

# Summa

CO-OPERATIVE SINCE 1977

**GLUTEN FREE**

SEPTEMBER - OCTOBER 2019

# Gluten Free

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A bit more about it..

Since the very beginning, Suma has always aimed to cater for special dietary requirements. Our gluten-free range contains over 2000 different products. From every day essentials to special treats.

A gluten-free diet is essential for people with coeliac disease. Coeliac disease is caused by a reaction of the immune system to gluten—a protein found in wheat, barley and rye. Sales in this area have never been bigger with many non-coeliacs reporting a range of health benefits after adopting a gluten-free diet. Many basic foods are naturally gluten-free. Foods which require substituting with a gluten-free alternative are bread, pasta, cereals, biscuits, cakes, pies and sauces.

It is generally accepted that the term gluten-free refers to a harmless level of gluten, rather than to a food being 100% free of gluten. Food products labelled gluten-free may have been contaminated with gluten somewhere between being harvested and delivered to us.



## Key BFGSOV

B - Biodynamic // F - Fairtrade or BAFTS accredited // G - Gluten-Free // O - Organic // S - Added Sugar // V - Vegan

All prices are correct at time of print and stock is subject to availability.

| code                         | product                          | size      | rrp   | bfgosv |
|------------------------------|----------------------------------|-----------|-------|--------|
| <b>ALCOHOLIC DRINKS</b>      |                                  |           |       |        |
| <b>NOVELTEA</b>              |                                  |           |       |        |
|                              | <i>Christmas 2019</i>            |           |       |        |
| WN064                        | Tale of Earl Grey                | 700ml     | 24.99 | GSV    |
| WN068                        | Tale of Oolong                   | 700ml     | 24.99 | GSV    |
| WN066                        | Tale of Tangier                  | 700ml     | 24.99 | GSV    |
| WN069                        | Trio Gift Pack                   | 3 x 250ml | 33.99 | GSV    |
| <b>BABY &amp; CHILD FOOD</b> |                                  |           |       |        |
| <b>ANNABEL KARAMEL</b>       |                                  |           |       |        |
|                              | <i>Pouches</i>                   |           |       |        |
| BB002                        | Apple Blueberry & Banana         | 100g      | 1.25  | GOV    |
| BB020                        | Banana, Blueberry, Coconut Milk  | 100g      | 1.25  | GOV    |
| BB008                        | Banana, Pear & Peach             | 100g      | 1.25  | GOV    |
| BB023                        | Mango, Apple & Coconut Milk      | 100g      | 1.25  | GOV    |
| BB019                        | Pumpkin, Apple & Sweetcorn       | 100g      | 1.25  | GOV    |
| BB014                        | Strawberry, Banana & Apple       | 100g      | 1.25  | GOV    |
| <b>BABEASE</b>               |                                  |           |       |        |
| BB100                        | Banana & Pear Coconut Water      | 100g      | 1.35  | GOV    |
| BB088                        | Butternut, Carrot & Broccoli     | 100g      | 1.35  | GOV    |
| BB090                        | Garden Vegetable Risotto         | 130g      | 1.75  | GOV    |
| BB096                        | Pumpkin & Peas                   | 100g      | 1.35  | GOV    |
| BB103                        | Root Vegetable & Quinoa Pilaf    | 130g      | 1.75  | GOV    |
| BB097                        | Strawberry, Apple Coconut Water  | 100g      | 1.35  | GOV    |
| <b>BEAR</b>                  |                                  |           |       |        |
| ZX054                        | Paws Apple & Pumpkin             | 20g       | 0.59  | GV     |
| ZX061                        | Paws Mango & Carrot Multipack    | 20g       | 2.79  | GV     |
| ZX058                        | Paws Mango & Carrot Single       | 20g       | 0.59  | GV     |
| ZX059                        | Paws Pumpkin & Apple Multipack   | 20g       | 2.79  | GV     |
| ZX515                        | Paws- Apple & Blackcurrant       | 20g       | 0.59  | GV     |
| ZX523                        | Paws- Raspberry & Blueberry      | 20g       | 0.59  | GV     |
| ZX520                        | Paws- Strawberry & Apple         | 20g       | 0.59  | GV     |
|                              | <i>Paws in multipacks</i>        |           |       |        |
| ZX189                        | Paws- Raspberry & Blueberry      | 5 x 20g   | 2.69  | GV     |
| <b>HOLLE</b>                 |                                  |           |       |        |
|                              | <i>Jarred</i>                    |           |       |        |
| BB025                        | Veggie Curry - Jarred            | 190g      | 1.31  | GOB    |
| <b>LITTLE PASTA ORGANICS</b> |                                  |           |       |        |
|                              | <i>Pasta</i>                     |           |       |        |
| BB151                        | Gluten Free Mini Gnocchi         | 250g      | 2.39  | GOV    |
|                              | <i>Pasta Sauce</i>               |           |       |        |
| BB017                        | Asparagus Pasta Sauce            | 130g      | 2.65  | GOV    |
| BB298                        | Pumpkin & Carrot Pasta Sauce     | 130g      | 2.05  | GOV    |
| BB257                        | Spinach & Broccoli Sauce         | 130g      | 2.05  | GOV    |
| <b>ORGANIX</b>               |                                  |           |       |        |
|                              | <i>From 12 months</i>            |           |       |        |
| BB031                        | Blackcurrant Stars               | 12g       | 0.79  | GOV    |
| BB029                        | Raspberry Moos                   | 12g       | 0.79  | GOV    |
|                              | <i>Goodies Savouries</i>         |           |       |        |
| BB028                        | Mini Space Cheese Bites          | 4 x 8g    | 3.19  | GO     |
| BB034                        | Sweet Cinnamon Puffcorn          | 4 x 10g   | 2.19  | GOV    |
|                              | <i>Pouches</i>                   |           |       |        |
| BB086                        | Apple, Strawberry & Oat          | 100g      | 1.49  | GOV    |
| BB082                        | Apple, Pineapple, Coconut        | 100g      | 1.49  | GOV    |
| BB077                        | Mango, Pear & Oats               | 100g      | 1.49  | GOV    |
| BB085                        | Oatmeal, Apricot & Banana        | 100g      | 1.49  | GOV    |
| BB054                        | Oatmeal, Apple, Rasp & Blueberry | 100g      | 1.49  | GOV    |

| code  | product                                  | size     | rrp   | bfgosv |
|-------|--|----------|-------|--------|
|       | <b>BAKING SUNDRIES</b>                   |          |       |        |
|       | <b>SUMA</b>                              |          |       |        |
| HE225 | Baking Powder                            | 1kg      |       | GV     |
| LJ039 | Baking Powder - Gluten Free              | 200g     | 2.19  | GV     |
|       | <b>ARTYSAN</b>                           |          |       |        |
|       | <i>Christmas 2019</i>                    |          |       |        |
| LJ029 | Org Lubeck honey marzipan                | 50g      | 3.25  | GOS    |
|       | <b>BARKAT</b>                            |          |       |        |
| LJ002 | Gluten Free Baking Powder                | 100g     | 1.49  | GV     |
|       | <b>CLEARSPRING</b>                       |          |       |        |
| JP064 | Kuzu (Wild Arrowroot)                    | 125g     | 6.99  | GVO    |
|       | <b>DOVES FARM</b>                        |          |       |        |
| LJ206 | Baking Powder                            | 130g     | 1.49  | GV     |
| LJ168 | Baking Powder Bulk                       | 1kg      |       | GV     |
| LJ228 | Choc Chip Cookie Mix                     | 350g     | 3.25  | GSV    |
| LJ234 | Chocolate Brownie Mix                    | 350g     | 2.95  | GS     |
| LJ166 | Cornflour Bulk                           | 1kg      |       | GOV    |
| LJ203 | Cornflour Organic                        | 110g     | 1.79  | GOV    |
| LJ032 | Gluten Free Biscuit Crumb                | 4kg      |       | GSV    |
| LJ233 | Pancake Mix                              | 300g     | 2.35  | G      |
| LJ423 | Quick Yeast                              | 8 x 125g | 1.19  | GV     |
| LJ191 | Vitamin C                                | 120g     | 5.19  | GV     |
| LJ165 | Xanthan Gum                              | 1kg      |       | GV     |
|       | <b>ENGEVITA</b>                          |          |       |        |
| LJ144 | Organic Yeast Flakes                     | 125g     | 4.95  | GOV    |
| LJ148 | Super Yeast Flakes Vit D & B12           | 100g     | 3.99  | GV     |
| LJ143 | Yeast Flakes                             | 125g     | 2.99  | GV     |
| LJ020 | Yeast Flakes with Vitamin B12            | 125g     | 3.59  | GV     |
|       | <b>FOODS OF ATHENRY</b>                  |          |       |        |
|       | <i>Christmas 2019</i>                    |          |       |        |
| VF264 | Very Fruity Mince Meat                   | 320g     | 5.19  | GSV    |
|       | <b>MOO FREE</b>                          |          |       |        |
| LJ111 | Alternative to Milk Couverture           | 2kg      |       | OGVS   |
| LJ311 | Baking Drops                             | 150g     | 3.79  | GOSV   |
|       | <b>ORGRAN</b>                            |          |       |        |
| LJ656 | Egg Replacer                             | 200g     | 2.95  | GV     |
| LJ077 | Vegan Easy Egg                           | 250g     | 4.25  | GV     |
|       | <b>PLAMIL</b>                            |          |       |        |
|       | <i>Drops in 1kg bags</i>                 |          |       |        |
| KB651 | Baking Chocolate                         | 1kg      | 11.99 | GSV    |
| KB652 | Org & F/T Baking Chocolate               | 1kg      | 13.59 | GFOSV  |
| KB658 | Organic Rich Chocolate                   | 1kg      | 13.89 | GOSV   |
|       | <b>THE RAW CHOCOLATE CO</b>              |          |       |        |
|       | <i>Chocolate Making Ingredients</i>      |          |       |        |
| KB050 | Cacao Butter                             | 240g     | 6.70  | GFOV   |
|       | <b>BEANS &amp; PULSES - CANNED</b>       |          |       |        |
|       | <b>WHOLE EARTH</b>                       |          |       |        |
| VF161 | Baked Beans - organic                    | 400g     | 1.19  | GOV    |
|       | <b>BEERS</b>                             |          |       |        |
|       | <b>GLEBE FARM</b>                        |          |       |        |
| RT002 | Gluten Free Beer-Night Mission           | 330ml    | 1.99  | G      |
|       | <b>BISCUITS CRACKERS &amp; CRISPREAD</b> |          |       |        |
|       | <b>AGAINST THE GRAIN</b>                 |          |       |        |
| BT077 | OG Berry Delicious Cookies               | 150g     | 3.26  | GOV    |
| BT341 | Og Choc Chip & Hazelnut Cookie           | 150g     | 3.10  | GOSV   |
| BT302 | Org Chocolate & Orange Cookies           | 150g     | 3.10  | GOSV   |
| BT340 | Organic Almond Cookies                   | 150g     | 2.98  | GOSV   |
| BT339 | Organic Ginger Crunches                  | 150g     | 2.98  | GOSV   |

| code  | product                        | size | rrp  | bfgosv |
|-------|--------------------------------|------|------|--------|
|       | <b>AMISA</b>                   |      |      |        |
| BT560 | Chestnut Crispbread            | 100g | 2.39 | GO     |
| BT119 | Chickpea Crispbread            | 100g | 1.99 | GOV    |
| BT106 | Crispbread - Amaranth & Rice   | 120g | 2.09 | GOV    |
| BT185 | Crispbread - Buckwheat W/grain | 120g | 2.39 | GOV    |
| BT291 | Crispbread - Veggie Garden GF  | 100g | 1.69 | GOV    |
| BT159 | Protein Lentil Crispbread      | 100g | 1.99 | GOV    |
|       | <b>ANGELIC GLUTEN FREE</b>     |      |      |        |
| BT111 | Chocolate & Coconut Oat Slice  | 200g | 2.85 | GV     |
| BT104 | Chocolate Brownie Squares      | 200g | 2.85 | GV     |
| BT179 | Double Chocolate Cookies       | 125g | 2.59 | GSV    |
| BT186 | Ginger Crunch Cookies          | 125g | 2.59 | GSV    |
| BT177 | Rosemary & Seasalt Crackers    | 145g | 2.59 | GS     |
|       | <i>Christmas 2019</i>          |      |      |        |
| BT218 | Christmas Pudding Biscuits     | 125g | 2.59 | GSV    |
|       | <b>CLARANA</b>                 |      |      |        |
|       | <i>Gluten Free</i>             |      |      |        |
| BT372 | Wafer Rolls & Hazelnut Creme   | 100g | 3.59 | VGS    |
| BT371 | Wafer Rolls with Cocoa Creme   | 100g | 3.59 | VGS    |
|       | <b>CLEARSPRING</b>             |      |      |        |
| BT573 | Brown Rice Cakes - Buckwheat   | 120g | 1.49 | GOV    |
| BT574 | Brown Rice Cakes - Quinoa      | 120g | 1.49 | GOV    |
| BT575 | Brown Rice Cakes - Seeds       | 120g | 1.49 | GOV    |
| BT317 | Organic Corncakes              | 130g | 1.29 | GOV    |
| BT631 | Rice Cakes - 3 Grain, Thin,Org | 130g | 1.19 | GOV    |
| BT629 | Rice Cakes - No Added Salt,Org | 130g | 1.19 | GOV    |
|       | <b>DOVES FARM</b>              |      |      |        |
| BT295 | Choc Chip Cookies              | 180g | 2.29 | GOSV   |
| BT269 | Lemon Zest Cookies - GF        | 150g | 1.59 | GOSV   |
| BT008 | Stem Ginger Cookies - GF       | 150g | 1.59 | GOSV   |
|       | <b>EASY BEAN</b>               |      |      |        |
| BT078 | Chickpea Crispbread - Cheddar  | 110g | 3.15 | G      |
| BT204 | Chickpea Crispbread - Moroccan | 110g | 3.15 | G      |
| BT076 | Chickpea Crispbread - Seaweed  | 110g | 3.15 | G      |
| BT208 | Chickpea Crispbread with Seeds | 110g | 3.15 | G      |
| BT205 | Chickpea Crispbread-Mung Bean  | 110g | 3.15 | G      |
| BT304 | Fava Bean & Poppy Seed         | 160g | 2.95 | GV     |
| BT305 | Green Pea & Chia Seed          | 160g | 2.95 | GV     |
| BT303 | Red Lentil & Poppy Seed        | 160g | 2.95 | GV     |
|       | <b>FOODS OF ATHENRY</b>        |      |      |        |
| BT168 | Caramel Latte Shortbread       | 150g | 3.99 | GS     |
| BT161 | Chocolate Chip Shortbread      | 150g | 4.01 | GS     |
|       | <i>Christmas 2019</i>          |      |      |        |
| BT356 | Almond/R'mary Soda Bread Toast | 110g | 3.29 | GS     |
| BT357 | C'berry/Hazel Soda Bread Toast | 110g | 3.29 | GS     |
| BT352 | Multi-seed Soda Bread Toasts   | 110g | 3.29 | GS     |
| BT353 | Seeds/Cumin Soda Bread Toasts  | 110g | 3.29 | GS     |
|       | <b>HONEYROSE</b>               |      |      |        |
| BT292 | All Butter Lemon Shortbread    | 125g | 2.89 | GOS    |
| BT249 | All Butter Oat & Raisin Cookie | 115g | 2.89 | GOS    |
| BT232 | All Butter Shortbread          | 125g | 2.89 | GOS    |
| BT227 | Date & Walnut Toast            | 110g | 3.59 | GOSV   |
| BT228 | Hazelnut & Agen Plum Toast     | 110g | 3.59 | GOSV   |
| BT230 | Kale & Spiced Nut Toast        | 110g | 3.59 | GOSV   |
| BT235 | Triple Chocolate Cookie        | 115g | 2.89 | GOS    |
|       | <b>KALLO</b>                   |      |      |        |
| BT045 | Ancient Grain Corn Cakes       | 150g | 1.99 | GOV    |
| BT152 | Blueberry/Van Rice/Corn Cakes  | 131g | 2.29 | GSV    |
| BT527 | Chia Seed Corn Cake            | 130g | 1.49 | GV     |
| BT184 | Corn Cakes OG                  | 130g | 1.79 | GOV    |

| code  | product                        | size | rrp  | bfgosv |
|-------|--------------------------------|------|------|--------|
|       | <i>Lentil Cakes</i>            |      |      |        |
| BT578 | Protein Lentil Cake            | 100g | 1.99 | GV     |
|       | <i>Rice Cakes</i>              |      |      |        |
| BT810 | Milk Chocolate Rice Cakes OG   | 90g  | 2.39 | GO     |
| BT033 | No Added Salt Organic          | 130g | 1.69 | GVO    |
| BT034 | Original Organic Wholegrain    | 130g | 1.69 | GVO    |
| BT036 | Thick Slice Sesame Rice Cake   | 130g | 1.48 | GOV    |
| BT240 | Thin Slice No Salt - organic   | 130g | 1.59 | GVO    |
| BT338 | Thin Slice Rice Cake Dark Choc | 90g  | 2.39 | GO     |
|       | <b>KENT &amp; FRASER</b>       |      |      |        |
| BT274 | Chilli & Coriander Wafer       | 110g | 2.75 | G      |
|       | <i>Christmas 2019</i>          |      |      |        |
| BT256 | Garlic & Poppy Seed Wafer      | 110g | 2.75 | G      |
| BT255 | Onion & Nigella Seed Wafer     | 110g | 2.75 | G      |
| BT278 | Pepper & Smoked Salt Wafer     | 110g | 2.75 | G      |
|       | <b>KOOKIE CAT</b>              |      |      |        |
| BT565 | Cacao Nib & Walnut Cookie      | 50g  | 1.49 | GOV    |
| BT567 | Chia & Lemon Cookie            | 50g  | 1.49 | GOV    |
| BT566 | Hemp & Cacao Cookie            | 50g  | 1.49 | GOV    |
| BT563 | Pineapple & Orange Cookie      | 50g  | 1.49 | GOV    |
| BT564 | Vanilla & Choc Chip Cookie     | 50g  | 1.49 | GOV    |
|       | <b>LAZY DAY</b>                |      |      |        |
| BT188 | Chocolate Chip Oaties          | 150g | 2.45 | GSV    |
| BT194 | Chocolate Chip Shortbread      | 150g | 2.75 | GV     |
| BT141 | Chocolate Orange Slice         | 150g | 2.89 | GV     |
| BT214 | Dark Belgian Chocolate Gingers | 125g | 3.25 | GV     |
| BT197 | Free From Shortbread           | 150g | 2.75 | GV     |
| BT140 | Ginger Tiffin                  | 150g | 2.89 | GVS    |
| BT199 | Golden Syrup Oaties            | 150g | 2.45 | GSV    |
| BT524 | Millionaire Crispie            | 150g | 2.89 | GS     |
| BT316 | Millionaires Shortbread        | 150g | 2.89 | GSV    |
| BT489 | Peppermint Slice               | 150g | 2.89 | GSV    |
| BT180 | Stem Ginger Oaties             | 150g | 2.45 | GSV    |
|       | <i>CHRISTMAS 2019</i>          |      |      |        |
| BT539 | Cranberry Orange Tiffin Slice  | 150g | 2.89 | GSV    |
| BT435 | Iced Fruit Cake Slice          | 150g | 2.95 | GSV    |
| BT538 | Tiffin Gift Selection Box      | 360g | 8.75 | GSV    |
|       | <i>Mini Bites Tubs</i>         |      |      |        |
| BT191 | Millionaires Crispie Bites     | 180g | 3.89 | GSV    |
| BT196 | Rocky Road Bites               | 180g | 3.89 | GSV    |
| BT183 | Tiffin Bites                   | 180g | 3.89 | GSV    |
|       | <b>LE PAIN DES FLEURS</b>      |      |      |        |
| BT094 | Buckwheat Crispbread           | 125g | 3.29 | GOV    |
| BT189 | Buckwheat Crispbread (no salt) | 125g | 3.29 | GOV    |
| BT095 | Chestnut Crispbread            | 125g | 3.99 | GOV    |
| BT093 | Quinoa Crispbread              | 125g | 3.99 | FGOV   |
|       | <b>METCALFE'S</b>              |      |      |        |
| BT097 | Mini Rice Cakes - Milk Choc.   | 16g  | 0.55 | GS     |
| BT084 | Mini Rice Cakes - White Choc.  | 16g  | 0.55 | GS     |
| BT098 | Mini Rice Cakes -Dark Choc     | 16g  | 0.55 | GSV    |
| BT222 | Rice Cakes - Dark Chocolate    | 34g  | 0.99 | GVS    |
| BT209 | Rice Cakes - Milk Chocolate    | 34g  | 0.99 | GS     |
| BT198 | Rice Cakes - Yoghurt           | 34g  | 0.99 | GS     |
|       | <b>NAIRN'S</b>                 |      |      |        |
| BT149 | Caramelised Onion Flatbreads   | 150g | 2.09 | G      |
| BT156 | Cheese Cracker                 | 137g | 2.09 | G      |
|       | <i>Gluten Free</i>             |      |      |        |
| BT558 | Cracked Black Pepper Cracker   | 137g | 2.09 | GS     |
| BT200 | GF Apple&Cinnamon Chunky Bisc  | 160g | 2.35 | GV     |
| BT324 | GF Biscuit Breaks Choc Chip    | 160g | 2.35 | G      |

| <b>code</b>                 | <b>product</b>                 | <b>size</b> | <b>rrp</b> | <b>bfgosv</b> |
|-----------------------------|--------------------------------|-------------|------------|---------------|
| BT108                       | GF Biscuit Breaks Oat & Fruit  | 160g        | 2.35       | GVS           |
| BT109                       | GF Biscuit Breaks Oat & Syrup  | 160g        | 2.35       | GSV           |
| BT267                       | GF Biscuit Breaks Stem Ginger  | 160g        | 2.35       | GSV           |
| BT571                       | GF Blueb&Rasp Chunky Biscuits  | 160g        | 2.35       | GS            |
| BT572                       | GF Dark Choc&C'nut Chunky Bisc | 160g        | 2.35       | GS            |
| BT549                       | GF Super Seeded Oatcake        | 180g        | 2.25       | GV            |
| BT420                       | Gluten Free Oatcakes           | 213g        | 2.25       | GGV           |
| BT424                       | Gluten Free Oatcakes - Cheese  | 180g        | 2.25       | G             |
| BT559                       | W/Grain Super Seeded Cracker   | 137g        | 2.09       | GS            |
| BT557                       | Wholegrain Cracker             | 137g        | 2.09       | GS            |
| <b>ORGRAN</b>               |                                |             |            |               |
| MX008                       | Sugar Free Cacao Cookies       | 130g        | 3.25       | GV            |
| BT257                       | Toasted Corn Crispbread        | 125g        | 2.15       | G             |
| <b>ORIGIN EARTH</b>         |                                |             |            |               |
| BT390                       | Gluten Free Crackers           | 150g        | 2.69       | GV            |
| BT389                       | Gluten Free Crackers Fennel    | 150g        | 2.69       | GV            |
| BT387                       | Gluten Free Crackers Sesame    | 150g        | 2.69       | GV            |
| <b>PREWETTS</b>             |                                |             |            |               |
| BT260                       | Dark Chocolate & Ginger        | 150g        | 3.55       | GS            |
| BT280                       | Jammy Wheels                   | 160g        | 1.99       | GV            |
| BT258                       | Milk Chocolate Digestives      | 165g        | 2.35       | GS            |
| BT526                       | Rich Quadruple Choc Cookies    | 150g        | 3.45       | GS            |
| <b>RHYTHM 108</b>           |                                |             |            |               |
| BT334                       | Coconut Cookie                 | 135g        | 3.09       | GOV           |
| BT335                       | Double Choco Hazelnut Biscuits | 135g        | 3.09       | OVG           |
| BT344                       | Lemon Ginger Chia Biscuits     | 135g        | 3.09       | GOV           |
| BT333                       | Oh-la-la Almond Biscotti       | 135g        | 3.09       | GOV           |
| <b>RUDE HEALTH FOODS</b>    |                                |             |            |               |
| BT505                       | Buckwheat & Chia Crackers      | 150g        | 3.25       | GOV           |
| BT144                       | Buckwheat &Black Bean Crackers | 120g        | 2.99       | GOV           |
| BT147                       | Chickpea & Lentil Crackers     | 120g        | 2.99       | GOV           |
| BT054                       | Corn Crackers                  | 130g        | 2.75       | GOV           |
| BT395                       | Multigrain Thins               | 160g        | 2.75       | GOV           |
| <b>VEGAN BAKERY</b>         |                                |             |            |               |
| <i>Christmas 2019</i>       |                                |             |            |               |
| BT063                       | Choco Cookies                  | 200g        | 2.25       | GSV           |
| BT064                       | Coconut Clouds                 | 200g        | 2.25       | GSV           |
| BT069                       | Cookie N' Cream                | 200g        | 2.25       | GSV           |
| <b>BODY CARE</b>            |                                |             |            |               |
| <b>DR BRONNER'S</b>         |                                |             |            |               |
| DY338                       | Lavender Castile Liquid Soap   | 3.8l        | 63.99      | FGOVB         |
| DY350                       | Pure Castile Liquid Soap       | 3.8l        | 63.99      | FGOVB         |
| DY349                       | Pure Castile Liquid Soap-Baby  | 3.8l        | 63.99      | FGOVB         |
| <b>FAITH IN NATURE</b>      |                                |             |            |               |
| <i>Body Wash</i>            |                                |             |            |               |
| DY351                       | Body Wash - Avocado            | 400ml       | 5.79       | GV            |
| <i>Conditioner</i>          |                                |             |            |               |
| DY354                       | Conditioner - Blueberry        | 400ml       | 5.79       | GV            |
| <i>Shampoo</i>              |                                |             |            |               |
| DY353                       | Shampoo - Blueberry            | 400ml       | 5.79       | GV            |
| <b>GREEN PEOPLE COMPANY</b> |                                |             |            |               |
| <i>Christmas 2019</i>       |                                |             |            |               |
| DY240                       | Grooming Gift Set for Men      | set         | 14.99      | GV            |
| DY171                       | Skin Retreat Gift Set          | set         | 14.99      | GV            |
| <i>Men's Range</i>          |                                |             |            |               |
| DY337                       | No 11 Texturising Styling Gel  | 100ml       | 10.99      | GOV           |
| DY334                       | No 4 Men's Taming Beard Oil    | 30ml        | 17.49      | GOV           |
| <b>LAVERA</b>               |                                |             |            |               |
| <i>Basis</i>                |                                |             |            |               |
| DY583                       | Lip Balm Sensitive             | 4.5g        | 3.95       | OG            |

| code                                    | product                        | size    | rrp   | bfgosv |
|---|--------------------------------|---------|-------|--------|
| <b>BREADS &amp; BREAD MIXES</b>         |                                |         |       |        |
| <b>AMISA</b>                            |                                |         |       |        |
| BT437                                   | Deep Pan Pizza Bases           | 260g    | 4.29  | GOSV   |
| BT125                                   | Olive Ciabatta                 | 180g    | 2.99  | GOV    |
| <b>BIONA</b>                            |                                |         |       |        |
| BT461                                   | Rice Bread with Sunflower Seed | 500g    | 4.49  | GOV    |
| <b>ISABEL'S NATURALLY FREE FROM</b>     |                                |         |       |        |
| FG186                                   | Baked Donut Mix Gluten Free    | 100g    | 2.95  | GV     |
| BT201                                   | Dough Ball Mix                 | 125g    | 2.95  | GV     |
| BT203                                   | Gluten & Wheat Free Pizza Mix  | 300g    | 3.35  | G      |
| FG084                                   | Yorkshire Pudding Mix - G/Free | 100g    | 2.95  | G      |
| <b>PROBIOS</b>                          |                                |         |       |        |
| <i>Christmas 2019</i>                   |                                |         |       |        |
| BT370                                   | Organic Gluten Free Panettone  | 500g    | 11.99 | GOS    |
| <b>SCHNITZER GLUTEN FREE</b>            |                                |         |       |        |
| BT467                                   | Baguette Classic               | 360g    | 3.75  | GOV    |
| BT466                                   | Baguette Grainy Linseed/Sesame | 320g    | 3.75  | GOV    |
| BT160                                   | Burger Bun                     | 125g    | 2.15  | GOS    |
| BT470                                   | Ciabatta Olive Bread GF        | 360g    | 4.45  | GOV    |
| BT462                                   | Focaccia Rolls                 | 220g    | 3.09  | GOV    |
| BT469                                   | Granello-Brown with Sunflowers | 500g    | 4.45  | GOV    |
| BT083                                   | Panini Bianco                  | 250g    | 3.09  | GO     |
| BT516                                   | Pizza Base                     | 300g    | 3.69  | GOV    |
| BT517                                   | Quinoa Bread with Chia         | 500g    | 4.65  | GOV    |
| BT471                                   | Rustico GF Bread with Amaranth | 500g    | 4.45  | GOV    |
| <b>TASTE ITALIA</b>                     |                                |         |       |        |
| BT009                                   | Gluten free Plain Wraps        | 2 x 80g | 2.99  | GV     |
| BT014                                   | Gluten Free Vegan OG Wraps     | 2 x 80g | 3.69  | GOV    |
| <b>BURGERS SAUSAGES &amp; TVP MIXES</b> |                                |         |       |        |
| <b>SUMA BAGGED DOWN</b>                 |                                |         |       |        |
| VF166                                   | Nut Roast Mix                  | 1kg     |       | GVS    |
| <b>SUMA PREPACKS</b>                    |                                |         |       |        |
| VF154                                   | Nut Roast Mix - Gluten Free    | 340g    | 2.99  | GVS    |
| <b>CLEARSPRING</b>                      |                                |         |       |        |
| SY071                                   | Organic Soya Mince             | 300g    | 3.49  | GOV    |
| <b>SHROPSHIRE SPICE</b>                 |                                |         |       |        |
| <i>Christmas 2019</i>                   |                                |         |       |        |
| VF307                                   | Bread Sauce - Gluten Free      | 100g    | 2.15  | GV     |
| VF308                                   | GF Cran/Apple Stuffing Mix     | 120g    | 2.15  | GV     |
| VF309                                   | GF Parsley/Thyme Stuffing Mix  | 120g    | 1.99  | GV     |
| VF310                                   | GF Sage/Onion Stuffing Mix     | 120g    | 2.15  | GV     |
| <b>CAKES</b>                            |                                |         |       |        |
| <b>CREATIVE NATURE</b>                  |                                |         |       |        |
| BT223                                   | Banana Bread Mix               | 250g    | 3.99  | GOSV   |
| BT178                                   | Chocolate Chip Brownie Mix     | 400g    | 4.99  | GOSV   |
| BT231                                   | Chocolate Chip Muffin Mix      | 250g    | 3.99  | GSVO   |
| <b>DENISE'S DELICIOUS GLUTEN FREE</b>   |                                |         |       |        |
| <i>Christmas 2019</i>                   |                                |         |       |        |
| BT022                                   | 4 Handmade GF Mince Pies       | 220g    | 3.89  | GS     |
| BT403                                   | Rich GF Christmas Cake         | 500g    | 7.69  | GS     |
| <b>FOODS OF ATHENRY</b>                 |                                |         |       |        |
| <i>Christmas 2019</i>                   |                                |         |       |        |
| BT151                                   | Christmas Cake - Gluten Free   | 600g    | 9.35  | GS     |
| BT148                                   | Very Fruity Mince Pies         | 280g    | 4.69  | GSV    |
| <b>FREE &amp; EASY</b>                  |                                |         |       |        |
| <i>Gluten &amp; Dairy Free</i>          |                                |         |       |        |
| BT072                                   | Chocolate Brownie Mix          | 350g    | 3.99  | GSV    |



| code  | product                        | size | rrp  | bfgov |
|-------|--------------------------------|------|------|-------|
|       | <b>CEREALS &amp; MUESLIS</b>   |      |      |       |
|       | <b>SUMA GRANOLA</b>            |      |      |       |
| MX213 | GF Berry Burst Granola         | 350g | 4.85 | G     |
|       | <b>SUMA MUESLI</b>             |      |      |       |
| MX211 | GF Multigrain Muesli - Organic | 500g | 3.25 | GOV   |
|       | <b>ALARA</b>                   |      |      |       |
|       | <i>Everyday Range</i>          |      |      |       |
| MX023 | Gluten Free Muesli - organic   | 250g | 3.29 | GOV   |
|       | <i>Into The Garden</i>         |      |      |       |
| MX236 | Active Muesli                  | 250g | 3.99 | GOV   |
| MX050 | Goji & Cranberry Muesli        | 450g | 3.99 | GOV   |
|       | <b>AMISA</b>                   |      |      |       |
| FX016 | Organic Porridge Oats          | 325g | 2.69 | GOV   |
|       | <b>BIOFAIR</b>                 |      |      |       |
| MX009 | Quinoa Pops Organic, FT        | 120g | 4.49 | GFO   |
|       | <b>DOVES FARM</b>              |      |      |       |
| MX019 | Cereal Flakes                  | 375g | 3.65 | GO    |
| MX988 | Chocolate Stars                | 300g | 2.85 | GV    |
| MX632 | Corn Flakes                    | 325g | 2.85 | GO    |
| MX171 | Fibre Flakes                   | 375g | 3.45 | GO    |
|       | <b>EAT NATURAL</b>             |      |      |       |
| MX241 | Super Granola - Gluten Free    | 425g | 3.80 | GS    |
| MX148 | Toasted Muesli - Buckwheat     | 500g | 3.49 | GS    |
| MX150 | Toasted Muesli - Vine Fruits   | 500g | 3.49 | GS    |
|       | <b>GLEBE FARM</b>              |      |      |       |
| MX039 | Granola Maple & Banana GF      | 325g | 2.99 | GS    |
| MX111 | Granola Org Oats GF            | 325g | 2.99 | GOS   |
| FX037 | Porridge Oats GF               | 450g | 2.49 | GV    |
| MX106 | Porridge Oats GF               | 450g | 2.79 | GOV   |
|       | <b>HODMEDOD'S</b>              |      |      |       |
| FX020 | Organic Puffed Quinoa          | 150g | 2.99 | GOV   |
|       | <b>KALLO</b>                   |      |      |       |
| MX124 | Puffed Rice Cereal - Natural   | 225g | 2.99 | GOV   |
|       | <b>LIZI'S</b>                  |      |      |       |
| MX181 | Gluten Free Granola            | 400g | 4.99 | GV    |
|       | <b>NAIRN'S</b>                 |      |      |       |
| MX152 | Gluten Free Porridge Oats      | 450g | 2.69 | G     |
| MX154 | Muesli - Gluten Free           | 450g | 3.15 | GSV   |
|       | <b>NATURES PATH ORGANIC</b>    |      |      |       |
| MX195 | Gluten Free O's                | 325g | 4.39 | GOS   |
| MX602 | Gorilla Munch                  | 300g | 3.95 | GOVS  |
| MX136 | Granola - Berry                | 312g | 4.89 | GOS   |
| MX074 | Granola - Pumpkin, Raisin, Alm | 312g | 4.89 | GOS   |
| MX194 | Maple Sunrise                  | 332g | 4.15 | GOS   |
| MX885 | Mesa Sunrise                   | 355g | 4.29 | GOSV  |
|       | <i>Envirokidz</i>              |      |      |       |
| MX079 | Choco Chimps                   | 284g | 3.99 | GOVS  |
|       | <b>NUTRI-BREX</b>              |      |      |       |
| MX237 | Wholegrain Cereal GF           | 375g | 5.05 | GSV   |
|       | <b>ORGRAN</b>                  |      |      |       |
| MX003 | Matcha & Coconut Cereal        | 200g | 4.25 | GV    |
| MX005 | Sugar Free Acai&Coconut Cereal | 200g | 4.25 | GV    |
|       | <b>PLANET ORGANIC</b>          |      |      |       |
| MX169 | Chocolate Bliss Paleo Granola  | 350g | 6.99 | GOSV  |
| MX165 | Super Berry Paleo Granola      | 350g | 6.99 | GOSV  |
|       | <b>PRIMROSE'S KITCHEN</b>      |      |      |       |
| MX126 | Banana & Turmeric Granola      | 300g | 5.99 | GOV   |
| MX109 | Beetroot & Ginger Muesli       | 300g | 5.99 | GOV   |
| MX104 | Carrot & Apple & Cinnamon Mues | 400g | 5.99 | GOV   |
| MX245 | Orange & Cashew Granola        | 300g | 5.99 | GOV   |
| MX012 | Pear & Apricot Bircher         | 300g | 3.49 | GOV   |

| <b>code</b> | <b>product</b>                        | <b>size</b> | <b>rrp</b> | <b>bfgosv</b> |
|-------------|---------------------------------------|-------------|------------|---------------|
|             | <b>RUDE HEALTH FOODS</b>              |             |            |               |
| MX208       | Sprouted Porridge Oats                | 500g        | 4.99       | GOV           |
|             | <i>Muesli</i>                         |             |            |               |
| MX089       | Coconut & Seed GF Muesli              | 500g        | 4.49       | GV            |
|             | <i>Puffs</i>                          |             |            |               |
| MX164       | Honey Puffed Oats                     | 240g        | 4.25       | G             |
| MX120       | Puffed Brown Rice                     | 225g        | 2.39       | GV            |
|             | <b>WHOLE EARTH</b>                    |             |            |               |
| MX172       | Classic Cornflakes - organic          | 375g        | 2.49       | GOSV          |
| MX174       | Maple Frosted Flakes - og             | 375g        | 3.29       | GOSV          |
|             | <b>CHEESE, NON DAIRY (CHILLED)</b>    |             |            |               |
|             | <b>BUTE ISLAND FOODS</b>              |             |            |               |
| CV141       | Blue Style Wedge                      | 200g        | 2.45       | GV            |
| CV820       | Garlic & Chive                        | 200g        | 2.45       | GV            |
| CV755       | Red Leicester Style                   | 200g        | 2.19       | GV            |
| CV294       | Smoked Cheddar                        | 200g        | 2.45       | GV            |
| CV288       | Strong Cheddar Wedge                  | 200g        | 2.39       | GV            |
|             | <b>KOKO DAIRY FREE</b>                |             |            |               |
| CV688       | Cheddar Cheese Alternative            | 200g        | 2.49       | GV            |
| CV715       | Soft Cheese Alternative               | 150g        | 1.99       | GV            |
|             | <b>TOFUTTI</b>                        |             |            |               |
| CV297       | Cheddar Style D/Free Slices           | 150g        | 2.29       | GSV           |
| CV396       | Creamy Smooth Garlic & Herb           | 225g        | 3.05       | GSV           |
| CV293       | Creamy Smooth Herb & Chives           | 225g        | 3.05       | GSV           |
| CV295       | Creamy Smooth Original                | 225g        | 3.05       | GSV           |
| CV601       | Grated Mozzarella style Cheese        | 200g        | 2.75       | GVS           |
| CV560       | Sour Supreme                          | 225g        | 3.05       | GV            |
|             | <b>CHOCOLATE</b>                      |             |            |               |
|             | <b>ANANDA FOODS</b>                   |             |            |               |
|             | <i>AVERAGE 6-8 WEEKS SHELF LIFE</i>   |             |            |               |
| KB330       | Gluten Free Round UP                  | 75g         | 2.99       | GVS           |
|             | <b>BEECH'S FINE CHOCOLATE</b>         |             |            |               |
| KB340       | Dark Chocolate Ginger                 | 100g        | 2.99       | GVS           |
|             | <b>BEECH'S FINE CHOCOLATES</b>        |             |            |               |
| KB375       | After Dinner Mints                    | 130g        | 3.99       | GVS           |
|             | <i>CHRISTMAS 2019</i>                 |             |            |               |
| KB458       | Chocolate Lime & Chilli Thins         | 150g        | 4.99       | GVS           |
| KB342       | Dark Choc Fruit Creams                | 150g        | 4.99       | GVS           |
| WS097       | Dark Chocolate Brazils                | 145g        | 5.99       | GVS           |
| KB471       | Dark Chocolate Coffee Creams          | 150g        | 4.99       | GVS           |
| WS096       | Dark Chocolate Ginger                 | 200g        | 6.49       | GVS           |
| KB366       | Dark Chocolate Marzipan               | 150g        | 4.99       | GVS           |
| WS098       | Dark Mint Creams                      | 150g        | 4.99       | GVS           |
| WS099       | Mint Crisp                            | 150g        | 4.49       | GVS           |
| WS100       | Rose & Violet Creams                  | 150g        | 4.99       | GVS           |
|             | <b>BOOJA BOOJA</b>                    |             |            |               |
|             | <i>Artist's Collection Gift Boxes</i> |             |            |               |
| KB927       | Fine De Champagne Truffles            | 185g        | 20.99      | GFOSV         |
| KB929       | Hazelnut Truffles                     | 185g        | 20.99      | GFOSV         |
|             | <i>Four Corners</i>                   |             |            |               |
| KB296       | Almond Salted Caramel Truffles        | 104g        | 7.35       | GOV           |
| KB790       | Around Midnight Espresso              | 104g        | 7.35       | GOSV          |
| KB550       | Hazelnut Truffles                     | 104g        | 7.35       | GOSV          |
| KB655       | The Gourmet Selection                 | 230g        | 17.79      | GOSV          |
|             | <i>Gift Boxes</i>                     |             |            |               |
| KB656       | Champagne Truffles                    | 138g        | 9.95       | GOSV          |
|             | <i>Gift Range</i>                     |             |            |               |
| KB622       | Fine De Champagne Truffles            | 138g        | 13.55      | GOSV          |
| KB623       | Hazelnut Truffles                     | 138g        | 13.55      | GOSV          |

| <b>code</b>                  | <b>product</b>                          | <b>size</b> | <b>rrp</b> | <b>bfgosv</b> |
|------------------------------|---|-------------|------------|---------------|
| KB624                        | Truffle Selection 1<br><i>Two Packs</i> | 138g        | 13.55      | GOSV          |
| KB507                        | Almond Salted Caramel Truffles          | 23g         | 1.34       | GOSV          |
| KB513                        | Hazelnut Crunch Truffles                | 23g         | 1.34       | GOSV          |
| <b>CHOCOLATE AND LOVE</b>    |   |             |            |               |
| <i>CHRISTMAS 2019</i>        |   |             |            |               |
| KB683                        | Panama light Turquoise Gift             | 160g        | 12.49      | FGOVS         |
| WS137                        | Rich Dark Gift Box 4 x 40G              | 160g        | 12.29      | FGOSV         |
| KB680                        | Sea Salt Gift Tin                       | 165g        | 13.49      | FGOS          |
| WS138                        | Vegan Gift Box 4 x 80g Bars             | 320g        | 16.99      | FGOSV         |
| <b>COCOA LIBRE</b>           |   |             |            |               |
| <i>CHRISTMAS 2019</i>        |   |             |            |               |
| KB539                        | Dark Choc Mint Penguin Cracker          | 50g         | 2.99       | GSV           |
| KB477                        | Dark Chocolate Mint Owls                | 100g        | 4.16       | GSV           |
| KB538                        | Mini Slab Gift Set                      | 120g        | 5.50       | GSV           |
| KB109                        | Penguin Lolly                           | 20g         | 1.19       | GSV           |
| KB560                        | Rice Milk Penguin Crackers              | 50g         | 2.99       | GSV           |
| <b>CONSCIOUS CHOCOLATE</b>   |   |             |            |               |
| ZX483                        | Chia & Coconut Raw Bar                  | 60g         | 2.99       | GOSV          |
| ZX485                        | Citrus Zest Raw Bar                     | 60g         | 2.99       | GOSV          |
| ZX487                        | Dark Side 75% Raw Bar                   | 60g         | 2.99       | GOSV          |
| ZX488                        | Dark Side 85% Raw Bar                   | 60g         | 2.99       | GOSV          |
| ZX491                        | Four Nuts Raw Bar                       | 60g         | 2.99       | GOSV          |
| ZX492                        | Goji & Coconut Raw Bar                  | 60g         | 2.99       | GOSV          |
| ZX493                        | Love Potion No 9 Raw Bar                | 60g         | 2.99       | GOSV          |
| ZX494                        | Maca & Spirulina Raw Bar                | 60g         | 2.99       | GOSV          |
| ZX497                        | Orange & Tangerine Raw Bar              | 60g         | 2.99       | GOSV          |
| ZX501                        | Peppermint Raw Bar                      | 60g         | 2.99       | GOSV          |
| ZX505                        | Sour Cherry Raw Bar                     | 60g         | 2.99       | GOSV          |
| <b>GOUPIE</b>                |   |             |            |               |
| <i>CHRISTMAS 2019</i>        |   |             |            |               |
| WS124                        | Chilli Goupie                           | 180g        | 4.49       | GSV           |
| WS125                        | Dark Chocolate & Lavender               | 180g        | 4.49       | GSV           |
| <i>Christmas 2019</i>        |   |             |            |               |
| KB041                        | Date and Walnut                         | 180g        | 4.49       | SVG           |
| <i>CHRISTMAS 2019</i>        |   |             |            |               |
| WS127                        | Espresso Goupie                         | 180g        | 4.49       | GSV           |
| WS128                        | Ginger Goupie                           | 180g        | 4.49       | GSV           |
| WS123                        | Lemon Meringue Goupie                   | 160g        | 4.49       | GSV           |
| WS126                        | Mint Goupie                             | 180g        | 4.49       | GSV           |
| ZX574                        | Salted Sticky Toffee                    | 180g        | 4.49       | GSV           |
| WS122                        | White Chocolate & Cardamom              | 160g        | 4.49       | GVS           |
| WS120                        | White Christmas Goupie                  | 160g        | 5.29       | GSV           |
| WS121                        | White Christmas Goupie Mini             | 75g         | 2.99       | GSV           |
| <b>KING MONTY</b>            |   |             |            |               |
| KB626                        | Pop Rice Tin                            | 130g        | 3.34       | GV            |
| KB605                        | Sunny Orange Tin                        | 130g        | 3.34       | GV            |
| <b>MIGHTY FINE HONEYCOMB</b> |   |             |            |               |
| <i>Dips</i>                  |   |             |            |               |
| KB837                        | Peanut Butter Choc Dips                 | 90g         | 1.99       | GS            |
| <b>MONTEZUMA'S</b>           |   |             |            |               |
| ZX707                        | Peanut Butter Truffle Bites             | 120g        | 2.79       | VSG           |
| KB145                        | Vegan Truffle Collection Box            | 195g        | 12.15      | GOSV          |
| <i>CHRISTMAS 2019</i>        |   |             |            |               |
| KB305                        | Absolute Black Truffle Snowman          | 110g        | 5.49       | VSG           |
| ZX454                        | Caramel Chocolate Snowballs             | 150g        | 3.99       | SG            |
| WS086                        | Like No Udder Advent Calendar           | 144g        | 8.49       | GOSV          |
| WS087                        | Milk Chocolate Truffle Snowman          | 110g        | 5.49       | GS            |
| ZX416                        | Snowballs, Milk Salted Peanut           | 150g        | 3.99       | SG            |

| code  | product                        | size    | rrp  | bfgosv |
|-------|--------------------------------|---------|------|--------|
|       | <i>Like No Udder</i>           |         |      |        |
| KB530 | Milk Alternative Bar           | 100g    | 2.79 | GOVS   |
| KB601 | Milk Choc/Orange Alternative   | 100g    | 2.79 | OSVGS  |
|       | <b>MOO FREE</b>                |         |      |        |
| KB958 | Caramelised Hazelnut Bar       | 100g    | 2.65 | GSV    |
| KB193 | Choccy Chum Surprise           | 20g     | 0.55 | GO     |
| ZX790 | Choccy Drops                   | 25g     | 0.89 | GOSV   |
| KB959 | Cranberry & Hazelnut Bar       | 100g    | 2.85 | GOSV   |
| KB812 | Dairy Free Milk Chocolate Bar  | 100g    | 2.70 | GOSV   |
| KB957 | Milk Alternative Banana Bar    | 100g    | 2.69 | GOSV   |
| KB226 | Mini Moos Santa Bar            | 32g     | 0.99 | GOSV   |
|       | <i>CHRISTMAS 2019</i>          |         |      |        |
| KB836 | Advent Calendar                | 100g    | 4.75 | OSVGS  |
| WS090 | Hammys Selection Box           | 135g    | 4.99 | GV     |
| WS089 | Mini Moos Orange Snowman       | 32g     | 0.99 | GOV    |
|       | <i>Gifting Range</i>           |         |      |        |
| KB400 | Hazelnut Truffles              | 108g    | 4.99 | GOSV   |
|       | <i>Marvellously Moreish</i>    |         |      |        |
| ZX398 | 65% Dark Bar                   | 80g     | 2.19 | GSOV   |
| ZX405 | 85% Dark Bar                   | 80g     | 2.19 | GSOV   |
| ZX636 | Cinder Toffee Bar              | 80g     | 2.19 | GSVO   |
| WS050 | Cocoa Chocolate Bar            | 80g     | 2.19 | GSOV   |
| WS051 | Sea Salt & Caramel Bar         | 80g     | 2.19 | GSOV   |
| WS052 | Sea Salt & Lime Bar            | 80g     | 2.19 | FGSO   |
|       | <i>Mini Moos</i>               |         |      |        |
| KB536 | Bunnycomb Bars - Singles       | 23g     | 0.69 | GOSV   |
| KB382 | Caramel Bars                   | 20g     | 0.69 | GOSV   |
| KB419 | Dairy Free Cheeky Orange Bar   | 20g     | 0.69 | GOSV   |
| KB166 | Hammy's Original Bar           | 20g     | 0.69 | GOSV   |
| KB966 | Mint Bars - Singles            | 20g     | 0.69 | GSOV   |
| KB398 | Strawberry Bar                 | 20g     | 0.69 | GOSV   |
|       | <b>MUMMY MEAGZ</b>             |         |      |        |
|       | <i>Vegan Rocky Road Bars</i>   |         |      |        |
| ZX698 | Mint Rocky Road Cake Bar       | 55g     | 2.15 | VSG    |
| ZX705 | Orange Rocky Road Bar          | 55g     | 2.15 | VSG    |
| ZX704 | Original Rocky Road Bar        | 55g     | 2.15 | SVG    |
| WS053 | Sea Salt& Honeycomb Rocky Road | 55g     | 2.15 | GVS    |
|       | <b>NUGO</b>                    |         |      |        |
| KB376 | D/Mint Choc Chip Protein Bar   | 50g     | 2.35 | SGV    |
| KB493 | Dark Choc Chip Protein Bar     | 50g     | 2.35 | GSV    |
| KB502 | Dark Choc Coconut Protein Bar  | 50g     | 2.35 | SGV    |
| KB399 | Dark Choc Mocha Protein Bar    | 50g     | 2.35 | GSV    |
| KB321 | Dark Peanut Butter Protein Bar | 50g     | 2.35 | VSG    |
|       | <i>With Protein</i>            |         |      |        |
| KB468 | D/Choc Pretzel Sea Salt Bar    | 50g     | 2.35 | VSG    |
|       | <b>OMBAR RAW CHOCOLATE</b>     |         |      |        |
|       | <i>70g Bars</i>                |         |      |        |
| ZX952 | Coco Almonds Raw Chocolate     | 70g     | 3.29 | GOV    |
| ZX953 | Coco Mylk                      | 70g     | 3.29 | GOV    |
| ZX639 | Coconut & Vanilla Centre       | 70g     | 3.29 | GOSV   |
| ZX641 | Pistachio Centre               | 70g     | 3.29 | GOSV   |
| ZX644 | Raspberry & Coconut            | 70g     | 3.29 | GOSV   |
| ZX951 | Raw Cacao 72%                  | 70g     | 3.29 | GOV    |
|       | <b>PLAYIN CHOC</b>             |         |      |        |
| ZX735 | 5 Pieces of Dark Chocolate     | 50g     | 2.55 | GSOV   |
| ZX736 | 5 Pieces of Light M*lk Choc    | 50g     | 2.55 | GSOV   |
| ZX138 | 5 Pieces of Playin Chocolate   | 50g     | 2.55 | GSOV   |
| ZX094 | Box of 10 Playin Chocolates    | 100g    | 3.82 | FSGVO  |
|       | <i>CHRISTMAS 2019</i>          |         |      |        |
| WS088 | Christmas Series Surprise      | 2 x 10g | 3.25 | GOSV   |

| <b>code</b>                          | <b>product</b>                 | <b>size</b> | <b>rrp</b> | <b>bfgosv</b> |
|--------------------------------------|--------------------------------|-------------|------------|---------------|
| WS005                                | Dinosaur Series Surprise       | 2 x 10g     | 2.55       | GOSV          |
| WS133                                | Endangered Animal Surprise     | 1           | 3.25       | GOSV          |
| <b>RHYTHM 108</b>                    |                                |             |            |               |
| KB506                                | Hazelnut Praline Chocolate Bar | 33g         | 1.55       | GVOS          |
| KB336                                | Super Coconut Swiss Choc Bar   | 33g         | 1.55       | GSOV          |
| KB276                                | Sweet N Salty Almond Choc Bar  | 33g         | 1.55       | GOSV          |
| <b>SO FREE</b>                       |                                |             |            |               |
| <i>CHRISTMAS 2019</i>                |                                |             |            |               |
| ZX031                                | Alt White Choc Advent Calendar | 100g        | 4.99       | GOSV          |
| ZX043                                | Milk Alt Advent Calendar       | 110g        | 4.99       | GOSV          |
| ZX028                                | NAS Milk Alternative Santa Bar | 20g         | 1.10       | GOSV          |
| ZX019                                | NAS Mint Snowman Tray          | 30g         | 1.99       | GV            |
| ZX137                                | NAS Reindeer Gift Box          | 55g         | 3.55       | SVGO          |
| ZX045                                | Organic Snowmen Tray           | 30g         | 1.99       | GOSV          |
| ZX040                                | Penguin Box With Choc Buttons  | 65g         | 3.49       | GOV           |
| ZX134                                | Polar Bear Gift Box            | 55g         | 3.55       | GOV           |
| <i>No Added Sugar Large Bars</i>     |                                |             |            |               |
| ZX915                                | No Added Sugar 72% Dark Choc   | 80g         | 2.75       | GV            |
| ZX917                                | No Added Sugar Hemp D/Choc     | 70g         | 2.75       | GV            |
| ZX919                                | No Added Sugar Mint Dark Choc  | 80g         | 2.75       | SGV           |
| <i>Organic Large Bars</i>            |                                |             |            |               |
| ZX921                                | Extra Dark 87% Chocolate       | 80g         | 2.75       | OSVG          |
| ZX920                                | F/trade Milk Choc Alternative  | 80g         | 2.75       | OGVS          |
| ZX923                                | Intense Mint 60% Chocolate     | 80g         | 2.75       | SVOG          |
| ZX924                                | Tropical Orange Chocolate      | 80g         | 2.75       | OSVG          |
| ZX926                                | White Chocolate                | 70g         | 2.75       | GSOV          |
| <b>SUPERNATURE</b>                   |                                |             |            |               |
| KB210                                | Chocolate covered Hazelnuts    | 40g         | 2.29       | GOSV          |
| KB213                                | Hazelnut Clusters              | 34g         | 2.29       | GOSV          |
| KB214                                | Peanut Butter Cups             | 40g         | 2.29       | GOSV          |
| KB217                                | Raspberry Chocolate Raisins    | 40g         | 2.29       | GOSV          |
| <b>THE RAW CHOCOLATE CO</b>          |                                |             |            |               |
| KB307                                | Cacao Nibs                     | 150g        | 4.20       | GOV           |
| <i>Bulk</i>                          |                                |             |            |               |
| ZX741                                | Goji Berries                   | 10kg        |            | GFVO          |
| <i>Raw Chocolate Coated Snacks</i>   |                                |             |            |               |
| KB054                                | Chocolate Covered Mulberries   | 125g        | 5.99       | GOV           |
| KB053                                | Goji Berries                   | 125g        | 5.99       | GFOV          |
| ZX884                                | Raw Chocolate Covered Almonds  | 25g         | 1.79       | GOSV          |
| ZX885                                | Raw Chocolate Covered Ginger   | 28g         | 1.79       | GOSV          |
| <b>CHOCOLATE &amp; SWEET SPREADS</b> |                                |             |            |               |
| <b>COCOFINA</b>                      |                                |             |            |               |
| GH136                                | Hazelnut Chocolate Spread -Org | 200g        | 4.99       | GOSV          |
| <b>SO FREE</b>                       |                                |             |            |               |
| GH223                                | Milk Choc Spread (Dairy Free)  | 275g        | 3.15       | OSGV          |
| GH225                                | Rich Dark Chocolate Spread     | 275g        | 3.15       | OVGS          |
| <b>CHOCOLATES (CHILLED)</b>          |                                |             |            |               |
| <b>BOOJA BOOJA</b>                   |                                |             |            |               |
| <i>Chilled Chocolate</i>             |                                |             |            |               |
| CV194                                | Almond Caramel Truffles        | 69g         | 3.99       | GOSV          |
| CV179                                | Dark Ecuadorian Truffles       | 69g         | 5.29       | GOSV          |
| CV185                                | Espresso Truffles              | 69g         | 3.99       | GSOV          |
| CV195                                | Fine De Champagne Truffles     | 69g         | 3.99       | GOSV          |
| CV196                                | Hazelnut Crunch Truffles       | 69g         | 3.99       | GOSV          |
| CV189                                | Honeycomb Caramel Truffle      | 69g         | 3.99       | GSOV          |
| CV190                                | Raspberry Truffles             | 69g         | 5.29       | GOSV          |
| CV192                                | Toffee Strudel Truffle         | 69g         | 3.99       | GSOV          |
| <i>Gift Boxes</i>                    |                                |             |            |               |
| CV197                                | Almond Caramel Choc Truffles   | 138g        | 8.89       | GOSV          |

| code  | product                         | size   | rrp   | bfgosv |
|-------|---------------------------------|--------|-------|--------|
| CV198 | Fin De Champagne Choc Truffles  | 138g   | 8.89  | GOSV   |
| CV199 | Hazelnut Crunch Choc Truffles   | 138g   | 8.89  | GOV    |
| CV200 | The Wonderbox                   | 230g   | 18.35 | GOSV   |
| CV202 | Truffle Selection No.3          | 138g   | 8.89  | GOSV   |
|       | <i>Gift Range</i>               |        |       |        |
| CV299 | Truffle Selection 2             | 138g   | 13.55 | GOSV   |
|       | <i>Two Packs</i>                |        |       |        |
| CV212 | Almond Salted Caramel Truffles  | 2 pack | 1.36  | GOV    |
| CV218 | Fine De Champagne Truffles      | 2 pack | 1.36  | GOV    |
| CV219 | Hazelnut Crunch Truffles        | 2 pack | 1.35  | GOV    |
|       | <b>CIDERS</b>                   |        |       |        |
|       | <b>DUNKERTONS</b>               |        |       |        |
| RT054 | Organic Craft Cider             | 500ml  | 2.89  | FGOSV  |
| RT053 | Premium Reserve Organic Cider   | 500ml  | 2.89  | FGOSV  |
|       | <b>COCOA</b>                    |        |       |        |
|       | <b>FUDGE KITCHEN</b>            |        |       |        |
|       | <i>Vegan Gifts</i>              |        |       |        |
| WS102 | Dairy Free Mug Set              | 80g    | 11.99 | GSV    |
| WS109 | Drinking Fudge Cube             | 210g   | 7.99  | GVS    |
|       | <b>MONTEZUMA'S</b>              |        |       |        |
| TE167 | Ginger & Orange Drinking Choc   | 250g   | 6.29  | GOVS   |
|       | <b>CONVENIENCE FOODS</b>        |        |       |        |
|       | <b>AMY'S KITCHEN</b>            |        |       |        |
| VF008 | Medium Chilli                   | 416g   | 2.65  | GV     |
| VF009 | Spicy Chilli                    | 416g   | 2.65  | GV     |
|       | <b>ARTISAN GRAINS</b>           |        |       |        |
| VF213 | Nut Roast - Cashew & Cranberry  | 200g   | 2.99  | VG     |
|       | <b>GRANOVITA</b>                |        |       |        |
| VF036 | Nut Luncheon                    | 420g   | 2.85  | GV     |
|       | <b>LOMA LINDA</b>               |        |       |        |
| VF035 | Tuno - In Spring Water          | 142g   | 1.79  | GV     |
| VF026 | Tuno - Thai Sweet Chilli        | 142g   | 1.79  | GV     |
| VF022 | Tuno Mayo                       | 142g   | 1.80  | GV     |
|       | <i>Ready Meals</i>              |        |       |        |
| VF027 | Spicy Pad Thai                  | 284g   | 3.99  | GSV    |
| VF028 | Thai Green Curry                | 284g   | 3.99  | GSV    |
| VF016 | Tikka Masala                    | 284g   | 3.99  | GSV    |
|       | <b>MARIGOLD</b>                 |        |       |        |
| SY157 | Mo-Du Braised Seitan Slices     | 225g   | 2.35  | GSV    |
| SY154 | Tempeh - Cans                   | 170g   | 3.09  | GV     |
| SY156 | Tunah - Cans                    | 170g   | 3.09  | GSV    |
|       | <b>ST DALFOUR FRENCH BISTRO</b> |        |       |        |
| VF605 | Three Beans with Sweetcorn      | 175g   | 2.29  | GV     |
|       | <b>CRISPS &amp; SNACKS</b>      |        |       |        |
|       | <b>AMAIZIN</b>                  |        |       |        |
| ZX589 | Bio Corn Chips Nachos           | 150g   | 2.29  | GOS    |
| ZX482 | Rice Paper Organic              | 110g   | 1.99  | GOV    |
| WS070 | Taco Sauce Hot - Organic        | 220g   | 2.29  | GOV    |
| WS069 | Taco Sauce Mild - Organic       | 220g   | 2.29  | GOV    |
|       | <b>APE SNACKS</b>               |        |       |        |
| ZX504 | Coconut Bites Chocolate         | 26g    | 1.69  | GVS    |
|       | <b>BROWN BAG CRISPS</b>         |        |       |        |
|       | <i>Impulse</i>                  |        |       |        |
| ZX266 | Lightly Salted                  | 40g    | 0.75  | GV     |
| ZX268 | Oak Smoked Chilli               | 40g    | 0.75  | GSV    |
| ZX206 | Rosemary & Sea Salt             | 40g    | 0.75  | GSV    |
| ZX267 | Sea Salt and Vinegar            | 40g    | 0.75  | GS     |
| ZX265 | West Country Cheddar & Onion    | 40g    | 0.75  | GS     |

| <b>code</b> | <b>product</b>                 | <b>size</b> | <b>rrp</b> | <b>bfgosv</b> |
|-------------|--------------------------------|-------------|------------|---------------|
|             | <i>Sharing</i>                 |             |            |               |
| ZX270       | Lightly Salted                 | 150g        | 1.95       | GV            |
| ZX108       | Rosemary & Sea Salt            | 150g        | 1.95       | GSV           |
|             | <b>CLEARSPRING</b>             |             |            |               |
| ZX216       | Roasted Seeds & Soya Snack     | 35g         | 0.99       | GOV           |
| ZX226       | Tamari Roast Sicilian Almonds  | 30g         | 1.69       | GOV           |
|             | <b>EAT REAL</b>                |             |            |               |
|             | <i>Hummus Chips - Impulse</i>  |             |            |               |
| ZX242       | Hummus Chilli Cheez Chips      | 45g         | 0.79       | GSV           |
| ZX198       | Hummus Sour Cream Chips        | 45g         | 0.79       | GSV           |
| ZX162       | Humus Chilli & Lemon Chips     | 45g         | 0.79       | GSV           |
| ZX163       | Humus Creamy Dill Chips        | 45g         | 0.79       | GV            |
| ZX161       | Humus Sea Salted Chips         | 45g         | 0.79       | GV            |
| ZX160       | Humus Tomato & Basil Chips     | 45g         | 0.79       | GSV           |
|             | <i>Hummus Chips - Sharing</i>  |             |            |               |
| ZX237       | Hummus Chilli Cheez            | 135g        | 1.79       | GSV           |
| ZX326       | Hummus Sour Cream Chips        | 135g        | 1.79       | GSV           |
| ZX125       | Humus Chilli Lemon Chips       | 135g        | 1.79       | GSV           |
| ZX127       | Humus Creamy Dill Chips        | 135g        | 1.79       | GSV           |
| ZX124       | Humus Sea Salt Chips           | 135g        | 1.79       | GV            |
| ZX121       | Humus Tomato & Basil Chips     | 135g        | 1.79       | GSV           |
|             | <i>Kale - Sharing</i>          |             |            |               |
| ZX057       | Veggie & Kale Straws           | 113g        | 1.59       | GSV           |
|             | <i>Lentil Chips - Impulse</i>  |             |            |               |
| ZX169       | Lentil Chilli & Lemon Chips    | 40g         | 0.79       | GV            |
| ZX740       | Lentil Chips Mango & Mint      | 40g         | 0.79       | GSV           |
| ZX170       | Lentil Creamy Dill Chips       | 40g         | 0.79       | GSV           |
| ZX165       | Lentil Sea Salted Chips        | 40g         | 0.79       | GV            |
| ZX168       | Lentil Tomato & Basil Chips    | 40g         | 0.79       | GSV           |
|             | <i>Lentil Chips - Sharing</i>  |             |            |               |
| ZX135       | Lentil Chips Chilli Lemon      | 113g        | 1.79       | GSV           |
| ZX883       | Lentil Chips Creamy Dill       | 113g        | 1.79       | GSV           |
| ZX737       | Lentil Chips Mango & Mint      | 113g        | 1.79       | GSV           |
| ZX128       | Lentil Chips Sea Salt          | 113g        | 1.79       | GSV           |
| ZX130       | Lentil Chips Tomato Basil 113g | 113g        | 1.79       | GSV           |
|             | <i>Multi Pack</i>              |             |            |               |
| ZX027       | Hummus, Lentil, Quinoa Multi   | 116g        | 2.39       | GVS           |
| ZX742       | Kiddies Veggie Straw Multipack | 5 x 20g     | 2.29       | GSV           |
|             | <i>Organic - Sharing</i>       |             |            |               |
| ZX215       | Hummus Sea Salt Chips - Org    | 100g        | 2.29       | GOV           |
| ZX214       | Lentil Sea Salt Chips - Org    | 100g        | 2.29       | GOV           |
| ZX213       | Veggie Straws - Organic        | 100g        | 2.29       | GOSV          |
|             | <i>Potato Straws</i>           |             |            |               |
| ZX109       | Potato Cheez Straws            | 45g         | 0.69       | GSV           |
| ZX190       | Potato Cheez Straws            | 113g        | 1.89       | GSV           |
|             | <i>Quinoa Chips - Impulse</i>  |             |            |               |
| ZX041       | Quinoa Chilli & Lime Chips     | 30g         | 0.79       | GV            |
| ZX007       | Quinoa Cream & Chive Chips     | 30g         | 0.79       | GV            |
| ZX263       | Quinoa Paprika Chips           | 30g         | 0.79       | GSV           |
| ZX479       | Quinoa Sweet Chilli Chips      | 30g         | 0.79       | GSV           |
| ZX046       | Quinoa Tomato & Garlic Chips   | 30g         | 0.79       | GV            |
|             | <i>Quinoa Chips - Sharing</i>  |             |            |               |
| ZX311       | Quinoa Chips Chilli Lime       | 80g         | 1.79       | GSV           |
| ZX315       | Quinoa Chips Cream & Chives    | 80g         | 1.79       | GSV           |
| ZX314       | Quinoa Chips Tomato & Garlic   | 80g         | 1.79       | GSV           |
| ZX264       | Quinoa Paprika Chips           | 80g         | 1.79       | GSV           |
| ZX327       | Quinoa Sweet Chilli Chips      | 80g         | 1.79       | GSV           |
|             | <i>Quinoa Puffs - Sharing</i>  |             |            |               |
| ZX880       | Quinoa Kale Puffs Jalapeno     | 113g        | 1.99       | GSV           |

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|------------------------|---------------------------------|-------------|------------|---------------|
| ZX881                  | Quinoa Kale Puffs with Cheese   | 113g        | 1.99       | GSV           |
| ZX878                  | Quinoa Puffs Cheddar Cheese     | 113g        | 1.99       | GS            |
| ZX879                  | Quinoa Puffs Cheese Jalapeno    | 113g        | 1.99       | GS            |
| ZX537                  | Quinoa Puffs Mediterranean      | 113g        | 1.99       | GSV           |
| <b>FAIRFIELDS FARM</b> |                                 |             |            |               |
|                        | <i>Potato Crisps</i>            |             |            |               |
| ZX120                  | Bacon & Tomato Crisps           | 40g         | 0.69       | GV            |
| <b>GARCIA</b>          |                                 |             |            |               |
|                        | <i>Crackers</i>                 |             |            |               |
| ZX445                  | Beetroot Crackers               | 180g        | 4.59       | GV            |
| ZX760                  | Crackers - Kale                 | 180g        | 4.59       | GV            |
| ZX761                  | Crackers - Sweet Potato         | 180g        | 4.59       | GV            |
|                        | <i>Sharing Bag</i>              |             |            |               |
| ZX461                  | Blue Corn Tortilla Chips - Org  | 150g        | 2.59       | OVG           |
| ZX200                  | Veggie Mix Tortilla - Org       | 150g        | 2.59       | GOV           |
| <b>HIPPEAS</b>         |                                 |             |            |               |
| ZX090                  | Chilli Haze Puffs               | 22g         | 1.09       | GOSV          |
| ZX178                  | In Herbs We Trust Puffs         | 22g         | 1.09       | GOSV          |
| ZX538                  | Salt & Vinegar Vibes Puffs      | 22g         | 1.09       | GOSV          |
| ZX177                  | Sweet & Smokin' Puffs           | 22g         | 1.09       | GOSV          |
| ZX179                  | Take It Cheesy Puffs            | 22g         | 1.09       | GOSV          |
|                        | <i>Large Bags</i>               |             |            |               |
| ZX070                  | Chilli Haze Puffs               | 78g         | 2.29       | GOSV          |
| ZX171                  | In Herbs We Trust               | 78g         | 2.29       | GOSV          |
| ZX600                  | Salt & Vinegar Vibes Puffs      | 78g         | 2.29       | GOSV          |
| ZX166                  | Sweet & Smokin' Puffs           | 78g         | 2.29       | GOVS          |
| ZX188                  | Take It Cheesy Puffs            | 78g         | 2.29       | GOSV          |
| <b>KETTLE CHIPS</b>    |                                 |             |            |               |
|                        | <i>Sharing Bags</i>             |             |            |               |
| ZX383                  | Beetroot Slices & Goats Cheese  | 100g        | 2.79       | GS            |
| ZX394                  | Sweet Potato & Smoked Chipotle  | 100g        | 2.79       | SG            |
| <b>LEAFY</b>           |                                 |             |            |               |
| BT315                  | Kale Crisps - Original          | 12g         | 1.79       | GSV           |
| BT323                  | Kale Crisps - Tomato & Oregano  | 12g         | 1.79       | GSV           |
| <b>LUKE'S ORGANICS</b> |                                 |             |            |               |
| ZX500                  | Ancient Grain Multigrain Chips  | 142g        | 2.95       | GOV           |
| ZX490                  | Blue Corn Multigrain Chips      | 142g        | 2.95       | GOV           |
| <b>METCALFE'S</b>      |                                 |             |            |               |
| BT101                  | Corn Chips Sizzlin' BBQ         | 22g         | 0.59       | GSV           |
| BT100                  | Skinny Popcorn Sweet 'n Salt    | 20g         | 0.45       | GS            |
| <b>NAIRN'S</b>         |                                 |             |            |               |
| ZX338                  | Original Flatbread              | 150g        | 2.09       | GS            |
| ZX080                  | Popped Oat Chips BBQ            | 20g         | 0.69       | GV            |
| ZX106                  | Popped Oat Chips Salt & Vinegar | 20g         | 0.69       | GV            |
| ZX107                  | Popped Oat Chips Sour Cream     | 20g         | 0.69       | G             |
| ZX335                  | Sea Salt & Rosemary Flatbread   | 150g        | 2.09       | GS            |
| ZX210                  | Snackers - Cheese               | 23g         | 0.59       | G             |
| <b>PIPERS CRISPS</b>   |                                 |             |            |               |
|                        | <i>Impulse Bag</i>              |             |            |               |
| ZX292                  | Anglesey Sea Salt               | 40g         | 0.79       | GV            |
| ZX293                  | Arreton Tomato Potato Crisps    | 40g         | 0.79       | GSV           |
| ZX423                  | Biggleswade Sweet Chilli        | 40g         | 0.79       | GSV           |
| ZX379                  | Jalapeno & Dill                 | 40g         | 0.79       | GSV           |
| ZX295                  | Karnataka BI Pepp & Sea Salt    | 40g         | 0.79       | GSV           |
| ZX297                  | Lye Cross Cheddar & Onion       | 40g         | 0.79       | GS            |
| ZX296                  | Somerset Cider Vinegar/Salt     | 40g         | 0.79       | GS            |
| ZX434                  | Wild Thyme & Rosemary           | 40g         | 0.79       | GSV           |
|                        | <i>Sharing Bag</i>              |             |            |               |
| ZX291                  | Anglesey Sea Salt               | 150g        | 2.09       | GV            |
| ZX382                  | Jalapeno & Dill                 | 150g        | 2.09       | GSV           |



| <b>code</b>                           | <b>product</b>  | <b>size</b> | <b>rrp</b> | <b>bfgosv</b> |
|---------------------------------------|---|-------------|------------|---------------|
| ZX289                                 | Lye Cross Cheddar & Onion                                 | 150g        | 2.09       | GS            |
| ZX283                                 | Sea Salt & Somerset Cider V'gr                            | 150g        | 2.09       | GS            |
| ZX436                                 | Wild Thyme & Rosemary                                     | 150g        | 2.09       | GSV           |
| <b>PROPERCHIPS</b>                    |   |             |            |               |
| ZX725                                 | Barbecue  | 20g         | 0.79       | GSV           |
| ZX726                                 | Sea Salt  | 20g         | 0.79       | GSV           |
| ZX728                                 | Sour Cream & Chive  | 20g         | 0.79       | GSV           |
| ZX727                                 | Sweet Sriracha Chillli                                    | 20g         | 0.79       | GSV           |
| <b>QWRKEE</b>                         |   |             |            |               |
| ZX553                                 | Maple Bacon Jerky   | 70g         | 2.99       | GSV           |
| ZX572                                 | Smoked Black Pepper Jerky                                 | 70g         | 2.99       | GSV           |
| ZX578                                 | Sriracha Hot Chillli Jerky                                | 70g         | 2.99       | GSV           |
| ZX551                                 | Sweet & Spicy BBQ Jerky                                   | 70g         | 2.99       | GSV           |
| <b>RUDE HEALTH</b>                    |   |             |            |               |
| ZX320                                 | Cornitas - Black Bean                                     | 90g         | 2.19       | GV            |
| ZX317                                 | Cornitas - Black Bean                                     | 30g         | 0.99       | GV            |
| ZX322                                 | Cornitas - Chickpea & Lentil                              | 90g         | 2.19       | GV            |
| ZX348                                 | Cornitas - Chickpea & Lentil                              | 30g         | 0.99       | GV            |
| <b>SCOTT FARM CHIP COMPANY</b>        |   |             |            |               |
| BT441                                 | Cheddar Cheese & Chive Chips                              | 40g         | 0.74       | G             |
| <b>TEN ACRE CRISPS</b>                |   |             |            |               |
| ZX556                                 | Cheese & Onion  | 40g         | 0.80       | GV            |
| ZX559                                 | Hickory & BBQ Crisps                                      | 40g         | 0.80       | GV            |
| ZX554                                 | Ready Salted Crisps                                       | 40g         | 0.80       | GV            |
| ZX557                                 | Salt & Vinegar  | 40g         | 0.80       | GV            |
| ZX566                                 | Sweet Chillli Crisps                                      | 40g         | 0.80       | GV            |
| <b>TRAFO</b>                          |   |             |            |               |
| ZX359                                 | Chickpea Flips  | 75g         | 2.75       | GOV           |
| ZX299                                 | Lentil Flips  | 75g         | 2.75       | GOV           |
| ZX343                                 | Pea Flips   | 75g         | 2.75       | GOV           |
| <b>TYRRELLS</b>                       |   |             |            |               |
| ZX978                                 | <i>Potato Chips - Sharing</i><br>Black Truffle & Sea Salt | 150g        | 2.29       | GVS           |
| ZX658                                 | <i>Vegetable Chips</i><br>Mixed Roots                     | 40g         | 1.49       | GV            |
| ZX388                                 | Mixed Roots   | 125g        | 3.39       | GV            |
| <b>DESSERTS</b>                       |   |             |            |               |
| <b>BARKAT</b>                         |   |             |            |               |
| VF135                                 | GF Waffle Ice Cream Cones                                 | 150g        | 3.99       | GS            |
| <b>DENISE'S DELICIOUS GLUTEN FREE</b> |   |             |            |               |
| BT402                                 | <i>Christmas 2019</i><br>Luxury GF Christmas Puddings     | 350g        | 7.69       | GS            |
| <b>FOODS OF ATHENRY</b>               |   |             |            |               |
| BT226                                 | <i>Christmas 2019</i><br>Christmas Pudding                | 200g        | 6.19       | GS            |
| BT150                                 | <i>XMAS 2018</i><br>Christmas Pudding Gluten Free         | 400g        | 9.35       | GS            |
| <b>LILLYPUDS</b>                      |   |             |            |               |
| BT091                                 | <i>Christmas 2019</i><br>Fine GF Christmas Pudding        | 454g        | 11.35      | GS            |
| BT088                                 | Fine GF Christmas Pudding                                 | 2 x 120g    | 7.89       | GS            |
| BT306                                 | Traditional Christmas pudding                             | 454g        | 11.35      | GSV           |
| <b>NATURE'S CHARM</b>                 |   |             |            |               |
| SY079                                 | Coconut Caramel Sauce                                     | 200g        | 2.99       | GSV           |
| <b>PROVAMEL</b>                       |   |             |            |               |
| SY040                                 | Soya alternative to Cream                                 | 250ml       | 1.15       | GOV           |
| SY645                                 | Soya Dessert - Caramel                                    | 4 x 125g    | 2.09       | GSOV          |
| SY780                                 | Soya Dessert - Chocolate                                  | 4 x 125g    | 2.09       | GOSV          |
| SY195                                 | Soya Dessert - Vanilla                                    | 4 x 125g    | 2.09       | GOSV          |
| <b>SOJADE</b>                         |   |             |            |               |
| SY106                                 | Rice Cream - Organic                                      | 200ml       | 0.67       | GOV           |

| code                                     | product                        | size     | rrp   | bfgosv |
|--|--------------------------------|----------|-------|--------|
| <b>DESSERTS &amp; PUDDINGS (CHILLED)</b> |                                |          |       |        |
| <b>FREAKS OF NATURE</b>                  |                                |          |       |        |
| CV068                                    | Cherry Bakewell Sponge         | 100g     | 2.29  | VG     |
| CV759                                    | Chocolate Caramel Cheesecake   | 90g      | 2.29  | GV     |
| CV785                                    | Chocolate Fudge Hot Pudding    | 100g     | 2.29  | GSV    |
| CV757                                    | Double Chocolate Ganache       | 90g      | 2.29  | GV     |
| CV784                                    | Hot Sticky Toffee Pudding      | 100g     | 2.29  | GSV    |
| CV060                                    | Lemon Sponge                   | 100g     | 2.29  | VG     |
| <b>DESSERTS, NON-DAIRY (FROZEN)</b>      |                                |          |       |        |
| <b>FOOD HEAVEN</b>                       |                                |          |       |        |
| <i>Dairy-Free Ice Cream</i>              |                                |          |       |        |
| XL328                                    | No Worries Strawb. Ice Cream   | 500ml    | 3.99  | GV     |
| XL294                                    | Raspberry & Mango Ice Cream    | 900ml    | 4.19  | GV     |
| <i>Lollies</i>                           |                                |          |       |        |
| XL239                                    | Little Cherubs Swirl Lollies   | 4 x 80ml | 3.19  | GV     |
| XL330                                    | Lolly Tots Assorted Lollies    | 8 x 35ml | 3.19  | GV     |
| <b>NATURLI</b>                           |                                |          |       |        |
| XL044                                    | Strawberry Swirl Ice Cream     | 500ml    | 4.59  | GSV    |
| <b>DRINKS (CHILLED)</b>                  |                                |          |       |        |
| <b>CALIFIA FARMS</b>                     |                                |          |       |        |
| CV824                                    | Chocolate Coconut Almond Milk  | 750ml    | 2.50  | GSV    |
| CV822                                    | Cocoa Noir Cold Brew Coffee    | 310ml    | 1.99  | GSV    |
| CV823                                    | Unsweetened Almond Milk        | 750ml    | 2.50  | GSV    |
| CV821                                    | XX Espresso Cold Brew Coffee   | 310ml    | 1.99  | GSV    |
| <b>PUREARTH</b>                          |                                |          |       |        |
| <i>Sparkling Kefir</i>                   |                                |          |       |        |
| CV144                                    | Ginger & Lemon                 | 250ml    | 2.99  | GOV    |
| CV140                                    | Hibiscus & Lime                | 250ml    | 2.99  | GOV    |
| CV148                                    | Lemon & Spirulina              | 250ml    | 2.99  | GOV    |
| CV161                                    | Passionfruit & Turmeric        | 250ml    | 2.99  | GOV    |
| <b>SOJADE</b>                            |                                |          |       |        |
| CV264                                    | Blueberry & Cherry Soya Kefir  | 250ml    | 1.79  | GOV    |
| CV268                                    | Natural Organic Soya Kefir     | 250ml    | 1.75  | GOV    |
| <b>FAR EASTERN FOOD</b>                  |                                |          |       |        |
| <b>CLEARSPRING</b>                       |                                |          |       |        |
| JP103                                    | Teriyaki Sauce - Organic & GF  | 150ml    | 3.99  | GOSV   |
| JP026                                    | Tofu                           | 300g     | 1.95  | GOV    |
| JP095                                    | Umeboshi Plum Seasoning        | 500ml    | 6.49  | GOV    |
| <i>Noodles</i>                           |                                |          |       |        |
| JP054                                    | Brown Rice Wide Noodles - GF   | 200g     | 3.15  | GOV    |
| <i>Sea Veg</i>                           |                                |          |       |        |
| JP106                                    | Seaveg Crispies - Black Pepper | 8g       | 1.99  | GOV    |
| JP082                                    | Seaveg Crispies - Original     | 5g       | 0.99  | GOSV   |
| JP104                                    | Seaveg Crispies - Original     | 8g       | 1.59  | GOV    |
| JP035                                    | Seaveg Crispies - Turmeric     | 4g       | 1.15  | GOV    |
| JP083                                    | Seaveg Crispies Multipack-Orig | 3 x 5g   | 2.49  | GOSV   |
| JP094                                    | Seaveg Crispies Multipack-Turm | 3 x 4g   | 1.94  | GOV    |
| JP085                                    | Seaveg Crispies Multipk-Chilli | 3 x 5g   | 2.59  | GOSV   |
| <i>Soya Sauce</i>                        |                                |          |       |        |
| JP130                                    | Tamari Soy Sauce               | 150ml    | 3.49  | GOV    |
| JP098                                    | Tamari Soya Sauce              | 150ml    | 2.69  | GOV    |
| JP099                                    | Tamari Soya Sauce              | 250ml    | 3.69  | GOV    |
| JP001                                    | Tamari Soya Sauce              | 2.5l     | 44.99 | GOV    |
| JP501                                    | Tamari Soya Sauce              | 500ml    | 9.79  | GOV    |
| <b>KING SOBA</b>                         |                                |          |       |        |
| WT061                                    | Og Coconut Tahini Ramen Noodle | 105g     | 2.29  | GOV    |
| WT064                                    | Og Laksa Red Curry Ramn Noodle | 105g     | 2.29  | GOV    |
| WT063                                    | Og Red Thai Curry Ramen Noodle | 105g     | 2.29  | GOV    |
| WT062                                    | Og Tamari Miso Ramen Noodles   | 105g     | 2.29  | GOV    |

| code  | product                               | size  | rrp   | bfgosv |
|-------|---------------------------------------|-------|-------|--------|
|       | <b>KING SOBA NOODLE CULTURE</b>       |       |       |        |
| WT042 | Brown Rice Ramen Noodle Kit           | 190g  | 3.49  | GOV    |
| WT034 | Buckwheat Ramen Noodle Kit            | 190g  | 3.49  | GOV    |
|       | <b>MERIDIAN</b>                       |       |       |        |
| JP309 | Tamari                                | 150ml | 2.99  | GV     |
| JP310 | Tamari                                | 500ml | 5.99  | GV     |
| JP058 | Tamari                                | 5l    | 39.33 | GV     |
|       | <i>Cooking Sauce</i>                  |       |       |        |
| VF033 | Peanut Satay                          | 350g  | 2.59  | GV     |
| VF013 | Thai Peanut                           | 350g  | 2.59  | GV     |
|       | <b>THAI TASTE</b>                     |       |       |        |
| VF178 | Basil Leaves                          | 114g  | 2.05  | GV     |
| VF174 | Galangal                              | 114g  | 1.65  | GV     |
| VF319 | Green Curry Paste                     | 114g  | 1.89  | GV     |
| VF198 | Kaffir Lime Leaves                    | 114g  | 1.65  | GV     |
| VF171 | Red Curry Paste                       | 114g  | 1.89  | GV     |
| VF258 | Sriracha Chilli Sauce                 | 450ml | 2.25  | GSV    |
| VF199 | Tamarind Paste                        | 130g  | 1.69  | GSV    |
| VF159 | Vegan 'Fish' Sauce                    | 180ml | 1.99  | GV     |
|       | <b>YAKSO</b>                          |       |       |        |
| JP012 | Coconut Aminos                        | 250ml | 7.25  | GOV    |
| JP002 | Tamari - organic                      | 125ml | 2.25  | GOV    |
| JP113 | Tamari - organic                      | 250ml | 3.95  | GVO    |
|       | <b>FLAKES, BRANS &amp; WHEATGERM</b>  |       |       |        |
|       | <b>SUMA BAGGED DOWN - ORGANIC</b>     |       |       |        |
| FX033 | Oats - Porridge, Organic G/F          | 10kg  |       | GOV    |
|       | <b>SUMA COMMODITIES</b>               |       |       |        |
| FX064 | Oats - Jumbo, Gluten Free             | 20kg  |       | GV     |
| FX061 | Oats - Porridge, Gluten Free          | 20kg  |       | GV     |
|       | <b>SUMA COMMODITIES - ORGANIC</b>     |       |       |        |
| FX058 | Oats - Porridge, Gluten Free          | 20kg  |       | GOV    |
|       | <b>SUMA PREPACKS</b>                  |       |       |        |
| FX046 | Oats - Jumbo & Gluten Free            | 750g  | 4.05  | GV     |
| FX045 | Oats - Porridge & Gluten Free         | 750g  | 4.05  | GV     |
|       | <b>SUMA PREPACKS - ORGANIC</b>        |       |       |        |
| FX042 | Oats - Jumbo & Gluten Free            | 750g  | 4.35  | GOV    |
| FX044 | Oats - Porridge & Gluten Free         | 750g  | 4.35  | GOV    |
|       | <b>ALARA</b>                          |       |       |        |
| FX026 | Gluten Free Scottish Porridge         | 500g  | 3.99  | GOV    |
|       | <b>BARKAT</b>                         |       |       |        |
| MX270 | Porridge - Millet & Rice Flake        | 500g  | 3.99  | GOV    |
|       | <b>FLOURS &amp; BREAD MIXES</b>       |       |       |        |
|       | <b>AMISA</b>                          |       |       |        |
| FG085 | Chestnut Flour - Organic              | 350g  | 5.89  | GOV    |
| FG065 | Chick Pea Flour                       | 400g  | 3.29  | GOV    |
| FG139 | Seeded Bread Mix - G/F, Org           | 500g  | 4.69  | GOSV   |
|       | <b>BIONA</b>                          |       |       |        |
| FG163 | Coconut Flour - Organic               | 500g  | 3.99  | GOV    |
|       | <b>CLEARSPRING</b>                    |       |       |        |
| FG180 | Breadcrumbs - Brown Rice, GF          | 250g  | 3.99  | GOV    |
| FG182 | Whole Buckwheat Flour                 | 375g  | 2.59  | GOV    |
|       | <b>DENISE'S DELICIOUS GLUTEN FREE</b> |       |       |        |
|       | <i>Christmas 2019</i>                 |       |       |        |
| FG201 | Sweet Pastry Mix Gluten Free          | 500g  | 5.19  | GS     |
|       | <b>DOVES FARM</b>                     |       |       |        |
| FG039 | GF Buckwheat Flour                    | 1kg   | 3.45  | GV     |
| FG044 | GF Buckwheat Flour                    | 16kg  |       | GV     |
| FG522 | Gluten Free Brown Bread Flour         | 1kg   | 2.39  | GV     |
| FG700 | Gluten Free Plain White Flour         | 1kg   | 2.25  | GV     |
| BT528 | Gluten Free Sponge Mix                | 350g  | 2.49  | GS     |

| code  | product                               | size  | rrp  | bfgosv |
|-------|---------------------------------------|-------|------|--------|
| FG520 | Gluten Free White Bread Flour         | 1kg   | 2.25 | GV     |
| FG117 | Rice Flour                            | 1kg   | 1.85 | GV     |
| FG116 | Stoneground Gram Flour                | 1kg   | 2.39 | GV     |
| FG701 | White Self Raising Flour GF           | 1kg   | 2.25 | GV     |
|       | <i>Bulk</i>                           |       |      |        |
| FG062 | Brown Rice Flour                      | 25kg  |      | GOV    |
| FG499 | Gluten Free Plain White               | 16kg  |      | GV     |
| FG052 | Gluten Free Self Raising Flour        | 16kg  |      | GV     |
| FG197 | Plain White Flour, Organic, GF        | 16kg  |      | GOV    |
|       | <b>GLEBE FARM</b>                     |       |      |        |
| FG177 | Gluten Free Self Raising Flour        | 1kg   | 2.35 | GV     |
| FG113 | Oat Flour Wheat/Gluten Free           | 300g  | 2.79 | GSV    |
|       | <b>ISABEL'S NATURALLY FREE FROM</b>   |       |      |        |
| FG017 | Wholemeal Cassava Flour               | 350g  | 1.89 | GV     |
|       | <b>ORGRAN</b>                         |       |      |        |
|       | <i>Gluten Free Mixes</i>              |       |      |        |
| FG061 | Buckwheat Pancake Mix                 | 375g  | 3.19 | G      |
|       | <b>RUDE HEALTH FOODS</b>              |       |      |        |
| FG168 | Whole Buckwheat Flour Sprouted        | 500g  | 6.49 | GOV    |
|       | <b>SHIPTON MILL</b>                   |       |      |        |
|       | <i>Specialist Flour</i>               |       |      |        |
| FG080 | Chestnut Flour                        | 500g  | 6.49 | GOV    |
|       | <b>FRESH MISO (CHILLED)</b>           |       |      |        |
|       | <b>TIDEFORD ORGANIC VEGAN FOODS</b>   |       |      |        |
|       | <i>Organic, Vegan and Gluten-Free</i> |       |      |        |
| CV628 | Fresh Brown Rice Miso                 | 320g  | 5.35 | GOV    |
| CV629 | Fresh Red Miso                        | 320g  | 5.35 | GOV    |
| CV633 | Fresh White Miso                      | 320g  | 5.35 | GOV    |
|       | <b>FRUIT - DRIED</b>                  |       |      |        |
|       | <b>URBAN FRUIT</b>                    |       |      |        |
| DR192 | Mango                                 | 100g  | 2.29 | GV     |
| DR201 | Pineapple                             | 100g  | 2.29 | GV     |
| DR263 | Snack Pack - Mango                    | 35g   | 0.99 | GV     |
| DR002 | Snack Pack - Strawberry               | 35g   | 0.99 | GV     |
| DR144 | Snack Pack Pineapple                  | 35g   | 0.99 | VG     |
| DR266 | Strawberries                          | 90g   | 2.29 | GV     |
|       | <b>FRUIT &amp; VEGETABLE JUICES</b>   |       |      |        |
|       | <b>BERRY COMPANY</b>                  |       |      |        |
| JU063 | Goji Berry Juice Drink                | 1l    | 2.59 | GV     |
| JU061 | Superberries Purple Juice Drnk        | 1l    | 2.59 | GV     |
| JU050 | Superberries Red Juice Drink          | 1l    | 2.59 | GV     |
| JU736 | White Tea & Peach Juice Drink         | 1l    | 2.59 | GV     |
|       | <b>CAWSTON PRESS</b>                  |       |      |        |
| JU048 | Apple & Mango                         | 1l    | 3.10 | GV     |
|       | <b>FLAWSOME</b>                       |       |      |        |
|       | <i>Not from concentrate juices</i>    |       |      |        |
| JU822 | Apple & Beetroot Juice                | 250ml | 1.75 | GV     |
| JU823 | Apple & Orange Juice                  | 250ml | 1.75 | GV     |
| JU824 | Apple & Pumpkin Juice                 | 250ml | 1.75 | GV     |
| JU825 | Apple & Strawberry Juice              | 250ml | 1.75 | GV     |
| JU826 | Apple & Superberry Juice              | 250ml | 1.75 | GV     |
| JU820 | Orange Juice                          | 250ml | 1.75 | GV     |
| JU821 | Sweet & Sour Apple Juice              | 250ml | 1.75 | GV     |
|       | <b>GRAVY, STOCK &amp; BOUILLON</b>    |       |      |        |
|       | <b>SUMA</b>                           |       |      |        |
| LJ680 | Organic Bouillon                      | 800g  | 9.75 | GOV    |
| LJ650 | Organic Bouillon                      | 150g  | 2.39 | GOV    |
| LJ675 | Organic Bouillon                      | 500g  | 7.15 | GOV    |

| <b>code</b>                           | <b>product</b>                 | <b>size</b> | <b>rrp</b> | <b>bfgosv</b> |
|---------------------------------------|--------------------------------|-------------|------------|---------------|
| LJ695                                 | Organic Bouillon Reduced Salt  | 800g        | 10.59      | GOV           |
| LJ685                                 | Organic Bouillon Reduced Salt  | 150g        | 2.65       | GOV           |
| LJ690                                 | Organic Bouillon Reduced Salt  | 500g        | 7.25       | GOV           |
| <b>FREE &amp; EASY</b>                |                                |             |            |               |
| LJ008                                 | Gravy Sauce Mix                | 130g        | 1.65       | GV            |
| <b>KALLO</b>                          |                                |             |            |               |
| LJ102                                 | French Onion Stock Cubes       | 66g         | 1.59       | GOVS          |
| LJ103                                 | Garlic & Herb Stock Cubes      | 66g         | 1.59       | GOVS          |
| LJ171                                 | Low Salt Vegetable Stock Cubes | 60g         | 1.59       | GOVS          |
| LJ122                                 | Mushroom Stock Cubes           | 66g         | 1.59       | GOVS          |
| LJ101                                 | Tomato & Herb Stock Cubes      | 66g         | 1.59       | GOVS          |
| LJ120                                 | Vegetable Stock Cubes          | 66g         | 1.59       | GOV           |
| LJ147                                 | Yeast Free Veg.Stock Cubes     | 6 x 10g     | 1.59       | GV            |
| <b>MARIGOLD</b>                       |                                |             |            |               |
| LJ211                                 | Bouillon Cubes                 | 8           | 1.29       | GOV           |
| LJ046                                 | Bouillon Powder                | 1kg         | 11.65      | G             |
| LJ043                                 | Bouillon Powder                | 150g        | 2.24       | G             |
| LJ044                                 | Bouillon Powder                | 500g        | 6.35       | G             |
| LJ073                                 | Bouillon Powder - Organic      | 150g        | 2.39       | GOV           |
| LJ238                                 | Bouillon Powder - Organic      | 500g        | 7.15       | GOV           |
| LJ164                                 | Bouillon Powder - Reduced Salt | 1kg         | 11.65      | GV            |
| LJ070                                 | Bouillon Powder - Reduced Salt | 150g        | 2.09       | GV            |
| LJ237                                 | Bouillon Powder - Reduced Salt | 500g        | 6.35       | GV            |
| LJ062                                 | Gravy Granules - Instant       | 170g        | 1.70       | GSV           |
| LJ212                                 | Low Salt Bouillon Cubes        | 8           | 1.49       | GOV           |
| LJ074                                 | Organic Bouillon Reduced Salt  | 140g        | 2.49       | GOV           |
| LJ321                                 | Yeast Free Bouillon Stock Cube | 84g         | 1.39       | GOV           |
| <b>ORGRAN</b>                         |                                |             |            |               |
| LJ158                                 | Gravy Mix                      | 200g        | 2.89       | G             |
| <b>HERB &amp; FRUIT TEA INFUSIONS</b> |                                |             |            |               |
| <b>CLIPPER</b>                        |                                |             |            |               |
| <i>Black Tea</i>                      |                                |             |            |               |
| TE042                                 | Blackcurrant                   | 20 bags     | 2.19       | FGOV          |
| TE035                                 | Indian Chai                    | 20 bags     | 2.19       | FGOV          |
| TE036                                 | Red Fruits                     | 20 bags     | 2.19       | FGOV          |
| TE037                                 | Summer Berry                   | 20 bags     | 2.19       | FGOV          |
| <b>HEATH AND HEATHER</b>              |                                |             |            |               |
| <i>Organics</i>                       |                                |             |            |               |
| TE594                                 | Turmeric Root Brew             | 20 bags     | 2.99       | GOV           |
| <b>PUKKA</b>                          |                                |             |            |               |
| TE055                                 | Lean Matcha Green              | 20 bags     | 2.99       | GOV           |
| TE058                                 | Turmeric Active                | 20 bags     | 2.99       | GOV           |
| <b>YOGI TEA</b>                       |                                |             |            |               |
| TE593                                 | Alkaline Herbs                 | 17 bags     | 2.49       | GOV           |
| TE630                                 | Detox Dandelion with Lemon     | 17 bags     | 2.49       | GOV           |
| TE591                                 | Finest Selection               | 18 bags     | 2.79       | GOV           |
| <i>For The Senses</i>                 |                                |             |            |               |
| TE615                                 | Good Night                     | 20 bags     | 2.99       | GOV           |
| TE618                                 | Peaceful Moment                | 20 bags     | 2.99       | GOV           |
| TE625                                 | Pure Freshness                 | 20 bags     | 2.99       | GOV           |
| TE610                                 | Pure Happiness                 | 20 bags     | 2.99       | GOV           |
| <i>Ready to Drink Tea</i>             |                                |             |            |               |
| TE745                                 | Hibiscus Mint Cold Tea         | 330ml       | 1.89       | GOV           |
| TE753                                 | Mate Lemon Cold Tea            | 330ml       | 1.89       | GOV           |
| TE010                                 | Orange and Ginger Cold Tea     | 330ml       | 1.89       | GOV           |
| TE030                                 | Spearmint Lemon Cold Tea       | 330ml       | 1.89       | GOV           |
| <b>HONEY</b>                          |                                |             |            |               |
| <b>HILLTOP HONEY</b>                  |                                |             |            |               |
| HY097                                 | Lavender Honey, Spanish        | 277g        | 3.19       | G             |

| code                               | product                        | size    | rrp  | bfgo sv |
|------------------------------------|--------------------------------|---------|------|---------|
| HY098                              | Orange Blossom Honey, Spanish  | 227g    | 3.19 | G       |
| HY301                              | Organic Limeflower Honey       | 370g    | 3.79 | OG      |
| HY076                              | Organic Multi Flower Honey     | 370g    | 3.85 | OG      |
| HY096                              | Thyme Honey, Spanish           | 277g    | 3.19 | G       |
| <b>HOUSEHOLD CLEANING PRODUCTS</b> |                                |         |      |         |
| <b>ECOZONE</b>                     |                                |         |      |         |
| HJ044                              | Appliance Descaler             | 500ml   | 4.69 | GV      |
| <b>HOUSEHOLD PRODUCTS</b>          |                                |         |      |         |
| <b>TRAIDCRAFT</b>                  |                                |         |      |         |
| NF181                              | Fair Trade Rubber Gloves       | 1 pairs | 1.45 | GFV     |
| <b>INDIAN FOOD</b>                 |                                |         |      |         |
| <b>MERIDIAN</b>                    |                                |         |      |         |
| VF019                              | Korma Sauce                    | 350g    | 2.59 | GSV     |
| VF025                              | Tikka Masala Sauce             | 350g    | 2.59 | GSV     |
| <b>PATAKS</b>                      |                                |         |      |         |
| <i>Chutneys</i>                    |                                |         |      |         |
| KJ444                              | Mango Chutney                  | 340g    | 1.99 | GSV     |
| <i>Curry Pastes</i>                |                                |         |      |         |
| KJ223                              | Balti Curry Paste              | 283g    | 2.75 | GS      |
| KJ222                              | Korma Curry Paste              | 290g    | 2.75 | G       |
| KJ054                              | Madras Curry Paste             | 283g    | 2.75 | GV      |
| KJ152                              | Rogan Josh Curry Paste         | 283g    | 2.75 | GSV     |
| KJ246                              | Tikka Masala Curry Paste       | 283g    | 2.75 | GS      |
| KJ059                              | Vindaloo Curry Paste           | 283g    | 2.75 | G       |
| <i>Pickles</i>                     |                                |         |      |         |
| KJ040                              | Aubergine Pickle (Was Bringal) | 312g    | 2.55 | GVS     |
| KJ041                              | Chilli Pickle                  | 283g    | 2.55 | GV      |
| KJ042                              | Garlic Pickle                  | 300g    | 2.55 | GS      |
| KJ044                              | Lime Pickle - Hot              | 283g    | 2.55 | GV      |
| KJ045                              | Lime Pickle - Medium/Hot       | 283g    | 2.55 | GV      |
| KJ047                              | Mango Pickle - Medium          | 283g    | 2.55 | GV      |
| KJ049                              | Mixed Pickle                   | 283g    | 2.55 | GV      |
| <b>PUNJABAN</b>                    |                                |         |      |         |
| <i>Bases (Sauce Concentrate)</i>   |                                |         |      |         |
| KJ375                              | Authentic Curry Base - Hot     | 350g    | 3.05 | GV      |
| KJ374                              | Authentic Curry Base - Medium  | 350g    | 3.05 | GV      |
| KJ373                              | Authentic Curry Base - Mild    | 350g    | 3.05 | GV      |
| KJ379                              | Butter 'Chicken' Base          | 350g    | 3.05 | GV      |
| KJ383                              | Tasty Tamarind Curry Base      | 350g    | 3.05 | GV      |
| KJ083                              | Tikka Masala Curry Base Sauce  | 350g    | 3.05 | GV      |
| <b>JAMS &amp; FRUIT SPREADS</b>    |                                |         |      |         |
| <b>ST DALFOUR</b>                  |                                |         |      |         |
| JS051                              | Apricot Spread                 | 284g    | 2.49 | GV      |
| JS064                              | Black Cherry Spread            | 284g    | 2.49 | GV      |
| JS063                              | Blackberry Spread              | 284g    | 2.49 | GV      |
| JS062                              | Blackcurrant Spread            | 284g    | 2.49 | GV      |
| JS026                              | Chestnut Spread - Gourmet      | 284g    | 2.49 | GV      |
| JS009                              | Cranberry & Blueberry          | 284g    | 2.49 | GV      |
| JS068                              | Fig Spread                     | 284g    | 2.49 | GV      |
| JS067                              | Four Fruits Spread             | 284g    | 2.49 | GV      |
| JS066                              | Mirabelle Plum Spread          | 284g    | 2.49 | GV      |
| JS120                              | Orange and Ginger Spread       | 284g    | 2.49 | GV      |
| JS046                              | Raspberry & Pomegranate Spread | 284g    | 2.49 | GV      |
| JS049                              | Raspberry Spread               | 284g    | 2.49 | GV      |
| JS050                              | Strawberry Spread              | 284g    | 2.49 | GV      |
| JS061                              | Thick Cut Orange Spread        | 284g    | 2.49 | GV      |
| JS060                              | Wild Blueberry Spread          | 284g    | 2.49 | GV      |

| code  | product                                   | size  | rrp   | bfgosv |
|-------|---|-------|-------|--------|
|       | <b>MARGARINES &amp; SPREADS (CHILLED)</b> |       |       |        |
|       | <b>KOKO DAIRY FREE</b>                    |       |       |        |
| CV317 | Koko Dairy Free Spread                    | 500ml | 2.19  | GV     |
|       | <b>NATURLI</b>                            |       |       |        |
| CV879 | Spreadable Vegan Butter                   | 225g  | 1.89  | GOV    |
| CV880 | Vegan Butter Block                        | 200g  | 1.89  | GOV    |
|       | <b>MAYONNAISE &amp; SALAD DRESSINGS</b>   |       |       |        |
|       | <b>GRANOVITA</b>                          |       |       |        |
| KJ217 | Mayola                                    | 280g  | 2.49  | GV     |
| KJ296 | Salad Cream                               | 290g  | 2.49  | GSV    |
|       | <b>INSPIRED VEGAN</b>                     |       |       |        |
| KJ247 | Vegan Bearnaise Style Sauce               | 205g  | 2.25  | GSV    |
| KJ249 | Vegan Dill Mustard Sauce                  | 200g  | 2.25  | GSV    |
| KJ270 | Vegan Hollandaise Style Sauce             | 250g  | 2.25  | GSV    |
| KJ271 | Vegan Horseradish Sauce                   | 210g  | 2.25  | GSV    |
| KJ245 | Vegan Marie Rose Sauce                    | 210g  | 2.25  | GSV    |
| KJ261 | Vegan Tartare Sauce                       | 210g  | 2.25  | GSV    |
|       | <b>MR ORGANIC</b>                         |       |       |        |
| KJ498 | Egg Free Garlic Mayo                      | 180g  | 2.79  | GOSV   |
|       | <b>PLAMIL</b>                             |       |       |        |
| KJ186 | Egg Free Mayonnaise - Garlic              | 315g  | 2.65  | GV     |
| KJ187 | Egg Free Mayonnaise - Plain               | 315g  | 2.65  | GV     |
| KJ188 | Egg Free Mayonnaise - Tarragon            | 315g  | 2.65  | GV     |
|       | <i>Catering</i>                           |       |       |        |
| LJ360 | Egg Free Mayonnaise - Organic             | 3kg   | 26.41 | GOSV   |
| KJ254 | Egg Free Mayonnaise - Plain               | 3kg   | 20.99 | GV     |
|       | <i>Organic</i>                            |       |       |        |
| LJ259 | Egg Free Mayonnaise - organic             | 315g  | 3.19  | GOSV   |
|       | <b>MEAT FREE ALTERNATIVES(FROZEN)</b>     |       |       |        |
|       | <b>FRYS</b>                               |       |       |        |
| XL372 | Chickpea & Butternut Balls                | 240g  | 4.49  | GV     |
| XL373 | Chickpea & Quinoa Falafel                 | 270g  | 4.59  | GV     |
| XL360 | Rice Protein & Quinoa Burgers             | 320g  | 4.29  | GV     |
|       | <b>MEATLESS SUBSTITUTES (CHILLED)</b>     |       |       |        |
|       | <b>BONSAN</b>                             |       |       |        |
| CV842 | Kofu Classic                              | 200g  | 3.29  | GOSV   |
| CV837 | Kofu Fishfree fillet                      | 150g  | 3.99  | GOSV   |
| CV838 | Kofu Fishfree Tofuna                      | 110g  | 2.99  | GOSV   |
| CV843 | Kofu Ragu Chunks                          | 150g  | 3.89  | GOSV   |
|       | <b>FLORENTIN</b>                          |       |       |        |
| CV571 | Sweet Potato Falafel                      | 240g  | 3.59  | GV     |
|       | <b>MIDDLE EASTERN &amp; AFRICAN FOOD</b>  |       |       |        |
|       | <b>AMISA</b>                              |       |       |        |
| KJ105 | Falafel Mix                               | 160g  | 1.89  | GOV    |
|       | <b>MILK - NON DAIRY</b>                   |       |       |        |
|       | <b>ALPRO</b>                              |       |       |        |
| TE004 | Almond for Professionals                  | 1l    | 2.25  | GSV    |
|       | <b>BLUE DIAMOND</b>                       |       |       |        |
| SY101 | Almond Breeze - Barista Blend             | 1l    | 2.50  | GV     |
| SY061 | Almond Breeze - Original                  | 1l    | 1.79  | GSV    |
| SY066 | Almond Breeze - Unsweetened               | 1l    | 1.79  | GV     |
|       | <b>CALIFIA FARMS</b>                      |       |       |        |
| SY169 | Barista Blend Almond Milk                 | 946ml | 2.99  | GSV    |
|       | <b>DREAM</b>                              |       |       |        |
| JU488 | Coconut Dream                             | 1l    | 1.89  | GV     |
|       | <b>ECOMIL</b>                             |       |       |        |
| SY012 | Almond Drink Powder                       | 400g  | 14.95 | GOV    |
| SY030 | Cuisine - Almond Cream                    | 200ml | 1.69  | GOV    |

| <b>code</b>              | <b>product</b>                 | <b>size</b> | <b>rrp</b> | <b>bfgosv</b> |
|--------------------------|--------------------------------|-------------|------------|---------------|
| SY137                    | Cuisine - Cashew Cream         | 200ml       | 1.69       | GOV           |
| SY059                    | Cuisine - Coconut Milk         | 200ml       | 1.69       | GOV           |
| SY134                    | Cuisine - Shiitake Cream       | 200ml       | 1.42       | GOV           |
| <b>FOOD HEAVEN</b>       |                                |             |            |               |
| SY179                    | Cafe Soy Latte                 | 1l          | 1.59       | GV            |
| SY168                    | Heavenly Whipped Spray Cream   | 200ml       | 2.19       | GSV           |
| <b>GLEBE FARM</b>        |                                |             |            |               |
| SY140                    | Barista Style Oat Drink        | 1lT         | 1.99       | GV            |
| <b>KOKO DAIRY FREE</b>   |                                |             |            |               |
| SY046                    | Coconut Milk Drink             | 3 x 250ml   | 1.99       | GV            |
| SY038                    | Coconut Milk Drink             | 1l          | 1.79       | GV            |
| SY051                    | Coconut Milk Drink - Chocolate | 1l          | 2.09       | GSV           |
| SY056                    | Coconut Milk Drink Chocolate   | 3 x 250ml   | 1.99       | GSV           |
| SY122                    | Coconut Milk Drink Unsweetened | 1l          | 1.79       | GV            |
| SY167                    | Coconut Super Milk             | 1l          | 2.19       | GV            |
| <b>NATURE'S CHARM</b>    |                                |             |            |               |
| SY077                    | Condensed Coconut Milk         | 320g        | 2.39       | GSV           |
| SY078                    | Evaporated Coconut Milk        | 360ml       | 1.89       | GSV           |
| <b>PLAMIL</b>            |                                |             |            |               |
| SY009                    | Soya Milk, unsweetened - og    | 1l          | 2.25       | GOV           |
| <b>PLANTED</b>           |                                |             |            |               |
| SY039                    | Almond & Coffee Drink          | 330ml       | 1.60       | GV            |
| SY048                    | Coconut & Cocoa Drink          | 330ml       | 1.60       | GV            |
| SY006                    | Coconut & Cocoa Drink          | 1l          | 2.50       | GV            |
| <b>PLENISH</b>           |                                |             |            |               |
| SY170                    | Oat M*lk - Gluten Free         | 1l          | 2.99       | GOV           |
| <b>PROVAMEL</b>          |                                |             |            |               |
| SY094                    | Almond Drink - Unsweetened     | 1l          | 2.79       | GOV           |
| SY152                    | Coconut & Almond Drink         | 1l          | 2.89       | GOSV          |
| SY011                    | Coconut & Rice Drink           | 1l          | 1.89       | GOV           |
| SY064                    | Rice & Almond Drink            | 1l          | 2.35       | GOSV          |
| SY007                    | Rice Drink - organic           | 1l          | 1.89       | GVO           |
| SY043                    | Soya Milk - Light Blue         | 1l          | 1.65       | GV            |
| SY080                    | Soya Milk - sweetened          | 1l          | 1.85       | GOV           |
| SY026                    | Soya Milk - Unsweetened        | 500ml       | 1.19       | GOV           |
| SY025                    | Soya Milk - Unsweetened        | 1l          | 1.75       | GOV           |
| <b>QWRKEE</b>            |                                |             |            |               |
| SY153                    | Pea M'lk - Sweetened           | 1l          | 2.99       | GSV           |
| SY151                    | Pea M'lk - Unsweetened         | 1l          | 2.99       | GV            |
| <b>REBEL KITCHEN</b>     |                                |             |            |               |
| SY181                    | Dairy Free Semi Skimmed Mylk   | 1l          | 2.49       | GOV           |
| SY182                    | Dairy Free Skimmed Mylk        | 1l          | 2.49       | GOV           |
| <b>RUDE HEALTH FOODS</b> |                                |             |            |               |
| SY129                    | Almond Drink - Organic         | 1l          | 2.49       | GOV           |
| SY004                    | Almond Drink - Organic         | 250ml       | 1.50       | GOV           |
| SY130                    | Brown Rice Drink - Organic     | 1l          | 2.29       | GOV           |
| SY085                    | Cashew Drink - Organic         | 1l          | 3.50       | GOV           |
| SY082                    | Coconut Drink                  | 250ml       | 1.50       | GOV           |
| SY044                    | Coconut Drink Organic          | 1l          | 2.99       | GOV           |
| SY148                    | Hazelnut Drink - Organic       | 1l          | 2.99       | GOV           |
| SY115                    | Hazelnut/Cacao Drink - Organic | 1l          | 3.49       | GOV           |
| SY037                    | Oat Drink - Organic            | 1l          | 2.29       | GOV           |
| SY117                    | Tiger Nut Drink Organic        | 1l          | 2.99       | GOV           |
| SY159                    | Ultimate Almond Milk - Organic | 1l          | 3.85       | GOV           |
| <b>SOJADE</b>            |                                |             |            |               |
| SY141                    | Oat Drink Organic              | 1l          | 1.99       | GOV           |
| <b>SPROUD</b>            |                                |             |            |               |
| SY069                    | Sproud Barista                 | 1l          | 2.10       | GV            |
| SY057                    | Sproud Original                | 1l          | 1.99       | GSV           |
| <b>THE BRIDGE</b>        |                                |             |            |               |
| SY160                    | Coconut Drink                  | 1l          | 2.25       | GOV           |



| <b>code</b>                   | <b>product</b>                 | <b>size</b> | <b>rrp</b> | <b>bfgosv</b> |
|-------------------------------|--------------------------------|-------------|------------|---------------|
| SY042                         | Rice Drink - Calcium Enriched  | 1l          | 1.75       | GOV           |
| SY487                         | Rice Drink - Original          | 1l          | 1.75       | GOV           |
| SY452                         | Rice Drink + Almond            | 1l          | 2.09       | GOV           |
| SY008                         | Rice Drink + Coconut           | 1l          | 2.09       | GOV           |
| <b>THE COCONUT COMPANY</b>    |                                |             |            |               |
| SY116                         | Coconut Milk Powder - Organic  | 250g        | 5.49       | GOV           |
| <b>THE MIGHTY SOCIETY</b>     |                                |             |            |               |
| SY052                         | Pea Milk - Original            | 1l          | 2.99       | GSV           |
| SY054                         | Pea Milk - Unsweetened         | 1l          | 2.99       | GV            |
| <b>NUT &amp; SEED BUTTERS</b> |                                |             |            |               |
| <b>WHOLE EARTH</b>            |                                |             |            |               |
| GH004                         | Dark Roasted Crunchy PnB       | 340g        | 3.49       | GV            |
| GH091                         | Peanut Butter - smooth organic | 227g        | 2.99       | GOV           |
| GH090                         | Butter -crunchy organic        | 227g        | 2.99       | GOV           |
| GH113                         | Peanut Butter -smooth original | 1kg         | 6.99       | GV            |
| GH084                         | Peanut Butter -smooth original | 340g        | 3.29       | GV            |
| GH108                         | Peanut Butter + Mixed Seeds    | 340g        | 3.59       | GV            |
| GH005                         | Peanut Butter with Hazelnut    | 340g        | 3.99       | GV            |
| GH151                         | Peanut Butter-100% Nuts,Crunch | 227g        | 2.89       | GOV           |
| GH115                         | Peanut Butter-crunchy original | 1kg         | 6.99       | GV            |
| GH082                         | Peanut Butter-crunchy original | 340g        | 3.29       | GV            |
| GH190                         | Peanut Butter-Hi Oleic Crunchy | 340g        | 3.59       | GV            |
| GH013                         | Three Nut Butter               | 227g        | 3.29       | GV            |
| <b>OILS &amp; FATS</b>        |                                |             |            |               |
| <b>SUMA BAGGED DOWN</b>       |                                |             |            |               |
| GT032                         | Gluten Free Vegetarian Suet    | 2kg         |            | GV            |
| <b>SUMA PREPACKS</b>          |                                |             |            |               |
| GT028                         | Gluten Free Vegetarian Suet    | 250g        | 1.99       | GV            |
| <b>OLIVES</b>                 |                                |             |            |               |
| <b>MANI</b>                   |                                |             |            |               |
| KJ425                         | Og Kalamata Olives in OliveOil | 280g        | 4.69       | GOV           |
| <b>PASTA</b>                  |                                |             |            |               |
| <b>SUMA</b>                   |                                |             |            |               |
| <i>Gluten Free</i>            |                                |             |            |               |
| WT011                         | Brown rice Fusilli Pasta - Org | 500g        | 2.59       | GOV           |
| WT013                         | Brown Rice Penne Pasta - Org   | 500g        | 2.59       | GOV           |
| WT008                         | Corn Rice Fusilli Pasta - Org  | 500g        | 2.59       | GOV           |
| WT009                         | Corn Rice Penne Pasta - Org    | 500g        | 2.59       | GOV           |
| <b>BARENAKED</b>              |                                |             |            |               |
| WT162                         | Barenaked Noodles              | 250g        | 2.29       | GV            |
| WT163                         | Barenaked Rice                 | 250g        | 2.29       | GV            |
| WT172                         | Barenaked Spaghetti            | 250g        | 2.29       | GV            |
| WT004                         | Protein Noodles                | 250g        | 2.29       | GV            |
| <b>CIEMME</b>                 |                                |             |            |               |
| WT136                         | OG Gluten Free Gnocchi Plain   | 400g        | 3.69       | GOV           |
| WT138                         | Og Gluten Free Gnocchi/ Quinoa | 400g        | 3.69       | GOV           |
| <b>CLEARSPRING</b>            |                                |             |            |               |
| WT052                         | Gluten Free Buckwheat Pasta    | 250g        | 2.79       | GOV           |
| <b>DIFATTI</b>                |                                |             |            |               |
| WT015                         | Gluten Free Egg Tagliatelle    | 250g        | 3.79       | G             |
| WT151                         | Gnocchi- Gluten Free           | 250g        | 2.09       | GV            |
| WT153                         | Spinach Gnocchi - gluten free  | 250g        | 2.09       | GV            |
| WT152                         | Tomato Gnocchi - Gluten Free   | 250g        | 2.09       | GV            |
| <b>DOVES FARM</b>             |                                |             |            |               |
| WT038                         | Organic Brown Rice Fusilli     | 500g        | 3.10       | GOV           |
| WT047                         | Organic Brown Rice Penne Pasta | 500g        | 3.10       | GOV           |
| WT036                         | Organic Brown Rice Spaghetti   | 500g        | 3.10       | GOV           |
| WT005                         | Organic Brown Rice Tortiglioni | 500g        | 3.10       | GOV           |
| WT133                         | Organic Buckwheat Pasta        | 500g        | 4.15       | GOV           |

| <b>code</b>                      | <b>product</b>                 | <b>size</b> | <b>rrp</b> | <b>bfgosv</b> |
|----------------------------------|--------------------------------|-------------|------------|---------------|
| WT167                            | Organic Green Pea Penne Pasta  | 250g        | 2.99       | GOV           |
| WT165                            | Organic Maize and Rice Lasagne | 250g        | 2.49       | GOV           |
| WT051                            | Organic Maize/Rice Fusilli     | 500g        | 2.59       | GOV           |
| WT039                            | Organic Maize/Rice Penne Pasta | 500g        | 2.59       | GOV           |
| WT053                            | Organic Maize/Rice Spaghetti   | 500g        | 2.59       | GOV           |
| WT002                            | Organic Maize/Rice Tortiglioni | 500g        | 2.59       | GOV           |
| WT135                            | Organic Multigrain Pasta       | 500g        | 3.09       | GOV           |
| WT166                            | Organic Red Lentil Penne Pasta | 250g        | 2.99       | GOV           |
| <b>EXPLORE CUISINE</b>           |                                |             |            |               |
| WT113                            | Black Bean Spaghetti           | 200g        | 3.29       | GOV           |
| WT093                            | Edamame & Mung Bean Fettuccine | 200g        | 3.29       | GOV           |
| WT114                            | Edamame Bean Spaghetti         | 200g        | 3.29       | GOV           |
| WT012                            | Mung Bean Rotini               | 250g        | 3.29       | GOV           |
| WT092                            | Soybean Spaghetti              | 200g        | 3.29       | GOV           |
| <b>LA BUONA VITA</b>             |                                |             |            |               |
| WT027                            | Gluten Free Fusilli            | 400g        | 1.99       | GV            |
| WT056                            | Gluten Free Lasagne Sheets     | 250g        | 2.59       | GV            |
| WT026                            | Gluten Free Penne Pasta        | 400g        | 1.99       | GV            |
| WT028                            | Gluten Free Spaghetti          | 400g        | 2.39       | GV            |
| <b>ORGRAN</b>                    |                                |             |            |               |
| WT078                            | Buckwheat Pasta Spirals        | 250g        | 2.35       | GV            |
| WT105                            | Corn & Veg Shells              | 250g        | 2.15       | GV            |
| WT134                            | Rice & Corn Lasagne            | 200g        | 3.19       | GV            |
| WT109                            | Rice & Corn Macaroni           | 250g        | 2.15       | GV            |
| WT080                            | Vegetable Rice Spirals         | 250g        | 2.25       | GV            |
| <b>PASTA LENSİ</b>               |                                |             |            |               |
| WT043                            | Gluten Free Fusilli Pasta      | 4kg         |            | GV            |
| WT045                            | Gluten Free Penne Pasta        | 5kg         |            | GV            |
| <b>PERFECT PASTA</b>             |                                |             |            |               |
| WT017                            | Gluten Free Fusilli            | 250g        | 2.99       | GOV           |
| WT006                            | Gluten Free Gnocchetti         | 250g        | 2.99       | GOV           |
| WT019                            | Gluten Free Penne              | 250g        | 2.99       | GOV           |
| WT020                            | Gluten Free Spaghetti          | 250g        | 3.49       | GOV           |
| WT022                            | Gluten Free Tagliatelle        | 250g        | 3.49       | GOV           |
| <b>PROFUSION</b>                 |                                |             |            |               |
| WT130                            | Chick Pea Fusilli - GF         | 300g        | 3.49       | GOV           |
| WT129                            | Red Lentil Fusilli GF          | 300g        | 3.49       | GOV           |
| <b>PASTA (CHILLED)</b>           |                                |             |            |               |
| <b>AMISA</b>                     |                                |             |            |               |
| CV345                            | Gluten Free Gnocchi            | 350g        | 3.99       | GOV           |
| <b>PASTA SAUCES &amp; PESTOS</b> |                                |             |            |               |
| <b>SUMA</b>                      |                                |             |            |               |
| <i>Organic Pestos</i>            |                                |             |            |               |
| KJ192                            | Pesto - Green, vegan           | 160g        | 2.79       | GOV           |
| KJ191                            | Pesto - Green, vegetarian      | 160g        | 2.79       | GO            |
| KJ189                            | Pesto - Red, vegan             | 160g        | 2.79       | GOV           |
| KJ190                            | Pesto - Red, vegetarian        | 160g        | 2.79       | GO            |
| <b>LA CONSERVE DELLA NONNA</b>   |                                |             |            |               |
| KJ126                            | Bechamel Sauce for Lasagne     | 340g        | 2.49       | GV            |
| <b>MERIDIAN</b>                  |                                |             |            |               |
| VF173                            | Tomato & Basil Pasta Sauce     | 350g        | 2.69       | GOV           |
| VF197                            | Tomato & Herb - organic        | 440g        | 2.99       | GVO           |
| <b>MR ORGANIC</b>                |                                |             |            |               |
| KJ163                            | Coconut & Turmeric Salsa       | 200g        | 2.35       | GOV           |
| KJ158                            | Red Chilli & Ginger Hot Salsa  | 200g        | 2.35       | GOV           |
| <b>PATE</b>                      |                                |             |            |               |
| <b>GRANOVITA</b>                 |                                |             |            |               |
| GH015                            | Olive Pate                     | 125g        | 1.89       | GV            |
| GH651                            | Ready Spread Pate - Mushroom   | 200g        | 3.30       | GVO           |

| <b>code</b> | <b>product</b>                           | <b>size</b> | <b>rrp</b> | <b>bfgosv</b> |
|-------------|--|-------------|------------|---------------|
|             | <b>TARTEX</b>                            |             |            |               |
| GH001       | Classic Pate - og                        | 200g        | 2.79       | GOV           |
|             | <b>PATES, DIPS &amp; TAPAS (CHILLED)</b> |             |            |               |
|             | <b>SUMA</b>                              |             |            |               |
| CV401       | Pate - Mushroom (bombe)                  | 200g        | 2.49       | GV            |
|             | <b>FLORENTIN</b>                         |             |            |               |
| CV931       | Hummus                                   | 200g        | 3.15       | GV            |
| CV125       | Hummus Trio Pack                         | 250g        | 3.99       | GV            |
|             | <b>ME TOO!</b>                           |             |            |               |
| CV848       | Coriander Houmous                        | 250g        | 1.89       | GV            |
| CV847       | Jalapeno Houmous                         | 250g        | 1.89       | GV            |
| CV845       | Original Houmous                         | 250g        | 1.89       | GV            |
| CV846       | Red Pepper Houmous                       | 250g        | 1.89       | GV            |
|             | <b>PICKLES, CHUTNEYS &amp; MUSTARDS</b>  |             |            |               |
|             | <b>SHAWS</b>                             |             |            |               |
| KJ028       | Mango Chutney - Chunky                   | 300g        | 1.59       | GSV           |
|             | <b>READY MEALS (FROZEN)</b>              |             |            |               |
|             | <b>AMY'S KITCHEN</b>                     |             |            |               |
| XL288       | Black Bean Enchilada                     | 269g        | 3.25       | GV            |
| XL356       | Breakfast Scramble                       | 255g        | 4.15       | FGV           |
| XL355       | Breakfast Tofu Wrap                      | 155g        | 2.49       | FGV           |
| XL435       | Broccoli and Cheddar Bake                | 270g        | 4.15       | GS            |
| XL287       | Cheese Enchilada                         | 255g        | 3.25       | G             |
| XL272       | Free From Bean & Rice Burrito            | 156g        | 2.19       | GV            |
| XL273       | Free From Macaroni Cheese                | 255g        | 3.19       | GV            |
| XL261       | G/F 3 Cheese & Kale Bake                 | 255g        | 4.39       | G             |
| XL275       | Gluten Free Vegetable Lasagne            | 255g        | 3.15       | G             |
| XL191       | Gluten-Free Chinese Noodles              | 270g        | 4.15       | GV            |
| XL436       | Gluten-free Vegan Veg Lasagne            | 255g        | 3.69       | GV            |
| XL276       | Indian Mattar Paneer                     | 238g        | 3.59       | G             |
| XL285       | Indian Vegetable Korma                   | 269g        | 3.59       | GV            |
| XL354       | Pad Thai                                 | 269g        | 4.15       | GSV           |
| XL274       | Rice Macaroni Cheese                     | 255g        | 2.99       | G             |
|             | <b>CLIVE'S</b>                           |             |            |               |
| XL338       | Organic Nut Roast                        | 280g        | 5.25       | GOSV          |
|             | <i>Pies &amp; Pastries</i>               |             |            |               |
| XL032       | G/Free Vegetable Chilli Pie              | 250g        | 2.99       | GOSV          |
| XL028       | Gltn Free French Cassoulet Pie           | 250g        | 2.99       | GOSV          |
| XL026       | Gluten Free Aloo Gobi Pie                | 250g        | 2.99       | GOSV          |
| XL029       | Gluten Free Lentil & Olive Pie           | 250g        | 2.99       | GOSV          |
| XL030       | Gluten Free Minty Chickpea Pie           | 250g        | 2.99       | GOSV          |
| XL114       | Org G/F Mushroom & Leek Pie              | 235g        | 2.99       | GOV           |
| XL135       | Organic G/F Homity Pie                   | 235g        | 2.99       | GO            |
|             | <i>Tarts</i>                             |             |            |               |
| XL324       | Lentil & Kale Ragout Tart                | 195g        | 3.49       | GOSV          |
| XL337       | Pea and Potato Rosti Tart                | 195g        | 3.49       | GOSV          |
| XL336       | Tomato and Olive Tart                    | 195g        | 3.49       | GOSV          |
|             | <b>GOODLIFE</b>                          |             |            |               |
| XL265       | Falafel                                  | 280g        | 2.29       | GV            |
|             | <b>READY TO EAT FOODS (CHILLED)</b>      |             |            |               |
|             | <b>LAURIE'S TUMMY LOVING FOODS</b>       |             |            |               |
| CV207       | Original Sauerkraut                      | 410g        | 4.69       | GOV           |
|             | <b>TIDEFORD ORGANIC VEGAN FOODS</b>      |             |            |               |
| CV711       | Basil Pesto                              | 150g        | 3.05       | GOV           |
| CV033       | Coconut Korma Curry Sauce                | 300g        | 3.05       | GOV           |
| CV040       | Tikka Masala Curry Sauce                 | 300g        | 3.05       | GOV           |

| code  | product                                | size    | rrp  | bfgosv |
|-------|--|---------|------|--------|
|       | <b>SALT &amp; SEASONINGS</b>           |         |      |        |
|       | <b>MARIGOLD</b>                        |         |      |        |
| LJ444 | Liquid Aminos                          | 250ml   | 3.59 | GV     |
|       | <b>SAUSAGES &amp; BURGERS (FROZEN)</b> |         |      |        |
|       | <b>GOODLIFE</b>                        |         |      |        |
| XL233 | Catering Vegetable Sausages            | 30 pack |      | GSV    |
|       | <b>QUORN</b>                           |         |      |        |
| XL203 | Gluten Free Sausages                   | 300g    | 3.19 | G      |
|       | <b>WICKEN FEN</b>                      |         |      |        |
| XL381 | Carrot & Coriander Sausages            | 280g    | 2.86 | GV     |
|       | <b>SNACK BARS &amp; FLAPJACKS</b>      |         |      |        |
|       | <b>BOUNCE</b>                          |         |      |        |
|       | <i>Indulgent</i>                       |         |      |        |
| KB573 | Salted Caramel Ball                    | 40g     | 1.99 | G      |
|       | <i>Protein Energy Balls</i>            |         |      |        |
| ZX897 | Cacao Mint Energy Balls                | 42g     | 1.98 | G      |
| ZX754 | Coconut Macadamia Balls                | 40g     | 1.98 | G      |
| ZX896 | Peanut Protein Balls                   | 45g     | 1.98 | G      |
|       | <i>V Life Protein Balls</i>            |         |      |        |
| ZX899 | Almond Spirulina Energy Balls          | 40g     | 1.85 | GV     |
|       | <b>BRYNMOR</b>                         |         |      |        |
|       | <i>Flapjack</i>                        |         |      |        |
| KB559 | Apricot & Almond                       | 80g     | 0.69 | GSV    |
| KB541 | Cashew & Coconut                       | 80g     | 0.69 | GV     |
| KB575 | Dark Chocolate & Ginger                | 80g     | 0.75 | GS     |
| KB409 | Golden Syrup Flapjack                  | 80g     | 0.99 | GSV    |
| KB543 | Summer Berry                           | 80g     | 0.69 | GSV    |
|       | <i>Protein Flapjack</i>                |         |      |        |
| ZX697 | Golden Syrup Protein Flapjack          | 52g     | 1.05 | GSV    |
| ZX713 | Salted Caramel Protein Flapjak         | 52g     | 1.05 | GS     |
|       | <b>CREATIVE NATURE</b>                 |         |      |        |
| KB770 | Apple Pie Flapjack Bar                 | 40g     | 1.29 | GV     |
| KB755 | Cacao Orange Flapjack Bar              | 40g     | 1.29 | GV     |
| KB275 | Carrot Cake Flapjack Bar               | 38g     | 1.19 | GV     |
| KB946 | Ginger Teatox Flapjack                 | 38g     | 0.99 | GV     |
| KB947 | Goji Goodness Flapjack                 | 38g     | 0.99 | GV     |
| KB731 | Salted Caramel Flapjack Bar            | 40g     | 1.29 | GV     |
|       | <i>Raw Cold Pressed flapjack bar</i>   |         |      |        |
| KB944 | Raw Cacao Superfood Flapjack           | 38g     | 0.99 | GV     |
|       | <b>DELICIOUSLY ELLA</b>                |         |      |        |
| KB435 | Cacao & Almond Ball                    | 40g     | 1.99 | GV     |
| KB441 | Cashew & Ginger Ball                   | 40g     | 1.99 | GV     |
| KB444 | Coconut & Oat Ball                     | 40g     | 1.99 | GV     |
| KB481 | Peanut Butter & Raspberry Ball         | 48g     | 1.69 | GV     |
|       | <i>Nut Butter Filled</i>               |         |      |        |
| WS071 | Almond Butter Ball                     | 36g     | 1.99 | GV     |
| WS007 | Apple, Cinnamon & Almond Ball          | 36g     | 1.99 | GV     |
| WS072 | Hazelnut Nut Butter Ball               | 36g     | 1.99 | GV     |
| WS006 | Raspberry & Cashew Butter Ball         | 36g     | 1.99 | GV     |
|       | <b>DOVES FARM</b>                      |         |      |        |
|       | <i>Impulse</i>                         |         |      |        |
| KB228 | Apple & Sultana Flapjack               | 35g     | 0.75 | GOSV   |
| KB230 | Apricot & Chia Seed Flapjack           | 35g     | 0.75 | GOSV   |
| KB234 | Chocolate Chip Flapjack                | 35g     | 0.75 | GOSV   |
|       | <i>Multipack</i>                       |         |      |        |
| KB237 | Apple & Sultana Flapjack               | 4 x 35g | 2.55 | GOSV   |
| KB261 | Apricot & Chia Seed Flapjack           | 4 x 35g | 2.55 | GOSV   |
| KB463 | Chocolate Chip Flapjack                | 4 x 35g | 2.55 | GOSV   |

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|-------------------------------|--------------------------------|---------|------|--------|
| <b>EAT NATURAL</b>            |                                |         |      |        |
| KB464                         | Almond, Apricot & Yoghurt      | 50g     | 0.89 | GS     |
| WS028                         | Apple, ginger & dark chocolate | 45g     | 0.89 | GS     |
| KB470                         | Blueberry & Cashew Bar         | 45g     | 0.89 | GS     |
| KB466                         | Brazil, Sultana, Almond, Hazel | 50g     | 0.89 | GS     |
| KB547                         | Dark 70% Choc,Brazils,Apricots | 45g     | 0.89 | G      |
| KB465                         | Date, Walnut & Pumpkin Seed    | 45g     | 0.89 | GS     |
| WS031                         | Maple Syrup, Pecans & Peanuts  | 45g     | 0.89 | GSV    |
| KB171                         | Vegan Fruit & Nut bar          | 45g     | 0.95 | GV     |
| <b>GO BITES</b>               |                                |         |      |        |
| ZX534                         | Blackcurrant & Blueberry       | 24g     | 0.99 | GV     |
| ZX527                         | Date & Coconut                 | 24g     | 0.99 | GV     |
| ZX508                         | Hazelnut & Cacao               | 24g     | 0.99 | GV     |
| ZX533                         | Raspberry & Cacao              | 24g     | 0.99 | GV     |
| ZX518                         | Strawberry & Cashew            | 24g     | 0.99 | GV     |
| <b>LOVE VEGAN BY JENNIFER</b> |                                |         |      |        |
| KB716                         | Orange Cacao and Cashew        | 32.5g   | 1.25 | GV     |
| KB708                         | Rich Cacao and Cashew          | 32.5g   | 1.25 | GV     |
| KB514                         | Smooth Peanut and Caramel Bar  | 32.5g   | 1.25 | GV     |
| KB723                         | Warm Ginger and Peanut         | 32.5g   | 1.25 | GV     |
| <b>MERIDIAN</b>               |                                |         |      |        |
| KB709                         | Almond Bar                     | 40g     | 1.50 | GV     |
| KB879                         | Cashew Bar                     | 40g     | 1.49 | GV     |
| KB972                         | Peanut & Banana Bar            | 40g     | 1.25 | GV     |
| KB975                         | Peanut & Cocoa Bar             | 40g     | 1.25 | GV     |
| KB201                         | Peanut & Coconut Bar           | 40g     | 1.25 | GV     |
| KB721                         | Peanut Bar                     | 40g     | 1.25 | GV     |
| <b>NAIRN'S</b>                |                                |         |      |        |
| <i>Gluten Free Oat Bars</i>   |                                |         |      |        |
| BT330                         | Oat Bar Apple & Cinnamon       | 40g     | 0.89 | GV     |
| BT326                         | Oat Bar Cacao & Orange         | 40g     | 0.89 | GV     |
| BT325                         | Oat Bar Seeded Protein         | 40g     | 0.89 | GV     |
| <b>NAKD</b>                   |                                |         |      |        |
| <i>Mini Nibbles</i>           |                                |         |      |        |
| KB913                         | Coconut Bliss                  | 40g     | 0.95 | GV     |
| KB916                         | Strawberries & Cream           | 40g     | 0.95 | GV     |
| <i>Multi Packs</i>            |                                |         |      |        |
| KB029                         | Berry Delight Multipack        | 4 x 35g | 3.09 | GV     |
| KB931                         | Cashew Cookie Multipack        | 4 x 35g | 3.09 | GV     |
| KB031                         | Cocoa Delight Multipack        | 4 x 35g | 3.09 | GV     |
| KB003                         | Cocoa Orange Multipack         | 4 x 35g | 3.09 | GV     |
| <i>Nudie Bars</i>             |                                |         |      |        |
| KB877                         | Bakewell Tart Bar              | 35g     | 0.89 | GV     |
| KB686                         | Banoffee Pie Bar               | 35g     | 0.89 | GV     |
| KB756                         | Berry Delight Bar              | 35g     | 0.89 | GV     |
| KB532                         | Blueberry Muffin               | 35g     | 0.89 | GV     |
| KB554                         | Cashew Cookie Bar              | 35g     | 0.89 | GV     |
| KB347                         | Cocoa Coconut                  | 35g     | 0.89 | GV     |
| KB757                         | Cocoa Delight Bar              | 35g     | 0.89 | GV     |
| KB556                         | Cocoa Orange Bar               | 35g     | 0.89 | GV     |
| KB995                         | Coffee & Walnut                | 35g     | 0.89 | GV     |
| KB558                         | Ginger Bread Bar               | 35g     | 0.89 | GV     |
| KB163                         | Lemon Drizzle Bar              | 35g     | 0.89 | GV     |
| WS021                         | Peanut Delight                 | 35g     | 0.89 | GV     |
| KB553                         | Pecan Pie Bar                  | 35g     | 0.89 | GV     |
| ZX609                         | Salted Caramel                 | 35g     | 0.89 | GV     |
| KB691                         | Strawberry Sundae Bar          | 35g     | 0.89 | GV     |
| <i>Oaties</i>                 |                                |         |      |        |
| WS041                         | Apple Danish                   | 30g     | 0.89 | GV     |
| WS045                         | Apple Danish Multipacks        | 4 x 30g | 3.09 | GV     |

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|-------------|---------------------------------|-------------|------------|---------------|
| WS043       | Banana Bread Bars               | 30g         | 0.89       | GV            |
| WS042       | Berry Bliss Bars                | 30g         | 0.89       | GV            |
|             | <i>Posh Bits</i>                |             |            |               |
| WS026       | Cocoa Mandarin Posh Bits        | 130g        | 3.15       | GV            |
| WS025       | Cocoa Raspberry Posh Bits       | 130g        | 3.15       | GV            |
| WS024       | Cocoa Sea Salt Posh Bits        | 130g        | 3.15       | GV            |
|             | <b>NINE</b>                     |             |            |               |
|             | <i>New Range</i>                |             |            |               |
| KB634       | Almond & Raspberry              | 50g         | 0.99       | GSV           |
| KB597       | Carob Raspberry & Chia Seed     | 40g         | 0.89       | GSV           |
| KB669       | Carob Raspberry & Chia Seed     | 4 x 40g     | 2.25       | GSV           |
| KB907       | Cocoa & Orange                  | 40g         | 0.89       | GSV           |
| KB604       | Double Cocoa & Coconut          | 40g         | 0.89       | GSV           |
| KB609       | Double Cocoa & Raspberry        | 40g         | 0.89       | GSV           |
| KB614       | Original Carob & Hemp Seed      | 40g         | 0.89       | GSV           |
| KB692       | Original Carob & Hemp Seed      | 4 x 40g     | 2.25       | GSV           |
| KB629       | Peanut & Pumpkin Seed           | 40g         | 0.89       | GSV           |
| KB664       | Peanut & Raisin                 | 50g         | 0.99       | GSV           |
| KB630       | Pumpkin & Sunflower Seed        | 40g         | 0.89       | GSV           |
| KB904       | Salted Caramel                  | 40g         | 0.89       | GSV           |
|             | <b>PERKIER</b>                  |             |            |               |
| WS018       | Cacao & Cashew Quinoa Bar       | 35g         | 0.99       | GSV           |
| KB124       | Cacao & Orange Bites            | 35g         | 1.65       | GV            |
| KB113       | Cacao & Peanut Bites            | 35g         | 1.65       | GS            |
| WS017       | Cashew/Chia/Pumpkin/Quinoa Bar  | 35g         | 0.99       | GSV           |
| WS016       | Goji & Cranberry Quinoa Bar     | 35g         | 0.99       | GSV           |
| KB115       | Salted Caramel Bites            | 35g         | 1.65       | GV            |
|             | <b>PLANET ORGANIC</b>           |             |            |               |
|             | <i>Energy Bar</i>               |             |            |               |
| BT070       | Cacao Brazil Nut Energise Bar   | 30g         | 1.19       | GOV           |
| BT062       | Chia Vanilla Energise Bar       | 30g         | 1.19       | GOV           |
|             | <i>Raw Protein Bar</i>          |             |            |               |
| KB025       | Almond Butter & Choc Chip       | 50g         | 1.99       | GOSV          |
| KB020       | Almond Butter & Coconut         | 50g         | 1.99       | GOSV          |
| BT373       | Espresso Mocha                  | 50g         | 1.99       | GOV           |
| BT379       | Sour Cherry & White Choc        | 50g         | 1.99       | GOSV          |
|             | <b>PULSIN'</b>                  |             |            |               |
|             | <i>Fruit and Nut Bars</i>       |             |            |               |
| ZX649       | Berry & Beet Bar                | 35g         | 0.89       | GSV           |
| ZX650       | Cacao & Raisin Bar              | 35g         | 0.89       | VSG           |
| ZX669       | Raspberry & Acai Bar            | 35g         | 0.89       | GSV           |
|             | <i>Fruity Oat Bars</i>          |             |            |               |
| KB660       | Choc & Raisin Fruity Oat Bars   | 25g         | 0.59       | GV            |
| KB792       | Orange Choc Chip Fruity Oat     | 25g         | 0.59       | GV            |
| KB791       | Strawberry Fruity Oat Bar       | 25g         | 0.59       | GV            |
|             | <i>Protein Boosters</i>         |             |            |               |
| KB156       | Caramel Choc & Peanut Bar       | 50g         | 1.79       | GV            |
| KB090       | Maple & Peanut Protein Bar      | 50g         | 1.79       | GV            |
| KB875       | Mint Choc & Cashew Protein Bar  | 50g         | 1.79       | GV            |
| KB279       | Orange Choc Chip Protein Bar    | 50g         | 1.79       | GV            |
| KB148       | Peanut Choc Protein Bar         | 50g         | 1.79       | GV            |
| KB706       | Vanilla Choc Chip Protein Bar   | 50g         | 1.79       | GV            |
|             | <i>Raw Choc Brownie</i>         |             |            |               |
| WS054       | Maca Bliss Raw Choc Brownie     | 35g         | 1.19       | GV            |
| WS056       | Peanut Choc Chip Raw Brownie    | 35g         | 1.19       | GSV           |
| WS057       | Raw Choc Almond Raisin Brownie  | 35g         | 1.19       | GV            |
| WS058       | Salted Caramel Raw Choc Brownie | 35g         | 1.19       | GV            |
| WS055       | Super Berry Raw Choc Brownie    | 35g         | 1.19       | GV            |
|             | <b>RAW HEALTH</b>               |             |            |               |
| KB118       | Chocada Truffles                | 65g         | 3.29       | GOSV          |

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|-------|--------------------------------|---------|------|--------|
|       | <b>RHYTHM 108</b>              |         |      |        |
| WS083 | Choco Walnut Brownie           | 40g     | 1.39 | VGSO   |
| WS084 | Coconut Macaroon               | 40g     | 1.39 | OSGV   |
| WS085 | Hazelnut Cookie DOugh          | 40g     | 1.39 | SGVO   |
|       | <b>RUDE HEALTH FOODS</b>       |         |      |        |
| KB865 | Peanut Crunch                  | 3 x 25g | 3.39 | GOS    |
| KB110 | Peanut Crunch Single           | 35g     | 1.75 | GO     |
| KB846 | Sesame Crunch                  | 3 x 25g | 3.39 | GOS    |
| ZX784 | Sweet potato & cacao bar       | 35g     | 1.19 | GV     |
| KB350 | The Peanut Bar                 | 35g     | 1.19 | GV     |
|       | <b>RUE HEALTH FOODS</b>        |         |      |        |
| KB112 | Sesame Crunch Single           | 35g     | 1.75 | GO     |
|       | <b>SWEET NOTHINGS</b>          |         |      |        |
| KB165 | Chocolate & Caramel Flapjack   | 68g     | 1.59 | GV     |
| KB169 | Chocolate & Orange Flapjack    | 68g     | 1.59 | GV     |
|       | <i>Flapjack Bites</i>          |         |      |        |
| KB442 | Ginger & Lemon                 | 68g     | 1.59 | GV     |
| KB334 | Lime & Coconut                 | 68g     | 1.59 | GV     |
|       | <b>TREK</b>                    |         |      |        |
|       | <i>FLAPJACKS</i>               |         |      |        |
| KB499 | Cocoa and oat protein flapjack | 50g     | 1.05 | GVS    |
| KB500 | Cocoa coconut protein flapjack | 50g     | 1.05 | GVS    |
| KB501 | Morning berry protein flapjack | 50g     | 1.05 | GVS    |
| KB504 | Oat & raisin protein flapjack  | 50g     | 1.05 | GVS    |
| KB505 | Original oat protein flapjack  | 50g     | 1.05 | GVS    |
|       | <i>Nut Protein Bar</i>         |         |      |        |
| BT130 | Blueberry & Pumpkin Seed       | 40g     | 0.99 | GSV    |
| BT136 | Coconut & Raspberry            | 40g     | 0.99 | GSV    |
| BT128 | Dark Chocolate & Orange        | 40g     | 0.99 | GSV    |
| BT139 | Dark Chocolate & Sea Salt      | 40g     | 0.99 | GSV    |
|       | <i>TREK BARS</i>               |         |      |        |
| KB720 | Berry Burst                    | 55g     | 1.15 | GV     |
| KB722 | Cocoa Chaos                    | 55g     | 1.15 | GV     |
| KB725 | Peanut Power                   | 55g     | 1.15 | GV     |
|       | <b>SOFT DRINKS</b>             |         |      |        |
|       | <b>BERRY COMPANY</b>           |         |      |        |
|       | <i>Cans</i>                    |         |      |        |
| JU784 | Sparkling Acai Drink           | 250ml   | 1.19 | GV     |
| JU778 | Sparkling Goji Drink           | 250ml   | 1.19 | GV     |
|       | <b>BUMBLEZEST</b>              |         |      |        |
| JU137 | Ginger, Turmeric & CBD         | 250ml   | 1.99 | GV     |
| JU138 | Rosemary, Thyme & Lavender     | 250ml   | 1.99 | GV     |
| JU143 | Yerba Mate, Matcha & Coffee    | 250ml   | 1.99 | GV     |
|       | <b>CAPTAIN KOMBUCHA</b>        |         |      |        |
| JU711 | California Raspberry           | 400ml   | 2.89 | GSV    |
| JU070 | Cayenne Pepper                 | 400ml   | 2.89 | GOV    |
| JU710 | Coconut Summer Beach           | 400ml   | 2.89 | GSV    |
| JU404 | Ginger & Lemon                 | 400ml   | 2.89 | GSV    |
| JU709 | Original                       | 400ml   | 2.89 | GSV    |
| JU071 | Pineapple Peach Splash         | 400ml   | 2.89 | GOV    |
|       | <b>CAWSTON PRESS</b>           |         |      |        |
|       | <i>Cawston Drys</i>            |         |      |        |
| JU047 | Dry Ginger & Lemon             | 250ml   | 1.19 | GV     |
| JU032 | Dry Raspberry                  | 250ml   | 1.19 | GV     |
|       | <b>COCOFINA</b>                |         |      |        |
| JU777 | Organic Coconut Water Turmeric | 200ml   | 2.99 | GOV    |
|       | <b>DALSTON'S</b>               |         |      |        |
|       | <i>Cans</i>                    |         |      |        |
| JU163 | Cherryade                      | 330ml   | 1.09 | GSV    |

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|---------------------------|-----------------------------------|-----------|-------|--------|
| JU773                     | Fizzy Blackcurrant                | 330ml     | 1.09  | GSV    |
| JU166                     | Fizzy Elderflower                 | 330ml     | 1.09  | GSV    |
| JU772                     | Fizzy Rhubarb                     | 330ml     | 1.09  | GSV    |
| JU162                     | Ginger Beer                       | 330ml     | 1.09  | GSV    |
| JU776                     | Light Sparkling Elderflower       | 330ml     | 1.09  | GV     |
| JU775                     | Light Sparkling Rhubarb           | 330ml     | 1.09  | GV     |
| <b>FENTIMANS</b>          |                                   |           |       |        |
| JU002                     | Apple & Blackberry                | 275ml     | 1.59  | GSV    |
| JU001                     | Apple & Blackberry                | 750ml     | 3.59  | GSV    |
| <i>Mixer Range - Cans</i> |                                   |           |       |        |
| JU803                     | Elderflower Tonic Water           | 8 x 150ml | 11.99 | GV     |
| JU804                     | Naturally Light Tonic Water       | 8 x 150ml | 10.99 | GV     |
| JU805                     | Pink Grapefruit Tonic Water       | 8 x 150ml | 11.99 | GV     |
| JU806                     | Pink Rhubarb Tonic Water          | 8 x 150ml | 11.99 | GV     |
| JU807                     | Premium Indian Tonic Water        | 8 x 150ml | 10.99 | GV     |
| JU808                     | Valencian Orange Tonic Water      | 8 x 150ml | 11.99 | GV     |
| <b>GUSTO</b>              |                                   |           |       |        |
| JU376                     | Naturally Slim Cola               | 275ml     | 1.99  | FGV    |
| JU353                     | Organic Real Cola                 | 275ml     | 1.99  | FGOV   |
| <b>KUKA COFFEE</b>        |                                   |           |       |        |
| JU076                     | Cold Brew Coffee                  | 240ml     | 2.65  | FGV    |
| <b>LOVERAW</b>            |                                   |           |       |        |
| SY087                     | Almond Caffe Latte                | 330ml     | 2.39  | GV     |
| SY095                     | Turmeric Chai Latte               | 330ml     | 1.79  | GV     |
| <b>OH MY GUTNESS</b>      |                                   |           |       |        |
| JU085                     | Atlantic Raspberry                | 330ml     | 1.99  | GOV    |
| JU087                     | Ginger & Lemon                    | 330ml     | 1.99  | GOV    |
| JU086                     | Original                          | 330ml     | 1.99  | GOV    |
| JU089                     | Real Cola                         | 330ml     | 1.99  | GOV    |
| <b>REBEL KITCHEN</b>      |                                   |           |       |        |
| JU176                     | Chocolate Hazelnut                | 250ml     | 1.59  | GOV    |
| JU178                     | Chocolate Mylk                    | 250ml     | 1.59  | GOV    |
| JU168                     | Coffee Mylk                       | 250ml     | 1.59  | GOV    |
| JU179                     | Mocha Mylk                        | 250ml     | 1.59  | GOV    |
| <b>SIMPLEE ALOE</b>       |                                   |           |       |        |
| JU707                     | Aloe Water No Pulp                | 500ml     | 1.49  | GV     |
| JU708                     | Aloe Water with Pulp              | 500ml     | 1.49  | GV     |
| JU706                     | Aloe with Coconut Water           | 1l        | 3.49  | GV     |
| JU704                     | Aloe with Grape and Lemon         | 1l        | 3.49  | GV     |
| <b>SWEET FREEDOM</b>      |                                   |           |       |        |
| JU464                     | Chock Shake Caramel               | 310g      | 2.99  | GV     |
| <b>UBUNTU</b>             |                                   |           |       |        |
| JU506                     | Ubuntu Cola in cans               | 330ml     | 0.69  | FGSV   |
| <b>SOUPS</b>              |                                   |           |       |        |
| <b>AMY'S KITCHEN</b>      |                                   |           |       |        |
| VF252                     | Chunky Tomato Soup                | 400g      | 2.10  | GO     |
| VF248                     | Cream Of Mushroom Soup            | 400g      | 2.10  | GO     |
| VF260                     | Lentil Soup                       | 400g      | 2.10  | GOV    |
| VF265                     | Lentil Vegetable Soup             | 400g      | 2.10  | GOV    |
| VF268                     | Split Pea Soup                    | 400g      | 2.10  | GOV    |
| <i>Hearty Soup</i>        |                                   |           |       |        |
| VF054                     | French Country Vegetable          | 408g      | 2.65  | GV     |
| VF267                     | Quinoa Kale & Red Lentil Soup     | 408g      | 2.65  | GOV    |
| VF057                     | Rustic Italian Vegetable          | 397g      | 2.65  | GV     |
| VF059                     | Spanish Rice & Red Bean Soup      | 416g      | 2.65  | GV     |
| <b>FREE &amp; EASY</b>    |                                   |           |       |        |
| VF302                     | Broccoli & Kale                   | 400g      | 1.65  | GOV    |
| VF297                     | Butternut, Sweet Potato, Turmeric | 400g      | 1.65  | GOV    |
| VF097                     | Sweet Potato & Chia Soup - Org    | 400g      | 1.65  | GOV    |
| VF301                     | Sweet Potato & Quinoa             | 400g      | 1.65  | GOV    |



| code  | product                                  | size  | rrp   | bfgosv |
|-------|--|-------|-------|--------|
|       | <b>SOUPS (CHILLED)</b>                   |       |       |        |
|       | <b>TIDEFORD ORGANIC VEGAN FOODS</b>      |       |       |        |
| CV176 | Gazpacho Andaluz Soup                    | 600g  | 3.05  | GOV    |
| CV782 | Lentil and Spinach Dahl                  | 600g  | 3.05  | GOV    |
| CV734 | Tomato and Basil                         | 600g  | 3.05  | GOV    |
| CV783 | Winter Spiced Parsnip Soup               | 600g  | 3.05  | GOV    |
|       | <b>SPIRITS &amp; LIQUEURS</b>            |       |       |        |
| WN021 | Juniper Green Trophy Gin                 | 70cl  | 37.99 | GOV    |
|       | <b>SUGARS &amp; SYRUPS</b>               |       |       |        |
|       | <b>CHANTICO</b>                          |       |       |        |
| LJ226 | Raw Agave Syrup                          | 333g  | 3.49  | GOV    |
| LJ227 | Wild Agave Syrup                         | 333g  | 3.49  | GOV    |
|       | <b>SUPERFOODS &amp; SPORTS NUTRITION</b> |       |       |        |
|       | <b>CLEARSPRING</b>                       |       |       |        |
| MD069 | Flaxseed Protein Powder                  | 350g  | 5.89  | GOV    |
|       | <b>FASTING FOR FITNESS</b>               |       |       |        |
| VM308 | Coconut Protein + Plant                  | 480g  | 20.09 | GOV    |
| VM307 | Coconut Protein+ Whey                    | 480g  | 20.09 | GO     |
|       | <b>GRANOVITA</b>                         |       |       |        |
| GT300 | Flax Oil - Organic                       | 260ml | 11.75 | GOV    |
| GT302 | Hemp Oil - Organic                       | 260ml | 7.89  | GOV    |
| GT301 | Omega Oil Blend - organic                | 260ml | 12.39 | GOV    |
|       | <b>LINWOODS</b>                          |       |       |        |
| MD113 | Chia Seed                                | 200g  | 6.19  | GV     |
| MD109 | Flax,Almond,Brazil,Walnut,Q10            | 360g  | 6.25  | GV     |
| MD104 | Flax,Sunflower,Pump,Sesame,Goji          | 425g  | 5.99  | GV     |
| MD102 | Flaxseed                                 | 425g  | 4.99  | GOV    |
| MD114 | Flaxseed                                 | 200g  | 3.35  | GOV    |
| MD115 | Flaxseed & Goji Berries                  | 200g  | 3.55  | GV     |
|       | <i>Organic Sprouted Range</i>            |       |       |        |
| VM263 | Sprouted Flaxseed                        | 360g  | 6.99  | GOV    |
|       | <b>NATURES AID</b>                       |       |       |        |
| VM003 | MCT Oil                                  | 500ml | 18.95 | FGV    |
|       | <b>NATURYA</b>                           |       |       |        |
| MD040 | Greens Blend Organic                     | 250g  | 14.99 | FGOV   |
| MD155 | Organic Spirulina Powder                 | 200g  | 8.99  | GOV    |
| MD067 | Organic Turmeric Superblend              | 250g  | 7.99  | GOV    |
|       | <b>NUUN ACTIVE</b>                       |       |       |        |
| VM060 | Citrus Fruit Drink Tablets               | 1     | 6.99  | GV     |
| VM066 | Lemon + Lime Drink Tablets               | 1     | 6.99  | GV     |
| VM061 | Orange Drink Tablets                     | 1     | 6.99  | GV     |
| VM067 | Strawberry Lemonade Drink Tabs           | 1     | 6.99  | GV     |
| VM064 | Tri-Berry Drink Tablets                  | 1     | 6.99  | GV     |
| VM069 | Tropical Drink Tablets                   | 1     | 6.99  | GV     |
|       | <b>NUUN HYDRATION</b>                    |       |       |        |
|       | <i>Vitamins</i>                          |       |       |        |
| VM301 | Tangerine Lime                           | 52g   | 8.99  | GSV    |
|       | <b>PULSIN'</b>                           |       |       |        |
| VM258 | Chocolate Pea Protein Powder             | 250g  | 14.99 | GV     |
| VM093 | Hemp Protein Powder                      | 250g  | 8.39  | GV     |
| VM012 | Hemp Protein Powder                      | 1kg   | 25.25 | GV     |
| VM175 | Organic Whey Protein Powder              | 250g  | 16.99 | GO     |
| VM163 | Organic Whey Protein Powder              | 1kg   | 49.99 | GO     |
| VM027 | Pea Protein Isolate                      | 1kg   | 25.25 | GV     |
| VM092 | Pea Protein Powder                       | 250g  | 8.39  | GV     |
| VM091 | Premium Whey                             | 250g  | 12.99 | G      |
| VM024 | Rice Protein Powder                      | 250g  | 9.99  | GV     |
| VM070 | Simply Whey                              | 250g  | 8.99  | G      |
| VM010 | Soya Protein Isolate                     | 1kg   | 17.99 | GV     |

| code                              | product   | size        | rrp   | bfgosv |
|-----------------------------------|---|-------------|-------|--------|
| VM095                             | Soya Protein Powder                                 | 250g        | 5.99  | GV     |
| VM260                             | Vanilla Whey Protein Powder<br><i>Supershakes</i>   | 250g        | 14.99 | G      |
| VM304                             | Cacao & Maca Energy Supershake                      | 300g        | 17.59 | GV     |
| VM305                             | Red Berry Immunity Shake                            | 280g        | 17.59 | GV     |
| VM306                             | Vanilla Matcha Vitality Shake                       | 300g        | 17.59 | GV     |
| <b>SUPPLEMENTS &amp; REMEDIES</b> |   |             |       |        |
| <b>BETTER YOU</b>                 |   |             |       |        |
| VM171                             | Boost B12 Oral Spray                                | 25ml        | 11.95 | GV     |
| VM051                             | DLux 1000 Vegan Vitamin D                           | 15ml        | 9.95  | GV     |
| VM055                             | DLux Infant Vitamin D                               | 15ml        | 6.35  | G      |
| <b>FLORADIX</b>                   |   |             |       |        |
| MD016                             | Floradix Vitamin B Complex                          | 250ml       | 12.69 | GV     |
| <b>NATURES AID</b>                |   |             |       |        |
| VM293                             | Bilberry Capsules                                   | 60 capsules | 16.55 | GOV    |
| VM317                             | CBD Oil 10% Spray                                   | 10ml        | 64.99 | GV     |
| VM315                             | CBD Oil 2.5% Spray                                  | 10ml        | 21.99 | GV     |
| VM316                             | CBD OIL 5% Spray                                    | 10ml        | 39.99 | GV     |
| VM058                             | CBD Sachets - one a day                             | 7 sachet    | 9.99  | GV     |
| VM041                             | D-Mannose   | 60 tablets  | 16.95 | GV     |
| VM015                             | Multi-Vitamin Drops                                 | 50ml        | 7.95  | FG     |
| VM294                             | Red Yeast Rice Capsules                             | 30 capsules | 17.95 | GV     |
| VM291                             | Turmeric Capsules                                   | 30 capsules | 9.95  | GV     |
| VM292                             | Turmeric Capsules                                   | 60 capsules | 17.95 | GV     |
| VM034                             | Vitamin C Drops                                     | 50ml        | 4.95  | FGV    |
| VM295                             | Vitamin D3 1000iu                                   | 60 tablets  | 5.95  | GV     |
| VM037                             | Vitamin D3 Drops                                    | 50ml        | 6.95  | FG     |
| <b>PUKKA</b>                      |   |             |       |        |
| MD036                             | Women Wholistic Shatavari                           | 30 capsules | 16.95 | GOV    |
| <b>RICOLA</b>                     |   |             |       |        |
| <i>Soothe &amp; Clear</i>         |   |             |       |        |
| MD001                             | Honey Herb Bag                                      | 75g         | 1.65  | SG     |
| MD009                             | Honey, Lemon & Echinacea                            | 75g         | 1.65  | GS     |
| <b>SIMPLEE ALOE</b>               |   |             |       |        |
| MD041                             | Aloe Juice Health Supplement                        | 500ml       | 9.99  | GOV    |
| MD025                             | Aloe Juice Health Supplement                        | 1l          | 15.99 | GOV    |
| <b>TOGETHER HEALTH</b>            |   |             |       |        |
| VM022                             | Beautiful   | 60          | 14.99 | GV     |
| VM033                             | Gentle Iron   | 30          | 7.99  | GV     |
| VM025                             | Pregnancy - Multi Vit & Mins                        | 60          | 14.99 | G      |
| VM050                             | Stress Aid Vitamin & Mineral                        | 30          | 9.99  | GV     |
| VM111                             | Vitamin B Complex                                   | 30          | 9.25  | G      |
| VM017                             | Vitamin B12 Complex                                 | 60          | 12.99 | GV     |
| VM113                             | Vitamin C with Bioflavonoids                        | 30          | 7.99  | GV     |
| VM054                             | Womens Multivit                                     | 30          | 9.99  | G      |
| <b>SWEET SNACKS</b>               |   |             |       |        |
| <b>ANANDA FOODS</b>               |   |             |       |        |
| <i>CHRISTMAS 2019</i>             |   |             |       |        |
| KB310                             | Halloween Marshmallows                              | 80g         | 4.20  | GSV    |
| KB309                             | Let's Celebrate Marshmallows<br><i>Mini Mallows</i> | 80g         | 4.20  | SVG    |
| KB176                             | Caramel Marshmallow Bag                             | 45g         | 2.45  | GSV    |
| KB182                             | Raspberry Marshmallow Bag                           | 45g         | 2.45  | GSV    |
| <b>BEAR</b>                       |   |             |       |        |
| ZX526                             | Yoyo Pure Fruit Rolls - Apple                       | 20g         | 0.59  | GV     |
| ZX529                             | Yoyo Pure Fruit Rolls - Mango                       | 20g         | 0.59  | GV     |
| ZX545                             | Yoyo Pure Fruit Rolls - Pineap                      | 20g         | 0.59  | GV     |
| ZX555                             | Yoyo Pure Fruit Rolls - Strawb                      | 20g         | 0.59  | GV     |
| ZX525                             | Yoyo Pure Fruit Rolls-Blackcur                      | 20g         | 0.59  | GV     |
| ZX550                             | Yoyo Pure Fruit Rolls-Raspb'ry                      | 20g         | 0.59  | GV     |

| code  | product                           | size    | rrp  | bfgosv |
|-------|-----------------------------------|---------|------|--------|
|       | <i>Claws</i>                      |         |      |        |
| ZX302 | Claws - Apple, Pear & Pumpkin     | 18g     | 0.69 | GV     |
| ZX531 | Claws- Strawberry & Butternut     | 18g     | 0.69 | GV     |
|       | <i>Claws in multipacks</i>        |         |      |        |
| ZX008 | Claws - Apple, Pear & Pumpkin     | 5 x 18g | 2.69 | GV     |
| ZX006 | Claws - Blackcurrant& Beetroot    | 5 x 18g | 2.69 | GV     |
| ZX005 | Claws - Mango & Carrot            | 5 x 18g | 2.69 | GV     |
| ZX003 | Claws - Strawberry & Butternut    | 5 x 18g | 2.69 | GV     |
|       | <i>Yoyo Sours</i>                 |         |      |        |
| ZX514 | Blackcurrant & Apple              | 20g     | 0.59 | GV     |
| ZX511 | Mango & Apple                     | 20g     | 0.59 | GV     |
| ZX448 | Strawberry & Apple                | 20g     | 0.59 | GV     |
|       | <i>Yoyo Sours Multipack</i>       |         |      |        |
| ZX567 | Strawberry & Apple                | 5 x 20g | 2.69 | GV     |
|       | <i>Yoyos in multipacks</i>        |         |      |        |
| ZX020 | Yoyos - Blackcurrant Multipack    | 5 x 20g | 2.59 | GV     |
| ZX014 | Yoyos - Mango Multipack           | 5 x 20g | 2.59 | GV     |
| ZX013 | Yoyos - Raspberry Multipack       | 5 x 20g | 2.59 | GV     |
| ZX012 | Yoyos - Strawberry Multipack      | 5 x 20g | 2.59 | GV     |
|       | <b>BIONA</b>                      |         |      |        |
| ZX002 | Berry Burst Sweets - Organic      | 75g     | 1.89 | GOSV   |
| ZX441 | Jelly Dino Sweets - Organic       | 75g     | 1.89 | GOSV   |
| ZX911 | Mini Fruit Bears                  | 75g     | 2.09 | GOSV   |
| ZX443 | Pomegranate Heart Sweets - Org    | 75g     | 1.89 | GOSV   |
| ZX576 | Sour Snake Sweets - Organic       | 75g     | 2.09 | GOSV   |
|       | <b>CANDY KITTENS</b>              |         |      |        |
| ZX621 | Blueberry Bliss                   | 108g    | 2.05 | VSG    |
| ZX623 | Peach Fizz                        | 108g    | 2.05 | GSV    |
| ZX599 | Sour Watermelon                   | 108g    | 2.05 | GSV    |
| ZX622 | Wild Strawberry                   | 108g    | 2.05 | SVG    |
|       | <i>CHRISTMAS 2019</i>             |         |      |        |
| ZX123 | Peach Fizz Gift Jar               | 350g    | 9.45 | GSV    |
| ZX118 | Sour Watermelon Gift Jar          | 350g    | 9.45 | GSV    |
| ZX112 | Wild Strawberry Gift Jar          | 350g    | 9.45 | GSV    |
|       | <i>Small Bags</i>                 |         |      |        |
| ZX646 | Peach Fizz                        | 54g     | 1.25 | GSV    |
| ZX645 | Sour Watermelon                   | 54g     | 1.25 | SVG    |
|       | <b>CHUM FRUIT BITES</b>           |         |      |        |
| ZX223 | Apple                             | 20g     | 0.89 | GV     |
| ZX225 | Berry                             | 20g     | 0.89 | GV     |
| ZX228 | Peach                             | 20g     | 0.89 | GV     |
| ZX224 | Strawberry                        | 20g     | 0.89 | GV     |
|       | <b>FABULOUS FREE FROM FACTORY</b> |         |      |        |
| ZX548 | Chocovered Crunchee Bites         | 65g     | 1.85 | GSV    |
| ZX928 | Chocovered Peanuts                | 65g     | 1.69 | GSV    |
| ZX159 | Dairy Free Chocolate Raisins      | 75g     | 1.69 | GV     |
| ZX432 | Dairy Free Fudge                  | 200g    | 3.29 | GSV    |
| ZX627 | Dairy Free Fudgee Bites           | 75g     | 1.69 | GSV    |
| ZX628 | Raspberry Ice Bites               | 75g     | 1.49 | GSV    |
|       | <b>FREE FROM FELLOWS</b>          |         |      |        |
| ZX065 | Cola Bottles                      | 100g    | 1.89 | GV     |
| ZX060 | Gummy Bears                       | 100g    | 1.89 | GV     |
| ZX072 | Midget Gems                       | 100g    | 1.89 | GV     |
|       | <i>Boiled Sweets</i>              |         |      |        |
| ZX321 | Cola & Strawberry Lollipops       | 60g     | 1.89 | VG     |
| ZX373 | Pear Drops                        | 70g     | 1.89 | GS     |
| ZX324 | Rhubarb and Custard               | 70g     | 1.89 | VG     |
|       | <b>FREEDOM CONFECTIONERY</b>      |         |      |        |
| KB385 | Strawberry Marshmallows           | 75g     | 2.49 | GV     |
| KB383 | White Vanilla Marshmallows        | 75g     | 2.49 | GSV    |

| code  | product                        | size    | rrp   | bfgosv |
|-------|--------------------------------|---------|-------|--------|
|       | <i>Mallow Bites</i>            |         |       |        |
| KB043 | Strawberry Chocolate           | 100g    | 3.25  | GSV    |
| KB040 | Vanilla Chocolate              | 100g    | 3.25  | GSV    |
|       | <i>Mini Mallows</i>            |         |       |        |
| KB789 | Pink & White Mini Marshmallows | 75g     | 2.49  | GSV    |
|       | <b>FUDGE KITCHEN</b>           |         |       |        |
|       | <i>CHRISTMAS 2019</i>          |         |       |        |
| WS110 | Dairy Free Fudge Trio          | 65g     | 2.99  | GVS    |
| KB436 | Fudge Making Kit               | 1025g   | 24.99 | VSG    |
|       | <i>Vegan Range</i>             |         |       |        |
| WS101 | Dairy Free Fudge Slider        | 125g    | 5.99  | GSV    |
| WS111 | Rock Salted Peanut Brittle     | 125g    | 5.99  | GSV    |
| WS112 | Sunflower&Pumpkin Seed Brittle | 125g    | 5.99  | GSV    |
|       | <b>JEALOUS SWEETS</b>          |         |       |        |
|       | <i>40g Bags</i>                |         |       |        |
| ZX231 | Fizzy Friends                  | 40g     | 1.29  | SVG    |
| ZX238 | Grizzly Bears                  | 40g     | 1.29  | GVS    |
| ZX678 | Happy Bears                    | 40g     | 1.35  | GV     |
| ZX675 | Love Bears                     | 40g     | 1.35  | GV     |
| ZX229 | Tangy Worms                    | 40g     | 1.29  | SVG    |
| ZX233 | Tropical Wonder                | 40g     | 1.29  | SGV    |
|       | <i>Share Bags</i>              |         |       |        |
| ZX480 | Fizzy Friends Share Bags       | 125g    | 2.49  | GSV    |
| ZX466 | Grizzly Bears Share Bags       | 125g    | 2.49  | GSV    |
| ZX472 | Tangy Worms Share Bags         | 125g    | 2.49  | GSV    |
| ZX478 | Tropical Wonder Share Bags     | 125g    | 2.49  | GSV    |
|       | <b>MALLOW PUFFS</b>            |         |       |        |
|       | <i>Vegan Marshmallows</i>      |         |       |        |
| KB078 | Salted Caramel Mini Puffs      | 100g    | 1.99  | GSV    |
| KB076 | Salted Caramel Tubes           | 100g    | 1.99  | GSV    |
| KB072 | Vanilla Mini Puffs             | 100g    | 1.99  | GSV    |
| KB077 | Vanilla Tubes                  | 100g    | 1.99  | GSV    |
|       | <b>NOT GUILTY</b>              |         |       |        |
| KB085 | Be My Love                     | 100g    | 1.99  | GOSV   |
| KB096 | Berry Good                     | 100g    | 1.99  | GOSV   |
| KB094 | Lovely Tender                  | 100g    | 1.99  | GOSV   |
| KB093 | Mi Colazon                     | 100g    | 1.99  | GOSV   |
|       | <b>SQUBES</b>                  |         |       |        |
| ZX762 | Blueberry, Cranberry & Vanilla | 30g     | 1.09  | GSV    |
| ZX752 | Dark Chocolate, Coconut & Salt | 30g     | 1.09  | GSV    |
| ZX750 | Salted Caramel & Almond Cubes  | 30g     | 1.09  | GS     |
|       | <b>TABLE SAUCES</b>            |         |       |        |
|       | <b>BIONA</b>                   |         |       |        |
| KJ106 | Classic Tomato Ketchup Squeezy | 560g    | 2.99  | GOSV   |
| KJ463 | Worcester Sauce                | 140ml   | 3.69  | GOSV   |
|       | <b>MERIDIAN</b>                |         |       |        |
| KJ621 | Tomato Ketchup - organic       | 285g    | 2.49  | GOSV   |
|       | <b>MR ORGANIC</b>              |         |       |        |
| KJ496 | Naturally sweetened Ketchup    | 480g    | 3.59  | GOV    |
|       | <b>STUBB'S</b>                 |         |       |        |
| KJ073 | Hickory Liquid Smoke           | 148ml   | 2.59  | GSV    |
|       | <b>TEAS</b>                    |         |       |        |
|       | <b>CLIPPER</b>                 |         |       |        |
|       | <i>Classic</i>                 |         |       |        |
| TE507 | English Breakfast Organic      | 80 bags | 4.49  | FGOV   |
|       | <b>HAMPSTEAD TEA</b>           |         |       |        |
| TE677 | English Breakfast Tea - og     | 100g    | 5.99  | GOVB   |

| code                                | product                       | size     | rrp  | bfgosv |
|-------------------------------------|-------------------------------|----------|------|--------|
| <b>LONDON TEA COMPANY</b>           |                               |          |      |        |
| <i>Christmas 2019</i>               |                               |          |      |        |
| TE442                               | Earl Grey Tea                 | 15 bags  | 7.95 | FGV    |
| TE443                               | Jasmine Green Tea             | 15 bags  | 7.95 | FGV    |
| <b>TOOTH CARE</b>                   |                               |          |      |        |
| <b>GREEN PEOPLE COMPANY</b>         |                               |          |      |        |
| DY980                               | Childrens Mandarin/Fluoride   | 50ml     | 4.49 | GOV    |
| <b>THE NATURAL FAMILY CO</b>        |                               |          |      |        |
| <i>Toothpaste</i>                   |                               |          |      |        |
| DY263                               | Black Whitening Toothpaste    | 100g     | 6.49 | GV     |
| DY498                               | Original Toothpaste           | 100g     | 6.49 | GOV    |
| DY496                               | Sensitive Toothpaste          | 110g     | 4.87 | OGV    |
| DY494                               | Whitening Toothpaste          | 100g     | 6.49 | GOV    |
| <b>VEGETABLES</b>                   |                               |          |      |        |
| <b>AMAIZIN</b>                      |                               |          |      |        |
| KJ117                               | Jalapeno Peppers              | 150g     | 2.39 | GOV    |
| <b>COOKS &amp; CO</b>               |                               |          |      |        |
| KJ078                               | Sweety Drop Peppers           | 235g     | 3.45 | GV     |
| <b>ST DALFOUR</b>                   |                               |          |      |        |
| VF112                               | Whole Chestnuts               | 200g     | 2.89 | GV     |
| <b>VINEGARS</b>                     |                               |          |      |        |
| <b>MR ORGANIC</b>                   |                               |          |      |        |
| KJ492                               | Organic Apple Cider Vinegar   | 500ml    | 3.35 | GOV    |
| <b>YEAST EXTRACTS</b>               |                               |          |      |        |
| <b>ESSENTIAL TRADING</b>            |                               |          |      |        |
| GH059                               | Yeast Extract                 | 125g     | 3.75 | GV     |
| <b>YOGHURT, DAIRY (CHILLED)</b>     |                               |          |      |        |
| <b>YEO VALLEY</b>                   |                               |          |      |        |
| <i>Kefir Yoghurt</i>                |                               |          |      |        |
| CV863                               | Mango & Passionfruit          | 350g     | 1.45 | GOS    |
| CV864                               | Natural                       | 350g     | 1.45 | GOS    |
| CV862                               | Strawberry                    | 350g     | 1.45 | GOS    |
| <b>YOGHURT, NON-DAIRY (CHILLED)</b> |                               |          |      |        |
| <b>FREAKS OF NATURE</b>             |                               |          |      |        |
| CV787                               | Blueberry Cashew Yoghurt      | 120g     | 1.99 | GV     |
| CV786                               | Strawberry Cashew Yoghurt     | 120g     | 1.99 | GV     |
| <b>PROVAMEL</b>                     |                               |          |      |        |
| <i>Soya-Based Yoghurts</i>          |                               |          |      |        |
| CV719                               | Org Lime and Lemon Balm Yofu  | 500g     | 2.35 | GOSV   |
| CV455                               | Org Soya Almond Yoghurt       | 500g     | 2.35 | GOV    |
| CV075                               | Organic Forest Fruit Yofu     | 500g     | 2.35 | GOSV   |
| CV061                               | Organic Natural Soy Yoghurt   | 4 x 125g | 2.19 | GOV    |
| CV081                               | Organic Peach & Mango Yofu    | 4 x 125g | 2.35 | GOSV   |
| CV318                               | Organic Vanilla Yofu          | 500g     | 2.35 | GOSV   |
| <b>SOJADE</b>                       |                               |          |      |        |
| CV289                               | Blueberry Cherry Soya Yoghurt | 400g     | 2.75 | GOV    |
| CV876                               | Greek Style Yoghurt           | 400g     | 2.05 | GOV    |

# Suma

CO-OPERATIVE SINCE 1977

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