZX313	Raspberry & Vanilla White Bar	85g	2.99	FOS
ZX126	Sea Salt & Tropical Lime	85g	2.99	FOS
KB742	White Choc, Lemon & Poppy Seed	85g	2.99	FOS
	Mini Bars			
ZX392	58% Dark Choc & Espresso	25g	1.25	FOSV
ZX391	58% Dark Sweet Orange & Thyme	25g	1.25	FOSV
ZX400	72% Dark Choc, Dominican	25g	1.25	FOSV
ZX389	Sea Salt & Tropical Lime	25g	0.99	FOS
<b>ORGANICA</b>				
KB277	Vegan Diets White Chocolate	100g	2.89	FOVS
<b>TONY'S CHOCOLONELY</b>				
ZX337	Dark Choc 51% Almonds&Sea Salt	180g	4.05	FS
ZX345	Dark Chocolate 70%	180g	4.05	FS
ZX105	Dark/Milk Choc Pretzel&Toffee	180g	4.05	FS
KB886	Milk Choc Caramel/Sea Salt	180g	4.05	FS
ZX091	Milk Chocolate	180g	4.05	FS
KB697	Milk Chocolate 32% Nougat	180g	4.05	FS
ZX369	Milk Chocolate Hazelnut	180g	4.05	FS
ZX724	White Chocolate & Raspberry	180g	4.05	FS

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ZX101	Small Bars Dark Chocolate 51% Almond	47g	1.49	FSV
ZX111	Milk Choc Caramel & Sea Salt	47g	1.49	FS
ZX102	Milk Chocolate	50g	1.49	FS
ZX114	Milk Chocolate 32% Hazelnut	47g	1.49	FGS
<b>VEGO</b>				
KB821	Mini Whole Hazel Chocolate Bar	65g	2.25	FGOSV
WS003	Vego Dark Nuts & Berries	85g	2.85	FOVS
WS059	Vego White - Almond Bliss	50g	2.25	FOVS
KB943	Vegolino Pralines	180g	5.95	FOSV
KB489	Whole Hazelnut Chocolate Bar	150g	3.99	FGOSV
<b>CLOTHING</b>				
<b>SIESTA CRAFTS</b>				
NF083	Indian Acrylic Scarf	each	14.99	FV
NF088	Recycled Sari Gift Wrap/Scarf	each	3.99	FV
NF333	Sari Eye Mask	each	3.59	FV
<b>COCOA</b>				
<b>SUMA PREPACKS</b>				
LJ189	Cocoa Powder - Organic	250g	3.25	FOV
<b>CAFEDIRECT</b>				
TE603	Sao Tome Hot Chocolate	300g	3.80	FS
<b>CLIPPER</b>				
TE205	Drinking Chocolate Fairtrade	250g	3.35	FSV
TE188	Instant Hot Chocolate	350g	3.59	FS
TE196	Instant Hot Chocolate	1kg	11.15	FS
<b>DIVINE</b>				
TE687	Drinking Chocolate	400g	4.39	FVS
<b>EQUAL EXCHANGE</b>				
TE491	Hispaniola Cocoa Powder - og	250g	4.49	FOV
<b>GREEN &amp; BLACKS</b>				
TE453	Cocoa Powder - organic	125g	2.73	FOV
TE131	Hot Chocolate	300g	4.75	FO
<b>HASSLACHER'S</b>				
TE078	Bar of Drinking Chocolate	250g	5.59	FV
<b>MONTEZUMA'S</b>				
KB190	Dark Drinking Chocolate	300g	5.75	FOSV
<b>COFFEE</b>				
<b>SUMA</b>				
Bulk Packs				
TE103	Colombia Cosurca Beans	1kg	20.28	FOV
TE656	Espresso Beans	1kg	19.69	FOV
TE101	Ethiopia Yirgacheffe Beans	1kg	21.28	FOV
TE109	Honduras Coffee Beans	1kg	17.24	FOV
TE758	Medium Roast Ground Coffee	1kg	18.59	FOV
TE106	Peru Cepicafe Beans	1kg	18.21	FOV
TE107	Sumatra Gayo Highlands Beans	1kg	20.56	FOV
TE113	Swiss Water Decaff Beans	1kg	21.28	FOV
Roast and Ground Coffees				
TE014	Bolivia Femenino Ground Coffee	227g	4.75	FOV
TE372	Colombia Ground Coffee	227g	4.75	FOV
TE400	Decaffeinated Ground Coffee	227g	5.35	FOV
TE650	Espresso Ground Coffee	227g	4.99	FOV
TE374	Ethiopia Yirgacheffe Ground	227g	5.15	FOV
TE384	Honduras Ground Coffee	227g	4.35	FOV
TE643	Medium Roast Ground Coffee	227g	4.10	FOV
TE397	Peru Ground Coffee	227g	4.59	FOV
TE641	Suma Dark Roast	227g	4.10	FOV
TE399	Sumatra Ground Coffee	227g	4.75	FOV
Roast Whole Bean Coffees				
TE373	Colombia Coffee Beans	227g	4.75	FOV
TE655	Espresso Coffee Beans	227g	4.99	FOV
TE375	Ethiopia Yirgacheffe Beans	227g	5.15	FOV
TE401	Peru Coffee Beans	227g	4.59	FOV

code	product	size	rrp	bfgosv
<b>CAFEDIRECT</b>				
	Instant Coffees			
TE949	Decaffeinated Organic	100g	5.55	FOV
TE513	Machu Picchu	100g	5.10	FV
TE792	Smooth Organic	100g	5.55	FOV
TE329	Smooth Roast	100g	4.60	FV
TE203	Smooth Roast	200g	7.80	FV
TE395	Smooth Roast	500g	22.60	FV
	Roast & Ground Coffees			
TE493	Decaffeinated Machu Picchu	227g	4.75	FV
TE666	Intense Roast	227g	4.35	FV
TE951	Kilimanjaro Tanzania	227g	4.50	FV
TE156	Lively Roast	227g	4.35	FV
TE952	Machu Picchu Organic Ground	227g	4.50	FOV
TE226	Mayan Gold	227g	4.50	FV
TE176	Smooth Roast	227g	4.35	FV
	Roast Wholebean Coffees			
TE901	Machu Picchu Organic	227g	4.50	FOV
TE229	Machu Picchu Organic	750g	13.65	FOV
<b>CAFEDIRECT (LONDON FIELDS)</b>				
	Roast & Ground Coffees			
TE198	D.R. Congo	200g	5.50	FOV
TE202	Honduras	200g	5.50	FOV
TE207	Peru	200g	4.99	FOV
TE216	Roaster's Choice	200g	5.50	FOV
	Roast Wholebean Coffees			
TE186	D.R. Congo	200g	5.50	FOV
TE201	Honduras	200g	5.50	FOV
TE206	Peru	200g	4.99	FOV
TE212	Roaster's Choice	200g	5.50	FOV
<b>CLIPPER</b>				
	FOOD SERVICE RANGE			
TE724	Instant - Fairtrade & Organic	500g	22.89	FOV
TE526	Instant Organic Decaff	500g	25.95	FOV
	Instant Coffees			
TE879	Fairtrade Org Decaf Instant	100g	5.85	FOV
TE739	Fairtrade Organic Instant	100g	5.29	FOV
TE422	Fairtrade Organic Instant	100g	5.29	FOV
TE076	Fairtrade Organic Instant	100g	5.29	FOV
	Roast and Ground Coffees			
TE845	Decaffeinated Ground Coffee	227g	4.75	FOV
TE849	Italian Style Ground Coffee	227g	4.25	FOV
TE705	Papua New Guinea Ground Coffee	227g	4.25	FOV
<b>EQUAL EXCHANGE</b>				
	Roast & Ground Coffees			
TE872	Anytime Med Roast Og Ground	227g	4.89	FOV
TE875	Colombian Excelso - og	227g	4.89	FOV
TE347	D.R. Congo	227g	4.89	FOV
TE874	Dark City Og Ground Coffee	227g	4.89	FOV
TE870	Decaffeinated Ground Coffee	227g	5.25	FOV
TE867	Ethiopia Yirgacheffe Og Ground	227g	5.25	FOV
TE876	Grown By Women - Ground Coffee	227g	4.89	FOV
TE812	Guatemalan Ground Coffee	227g	4.89	FOV
TE866	Italian Blend Ground Coffee	227g	4.89	FOV
	Roast Wholebean Coffees			
TE898	Anytime Med Roast Og Beans	1kg	18.95	FOV
TE402	Dark City Og Coffee Beans	227g	4.89	FOV
TE403	Decaffeinated Og Coffee Beans	227g	5.25	FOV
TE896	Espresso - og	1kg	18.95	FOV
TE409	Grown By Women - Coffee Beans	227g	4.89	FOV
TE408	Italian Blend Coffee Beans	227g	4.89	FOV
TE008	Italian Blend Og Coffee Beans	1kg	18.95	FOV
TE371	Medium Roast Coffee Beans	227g	4.89	FOV
TE105	Women Grew This - Coffee Beans	1kg	18.95	FOV

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<b>GRUMPY MULE</b>				
	Roast & Ground Coffees			
TE286	Colombia Cafe Equidad	227g	4.65	FOV
TE136	Cool Ground	227g	4.69	FOV
TE289	Decaffeinated	227g	5.25	FOV
TE839	Guatemala Pocola	227g	5.25	FV
TE134	Honduras La Labor	227g	4.69	FOV
TE132	Honduras Pico Pijol	227g	4.69	FOV
TE559	Peru Femenino	227g	4.65	FOV
TE285	Sumatra Gayo Highlands	227g	4.65	FOV
	Roast Wholebean Coffees			
TE718	Cafe Equidad - Colombia Beans	227g	4.65	FOV
TE130	Decaffeinated	227g	5.25	FOV
<b>PERCOL</b>				
	Instant Coffees			
TE005	Colombian Fairtrade	100g	4.79	FV
TE679	Colombian Fairtrade Decaff	100g	4.79	FV
	Roast & Ground Coffees			
TE717	Bold Peruvian Fairtrade Ground	200g	4.75	FOV
TE636	Delicious Decaff Fairtrade Org	200g	4.75	FOV
TE633	Intense Espresso Fairtrade Org	200g	4.75	FOV
TE632	Rich Americano Fairtrade Org	200g	4.75	FOV
TE634	Smooth Colombian Fairtrade Org	200g	4.75	FOV
<b>DRINKS (CHILLED)</b>				
<b>KARMA</b>				
	Kefir			
CV753	Kefruit Elderflower & Hibisc.	500ml	3.40	FOV
CV752	Kefruit Fig and Lemon	500ml	3.40	FOV
CV756	Kefruit Ginger	500ml	3.40	FOV
	Kombucha			
CV256	Ginger	1l	6.25	FOV
CV758	Jun	500ml	5.00	FO
CV762	Mango	1l	6.45	FOV
CV245	Mango	500ml	3.85	FOV
CV258	Pomegranate	1l	6.25	FOV
<b>FAR EASTERN FOOD</b>				
<b>KING SOBA</b>				
WT123	Og Basmati White Rice Noodles	250g	2.39	OFV
WT087	Pad Thai Noodles Fairtrade	250g	2.45	FOV
<b>FRUIT - DRIED</b>				
<b>SUMA PREPACKS - ORGANIC</b>				
DR720	Dates -og pitted fairly traded	250g	2.99	FOV
<b>TROPICAL WHOLEFOODS</b>				
DR134	Fairtrade Apricots	125g	1.99	FV
DR200	Fairtrade Organic Mango	100g	2.85	FOV
DR233	Sun Dried Banana Chips	150g	2.45	FOV
DR234	Sun Dried Pineapple	100g	2.99	FOV
<b>ZAYTOUN</b>				
DR164	Palestinian Medjoul Dates	250g	4.95	FV
DR028	Palestinian Medjoul Dates	500g	9.35	FV
<b>GRAINS</b>				
<b>BIOFAIR</b>				
QS015	Organic Fairtrade Quinoa Red	500g	5.49	FOV
QS024	Organic Fairtrade Quinoa Tri	500g	5.05	FOV
QS081	Organic FT Black Quinoa Grain	400g	4.75	FOV
<b>ZAYTOUN</b>				
QS014	Maftoul Giant Couscous	200g	3.49	FOV
QS131	Smoky Freekeh	200g	3.25	FV
<b>HERB &amp; FRUIT TEA INFUSIONS</b>				
<b>CLIPPER</b>				
TE042	Blackcurrant	20 bags	2.19	FGOV
TE035	Indian Chai	20 bags	2.19	FGOV



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TE036	Red Fruits	20 bags	2.19	FGOV
TE037	Summer Berry	20 bags	2.19	FGOV
	FOOD SERVICE RANGE			
TE148	Chamomile - og	25 bags	2.53	FOV
TE166	Peppermint - og	25 bags	2.53	FOV
	<b>HAMPSTEAD TEA</b>			
TE556	Peppermint Spearmint	20 bags	2.49	FOVB
TE557	Rosehip Hibiscus	20 bags	2.49	FOVB
	<b>PUKKA</b>			
TE421	Clean Matcha Green	20 bags	2.99	FOV
TE609	Ginseng Matcha Green	20 bags	2.99	FOV
TE490	Mint Matcha Green	20 bags	2.99	FOV
TE095	Original (Black Spice) Chai	20 bags	2.99	FOV
TE542	Supreme Green Matcha	20 bags	2.99	FOV
TE623	Turmeric Gold	20 bags	2.99	FOV
TE094	Vanilla Chai	20 bags	2.99	FOV
	<b>HERBS &amp; SPICES - PREPACKED</b>			
	<b>SUMA ORGANIC</b>			
	Milled Spices - Organic, F/T			
HE166	Cinnamon - Fairtrade, organic	25g	1.69	FOV
HE169	Ginger - organic, Fairtrade	25g	1.69	FOV
HE162	Pepper - Black, F/T, organic	25g	1.69	FOV
HE170	Turmeric - organic, Fairtrade	25g	1.69	FOV
	Whole Spices - Organic, F/T			
HE163	Whole Black Peppercorns OG, FT	25g	1.69	FOV
HE167	Whole Cloves - organic & FT	25g	1.69	FOV
	<b>HONEY</b>			
	<b>EQUAL EXCHANGE</b>			
HY003	Chilean Ulmo Blossom	500g	5.90	F
HY005	Organic Raw Clear	500g	5.90	FO
HY004	Organic Raw Set	500g	5.90	FO
	<b>WAINWRIGHT'S</b>			
HY100	Organic Forest Honey - Clear	380g	4.79	FO
HY099	Organic Forest Honey - Set	380g	4.79	FO
	<b>HOUSEHOLD PRODUCTS</b>			
	<b>IF YOU CARE</b>			
NF223	Latex Household Gloves- Large	IARgE	3.59	FV
	<b>TRADCRAFT</b>			
NF181	Fair Trade Rubber Gloves	1 pairs	1.45	GFV
	<b>INDIAN FOOD</b>			
	<b>GEO ORGANICS</b>			
KJ573	Mango Chutney OG Fairtrade	300g	3.05	FOSV
	<b>JAMS &amp; FRUIT SPREADS</b>			
	<b>TRADCRAFT</b>			
GH165	Organic Orange Marmalade	340g	2.59	FOVS
	<b>NUT &amp; SEED BUTTERS</b>			
	<b>SUMA</b>			
GH135	Peanut Butter, Crunchy + Salt	340g	4.25	FVO
	<b>NUTS &amp; SEEDS</b>			
	<b>ZAYTOUN</b>			
NU108	Palestinian Almonds	150g	5.99	FOV
	<b>OILS &amp; FATS</b>			
	<b>EQUAL EXCHANGE</b>			
	Palestinian Fairtrade Oils			
GT555	Olive Oil	1l	21.39	FV
	<b>ZAYTOUN</b>			
GT056	Olive Oil - Fair Trade	500ml	15.75	FOV
GT023	Olive Oil - Fairtrade	5l	126.69	FOV
GT020	Olive Oil - Organic Fairtrade	250ml	9.39	FOV
GT022	Olive Oil - Organic Fairtrade	750ml	22.85	FOV

code	product	size	rrp	bfgovs
	<b>SNACK BARS &amp; FLAPJACKS</b>			
	<b>TROPICAL WHOLEFOODS</b>			
KB710	Organic Mango & Brazil	40g	0.89	FOV
	<b>SOFT DRINKS</b>			
	<b>CHARITEA</b>			
JU598	CharITea Black	330ml	1.39	FOSV
JU597	CharITea Green	330ml	1.39	FOS
JU596	CharITea Mate	330ml	1.39	FOSV
JU595	CharITea Red	330ml	1.39	FOSV
	<b>GUSTO</b>			
JU223	Fiery Ginger With Chipotle	275ml	1.99	FOV
JU376	Naturally Slim Cola	275ml	1.99	FGV
JU353	Organic Real Cola	275ml	1.99	FGOV
JU224	Sicilian Blood Orange	275ml	1.99	FOV
JU159	Sicilian Lemon with Fresh Yuzu	275ml	2.05	FOV
	<b>KARMA DRINKS</b>			
	Cans			
JU617	Gingerella Ginger Ale	250ml	1.35	FOSV
JU616	Karma Cola	250ml	1.35	FOSV
JU749	Karma Cola - sugar free	250ml	1.35	FV
JU800	Karma Orangeade	250ml	1.35	FOSV
JU615	Lemony Lemon	250ml	1.35	FSOV
	Glass Bottles			
JU073	Gingerella Ginger Ale	300ml	1.99	FOVS
JU075	Karma Cola	300ml	1.99	FOSV
JU750	Karma Cola - Sugar Free	300ml	1.99	FOV
JU078	Lemony Lemon	300ml	1.99	FOSV
JU302	Summer Orangeade	300ml	1.99	FOSV
	<b>LEMONAID BEVERAGES</b>			
JU592	LemonaId Blood Orange	330ml	1.82	FOSV
JU068	LemonaId Ginger	330ml	1.82	FOSV
JU589	LemonaId Passion Fruit	330ml	1.82	FOSV
	<b>SUGARS &amp; SYRUPS</b>			
	<b>SUMA PREPACKS</b>			
LJ090	Golden Granulated Sugar	500g	3.05	FV
	<b>BILLINGTONS</b>			
LJ188	Fairtrade Demerara	500g	1.89	FV
LJ185	Fairtrade Golden Gran Sugar	500g	1.74	FV
	<b>EQUAL EXCHANGE</b>			
LJ500	Raw Cane Sugar - organic	500g	2.39	FOV
	<b>MERIDIAN</b>			
HY300	Blackstrap Molasses - Organic	350g	1.99	FOV
HY012	Blackstrap Molasses - Organic	600g	2.49	FOV
	<b>RAYNERS</b>			
LJ587	Fairtrade Organic Golden Syrup	340g	3.75	FVO
LJ704	Golden Syrup - Organic	5kg	35.99	FOV
	<b>TRAIDCRAFT</b>			
LJ515	Brown Sugar Sticks	3g	12.19	FV
LJ514	White Sugar Sticks	3g	12.19	FV
	<b>SUPERFOODS &amp; SPORTS NUTRITION</b>			
	<b>NATURES AID</b>			
VM003	MCT Oil	500ml	18.95	FGV
	<b>NATURYA</b>			
MD040	Greens Blend Organic	250g	12.99	FGOV
MD216	Organic Cacao Powder F/trade	250g	6.99	FGVO
	<b>SUPPLEMENTS &amp; REMEDIES</b>			
	<b>NATURES AID</b>			
	Childrens Vitamins			
VM034	Vitamin C Drops	50ml	4.95	FGV
VM037	Vitamin D3 Drops	50ml	7.45	FG

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<b>SWEET SNACKS</b>				
<b>COTSWOLD FUDGE CO</b>				
ZX064	Vegan Bitterscotch Fudge	150g	3.25	FGSV
ZX463	Vegan Chocolate Fudge	150g	3.25	FGSV
ZX073	Vegan Mocha Fudge	150g	3.25	FGSV
ZX464	Vegan Seasalt Fudge	150g	3.25	FGSV
ZX465	Vegan Vanilla Fudge	150g	3.25	FGSV
<b>TEAS</b>				
<b>CAFEDIRECT</b>				
	Everyday Teas			
TE690	Everyday Tea	80 bags	3.45	FV
TE390	Everyday Tea	160 bags	6.20	FV
TE637	Everyday Tea Decaff	80 bags	4.75	FV
<b>CLIPPER</b>				
TE982	Assam - organic	125g	2.53	FOV
TE983	Assam - organic	50 bags	2.53	FOV
TE486	Citrus Green Tea + Echinacea	20 bags	1.89	OFV
TE154	Decaffeinated Green	40 bags	3.49	FOV
TE151	Decaffeinated Tea	40 bags	3.49	FOV
TE164	Decaffeinated Tea	80 bags	5.99	FOV
TE053	Earl Grey - organic	80 bags	3.99	FOV
TE158	Earl Grey Decaff	40 bags	3.49	FOV
TE897	English Breakfast Organic	125g	2.53	FOV
TE507	English Breakfast Organic	80 bags	3.99	FGOV
TE172	FT OG English Breakfast Tea	40 bags	2.69	FGOV
TE177	FT Organic Earl Grey	40 bags	2.69	FGOV
TE189	FT Organic Everyday Tea	80 bags	3.99	FGOV
TE168	FT Organic Everyday Tea	40 bags	2.69	FGOV
TE191	FT Organic Green & Lemon Tea	80 bags	3.99	FGOV
TE190	FT Organic Green Tea	80 bags	3.99	FGOV
TE182	FT Organic Green Tea	40 bags	2.69	FGOV
TE183	FT Organic White Tea	40 bags	2.69	FGOV
TE877	Green Tea - og	100g	2.69	FOV
TE991	Organic Green Tea & peppermint	20 bags	1.99	OFV
TE990	Organic Green Tea with Lemon	20 bags	1.99	OFV
TE989	Organic Pure Green Tea	20 bags	1.99	OFV
<b>FOOD SERVICE RANGE</b>				
TE150	Earl Grey - og	25 bags	2.53	FOV
TE796	English Breakfast - og	25 bags	2.53	FOV
TE635	Everyday Decaffeinated - og	25 bags	2.53	FOV
TE447	Fairtrade Blend	100 bags	5.08	FV
TE726	Fairtrade One Cup Teabags	440 bags	14.72	FV
TE161	Green Tea - og	25 bags	2.53	FOV
<b>HAMPSTEAD TEA</b>				
TE939	Clean Green	20 bags	2.49	FOV
TE936	Divine Earl Grey	20 bags	2.49	FOV
TE932	English Breakfast	20 bags	2.49	FOV
TE935	Pure Darjeeling	20 bags	2.49	FOV
<b>PUKKA</b>				
TE213	Elegant English Breakfast	20 bags	2.99	FOV
TE214	Gorgeous Earl Grey	20 bags	2.99	FOV
<b>QI</b>				
TE819	Fairtrade Chun Mee Tea	100g	2.39	FOV
TE485	Fairtrade Green Tea	25 bags	1.69	FOV
TE817	Fairtrade Gunpowder Tea	100g	2.39	FOV
TE114	Fairtrade White Tea	25 bags	1.89	FOV
TE112	Jasmine Green Tea	25 bags	1.69	FOV
<b>TOOTH CARE</b>				
<b>DR BRONNER'S</b>				
DY544	Peppermint Toothpaste	105ml	7.49	FV
DY629	Spearmint Toothpaste	105ml	7.49	FV

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<b>WINES</b>				
<b>RED WINE</b>				
	Chile			
WN030	Merlot Carmenere	75cl	9.12	F
	Lebanon			
WN033	Coteaux Les Cedres Du Liban	75cl	20.39	FV
	South Africa			
WN114	Cab Sauvignon - Running Duck	75cl	10.45	FOV
WN137	Dig This! Shiraz Merlot	75cl	10.19	FOV
WN197	Merlot - Running Duck	75cl	10.19	FOV
WN138	Merlot - Stellar	75cl	10.75	FOV
WN196	Pinotage - Running Duck	75cl	10.59	FOV
WN116	Shiraz - Running Duck	75cl	10.19	FOV
<b>ROSE WINE</b>				
	South Africa			
WN118	Shiraz Rose - Running Duck	75cl	10.19	FOV
<b>WHITE WINE</b>				
	Chile			
WN032	Sauvignon Blanc Semillon	75cl	9.12	FV
	South Africa			
WN008	Chenin Blanc - Running Duck	75cl	10.19	FOV
WN115	Chenin Sauv Blanc - R/Duck	75cl	10.19	FOV
WN136	Dig This! Chenin Sauv Blanc	75cl	10.19	FOV
WN019	Sauvignon Blanc - Stellar	75cl	10.19	FOV

code

product

size

rrp

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