

Summa

CO-OPERATIVE SINCE 1977

GLUTEN FREE

MAY - JUN 2024

Gluten Free

A bit more about it..

Since the very beginning, Suma has always aimed to cater for special dietary requirements. Our gluten-free range contains over 2000 different products. From every day essentials to special treats.

A gluten-free diet is essential for people with coeliac disease. Coeliac disease is caused by a reaction of the immune system to gluten—a protein found in wheat, barley and rye. Sales in this area have never been bigger with many non-coeliacs reporting a range of health benefits after adopting a gluten-free diet. Many basic foods are naturally gluten-free. Foods which require substituting with a gluten-free alternative are bread, pasta, cereals, biscuits, cakes, pies and sauces.

It is generally accepted that the term gluten-free refers to a harmless level of gluten, rather than to a food being 100% free of gluten. Food products labelled gluten-free may have been contaminated with gluten somewhere between being harvested and delivered to us.



Key BFGSOV

B - Biodynamic // F - Fairtrade or BAFTS accredited // G - Gluten-Free // O - Organic // S - Added Sugar // V - Vegan

All prices are correct at time of print and stock is subject to availability.

code	product	size	rrp	bfgo
ALCOHOL FREE AND LOW ALCOHOL BEVERAGES				
BELVOIR				
JU559	Spiced Ginger Punch	6 x 750ml	4.79	GSV
JU205	Alcohol Free Cocktails Lime and Yuzu Mojito	6 x 750ml	4.15	GS
FUNGTN				
RT001	Lion's Mane IPA 0.5%ABV	12 x 330ml	2.99	GV
RT010	Shiitake Dark Beer 0.5% ABV	12 x 330ml	2.99	GV
ALCOHOLIC DRINKS				
DIRTY COW				
RT057	Chocolate Cre*m Liqueur	6 x 70cl	24.99	GSV
RT052	Original Cre*m Liqueur	6 x 70cl	24.99	GSV
RT030	Strawberry Cre*m Liqueur	6 x 70cl	24.99	GSV
HOLLOWS				
RT017	From Fentimans Superior Alcoholic Ginger Beer	8 x 500ml	3.65	GSV
SOMETHING AND NOTHING				
RT042	Seltzer Junmai Sake & Yuzu Spritz	12 x 330ml	3.75	GV
BABY & CHILD FOOD				
BEAR				
ZX523	Paws- Raspberry & Blueberry	18 x 20g	0.65	GV
ZX520	Paws- Strawberry & Apple	18 x 20g	0.65	GV
	Paws in multipacks			
ZX189	Paws- Raspberry & Blueberry	4 x 5 x 20g	2.99	GV
ZX245	Paws- Strawberry & Apple	4 x 5 x 20g	2.99	GV
LITTLE PASTA ORGANICS				
	Pasta			
BB151	Gluten Free Mini Gnocchi	12 x 250g	2.65	GOV
BB043	Red Lentil Dinosaur Pasta	8 x 250g	3.75	GOV
BAKING SUNDRIES				
SUMA				
LJ039	Baking Powder - Gluten Free	6 x 200g	2.85	GV
LJ040	G/Free Bicarbonate of Soda	6 x 200g	2.19	GV
GT028	Gluten Free Vegetarian Suet	6 x 250g	3.75	GV
LJ223	Gluten Free Xanthan Gum	6 x 100g	4.85	GV
DOVES FARM				
LJ206	Baking Powder	5 x 130g	1.95	GV
LJ202	Bicarbonate of Soda	5 x 200g	1.79	GV
LJ228	Choc Chip Cookie Mix	5 x 350g	3.49	GSV
LJ234	Chocolate Brownie Mix	5 x 350g	3.15	GS
LJ203	Cornflour Organic	5 x 110g	2.29	GOV
BT528	Gluten Free Sponge Mix	5 x 350g	2.79	GS
LJ233	Pancake Mix	5 x 300g	2.65	GV
LJ423	Quick Yeast	2 x 8 x 125g	1.75	GV
ENGEVITA				
LJ144	Organic Yeast Flakes	6 x 100g	6.49	FGOV
LJ148	Super Yeast Flakes Vit D & B12	6 x 100g	4.79	GV
LJ265	Yeast Flakes - Bulk	25kg		GV
LJ143	Yeast Flakes Protein & Fibre	6 x 100g	3.95	FGV
LJ020	Yeast Flakes with Vitamin B12	6 x 100g	4.25	FGV
FREE & EASY				
LJ009	Cheese Flavour Sauce Mix	6 x 130g	2.85	GSV
LJ016	Egg Replacer	6 x 135g	2.95	GV
MONTEZUMA'S				
	Cooking Chocolate			
KB052	Dark Couverture	3kg	59.70	GOSV
KB060	Milk Couverture	3kg	63.65	GOS
NIELSEN MASSEY				
LJ242	Madagascar Vanilla Extract	6 x 1l	135.00	GV
LJ244	Vanilla Extract	8 x 60ml	1.85	GV
ORGRAN				
LJ656	Egg Replacer	8 x 200g	3.35	GV
LJ077	Vegan Easy Egg	8 x 250g	4.99	GSV
PLAMIL				
	Drops in 1kg bags			
KB651	Baking Chocolate	1 x 1kg	13.70	GSV
KB652	Organic Baking Chocolate	1 x 1kg	15.53	GOSV
KB658	Organic Rich Chocolate	1 x 1kg	16.13	GOSV

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	SUPERGOOD! BAKERY			
LJ010	Flippin' Lovely Pancake Mix	6 x 200g	3.69	GSV
LJ021	Wakey Protein Pancake Mix	6 x 200g	4.65	GSV
	THE RAW CHOCOLATE CO			
	Chocolate Making Ingredients			
KB051	Raw Cacao Powder	6 x 180g	3.75	GOV
	BEERS			
	BRASSERIE BRUNEHAUT			
RT076	Belgian Beer - Amber	24 x 330ml	4.19	GOSV
RT077	Belgian Beer - Blanche	24 x 330ml	3.75	GOSV
RT075	Belgian Beer - Blonde	24 x 330ml	3.99	GOSV
	BISCUITS CRACKERS & CRISPREAD			
	AMISA			
BT560	Chestnut Crispbread	12 x 100g	2.39	GOV
BT119	Chickpea Crispbread	12 x 100g	2.90	GOV
BT185	Crispbread - Buckwheat W/grain	12 x 120g	2.95	GOV
BT291	Crispbread - Veggie Garden GF	12 x 100g	1.89	GOV
BT159	Protein Lentil Crispbread	12 x 100g	2.19	GOV
	CLEARSPRING			
BT229	Brown Rice Cakes	6 x 120g	1.59	GOV
BT261	Brown Rice Cakes	6 x 120g	1.59	GOV
BT270	Brown Rice Cakes	6 x 120g	1.69	GOV
BT276	Brown Rice Cakes	6 x 120g	1.69	GOV
BT277	Brown Rice Cakes	6 x 120g	1.69	GOV
BT317	Organic Corncakes	12 x 130g	1.79	GOV
BT631	Rice Cakes - 3 Grain, Thin,Org	12 x 130g	1.79	GOV
BT630	Rice Cakes - Lightly Salted	12 x 130g	1.79	GOV
BT629	Rice Cakes - No Added Salt,Org	12 x 130g	1.79	GOV
	DOVES FARM			
BT295	Choc Chip Cookies	12 x 180g	2.59	GOSV
BT271	Double Chocolate Cookies - GF	12 x 180g	2.59	GOSV
BT269	Lemon Zest Cookies - GF	12 x 150g	2.50	GOSV
BT008	Stem Ginger Cookies - GF	12 x 150g	2.50	GOSV
	EASY BEAN			
	CRACKERS			
BT304	Fava Bean & Poppy Seed Crackers	8 x 150g	4.15	GV
BT305	Greenpea & Chia Seed	8 x 150g	4.15	GV
BT303	Red Lentil & Poppy Seed	8 x 150g	4.15	GV
BT279	Turmeric & Nigella Seed	8 x 150g	4.15	GV
BT285	Yellow Pea & Sunflower Seed	8 x 160g	4.15	GV
	Crispbreads			
BT078	Chickpea Crispbread - Cheddar	8 x 110g	4.15	G
BT204	Chickpea Crispbread - Moroccan	8 x 110g	4.15	G
BT076	Chickpea Crispbread - Seaweed	8 x 110g	4.15	G
BT208	Chickpea Crispbread with Seeds	8 x 110g	4.15	G
	HONEYROSE			
BT292	All Butter Lemon Shortbread	6 x 125g	3.59	GOS
BT249	All Butter Oat & Raisin Cookie	6 x 115g	3.59	GOS
BT232	All Butter Shortbread	6 x 125g	3.59	GOS
BT227	Date & Walnut Toast	6 x 110g	4.39	GOSV
BT228	Hazelnut & Agen Plum Toast	6 x 110g	4.59	GOSV
BT230	Kale & Spiced Nut Toast	6 x 110g	4.39	GOSV
BT235	Triple Chocolate Cookie	6 x 115g	3.59	GOS
	KALLO			
BT045	Ancient Grain Corn Cakes	12 x 150g	2.49	GOV
BT088	Beetroot & Three Seeds Thins	12 x 100g	3.19	GV
BT152	Blueberry/Van Rice/Corn Cakes	6 x 131g	2.99	GSV
BT184	Corn Cakes OG	12 x 130g	2.25	GOV
BT085	Lentil&Pea Veggie Cake	6 x 122g	3.59	GV
BT096	Mixed Seeds Veggie Thins	12 x 100g	3.19	GV
BT104	Rosemary & Sea Salt Veggie Ths	12 x 100g	3.19	GV
	Lentil Cakes			
BT578	Protein Lentil Cake	6 x 100g	2.45	GV
	Rice Cakes			
BT810	Milk Chocolate Rice Cakes OG	16 x 90g	3.45	GO
BT034	Original Wholegrain Rice Cakes	12 x 130g	2.15	GVO
BT338	Thin Slice Rice Cake Dark Choc	16 x 90g	3.35	GO
	LAZY DAY			
BT019	Chocolate Tiffin	12 x 50g	1.75	FGSV

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BT017	Millionaire Shortbread	12 x 50g	1.75	FGSV
BT316	Millionaires Shortbread	8 x 150g	3.59	GSV
BT032	Orange Tiffin	12 x 50g	1.75	FGSV
BT436	Orange Tiffin	8 x 150g	3.59	GV
BT023	Rocky Road	12 x 50g	1.75	FGSV
BT437	Rocky Road	8 x 150g	3.59	GV
BT443	Salted Caramel Crispie	8 x 150g	3.59	GV
BT041	Scottish Shortbread	12 x 50g	1.75	FGSV
LE PAIN DES FLEURS				
BT094	Buckwheat Crispbread	6 x 150g	4.19	GOV
BT189	Buckwheat Crispbread no Salt	6 x 150g	4.19	GOV
BT095	Chestnut Crispbread	6 x 150g	4.59	GOV
BT093	Quinoa Crispbread	6 x 150g	4.59	GOV
MRS CRIMBLES				
BT245	Chocolate Macaroons	12 x 195g	2.15	GSV
BT288	Coconut Macaroon	12 x 180g	1.95	GSV
NAIRN'S				
BT149	Caramelised Onion Flatbreads	6 x 150g	2.39	GS
BT156	Cheese Cracker	8 x 137g	1.79	GS
ZX338	Original Flatbread	6 x 150g	2.39	GSV
BT027	Sourdough Flatbreads	6 x 125g	2.39	GSV
Biscuit Breaks				
BT425	Salted Caramel Oat Biscuit Gluten Free	6 x 160g	2.69	GS
BT194	Chocolate Chip Oaties	8 x 160g	1.70	GSV
BT558	Cracked Black Pepper Cracker	8 x 137g	2.19	GS
BT200	GF Apple&Cinnamon Chunky Bisc	6 x 160g	2.69	GSV
BT324	GF Biscuit Breaks Choc Chip	12 x 160g	2.69	GSV
BT108	GF Biscuit Breaks Oat & Fruit	12 x 160g	2.69	GSV
BT267	GF Biscuit Breaks Stem Ginger	12 x 160g	2.69	GSV
BT571	GF Blueb&Rasp Chunky Biscuits	6 x 160g	2.69	GSV
BT572	GF Dark Choc&C'nut Chunky Bisc	6 x 160g	2.69	GS
BT549	GF Super Seeded Oatcake	8 x 180g	2.59	GV
BT420	Gluten Free Oatcakes	8 x 213g	2.59	GV
BT424	Gluten Free Oatcakes - Cheese	8 x 180g	2.59	G
BT195	Syrup Oaties	8 x 160g	1.70	GSV
BT127	Toffee Flavour Oaties	8 x 160g	1.70	GSV
BT559	W/Grain Super Seeded Cracker	8 x 137g	2.39	GS
BT557	Wholegrain Cracker	8 x 160g	2.39	GS
ORGRAN				
BT176	Splitts Pumpkin Crispbread	6 x 130g	3.75	GV
BT177	Splitts Swt Potato Crispbread	6 x 130g	3.75	GV
ORIGIN EARTH				
BT390	Gluten Free Crackers	10 x 150g	2.99	GV
BT389	Gluten Free Crackers Fennel	10 x 150g	2.99	GV
BT387	Gluten Free Crackers Sesame	10 x 150g	2.99	GV
REAL FOODS				
BT381	Corn Thins - Original	6 x 150g	1.95	GV
RHYTHM 108				
Biscuit Share Bags				
BT333	Almond Biscotti	8 x 135g	3.29	GOV
BT334	Coconut Cookie	8 x 135g	3.29	GOV
BT335	Double Choco Hazelnut Biscuits	8 x 135g	3.29	OVG
BT344	Lemon Ginger Chia Biscuits	8 x 135g	3.29	GOSV
RUDE HEALTH FOODS				
BT300	Buckwheat Crackers	8 x 100g	2.49	GOV
BT147	Chickpea & Lentil Crackers	8 x 120g	2.49	GOV
BT372	Chickpea Triangles	6 x 80g	1.85	GOV
BT054	Corn Crackers	8 x 130g	1.99	GOV
BT371	Corn Triangles	6 x 100g	1.85	GOV
BT313	High Protein Lentil Triangles	6 x 70g	1.85	GV
BT309	Multigrain Crackers	8 x 100g	2.49	GOV
SWEET FA				
By Island Bakery				
BT358	Cranberry & Orange Cookies	12 x 125g	3.90	GOSV
BT359	Double Choc Chip Cookies	12 x 125g	3.90	GOSV
BT362	Oat & Raisin Cookies	12 x 125g	3.90	GOSV
BT364	Peanut Butter Cookies	12 x 125g	3.90	GOSV
BODY CARE				
DR BRONNER'S				
DY338	Lavender Castile Liquid Soap	1 x 3.8l	79.99	FGOVB

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	FAITH IN NATURE			
DY418	2.5 Litre - Body Wash Body Wash-Wild Rose	4 x 2.5l	19.50	GVB
DY381	2.5 Litre - Conditioner Conditioner-Lavender/Geranium	4 x 2.5l	22.50	GVB
DY409	Conditioner-Wild Rose	4 x 2.5l	22.50	GVB
DY395	2.5 Litre - Shampoo Shampoo-Lavender/Geranium	4 x 2.5l	22.50	GVB
DY413	Shampoo-Wild Rose	4 x 2.5l	22.50	GVB
DY351	Body Wash Body Wash - Avocado	6 x 400ml	5.99	GV
	LAVERA			
DY583	Basis Lip Balm Sensitive	6 x 4.5g	4.50	OGV
	BREADS & BREAD MIXES			
	AMISA			
BT125	GF Olive Ciabatta	8 x 180g	3.55	GOV
BT472	Seeded Breakfast Rolls	8 x 188g	3.55	GOV
BT468	Sundried Tomato Ciabatta	8 x 180g	3.75	GOV
BT461	BIONA Rice Bread with Sunflower Seed	6 x 500g	6.90	GOV
	DILLON ORGANIC			
BT449	Beetroot Flax Keto Bread	6 x 250g	4.99	GOV
BT463	Chia Flax Keto Bread	6 x 250g	4.99	GOV
BT447	Original Flax Keto Bread	6 x 250g	4.99	GOV
BT079	Sliced Gluten Free Olive Bread	4 x 275g	4.79	GOV
BT084	Sliced Gluten Free Seeded Brea	4 x 275g	4.79	GOV
	FREE & EASY			
FG059	Afternoon Tea Scone Mix	4 x 350g	3.99	GSV
FG057	Yorkshire Pudding Mix	4 x 155g	2.95	GV
	ISABEL'S NATURALLY FREE FROM			
BT203	Gluten & Wheat Free Pizza Mix	8 x 300g	4.25	G
FG084	Yorkshire Pudding Mix - G/Free	8 x 100g	3.15	G
	SUPERGOOD! BAKERY			
FG023	Go Splits! Banana Bread Mix	6 x 250g	3.69	GSV
	BURGERS SAUSAGES & TVP MIXES			
	SUMA PREPACKS			
VF154	Nut Roast Mix - Gluten Free	6 x 340g	3.85	GVS
	CLEARSPRING			
SY074	Organic Soya Chunks	12 x 200g	3.49	GOV
SY071	Organic Soya Mince	12 x 300g	4.90	GOV
	PROFUSION			
SY092	Protein Chunks Pea & Fava	12 x 125g	3.85	GOV
SY095	Protein Mince Pea & Fava	12 x 125g	3.85	GOV
	CAKES			
	FREE & EASY			
BT072	Gluten & Dairy Free Chocolate Brownie Mix	4 x 350g	4.49	GSV
	SUPERGOOD! BAKERY			
LJ035	Brownie Crips	6 x 110g	5.79	GSV
LJ064	Choc Chip Hazelnut	6 x 110g	5.79	GSV
LJ029	Choc Chip Sea Salt Brownie Crips Double Choc Chip	6 x 110g	5.79	GSV
	CEREALS & MUESLIS			
	ALARA			
MX023	Everyday Range Gluten Free Muesli - organic	6 x 250g	4.25	GOV
MX236	Into The Garden Active Muesli	6 x 250g	4.95	GOV
FX016	AMISA Organic Porridge Oats	6 x 325g	2.75	GOV
	BIO & ME			
MX116	Burst Gluten Free Granola	5 x 350g	4.69	GV
MX117	Cashew & Almond GF Granola Porridge Pot	5 x 350g	4.69	GV
MX129	Porridge Pot - Nice & Nutty	8 x 58g	1.45	GV
MX122	Porridge Pot - Spiced Apple	8 x 58g	1.45	GV

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	DELICIOUSLY ELLA			
MX010	Berry Granola	6 x 400g	4.19	GV
MX001	Nutty Granola	6 x 380g	4.19	GV
MX006	Original Granola	6 x 400g	4.19	GV
	DOVES FARM			
MX019	Cereal Flakes	5 x 375g	3.99	GOSV
MX988	Chocolate Stars	5 x 300g	3.25	GOV
MX632	Corn Flakes	5 x 325g	3.15	GOV
MX171	Fibre Flakes	5 x 375g	3.85	GOSV
MX086	Fruit & Fibre Flakes	5 x 375g	4.99	GOV
MX002	Porridge Oats	4 x 430g	4.90	GOV
MX087	Supergrain Hoops	5 x 300g	3.85	GOV
	Ancient Grains			
MX090	Breakfast Flakes	5 x 375g	4.69	GOV
MX081	Cereal Hoops	5 x 300g	4.49	GOV
MX080	Fruit & Fibre Flakes	5 x 375g	4.99	GOSV
	Bulk Cereals			
MX091	Chocolate Stars	1 x 10kg		GOSV
MX093	Corn Flakes	1 x 10kg		GOV
MX096	Fibre Flakes	1 x 10kg		GOSV
	Snack Size			
MX115	Chocolate Stars	20 x 25g	0.75	GOSV
MX074	Corn Flakes	20 x 30g	0.75	GOSV
MX073	Fibre Flakes	20 x 30g	0.75	GOSV
	Wholegrain			
MX088	Cocoa Rice Pops	5 x 300g	3.55	GOSV
	GLEBE FARM			
FX037	Porridge Oats GF	6 x 450g	2.65	GV
MX106	Porridge Oats GF	6 x 450g	2.79	GOV
	KALLO			
MX124	Puffed Rice Cereal - Natural	8 x 225g	3.69	GOV
	LIZI'S			
MX181	Gluten Free Nut & Seed Granola	10 x 350g	4.59	SGV
	NAIRN'S			
MX152	Gluten Free Porridge Oats	5 x 450g	3.90	GV
MX154	Muesli - Gluten Free	5 x 450g	3.59	GSV
MX114	Porridge Oats with Maple Syrup	5 x 400g	3.55	GSV
	NATURES PATH ORGANIC			
	Cereals			
MX194	Maple Sunrise	4 x 332g	4.75	GOSV
MX885	Mesa Sunrise	4 x 355g	4.95	GOSV
	Envirokidz			
MX079	Choco Chimps	4 x 284g	4.59	GOVS
MX602	Gorilla Munch	4 x 300g	4.55	GOVS
	Granola			
MX136	Mixed Berry Granola	5 x 300g	5.59	OG
	NUTRI BREX			
MX036	Nutri Brex	12 x 375g	5.69	GV
	PRIMROSE'S KITCHEN			
MX109	Beetroot & Ginger Muesli	6 x 400g	4.49	GOV
MX104	Carrot, Apple & Cinnamon Muesli	6 x 400g	4.49	GOV
MX098	Fig & Apricot Bircher OG	6 x 400g	4.49	GOV
	RAW GORILLA			
MX102	Keto Berry Granola	6 x 250g	5.99	GOV
MX103	Keto Chocolate Granola	6 x 250g	5.99	GOV
MX113	Mighty Muesli	6 x 250g	5.99	GOV
MX105	Mighty Muesli Choc Chip	6 x 250g	5.99	GOV
MX142	Peanut Butter Choc Granola	6 x 250g	5.99	GOV
MX141	Peanut Butter Granola	6 x 250g	5.99	GOV
	ROLLAGRANOLA			
MX145	Absolutely Chocolate Granola	6 x 400g	5.39	GV
MX144	Almond Pecan Crunch Granola	6 x 400g	5.39	GV
MX035	Awesome Almond Granola	6 x 400g	5.39	GV
MX147	Cool Raspberry Granola	6 x 300g	5.59	GV
MX045	Healthy Hazelnut Granola	6 x 400g	5.39	GV
MX107	Organic & Nutty Granola	6 x 400g	5.39	GOV
MX146	Zesty Caveman Granola	6 x 300g	5.59	GV
	RUDE HEALTH FOODS			
	Puffs			
MX101	Choco Vanilla Puffs	7 x 200g	3.75	GOV
MX164	Honey Puffed Oats	4 x 240g	4.25	G
MX120	Puffed Brown Rice	4 x 225g	2.39	GV

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	SPoon CEREALS			
MX039	Apple + Almond Butter Granola	5 x 400g	4.79	GV
MX003	Cinnamon + Pecan Granola	5 x 400g	4.79	GV
	WHOLE EARTH			
MX172	Classic Cornflakes - organic	12 x 375g	3.19	GOSV
MX174	Maple Frosted Flakes - og	10 x 375g	3.95	GOSV
	CHOCOLATE			
	BOOJA-BOOJA			
ZX869	Almond Salted Caramel	8 x 92g	6.80	GOSV
ZX871	Around Midnight Espresso	8 x 92g	6.80	GOSV
KB648	Chocolate Orange Truffle Logs	8 x 115g	1.45	GSOV
KB749	Chocolate Orange Truffles	8 x 92g	6.80	GOSV
KB694	Deeply Chocolate Truffles	8 x 92g	6.80	GOSV
ZX872	Fine De Champagne	8 x 92g	6.80	GOSV
KB660	Gourmet Truffle Selection No1	4 x 289g	25.00	GSOV
KB667	Gourmet Truffle Selection No2	4 x 289g	25.00	GSOV
ZX874	Hazelnut Crunch	8 x 92g	6.80	GOVS
KB633	Hazelnut Crunch Truffle Logs	8 x 115g	1.45	GSOV
KB718	Honeycomb Caramel Truffle	8 x 92g	6.80	GOSV
KB644	S/Caramel Mocha Truffle Logs	8 x 115g	1.45	GOSV
	Artist's Collection Gift Boxes			
KB927	Fine De Champagne Truffles	3 x 185g	25.99	GFOSV
KB929	Hazelnut Truffles	3 x 185g	25.99	GFOSV
	Four Corners			
KB655	The Gourmet Selection	4 x 230g	2.89	GOSV
	Gift Boxes			
KB815	Award-winning Selection	5 x 184g	13.49	GOSV
KB656	Champagne Truffles	6 x 138g	11.49	GOSV
KB793	The Signature Collection	5 x 184g	13.49	GOSV
	Gift Range			
KB623	Hazelnut Truffles	4 x 138g	16.69	GOSV
KB624	Truffle Selection 1	4 x 138g	16.69	GOSV
KB873	Truffle Selection 2	4 x 138g	16.69	GOSV
	Two Packs			
KB507	Almond Salted Caramel Truffles	16 x 23g	1.55	GOSV
KB513	Hazelnut Crunch Truffles	16 x 23g	1.55	GOSV
	BUTTERMILK			
	Vegan Chocolate Bars			
KB314	Coconut Choccy Bar	24 x 45g	1.79	GSV
KB315	Double Choccy Crisp Bar	24 x 23g	1.35	GSV
	CAROBOO			
	Carob Bars			
ZX522	Raspberry & Honeycomb Crunch	20 x 32g	1.69	GSV
ZX516	Salted Caramel Nutty Bars	20 x 32g	1.69	GV
ZX985	Smooth & Creamy Coconut Bars	20 x 35g	1.69	GSV
ZX990	Smooth & Creamy Mint Bars	20 x 35g	1.69	GSV
ZX987	Smooth & Creamy Orange Bars	20 x 35g	1.69	GSV
	CHOC ON CHOC			
	EASTER 2024			
KB923	Chocolate Bunnies in a Pot	6 x 49g	9.99	GS
	COCO CHOCOLATIER			
	Easter 2024			
WS115	Marc De Champagne Truffles	6 x 125g	2.99	GS
	CONSCIOUS CHOCOLATE			
ZX487	Dark Side 75% Raw Bar	10 x 60g	3.49	GOSV
ZX488	Dark Side 85% Raw Bar	10 x 60g	3.49	GOSV
ZX491	Four Nuts Raw Bar	10 x 60g	3.49	GOSV
ZX492	Goji & Coconut Raw Bar	10 x 60g	3.49	GOSV
ZX493	Love Potion No 9 Raw Bar	10 x 60g	3.49	GOSV
ZX497	Orange & Tangerine Raw Bar	10 x 60g	3.49	GOSV
ZX501	Peppermint Raw Bar	10 x 60g	3.49	GOSV
ZX505	Sour Cherry Raw Bar	10 x 60g	3.49	GOSV
	DELICIOUSLY ELLA			
ZX150	Chocolate Orange Dipped Almond	12 x 27g	1.29	GV
ZX151	Peanut Butter Cup	12 x 36g	1.69	GV
ZX152	Salted Caramel Cup	12 x 36g	1.69	GV
ZX144	Salted Chocolate Dipped Almond	12 x 27g	1.29	GV
	ENJOY!			
KB954	70% Dark Chocolate Bar	12 x 70g	2.99	GV
KB402	70% Dark Chocolate Buttons	6 x 100g	3.99	GV
KB958	Vanilla & Chocolate Fudge	6 x 100g	3.20	GV

code	product	size	rrp	bfgosv
	Soft Centre Bars			
KB593	Dark Chocolate Mint Centre bar	12 x 70g	2.99	GV
KB603	Dark Chocolate Orange Bar	12 x 70g	2.99	GV
KB952	Dark Chocolate Raspberry Bar	12 x 70g	2.99	GV
KB389	Dark Chocolate Salted caramel	12 x 70g	2.99	GV
KB388	Dark Chocolate Vanilla Centre	12 x 70g	2.99	GV
	Soft Centre Buttons			
KB392	Mint soft Centre Buttons	6 x 100g	3.99	GV
KB401	Orange Soft Centre Buttons	6 x 100g	3.99	GV
KB391	Salted Caramel Buttons	6 x 100g	3.99	GV
	EQUAL EXCHANGE			
KB801	67% Dark Mint Crunch	12 x 100g	2.79	GOSV
KB803	88% Extreme Dark	14 x 80g	2.79	GOSV
	FLOWER & WHITE			
KB770	Chocolate Crunch Meringue Bar	12 x 20g	1.49	G
KB766	Lemon Meringue Bar	12 x 20g	1.49	GS
KB765	Raspberry Crumble Meringue Bar	12 x 20g	1.49	GS
KB760	Salted Caramel Meringue Bar	12 x 20g	1.49	GS
KB780	Vegan Double Choc Meringue Bar	12 x 20g	1.49	GV
KB781	Vegan Orange Meringue Bar	12 x 20g	1.49	GV
KB774	Vegan Strawberry Meringue Bar	12 x 20g	1.49	GV
	HIP - HAPPINESS IN PLANTS			
	70g Bars			
KB607	Original - Creamy & Smooth	12 x 70g	2.95	GSV
KB606	Salted Caramel	12 x 70g	2.95	GSV
	HAPPI			
	80g Bars			
KB953	Cacao Nibs Crunch	12 x 80g	3.19	GSV
KB988	Orange	12 x 80g	3.19	GSV
KB951	Plain Milk	12 x 80g	3.19	GSV
KB950	Salted Caramel	12 x 80g	3.19	GSV
KB996	White Chocolate	12 x 80g	3.19	GSV
ZX983	White Chocolate & Raspberry	12 x 80g	3.19	GSV
	Chocolate Buttons			
ZX986	Oat Milk Chocolate Buttons	10 x 100g	3.89	GSV
	EASTER 2024			
WS235	Easter Egg Bar Plain Milk	10 x 140g	7.29	GSV
WS236	Easter Egg Bar Raspberry	10 x 140g	7.29	GSV
WS234	Easter Egg Bar Salt Honeycomb	10 x 140g	7.29	GSV
WS142	Orange Chocolate Easter Egg	9 x 170g	12.00	GSV
WS118	Salted Caramel Easter Egg	9 x 170g	12.00	GSV
	HU			
KB674	Almond Butter Crispy Dark Bar	12 x 60g	3.79	FGOSV
KB677	Cashew Butter Orange Dark Choc	12 x 60g	3.79	FGOSV
KB675	Cashew Butter Vanilla Dark Choc	12 x 60g	3.79	FGOSV
KB678	Crunchy Mint Dark Chocolate	12 x 60g	3.79	FGOSV
KB673	Hazelnut Butter Dark Chocolate	12 x 60g	3.79	FGOSV
KB672	Salty Dark Chocolate Bar	12 x 60g	3.79	FGOSV
KB671	Simple Dark Chocolate Bar	12 x 60g	3.79	FGOSV
KB680	Vanilla Crunch Dark Chocolate	12 x 60g	3.79	FGOSV
	LOVERAW			
	Peanut Butter Cups			
KB127	Milk Chocolate PNB Cups	18 x 34g	1.95	GSV
	MONTEZUMA'S			
	Giant Buttons			
ZX775	Absolute Black Giant Buttons	8 x 180g	4.99	GV
	Organic Bars			
ZX779	Royal Mint Organic Dark W'Mint	12 x 90g	3.29	GOSV
	MOO FREE			
KB504	Choccy Rocks Bunnycomb Bar	16 x 35g	1.40	FGSV
KB247	Cookie Crunch Bar	20 x 35g	1.35	GSV
KB390	Moofreesa Bar	20 x 35g	1.35	GSV
KB010	Moofreesas	16 x 35g	1.40	GSV
	Buttons			
KB348	Buttons - Original	25 x 25g	0.95	GSV
	EASTER 2024			
WS230	Easter Egg Hunt Kit	10 x 100g	4.99	GSV
	Everyday Bars			
KB354	Original Bars	12 x 80g	1.95	GSV
	Mini Moos			
KB324	Bunnycomb Bars	20 x 20g	0.80	GSV
KB337	Original Bars	20 x 20g	0.80	GSV

code	product	size	rrp	bfgo sv
KB345	White Chocolate Bars	20 x 20g	0.80	GSV
	OMBAR CHOCOLATE			
ZX419	100% Cacao Chocolate Bar	10 x 35g	2.50	FGOV
KB763	72% Cacao Chocolate Bar	10 x 35g	2.50	FGOSV
ZX659	90% Cacao Chocolate Bar	10 x 35g	2.50	FGOSV
KB759	Blueberry & Acai Chocolate Bar	10 x 35g	2.50	FGOSV
KB761	Coco 60% Chocolate Bar	10 x 35g	2.50	FGOSV
KB406	Coco Mylk Chocolate Bar	10 x 35g	2.50	FGOSV
ZX657	Coconut & Vanilla Choc Centres	10 x 35g	2.50	FGOSV
ZX397	Hazelnut Truffle Centre Bar	10 x 35g	2.50	FGOSV
KB960	Oat m'l k Brownie Filled Bar	15 x 42g	1.99	FGOV
KB959	Oat M'l k Caramel Filled Bar	15 x 42g	1.99	FGOSV
ZX421	Pistachio Centres Choc Bar	10 x 35g	2.50	FGOSV
ZX663	Raspberry & Coconut Centre Bar	10 x 35g	2.50	FGOSV
KB764	Strawberry Mylk Chocolate Bar 70g Bars	10 x 35g	2.50	FGOSV
ZX951	72% Cacao Chocolate Bar	10 x 70g	3.39	FGOSV
ZX952	Coco Almond Chocolate Bar	10 x 70g	3.39	FSGOV
ZX953	Coco Mylk Chocolate Bar	10 x 70g	3.39	FGOSV
ZX639	Coconut & Vanilla Chocolate	10 x 70g	3.39	FGOSV
ZX403	Hazelnut Truffle Chocolate Bar	10 x 70g	3.39	FGOSV
ZX641	Pistachio Chocolate Bar	10 x 70g	3.39	FGOSV
ZX644	Raspberry & Coconut Choc Bar	10 x 70g	3.39	FGOSV
ZX975	Salt & Nibs Chocolate Bar Buttons	10 x 70g	3.39	FSGOV
KB492	Coco Mylk Chocolate Buttons Filled Bar	15 x 25g	1.55	FGOSV
KB373	Pistachio Cream Chocolate Bar Filled Bars	15 x 42g	2.25	FGOSV
KB321	Almond Butter Chocolate Bar	15 x 42g	2.25	FGOSV
KB374	Coco Raspberry Chocolate Bar	15 x 42g	2.25	FGOSV
KB359	Coconut Vanilla Chocolate Bar	15 x 42g	2.25	FGOSV
KB355	Hazelnut Truffle Chocolate Bar	15 x 42g	2.25	FGOSV
	PIP & NUT			
KB833	Dark Choc Almond Butter Cups	15 x 34g	1.99	GSV
KB831	Dark Choc Peanut Butter Cups	15 x 34g	1.99	GSV
KB825	Milk Choc Peanut Butter Cups	15 x 34g	1.99	GS
	PLAYIN CHOC			
WS005	Dinosaur Surprise	18 x 1	2.50	GOSV
WS133	Endangered Animal Surprise	18 x 1	2.50	GOSV
ZX066	Woodland Animal Surprise EASTER 2024	18 x 1	2.50	GOSV
ZX079	Easter Rabbits Gift Set	3 x gift	14.95	GOSV
	PRODIGY			
KB096	Chunky Salted Caramel Chocolate Bar	15 x 35g	1.75	GV
	RAW HALO			
	70g Bars			
KB002	Dark 76%	10 x 70g	2.99	GOSV
KB055	Dark 85%	10 x 70g	2.99	GOSV
KB006	Dark Raspberry	10 x 70g	2.99	GOSV
KB047	Dark Salted Caramel	10 x 70g	2.99	GOSV
KB020	Mylk & Pink Himalayan Salt	10 x 70g	2.99	GOSV
KB065	Mylk & Salted Caramel	10 x 70g	2.99	GOSV
KB007	Mylk & Vanilla Truffle Bars	10 x 70g	2.99	GOSV
KB118	Dark Salt Almond Truffle Bar	8 x 90g	3.50	GOSV
KB103	Mylk Hazelnut Truffle Bar	8 x 90g	3.50	GOSV
	RHYTHM 108			
BT143	Chocolate/Salt Caramel Biscuit	4 x 134g	3.79	GOV
KB506	Hazelnut Praline Chocolate Bar	15 x 33g	1.85	CVOS
KB336	Super Coconut Swiss Choc Bar	15 x 33g	1.85	GSOV
KB276	Sweet N Salty Almond Choc Bar	15 x 33g	1.85	GOSV
KB994	Swiss Chocolate Orange Bar	15 x 33g	1.85	GSOV
	SO FREE			
	EASTER 2024			
WS224	Blonde Caramilk Easter Egg	3 x 92g	3.99	GSV
WS225	Carob Easter Egg	3 x 92g	3.99	GSV
WS228	White Chocolate Easter Egg	3 x 92g	3.99	GSV
	No Added Sugar Large Bars			
ZX915	No Added Sugar 72% Dark Choc	12 x 80g	3.65	GV
ZX919	No Added Sugar Mint Dark Choc	12 x 80g	3.65	GV

code	product	size	rrp	bfgosv
ZX561	Oat Milk Chocolate Bars No Added Sugar Vegan Oat Milk	12 x 70g	3.85	GV
THE RAW CHOCOLATE CO				
KB307	Cacao Nibs	6 x 150g	3.75	GOV
KB855	Raw Chocolate Coated Snacks			
KB360	Chocolate Raisins - Snack Pack	12 x 28g	1.39	GOSV
KB362	Goji Berries - Snack Pack	12 x 28g	1.39	GOSV
ZX884	Mulberries - Snack Pack	12 x 28g	1.39	GOSV
	Raw Chocolate Covered Almonds	12 x 25g	1.39	GOSV
TONY'S CHOCOLONELY				
	Sharing Bags			
KB865	Littl'Bits Triple Choc Mix	8 x 100g	3.00	FGS
UP-UP				
KB846	Milk Choc Salted Caramel Bar	15 x 130g	3.50	GS
KB856	Milk Choc Sea Salt & Lime Bar	15 x 130g	3.50	GS
KB860	Milk Chocolate Gingerbread Bar	15 x 130g	3.50	GS
KB842	Original Dark Chocolate Bar	15 x 130g	3.50	GSV
KB840	Original Milk Chocolate Bar	15 x 130g	3.50	GS
VEGO				
KB669	Chocolate & Rice Crisp Bar	20 x 40g	1.60	FGOV
KB821	Mini Whole Hazel Chocolate Bar	20 x 65g	2.59	FGOSV
KB489	Whole Hazelnut Chocolate Bar	20 x 150g	4.55	FGOSV
CHOCOLATE & SWEET SPREADS				
VEGO				
GH075	Hazelnut Chocolate Spread	6 x 350ml	4.99	FGSV
CIDERS				
DUNKERTONS				
RT041	Black Fox Organic Cider	12 x 500ml	4.50	GOSV
RT054	Organic Craft Cider	12 x 500ml	4.50	GOSV
RT053	Premium Reserve Organic Cider	12 x 500ml	4.50	GOSV
WESTONS				
RT006	Vintage Organic Cider 6% ABV	8 x 500ml	3.59	GOV
COCOA				
CHEERFUL BUDDHA				
TE077	Cacao Bliss w/Mushroom Extract	6 x 150g	12.99	GV
GREEN & BLACKS				
TE131	Hot Chocolate	6 x 250g	6.80	FGO
RHEAL				
VF266	Superfoods Coco Dream	6 x 180g	24.99	GOV
COFFEE				
CHEERFUL BUDDHA				
TE072	Chaga Mushroom Coffee Blend	6 x 150g	13.95	GV
TE075	Reishi Mushroom Coffee Blend	6 x 150g	13.95	GV
QUIRKY MONKEY				
TE275	Cordyceps Coffee Fusion	6 x 150g	13.50	GV
TE219	Lion's Mane Mushroom Coffee	6 x 150g	13.50	VG
TE291	Mushroom Hot Chocolate	6 x 150g	13.99	G
TE224	Reishi Mushroom Coffee Fusion	6 x 150g	13.50	G
RHEAL				
VF263	Superfoods Shroom Coffee	6 x 150g	34.99	GOV
COFFEE SUBSTITUTES				
CHEERFUL BUDDHA				
TE111	Chaga Latte	6 x 150g	12.99	GV
TE090	Lion's Mane Latte	6 x 150g	12.99	GV
TE121	Matcha Latte	6 x 150g	14.99	GV
THE CHICORY CO				
TE728	Chicory Drink - Cocoa	6 x 125g	4.49	GV
TE589	Chicory Drink - Organic	6 x 100g	5.69	GOV
CONVENIENCE FOODS				
ARTISAN GRAINS				
VF213	Nut Roast - Cashew & Cranberry	6 x 200g	3.39	VG
FREE & EASY				
VF125	Bean Cassoulet - og	6 x 400g	3.19	GOV
VF116	Chickpea & Bean Tagine	6 x 400g	3.19	GOV
VF006	Chickpea /Vegetable Curry	6 x 400g	3.19	GOV
VF132	Middle Eastern Casserole	6 x 400g	3.19	GOV
VF141	Sweet Pot/Kale/Coconut Curry	6 x 400g	3.19	GOV

code	product	size	rrp	bfgosv
VF014	Three Bean Chilli - og	6 x 400g	3.19	GOV
VF127	Vegetable Balti - og	6 x 400g	3.19	GOV
VF128	Vegetable Hotpot - og	6 x 400g	3.19	GOV
GRANOVITA				
VF036	Nut Luncheon	6 x 400g	2.99	GV
LOMA LINDA				
VF035	Tuno - In Spring Water	12 x 142g	1.99	GV
VF246	Tuno - Mild Curry	12 x 142g	1.99	GV
VF026	Tuno - Thai Sweet Chilli	12 x 142g	1.99	GSV
VF022	Tuno Mayo	12 x 142g	1.99	GSV
	Ready Meals			
VF033	Jamaican Jerk Bowl	6 x 284g	3.99	GSV
VF013	Taco Filling	6 x 284g	3.99	GSV
VF028	Thai Green Curry	6 x 284g	3.99	GSV
VF016	Tikka Masala	6 x 284g	3.99	GSV
MARIGOLD				
SY154	Tempeh - Cans	6 x 280g	3.65	GV
MERCHANT GOURMET				
	Ready-to-eat Pouches			
QS056	Brown, Red & Wild Rice	6 x 250g	2.40	GV
PU002	Puy Lentils	6 x 250g	2.85	GV
QS019	Red & White Quinoa	6 x 250g	2.85	GV
QS060	Sunblush Tomato & Basil Rice	6 x 250g	2.40	GV
PU005	Tomatoey French Lentils	6 x 250g	2.85	GV
CRISPS & SNACKS				
AMAIZIN				
ZX254	Salsa Dip Hot	6 x 260g	2.65	GOSV
ZX249	Salsa Dip Mild	6 x 260g	2.65	GOSV
BOUNDLESS				
	CHIPS			
ZX385	Chipotle & Lime Chips	10 x 80g	2.29	GSV
ZX394	Sea Salt & Cider Vinegar Chips	10 x 80g	2.29	GV
ZX395	Smoky Bacon Chips	10 x 80g	2.29	GSV
ZX396	Sour Cream & Onion Chips	10 x 80g	2.29	GSV
	NUTS & SEEDS			
ZX413	Orange & Maple Syrup Nuts&Seed	8 x 90g	3.15	GV
ZX414	Salt & Chilli Nuts & Seeds	16 x 25g	1.15	CV
ZX405	Sweet Chilli Nuts & Seeds	8 x 90g	3.15	GV
BROWN BAG CRISPS				
	Impulse			
ZX266	Lightly Salted	20 x 40g	0.89	GV
ZX268	Oak Smoked Chilli	20 x 40g	0.89	GSV
ZX206	Rosemary & Sea Salt	20 x 40g	0.89	GSV
ZX267	Sea Salt and Vinegar	20 x 40g	0.89	GS
ZX265	West Country Cheddar & Onion Sharing	20 x 40g	0.89	G
ZX270	Lightly Salted	10 x 150g	2.69	GV
ZX108	Rosemary & Sea Salt	10 x 150g	2.69	GSV
	Vegetable Crisps			
ZX833	Vegetable Chips - Hand Cooked	15 x 40g	1.49	GV
CLEARSPRING				
BT026	Brown Rice Crackers	12 x 40g	2.29	GOV
BT033	Brown Rice Crackers	12 x 40g	2.29	GOV
BT053	Brown Rice Crackers Sesame	12 x 40g	2.29	GOV
BT129	Brown Rice Crackers-Blk Sesame	12 x 40g	2.29	GOV
JP073	Seaveg Crispies - Chilli	20 x 4g	1.30	GOV
JP082	Seaveg Crispies - Original	20 x 4g	1.30	GOV
JP035	Seaveg Crispies - Turmeric	20 x 4g	1.30	GOV
JP085	Seaveg Crispies Multipack-Chil	6 x 5 x 4g	4.99	GOV
JP083	Seaveg Crispies Multipack-Orig	6 x 5 x 4g	4.99	GOV
ZX226	Tamari Roast Sicilian Almonds	15 x 30g	1.99	GOV
ZX207	Tamari Roasted Cashew Nuts	15 x 30g	1.99	GOV
ZX191	Tamari Roasted Pumpkin Seeds	15 x 30g	1.59	GOV
EAT REAL				
	Hummus Chips - Impulse			
ZX198	Hummus Sour Cream Chips	18 x 45g	0.89	GSV
ZX161	Salted, Hummus Chips	18 x 45g	0.89	GV
ZX160	Tomato & Basil, Hummus Chips	18 x 45g	0.89	GSV
	Hummus Chips - Sharing			
ZX127	Creamy Dill, Hummus Chips	10 x 135g	2.19	GSV
ZX326	Hummus Sour Cream & Chive Chip	10 x 110g	2.19	GSV

code	product	size	rrp	bfgosv
ZX125	Lemon & Chilli Hummus Chips	10 x 110g	2.19	GV
ZX124	Salted Hummus Chips	10 x 110g	2.19	GV
ZX121	Tomato & Basil, Hummus Chips	10 x 110g	2.19	GSV
	Kale - Sharing			
ZX057	Veggie & Kale Straws	10 x 113g	2.48	GSV
	Kids			
ZX246	Kids Veggie straws	24 x 20g	0.69	GSV
	Lentil Chips - Impulse			
ZX169	Lentil Chilli & Lemon Chips	18 x 40g	0.89	GSV
ZX170	Lentil Creamy Dill Chips	18 x 40g	0.89	GSV
ZX165	Lentil Sea Salted Chips	18 x 40g	0.89	GV
ZX168	Lentil Tomato & Basil Chips	12 x 40g	0.89	GSV
	Lentil Chips - Sharing			
ZX135	Lentil Chips Chilli Lemon	10 x 95g	2.19	GV
ZX883	Lentil Chips Creamy Dill	10 x 95g	2.19	GSV
ZX737	Lentil Chips Mango & Mint	10 x 113g	2.19	GSV
ZX128	Lentil Chips Sea Salt	10 x 95g	2.19	GV
ZX130	Lentil Chips Tomato Basil 113g	10 x 113g	2.19	GSV
	Multi Pack			
ZX027	Hummus, Lentil, Quinoa Multi	8 x 116g	3.19	GVS
	Organic - Sharing			
ZX215	Hummus Sea Salt Chips - Org	10 x 100g	2.79	GOV
ZX214	Lentil Sea Salt Chips - Org	10 x 100g	2.79	GOV
ZX213	Veggie Straws - Organic	10 x 100g	2.79	GOSV
	Quinoa Chips - Impulse			
ZX041	Quinoa Chilli & Lime Chips	12 x 30g	0.89	GSV
ZX007	Quinoa Cream & Chive Chips	12 x 30g	0.89	GSV
	Quinoa Chips - Sharing			
ZX315	Quinoa Chips Cream & Chives	10 x 90g	2.19	GSV
ZX314	Quinoa Chips Tomato & Garlic	10 x 90g	2.19	GSV
	Veggie Straws - Impulse			
ZX107	Veggie Straws with Sea Salt	18 x 45g	0.89	GSV
	Veggie Straws - Sharing			
ZX095	Veggie Straws Black Pepper	10 x 110g	2.19	GSV
ZX106	Veggie Straws Paprika & Chilli	10 x 110g	2.19	GSV
ZX090	Veggie Straws with Sea Salt	10 x 110g	2.19	GSV
	EMILY CRISPS			
ZX183	Rainbow Roots	12 x 30g	1.49	GV
ZX234	Sour Cream & Onion Thins	8 x 85g	1.99	GV
ZX235	Sour Cream & Onion Thins	24 x 23g	0.99	GV
ZX197	Veg Thins - Chipotle BBQ	8 x 85g	1.89	GV
	KETTLE CHIPS			
	Sharing Bags			
ZX248	Lightly Salted	12 x 130g	3.35	GV
ZX427	Sheese & Red Onion	8 x 130g	3.35	GV
	LOVE CORN			
ZX849	Crunchy Corn - BBQ	6 x 115g	2.29	GV
ZX957	Crunchy Corn - Cheese & Onion	6 x 115g	2.29	GV
ZX607	Crunchy Corn - Habanero	6 x 115g	2.29	GV
ZX852	Crunchy Corn - Salt & Vinegar	6 x 115g	2.29	GV
ZX608	Sea Salt	6 x 115g	2.29	G
ZX621	Sour Cream & Chive	6 x 115g	2.29	GV
	MR FILBERTS			
	Mixed Nuts			
ZX694	Roasted Nuts & Plump Fruits	12 x 150g	3.95	GSV
ZX685	Valencia Orange & Belgium Choc	12 x 150g	3.95	GS
ZX691	Woodland Truffle & Wild Garlic	12 x 150g	3.95	GSV
	NAIRN'S			
ZX631	Mini Cheese Bakes	14 x 45g	0.92	GS
ZX335	Sea Salt & Rosemary Flatbread	6 x 150g	2.39	GS
	NUDIE SNACKS			
ZX958	Cheese & Caramelised Onion	6 x 80g	2.25	GSV
ZX979	Katsu Curry Crisps	6 x 80g	2.25	GSV
	PIPERS CRISPS			
	Impulse Bag			
ZX292	Anglesey Sea Salt	24 x 40g	0.85	GV
ZX296	Cider Vinegar & Sea Salt	24 x 40g	0.85	GS
ZX297	Lye Cross Cheddar & Onion	24 x 40g	0.85	GS
ZX434	Wild Thyme & Rosemary	24 x 40g	0.85	GSV
	Sharing Bag			
ZX291	Anglesey Sea Salt	15 x 150g	2.19	GV
ZX283	Cider Vinegar & Sea Salt	15 x 150g	2.19	GS

code	product	size	rrp	bfgosv
ZX289	Lye Cross Cheddar & Onion	15 x 150g	2.19	GS
ZX436	Wild Thyme & Rosemary	15 x 150g	2.19	GSV
PROPERCHIPS				
ZX725	Barbecue	24 x 20g	0.79	GSV
ZX615	Ghost Chilli Chickpea Chips	30 x 30g	1.90	GSV
ZX604	Katsu Curry Chickpea Chips	30 x 30g	1.90	GSV
ZX521	Prawn Cocktail Chips	8 x 100g	1.79	GSV
ZX512	Salt & Vinegar Chips	24 x 20g	0.79	GSV
ZX726	Sea Salt	24 x 20g	0.79	GSV
ZX479	Sour Cream & Chive Chips	24 x 20g	0.79	GSV
ZX727	Sweet Sriracha Chilli	24 x 20g	0.79	GSV
	Sharing Bag			
ZX426	Barbecue Chips	8 x 85g	2.29	GSV
ZX572	Ghost Chilli Chickpea Chips	8 x 85g	2.31	GSV
ZX578	Jerk Sauce Chickpea Chips	8 x 85g	2.31	GSV
ZX596	Katsu Curry Chickpea Chips	8 x 85g	2.31	GSV
ZX467	Salt & Vinegar Chips	8 x 85g	2.29	GSV
ZX430	Sea Salt Chips	8 x 85g	2.29	GSV
ZX451	Sour Cream & Chive Chips	8 x 85g	2.29	GSV
ZX474	Sriracha Chilli Chips	8 x 85g	2.29	GSV
PROPERCORN				
	Sharing Bag			
ZX861	Popcorn - Lightly Sea Salted	8 x 70g	1.99	GV
ZX862	Popcorn - Salted Caramel	8 x 90g	1.95	GSV
ZX431	Popcorn - Sweet	8 x 90g	1.99	GSV
ZX860	Popcorn - Sweet & Salty	8 x 90g	1.95	GSV
ZX428	Popcorn - Sweet Cinnamon	8 x 90g	1.99	GSV
PROPERCRISPS				
ZX216	Cheese and Onion	8 x 100g	2.90	GSV
ZX217	Flame Grilled Steak	8 x 100g	2.90	GSV
PURELY PLANTAIN				
ZX244	Plantain Chip - Lemon Sea Salt	10 x 75g	1.99	GV
ZX961	Plantain Chips - Nice & Spicy	10 x 75g	1.99	GV
ZX959	Plantain Chips - Sea Salt	10 x 75g	1.99	GV
ZX960	Plantain Chips - Wild Garlic	10 x 75g	1.99	GV
ZX330	Sweet Treat	10 x 75g	1.99	GV
TRAF0				
	Flips			
ZX359	Chickpea Flips Mild Curry	6 x 75g	2.95	GOV
ZX343	Pea Flips Lightly Salted	6 x 75g	2.95	GOV
ZX299	Rosemary Lentil Flips	6 x 75g	2.95	GOV
	Popcorn			
ZX112	Caramel Popcorn Organic	6 x 50g	3.25	GOSV
ZX094	Salted Popcorn Organic	6 x 50g	3.25	GOV
ZX118	Sweet Popcorn Organic	6 x 50g	3.25	GOSV
TYRRELLS				
	Potato Chips - Furrows Sharing			
ZX502	Sea Salt and Cider Vinegar	8 x 150g	2.85	GS
	Potato Chips - Impulse			
ZX907	Cheddar Cheese and Chives	24 x 40g	1.19	GS
	Potato Chips - Sharing			
ZX018	Cider Vinegar and Sea Salt	8 x 150g	2.79	GS
ZX022	Lightly Sea Salted	8 x 150g	2.79	GV
ZX024	Sea Salt & Black Pepper	8 x 150g	2.79	GV
ZX021	Sweet Chilli & Red Pepper	8 x 150g	2.79	GSV
	Vegetable Chips			
ZX388	Mixed Roots	12 x 125g	3.99	GV
DAIRY BUTTER, CREAM & MILK				
CALON WEN				
	The Farmers Co-op			
CV277	Lightly Salted Welsh Butter	20 x 250g	4.10	GO
CV174	Spreadable Butter	16 x 250g	3.75	GO
CV204	Unsalted Welsh Butter	20 x 250g	4.10	GO
DEVON CREAM COMPANY				
CV293	Clotted Cream	12 x 170g	3.70	GO
YEO VALLEY				
	Minimum 4 days shelf life			
CV101	Double Cream	6 x 220ml	2.20	GO

code	product	size	rrp	bfgosv
DAIRY CHEESE				
BERGERIE				
CV583	Organic Fresh Goat Cheese	6 x 100g	2.35	GO
GODMINSTER				
CV305	Black Pepper Mature Cheddar	12 x 200g	5.35	GO
CV296	Mature Bruton Cheddar Cheese Waxed Rounds	12 x 200g	5.35	GO
CV255	Black Truffle Cheddar Cheese	8 x 200g	8.20	GO
CV248	Oak-Smoked Cheddar Cheese	8 x 200g	7.95	GO
CV282	Red Chilli Cheddar Cheese	8 x 200g	7.20	GO
CV224	Vintage Bruton Cheddar Cheese	8 x 200g	7.50	GO
DAIRY YOGHURTS				
BERGERIE				
CV581	Goat Milk Yoghurt Natural Org	8 x 125g	0.85	GO
CV585	Sheep Milk Yoghurt Greek Style	6 x 250g	1.95	GO
YEO VALLEY				
	Kefir Yoghurt			
CV578	Honey Kefir Yoghurt	6 x 350g	2.00	GO
CV863	Mango & Passion. Kefir Yoghurt	6 x 350g	2.00	GOS
CV864	Natural Kefir Yoghurt	6 x 350g	2.00	GOS
CV560	Rhubarb Kefir Yoghurt	6 x 350g	2.00	GO
CV862	Strawberry Kefir Yoghurt	6 x 350g	2.00	GOS
DESSERTS				
SOJADE				
SY099	Chocolate Soya Dessert	8 x 530g	1.89	GOSV
SY107	Vanilla Soya Dessert	8 x 530ml	1.95	GOSV
DESSERTS & PUDDINGS (CHILLED)				
ORIGIN KITCHEN				
	Creamed Cashew Desserts			
CV789	Chocolate Mousse	6 x 80g	2.65	GSV
CV778	Mango Passionfruit Pot	6 x 80g	2.65	GSV
SOJADE				
CV445	La Fraiche Creme	6 x 200g	2.10	GOV
THE COCONUT COLLABORATIVE				
CV507	Little Choc Pots	6 x 4 x 45g	3.50	GSV
CV511	Salted Caramel Pots	6 x 4 x 45g	3.50	GSV
VRAI				
CV627	Rice Pudding with Vanilla	12 x 110g	1.55	GOS
DRINKS (CHILLED)				
AGUA DE MADRE				
CV411	Apple Elderflower Water Kefir	12 x 330ml	3.35	GOSV
CV417	Blood Orange Water Kefir	12 x 330ml	3.35	GOSV
CV419	Culture Shot	12 x 60ml	3.50	GOSV
CV388	Lemon & Ginger Water Kefir	12 x 330ml	3.35	GOSV
CV399	Passion Fruit Kefir Water	12 x 330ml	3.35	GOSV
CV396	Pomegranate & Hibiscus Kefir	12 x 330ml	3.35	GOSV
BIOTIFUL DAIRY				
CV359	Baked Milk Drink	6 x 500ml	3.65	GO
CV342	Kefir Milk Drink	6 x 500ml	3.65	GO
CV361	Kefir Milk Drink	6 x 250ml	2.20	GO
CV092	Peach Kefir Drink	6 x 250ml	2.45	GO
CV438	Raspberry Kefir Drink	6 x 250ml	2.45	GO
CALIFIA FARMS				
CV826	Cold Brew Mocha	6 x 750ml	2.99	GSV
CV823	Unsweetened Almond Milk	6 x 750ml	2.50	GSV
COCOS				
CV482	Mango & Passionfruit Kefir	6 x 200ml	3.00	FGOV
CV898	Natural Coconut Milk Kefir	6 x 500ml	4.50	GOV
CV896	Strawberry Kefir	6 x 200ml	3.00	GOV
KARMA				
	Kombucha			
CV318	Apple Kombucha Zero Sugar	6 x 1l	6.25	FGOSVB
CV322	Citrus Tangerine Kombucha	6 x 750ml	4.90	FGOV
CV343	Ginger & Lime Kombucha	6 x 750ml	4.90	FGOV
CV331	Red Fruits Kombucha	6 x 750ml	4.90	FGOV
KOKO DAIRY FREE				
CV021	Koko Dairy Free Original	6 x 1l	2.15	GSV

code	product	size	rrp	bfgosv
MOCKINGBIRD				
Juices				
CV550	Raw Activate Juice	6 x 750ml	4.75	GV
CV514	Raw Pump Juice	6 x 750ml	4.75	GV
CV551	Raw Shield Juice	6 x 750ml	4.75	GV
Large Smoothies				
CV474	Raw Berry Smoothie	6 x 750ml	4.95	GV
CV473	Raw Greens Smoothie	6 x 750ml	4.95	GV
CV484	Raw Mango Smoothie	6 x 750ml	4.95	GV
UCHA				
CV158	Ginger Kombucha	12 x 350ml	2.39	FGOSV
CV161	Mango Kombucha	12 x 350ml	2.39	FGOSV
CV159	Raspberry Kombucha	12 x 350ml	2.39	FGOSV
YEO VALLEY				
CV558	Cherry Kefir Drink	6 x 500ml	2.49	OG
CV556	Mango & Passion Kefir Drink	6 x 500ml	2.49	GO
CV539	Natural Kefir Drink	6 x 500ml	2.49	GO
FAR EASTERN FOOD				
CLEARSPRING				
JP077	Brown&Wild Rice w/Tamari Sauce	5 x 250g	3.69	GOV
JP153	Pad Thai Sauce	6 x 150ml	5.59	GOV
JP103	Teriyaki Sauce - Organic & GF	6 x 150ml	5.19	GOV
JP026	Tofu Silken	12 x 300g	2.29	GOV
Miso Products				
JP048	Creamy Sesame Miso Soup	8 x 4 x 15g	3.29	GOV
JP049	Ginger & Turmeric Miso Soup	8 x 4 x 15g	3.29	GOV
JP047	Hot & Spicy Miso Soup Paste	8 x 4 x 15g	3.29	GOV
Noodles				
JP056	All Buckwheat Soba Noodles	6 x 200g	4.49	GOV
JP152	Black Rice Noodles	10 x 200g	3.99	GOV
JP053	Brown Rice Noodles - GF	10 x 200g	3.99	GOV
JP151	Brown Rice Vermicelli Noodles	8 x 180g	3.39	GOV
JP054	Brown Rice Wide Noodles - GF	5 x 200g	3.99	GOV
Soya Sauce				
JP130	Tamari Soya Sauce Double Strnth	6 x 150ml	3.99	GOV
JP001	Tamari Soya Sauce	2.5l	44.99	GOV
JP098	Tamari Soya Sauce	6 x 150ml	2.99	GOV
JP099	Tamari Soya Sauce	6 x 250ml	3.99	GOV
JP110	Tamari Soya Sauce	6 x 1l	18.99	GOV
JP501	Tamari Soya Sauce	6 x 500ml	1.49	GOV
JP029	Yaemon Tamari Soy Sauce	6 x 250ml	5.99	GOV
KIKKOMAN				
JP067	Tamari Gluten Free Soy Sauce	6 x 150ml	3.59	GV
JP136	Teriyaki Marinade	6 x 250ml	3.99	GSV
KING SOBA				
JP087	Brown Rice Paper	10 x 200g	2.89	GOV
WT054	Chilli Miso Ramen Cup	6 x 85g	2.39	GOV
WT055	Classic Miso Ramen Cup	6 x 85g	2.39	GOV
WT034	Ginger Miso Ramen Cup	6 x 85g	2.39	GOV
WT002	Pho Noodles	12 x 250g	2.99	GOV
JP089	White Rice Paper	10 x 200g	2.89	GOV
MERIDIAN				
JP310	Tamari	6 x 500ml	6.89	GV
NOJO				
JP121	Orange Poke Sauce	6 x 200ml	4.90	GV
JP095	Sesame Sauce	6 x 200ml	4.90	GV
JP143	Tahini Sauce	6 x 200ml	4.90	GV
JP081	Teriyaki Sauce	6 x 200ml	4.90	GV
JP106	White Miso Sauce	6 x 200ml	4.90	GV
JP142	Yuzu Sauce	6 x 200ml	6.39	GV
THAI TASTE				
VF174	Galangal	6 x 114g	1.99	GV
VF319	Green Curry Paste	6 x 114g	2.90	GV
VF171	Red Curry Paste	6 x 114g	2.90	GV
VF258	Sriracha Hot Chilli Sauce	6 x 435ml	2.69	GSV
VF199	Tamarind Paste	6 x 130g	1.99	GSV
VF159	Vegan 'Fish' Sauce	6 x 180ml	2.39	GSV
YAKSO				
JP012	Coconut Aminos	6 x 250ml	7.45	GOV
JP113	Tamari - organic	6 x 250ml	5.15	GVO

code	product	size	rrp	bfgosv
FLAKES, BRANS & WHEATGERM				
SUMA PREPACKS				
FX046	Gluten Free Oats - Jumbo & Gluten Free	6 x 750g	3.75	GV
FX045	Oats - Porridge & Gluten Free	6 x 750g	3.75	GV
SUMA PREPACKS - ORGANIC				
FX042	Gluten Free Oats - Jumbo Gluten Free	6 x 750g	4.25	GOV
FX044	Oats - Porridge & Gluten Free	6 x 750g	4.25	GOV
ALARA				
FX026	Gluten Free Scottish Porridge	6 x 500g	4.55	GOV
FLOURS & BREAD MIXES				
AMISA				
FG085	Chestnut Flour - Organic	6 x 350g	5.99	GOV
FG065	Chickpea Flour	6 x 400g	3.45	GOV
CLEARSPRING				
FG180	Breadcrumbs - Brown Rice, GF	12 x 250g	3.79	GOV
DOVES FARM				
FG097	Chickpea Flour	5 x 260g	2.85	GOV
FG039	GF Buckwheat Flour	5 x 1kg	5.25	GV
FG522	Gluten Free Brown Bread Flour	5 x 1kg	3.29	GV
FG700	Gluten Free Plain White Flour	5 x 1kg	3.15	GV
FG520	Gluten Free White Bread Flour	5 x 1kg	3.15	GV
FG096	OAT FLOUR	4 x 450g	4.45	GOV
FG047	Organic Coconut Flour	4 x 500g	3.95	GOV
FG117	Rice Flour	5 x 1kg	2.55	GV
FG116	Stoneground Gram Flour	5 x 1kg	3.19	GV
FG701	White Self Raising Flour GF	5 x 1kg	3.15	GV
Bulk				
FG062	Brown Rice Flour	25kg		GOV
FG197	Plain White Flour, Organic, GF	16kg		GOV
ORGRAN				
Gluten Free Mixes				
FG061	Buckwheat Pancake Mix	8 x 375g	5.25	GV
FRUIT - DRIED				
PLANTLIFE				
DR075	Baby Bananas	7 x 325g	7.99	GOV
DR104	Black Shotut Mulberries	7 x 80g	5.29	GOV
DR083	Cereal Killer	7 x 110g	5.89	GOV
DR076	Coconut Cubes	7 x 235g	8.59	GOV
DR085	Sour Cherries	7 x 100g	5.29	GOV
DR019	Sweet Apricot kernels	7 x 325g	13.29	GOV
DR116	Sweet Cherries	7 x 80g	5.59	GOV
DR106	White Mulberries	7 x 190g	5.99	GOV
URBAN FRUIT				
DR009	Baked Mango & Passionfruit	7 x 85g	2.85	GV
DR201	Gently Baked Pineapple	6 x 100g	2.85	GV
DR266	Gently Baked Strawberries	8 x 90g	2.85	GSV
Sharing				
DR192	Gently Baked Mango	6 x 100g	2.85	GV
Snacking				
DR263	Snack Pack - Mango	14 x 35g	1.90	GV
DR144	Snack Pack - Pineapple	14 x 35g	1.90	VG
DR002	Snack Pack - Strawberry	14 x 35g	1.90	GV
Tumbled				
DR086	Pineapple & Coconut	6 x 85g	2.85	GV
FRUIT & VEGETABLE JUICES				
BERRY COMPANY				
1L Tetrapack				
JU737	Acai with Raspberry & Yerba	12 x 1l	2.69	GV
JU055	Blueberry Juice	12 x 1l	2.69	GV
JU253	Cranberry Juice	12 x 1l	2.69	GV
JU063	Goji Berry Juice	12 x 1l	2.69	GV
JU061	Superberries Purple Juice	12 x 1l	2.69	GV
JU050	Superberries Red Juice	12 x 1l	2.69	GV
JU736	White Tea and Peach Juice	12 x 1l	2.69	GV

code	product	size	rrp	bfgosv
	CULTURED FOOD COMPANY			
JU175	Fermented Beet Kvass	6 x 500ml	4.50	GOV
	FLAWSOME!			
	Not from concentrate juices			
JU825	Apple & Strawberry Juice	12 x 250ml	2.25	GV
JU820	Orange Juice	12 x 250ml	2.49	GV
JU821	Sweet & Sour Apple Juice	12 x 250ml	2.25	GV
	JAMES WHITE			
JU087	Tetrapack 1 Litre Veg-lt	8 x 1l	3.89	GV
	ZINGER			
JU264	Zinger Health Shots Sour Cherry Zinger Shot	15 x 70ml	1.79	GV
	FRUIT (FROZEN)			
	NATURAL COOL			
XL142	Organic Berry Mix	10 x 300g	4.85	GOV
XL145	Organic Blueberries	10 x 300g	4.70	GOV
XL179	Organic Raspberries	10 x 300g	7.20	GOV
XL182	Organic Sour Cherries	10 x 300g	4.40	GOV
XL180	Organic Strawberries	10 x 300g	4.65	GOV
	GRAINS			
	MR ORGANIC			
QS073	Chickpea Rice	12 x 250g	3.69	GOV
QS020	Red Lentil Rice	12 x 250g	3.69	GOV
	GRAVY, STOCK & BOUILLON			
	FREE & EASY			
LJ008	Gravy Sauce Mix	6 x 130g	2.39	GV
	KALLO			
LJ102	French Onion Stock Cubes	15 x 66g	1.65	GOVS
LJ103	Garlic & Herb Stock Cubes	15 x 66g	1.65	GOVS
LJ171	Low Salt Vegetable Stock Cubes	15 x 60g	1.99	GOVS
LJ122	Mushroom Stock Cubes	15 x 66g	1.65	GOVS
LJ101	Tomato & Herb Stock Cubes	15 x 66g	1.65	GOVS
LJ205	Umami Stock Cubes	15 x 66g	1.85	GOV
LJ120	Vegetable Stock Cubes	15 x 66g	1.65	GOV
LJ186	Vegetable Stock Pots	8 x 24g	2.79	GOSV
LJ147	Yeast Free Veg.Stock Cubes	15 x 66g	1.95	GV
	MARIGOLD			
LJ211	Bouillon Cubes	12 x 8	1.49	GOV
LJ043	Bouillon Powder	6 x 150g	2.55	GV
LJ044	Bouillon Powder	6 x 500g	6.89	GV
LJ073	Bouillon Powder - Organic	6 x 150g	2.55	GOV
LJ238	Bouillon Powder - Organic	6 x 500g	7.75	GOV
LJ070	Bouillon Powder - Reduced Salt	6 x 150g	2.45	GV
LJ237	Bouillon Powder - Reduced Salt	6 x 500g	7.39	GV
LJ178	Bouillon Reduced Salt	1 x 2kg	22.49	FGV
LJ195	Gravy Granules - Instant	1 x 2kg	16.99	GV
LJ062	Gravy Powder - Instant	6 x 170g	1.95	GSV
LJ208	Organic Bouillon	1 x 2kg	23.49	FGOV
LJ074	Organic Bouillon Reduced Salt	6 x 140g	2.79	GOV
LJ253	Organic Reduced Salt Bouillon	1 x 2kg	24.99	FGOV
LJ139	Original Bouillon	1 x 2kg	21.75	FGV
LJ321	Yeast Free Bouillon Stock Cube Catering	12 x 84g	1.49	GOV
LJ032	Engevita with B12 Y/Flakes	1 x 650g	19.99	GV
	HERB & FRUIT TEA INFUSIONS			
	BOS			
TE241	Rooibos - Apple & Mint	12 x 20 bags	3.89	FGOV
TE281	Rooibos - Chai	12 x 20 bags	3.89	FGOV
TE242	Rooibos - Orange & Ginger	12 x 20 bags	3.89	FGOV
TE261	Rooibos - Strawberry & Vanilla	12 x 20 bags	3.89	FGOV
	CLIPPER			
TE035	Everyday Infusions Indian Chai	4 x 20 bags	2.99	FGOV
	HEATH AND HEATHER			
TE594	Botanicals Turmeric Root Brew	6 x 20 bags	3.55	GOV

code	product	size	rrp	bfgosv
	LOVE CBD			
TE456	Hemp Tea	12 x 10 bags	5.99	GV
	PUKKA			
TE058	Turmeric Active	4 x 20 bags	5.90	GOV
	YOGI TEA			
TE167	Ashwagandha Balance Tea	6 x 17 bags	2.75	GOV
TE553	Bedtime	6 x 17 bags	2.75	GOV
TE250	Bedtime Rooibos Vanilla	6 x 17 bags	2.75	GOV
TE204	Black Chai	6 x 17 bags	2.75	GOV
TE346	Breathe Deep	6 x 17 bags	2.75	GOV
TE597	Choco	6 x 17 bags	2.75	GOV
TE192	Classic Original	6 x 17 bags	2.75	GOV
TE551	Detox	6 x 17 bags	2.75	GOV
TE208	Echinacea	6 x 17 bags	2.75	GOV
TE630	Feel Pure with Lemon	6 x 17 bags	2.75	GOV
TE591	Finest Selection	6 x 18 bags	2.99	GOV
TE835	Ginger	6 x 17 bags	2.75	GOV
TE293	Ginger Lemon	6 x 17 bags	2.75	GOV
TE836	Ginger Orange & Vanilla	6 x 17 bags	2.75	GOV
TE195	Green Balance	6 x 17 bags	2.75	GOV
TE209	Green Chai	6 x 17 bags	2.75	GOV
TE194	Green Energy	6 x 17 bags	2.75	GOV
TE787	Green Tea Matcha Lemon	6 x 17 bags	2.75	GOV
TE028	Happy Nature	6 x 17 bags	2.75	GOV
TE645	Heartwarming	6 x 17 bags	2.75	GOV
TE187	Himalaya	6 x 17 bags	2.75	GOV
TE785	Immune Support	6 x 17 bags	2.75	GOV
TE998	Inner Harmony	6 x 17 bags	2.75	GOV
TE638	Lime Mint	6 x 17 bags	2.75	GOV
TE193	Liquorice	6 x 17 bags	2.75	GOV
TE837	Liquorice Mint	6 x 17 bags	2.75	GOV
TE342	Maca Chai	6 x 17 bags	2.75	GOV
TE181	Mental Clarity Tea	6 x 17 bags	2.75	GOV
TE252	Positive Energy Cranberry Hib	6 x 17 bags	2.75	GOV
TE001	Rooibos	6 x 17 bags	2.75	GOV
TE283	Rose	6 x 17 bags	2.75	GOV
TE414	Soul Balm	6 x 17 bags	2.75	GOV
TE006	Star Salutation	6 x 17 bags	2.75	GOV
TE211	Sweet Chai	6 x 17 bags	2.75	GOV
TE428	Sweet Chilli	6 x 17 bags	2.75	GOV
TE554	Throat Comfort	6 x 17 bags	2.75	GOV
TE349	Tulsi Relax	6 x 17 bags	2.75	GOV
TE018	Turmeric Chai	6 x 17 bags	2.75	GOV
TE088	Turmeric Orange	6 x 17 bags	2.75	GOV
TE733	Wellbeing	6 x 17 bags	2.75	GOV
TE012	White Tea with Aloe Vera	6 x 17 bags	2.75	GOV
TE017	Women's Balance	6 x 17 bags	2.75	GOV
TE355	Women's Energy For The Senses	6 x 17 bags	2.75	GOV
TE615	Good Night	6 x 17 bags	2.75	GOV
TE263	Natural Energy	6 x 17 bags	2.75	GOV
TE129	Natural Wellbeing	6 x 17 bags	2.75	GOV
TE610	Pure Happiness	6 x 17 bags	2.75	GOV

HERBS & SPICES - PREPACKED

TARANTELLA

HE085	Liquid Basil	12 x 40ml	2.59	GOV
HE067	Liquid Chilli	12 x 40ml	2.59	GOV
HE102	Liquid Garlic	12 x 40ml	2.59	GOV
HE109	Liquid Ginger	12 x 40ml	2.59	GOV
HE072	Liquid Thyme	12 x 40ml	2.59	GOV

HONEY

COMVITA

HY023	10+ Manuka Honey	4 x 500g	56.00	FG
HY186	10+ Manuka Honey	6 x 250g	34.99	FG
HY687	15+ Manuka Honey	4 x 250g	58.29	FG
HY079	5+ Manuka Honey	6 x 250g	16.49	FG
HY155	5+ Manuka Honey	4 x 500g	26.49	FG

HILLTOP HONEY

HY076	Organic Blossom Honey	6 x 340g	4.25	GO
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code	product	size	rrp	bfgosv
HY007	WAINWRIGHT'S Ukrainian Sunflower Honey	6 x 380g	4.75	GB
HOUSEHOLD CLEANING PRODUCTS				
ECOZONE				
HJ044	Solutions Appliance Descaler	12 x 500ml	5.82	GV
INDIAN FOOD				
MERIDIAN				
VF019	Korma Sauce	6 x 350g	2.89	GSV
VF025	Tikka Masala Sauce	6 x 350g	2.89	GSV
PATAKS				
KJ222	Curry Pastes Korma Curry Paste	6 x 290g	3.99	GV
KJ054	Madras Curry Paste	6 x 283g	3.99	GV
KJ152	Rogan Josh Curry Paste	6 x 283g	3.99	GSV
KJ246	Tikka Masala Curry Paste	6 x 283g	3.99	GSV
KJ059	Vindaloo Curry Paste	6 x 283g	3.99	GV
KJ041	Pickles Chilli Pickle	6 x 283g	3.39	GV
KJ047	Mango Pickle - Medium	6 x 283g	3.39	GV
KJ049	Mixed Pickle	6 x 283g	3.39	GV
PUNJABAN				
KJ316	Jalfrezi Curry Sauce	6 x 350g	3.99	GV
KJ317	Korma Curry Sauce	6 x 350g	3.99	GV
KJ374	Bases (Sauce Concentrate) Authentic Curry Base - Medium	6 x 350g	3.99	GV
KJ373	Authentic Curry Base - Mild	6 x 350g	3.99	GV
KJ379	Butter 'Chicken' Base	6 x 350g	3.99	GV
KJ383	Tasty Tamarind Curry Base	6 x 350g	3.99	GV
KJ083	Tikka Masala Curry Base Sauce	6 x 350g	3.99	GV
JAMS & FRUIT SPREADS				
SQUISHED				
JS015	Rescue Blueberry Jam	6 x 320g	2.25	GV
JS014	Rescue Raspberry Jam	6 x 320g	2.25	GV
ST DALFOUR				
JS002	Apple & Cinnamon Spread	6 x 284g	2.99	GV
JS051	Apricot Spread	6 x 284g	2.99	GV
JS064	Black Cherry Spread	6 x 284g	2.99	GV
JS063	Blackberry Spread	6 x 284g	2.99	GV
JS062	Blackcurrant Spread	6 x 284g	2.99	GV
JS009	Cranberry & Blueberry	6 x 284g	2.99	GV
JS068	Fig Spread	6 x 284g	2.99	GV
JS067	Four Fruits Spread	6 x 284g	2.99	GV
JS007	Lemon & Lime Spread	6 x 284g	2.99	GV
JS003	Mango & Passion Fruit Spread	6 x 284g	2.99	GV
JS066	Mirabelle Plum Spread	6 x 284g	2.99	GV
JS120	Orange and Ginger Spread	6 x 284g	2.99	GV
JS046	Raspberry & Pomegranate Spread	6 x 284g	2.99	GV
JS049	Raspberry Spread	6 x 284g	2.99	GV
JS004	Strawberry & Rhubarb Spread	6 x 284g	2.99	GV
JS050	Strawberry Spread	6 x 284g	2.99	GV
JS061	Thick Cut Orange Spread	6 x 284g	2.99	GV
JS060	Wild Blueberry Spread	6 x 284g	2.99	GV
JUICE CONCENTRATES & CORDIALS				
BELVOIR				
JU234	Blueberry Blackcurrant Cordial	6 x 500ml	5.79	GSV
JU516	Elderflower & Rose Cordial	6 x 500ml	5.79	GSV
JU578	Elderflower Cordial	6 x 500ml	5.79	GSV
JU577	Ginger Cordial	6 x 500ml	5.79	GSV
JU197	Honey, Lemon & Ginger Cordial	6 x 500ml	5.79	GS
JU275	Organic Elderflower Cordial	6 x 500ml	6.39	GOSV
JU276	Organic Ginger Cordial	6 x 500ml	6.39	GOSV
JU355	Organic Lemon & Mint Cordial	6 x 500ml	6.39	GOSV
JU043	Raspberry & Lemon Cordial Family Size	6 x 500ml	5.79	GV
JU339	Blackcurrant Cordial	6 x 750ml	6.69	GSV
JU338	Orange Cordial	6 x 750ml	6.69	GSV

code	product	size	rrp	bfgosv
MARGARINES & SPREADS (CHILLED)				
KOKO DAIRY FREE				
CV317	Koko Dairy Free Spread	8 x 500ml	2.19	GV
NATURLI'				
CV735	Spreadable Vegan Butter	16 x 450g	4.25	GOV
CV879	Spreadable Vegan Butter	24 x 225g	2.20	GOV
CV880	Vegan Butter Block	15 x 200g	2.10	GOV
MAYONNAISE & SALAD DRESSINGS				
DINE				
KJ164	Hollandaise Sauce	6 x 180g	2.99	G
HUNTER AND GATHER				
KJ332	Egg Free Olive Oil Mayo	6 x 250g	5.99	GV
INSPIRED VEGAN				
KJ048	Vegan Honei Mustard Dressing	6 x 265g	3.19	GSV
RUBIES IN THE RUBBLE				
KJ118	Plant Based Mayo - Chilli	8 x 285ml	3.59	GSV
KJ241	Plant Based Mayo - Garlic	8 x 285ml	3.59	GSV
MEAT FREE ALTERNATIVES(FROZEN)				
BEYOND MEAT				
XL053	Burgers	8 x 226g	5.20	GV
XL091	Meatballs	8 x 200g	5.20	GV
XL088	Mince	8 x 300g	5.20	GV
XL063	Sausages	10 x 200g	5.20	GV
NATURLI'				
XL065	Schnitzel	8 x 300g	4.65	GV
XL101	'Shape Me' Vegan Mince	8 x 300g	4.65	GV
XL071	Vegan Balls	8 x 300g	3.95	GV
STRONG ROOTS				
XL213	Pumpkin & Spinach Burgers	12 x 300g	4.10	GV
XL218	Spinach Bites	12 x 308g	4.10	GV
MEATLESS SUBSTITUTES (CHILLED)				
FLORENTIN				
CV950	Corn Falafel	6 x 240g	4.80	GOV
CV930	Falafel	6 x 240g	4.55	GOV
CV571	Sweet Potato Falafel	6 x 240g	4.55	GOV
CV944	Tamruc Falafel	6 x 240g	4.70	GOV
HEURA				
	Minimum 5 days shelf life			
CV142	Chorizo	6 x 216g	4.30	GV
CV115	Mediterranean Chunks	6 x 160g	4.25	GV
CV119	Original Burger	6 x 227g	4.60	GV
CV116	Original Chunks	6 x 160g	4.20	GV
CV124	Original Nuggets	6 x 180g	3.85	GV
MIDDLE EASTERN & AFRICAN FOOD				
AL'FEZ				
KJ548	Apricot & Coriander Sauce 450g	6 x 450g	3.15	GV
KJ190	Moroccan Style Tagine Sauce	6 x 450g	2.79	GV
KJ243	Smoky Harissa Tagine Sauce	6 x 450g	2.79	GV
AMISA				
KJ105	Falafel Mix	6 x 160g	2.75	GOV
NUT & SEED BUTTERS				
COCONUT MERCHANT				
GH076	Coconut Butter	12 x 300g	5.90	GOV
SUNITA				
GH159	Black Tahini	6 x 170g	2.99	GOV
WHOLE EARTH				
GH091	Peanut Butter - smooth organic	6 x 227g	3.59	GOV
GH090	Peanut Butter -crunchy organic	6 x 227g	3.59	GOV
GH084	Peanut Butter -smooth original	6 x 340g	3.95	GV
GH113	Peanut Butter -smooth original	2 x 1kg	8.19	GV
GH151	Peanut Butter-100% Nuts,Crunch	6 x 227g	3.45	GOV
GH082	Peanut Butter-crunchy original	6 x 340g	3.95	GV
GH115	Peanut Butter-crunchy original	2 x 1kg	8.19	GV

code	product	size	rrp	bfgosv
OILS & FATS				
CLEARSPRING				
GT054	Coconut Oil	6 x 200g	4.59	GOV
GT055	Coconut Oil	6 x 400g	8.65	GOV
GT037	Sesame Oil organic	6 x 1l	15.49	GOV
HELLENIC				
GT403	Extra Virgin Olive Oil	12 x 750ml	14.99	GOV
HUNTER AND GATHER				
GT057	Extra Virgin Avocado Oil	6 x 250ml	7.29	GV
MONINI				
GT064	Black Truffle Flavoured Oil	6 x 250ml	6.39	GV
GT011	White Truffle Flavoured Oil	6 x 250ml	6.39	GV
OLIVES				
BIONA				
KJ349	Black Olives in Brine	5 x 280g	3.45	GOSV
KJ345	Green Olives in Brine	5 x 280g	3.35	GOVS
HELLENIC SUN				
KJ365	Green Olives	6 x 330g	2.99	GOV
MANI				
KJ425	Og Kalamata Olives in OliveOil	6 x 280g	5.49	GOV
PARTHENON				
KJ367	Natural Black Olives	10 x 250g	2.29	GV
PASTA				
SUMA ORGANIC				
Gluten Free				
WT011	Brown Rice Fusilli Gluten Free	8 x 500g	3.25	GOV
WT013	Brown Rice Penne Gluten Free	8 x 500g	3.25	GOV
WT089	Casarecce Oat Pasta	12 x 340g	2.99	GOV
WT008	Corn Rice Fusilli Gluten Free	8 x 500g	2.89	GOV
WT009	Corn Rice Penne Gluten Free	8 x 500g	2.89	GOV
WT077	Oat Linguine Pasta	12 x 340g	3.19	GOV
WT073	Rigatoni Oat Pasta	12 x 340g	2.99	GOV
BARENAKED				
WT162	Barenaked Noodles	6 x 250g	2.45	GV
WT163	Barenaked Rice	6 x 250g	2.45	GV
WT172	Barenaked Spaghetti	6 x 250g	2.45	GV
WT004	Protein Noodles	6 x 250g	2.45	GV
CIEMME				
WT060	Gnocchi - Gluten Free	12 x 250g	1.90	GV
WT136	OG Gluten Free Gnocchi Plain	12 x 400g	3.90	GOV
CLEARSPRING				
WT148	Brown Rice Penne - Gluten Free	8 x 250g	3.79	GOV
WT052	Gluten Free Buckwheat Pasta	8 x 250g	3.79	GOV
WT149	Green Pea & Quinoa Fusilli	8 x 250g	3.79	GOV
WT150	Red Lentil & Brown Rice Pasta	8 x 250g	3.79	GOV
DIFATTI				
WT015	Gluten Free Egg Tagliatelle	6 x 250g	3.99	G
WT151	Gnocchi - Gluten Free	10 x 250g	2.39	GV
WT033	Gnocchi - Pumpkin & Quinoa GF	12 x 250g	2.65	GV
WT153	Spinach Gnocchi - gluten free	10 x 250g	2.39	GV
DOVES FARM				
WT038	Organic Brown Rice Fusilli	8 x 500g	4.19	GOV
WT047	Organic Brown Rice Penne Pasta	8 x 500g	4.19	GOV
WT036	Organic Brown Rice Spaghetti	12 x 500g	4.19	GOV
WT133	Organic Buckwheat Pasta	8 x 500g	4.99	GOV
WT167	Organic Green Pea Penne Pasta	6 x 250g	3.39	GOV
WT165	Organic Maize and Rice Lasagne	6 x 250g	3.29	GOV
WT051	Organic Maize/Rice Fusilli	8 x 500g	3.39	GOV
WT039	Organic Maize/Rice Penne Pasta	8 x 500g	3.39	GOV
WT053	Organic Maize/Rice Spaghetti	12 x 500g	3.39	GOV
WT135	Organic Multigrain Pasta	8 x 500g	4.19	GOV
WT166	Organic Red Lentil Penne Pasta	6 x 250g	3.39	GOV
EXPLORE CUISINE				
WT113	Black Bean Spaghetti	6 x 200g	4.90	GOV
WT145	Chickpea Fusilli	6 x 250g	4.90	GOV
WT093	Edamame & Mung Bean Fettuccine	6 x 200g	4.90	GOV
WT114	Edamame Bean Spaghetti	6 x 200g	4.90	GOV
WT143	Green Lentil Penne	6 x 250g	4.90	GOV
LA BUONA VITA				
WT027	Gluten Free Fusilli	10 x 400g	2.75	GV

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WT056	Gluten Free Lasagne Sheets	12 x 250g	2.75	GV
WT026	Gluten Free Penne Pasta	12 x 400g	2.75	GV
WT028	Gluten Free Spaghetti	12 x 400g	2.75	GV
MAIDEA				
WT007	Pacheri	10 x 250g	3.75	GV
WT010	Tagliatelle	12 x 250g	3.75	GV
ORGRAN				
WT078	Buckwheat Pasta Spirals	5 x 350g	3.99	GV
WT105	Corn & Veg Penne	5 x 350g	3.19	GV
WT006	Garden Veggies Penne	5 x 350g	3.19	GV
WT005	Garden Veggies Spirals	5 x 350g	3.99	GV
WT061	Pasta Roma Penne	8 x 350g	4.25	GV
WT091	Pasta Roma Rigatoni	8 x 350g	4.25	GV
WT092	Pasta Roma Spirals	8 x 350g	4.25	GV
WT109	Rice & Corn Macaroni	5 x 350g	3.99	GV
WT080	Vegetable Rice Spirals	5 x 350g	3.99	GV
PROFUSION				
WT130	Chickpea Fusilli	8 x 250g	3.35	GOV
WT042	Organic Chickpea Orzo	12 x 250g	3.15	GOV
WT030	Organic Red Lentil Orzo	12 x 250g	3.15	GOV
WT129	Red Lentil Fusilli	8 x 250g	3.45	GOV
PASTA (CHILLED)				
SUNNY & LUNA				
CV213	Cauliflower Gnocchi	8 x 350g	5.35	GV
CV041	Spinach Gnocchi	8 x 350g	5.35	GV
PASTA SAUCES & PESTOS				
MR ORGANIC				
KJ046	Basilico Sauce	6 x 350g	2.29	GOV
KJ328	Chilli & Garlic Pesto	6 x 130g	3.29	GOV
	Antipasti			
KJ022	Artichoke Antipasti - Sliced	5 x 190g	4.89	GOV
KJ037	Peppers Grilled - Antipasti	5 x 190g	3.89	GOV
KJ039	Sundried Tomatoes - Antipasti	5 x 190g	3.89	GOV
MUTTI				
VF008	Bolognese Sauce	6 x 400g	3.59	GV
VF271	Vegan Bolognese	6 x 400g	3.95	GV
ZEST				
KJ314	Red Pesto	6 x 165g	3.49	GV
VF256	Tomato&Mascarpone Pasta Sauce	6 x 340g	3.15	GV
PATE				
GRANOVITA				
GH143	Mushroom Pate	12 x 125g	1.99	GV
GH015	Olive Pate	12 x 125g	1.99	GV
GH144	Vegetable Pate	12 x 125g	1.99	GV
HELLENIC SUN				
KJ348	Kalamata Olive Pate	6 x 200g	2.99	GOV
KALLO				
GH008	Chunky Tomato Dip	6 x 150g	3.19	GOV
GH033	Spicy Tomato Dip	6 x 150g	3.19	GOV
GH036	Tomato & Olives Dip	6 x 150g	3.19	GOV
TARTEX				
GH001	Classic Pate - og	12 x 200g	3.85	GOV
PATES, DIPS & TAPAS (CHILLED)				
DELPHI FOODS				
CV352	Tzatziki	6 x 170g	1.39	G
	Houmous			
CV349	Avocado Houmous	6 x 150g	2.49	GV
CV347	Smoky Red Lentil Houmous	6 x 170g	1.55	GV
FLORENTIN				
CV951	Baba Ganoush	6 x 170g	3.50	GOSV
CV931	Houmous	6 x 200g	3.80	GOV
CV526	Houmous Extra with Pinenuts	6 x 200g	3.70	GOV
THE REAL OLIVE COMPANY				
CV538	Chilli, Cumin & Garlic Olives	6 x 150g	3.40	GOV
CV554	Kalamata Olives	12 x 210g	3.59	GOV
CV549	Nocellara Del Belice Olives	12 x 210g	3.70	GOV

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PICKLES, CHUTNEYS & MUSTARDS				
CULTURED FOOD COMPANY				
KJ064	Fermented Beetroot	6 x 400g	5.35	GOV
KJ063	Vegan Kimchi	12 x 300g	5.35	GV
SHAWS				
KJ175	Beetroot & Horseradish Chutney	6 x 290g	2.75	GSV
KJ174	Caramelised Red Onion Chutney	6 x 195g	2.65	GSV
KJ185	Fig & Honey Chutney	6 x 195g	2.65	GS
KJ028	Mango Chutney - Chunky	6 x 300g	1.99	GSV
KJ179	Piccalilli	6 x 280g	2.95	GSV
READY MEALS (FROZEN)				
BEYOND MEAT				
XL015	Chilli Non Carne	6 x 350g	3.79	GSV
XL366	Keema Curry	6 x 350g	3.79	GSV
CLIVE'S				
XL030	Gluten Free Pies			
	Chickpea Tagine Pie	6 x 235g	4.30	GOSV
XL114	Mushroom & Leek Pie	6 x 235g	4.30	GOV
XL308	Saag Aloo GF Pie	6 x 235g	4.30	GOV
	Nut Roasts			
XL338	Organic Nut Roast	6 x 280g	6.75	GOSV
XL044	Organic Sharing Nut Roast	4 x 600g	14.50	GOV
	Tarts & Quiches			
XL323	Bombay Curry Tart	6 x 195g	4.00	GOSV
XL336	Tomato and Olive Tart	6 x 195g	4.25	GOSV
GOODLIFE				
XL265	Falafel	6 x 280g	3.45	GV
NATURLI'				
XL312	Falafel	8 x 325g	4.95	GV
STRONG ROOTS				
XL301	Thai Green Vegetable Curry	9 x 350g	4.50	GV
XL287	Veggie Masala	9 x 350g	4.50	GV
XL294	White Bean and Lentil Stew	9 x 350g	4.50	GV
READY TO EAT FOODS (CHILLED)				
SUMA				
CV088	Kimchi	6 x 300g	4.40	GOV
CV076	Sauerkraut	6 x 300g	4.20	GOV
EATEN ALIVE				
CV090	Classic Kraut	8 x 375g	5.99	GV
CV078	Massive Classic Kimchi	6 x 775g	12.49	GV
CV081	Massive Pickled Cucumbers	6 x 775g	1.99	GV
LOVING FOODS				
	Raw, Organic, Vegan & UK made			
CV801	Classic Sauerkraut	6 x 475g	6.45	GOV
CV316	Hot 'N' Smoky Kimchi	6 x 475g	7.85	GOV
CV802	Kimchi	6 x 475g	6.85	GOV
CV928	Ruby Beetroot Kraut	6 x 475g	6.85	GOV
CV929	Sauerkraut with Caraway	6 x 475g	6.85	GOV
CV314	Spicy Cortido Kraut	6 x 475g	6.85	GOV
CV803	Turmeric & Black Pepper Kimchi	6 x 475g	6.85	GOV
SALT & SEASONINGS				
LOSALT				
LJ089	Reduced Sodium Salt	6 x 350g	3.90	GV
MARIGOLD				
LJ444	Liquid Aminos	6 x 250ml	3.99	GV
SAUSAGES & BURGERS (FROZEN)				
FRYS				
XL360	Rice Protein & Quinoa Burgers	6 x 320g	4.50	GV
NATURLI'				
XL078	Vegan Burger	8 x 320g	4.45	GV
XL086	Vegan Sausages	8 x 300g	4.65	GV
SEA VEGETABLES				
I SEA				
LJ135	Seaweed Chips	12 x 135g	2.99	GV

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SNACK BARS & FLAPJACKS				
ADONIS				
	Keto Bar			
KB351	Keto Pecan, Hazelnut & Cocoa	16 x 35g	1.79	GV
KB371	Keto Vanilla & Coconut Bar	16 x 35g	1.79	GV
BEAR				
KB542	Carrot Cake Bars - Multipack	12 x 4 x 27g	2.51	GV
KB519	Forest Fruit Bars - Multipack	12 x 4 x 27g	2.51	GV
B'GOOD				
KB646	Apricot & Almond	16 x 45g	0.95	GS
KB650	Peanut & Chocolate	16 x 45g	0.95	GS
KB664	Peanut & Salted Caramel	16 x 45g	0.95	GS
	Utterly Nutty			
KB638	Dark Chocolate& Sea Salt	16 x 40g	0.95	GS
KB643	Peanut Butter & Dark Chocolate	16 x 40g	0.95	GS
BIO & ME				
	Gut - Loving Oat Bar			
KB400	Cocoa & Hazelnut	18 x 38g	1.29	GV
KB399	Super Berry	18 x 38g	1.29	GV
KB396	Toffee Apple	18 x 38g	1.29	GV
BOUNCE				
	Dipped			
KB598	Dipped Choc Brownie Protein	12 x 40g	2.90	GSV
KB600	Dipped Hazelnut Praline	12 x 40g	2.90	GSV
	Filled			
ZX671	Filled almond protein	12 x 35g	1.99	GS
KB599	Filled Caramel Millionaire	12 x 40g	2.90	GSV
ZX672	Filled Peanut Butter Cacao	12 x 35g	1.99	GS
ZX706	Filled peanut protein	12 x 35g	1.99	GS
ZX711	Filled salted caramel	12 x 35g	1.99	GS
	Vegan			
ZX593	Almond	12 x 35g	1.99	GSV
ZX592	Maple Pecan & Cashew	12 x 35g	1.99	GSV
BRYNMOR				
	Flapjack			
KB559	Apricot & Almond	20 x 80g	0.75	GSV
KB562	Caramel Fudge	20 x 80g	0.79	GS
KB541	Cashew & Coconut	20 x 80g	0.75	GSV
KB563	Chocolate	20 x 80g	0.79	GS
KB575	Dark Chocolate & Ginger	20 x 80g	0.79	VGS
KB543	Summer Berry	20 x 80g	0.75	GSV
DAMN GOOD				
KB891	Cookies Ginger, Choc, Orange	12 x 38g	1.79	GSV
KB888	Cookies Honeycomb & Chocolate	12 x 38g	1.79	GSV
KB153	Cookies Salted Double Choc	12 x 38g	1.79	GSV
KB150	Cookies Vanilla Choc Chip	12 x 38g	1.79	GSV
DELICIOUSLY ELLA				
KB783	Almond Fruit, Nut & Seed Bar	12 x 40g	1.39	GV
KB030	Apple and Raisin Oat Bar	12 x 3x50g	3.90	GV
KB435	Cacao & Almond Ball	12 x 40g	1.99	GV
KB785	Cashew Cranberry Fruit Nut Bar	12 x 40g	1.39	GV
KB026	Peanut Butter Oat Bar	12 x 3x50g	3.90	GV
	Nut Butter Filled			
WS071	Almond Butter Ball	12 x 36g	1.99	GV
WS072	Hazelnut Nut Butter Ball	12 x 36g	1.99	GV
	Oat Bars			
KB790	Apple Raisin Cinnamon Oat Bar	16 x 50g	1.90	GV
KB791	Apricot & Coconut Oat Bar	16 x 50g	1.90	GV
KB792	Cacao & Almond Oat Bar	16 x 50g	1.90	GV
DOVES FARM				
	Impulse			
KB228	Apple & Sultana Flapjack	18 x 35g	0.89	GOSV
KB230	Apricot & Chia Seed Flapjack	18 x 35g	0.89	GOSV
KB234	Chocolate Chip Flapjack	18 x 35g	0.89	GOSV
	Multipack			
KB237	Apple & Sultana Flapjack	7 x 4 x 35g	2.89	GOSV
KB261	Apricot & Chia Seed Flapjack	7 x 4 x 35g	2.89	GOSV
KB463	Chocolate Chip Flapjack	7 x 4 x 35g	2.89	GOSV
LOVE VEGAN				
KB014	Chocolate Cherry	20 x 45g	1.49	GV
KB011	Chocolate orange	20 x 45g		GV

code	product	size	rrp	bfgosv
MISFITS				
KB145	Chocolate Brownie	12 x 45g	2.29	GV
KB140	Chocolate Caramel	12 x 45g	2.29	GV
KB192	Chocolate Speculoos	12 x 45g	2.29	GV
KB193	White Choc Cookies n' Cream	12 x 45g	2.29	GV
NAIRN'S				
	Crunchy Oat Bars			
BT112	Belgian Chocolate	10 x 160g	3.49	GV
BT113	Honey	10 x 160g	3.49	GS
BT111	Raisin Apple & Cinnamon	10 x 160g	3.49	GSV
NAKD				
	Big Bar			
KB712	Blueberry Muffin	16 x 45g	1.89	GV
KB713	Cocoa Orange	16 x 45g	1.89	GV
	Chocolish			
ZX756	Double Chocolish Big Bite	16 x 50g	1.89	GV
ZX766	Peanut Chocolish Big Bite	16 x 50g	1.89	GV
	Fruit & Fibre			
KB395	Strawberry & Raspberry	16 x 44g	1.39	GV
	Fruit & Fibre			
KB378	Apple & Cinnamon	16 x 44g	1.39	GV
	Multi Packs			
WS045	Apple Danish Multipacks	12 x 4 x 30g	3.69	GV
KB802	Banoffee Pie Multipack	12 x 4 x 35g	3.69	GV
KB029	Berry Delight Multipack	12 x 4 x 35g	3.49	GV
KB779	Blueberry Muffin Multipack	12 x 4 x 35g	3.69	GV
KB931	Cashew Cookie Multipack	12 x 4 x 35g	3.69	GV
KB031	Cocoa Delight Multipack	12 x 4 x 35g	3.69	GV
KB003	Cocoa Orange Multipack	12 x 4 x 35g	3.69	GV
KB771	Salted Caramel Multipack	12 x 4 x 35g	3.69	GV
	Nudie Bars			
KB877	Bakewell Tart Bar	18 x 35g	1.50	GV
KB686	Banoffee Pie Bar	18 x 35g	1.50	GV
KB756	Berry Delight Bar	18 x 35g	1.50	GV
KB532	Blueberry Muffin	18 x 35g	1.50	GV
KB526	Carrot Cake	18 x 35g	1.50	GV
KB554	Cashew Cookie Bar	18 x 35g	1.50	GV
KB757	Cocoa Delight Bar	18 x 35g	1.50	GV
KB556	Cocoa Orange Bar	18 x 35g	1.50	GV
KB163	Lemon Drizzle Bar	18 x 35g	1.50	GV
WS021	Peanut Delight	18 x 35g	1.50	GV
ZX609	Salted Caramel	18 x 35g	1.50	GV
	Protein			
KB719	Protein Caramel	16 x 45g	1.89	GV
KB708	Protein Cocoa Hazelnut	16 x 45g	1.89	GV
KB707	Protein Peanut Butter	16 x 45g	1.89	GV
NUGO				
	Protein			
KB376	D/Mint Choc Chip Protein Bar	12 x 50g	2.55	VG
KB871	Dark Chocolate Pretzel	12 x 50g	2.55	GV
PULSIN'				
WS040	Brownie Double Choc Dream	18 x 35g	1.29	GSV
KB723	Chocolate Hazelnut Brownie	18 x 35g	0.99	GV
WS049	Double Choc Fudge Brownie	18 x 35g	1.29	GSV
	Keto Bars			
KB414	Almond Salted Caramel Keto Bar	18 x 50g	1.99	GV
KB784	Choc Fudge & Peanut Keto Bar	18 x 50g	1.99	GV
KB483	Choc Mint & Peanut Keto Bar	18 x 50g	1.99	GV
KB490	Choc Orange & Peanut Keto Bar	18 x 50g	1.99	GV
KB404	Raspberry Choc Chip Keto Bar	18 x 50g	1.99	GV
	Protein Boosters			
KB727	Caramel Choc & P'nut Booster	18 x 50g	2.49	GV
KB090	Maple & Peanut Protein Bar	18 x 50g	1.99	GV
KB148	Peanut Choc Protein Bar	18 x 50g	1.99	GV
KB706	Vanilla Choc Chip Protein Bar	18 x 50g	1.99	GV
	Raw Choc Brownie			
WS056	Peanut Choc Chip Raw Brownie	18 x 35g	1.19	GSV
RHEAL				
	Energy Bar			
KB635	Banana Bread	12 x 50g	1.99	GV
KB637	Hazelnut Cacao	12 x 50g	1.99	GV
KB636	Peanut Butter	12 x 50g	1.99	GV

code	product	size	rrp	bfgosv
KB626	Energy Bars Blueberry Muffin Bar	12 x 50g	1.99	GV
	SQUIRREL SISTERS			
KB422	Cacao Brownie Snack Bars	16 x 40g	1.29	GV
KB426	Peanut Caramel Snack Bar	16 x 40g	1.35	GV
KB432	Peanut Raspberry Snack Bar	16 x 40g	1.35	GV
	TREK			
KB097	Chocolate Orange	16 x 55g	2.49	GV
KB450	Peanut Butter Flapjack	16 x 50g	1.19	GSV
KB941	Salted Caramel Flapjack	16 x 50g	1.19	GSV
ZX738	Smooth Lemon FLAPJACKS	16 x 50g	1.19	GSV
KB499	Cocoa and oat protein flapjack	16 x 50g	1.19	GVS
KB500	Cocoa coconut protein flapjack	16 x 50g	1.19	GVS
KB505	Original oat protein flapjack Power	16 x 50g	1.19	GVS
KB663	Millionaire Shortbread	16 x 55g	2.49	GV
KB662	Peanut Butter Crunch TREK BARS	16 x 55g	2.49	GV
KB722	Cocoa Chaos	16 x 55g	1.39	GV
KB725	Peanut Power	16 x 55g	1.39	GV
	VIVE			
BT409	Better Brownie			
BT410	Cherry Bakewell	15 x 40g	1.35	GSV
BT411	Chocolate Orange Creamy Coconut Cashew	15 x 40g 15 x 40g	1.49 1.35	GSV GSV
	SOFT DRINKS			
	BELVOIR			
JU795	Elderflower Presse	12 x 250ml	1.95	GSV
JU810	Elderflower Presse	12 x 250ml	2.90	GOSV
JU814	Ginger Beer	12 x 250ml	1.95	GOSV
JU811	Handmade Lemonade	12 x 250ml	2.90	GOSV
JU554	Raspberry Lemonade 750ML Bottles	12 x 250ml	1.75	GSV
JU629	Cucumber & Mint Presse	6 x 750ml	4.10	GSV
JU236	Elderflower & Rose Presse	6 x 750ml	4.10	GSV
JU041	Elderflower Light Presse	6 x 750ml	3.69	GSV
JU674	Elderflower Presse	6 x 750ml	4.10	GSV
JU792	Elderflower Presse	6 x 750ml	4.45	GOSV
JU782	Freshly Squeezed Lemonade	6 x 750ml	4.10	GSV
JU780	Ginger Beer	6 x 750ml	4.10	GSV
JU813	Ginger Beer	6 x 750ml	4.49	GOSV
	DALSTON'S			
	Cans			
JU163	Cherryade	24 x 330ml	1.19	GV
JU166	Fizzy Elderflower	24 x 330ml	1.19	GV
JU772	Fizzy Rhubarb	24 x 330ml	1.19	GV
JU162	Ginger Beer	24 x 330ml	1.19	GV
JU155	Pineapple	24 x 330ml	1.19	GV
JU023	Raspberry Prebiotic Soda	24 x 250ml	1.99	GV
JU027	Tropical Prebiotic Soda	24 x 250ml	1.99	GV
	DASH WATER			
JU110	Sparkling Peach	12 x 330ml	1.29	GV
	FENTIMANS			
	275ML Range			
JU008	Cherry Cola	12 x 275ml	2.25	GSV
JU625	Curiosity Cola	12 x 275ml	2.25	GSV
JU908	Dandelion & Burdock	12 x 275ml	2.25	GSV
JU463	Gently Sparkling Elderflower	12 x 275ml	2.25	GSV
JU346	Ginger Beer	12 x 275ml	2.25	GSV
JU354	Mandarin Seville Orange Jigger	12 x 275ml	2.25	GSV
JU618	Rose Lemonade	12 x 275ml	2.25	GSV
JU435	Victorian Lemonade 750ML Range	12 x 275ml	2.25	GSV
JU573	Curiosity Cola	6 x 750ml	4.89	GSV
JU280	Ginger Beer	6 x 750ml	4.89	GSV
JU455	Rose Lemonade Cans	6 x 750ml	4.89	GSV
JU366	Ginger Beer	12 x 250ml	1.95	GSV
JU300	Rose Lemonade Mixer Range	12 x 250ml	1.95	GSV

code	product	size	rrp	bfgo sv
JU161	Pink Grapefruit Tonic Water	8 x 500ml	3.45	GSV
JU207	Premium Indian Tonic Water	8 x 500ml	17.21	GSV
FEVERTREE				
JU387	Tonic Water	6 x 4x200ml	5.65	GSV
GUSTO				
JU376	Naturally Slim Cola	12 x 275ml	2.15	FGV
JU353	Organic Real Cola	12 x 275ml	2.15	FGOV
HIP POP				
JU099	CBD Kombucha			
JU098	CBD Blood Orange & Grapefruit	12 x 330ml	2.29	GSV
JU094	CBD Cherry & Blackberry	12 x 330ml	2.29	GSV
	CBD Passionfruit Guava	12 x 330ml	2.29	GSV
HULLABALOO'S DRINKS				
JU154	Pure Apple Juice	12 x 250ml	1.89	GSV
JU153	Still Citrus Lemonade	12 x 330ml	1.89	GSV
JU134	Still Elderflower Presse	12 x 330ml	1.89	GSV
JU135	Still Ginger Beer	12 x 330ml	1.89	GSV
JU146	Still Lime & Mint Lemonade	12 x 330ml	1.89	GSV
JU106	Still Original Lemonade	12 x 330ml	1.89	GSV
JU122	Still Raspberry Lemonade	12 x 330ml	1.89	GSV
JU271	Still Wild Berry Presse	12 x 330ml	2.50	GSV
JARR KOMBUCHA				
JU062	Ginger & Lemon Kombucha	12 x 330ml	3.35	GOV
JU084	Original Kombucha	12 x 330ml	3.35	GOV
JU071	Passion Fruit Kombucha	12 x 330ml	3.35	GOV
JU077	Raspberry Kombucha	12 x 330ml	3.35	GOV
JAX COCO				
JU100	Coconut Water Pure	4 x 6 x330ml	12.59	VG
KARMA				
JU076	Hibiscus Ginger Beer	12 x 350ml	2.65	FGOSV
JU067	Original Ginger Beer	12 x 350ml	2.65	FGOSV
JU035	Spicy Ginger Beer	12 x 350ml	2.85	FGOSV
PUNCHY				
JU089	Blood Orange,Bitters&Cardamom	12 x 250ml	1.89	GSV
JU096	Cucumber, Yuzu and Rosemary	12 x 250ml	1.89	GSV
JU313	Hydration Drink - Blueberry	12 x 330ml	2.15	GSV
JU307	Hydration Drink - Mango	12 x 330ml	2.15	GSV
JU086	Peach, Ginger & Chai Spice	12 x 250ml	1.89	GSV
SOUPS				
FREE & EASY				
VF302	Broccoli & Kale	6 x 400g	2.39	GOV
VF096	Butternut Squash & Ginger - Org	6 x 400g	2.39	GOV
VF297	Butternut,Sweet Potato,Turmerc	6 x 400g	2.39	GOV
VF124	Carrot & Coconut Soup	6 x 400g	2.39	GOV
VF720	Lentil & Red Pepper Soup - Org	6 x 400g	2.39	GOV
VF086	Pea & Mint Soup - Org	6 x 400g	2.39	GOV
VF097	Sweet Potato & Chia Soup - Org	6 x 400g	2.39	GOV
VF083	Tomato Soup - Org	6 x 400g	2.39	GOV
SOUPS (CHILLED)				
TIDEFORD ORGANIC VEGAN FOODS				
CV306	Caribbean Sweet Potato Soup	6 x 560g	3.80	GOV
CV782	Lentil & Spinach Soup	6 x 560g	3.80	GOV
CV720	Malaysian Coconut Noodle Soup	6 x 560g	3.80	GOV
CV297	Thai Green Vegetable Soup	6 x 560g	3.80	GOV
YEO VALLEY				
CV601	Carrot & Parsnip Soup	6 x 400g	3.10	GO
CV584	Cream of Tomato Soup	6 x 400g	3.10	GO
CV607	Creamy Vegetable Soup	6 x 400g	3.10	GO
CV588	Leek & Potato Soup	6 x 400g	3.10	GO
SUGARS & SYRUPS				
BILLINGTONS				
LJ057	Sugar - Golden Caster Sugar	10 x 250g	0.95	GVB
BUCKWUD				
HY001	Maple Syrup	6 x 250g	6.65	GOV
HY002	Maple Syrup	6 x 620g	1.99	GV
HILLTOP HONEY				
HY015	Maple Syrup Grade A Amber	5 x 640g	11.99	GV
HY050	Maple Syrup Grade A Dark	5 x 640g	11.99	GV
RAYNERS				
LJ901	Black Treacle - organic	6 x 340g	3.49	GOV

code	product	size	rrp	bfgosv
SUPERFOODS & SPORTS NUTRITION				
GRANOVITA				
GT300	Flax Oil - Organic	6 x 260ml	11.75	GOV
LINWOODS				
MD113	Chia Seed	12 x 200g	6.99	GOV
MD109	Flax,Almond,Brazil,Walnut,Q10	12 x 360g	6.99	GV
MD104	Flax,Sun,Pum,Chia,Goji Berries	5 x 425g	6.79	GOV
MD101	Flax,Sunflower & Pumpkin Seeds	12 x 425g	6.79	GOV
MD102	Flaxseed	12 x 425g	5.99	GOV
MD114	Flaxseed	12 x 200g	3.79	GOV
MD112	Flaxseed,Bio Cultures & Vit D	12 x 360g	6.99	GV
MD110	Linwoods Shelled Hemp	12 x 200g	7.45	GV
MD048	Milled Hemp	6 x 200g	4.89	GOV
VM263	Organic Sprouted Range Sprouted Flaxseed	5 x 360g	7.99	GOV
NATURES AID				
VM003	MCT Oil	6 x 500ml	18.95	FGV
NATURYA				
MD040	Greens Blend Organic	6 x 250g	14.99	FGOV
MD158	Organic Acai Powder	6 x 125g	19.99	GOV
MD216	Organic Cacao Powder F/trade	6 x 250g	6.99	FGVO
MD111	Organic Chia Seeds	6 x 300g	5.99	GOV
MD156	Organic Chlorella Powder	6 x 200g	12.49	GOV
MD153	Organic Cocoa Nibs	6 x 300g	7.99	GOV
MD152	Organic Hemp Protein Powder	6 x 300g	9.99	GOV
MD155	Organic Spirulina Powder	6 x 200g	8.99	GOV
MD067	Organic Turmeric Superblend	6 x 250g	7.99	GOV
MD154	Organic Wheatgrass Powder	6 x 200g	7.99	GOV
PREWETT'S				
VM020	Organic Ground Flaxseed	6 x 175g	3.49	GOV
PULSIN'				
VM331	Berry Protein Powder	6 x 270g	12.49	GV
VM258	Chocolate Pea Protein Powder	6 x 280g	14.99	GV
VM332	Hazelnut Protein Powder	6 x 280g	12.49	GV
VM093	Hemp Protein Powder	6 x 250g	12.19	GV
VM027	Pea Protein Isolate	1kg	28.15	GV
VM092	Pea Protein Powder	6 x 250g	8.39	GV
VM024	Rice Protein Powder	6 x 250g	9.99	GV
VM095	Soya Protein Powder	6 x 250g	8.45	GV
VM155	Vanilla Faba Bean Powder	6 x 250g	12.49	GV
VM090	Vanilla Keto Protein Powder Supershakes	6 x 252g	24.99	VG
VM304	Cacao & Maca Energy Supershake	6 x 300g	17.59	GV
RHEAL				
VF259	Berry Beauty	6 x 150g	24.99	GOV
VF212	Superfoods Balance Tonic	6 x 150g	24.99	GOV
VF031	Superfoods Clean Greens	6 x 150g	24.99	GOV
SQUISHED				
VM068	Rescue Apple Boost	16 x 150g	5.79	GV
VM063	Rescue Blueberry Boost	16 x 150g	5.79	GV
VM070	Strawberry Boost	16 x 150g	5.79	GV
SUPPLEMENTS & REMEDIES				
ALLICINMAX				
VM324	Allicin Max Powder Capsules	6 x 30 capsules	8.75	GV
VM325	Allicinmax Powder Capsules	6 x 90 capsules	21.55	GV
VM328	Lesterol Caps	1 x 90 capsules	15.99	GV
BETTER YOU				
Vitamins & Minerals				
VM171	Boost B12 Oral Spray	6 x 25ml	12.45	GV
VM051	D1000 Vegan Vitamin D Spray	6 x 15ml	12.95	GV
VM106	Iron 10	6 x 25ml	14.95	GV
VM072	Vitamin C Oral Spray	6 x 50ml	11.95	GV
VM002	Zinc Oral Spray	6 x 50ml	12.95	G
BIO-KULT				
VM317	Boosted Extra Strength	1 x 30 capsules	27.59	G
VM059	Brighten	1 x 60 capsules	22.19	G
VM330	Candea Advanced Multi-Action	1 x 60 capsules	18.69	G
VM310	Everyday Advanced Formulation	1 x 30 capsules	11.55	G
VM316	Everyday Advanced Formulation	1 x 60 capsules	22.90	G
VM036	Mind- Multi-Action Formulation	1 x 60 capsules	22.19	G

code	product	size	rrp	bfgosv
VM306	Pro-Cyan Advanced Multi-Action	1 x 45 capsules	18.69	G
	DR VEGAN			
VM339	Ashwagandha KSM-66	1 x 30 capsules	1.99	GOV
VM349	Brain Fuel	1 x 30 capsules	25.99	GV
VM345	Curcumin & Turmeric	1 x 30 capsules	11.99	GOV
VM049	Daily Multi-Vitamin	1 x 60 capsules	17.99	GV
VM347	Debloat & Detox	1 x 60 capsules	17.99	GV
VM342	Gut Works	1 x 30 capsules	26.99	GV
VM044	Hair Saviour	1 x 60 capsules	25.99	GV
VM343	Magnesium	1 x 60 capsules	8.99	GV
VM340	MenoFriend	1 x 60 capsules	19.99	GV
VM373	pH Hero	1 x 30 capsules	29.99	GV
VM372	Screen Eyes	1 x 60 capsules	23.99	GV
VM348	Skin Saviour	1 x 60 capsules	24.99	GV
VM351	Stay Calm	1 x 60 capsules	16.99	GV
VM371	Ultra Energy	1 x 30 capsules	1.99	GV
VM341	Vegan Omega 3	1 x 60 capsules	21.99	GV
	FLORADIX			
MD016	Floradix Vitamin B Complex	250ml	14.95	GV
MD006	Kindervital Children's Fruity	250ml	11.79	GV
MD187	Magnesium Liquid	250ml	1.95	G
MD033	Neuro Balance with Ashwagandha	250ml	14.95	GV
MD280	Saludynam Calcium/Magnesium/Zn	250ml	13.75	G
	HIGHER NATURE			
	Body Health			
VM298	Red Sterol Complex	1 x 90	25.95	GV
	Essentials			
VM361	Colloidal Silver	15ml	11.95	GV
	Gut Health			
VM040	Citricidal	100ml	29.95	GV
VM302	Citricidal	25ml	9.95	GV
VM300	Pro-Daily	1 x 90	11.95	GV
	Immunity			
VM297	Quercetin & Bromelain	1 x 60	17.95	GV
	Mind Health			
VM028	Ashwagandha & Rhodiola Complex	1 x 30 capsules	17.95	GV
VM133	Balance For Nerves	1 x 90 capsules	26.95	GV
VM290	L-Theanine	1 x 90	28.95	GV
VM179	Serotone 5-HTP (100mg)	1 x 30 capsules	12.95	GV
	LEPICOL			
VM198	Lepicol Capsules	1 x 180 capsules	21.55	G
VM228	Lepicol Plus Powder	1 x 180g	17.45	G
VM142	Lepicol Powder	1 x 180g	14.35	G
VM195	Lepicol Powder	1 x 350g	21.55	G
VM294	Whole Psyllium Husk Powder	1 x 300g	13.35	G
	LINWOODS			
MD013	Linwoods Immune	5 x 210g	7.99	GV
MD029	Linwoods Menoligna	5 x 210g	1.99	GV
	NATURES AID			
	Bio360 Probiotics			
VM083	Pro-Daily Probiotic	5 x 30 capsules	9.95	GV
	Botanicals			
VM259	Beetroot	1 x 60 capsules	9.95	GV
VM267	Spirulina	1 x 90 capsules	1.95	GV
VM291	Turmeric Capsules	30 capsules	1.45	GV
VM292	Turmeric Capsules	60 capsules	19.95	GV
	Minerals			
VM274	Calcium, Magnesium & Vit D3	1 x 90 tablets	9.95	GV
	Vegan Omegas			
VM256	Flaxseed Oil 1000mg	1 x 90	11.99	GV
	Vitamins			
VM272	Vitamin B12 1000ug	1 x 90 tablets	9.95	GV
VM295	Vitamin D3 1000iu	60 tablets	5.95	GV
	NATURES OWN			
	B Vitamins			
VM308	Vitamin B12 Sublingual	1 x 60 tablets	1.20	GV
	Minerals			
VM320	Foodstate Iron	1 x 50 tablets	13.20	G
	Multi-Formulations			
VM309	Bone Support Formula	1 x 60 capsules	17.35	GV
	Nutritional Support			
VM311	Hair Skin & Nails Formula	1 x 30 capsules	1.10	GV

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VM307	Immune Support	1 x 60 capsules	27.00	GV
VM321	Natures Night - for sleep	1 x 80g	18.90	GV
NEUBRIA				
VM338	Charge - Energy Supplement	1 x 60 capsules	19.99	GV
VM335	Edge - Focus Supplement	1 x 60 capsules	24.99	GV
VM336	Shine - Mood Supplement	1 x 60 capsules	19.99	GV
VM334	Spark - Memory Supplement	1 x 60 capsules	24.99	GV
PROVEN				
VM322	Acidophilus,Bifidus & Digestiv	1 x 30	18.95	GV
VM116	Fit For School - Chewable	1 x 30	14.95	GV
VM323	Womens Lactobacillus & Bifidus Urgent-C	1 x 30	18.95	GV
VM114	Urgent C - Everyday Immune	1 x 30	15.95	G
VM145	Urgent C Night Time Support	1 x 7	7.99	G
RICOLA				
	Soothe & Clear			
MD001	Honey Herb Bag	12 x 75g	1.65	SG
MD009	Honey, Lemon & Echinacea	12 x 75g	1.65	GS
MD008	Original Bag	12 x 75g	1.65	GSV
SIMPLEE ALOE				
MD025	Aloe Juice Health Supplement	6 x 1l	15.99	GOV
MD041	Aloe Juice Health Supplement	6 x 500ml	9.99	GOV
SOLARAY				
VM230	Chlorophyllin	1 x 60 tablets	19.99	GV
SYNO-VITAL				
VM226	Oral Hyaluronic Acid + Vit C	30 x 5ml	3.99	GV
TOGETHER HEALTH				
VM032	Ashwagandha Complex	6 x 30	1.99	GOV
VM022	Beautiful	5 x 60	15.99	GV
VM013	Bio CoQ10	6 x 30	14.99	GV
VM018	Calcium - from seaweed	5 x 60	9.99	GV
VM358	Chaga Mushroom	5 x 60	25.99	GOV
VM026	Curcumin & Turmeric	6 x 30	9.99	GV
VM033	Gentle Iron	6 x 30	7.99	GV
VM014	Immune	6 x 30	11.99	GV
VM102	Iodine	6 x 30	6.99	GOV
VM356	Lion's Mane Mushroom	5 x 60	25.99	GOV
VM119	Magnesium	6 x 30	6.99	GV
VM112	Multi Vitamin & Mineral	6 x 30	1.99	GV
VM019	Multibiotic	6 x 30	15.99	GV
VM355	Mushroom 5 Complex	5 x 60	25.99	GOV
VM359	Natural Folate	6 x 30	6.39	GV
VM052	Night Time Marine Magnesium	5 x 60	13.99	GV
VM121	Omega 3 - Algae	6 x 30	13.99	GV
VM025	Pregnancy - Multi Vit & Mins	5 x 60	15.99	GV
VM357	Reishi Mushroom	5 x 60	25.99	GOV
VM050	Stress Aid Vitamin & Mineral	6 x 30	1.99	GV
VM017	Vegan Multi Vitamin & Mineral	5 x 60	12.99	GV
VM021	Vegan Vitamin D3	6 x 30	6.99	GV
VM111	Vitamin B Complex	6 x 30	9.99	GV
VM113	Vitamin C with Bioflavonoids	6 x 30	8.99	GV
VM319	Vitamin K2	6 x 30	9.99	GV
VM054	Womens Multivit	6 x 30	1.99	GV
SWEET SNACKS				
BEAR				
ZX529	Yoyo Pure Fruit Rolls - Mango	18 x 20g	0.69	GV
ZX555	Yoyo Pure Fruit Rolls - Strawb	18 x 20g	0.69	GV
ZX525	Yoyo Pure Fruit Rolls-Blackcur	18 x 20g	0.69	GV
ZX550	Yoyo Pure Fruit Rolls-Raspb'ry Bites	18 x 20g	0.69	GV
ZX336	Blackcurrant and Beetroot	4 x 5 x 18g	3.19	GV
ZX333	Strawberry and Butternut Fruit Splits	4 x 5 x 18g	3.19	GV
ZX637	Fruit Splits Cherry & Apple	8 x 100g	3.90	GSV
ZX632	Splits Pineapple & Raspberry	8 x 100g	3.90	GV
ZX623	Strawberry & Apple Fruit Treasures	8 x 100g	3.90	GV
ZX649	Fruit Treasure's Berry	4 x 100g	2.99	GV
ZX646	Fruit Treasure's Tropical Giant Yoyo	4 x 100g	2.99	GV
ZX063	Giant Yoyo -Strawberry/Mango	6 x 5 x 20g	3.49	GV

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ZX067	Giant Yoyo-Apple/Blackcurrant Yoyo Sours	6 x 5 x 20g	3.49	VG
ZX448	Strawberry & Apple Yoyos in multipacks	18 x 20g	0.69	GV
ZX570	Yoyos - Banana Multipack	6 x 5 x 20g	3.90	GV
ZX020	Yoyos - Blackcurrant Multipack	6 x 5 x 20g	3.90	GV
ZX014	Yoyos - Mango Multipack	6 x 5 x 20g	3.90	GV
ZX013	Yoyos - Raspberry Multipack	6 x 5 x 20g	3.90	GV
ZX012	Yoyos - Strawberry Multipack	6 x 5 x 20g	3.90	GV
BIONA				
ZX002	Berry Burst Sweets - Organic	10 x 75g	2.90	GOSV
ZX446	Fizzy Peaches	10 x 75g	2.90	GOVS
ZX441	Jelly Dino Sweets - Organic	10 x 75g	2.90	GOSV
ZX911	Mini Fruit Bears	10 x 75g	2.90	GOSV
ZX443	Pomegranate Heart Sweets - Org	10 x 75g	2.90	GOSV
CANDY KITTENS				
Small Bags				
ZX645	Sour Watermelon	12 x 54g	1.45	SVG
COTSWOLD FUDGE CO				
ZX064	Vegan Bitterscotch Fudge	12 x 150g	3.80	FGSV
WS202	Vegan Caramel & Sea Salt Fudge	12 x 150g	3.80	GSV
ZX463	Vegan Chocolate Fudge	12 x 150g	3.80	FGSV
ZX464	Vegan Seasalt Fudge	12 x 150g	3.80	FGSV
ZX465	Vegan Vanilla Fudge	12 x 150g	3.80	FGSV
DANDIES				
ZX654	Vegan Chocolate Marshmallows	20 x 105g	2.29	GSV
ZX667	Vegan Maple Marshmallow	20 x 105g	2.29	GSV
ZX668	Vegan Vanilla Jumbo Campers	10 x 280g	4.99	GSV
ZX199	Vegan Vanilla Marshmallows	12 x 200g	3.99	GSV
ZX203	Vegan Vanilla Mini Marshmallow	12 x 200g	3.99	GSV
ZX650	Vegan Vanilla Mini Marshmallow	20 x 105g	2.29	GSV
FABULOUS FREE FROM FACTORY				
Bulk - Zero Waste				
ZX782	Choc Covered Crunchee Bites	2 x 5kg		GSV
ZX776	Chocolate Covered Peanuts	2 x 5kg		GSV
FLOWER & WHITE				
KB753	Mango & Passion Fruit Mallow	15 x 35g	1.59	G
KB758	Raspberry Mallow Bar	15 x 30g	1.59	G
KB755	Salted Caramel Mallow Bar	15 x 30g	1.59	G
KB744	Strawberry & Banana Mallow Bar	15 x 35g	1.59	G
FREE FROM FELLOWS				
ZX065	Cola Bottles	10 x 100g	2.90	GV
ZX060	Gummy Bears	10 x 100g	2.90	GV
ZX072	Midget Gems	10 x 100g	2.90	GV
Boiled Sweets				
ZX321	Cola & Strawberry Lollipops	10 x 60g	2.15	VG
ZX373	Pear Drops	10 x 70g	2.90	GSV
ZX324	Rhubarb and Custard	10 x 70g	2.90	VG
FREEDOM CONFECTIONERY				
KB292	Gummies Cola	10 x 100g	3.15	GSV
KB282	Gummies Mojis	10 x 100g	3.15	GSV
KB291	Mallow Gems	10 x 100g	4.19	GSV
KB789	Pink & White Mini Marshmallows	10 x 105g	2.90	GSV
KB726	Vegantics - Large Mallows	10 x 105g	2.90	GSV
JEALOUS SWEETS				
40g Bags				
ZX238	Grizzly Bears	10 x 40g	1.49	GVS
ZX675	Love Bears	10 x 40g	1.49	GV
ZX229	Tangy Worms	10 x 40g	1.49	SVG
ZX233	Tropical Wonder	10 x 40g	1.49	SGV
Share Bags				
ZX005	Fizzy Lips Share Bag	10 x 125g	2.99	GSV
ZX466	Grizzly Bears Share Bags	10 x 125g	2.99	GSV
ZX472	Tangy Worms Share Bags	10 x 125g	2.99	GSV
ZX004	Tropical Wonder Share Bag	10 x 125g	2.99	GSV
Shot Bags				
ZX948	Grizzly Bears Shot Bags	16 x 24g	0.99	GSV
ZX950	Happy Bears Shot Bags	16 x 24g	0.99	GV
ZX955	Love Bears Shot Bags	16 x 24g	0.99	GV
ZX949	Tangy Worms Shot Bags	16 x 24g	0.99	GSV
NUDDERS				
ZX548	Chocovered Crunchee Bites	12 x 65g	1.85	GSV

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ZX175	Chocovered Salty Corn Balls	12 x 55g	1.89	GSV
ZX159	Dairy Free Chocolate Raisins	12 x 65g	1.69	GV
ZX982	F&F's	12 x 55g	1.75	GSV
PENG				
ZX382	Cappuccino Chocolate Chickpeas	6 x 110g	2.99	GSV
ZX383	Coconut Chocolate Chickpeas	6 x 110g	2.99	GSV
ZX379	Fruity Candy Roasted Chickpeas	6 x 110g	2.99	GSV
PEPPERSMITH				
ZX048	Strawberry Pastilles Big Packs	12 x 15g	1.59	GV
ZX772	Mighty Box Peppermint Mints	18 x 60g	4.39	GV
RICOLA				
ZX269	Glacier Peppermint -Sugar Free	20 x 45g	1.65	GV
ZX327	Mountain Mint - Sugar Free	20 x 45g	1.65	GV
TROPICKS				
ZX008	Fruit Balls Mango	8 x 50g	2.90	GOV
ZX023	Fruit Balls Pineapple	8 x 50g	2.90	GOV
ZX003	Fruit Roll Mango	30 x 27g	1.19	GOV
ZX006	Fruit Roll Pineapple	30 x 27g	1.19	GOV
TABLE SAUCES				
BIONA				
KJ106	Classic Tomato Ketchup Squeezy	12 x 560g	4.35	GOSV
KJ463	Worcester Sauce	6 x 140ml	4.35	GOSV
HENDERSON'S				
KJ344	Henderson's Relish	12 x 284ml	2.49	GSV
HUNTER AND GATHER				
KJ323	Tomato Ketchup Unsweetened	6 x 350g	3.69	GV
MR ORGANIC				
KJ496	Naturally sweetened Ketchup	6 x 480g	3.79	GOV
STUBB'S				
KJ073	Hickory Liquid Smoke	12 x 148ml	3.49	GSV
TEAS				
CHEERFUL BUDDHA				
TE221	Lion's Mane Mushroom Decaf Tea	6 x 15PK	4.99	GV
TE287	Lion's Mane Mushroom Green Tea	6 x 15PK	4.99	GV
CLIPPER				
Pack 40				
TE172	English Breakfast Tea Organic	6 x 40 bags	3.35	FGOV
TE177	FT Organic Earl Grey	6 x 40 bags	3.29	FGOV
TE168	FT Organic Everyday Tea	6 x 40 bags	3.29	FGOV
TE182	FT Organic Green Tea	6 x 40 bags	3.49	FGOV
TE183	FT Organic White Tea	6 x 40 bags	3.55	FGOV
Pack 80				
TE507	English Breakfast Organic	4 x 80 bags	4.65	FGOV
TE189	FT Organic Everyday Tea	4 x 80 bags	4.45	FGOV
TE190	FT Organic Green Tea	4 x 80 bags	4.79	FGOV
HAMPSTEAD TEA				
Looseleaf				
TE677	English Breakfast	6 x 100g	6.49	GOVB
RHEAL				
VF262	Superfoods Magic Matcha	6 x 120g	34.99	GOV
T. BUCKWHEAT TEA				
TE197	Buckwheat Teabags	6 x 15 bags	9.99	GV
TOFU & TEMPEH (CHILLED)				
BETTER NATURE				
CV763	BBQ Tempeh Pieces	6 x 180g	3.29	GSV
CV766	Mediterranean Tempeh Pieces	6 x 180g	3.29	GV
CV387	Smoky Tempeh	6 x 220g	3.29	GV
CLEAR SPOT				
CV777	Scrambled Tofu	6 x 200g	3.90	GOV
DRAGONFLY				
CV393	Organic Marinated Tofu	5 x 300g	3.70	GOV
IMPULSE FOODS				
CV177	Black Turtle Bean Tempeh	6 x 200g	4.55	GOV
CV178	Chickpea & Chia Tempeh	6 x 200g	4.55	GOV
TOOTH CARE				
KINGFISHER				
DY669	Toothpaste Aloe TeaTree Fennel	12 x 100ml	3.35	GV

code	product	size	rrp	bfgosv
DY668	Toothpaste Aloe, TeaTree, Mint	12 x 100ml	3.35	GV
DY527	Toothpaste Baking Soda & Mint	12 x 100ml	3.35	GV
DY416	Toothpaste Charcoal Whitening	12 x 100ml	3.35	GV
DY111	Toothpaste Fennel	12 x 100ml	3.35	GV
DY800	Toothpaste Fennel FluorideFree	12 x 100ml	3.35	GV
DY161	Toothpaste Kids Strawberry	12 x 100ml	3.35	GV
DY190	Toothpaste Mint	12 x 100ml	3.35	GV
DY529	Toothpaste Mint Fluoride Free	12 x 100ml	3.35	GV
VEGAN & OAT MILK				
ALPRO				
TE004	Almond Barista	12 x 1l	2.95	GSV
SY050	Organic Soya Drink	8 x 1l	2.90	GOV
BLUE DIAMOND				
SY101	Almond Breeze - Barista Blend	8 x 1l	2.99	GV
SY061	Almond Breeze - Original	8 x 1l	2.29	GSV
SY066	Almond Breeze - Unsweetened	8 x 1l	2.29	GV
FOOD HEAVEN				
SY245	Chocolate Whipped Spray Cream	12 x 200ml	2.75	GSV
SY168	Heavenly Whipped Spray Cream	12 x 200ml	2.49	GSV
GLEBE FARM				
SY165	Almond Drink Barista	6 x 1l	2.79	FGV
SY164	Coconut Drink Barista	6 x 1l	2.49	FGV
SY140	Pure Oaty Barista Drink	6 x 1l	2.39	GV
SY162	Pureoaty Creamy and enriched	6 x 1l	2.39	GV
SY161	PureOaty Organic Barista	6 x 1lT	2.59	GOV
KOKO DAIRY FREE				
SY149	Barista Coconut Milk Drink	6 x 1l	2.25	GSV
SY038	Coconut Milk Drink	12 x 1l	2.15	GSV
SY122	Coconut Milk Drink Unsweetened	6 x 1l	2.15	GV
SY020	Koko Kids Milk Alternative	6 x 1l	2.25	GSV
ODDLY GOOD				
SY256	Barista Oat Drink	6 x 1l	2.20	GV
SY210	Salted Caramel Barista Oat	10 x 1l	2.75	GSV
SY255	Vanilla Barista Oat Drink	10 x 1l	2.75	GSV
PLAMIL				
SY009	Organic Soya Milk Heritage	8 x 1l	2.80	VOG
PLENISH				
SY206	Oat Barista - Organic	6 x 1l	2.65	GOV
SY170	Oat M*lk - Gluten Free	8 x 1l	2.59	GOV
RUDE HEALTH FOODS				
SY052	Almond Drink - No Sugars	6 x 1l	2.69	GOV
SY129	Almond Drink - Organic	6 x 1l	2.69	GOV
SY230	Barista Almond	6 x 1l	2.49	GV
SY231	Barista Coconut	6 x 1l	2.49	GV
SY232	Barista Oat	6 x 1l	1.99	GV
SY233	Barista Soya	6 x 1l	1.99	GOV
SY130	Brown Rice Drink - Organic	6 x 1l	2.49	GOV
SY085	Cashew Drink - Organic	6 x 1l	3.50	GOV
SY044	Coconut Drink Organic	6 x 1l	2.99	GOV
SY148	Hazelnut Drink - Organic	6 x 1l	2.99	GOV
SY054	Oat Drink - No Sugars	6 x 1l	2.50	GOV
SY037	Oat Drink - Organic	6 x 1l	2.49	GOV
SY194	Organic Soya Drink	6 x 1l	2.29	GOV
SY117	Tiger Nut Drink Organic	6 x 1l	2.99	GOV
SY159	Ultimate Almond Milk - Organic	6 x 1l	3.85	GOV
SOJADE				
SY063	Cooking Cream	8 x 500ml	2.39	GOV
SY062	High Protein Drink	8 x 750ml	2.19	GOV
SY018	Soya Drink - Mild Sweetened	8 x 1l	2.45	GOV
SY016	Soya Drink - Unsweetened	8 x 1l	2.19	GOV
SY023	Vanilla Soya Drink	8 x 1l	2.69	GOV
SPROUD				
SY217	Iced Coffee - Original	15 x 250ml	1.99	FGV
SY218	Salted Caramel Vegan Ice Latte	15 x 250ml	1.99	FGSV
SY069	Sproud Barista	6 x 1l	2.45	GSV
SY057	Sproud Original	6 x 1l	2.45	GSV
THE BRIDGE				
SY160	Coconut Drink	12 x 1l	2.45	GOV
SY487	Rice Drink - Original	6 x 1l	2.15	GOV
SY452	Rice Drink + Almond	6 x 1l	2.49	GOV

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SY008	Rice Drink + Coconut Cooking Cream	12 x 1l	2.65	GOV
SY188	Coconut Cream - Organic	10 x 200ml	1.55	GOV
SY186	Soya Cream - Organic	10 x 200ml	1.19	GOV
THE COCONUT COMPANY				
SY116	Coconut Milk Powder - Organic	12 x 250g	6.99	GOV
VEGAN CHEESE				
APPLEWOOD				
CV615	Smoked Cheese Block	8 x 200g	2.80	GSV
CV618	Smoked Cheese Slices	12 x 200g	3.10	GV
BUTE ISLAND FOODS				
CV016	Greek Style	6 x 200g	2.45	GV
CV191	Mighty Mature Cheddar Style Creamy Sheese	6 x 200g	2.45	GV
CV308	Creamy Garlic and Herb Spread	6 x 255g	2.65	GSV
CV284	Creamy Onion & Black Pepper	6 x 255g	2.65	GSV
CV315	Creamy Original Spread	6 x 255g	2.65	GSV
CV024	Creamy Sweet Chilli Spread Grated Sheese	6 x 255g	2.70	GV
CV165	Grated Mature Cheddar Style	4 x 200g	3.10	GV
CV186	Grated Mild Cheddar Style	4 x 200g	3.10	GV
CV183	Grated Mozzarella Style Sheese Bakes	4 x 200g	3.10	GV
CV457	Jalapeno Melting Bake	12 x 150g	4.80	GV
CV458	Spring Onion & Garlic Bake Sliced Sheese	12 x 150g	4.80	GV
CV542	Mozzarella Style Slices	10 x 180g	2.65	GV
MOZZARISELLA				
CV027	MascaRice Vegan Mascarpone	6 x 150g	3.65	GOV
VIOLIFE				
CV904	Grated Grated Tex-Mex Cheese Specialities	8 x 180g	3.40	GSV
CV905	Camembert	6 x 150g	3.80	GV
VEGAN DESSERTS				
BEAR				
XL067	Mango Ice Lolly Squeezers	8 x 5 x 60ml	3.95	GV
XL064	Strawberry Ice Lolly Squeezers	8 x 5 x 60ml	3.95	GV
BOOJA-BOOJA				
110ml Tubs				
XL258	Caramel Pecan Ice Cream	22 x 110ml	2.10	GOSV
XL031	Deeply Chocolate Ice Cream	22 x 110ml	2.10	GOSV
XL340	Mango & Raspberry Ice Cream	22 x 110ml	2.10	GOSV
XL410	Vanilla Ice Cream 465ml Tubs	22 x 110ml	2.10	GOSV
XL263	Caramel Pecan Ice Cream	6 x 465ml	5.69	GOSV
XL013	Choc Fudge Brownie Ice Cream	6 x 465ml	5.69	GOSV
XL259	Choc Salted Caramel Ice Cream	6 x 465ml	5.69	GOSV
XL002	Cookie Dough Ice Cream	6 x 465ml	5.69	GOSV
XL033	Deeply Chocolate Ice Cream	6 x 465ml	5.69	GOSV
XL023	Mango & Raspberry Ice Cream	6 x 465ml	5.69	GOSV
XL038	Vanilla Ice Cream	6 x 465ml	5.69	GOSV
VEGAN YOGHURT				
ALPRO				
CV575	Coconut Soya Yoghurt	6 x 500g	1.95	GV
CV576	Soya Blueberry Cherry Yoghurt	6 x 4 x 125g	2.39	GSV
CV572	Soya Blueberry Yoghurt	6 x 500g	1.95	GSV
CV579	Soya Greek Style	6 x 400g	1.95	GV
CV589	Soya Strwb/Bana/Peach Yoghurt	6 x 4 x 125g	2.39	GSV
COCOS				
CV892	Mango & Passionfruit	6 x 125g	2.35	GOV
CV013	Mango & Passionfruit Yoghurt	6 x 400g	5.65	GOV
CV014	Mixed Berry Coconut Yoghurt	6 x 400g	5.65	GOV
CV893	Mixed Berry Coconut Yoghurt	6 x 125g	2.35	GOV
CV899	Natural Coconut Milk Yoghurt	6 x 400g	5.65	GOV
CV891	Natural Coconut Yoghurt	6 x 125g	2.35	GOV
CV897	Natural Coconut Yoghurt	6 x 250g	4.15	GOV
CV894	Strawberry Coconut Yoghurt	6 x 125g	2.35	GOV
CV900	Strawberry Coconut Yoghurt	6 x 400g	5.65	GOV
CV895	Vanilla Coconut Yoghurt	6 x 125g	2.35	GOV

code	product	size	rrp	bfgosv
CV901	Vanilla Coconut Yoghurt	6 x 400g	5.65	GOV
	KOKO DAIRY FREE			
	Coconut Yoghurts			
CV229	Greek Style Yoghurt	6 x 350g	2.20	GV
CV032	Peach & Passionfruit Yoghurt	5 x 2 x 125g	1.95	GSV
CV020	Plain Yoghurt Alternative	6 x 400g	2.20	GSV
CV031	Raspberry Yoghurt Alternative	5 x 2 x 125g	1.95	GSV
CV029	Strawberry Yoghurt Alternative	5 x 2 x 125g	1.95	GSV
CV300	Vanilla Yoghurt	6 x 400g	2.20	GSV
	NUSH			
	Almond Milk Dairy-Free Yoghurt			
CV796	Mango & Passionfruit	6 x 350g	3.50	GV
	SOJADE			
	150g Pots			
CV916	Blueberry Yoghurt	6 x 150g	1.20	GOV
CV918	Mango Yoghurt	6 x 150g	1.20	GOV
CV915	Peach and Mango Yoghurt	6 x 150g	1.20	GOV
CV917	Strawberry Yoghurt	6 x 150g	1.20	GOV
	Soya Based Yoghurts			
CV485	Apricot Yoghurt	6 x 400g	2.45	GOSV
CV269	Banana & Passion Yoghurt	6 x 400g	2.75	GOV
CV289	Blueberry Cherry Yoghurt	6 x 400g	2.75	GOV
CV486	Blueberry Yoghurt	6 x 400g	2.45	GOSV
CV730	Greek Style Raspberry Yoghurt	6 x 400g	3.50	GOV
CV876	Greek Style Yoghurt	6 x 400g	2.30	GOV
CV724	Lemon Yoghurt	6 x 400g	2.45	GOSV
CV494	Mango & Peach Yoghurt	6 x 400g	2.45	GOSV
CV483	Natural Yoghurt	6 x 400g	1.60	GOV
CV266	Sojade Natural Yoghurt	6 x 250g	1.50	GOV
CV723	Vanilla Yoghurt	6 x 400g	2.45	GOSV
	THE COCONUT COLLABORATIVE			
CV508	Mango-Passion Compote Yoghurt	6 x 360g	3.70	GV
CV495	Natural Yoghurt	6 x 350g	3.50	GV
CV825	Natural Yoghurt	6 x 600g	5.30	GV
CV369	Protein Yoghurt	6 x 350g	3.69	GV
CV497	Vanilla Yoghurt	6 x 350g	3.50	GV
	VEGETABLES			
	COOKS & CO			
KJ078	Sweety Drop Peppers	6 x 235g	4.29	GV
	MERCHANT GOURMET			
VF146	Whole Chestnuts	6 x 180g	3.15	GV
	ST DALFOUR			
VF112	Whole Chestnuts	6 x 200g	4.69	GV
	VEGETABLES (FROZEN)			
	BIO INSIDE			
XL155	Organic Garden peas	12 x 300g	2.20	GOV
XL153	Organic Sweetcorn	12 x 300g	2.50	GOV
	NATURAL COOL			
XL183	Broccoli	8 x 300g	3.45	GOVB
XL221	Chips - Oven or Fry	12 x 600g	4.50	BGOV
XL178	Peas	8 x 450g	4.50	GOV
XL098	Potato Wedges	12 x 450g	3.65	BGOV
XL134	Vegetable Mix	8 x 450g	3.30	BGOV
	STRONG ROOTS			
XL165	Mixed Root Vegetable Fries	12 x 500g	4.10	GV
XL166	Proper Potato Chips	12 x 750g	4.10	GV
XL162	Sweet Potato Fries	12 x 500g	4.10	GV
	VINEGARS			
	BRAGG			
KJ324	Apple Cider Vinegar w/Mother	12 x 946ml	11.98	GOV
KJ325	Apple Cider Vinegar w/Mother	12 x 473ml	6.99	GOV
	MR ORGANIC			
KJ058	Apple Cider Vinegar	12 x 250ml	2.99	GOV
KJ492	Organic Apple Cider Vinegar	6 x 500ml	3.35	GOV
	WINES			
	ORANGE WINE			
	Austria			

code	product	size	rrp	bfgosv
WN023	Winzer Krems Gruner Veltliner	6 x 75cl	15.19	GV
	RED WINE			
	Chile			
WN055	MontGras Pinot Noir	6 x 750ml	16.90	GOV
	France			
WN006	Merlot La Marouette	6 x 75cl	14.89	GOV
WN078	Rouge Sans Sulfite Marouette	6 x 750ml	15.29	GOV
	Italy			
WN020	Integro Organic Primitivo	6 x 75cl	13.95	GOV
	Spain			
WN050	Amigo de la Tierra Red	6 x 750ml	11.79	GOV
WN232	Tempranillo Camino	6 x 75cl	11.85	GOV
WN080	Tempranillo Finca Fabian	6 x 750ml	12.55	GOV
	ROSE WINE			
	France			
WN229	Grenache Rose La Marouette	6 x 75cl	15.19	GOV
	SPARKLING WINE			
	Italy			
WN009	Prosecco Col di Manza	6 x 75cl	23.45	GOVB
	Spain			
WN081	Cava Bodegas Enguera	6 x 750ml	16.99	GOV
WN054	Vallformosa Bio Organic Cava	6 x 750ml	17.85	GOV
	WHITE WINE			
	Chile			
WN016	MontGras Sauvignon Blanc	6 x 75cl	16.90	GOV
	France			
WN076	Blanc Sans Sulfite Marouette	6 x 750ml	16.65	GOV
	Spain			
WN079	Verdejo Finca Fabian	6 x 750ml	12.55	GOV
	YEAST EXTRACTS			
	MERIDIAN			
GH160	Yeast Extract + B12 and salt	6 x 340g	4.99	GV
GH098	Yeast Extract +B12, no salt	6 x 340g	4.99	GV
	VEGEMITE			
GH148	Vegemite Gluten Free	8 x 235g	3.35	GV

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